

EMERGE Advocacy

Emerge Advocacy Trustee's Annual Report
1st August 2021 – 31st July 2022

We remember with gratitude Her Majesty Queen Elizabeth the Second. It is especially poignant for us to honour her and remember her passing as recipients of the Queen's Award for Voluntary Service just last year. We recognise the incredible contribution made by Her Majesty to so many charities throughout her reign and we're incredibly grateful to her and the whole Royal Family for their tireless work in service of our nation, in particular the most vulnerable.

Emerge works with young people in A&E and beyond, encouraging them to engage effectively with other professionals for the best possible outcomes. We run Emerge projects in a growing number of hospitals supporting people aged 10 – 25 who are there because of self-harm, a suicide attempt or emotional crisis to help set them on a new trajectory.



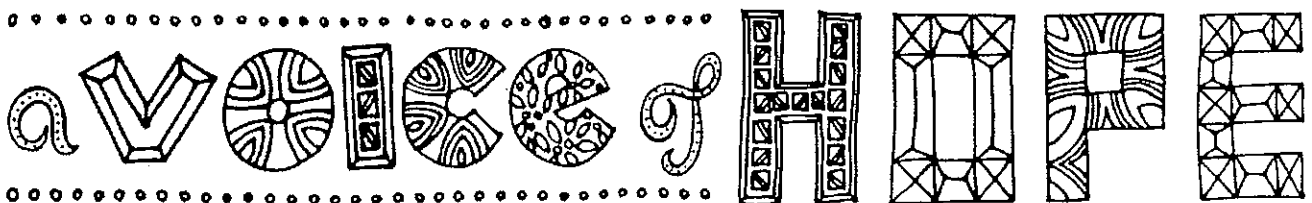
Chairperson's remarks

It has been a great privilege to be appointed to chair the Board of Trustees of this wonderful charity from January 2022 as we continue to see transformation in the lives of many young people (and their families) as they go through times of great crisis. I am extremely grateful to Pete Watts who acted as chair in the later part of 2022 and continues as deputy.

This has been a year when we have seen new projects start and new challenges, especially around funding. There has also been a growing recognition of the scale of mental health challenges facing young people but, as the National Audit office reports, that the resources within the NHS lag a long way behind the need. Despite these challenges, it has been exciting to see the expansion in the number of young people we have been able to support, both in hospital and afterwards, and the increasing recognition of the benefits that Emerge brings not only to the young people but also to the hard pressed staff within the hospitals we serve.

