



POWER

Emerge helped me understand my worth
and built up my confidence. You helped
me come outta my shell and feel worth it.
It's like a weight has been lifted and I
have a new lease of life. Thank you for
what you guys do x
Cora, age 17

EMERGE Advocacy

Youth Workers and Volunteers bringing a
'voice of hope' to 10-25's in A&E and beyond
because of self-harm, a suicide attempt or
emotional crisis

Trustees' Annual Report: August 2023 – July 2024

Executive Summary

Cora's story is one that has played out many times across Surrey, Kent and Berkshire as Emerge's dedicated staff and volunteers help young people find a 'new lease of life', as she put it.

In October, we gathered our whole team together for training and an opportunity to connect. My enduring memory of this event was the sight of team members based in different parts of the country spotting one another across the room and rushing to embrace as they came together in person, many for the first time. This meant so much to them because they had supported one another in tough situations via late-night phone debriefs and WhatsApp conversations. I believe that one of the key reasons our team is able to provide such excellent support to young people is the close-knit, supportive culture of our team. This allows us to hear heart-breaking things from young people, hold onto hope for them, and keep doing this day in, day out until things change - until the weight is lifted.

In this way, Emerge has supported a total of 698 young people through 972 hospital sessions and 1477 follow up sessions. Our key aims in all we do in Emerge are...

- Helping people to understand self-harm as a negative coping strategy and equipping them to help young people find healthier ones
- Bringing hope and encouragement, celebrating even small wins
- Empowering young people to develop and maintain supportive relationships with healthy dynamics avoiding dependency and promoting collaboration.

We are incredibly grateful for the support of our stakeholders in all that has been achieved - the funding and relationships between us are what make it possible for a 'voice of hope' to be heard when it's needed most.

Joy Wright
Founder & CEO



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Scan me
for a video
insight into
Emerge's work

Trustees' Annual Report: August 2023 – July 2024

Chairperson's Remarks

It has been a great privilege to chair the Board of Trustees of this wonderful charity as we continue to see transformation in the lives of many young people (and their families) as they go through times of great crisis. I am extremely grateful to my fellow Board Members who have given so generously of their time and considerable expertise.

This has been a year when we have seen projects start, grow and expand and we have been able to support many more young people and their families. It has been exciting to see the way in which God has provided for us, not only financially but with the gifted and able people that we have needed. In March, Elizabeth Butlin stood down as our Chief Operating Officer; Elizabeth has been a tower of strength to Emerge for many years, initially as Chair of the Board of Trustees and then as COO. We are so grateful to her at both a charity level and a personal level for all that she has meant to us all and I am delighted that she is continuing to provide personal support (formally and informally) to our team. We have developed the role that Elizabeth fulfilled and have been extremely pleased to be able to welcome Michael Wray as Head of Finance brings a wealth of experience and ability. We are also delighted to be able to recognise the growing skills and abilities of existing team members as they move into wider responsibilities, especially Jo Carter who will be taking on the role of Head of People Operations during our next financial year.

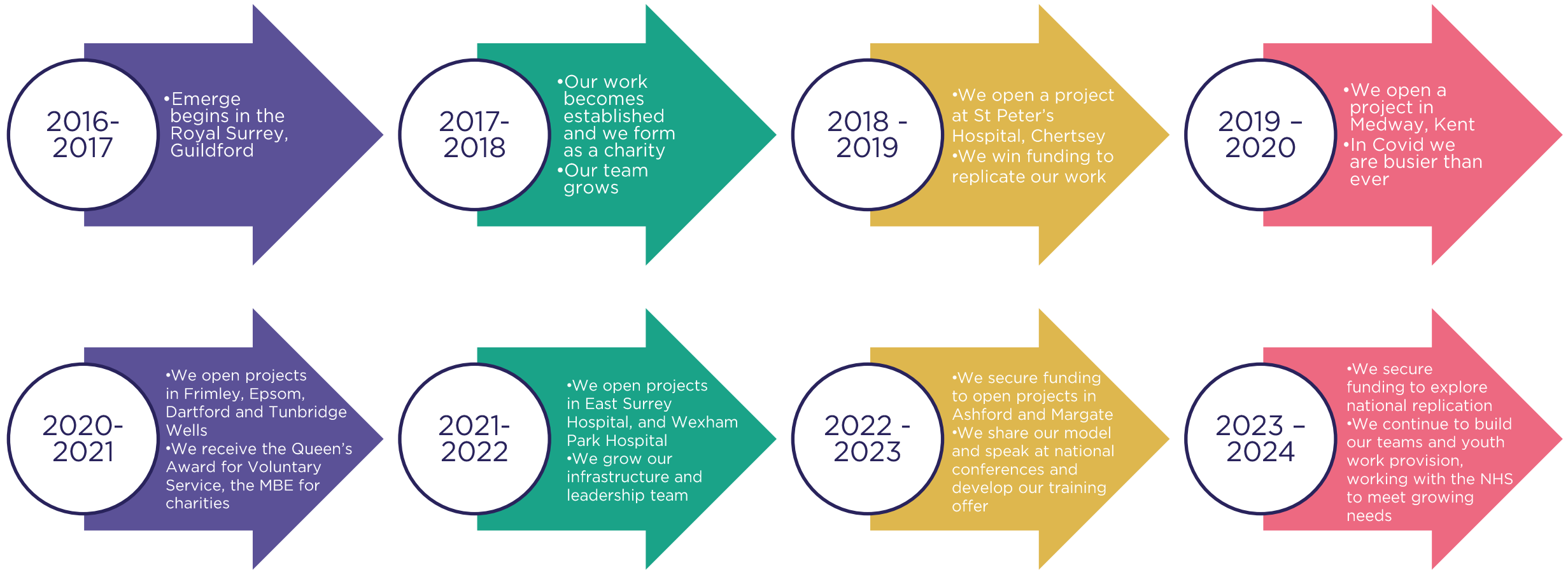
It is so encouraging to read the many tributes and expressions of appreciation that we receive from those we have been able to support, some of which are documented in this report. There continues to be increasing recognition of the benefits that Emerge brings not only to the young people but also to the hard-pressed staff within the hospitals we serve.

None of this would have been possible without the commitment, vision and hard work of all our staff and volunteers. Our Project Leads continue to shoulder increasing responsibility as our projects expand and, with our core team, have been especially outstanding this year. We continue to be so grateful to God for his provision as we look forward to all the opportunities to come.

Kevin McCormac OBE
Chairperson



Our Journey So Far



“Five stars! Michael was amazing and a lifesaver to us on Wednesday evening.
We are so grateful to him and to Emerge, it's a fantastic charity! Thank you for all you do.”
Sanna's mum

