

EMERGE Advocacy

Youth Workers and Volunteers bringing a
#VoiceOfHope to 10-25's in A&E and beyond because
of self-harm, a suicide attempt or emotional crisis



Charlie Mackesy

"What are your favourite things?"
"Cake and hope," said the mole.
"Hope is the whisper that tells us
there's a light, even in the darkest
tunnels."

Trustees' Annual Report:

August 2022 – July 2023

Executive Summary

This report is summarised beautifully in the words of Charlie Mackesy – 'cake and hope'. These are two things that Emerge's teams have been sharing in abundance across Surrey, reassuring those we serve that there is light even in the darkest times.

I am immensely proud of the excellent care and support provided by our staff and volunteers over the last year. The feedback from parents, clinical staff and young people bears witness to the difference they are making.

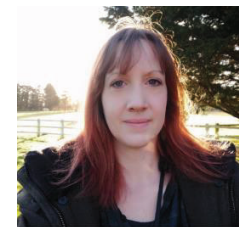
Emerge has been busy across Surrey, Kent and Berkshire this year, supporting a total of 788 young people through 1040 hospital sessions and 1341 follow up sessions. We have spoken with parents and professionals, one to one, delivered training and spoken at conferences. Our key aims in all we do in Emerge are...

- Helping people to understand self-harm as a negative coping strategy and equipping them to help young people find healthier ones
- Bringing hope and encouragement, celebrating even small wins
- Empowering people to develop and maintain supportive relationships with healthy dynamics avoiding dependency and promoting collaboration.

We are incredibly grateful for the support of our stakeholders in all that has been achieved – the funding and relationships between us are what make it possible for a #VoiceOfHope to be heard when it's needed most.

Wright

Joy Wright
Founder & CEO

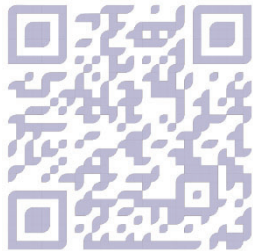


I won't ever forget how Emerge basically saved my life... sometimes a simple chat can make the biggest difference to someone's life and it definitely did to mine.

Looking back on things that have happened in my life I have many regrets but letting you guys into my life will never be one of them. It's probably one of the smartest things I did because it showed me true care, understanding and empathy so thank you for that.

I can't wait to next see you and don't worry it won't be us meeting in hospital because I did something silly it will be us going for a coffee and having a genuinely nice time. I can't wait to see you again - make sure you bring the Dobble, we need a rematch but just a warning I've had a lot of practice!

Jesse, age 16



Scan me
for a video
insight into
Emerge's work

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Chairperson's Remarks

It has been a great privilege to chair the Board of Trustees of this wonderful charity as we continue to see transformation in the lives of many young people (and their families) as they go through times of great crisis. I am extremely grateful to my fellow Board Members who have given so generously of their time and considerable expertise. I particularly wanted to pay tribute to our outgoing treasurer, Stuart King. We benefited so much from his expertise and experience and his broad and deep understanding.

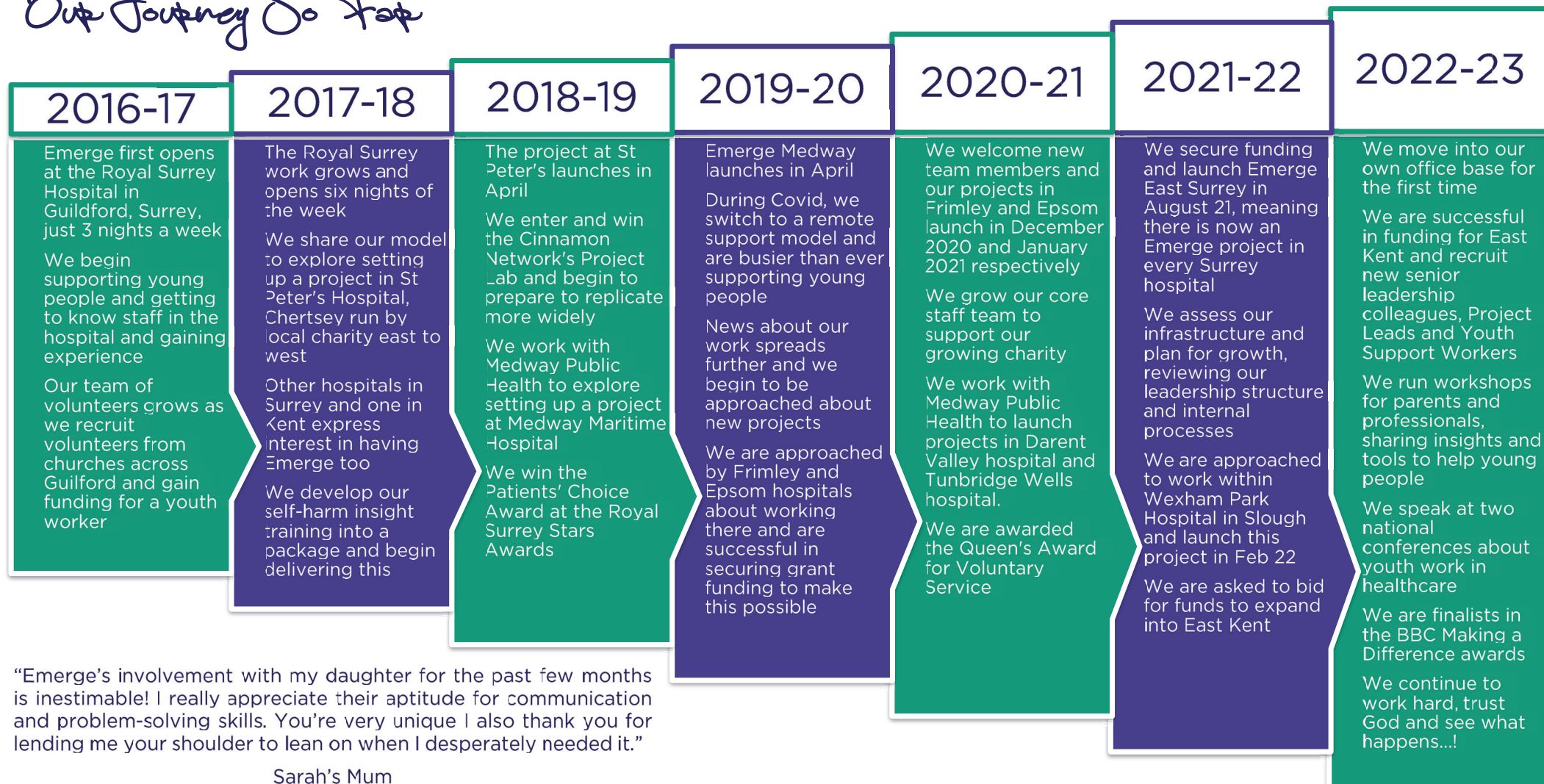
This has been a year when we have seen projects grow and expand so that we can support many more young people and their families. Despite the many challenges, especially around funding, we have continued to see the arrival of the resources we need at the time we have needed them. It has been exciting to see the way in which God has provided for us. As you will see from reading this report, the mental health challenges facing young people continue to increase, especially for those who have been most affected by the disruption to schooling and the normal patterns of life as a result of COVID19. It is so encouraging to read the many tributes and expressions of appreciation that we receive from those we have been able to support, some of which are documented in this report. There continues to be increasing recognition of the benefits that Emerge brings not only to the young people but also to the hard pressed staff within the hospitals we serve.

None of this would have been possible without the commitment, vision and hard work of all our staff and volunteers. The executive team has been especially outstanding this year and we continue to be so grateful to God for his provision as we look forward to all the opportunities to come.