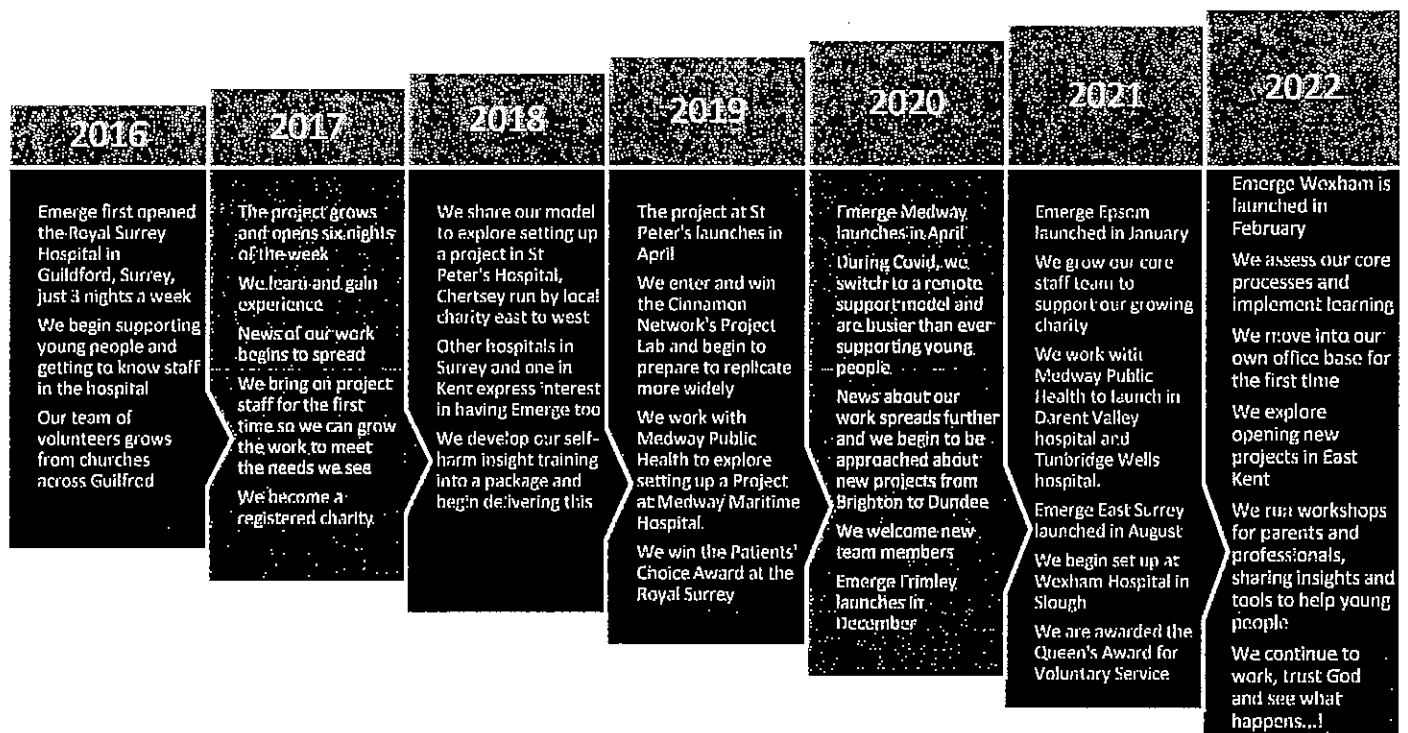
None of this would have been possible without the commitment, vision and hard work of all our staff and volunteers. The executive team has been especially outstanding this year and we continue to be so grateful to God for his provision as we look forward to all the opportunities to come.

Kevin McCormac



Our Story

Our Founder, Joy saw a need for support for young people in crisis in A&E and afterwards through experience as a church-based youth worker. She shared the vision, began to build relationships with her local hospital and started to gather a small team of volunteers



Our Mission

Emerge enables trained volunteers to support young people attending A&E at hospital because of self-harm, overdose, suicide attempt or eating disorder, operating from 7pm to 11pm on selected evenings. The team also offers follow up support to young people for up to three months' post-discharge, encouraging them to engage effectively with statutory and community-based support.

We are motivated by our Christian faith, bringing care and compassion indiscriminately and supporting young people of all faiths and none. We take a person-centred approach, always empowering young people to set the agenda for conversations.

We have continued with our vision to make our support available much more widely, knowing that young people across our country are experiencing similar issues to those we are seeing, and that statutory services are under increasing pressure nationwide. We opened a new project in Wexham Park Hospital in Slough, our first in Berkshire, and we were approached by funders about bidding for resources to set up projects across East Kent.

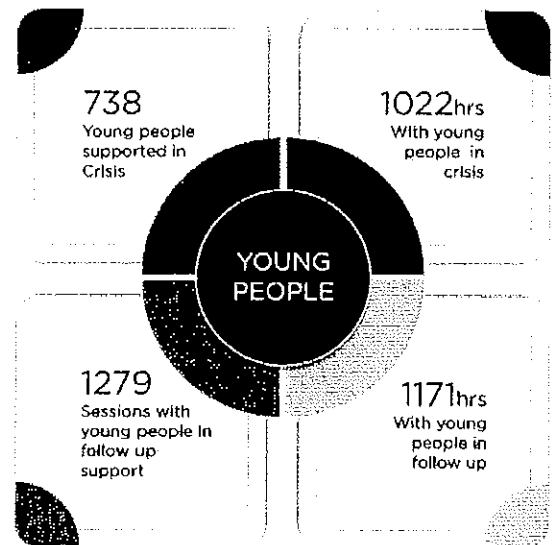
We are passionate about connecting with local churches, to equip and empower local people and groups to be part of the solution to the issues young people in their communities are facing. As we enter this next phase of our story, building on our work with Cinnamon Network and Heaven in Healthcare, we are working to weave our story with the stories of people and churches across our country to enable them to be a #VoiceOfHope for young people everywhere it is needed.