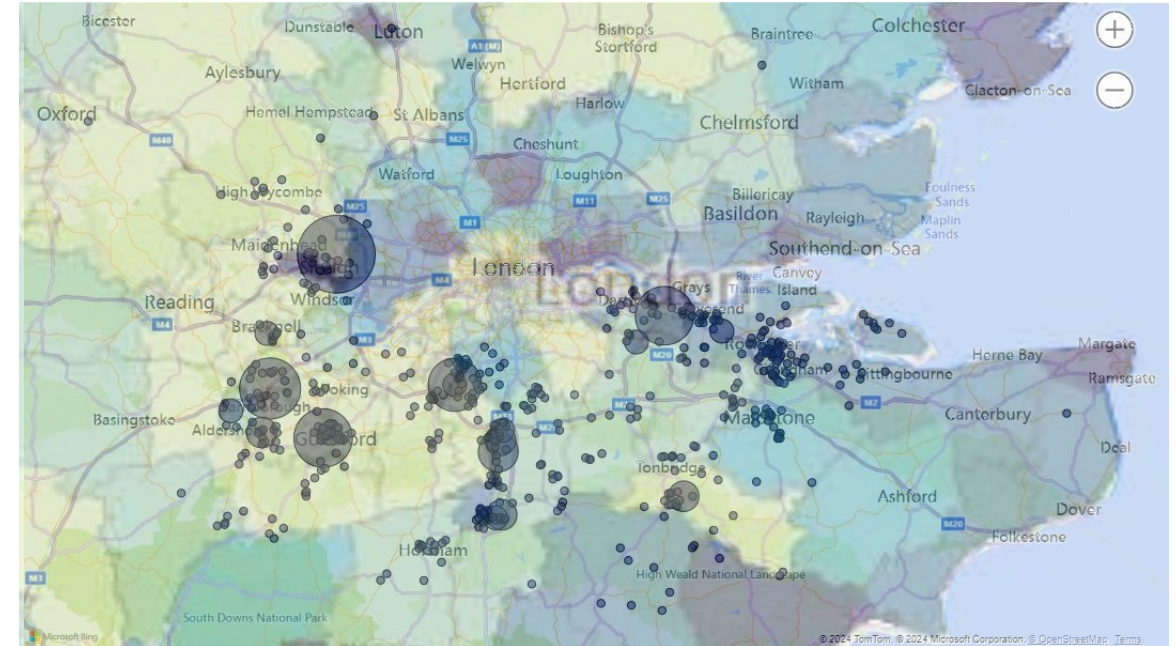
Our Mission

Emerge enables trained volunteers to **support young people attending A&E at hospital** because of self-harm, overdose, suicide attempt or eating disorder, operating from 7pm to 11pm on selected evenings. The team also offers follow up support to young people for up to three months' post-discharge, encouraging them to engage effectively with statutory and community-based support.

We are motivated by our Christian faith, **bringing care and compassion indiscriminately** and supporting young people of all faiths and none. We take a person-centred approach, always empowering young people to set the agenda for conversations.

We have continued with our vision to make our support available much more widely, knowing that young people across our country are experiencing similar issues to those we are seeing, and that statutory services are under increasing pressure nationwide. In response to this, in 2024 we secured funding to begin a three-year project to scope, pilot and roll out a national replication initiative to move toward our vision that any young person in crisis can have an Emerge team member to support them. We have built on our Kent expansion and are preparing to open the planned projects in East Kent at William Harvey Hospital in Ashford and QEQM in Margate, Kent.

We are passionate about connecting with local churches, to **equip and empower local people and groups** to be part of the solution to the issues young people in their communities are facing. As we enter this next phase of our story, building on our work with Cinnamon Network and Heaven in Healthcare, we are working to weave our story with the stories of people and churches across our country to enable them to be a 'voice of hope' for young people everywhere it is needed.



Our endeavours to make support more widely available to young people can be seen in this heat map, as our work has spread out to the north and east of Surrey, into Berkshire and Kent reaching young people in more urban and rural areas and, in particular, places with high levels of deprivation, shown through darker colours on the map. While we know that great levels of need exist everywhere, our expansion into East Kent will go further in taking our support to the most vulnerable.

**I won't ever forget how Emerge basically saved my life...
sometimes a simple chat can make the biggest difference to
someone's life and it definitely did to mine.**

Jesse, age 16

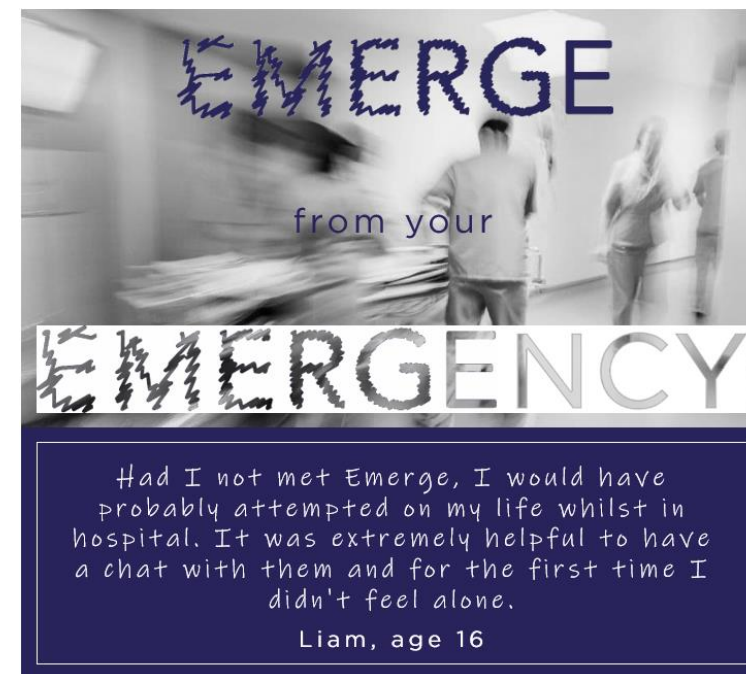
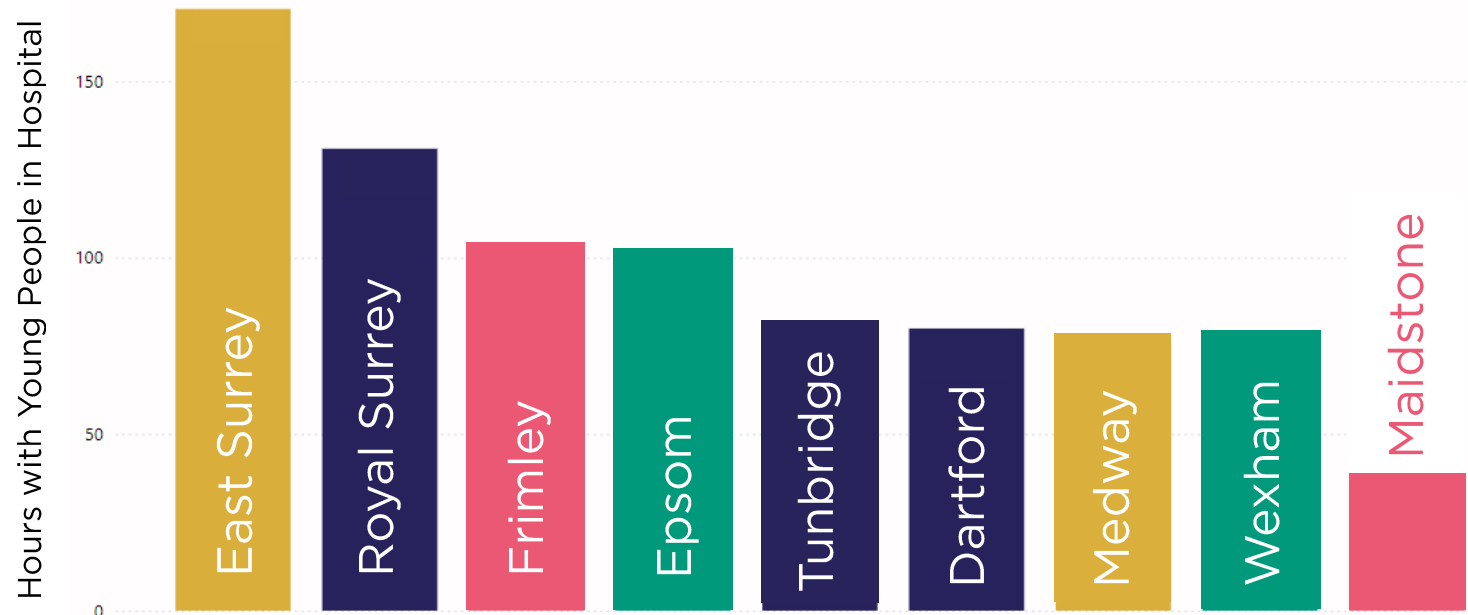
Our Work in Hospitals

Emerge teams exist to bring a 'voice of hope' to young people in hospital in crisis. We are incredibly proud of our dedicated staff and volunteers who do this night by night, week by week; in stifling heat at times and having braved snow and rain at other times in order to be there for young people they've never met before because of our unshakeable belief that Hope is real and that these young people are worth it.