Kevin McCormac OBE
Chairperson



Our Journey So Far



Our Mission

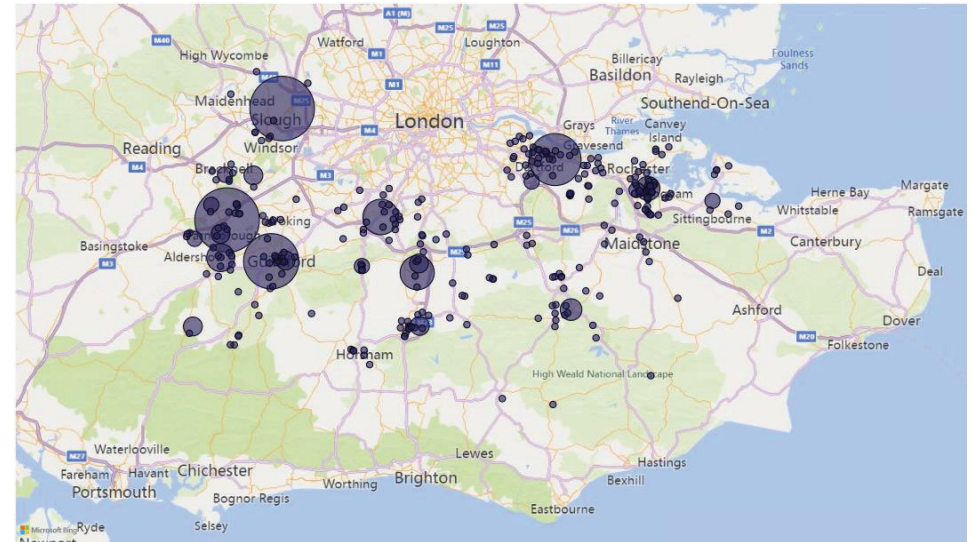
Emerge enables trained volunteers to **support young people attending A&E at hospital** because of self-harm, overdose, suicide attempt or eating disorder, operating from 7pm to 11pm on selected evenings. The team also offers follow up support to young people for up to three months' post-discharge, encouraging them to engage effectively with statutory and community-based support.

We are motivated by our Christian faith, **bringing care and compassion indiscriminately** and supporting young people of all faiths and none. We take a person-centred approach, always empowering young people to set the agenda for conversations.

We have continued with our vision to make our support available much more widely, knowing that young people across our country are experiencing similar issues to those we are seeing, and that statutory services are under increasing pressure nationwide. In response to this, in 2023, we opened a new projects in Queen Mary's Urgent Treatment Centre and Maidstone Hospital, and we began work to open projects in William Harvey Hospital in Ashford and QEQM in Margate, Kent.

We are passionate about connecting with local churches, to **equip and empower local people and groups** to be part of the solution to the issues young people in their communities are facing. As we enter this next phase of our story, building on our work with Cinnamon Network and Heaven in Healthcare, we are working to weave our story with the stories of people and churches across our country to enable them to be a #VoiceOfHope for young people everywhere it is needed.

EMERGE
A VOICE OF HOPE



Our endeavours to make support more widely available to young people can be seen clearly in this heat map, as our work has spread out to the north and east of Surrey, into Berkshire and Kent reaching young people increasingly urban and rural areas, and in particular, places with high levels of deprivation. We know that while great need exists everywhere, young people from communities of deprivation are especially vulnerable.

“Before Emerge I found it very difficult to talk about things and my emotional wellbeing was poor. Emerge’s support was very friendly, they listened to me and I didn’t have to wait for their support. I felt I didn’t have to worry about being judged for what I’m going through and I’d definitely recommend it!”

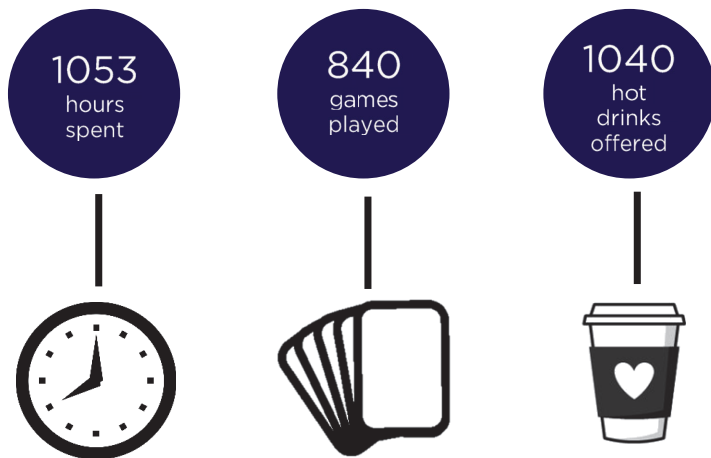
Jayden, age 14

Our Work in Hospitals

Every night of the week, there are Emerge teams across the south east bringing a #VoiceOfHope to young people in crisis. We are incredibly proud of our dedicated staff and volunteers who do this week by week, through face masks, in stifling heat at times and having braved snow and rain at other times in order to be there for young people they've never met before because of our unshakeable belief that Hope is real and that these young people are worth it.

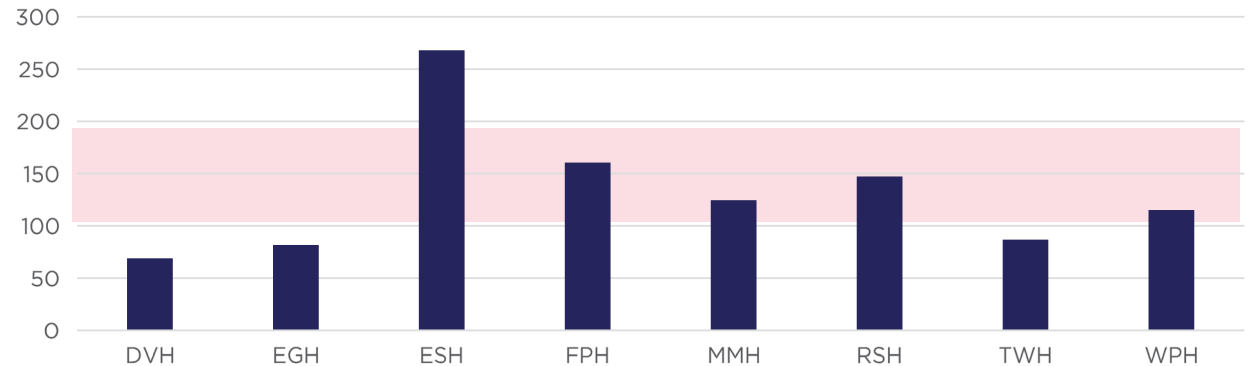
Over the course of the last year, through our work in hospital and afterwards in follow up support in the community after leaving hospital, our teams across Surrey, Kent and Berkshire had a total of 2,381 interactions with young people which is a 5% increase from last year.

We have seen the amount of work steadily grow as new projects have launched and become established.



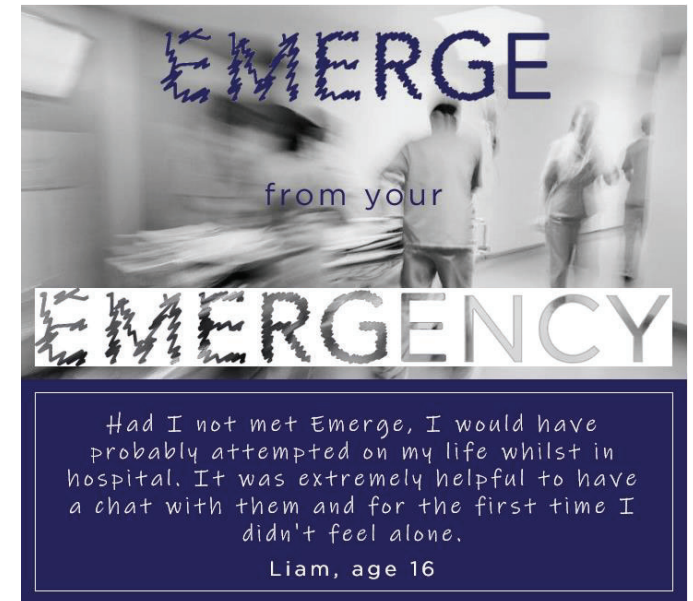
EMERGE
A VOICE OF HOPE

Hours of Crisis Support for Young People



On average, our teams have spent 100 to 200 hours in hospital supporting young people in crisis. As we build our projects through recruiting volunteers from local churches and the community, we start off opening three evenings a week and build to six evenings as the team grows. Projects supporting higher numbers of young people are those open five or six evenings a week, with newer projects in the process of increasing their presence in hospitals.