Hospital-based support

Every night of the week, there are Emerge teams across the south east bringing a #VoiceOfHope to young people in crisis. We are incredibly proud of our dedicated staff and volunteers who do this week by week, through face masks, in stifling heat at times and having braved snow and rain at other times in order to be there for young people they've never met before because of our unshakeable belief that Hope is real and that these young people are worth it.

Over the course of the last year, though our work in hospital and afterwards in follow up support in the community after leaving hospital, our teams across Surrey and Kent had a total of 2,259 interactions with young people which is a 113% Increase from last year.

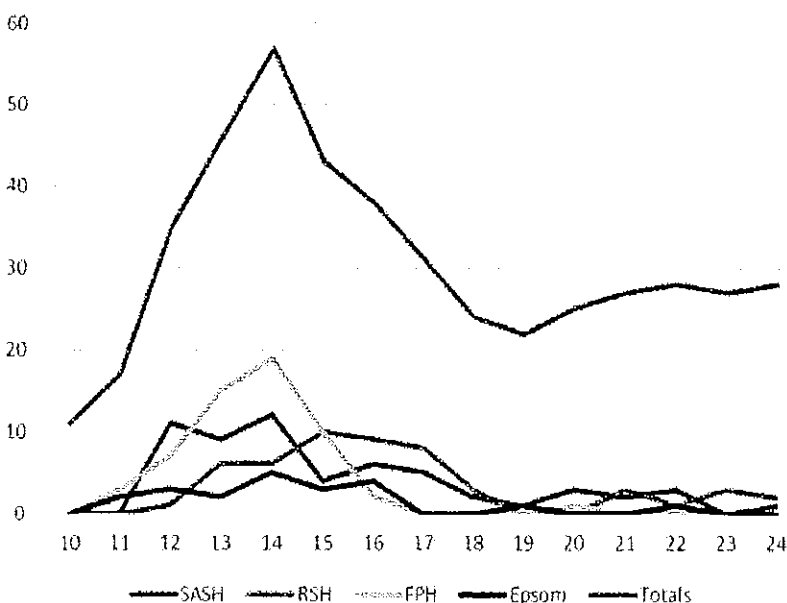
We have seen the amount of work steadily grow as new projects have launched and become established. We always see a drop off over Christmas and during the summer holidays.



However, for some the holidays are harder without the support of school and, where families are vulnerable because of financial issues or domestic abuse, we see these young people particularly struggle during the holidays and are grateful to our teams who continue to be there for young people throughout the year. In September 2021, The Guardian Newspaper reported that there were increasing numbers of young people 'stuck' on children's wards because there was nowhere else for them to go:

"It is estimated that roughly a third of acute hospital beds at the moment are full of these vulnerable young people, many who are subject to child protection plans, or they are already children in care, living in a residential placement that's falling apart."

Numbers of CYP Presenting with Overdose by Age



We were asked by Suicide Prevention colleagues in Surrey to look at the numbers of young people of different ages who were attending A&E because of a suicide attempt by overdose. Plotting this information showed us that young people are at highest risk of overdosing at age 14, with numbers reducing towards age 19. We know that, both socially and developmentally, age 14 is a key time and would highlight the widespread need not only for earlier intervention clinically but also for reinvestment in open access youth clubs and community resources where young people can receive wellbeing support to avoid crisis.

Young people tell us that having Emerge there with them in hospital makes a huge difference. Whether we are playing a game, listening as they talk about their concerns, or providing moral support while they have blood taken, the message is clear – ‘there is nothing else like the support I get from Emerge and I don’t know what I would have done without it’.



Had I not met with Emerge, I would have probably attempted on my life whilst in hospital.

It was extremely helpful to have a chat with them and break down how I'm feeling. For the first time I didn't feel alone.
5/5 all the way



I just wanted to say that Emerge was literally an answer to prayer - they arrived at a really upsetting crisis moment for our daughter - she was in total panic - and I was scared she was becoming psychotic - hearing voices etc. But the lady from Emerge was totally amazing- calm, kind and had just the right words. I can't describe how grateful I am that she arrived at that very moment and then stayed with us, my daughter really relaxed with her.



Life's been hard for all of us and knowing that Emerge are there to give the extra support to patients makes all the difference – of course to the young people – but they make our load just that bit lighter too. Thank you for the wonderful work that you do.