Over the course of the last year, through our work in hospital and afterwards in follow up support in the community after leaving hospital, our teams across Surrey, Kent and Berkshire had a total of 2,449 interactions with young people which is a 4% increase from last year.

We have seen the amount of work steadily grow as new projects have launched and become established. We grow our projects through recruiting volunteers from local churches and the community, we start off opening three evenings a week and build to six evenings as the team grows. Projects supporting higher numbers of young people are those open five or six evenings a week, with newer projects in the process of increasing their presence in hospitals.

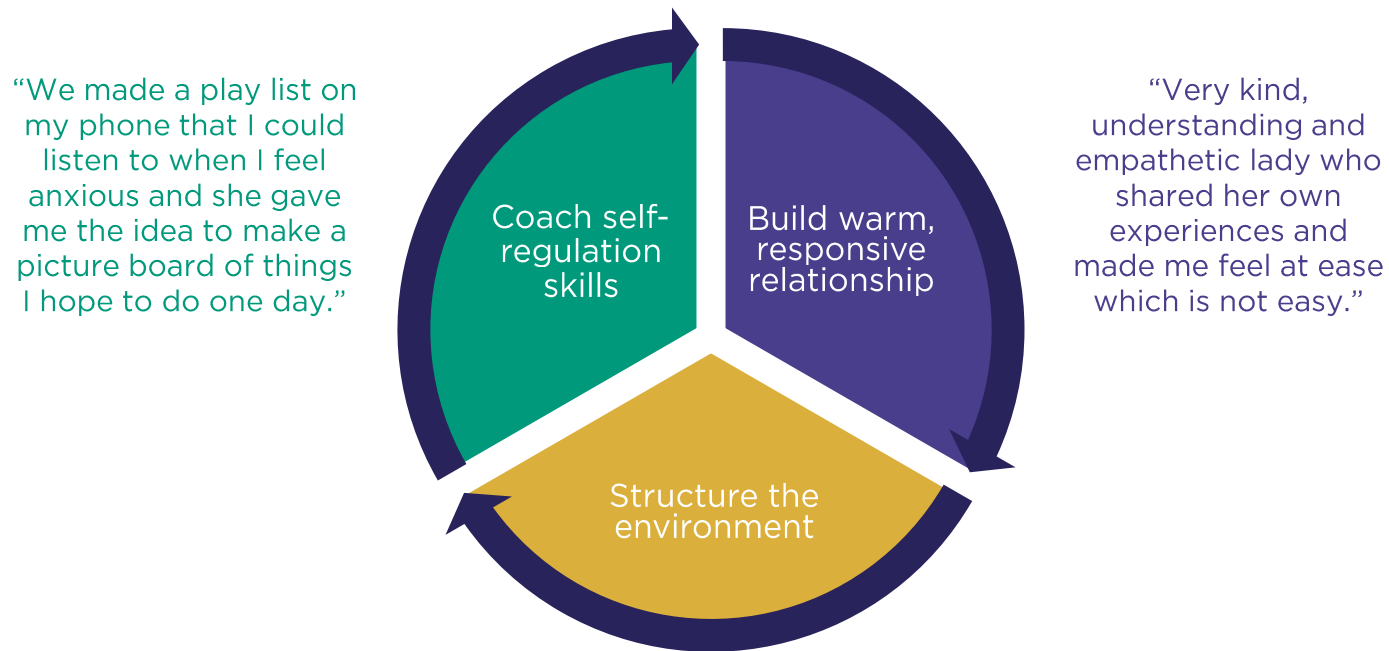
Typically, our teams spend one to two hours with a young person in crisis, helping them through their time in hospital by playing games, talking over a hot drink, taking their minds off things that cause anxiety and helping them reconnect with a sense of hope for their future.



Our Impact in Hospitals

Being in hospital can be stressful at the best of times, but when young people are there because of their emotional or mental health it can be especially difficult. Our teams work according to Trauma-Informed Principles to reduce young people's levels of distress, meaning they are more able to engage with clinical processes such as having a blood test.

An important part of this is a concept called co-regulation. Co-regulation is the act of helping a person who is distressed to come back into a space where their emotions feel manageable and they are able to cope, otherwise known as being 'emotionally regulated'. The following graphic shows the three steps of co-regulation along with young people's voices describing how they experienced this through Emerge's support.

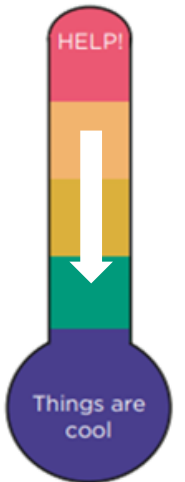


"Emerge explained what was happening, who I would see and what to expect, this really helped me feel calmer and helped when CAMHS came to see me."

Through spending time with young people in a relaxed and informal manner, coming alongside them rather than being in a position of authority or having an agenda, and by discovering what each individual person needs in that moment, our teams help young people come out of an emotionally dysregulated state and back into a space where they feel calmer and are in a place to be able to engage positively with clinical professionals, improving their outcomes and saving time for our NHS colleagues.

We measure this impact using the 'emotional thermometer' tool where young people rate their distress out of ten at the beginning and end of our time with them in hospital. Recent analysis of over 800 responses shows that, on average, young people move from 6.2/10 to 4.1/10 over the course of the hour or two our teams spend with them, showing a marked reduction in their levels of distress.

This tool was initially developed to measure hospital-based distress in young people undergoing cancer treatment and more recently adapted by Draper and Marcellino for use with unaccompanied asylum seekers living in the UK. It has, therefore, been recognised as a helpful impact measure with young people facing both medical and social issues. Enabling young people to see the change in their emotions in this way has been found to empower them towards further recovery from traumatic experiences.



Follow Up Support

Following a crisis visit to hospital, young people often feel particularly unsettled and need extra support, as do their families. Emerge's follow up support acts as a 'bridge out of crisis', being there for young people immediately with no waiting lists, offering weekly, in-person sessions with one of our youth support workers.

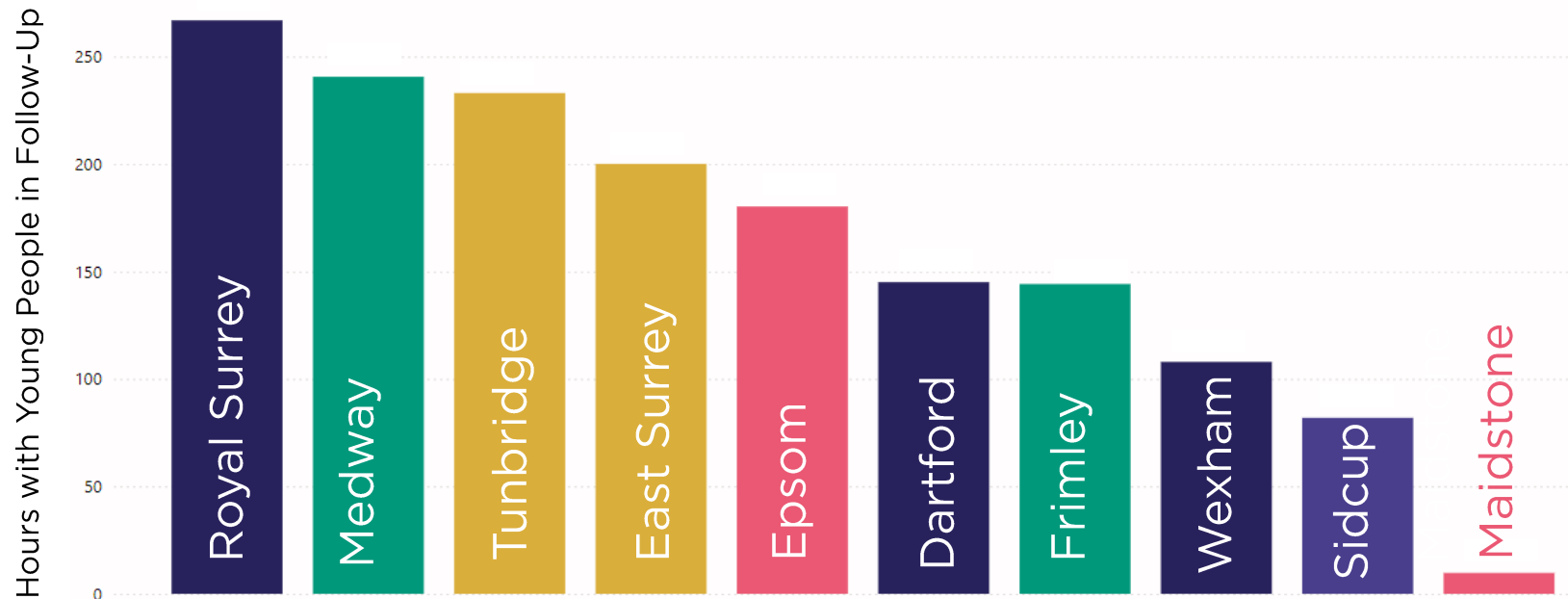
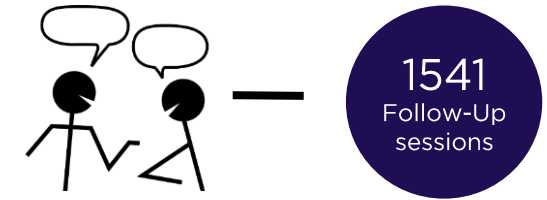
This year, Emerge provided 1477 sessions of follow up support which is an 14% increase since last year.