Typically, our teams spend one to two hours with a young person in crisis, helping them through their time in hospital by playing games, talking over a hot drink, taking their minds off things that cause anxiety and helping them reconnect with a sense of hope for their future.



Our Impact in Hospitals

Being in hospital can be stressful at the best of times, but when young people are there because of their emotional or mental health, it can be especially difficult. Our teams work according to Trauma-Informed Principles to reduce young people's levels of distress, meaning they are more able to engage with clinical processes such as having a blood test.

The relationship between levels of distress and our ability to engage with the world around us is explained in this graph:

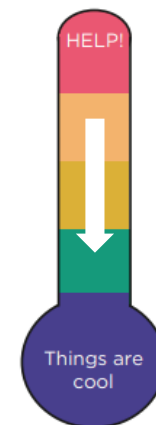


Through spending time with young people in a relaxed and informal manner, coming alongside them rather than being in a position of authority or having an agenda, and by discovering what each individual person needs in that moment, our teams help young people come out of a fight or flight, or freeze response and back into the 'green zone' where they feel calmer and are in a place to be able to engage positively with clinical professionals, improving their outcomes and saving time for our NHS colleagues.

We measure this impact using the 'emotional thermometer' tool where young people rate their distress out of ten at the beginning and end of our time with them in hospital. On average, young people move from 8/10 (high levels of distress) to 4/10 (low levels of distress) over the course of the hour or two our teams spend with them.

This effect is described by the mother of a young person who got in touch afterwards to let us know the difference Emerge had made to her and her daughter.

EMERGE
A VOICE OF HOPE



Average distress decrease: 8/10 to 4/10

"Hello, my daughter was in A&E and it had been very challenging. She had taken an overdose, tried to leave the car while I was driving to hospital, and ran away from A&E to try to escape. Just before your volunteers arrived, I had run after her again and caught her by an exit door.

No one had seen this so we were alone and I had to physically pin her down. It was very traumatic for us both but as I am trained in mental health support, I had held myself mostly together until we got help and she got back into a bed in A&E.

When your volunteers arrived I was a little sceptical at first but they made us both feel very at ease, with no pressure and some humour. She engaged so well with them that I was able to take myself to the toilet and have a good cry. This time alone allowed me to process some of what had happened and to regroup myself. When I came back she was in a much safer headspace and I was able to relax a little.

Her mental health took a long time to settle but she recently got her GCSEs and hopes to start college in September. That night could have been her last ... I cannot tell you how valuable you all are and the difference you make.

Please pass on my thanks to every person involved with making this all happen."

Follow Up Support

Following a crisis visit to hospital, young people often feel particularly unsettled and need extra support, as do their families. Emerge's follow up support acts as a 'bridge out of crisis', being there for young people immediately with no waiting lists, offering weekly, in person sessions with one of our youth support workers.

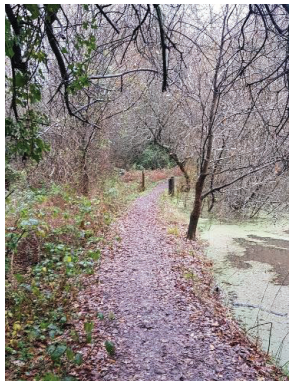
This year, Emerge provided 1341 sessions of follow up support

Working in a person-centred way, we spend time with young people:

- ✓ Building trusting, supportive relationships
- ✓ Identifying additional sources of support and helping young people overcome barriers to engagement
- ✓ Helping young people identify and utilise healthier coping strategies

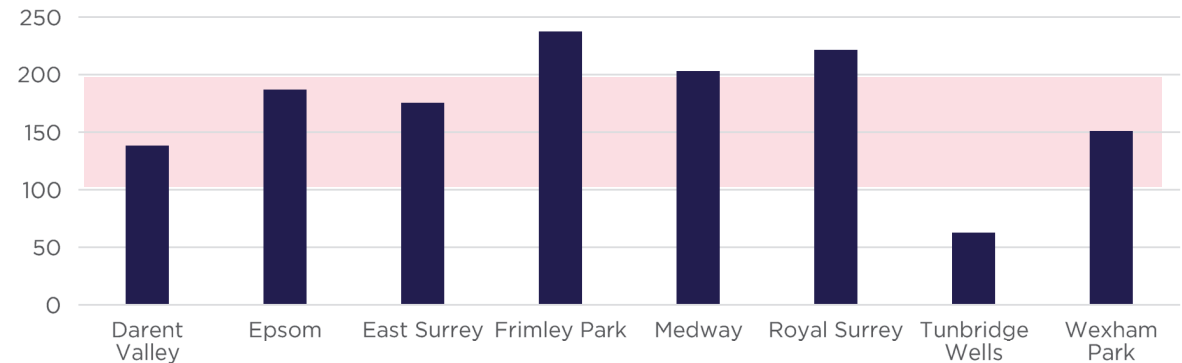
Follow up normally lasts around 3 months but we continue longer if needed.

Our teams use a variety of approaches to help young people, from going for walks together, to doing craft as they talk. We have also trained our teams to deliver the Alumina material which is a seven-session course helping young people understand the role of self-harm in their lives and gain insight into positive changes they can make in their thoughts and actions.



EMERGE
A VOICE OF HOPE

Hours of Follow Up Support for Young People



On average, our teams have spent 100 to 200 hours with young people providing follow up support to young people to help set them on a new trajectory following a hospital visit. Not all the young people need follow up support, and where there are already a larger number of professionals or complex social care needs, it won't always be possible for Emerge to do follow up. This has been the case with Tunbridge Wells team where CAMHS professionals have commented that there are often less young people but those who do present have more complex presentations.

EMPTY

NO MORE xx

"I used to walk around feeling numb and like there was something missing inside of me. Self-harm was my way to cope with those feelings but it all became too much.

When I met Emerge they were so kind and helped me come out of that dark place and start to believe in myself again. I am beginning to feel free for the first time."

Leah, age 17

Young People's Wellbeing Trends

Within Emerge, we encounter many safeguarding issues and log these according to type. During this reporting period, the primary concern has been 'risk to self' and the age group with most concerns recorded was fifteen, by a large margin. This is interesting when compared to our data from our last annual report, which showed that those aged fourteen were most commonly presenting having taken an overdose.