Follow-Up Support

It's not just our hospital-based support that has been meeting keenly felt needs. We've delivered 1279 sessions of follow up support to young people in the days and weeks after their crisis, while they have been on waiting lists for mental health services and finding their way back into normal life and routines.

Our work has increased dramatically, as young people have been struggling to cope with the after effects of the pandemic and uncertainty around the financial issues the country is beginning to face. Global issues, in particular the war in Ukraine, have added to the sense of anxiety about the future for young people. The drop-off in July is a normal part of our rhythm as young people head into the summer holidays and as young people choose to pause their sessions as their schedules change during the school holidays.

We have been pleased to receive extra funding to increase our follow-up provision, and have trained some of our volunteers to provide this support too, meaning that we have been able to reach more young people than ever.



During follow-up sessions our team use creativity to help young people with their emotions. This could be anything from making a box filled with things to bring comfort and distraction during difficult moments, to making slime, crocheting, playing sport together or, in this case, launching rockets!

“Emerge was there for me when no one else was, they helped me get support from other services and showed me ways to cope that I’d never thought of before. One time during follow up in the Easter Holidays we made rockets which we wrote difficult stuff on and shot them up in the air. It was fun but it also really helped me get release my emotions.”

Katie, age 15



Key achievements during 2021 – 2022

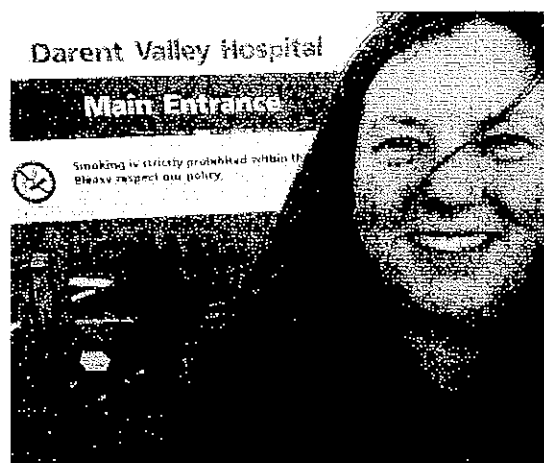
Emerge Tunbridge Wells launched on the 4th of January, 2022. This project was part of the Thames Gateway expansion of Emerge by Public Health in Kent to meet the growing need for extra support for young people in crisis.

Emerge Darent Valley in Dartford began follow up only in Oct 2021 while hospital governance processes were completed before fully launching in March 2022. The team has been inundated with referrals from hospital ever since!

Emerge Wexham Park launched on the 28th of Feb 2022 thanks to funding from Frimley Health Trust. Having seen the benefits of our work at Frimley Park Hospital, they asked us to expand to their sister hospital, Wexham, Slough.



Project Lead, Fiona Gilpin



Youth Support Worker, Sarah Ford



Youth Support Worker, Jane Jones and Founder / CEO, Joy Wright

The Wider Picture

In the news, the situation has continued to look bleak for young people needing support, and the services providing it. We read about coroners issuing warnings about young people dying because of failings in NHS treatment (The Guardian, Feb 2022) citing delays in treatment and a lack of support for patients transitioning to adult services as they turn 18. At the time of that article, 15% of consultant psychiatrist posts were vacant, and increased investment and support for NHS staff was called for.

Referrals to CAMHS increased by 52% in 2021 compared to the previous year (The Times, April 2022) and the burden of extended waiting times for support has been increasingly carried by families with reports of parents sleeping on the floor outside the bedroom doors of their teenagers to keep them safe.



In May 2022, Clare Murdoch, NHS England's Mental Health Director said the NHS were expanding mental health teams in schools and colleges, and setting up 24/7 phone lines to support young people and families. Across the counties where Emerge works, we have seen these new services begin to appear, but as yet, young people and families are not aware of them and most wouldn't think to use them in a crisis (Emerge survey 2022).