Working in a person-centred way, we spend time with young people:

- ✓ Building trusting, supportive relationships
- ✓ Identifying additional sources of support and helping young people overcome barriers to engagement
- ✓ Helping young people identify and utilise healthier coping strategies

Follow up normally lasts around 3 months but we continue longer if needed.

Our teams use a variety of approaches to help young people, from going for walks together to doing craft as they talk. We have also trained our teams to deliver the Alumina material which is a seven-session course helping young people understand the role of self-harm in their lives and gain insight into positive changes they can make in their thoughts and actions.



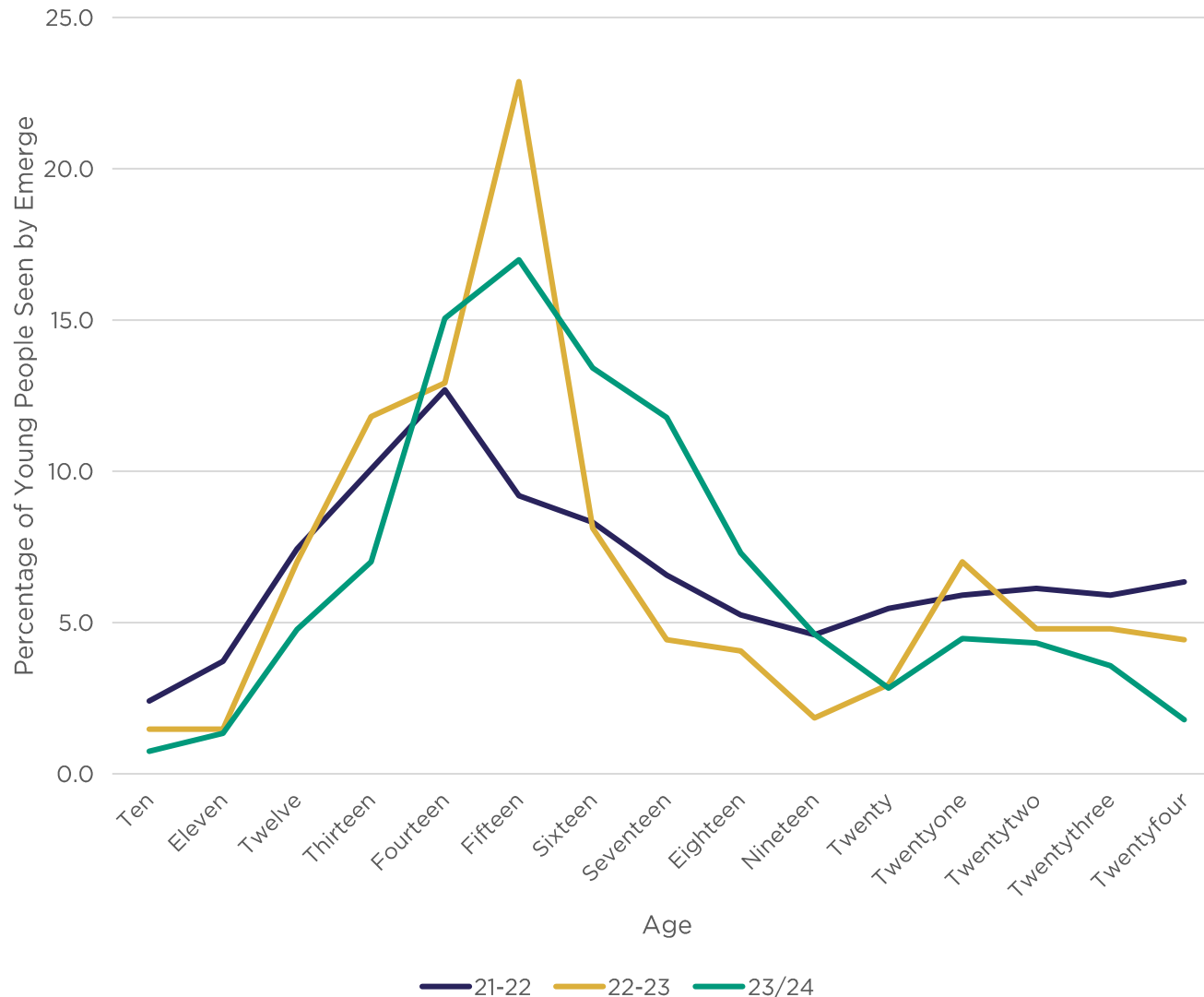
Emerge has supported 238 young people through follow up this year. Not all the young people we see in hospital need follow up support and, where there are already a larger number of professionals or complex social care needs, it won't always be the right thing for them.

Thanks to funding from NHS Charities Together in Kent, Emerge has been able to provide specific support to young people based in Sidcup who have attended Queen Mary's Urgent Treatment Centre.

Thank you for everything you have made such a difference in my life and I wouldn't be where I am today if it weren't for your team.
Sam, age 19

Young People's Wellbeing Trends

Vulnerability by Age



We have noticed a trend over the last few years with the ages of young people most in need of support. In 21-22 there was a clear spike in need at age 14, and in 22-23 this had moved to age 15. This seemed to track with the young people who would have been due to start secondary school during the Covid19 lockdowns. This year's data shows a change in this trend, with the key age for vulnerability remaining at age 15 but a higher number of 14 and 16 year olds also struggling.

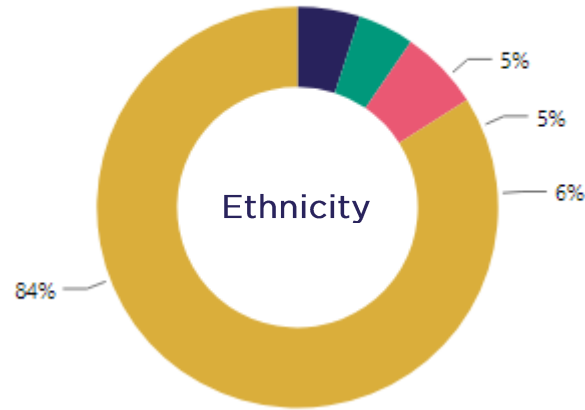
This data is shown on the graph by percentage to adjust for the increase in numbers of young people supported by Emerge over the last three years.

The fact that the peak has not progressed to 16 year olds this year, but has flattened out with age 14 – 17 being the key time for vulnerability, could suggest that the immediate effects of the pandemic have been replaced with a more general period of need during middle teenage years. During this time, young people must navigate pressures in school and key transitional times following GCSE's. This is also the time in which there tends to be increased tension in relationship within families and is a turbulent time in romantic relationships. This age is also the time during which young people are navigating questions around their sexuality and gender identity. All of these factors create vulnerability and volatility in young people's wellbeing.