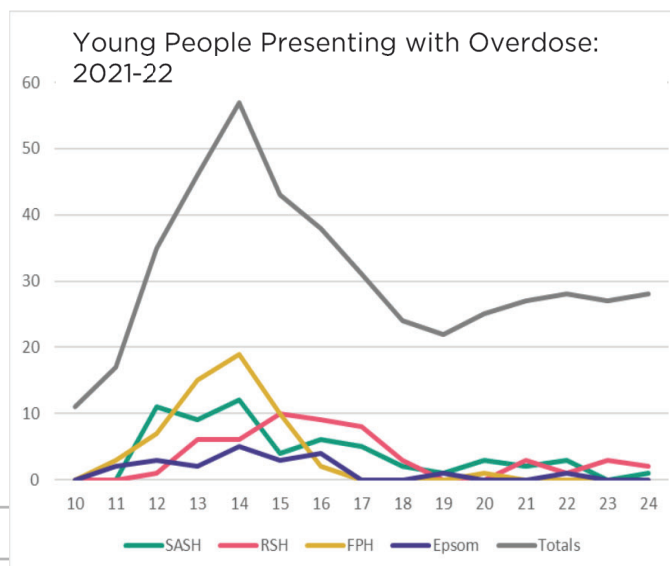
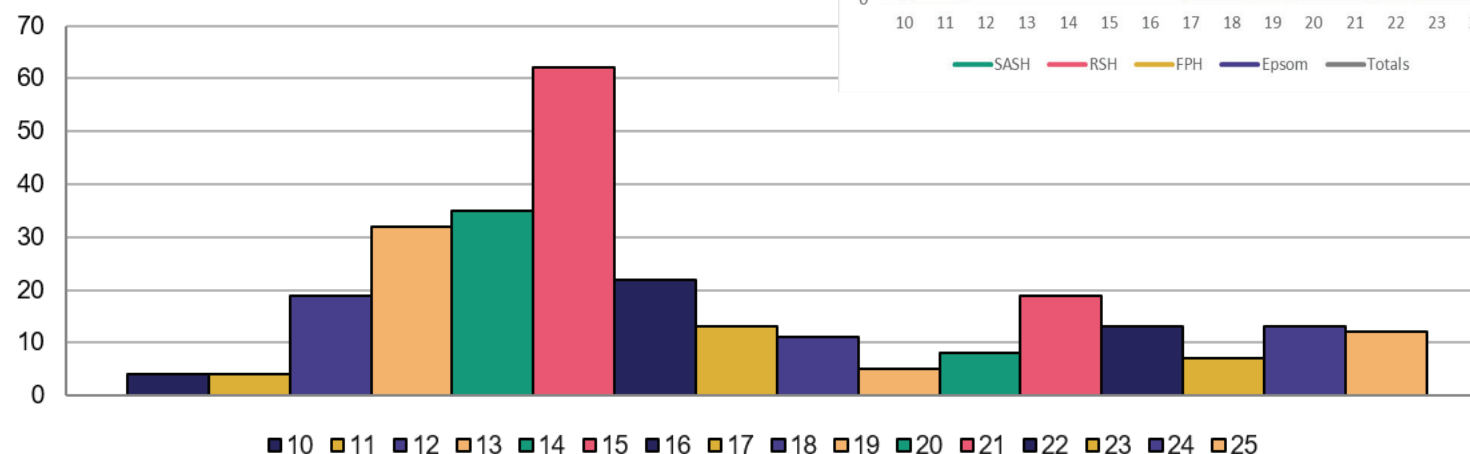
It is interesting that the spike has followed though with the same cohort of young people, rather than reflecting that a particular age is a more vulnerable time. The young people who are now fifteen would have been eleven and twelve in 2020 – just at the beginning of secondary school. It has been suggested that the impact of Covid19 and the disruption to school and social development disproportionately affected these young people due to their stage of development at the time of the crisis.

“While many see the pandemic as being over, the after-effects are far from over for our country’s youngsters, particularly those from less well-off households ... it’s abundantly clear that the pandemic is continuing to deeply affect the lives of young people,”

This quote is from Sir Peter Lampl*, the founder and chair of the Sutton Trust which co-led a research project with the University College London that involved 13,000 respondents.

Sir Peter’s message is borne out in Emerge’s data which underscores the need for ongoing support for young people.

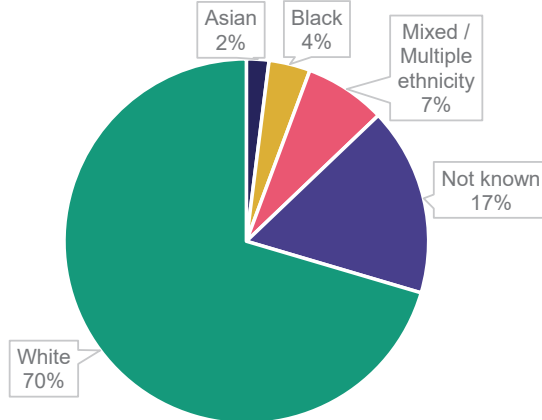
Safeguarding Concerns for Young People:
2022-23



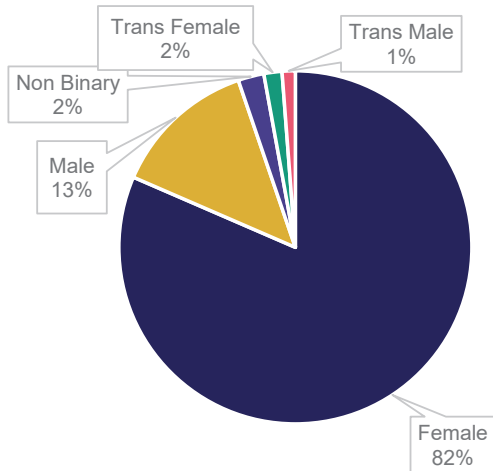
*www.theguardian.com/uk-news/2023/jan/29/debilitating-effects-pandemic-young-people-uk-health-education-careers

Young People's Demographics

Ethnicity of Young People



Gender of Young People



Emerge's support is open to all young people and we ensure that everyone who might need our support hears about it through banners and posters displayed in Emergency Departments and available for nurses to give to patients.

Across our projects, the young people who we most commonly support are white females, which is representative of the demographic of young people most commonly presenting to hospital in crisis.

We have noticed an increase in the numbers of young people identifying with a different gender to that which they were assigned at birth. For young people, gender dysphoria and the emotional toll of attempting to unravel their feelings about their gender or sexuality can take a large toll on their emotional wellbeing. Young people often turn to social media for information and affirmation but sadly this is often not a reliable source of support, underlining the need for young people to have access to trusted adults to support them through adolescence.

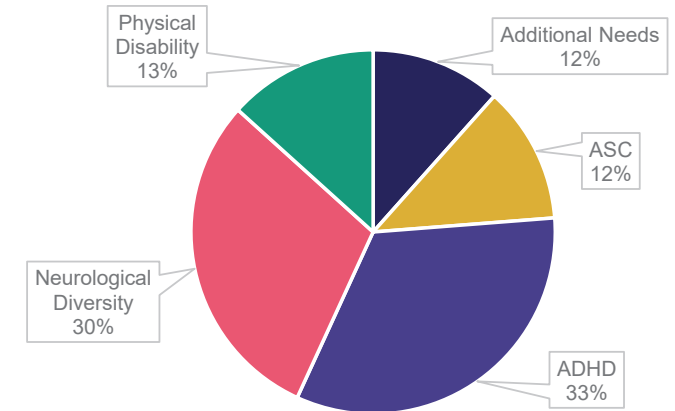
Young people from all walks of life find themselves in crisis, and our teams support all, from the most to the least affluent and young people of a variety of nationalities. Those who tend to be more vulnerable are those where there are social care issues or neurodiversity and those from cultural backgrounds where mental health issues are less understood and accepted.



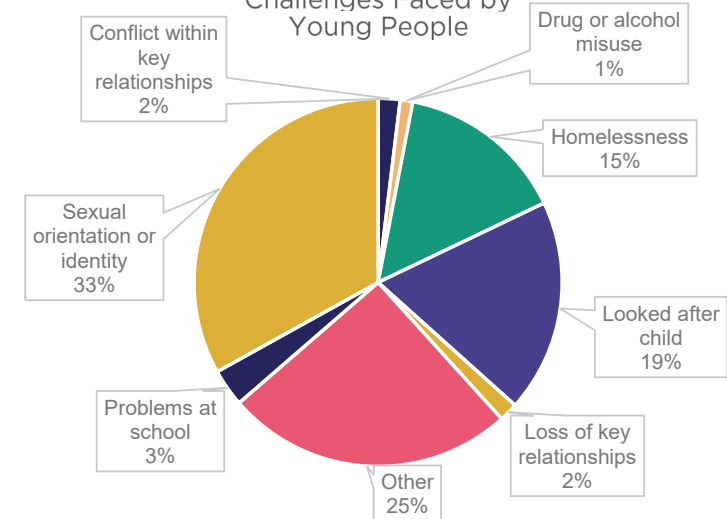
Average Feedback Score

9.