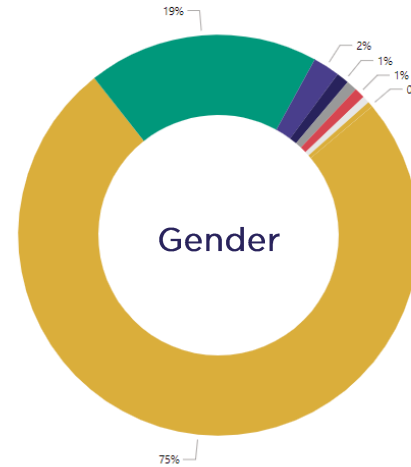
Within Emerge, we encounter many safeguarding issues and log these according to type. During this reporting period, the primary concern has been 'risk to self' and the age group with most concerns recorded was fifteen, by a large margin.

Young People's Demographics

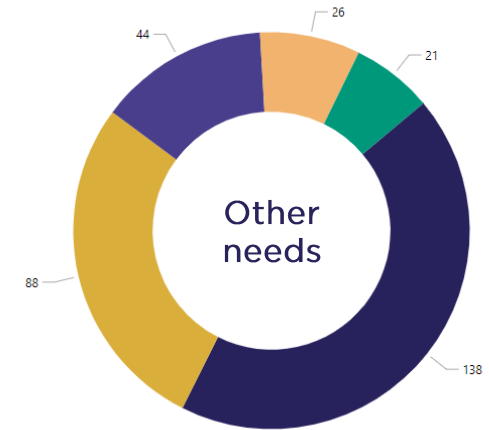
● Asian ● Black ● Mixed / Multiple ethnicity ● White



● Female ● Male ● Trans Male ● Non Binary
● Not Known ● Trans Female ● Other (not listed)



● ASC ● ADHD ● Other
● Physical Disability ● Additional Needs

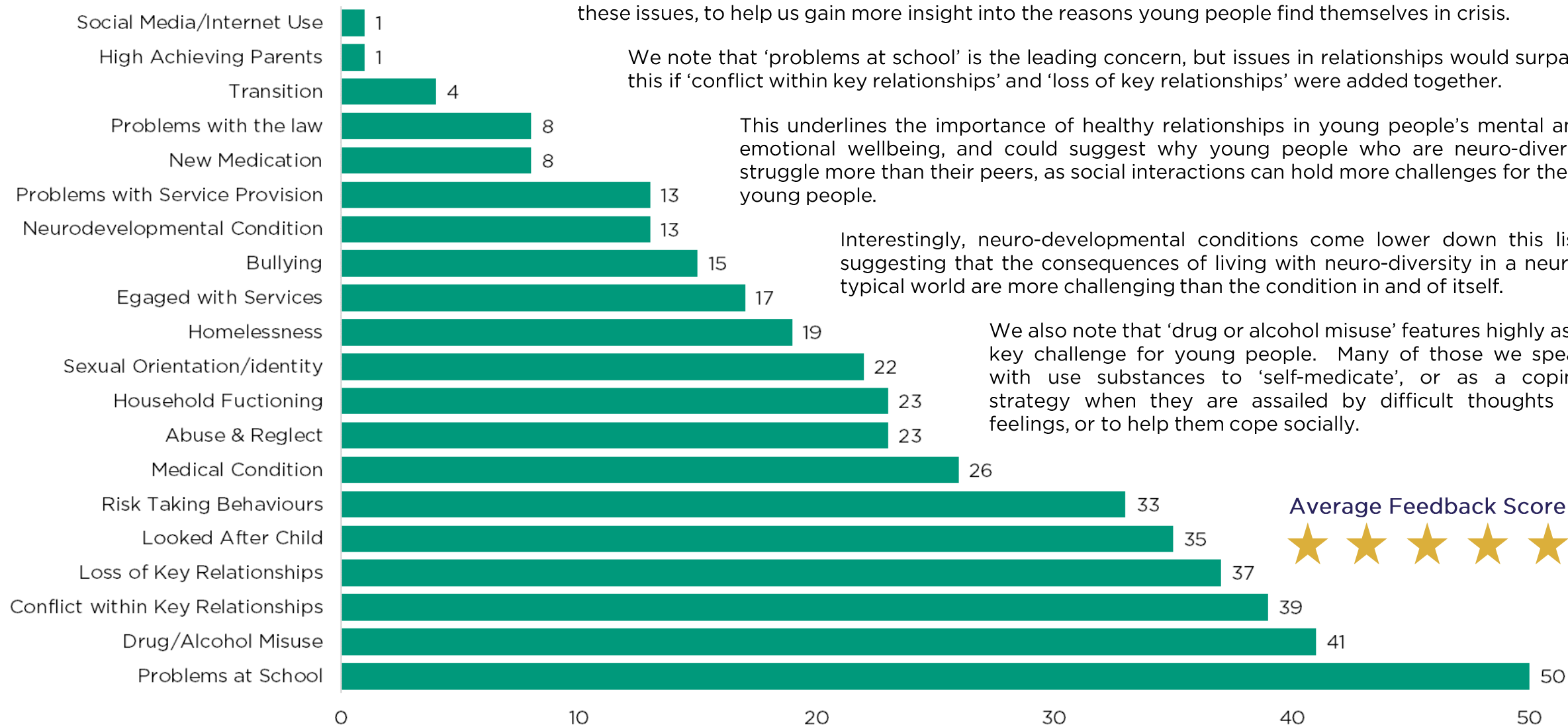


Emerge's support is open to all young people and we ensure that everyone who might need our support hears about it through banners and posters displayed in Emergency Departments and available for nurses to give to patients.

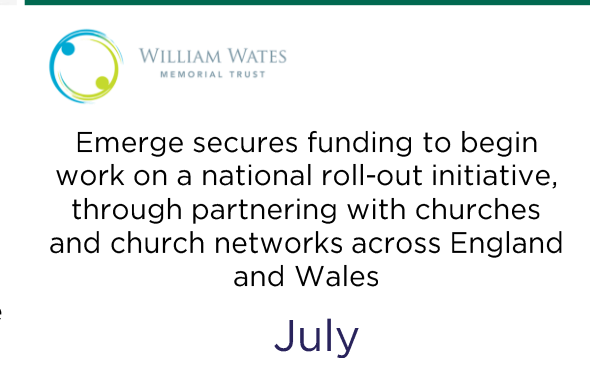
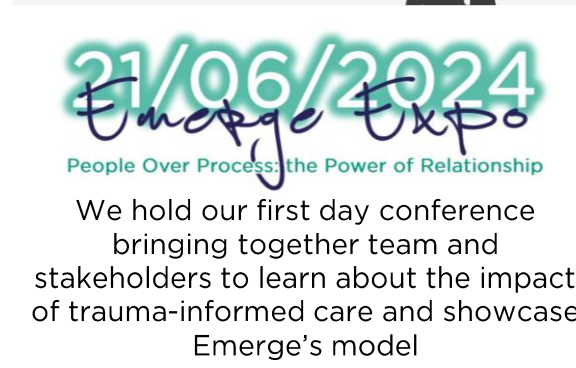
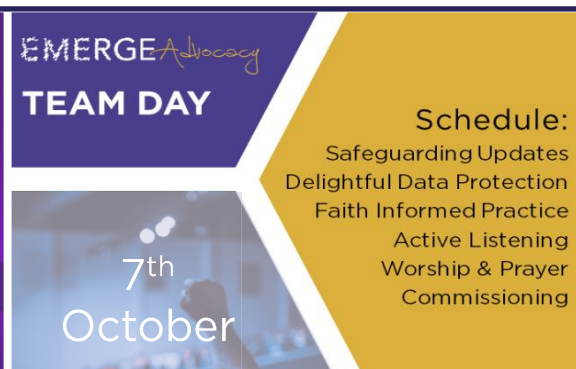
Across our projects, the young people who we most commonly support are white females, which is representative of the demographic of young people most commonly presenting to hospital in crisis. Young people from all walks of life find themselves in crisis, and our teams support all, from the most to the least affluent and young people of a variety of nationalities. Those who tend to be more vulnerable are those where there are social care issues or neurodiversity and those from cultural backgrounds where mental health issues are less understood and accepted.

We have noticed an increase in the numbers of young people who have, or are seeking, a diagnosis for a form of neuro-diversity, particularly ASC (Autistic Spectrum Condition) or ADHD (Attention Deficit Hyperactivity Disorder). These young people make up 42% of those we see in hospital in crisis, which is disproportionately more than the average population, where it is estimated that 15% - 20% of people are neuro-diverse. Therefore, it appears that this is a contributing factor to crisis in young people.

Young People's Challenges



Key Achievements This Year



Our Values and Community Stakeholders

As a Christian charity, we are motivated by our faith which is our source of hope and strength which we draw upon in our day to day work with young people. We exist to support young people of all faiths and none, providing care and compassion indiscriminately.

We always empower young people to guide conversations and have no agenda to bring except to enable young people to know that they are not alone and that their lives and futures matter, that hope is real. This perspective makes us ideally placed to offer sincere, compassionate and hope-filled support to young people where we meet them at the point of crisis yet see them as a whole person and help them reconnect with a sense of hope and purpose for their futures.

It is important to us that our identity as a Christian charity adds to the overall positive experience for the young people we support and so have asked them for their thoughts about this in anonymous feedback. These are some of the comments we received this year, in answer to the question:

What difference (if any) did it make to you that Emerge is a Christian faith based charity?

"I enjoyed asking about Christianity and church but it was nice that it was only brought up when I asked because I think the stereotype would be that it is pushed on to you but that was not the case at all."

"I felt a lot safer"

"None, I am just happy there are people willing to listen to and talk to. They made me feel like I was worthy."

"There was no conversation about Christianity involved in the process which was a relief. When I first heard it was a Christian charity I was a little bit deterred but after my first session I saw the benefits."

Our values and identity as a charity gives us a natural link into communities surrounding the hospitals where we operate, through local church networks where we find a pool of people with pastoral experience and caring attitudes who make great volunteers. Many churches give towards our work with young people either regularly or through special events like Christmas concerts or coffee mornings during the year.

We have been delighted to develop and deepen our relationships with many local churches this year and were particularly pleased to be invited to a gathering at the Archbishop's Palace in Maidstone for a gathering of community and faith leaders exploring collaborative working to improve mental health regionally.

Further embedding our work with local churches continues to be a key objective to enable us to reach more young people through equipping others and strengthening our work with young people in local communities.



Our Statutory Stakeholders and Grant Funders

We have been delighted to continue relationships with long standing stakeholders and funders and to develop new connections to enable us to support more young people. In particular, we are grateful to the Community Foundation for Surrey who were Emerge's very first grant funder back in 2016, and have since made thirteen further grants to help us be there for young people in crisis in Surrey.

We have enjoyed working with a wide variety of funders, in particular our ongoing relationship with West Kent ICB who support our work in Maidstone and Tunbridge Wells. It has been brilliant to work with the Mental Health Investment Fund in Surrey and to secure a second and substantial grant to increase our follow up capacity in Surrey.

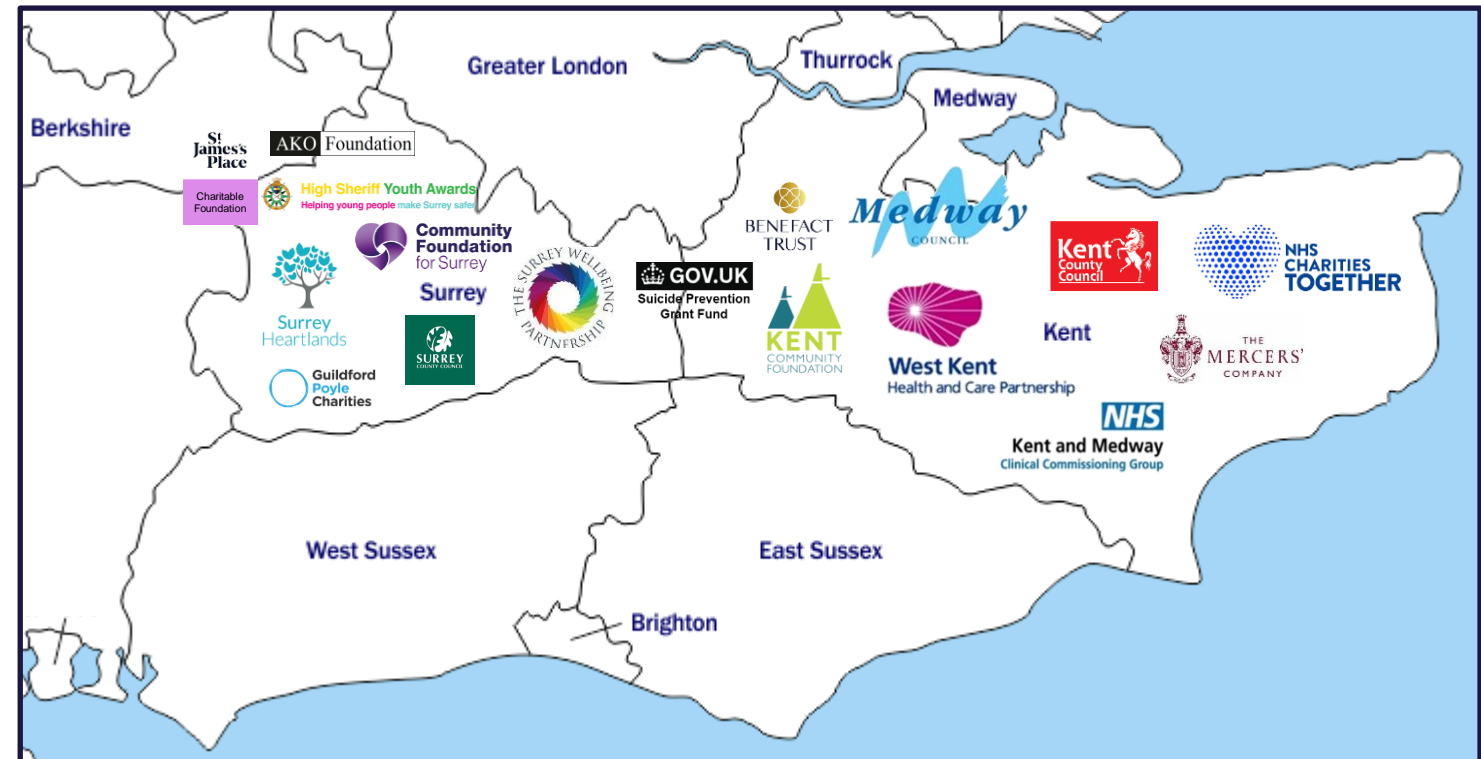
In managing our finances, we have learned to work with the various processes of different funders, and the nuances of local authority funding which works differently from grant funding. In particular, we have gained experience in managing contracts and working to a range of timescales where funds often arrive later than anticipated.

"We are grateful for Emerge's inspirational leadership and the impact they are making to young people's mental health in Surrey."

Surrey-based funder

In order to ensure cash flow, and provide security for our staff, we follow the charity commission's recommendation of holding a minimum of three month's salary costs in reserve. For some prospective funders, this can appear to indicate that we are not in immediate need of additional funds but, by nature, our reserves are not to be touched except in emergencies or when winding up a project.

Despite the more challenging financial climate of this year, we end the year in a secure position thanks to careful budgeting and financial management.



Our Governance and Leadership

This financial year has seen Emerge increase in terms of staff team, volunteers and finance. We came into the year in a good position thanks to careful stewardship of these resources and, following ongoing support from funders, donors and commissioners, we have ended the year in a strong position, with funding allocated to key areas of development and need.