Additional Needs of Young People



Challenges Faced by Young People



Key Achievements This Year

| | | | |
|--|---|---|--|
| <p>August 2022</p> <p>We secured our first fixed office base for team in Surrey</p> <p>Emerge turns seven years old!</p>  | <p>September</p> <p>Strategic review and planning process called 'Vuka', led by one of our trustees to better understand needs regionally and nationally, how we present our offer and position ourselves for development</p> <p>We are approached by NHS Charities Together about a roll-out of our services to East Kent</p> | <p>October</p> <p>Consultancy and help with trouble-shooting for hospital-based youth work taking place in Brighton and Hove</p> <p>Emerge inputs into Surrey Suicide Prevention Strategy for Children and Young People</p> | <p>November</p> <p>Speaking at national conferences:</p> <ul style="list-style-type: none"> • Heaven in Healthcare, Kent • National Youth Work Conference, Birmingham <p>Running a well attended parent workshop in Guildford</p> |
| <p>December</p> <p>Our CEO Accepted an invitation to sit on the Surrey Admission and Placement Breakdown Avoidance Board with commissioners and service managers</p>  | <p>January 2023</p> <p>We develop and utilise an app for recording our data to replace the use of spreadsheets and increase data quality</p>  <p>EmergeApp</p> <p>We run two well attended workshops in Dartford for parents and professionals respectively</p> | <p>February</p> <p>We are nominated for the BBC 'Make a Difference' awards</p>  <p>We interviewed for and appointed senior strategic roles for our Kent expansion</p> | <p>March</p> <p>East to West's Emerge Project at St Peter's Hospital becomes independent after 5 years of support from set-up to self-sufficiency</p> <p>We secure Health Inequalities funding to expand our work in Tunbridge Wells and Maidstone</p>  |
| <p>April</p> <p>Following the completion of the Vuka process, we begin a review of our business plan</p> <p>Our CEO accepted an invitation to sit on the Guildford Diocese Safeguarding Advisory Board</p> | <p>May</p> <p>The High Sheriff of Surrey visits Emerge to mark National Mental Health Awareness Week</p> <p>We began recruitment for project staff for our East Kent expansion</p> <p>We are finalists in the BBC 'Make a Difference' awards</p> | <p>June</p> <p>Our Summer Social celebrates our staff and volunteers for all their hard work and the difference they make to young people on a daily basis</p>  | <p>July</p> <p>We are alerted by Public health colleagues about a gap in provision for young people following a crisis admission and the opportunity to bid for funding to address this</p> |

Our Values and Community Stakeholders

As a Christian charity, we are motivated by our faith which is our source of hope and strength which we draw upon in our day to day work with young people. We exist to support young people of all faiths and none, providing care and compassion indiscriminately.

We always empower young people to guide conversations and have no agenda to bring except to enable young people to know that they are not alone and that their lives and futures matter, that hope is real. This perspective makes us ideally placed to offer sincere, compassionate and hope-filled support to young people where we meet them at the point of crisis yet see them as a whole person and help them reconnect with a sense of hope and purpose for their futures.

It is important to us that our identity as a Christian charity adds to the overall positive experience for the young people we support and so have asked them for their thoughts about this in anonymous feedback. These are some of the comments we received in answer to the question:

What difference (if any) did it make to you that Emerge is a Christian faith based charity?

"None. No views were pushed upon me, and I didn't feel that Christianity was the focus."

"Emerge being a Christian charity did not and doesn't affect my opinion in any way – it just helps that they cared for me."

"Due to my background of trauma in a organisation that's incorrectly called Christian, I was hesitant but Bethany's ability to talk openly and respectfully about views and show a positive picture of a spiritual and ethical way of living really helped me – I'm very grateful."

"It's been a help to those struggling and allowing me to work out who I am. Being able to talk about my faith has helped in the sessions."

"None – they are really helpful. They just listen and play games with you. They want you to know how loved you are and how much you matter."



Our values and identity as a charity gives us a natural link into communities surrounding the hospitals where we operate, through local church networks where we find a pool of people with pastoral experience and caring attitudes who make great volunteers. We have been delighted to develop and deepen our relationships with many local churches this year. Where we have been asked to provide training for local youth leaders, professionals and parents we have been delighted to do this. Many churches give towards our work with young people either regularly or through special events like Christmas concerts or coffee mornings during the year.

Further embedding our work with local churches continues to be a key objective to enable us to reach more young people through equipping others and strengthening our work with young people in local communities.

Our Statutory Stakeholders and Grant Funders

We have been delighted to continue relationships with long standing stakeholders and funders and to develop new connections to enable us to support more young people. In particular, we are grateful to the Community Foundation for Surrey who were Emerge's very first grant funder back in 2016, and have since made twelve further grants to help us be there for young people in crisis in Surrey.

Having begun working with Medway Council in 2019 and benefitting from some brilliant project management support there, we have transitioned our funding model as their financial climate has evolved, and are pleased to be working with a wider range of funders shown on the map opposite to not only sustain the work funded through Kent and Medway councils, but to expand it into East Kent thanks to NHS Charities Together in Kent. We also continue to enjoy a close and supportive relationship with colleagues from Medway Public Health. In managing our finances, we have learned to work with the various processes of different funders, and the nuances of local authority funding which works differently from grant funding. In particular, we have gained experience in managing contracts and working to a range of timescales where funds often arrive later than anticipated.

"Super impressive work from you and the team as always.
I am always very proud to share updates on your service."

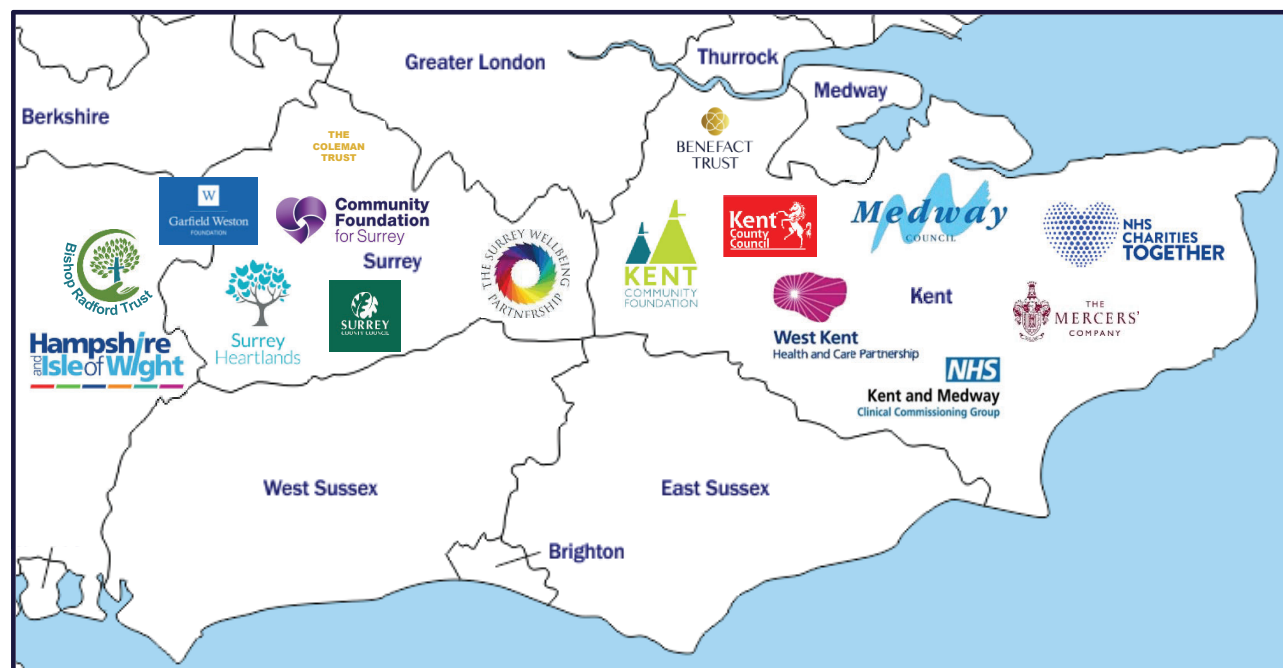
Kent Commissioner

In order to ensure cash flow, and provide security for our staff, we follow the charity commission's recommendation of holding a minimum of three month's salary costs in reserve. For some prospective funders, this can appear to indicate that we are not in immediate need of additional funds, but by nature, our reserves are not to be touched except in emergencies or when winding up a project.