Our board of trustees has received excellent leadership from our Chairperson, Kevin McCormac OBE, MA (Oxon) and Emerge's board boasts much experience and expertise including safeguarding, legal, grant-making and philanthropy, hospital management, youth work project management, franchise, and volunteering experience within Emerge. Our trustee training requirements are reviewed annually and new trustees undergo a comprehensive induction as they begin their role. Our Trustees during this reporting period have been:

Name	Role	Dates
Kevin McCormac	Trustee / Chairperson	3 rd Dec 2021 - present
Peter Watts	Trustee / Vice Chair	27 th June 2018 - present
Joy Wright	Founder & CEO / Trustee	4 th July 2016 / 12 th June 2019 - present
David Welch	Trustee	4 th Dec 2019 - present
Sarah Kendall	Trustee	4 th Dec 2019 - present
Nicola Broadhurst	Trustee	25 th Nov 2020 - present
Hugh Stafford-Smith	Trustee	25 th Nov 2020 - present
Tim Gosden	Trustee	23 rd Sept 2022 - present

Kevin continues to stand as acting treasurer and we are exploring the role with an individual at the time of writing.

In the leadership of Emerge and the direction of its resources and energies, the charity trustees have at all times worked to the best interests of the public benefit, striving to give all we can for the young people we serve.





Ava

When we met Ava in hospital, she was in for a overdose and wasn't in school much and had very difficult relationships with her family. Ava was happy to interact with us, chat and play games and it was clear that her time in school was making her low and relationships with family made it difficult for her to process what was going on.

We met with Ava for follow up across 9 months and over this time we heard that she was opening up more to family about what was going on for her, she communicated better with parents when life was rough and she also opened up more to school teachers about how she was doing which meant by the end she was often in school for the whole day!



After finishing follow up, we received this feedback from her mum:

“Emerge has had the biggest impact on our daughter (and wider family relationship) in the most positive way.

I would go so far as to say Emerge saved our daughter's life.

The follow up sessions after being discharged from hospital have been invaluable and filled a gaping hole from CAMHS who have provided nothing at all in way of support for her. The sessions have provided her with safe coping mechanisms for her mental health and she is now interacting with the family and opening up about when she is struggling, which means we can intervene quicker.”

Independent Examiner's Report on the Accounts

Independent examiner's report to the trustees of Emerge Advocacy

I report to the trustees of Emerge Advocacy on my examination of the charity's accounts for the year ended 31st July 2024 as set out on pages 17 to 27.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination for the charity's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman FCA FCCA

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
GU9 7PT

Signed: *Lance Redman*

Date: 08/05/2025

Statement of Financial Activities For the Year Ended 31st July 2024

(Incorporating Income & Expenditure Account)		Unrestricted Funds	Restricted Funds	Total 2023/24	Total 2022/23
	Notes	£	£	£	£
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Legacies and Similar Income	3a	22,144	125,516	147,660	145,320
Charitable Activities	3b	70,729	469,968	540,697	297,757
Other Trading Activities	3c	0	0	0	3,341
Investment Income	3d	2,413	0	2,413	853
Total		95,286	595,483	690,769	447,270
RESOURCES EXPENDED					
Cost of Generating Funds					
Raising Funds	4a	0	0	0	0
Charitable Activities	4b	68,949	534,034	602,983	430,687
Other	4c	1,740	0	1,740	2,040
Total		70,689	534,034	604,723	432,727
NET INCOMING (OUTGOING) RESOURCES		24,596	61,450	86,046	14,543
Total Funds Brought Forward		150,672	14,739	165,411	150,868
Transfer between Funds		0	0	0	0
TOTAL FUNDS CARRIED FORWARD		175,269	76,188	251,457	165,411

Movements on all reserves and all recognised gains and losses are shown below.

All the charity's operations are classed as continuing. The notes on pages 17 to 27 form part of these financial statements.

Balance Sheet

As at 31st July 2024

		Unrestricted Funds	Restricted Funds	31/07/24 Total	31/07/23 Total
	Note	£	£	£	£
Fixed Assets					
Tangible assets	2	0	0	0	0
Current Assets					
Debtors & Prepayments	7	23,932	63,427	87,359	51,905
Cash at Bank and in hand	6	208,608	144,828	353,436	252,799
Total Current Assets		232,541	208,255	440,796	304,705
Creditors: due within one year	8	57,272	132,067	189,339	139,293
Net Current Assets		175,269	76,188	251,457	165,411
Total Assets less current liabilities		175,269	76,188	251,457	165,411
Net Assets		175,269	76,188	251,457	165,411
Funds of the Charity	5				
General Funds		5,269	0	5,269	1,672
Designated Funds		170,000	0	170,000	149,000
Restricted Funds		0	76,188	76,188	14,739
Total Funds		175,269	76,188	251,457	165,411

Balance Sheet

As at 31st JULY 2024

Trustees' Responsibilities

For the period ended 31st July 2024, in accordance with section 145 of the Charities Act 2011, the trustees have elected for the accounts to be examined by an Independent Examiner whose report appears on page 16.

The trustees acknowledge their responsibility for ensuring that the charity keeps proper accounting records which comply with the Charities Commission's guidance and give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year.

Approved by the Trustees on the: 07/05/2025

Signed on their behalf by Trustee:

A handwritten signature in blue ink, appearing to read 'McCormac', with a horizontal line underneath.

Print Name: Kevin McCormac

Notes to the Financial Statements

For the Year Ended 31st July 2024

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services has been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Notes to the Financial Statements

For the Year Ended 31st July 2024

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources, eg allocating property costs by floor areas, or per capital, staff costs by the time spent and other costs by their usage.

Fixed Assets

Tangible fixed assets for use by the charity, are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost or, if gifted, at the value to the charity on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

There has been no change to the accounting policies (Valuation rules and methods of accounting) since last year.

Notes to the Financial Statements

For the Year Ended 31st July 2024

Depreciation

Depreciation has been calculated on a reducing balance basis. The rates applied per annum are as follows:

Fixtures and Fittings 25%
Equipment 25%
Computer Equipment 25%

2. TANGIBLE FIXED ASSETS				Total
		Unrestricted Equipment	Restricted Equipment	2023/24
		£	£	£
Cost	01-Aug-23	0	0	0
Additions		0	0	0
Cost at	31-Jul-24	0	0	0
Depreciation	01-Aug-23	0	0	0
Charge		0	0	0
Depreciation at	31-Jul-24	0	0	0
Net Book Value	31-Jul-23	0	0	0
Net Book Value	31-Jul-24	0	0	0
The annual commitments under non-cancelling operating leases, capital commitments, and contingent liabilities are as follows:				
		31st July 2023:	None	
		31st July 2024:	None	

Notes to the Financial Statements

For the Year Ended 31st July 2024

3. INCOMING RESOURCES		Un-restricted	Restricted	TOTAL	TOTAL
	Note	Funds	Funds	2023/24	2022/23
		£	£	£	£
a) Donations, Legacies and Similar Income					
Churches & Organisations		5,082	7452	12,534	25,399
Gift Aid Refunds		1,517	0	1,517	1,517
Gifts from Individuals		10,164	1,693	11,857	9,701
Grants received		5,382	116,371	121,753	108,703
		22,144	125,516	147,660	145,320
b) Charitable Activities					
Training		255	0	255	0
Service Contracts		70,504	469,968	540,472	297,742
		70,729	469,968	540,697	297,742
c) Other Trading					
Fundraising		0	0	0	3,341
		0	0	0	3,341
d) Investment Income					
Interest		2,413	0	2,413	853
		2,413	0	2,413	853