Despite the more challenging financial climate of this year, we end the year in a secure position thanks to careful budgeting and financial management.

"Thank you for all your team does, you are incredibly diligent in ... making sure that no risks are missed and no child slips through the net. We are very lucky to have your service."

Surrey Safeguarding Lead



Our Governance and Leadership

This financial year has seen Emerge increase in terms of staff team, volunteers and finance. We came into the year in a good position thanks to careful stewardship of these resources and, following ongoing support from funders, donors and commissioners, we have ended the year in a strong position, with funding allocated to key areas of development and need.

Our board of trustees has received excellent leadership from our Chairperson, Kevin McCormac OBE, MA (Oxon) who was appointed to our board in December 2021. Emerge's trustee board boasts much experience and expertise including safeguarding, legal, grant-making and philanthropy, hospital management, youth work project management, franchise, and volunteering experience within Emerge. Our trustee training requirements are reviewed annually and new trustees undergo a comprehensive induction as they begin their role. Our Trustees during this reporting period have been:

We have been grateful for Stuart King's expertise and commitment to Emerge over the last three years, particularly in finance, risk management and his awareness of politics and current affairs and their relation to the world of young people's mental health and wellbeing. Stuart took the difficult decision to resign from the board due to family commitments this year but remains a keen supporter and advocate of our work.

Kevin has agreed to stand as acting treasurer while we seek to appoint a replacement.

We have been delighted to welcome Tim Gosden to our board who previously was the Emergency Department Manager in a busy hospital and is now training for ordination so brings a wealth of experience and perspectives to strengthen our work.

In the leadership of Emerge and the direction of its resources and energies, the charity trustees have at all times worked to the best interests of the public benefit, striving to give all we can for the young people we serve.

| Name | Role | Dates |
|---------------------|-------------------------|--|
| Kevin McCormac | Trustee / Chairperson | 3 rd Dec 2021 - present |
| Peter Watts | Trustee / Vice Chair | 27 th June 2018 - present |
| Joy Wright | Founder & CEO / Trustee | 4 th July 2016 / 12 th June 2019 - present |
| David Welch | Trustee | 4 th Dec 2019 - present |
| Sarah Kendall | Trustee | 4 th Dec 2019 - present |
| Nicola Broadhurst | Trustee | 25 th Nov 2020 - present |
| Stuart King | Trustee / Treasurer | 25 th Nov 2020 – 16 th June 2023 |
| Hugh Stafford-Smith | Trustee | 25 th Nov 2020 - present |
| Tim Gosden | Trustee | 23 rd Sept 2022 - present |



Sofie

I had been under mental health services since I was 11 and by the age of 17 I was done, I just wanted to give up on everything. I was with the Hope Service and about to go to Adult Services. I was **scared and honestly didn't believe I would live for much longer.**

The main difference Emerge made was that they took the time to really get to know me. It was so hard with the adult services team, especially as I got diagnosed with a personality disorder and they reduced my medication which left me feeling much less stable and I was in and out of hospital. Emerge didn't give up on me. They listened and saw me as a real person, and they helped me voice my feelings to my care coordinator.

We used to meet for coffee and I would just splurge all my frustrations and fears and Emerge helped me pick up the pieces each time – I would say **they were like cheerleaders for my life.**

I eventually got moved to a different care team who reassessed me and found out that I have ASC and PTSD, not a personality disorder. This really changed things and without Emerge I wouldn't have lived long enough to make it to the point of this new diagnosis.



After a lot of therapy and hard work, I'm now in my early twenties and I finally can see a future. I have a partner and a job that I love. I got back in touch with Emerge to tell them how I'm doing and the difference they made to me. I want to help other people and tell them to hang in there. It can take a long time but **things really can get better!**

Our Finances

Highlights of Emerge Advocacy's Finances

Total income: £447,270
Total expenditure: £432,727

Reserves breakdown

- 3 month salaries held in reserves: £121,000
- Reserves restricted to Surrey projects: £28,000
- Unrestricted reserves: £1,672

Total reserves £150,672

Sound financial management:

It is important to Emerge that we do not over or underspend the funds which we are entrusted with. Therefore, in accordance with the charity commission's best practice recommendation for charities to hold three months' salary cost in reserve, our policy is to ensure that there are three months' budgeted year end salary costs held in reserve at our year end. This reflects the growth of the charity throughout the year.

Our restricted reserves for Surrey are resulting from grants, contracts or donations which must be spent in a particular timeframe which spans our financial year.

We are pleased to be finishing the year having budgeted well and coming out so close to our planned expenditure, with a very small amount (£1,672) 'left over'.

We are grateful for the diligence of our finance team in the stewardship of our resources and their efforts in preparing our accounts for examination.

Statement of Financial Activities

For the Year Ended 31st July 2023



| (Incorporating Income & Expenditure Account) | | | | | |
|--|-------|--------------------|------------------|----------------|----------------|
| | Notes | Unrestricted Funds | Restricted Funds | TOTAL 2022/23 | TOTAL 2021/22 |
| | | £ | £ | £ | £ |
| INCOMING RESOURCES | | | | | |
| Incoming Resources from Generated Funds | | | | | |
| Donations, Legacies and Similar Income | 3a | 24,088 | 121,232 | 145,320 | 139,271 |
| Charitable Activities | 3b | 48,801 | 248,956 | 297,757 | 214,354 |
| Other Trading Activities | 3c | 125 | 3,216 | 3,341 | 2,930 |
| Investment Income | 3d | 853 | 0 | 853 | 275 |
| Total | | 73,867 | 373,404 | 447,270 | 356,830 |
| RESOURCES EXPENDED | | | | | |
| Cost of Generating Funds | | | | | |
| Raising Funds | 4a | 0 | 0 | 0 | 0 |
| Charitable Activities | 4b | 55,073 | 375,614 | 430,687 | 288,452 |
| Other | 4c | 2,040 | 0 | 2,040 | 3,360 |
| TOTAL RESOURCES USED | | 57,113 | 375,614 | 432,727 | 291,812 |
| NET INCOMING (OUTGOING) RESOURCES | | 16,754 | -2,211 | 14,543 | 65,018 |
| Total Funds Brought Forward | | 138,017 | 12,852 | 150,868 | 85,850 |
| Transfer between Funds | | -4,098 | 4,098 | 0 | 0 |
| TOTAL FUNDS CARRIED FORWARD | | 150,672 | 14,739 | 165,411 | 150,868 |

Movements on all reserves and all recognised gains and losses are shown above. All the charity's operations are classed as continuing. The notes on pages 17 to 25 form part of these financial statements.