4. RESOURCES EXPENDED	Un-restricted	Restricted	TOTAL	TOTAL
	Funds	Funds	2023/24	2022/23
	£	£	£	£
a) Expenditure on Raising Funds				
Fundraising Activities	0	0	0	0
	0	0	0	0
b) Cost of Charitable Activities				
Communications	757	5,365	6,122	5,974
Equipment	667	1,113	1,780	2,324
Hospitality	4,094	15,519	19,614	2,093
Insurance	1,562	0	1,562	849
Office/General Administrative Expenses	18,366	884	19,250	15,080
Salaries, NI & Pension	68,555	460,923	529,478	371,726
Project Promotion/Publicity	542	3,116	3,658	4,617
Project Support	-26,353	26,353	0	0
Recruitment	0	0	0	1,727
Resources for young people	20	17,566	17,586	11,449
Team training	470	2,875	3,345	13,253
Travel	269	319	589	1,596
Depreciation	0	0	0	0
	68,949	534,034	602,983	430,687
c) Governance Costs				
Legal & Professional Fees	1,740	0	1,740	2,040
	1,740	0	1,740	2,040

Notes to the Financial Statements
For the Year Ended 31st July 2024

5. Funds of the Charity	Balance					Balance
	01/08/2023	Income	Expenditure	Transfers		31/07/2024
	£	£	£			£
General Funds	1,672	95,286	70,689	-21,000		5,268
Designated Funds						
Designated Project Fund	28,000	0	0	-28,000		
Designated Reserve Fund	121,000	0	0	49,000		170,000
	150,672	95,286	70,689	0		175,269
Restricted Funds						
Medway	0	69,523	49,874	0		19,649
Darent Valley	0	74,414	56,769	0		17,644
Tunbridge Wells	4,000	40,721	40,721	0		4,000
Maidstone	8,000	50,633	50,633	0		8,000
Kent Management	0	69,084	69,084	0		0
QEQM	0	6,469	6,469	0		0
William Harvey	0	16,980	16,980	0		0
Wexham	0	30,013	30,013	0		0
RSCH	0	55,693	55,393	0		0
East Surrey	0	59,314	49,311	0		10,003
Epsom	0	54,728	51,953	0		2,776
St Heliers Epsom	0	883	883	0		0
Frimley	2,739	67,027	55,650	0		14,116
	14,739	595,483	534,034	0		76,188
	165,411	690,769	604,723	0		251,457

It is important to Emerge that we do not over or underspend the funds which we are entrusted with. Therefore in accordance with the Charity Commission's Guidance (CC19) Emerge monitors and operates a policy for reserves.

As a charity, Emerge does not benefit from having established endowments or other significant capital on which to draw, but instead when funding is received, it is deployed to the benefit of young people, normally within a number of months.

To fulfil their contractual and statutory responsibilities and avoid any risk of wrongful trading, the Trustees have therefore designated a reserve fund with the aim, that should any project(s) become significantly unfunded, there is expected to be sufficient funds available to make possible an orderly run off of the project(s).

The value targeted for this fund is to cover the projected costs of such wind down (at the first date when the project might become unfunded) including:

- statutory redundancy pay,
- contractual notice periods for employees,
- operating costs for the project over the wind down periods, particularly ensuring that any young people already engaged with Emerge can complete their normal period of support,
- any contractual expenses with fixed terms or notice periods (e.g. phone contracts)

Notes to the Financial Statements

For the Year Ended 31st July 2024

The Project fund was a designated fund that would be used to fund new projects or expand current projects. As the relevant Kent and Surrey hospitals are now well covered by Emerge, the future expansion of Emerge across England will largely be through the Replication Project. The Trustees therefore authorised releasing the Project Fund monies to the Reserves Fund in order to address the higher targeted level of reserves.

Restricted funds are represented by the charity's cash reserves and arise from funding that was to be expended only for the projects as specified above. Some funding is also restricted as to use (e.g. staff costs only).

Medway project was funded by Medway Council Shared Prosperity Fund, Department of Health and Social Care - National Suicide Prevention Fund and NHS Charities Together.

Darent Valley project was funded by the National Suicide Prevention Fund and NHS Charities Together.

Tunbridge Wells and Maidstone projects were funded by the Maidstone and Tunbridge Wells NHS Trust - Health Inequalities Fund, Department of Health and Social Care - National Suicide Prevention Fund and NHS Charities Together.

Kent Management, QEQM, and William Harvey projects were funded by NHS Charities Together.

Wexham project was funded by Department of Health and Social Care - National Suicide Prevention Fund, The Benefact Trust, St James Place and AKO Foundation.

RSCH, East Surrey, Epsom and Frimley projects have benefited from contracts from Surrey County Council - Mental Health Investment Fund, Surrey Wellbeing Partnership and grants from Department of Health and Social Care - National Suicide Prevention funds. The RSCH has also received funding from Guildford Poyle Charities, and both RSCH and Epsom have received grants from The High Sheriff Youth Awards.

St Helier project is funded by a grant from the St Kilda Trust.

6. CASH AT BANK AND IN HAND	Unrestricted Fund	Restricted Fund	Total 31/07/2024	Total 31/07/2023
	£	£	£	£
TSB	30,670	85,729	116,399	139,227
Equals Cards		954	954	910
Savings	170,000	58,145	228,145	105,738
Metro	7,623		7,623	5,403
PayPal	316		316	1,521
	208,608	144,828	353,436	252,799

7. DEBTORS	Unrestricted Fund	Restricted Fund	Total 31/07/2024	Total 31/07/2022
	£	£	£	£
Gift Aid due	1,517	0	1,517	1,492
Sundry Debtors	21,999	63,427	85,426	50,130
Prepayments	417		417	283
	23,932	63,427	87,359	51,905

Notes to the Financial Statements

For the Year Ended 31st July 2024

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR				
	Unrestricted Fund	Restricted Fund	Total 31/07/2024	Total 31/07/2022
	£	£	£	£
Salaries and NI	13,900	0	13,900	1,749
Sundry Creditors	2,780	1,743	4,523	4,506
Deferred Income	40,592	130,324	170,916	133,039
	57,272	132,067	189,339	139,293

9. STAFF COSTS AND NUMBERS	2023/24	2022/23
	£	£
Gross Wages and Salaries	477,372	347,870
Employer's NI Costs	28,896	15,580
Pension Contributions	23,210	8,277
	529,478	371,726
Employees who were engaged in each of the following activities:		
	2023/24	2022/23
	Total	Total
Activities in furtherance of organisation's objects:		
Total number of full-time and part-time employees	35	31
Equivalent number of full-time employees	16.8	14.1

The charity operates a PAYE scheme to pay all employed members of staff, and no employees received emoluments above £60,000 (2022/23 None).

10. RECONCILIATION OF MOVEMENT IN CAPITAL AND RESERVES				
The Charity is a Charitable Incorporated Organisation, registered with the Charity Commission, number 1171851. The Charity does not have a Share capital and has no income subject to Corporation Tax.				
		2023/24		2022/23
		£		£
Surplus/Deficit for the financial year		86,046		14,543
Balance brought forward		165,411		150,868
Transfer of Restricted funds		0		0
Closing Funds at 31st July		251,457		165,411

11. PAYMENTS TO DIRECTORS AND RELATED PARTIES

During the financial year Mrs Joy Wright received £31,744 in remuneration (salary and expenses) in her capacity as CEO.

Kevin McCormac claimed £496 in expenses relating to his role as chair as trustees.

12. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining the discretionary reserve to ensure an orderly run off, combined with the annual review of the controls over key financial systems will provide sufficient resources in adverse conditions. The Trustees have also examined other operational and business risks which they face, and confirm that they have established systems to mitigate the significant risks.

13. RESERVES POLICY

The charity recognises the propriety of not building up funds for which there are no clear expenditure plans. The charities' policy is to target a level of discretionary reserves that would permit any project(s) that become unfunded to be run off in an orderly manner. Refer to note 5 for more on the obligations taken into account in forecasting this level. Reserves may only exceed this policy level in order to be able to respond to specific new opportunities. This situation is actively monitored to ensure that reserves do not build up unnecessarily.

14. PUBLIC BENEFIT

The charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees' report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding which activities the charity should undertake.