BALANCE SHEET AS AT 31st JULY 2023

| | | | | | Unrestricted Funds | Restricted Funds | 31/07/23 Total | 31/07/22 Total |
|--|--|--|---|------|-----------------------|---------------------|-------------------|-------------------|
| | | | | Note | £ | £ | £ | £ |
| Fixed Assets | | | | | | | | |
| Tangible assets | | | 2 | | 0 | 0 | 0 | 0 |
| Current Assets | | | | | | | | |
| Debtors & Prepayments | | | 7 | | 1,775 | 50,130 | 51,905 | 30,928 |
| Cash at Bank and in hand | | | 6 | | 160,152 | 92,647 | 252,799 | 183,038 |
| Total Current Assets | | | | | 161,927 | 142,777 | 304,705 | 213,966 |
| Creditors: due within one year | | | 8 | | 11,255 | 128,039 | 139,293 | 63,098 |
| NET CURRENT ASSETS | | | | | 150,672 | 14,739 | 165,411 | 150,868 |
| TOTAL ASSETS less current liabilities | | | | | 150,672 | 14,739 | 165,411 | 150,868 |
| NET ASSETS | | | | | 150,672 | 14,739 | 165,411 | 150,868 |
| Funds of the Charity | | | | | | | | |
| General Funds | | | | | 150,672 | 0 | 150,672 | 138,016 |
| Restricted Funds | | | 5 | | 0 | 14,739 | 14,739 | 12,852 |
| | | | | | 150,672 | 14,739 | 165,411 | 150,868 |

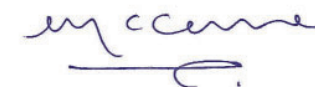
Trustees' Responsibilities

For the period ended 31 July 2023, in accordance with section 145 of the Charities Act 2011, the trustees have elected for the accounts to be examined by an Independent Examiner whose report appears on page 26.

The trustees acknowledge their responsibility for ensuring that the charity keeps proper accounting records which comply with the Charities Commission's guidance and give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year.

Approved by the Trustees on the: 8th of February '24

Signed on their behalf by Trustee:



Print Name: Kevin McCormac

Notes to the Financial Accounts

For the Year Ended 31st July 2023

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services has been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

Notes to the Financial Accounts

For the Year Ended 31st July 2023

Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources, eg allocating property costs by floor areas, or per capital, staff costs by the time spent and other costs by their usage.

Fixed Assets

Tangible fixed assets for use by the charity, are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost or, if gifted, at the value to the charity on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

There has been no change to the accounting policies (Valuation rules and methods of accounting) since last year.

Notes to the Financial Accounts

For the Year Ended 31st July 2023

Depreciation

Depreciation has been calculated on a reducing balance basis. The rates applied per annum are as follows:

Fixtures and Fittings 25%

Equipment 25%

Computer Equipment 25%

| 2. TANGIBLE FIXED ASSETS | | | | | | | | Total |
|--------------------------|--|--|-----------|------------------------|--|----------------------|--|---------|
| | | | | Unrestricted Equipment | | Restricted Equipment | | 2022/23 |
| | | | | £ | | £ | | £ |
| Cost | | | 01-Aug-22 | 0 | | 0 | | 0 |
| Additions | | | | 0 | | 0 | | 0 |
| Cost at | | | 31-Jul-23 | 0 | | 0 | | 0 |
| Depreciation | | | 01-Aug-22 | 0 | | 0 | | 0 |
| Charge | | | | 0 | | 0 | | 0 |
| Depreciation at | | | 31-Jul-23 | 0 | | 0 | | 0 |
| Net Book Value | | | 31-Jul-22 | 0 | | 0 | | 0 |
| Net Book Value | | | 31-Jul-23 | 0 | | 0 | | 0 |

The annual commitments under non-cancelling operating leases, capital commitments, and contingent liabilities are as follows:

| | | | | | | |
|--|--|--|-----------------|------|--|--|
| | | | 31st July 2022: | None | | |
| | | | 31st July 2023: | None | | |

Notes to the Financial Accounts

For the Year Ended 31st July 2023

| 3. INCOMING RESOURCES | | Unrestricted | Restricted | TOTAL | TOTAL |
|---|------|--------------|------------|---------|---------|
| | Note | Funds | Funds | 2022/23 | 2021/22 |
| | | £ | £ | £ | £ |
| a) Donations, Legacies and Similar Income | | | | | |
| Churches & Organisations | | 6,005 | 19,394 | 25,399 | 15,241 |
| Gift Aid Refunds | | 1,517 | 0 | 1,517 | 1,277 |
| Gifts from Individuals | | 9,566 | 135 | 9,701 | 8,513 |
| Grants received | | 7,000 | 101,703 | 108,703 | 114,240 |
| | | 24,088 | 121,232 | 145,320 | 139,271 |
| b) Charitable Activities | | | | | |
| Training | | 0 | 0 | 0 | 0 |
| Service Contracts | | 48,801 | 248,941 | 297,742 | 214,354 |
| | | 48,801 | 248,941 | 297,742 | 214,354 |
| c) Other Trading | | | | | |
| Fundraising | | 125 | 3,216 | 3,341 | 2,930 |
| | | 125 | 3,216 | 3,341 | 2,930 |
| d) Investment Income | | | | | |
| Interest | | 853 | 0 | 853 | 275 |
| | | 853 | 0 | 853 | 275 |

Notes to the Financial Accounts

For the Year Ended 31st July 2023

| | | | | Note | Unrestricted Funds £ | Restricted Funds £ | TOTAL 2022/23 £ | TOTAL 2021/22 £ | |
|--|--|--|--|------|----------------------------|--------------------------|-----------------------|-----------------------|--|
| 4. RESOURCES EXPENDED | | | | | | | | | |
| a) Expenditure on Raising Funds | | | | | | | | | |
| Fundraising Activities | | | | | | | | | |
| | | | | | 0 | 0 | 0 | 0 | |
| | | | | | 0 | 0 | 0 | 0 | |
| b) Cost of Charitable Activities | | | | | | | | | |
| Communications | | | | | | | | | |
| | | | | | 2,171 | 3,803 | 5,974 | 2,898 | |
| Equipment | | | | | | | | | |
| | | | | | 90 | 2,234 | 2,324 | 1,489 | |
| Hospitality | | | | | | | | | |
| | | | | | 883 | 1,211 | 2,093 | 2,508 | |
| Insurance | | | | | | | | | |
| | | | | | 849 | 0 | 849 | 1,052 | |
| Office/General Administrative Expenses | | | | | | | | | |
| | | | | | 14,843 | 237 | 15,080 | 4,749 | |
| Salaries, NI & Pension | | | | | | | | | |
| | | | | | 51,094 | 320,632 | 371,726 | 248,124 | |
| Project Promotion/Publicity | | | | | | | | | |
| | | | | | 2,514 | 2,103 | 4,617 | 1,070 | |
| Project Support | | | | | | | | | |
| | | | | | (20,726) | 20,726 | 0 | 0 | |
| Recruitment | | | | | | | | | |
| | | | | | 440 | 1,286 | 1,727 | 799 | |
| Resources for young people | | | | | | | | | |
| | | | | | 0 | 11,449 | 11,449 | 14,944 | |
| Team training | | | | | | | | | |
| | | | | | 2,456 | 10,797 | 13,253 | 8,935 | |
| Travel | | | | | | | | | |
| | | | | | 459 | 1,138 | 1,596 | 1,875 | |
| Depreciation | | | | | | | | | |
| | | | | | 0 | 0 | 0 | 0 | |
| | | | | | 55,073 | 375,614 | 430,687 | 288,452 | |
| c) Governance Costs | | | | | | | | | |
| Legal & Professional Fees | | | | | | | | | |
| | | | | | 2,040 | 0 | 2,040 | 3,360 | |
| | | | | | 2,040 | 0 | 2,040 | 3,360 | |

Notes to the Financial Accounts

For the Year Ended 31st July 2023



| 5. FUNDS | Note | Balance | | | | Balance |
|-------------------------|------|----------|---------|-------------|-----------|----------|
| | | 01/08/22 | Income | Expenditure | Transfers | 31/07/23 |
| General Funds | | £ | £ | £ | £ | £ |
| | | 1,017 | 73,867 | 57,092 | (16,119) | 1,672 |
| Designated Funds | | | | | | |
| Ashford & St Peters | | 0 | 0 | 21 | 21 | 0 |
| Wexham | | 10,000 | 0 | 0 | (10,000) | 0 |
| Project Fund | | 28,000 | 0 | 0 | 0 | 28,000 |
| Reserves | | 99,000 | 0 | 0 | 22,000 | 121,000 |
| | | 138,016 | 73,867 | 57,113 | (4,098) | 150,672 |
| Restricted Funds | | | | | | |
| Medway | | 0 | 38,829 | 38,829 | 0 | 0 |
| Darent Valley | | 0 | 42,848 | 42,848 | 0 | 0 |
| Tunbridge Wells | | 0 | 38,280 | 34,280 | 0 | 4,000 |
| Maidstone | | 0 | 18,323 | 10,323 | 0 | 8,000 |
| Kent Management | | 0 | 34,601 | 34,601 | 0 | 0 |
| QEQM | | 0 | 8,073 | 8,073 | 0 | 0 |
| William Harvey | | 0 | 8,172 | 8,172 | 0 | 0 |
| Wexham | | 0 | 21,473 | 23,929 | 2,457 | 0 |
| RSCH | | 1,113 | 38,575 | 41,244 | 1,557 | 0 |
| East Surrey | | 3,092 | 36,645 | 39,820 | 84 | 0 |
| Epsom | | 2,231 | 38,344 | 40,575 | 0 | 0 |
| Frimley | | 6,416 | 49,241 | 52,919 | 0 | 2,739 |
| | | 12,852 | 373,404 | 375,614 | 4,098 | 14,739 |
| | | 150,868 | 447,270 | 432,727 | 0 | 165,411 |

Ashford and St Peter's is unrestricted because it is paid for by core funds.

'Project Fund' is a designated fund from which core funds will be used to resource and develop current or future projects.

The trustees have approved for the Designated Wexham fund money to be moved to reserves.

Medway, Darent Valley and Tunbridge Wells projects are funded from a contract with Medway Public Health and can only be spent on these projects. Darent Valley has also received funding from Suicide Prevention and Kent Community Foundation for Kent. Darent Valley and Medway have received funding from Benefact Trust.

Tunbridge Wells started the year with funding from Medway Public Health and is now funded through a contract with West Kent Health Inequalities funds from April '22, along with Maidstone.

NHS Charities Together has provided funds to cover Kent Management, QEQM, William Harvey, to extend the service in Medway, and to create satellite support from Tunbridge Wells to Maidstone young people, and from Darent Valley to Sidcup young people.

RSCH, East Surrey, Epsom and Frimley have benefited from contracts from Surrey County Council's Mental Health Investment Fund, Surrey Wellbeing partnership and Surrey and Borders Partnership NHS trust (SABP) - Suicide Prevention funds. They have also received grants from Community Foundation for Surrey and Surrey Heartlands. The RSCH has also received a grant from Voluntary Action SW Surrey.

Restricted funds are represented by the charity's cash reserves and fixed assets investments held and are to be expended as specified above.

Notes to the Financial Accounts

For the Year Ended 31st July 2023

| 6. CASH AT BANK AND IN HAND | | | | | Unrestricted Fund | Restricted Fund | Total 31/07/2023 | Total 31/07/2022 |
|---|--|--|--|--|-------------------|-----------------|------------------|------------------|
| | | | | | £ | £ | £ | £ |
| TSB | | | | | 46,579 | 92,647 | 139,227 | 57,898 |
| Equals Cards | | | | | 910 | | 910 | 0 |
| Savings | | | | | 105,738 | | 105,738 | 122,317 |
| Metro | | | | | 5,403 | | 5,403 | 1,065 |
| Paypal | | | | | 1,521 | | 1,521 | 1,758 |
| | | | | | 160,152 | 92,647 | 252,799 | 183,038 |
| 7. DEBTORS | | | | | Unrestricted Fund | Restricted Fund | Total 31/07/2023 | Total 31/07/2022 |
| | | | | | £ | £ | £ | £ |
| Gift Aid due | | | | | 1,492 | 0 | 1,492 | 2,771 |
| Sundry Debtors | | | | | | 50,130 | 50,130 | 28,156 |
| Prepayments | | | | | 283 | | 283 | |
| | | | | | 1,775 | 50,130 | 51,905 | 30,928 |
| 8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | | | | | Unrestricted Fund | Restricted Fund | Total 31/07/2023 | Total 31/07/2022 |
| | | | | | £ | £ | £ | £ |
| Salaries and NI | | | | | 1,749 | 0 | 1,749 | 1,429 |
| Sundry Creditors | | | | | 4,506 | 0 | 4,506 | 2,655 |
| Deferred Income | | | | | 5,000 | 128,039 | 133,039 | 59,014 |
| | | | | | 11,255 | 128,039 | 139,293 | 63,098 |

Notes to the Financial Accounts



For the Year Ended 31st July 2023

| 9. STAFF COSTS AND NUMBERS | 2022/23 | | 2021/22 | |
|---|---------|--|---------|--|
| | £ | | £ | |
| Gross Wages and Salaries | 347,870 | | 234,661 | |
| Employer's NI Costs | 15,580 | | 6,979 | |
| Pension Contributions | 8,277 | | 6,484 | |
| | 371,726 | | 248,124 | |
| Employees who were engaged in each of the following activities: | | | | |
| | 2022/23 | | 2021/22 | |
| | TOTAL | | TOTAL | |
| Activities in furtherance of organisation's objects: | | | | |
| Total number of full-time and part-time employees | 31 | | 24 | |
| Equivalent number of full time employees | 14.1 | | 10.7 | |

The charity operates a PAYE scheme to pay all employed members of staff, and no employees received emoluments above £60,000 (2021/22 None).

10. RECONCILIATION OF MOVEMENT IN CAPITAL AND RESERVES

The Charity is a Charitable Incorporated Organisation, registered with the Charity Commission, number 1171851.

The Charity does not have a Share capital and has no income subject to Corporation Tax.

| | 2022/23 | | 2021/22 | |
|--|----------------|--|----------------|--|
| | £ | | £ | |
| Surplus/Deficit for the financial year | 14,543 | | 65,018 | |
| | 14,543 | | 65,018 | |
| Balance brought forward | 150,868 | | 85,850 | |
| Transfer of Restricted funds | 0 | | 0 | |
| Closing Funds at 31st July | 165,411 | | 150,868 | |

11. PAYMENTS TO TRUSTEES AND RELATED PARTIES

During the financial year, trustee, Mrs Joy Wright received £30,455 in remuneration (salary and expenses) in her capacity as CEO. This employment is allowed by the charity's constitution.

Kevin McCormac claimed £402 in expenses relating to his role as chair as trustees.

Notes to the Financial Accounts



For the Year Ended 31st July 2023

12. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems will provide sufficient resources in adverse conditions. The Trustees have also examined other operational and business risks which they face, and confirm that they have established systems to mitigate the significant risks.

13. RESERVES POLICY

The charity recognises the propriety of not building up funds for which there are no clear expenditure plans. The charity's policy is to allow reserves to accrue to a level of three months' salary costs, plus funds which may be earmarked for specific projects in the future. As the charity is still growing, reserves may only exceed this policy level in order to be able to respond positively to new opportunities. This situation is actively monitored to ensure that reserves do not build up unnecessarily.

14. PUBLIC BENEFIT

The charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees' report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding which activities the charity should undertake.

Independent Examiner's Report on the Accounts



Independent examiner's report to the trustees of Emerge Advocacy

I report to the charity trustees on my examination of the accounts of Emerge Advocacy for the year ended 31st July 2023.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lance Redman FCA FCCA

Shaw Gibbs Limited
Wey Court West
Union Road
Farnham
GU9 7PT
Date: 07/05/2024

lance redman