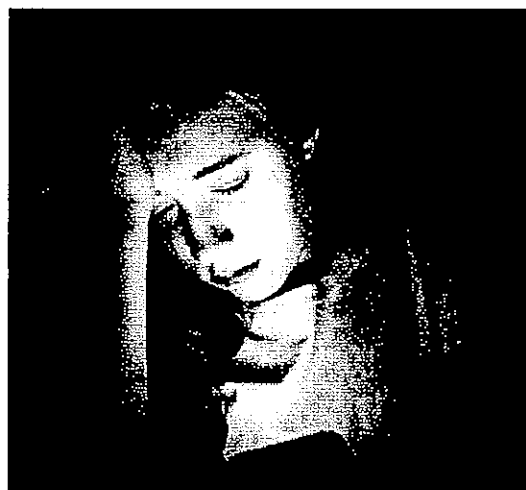
A major study by Co-op looking at the attitudes, life chances and aspirations of young people in 2022 described today's young people as the 'Ghosted Generation', citing the 60% felt permanently disadvantaged by the pandemic, 65% feeling it will be 'impossible' to get a job and 58% feeling failed by the government in its handling of the pandemic. There is a widening gap between young people's aspirations and their optimism about being able to achieve them. For example, 90% aspire to be financially secure but only 67% believe they will achieve this while 83% aspire to own their own home one day but 44% believe this is unachievable. 40% of young people believe their future has already been decided for them.

When asked what they believed would help them, young people asked for youth hubs in their own communities as places to receive support, they suggested a Youth Productivity Index to help government understand where to invest money, and called for a more personalised and holistic support package for those at risk of disengagement with education and employment.

Further research by The Times found that young people miss out on as much as one night's sleep per week due to social media because of issues with falling asleep due to blue light, and being woken in the night by notifications which they then feel unable to resist checking due to anxiety about social issues.

It is unsurprising that across the UK, issues of poor emotional and mental health are burgeoning, and Emerge can attest to this in our experience listening to young people - over 1000 hours this year.

This is what young people and their families have told us...



What are the reasons you might find yourself in crisis?

- Problems in relationship that really matter to me, like my family, close friends or my partner
- Coping with bullying, abuse, or trauma – current or in the past
- Not being able to find helpful support in time
- Feeling isolated, misunderstood; feeling that no one is listening

What would help you avoid crisis?

- A safe, non-judgmental person to talk to who I feel I can trust (non clinical)
- Being able to speak to a professional before things get to crisis point
- Having a safety plan for coping in the short term but also a longer term plan for recovery which feels like it might make a difference

What are the reasons you don't or can't access this support?

- I'm on a really long waiting list for support
- I don't have anyone already in my life that I can reach out to
- I don't really know about what CAMHS is or what support they can offer, I'm used to seeing my GP or going to A&E if something is serious
- If I know about Crisis Line or Havens, I generally don't think to use them in the moment

If you've been 'stuck' in hospital waiting for discharge, why has this happened?

- I've had to wait weeks for a bed on a psych unit or an eating disorder unit
- CAMHS and social workers took a long time to assess my risks and agree a plan
- Because I was there for so long everything built up and I ended up kicking off more in hospital which meant they had to rethink their ideas about my risks which made it all take even longer
- I was medically ready to go but they couldn't find a 'suitable placement' for me

When you're getting discharged straight from A&E, what things concern you or your family?

- Worrying that I won't be able to keep myself safe after I go home
- Worrying that I won't be able to access further support when I need it
- Feeling I've not been heard or taken seriously by the people deciding to discharge me
- Worrying about how I will manage to get 'back to normal' after being in hospital

What do you think is needed to address these concerns?

- Making sure that mine and my parents' views and needs are validated and included in the plan
- Communicating clearly with other departments and organisations who are meant to be starting to support me so that this happens and I know what to expect from who
- Making sure I can access support quickly and that this is support that is right for me, not a 'one size fits all' type of thing


Our Values and Principles

There is a growing body of evidence about the value of **trauma informed care** as a way to most productively and safely work with people in crisis. This approach is founded on safety, trustworthiness and transparency, peer support, collaboration, empowerment and seeing the 'whole person'. We find that this approach dovetails naturally with the youth work model we employ as we engage with young people and, building on this, have joined a Trauma Informed Community of Practice with Surrey and Borders NHS Trust following our CEO completing their training. We are **embedding what we are learning throughout our team**, which we find is giving language to express some of the implicit benefits of our work with young people around emotional regulation and the asset-based approach we naturally take.

The Substance Abuse and Mental Health Services Administration (SAMHSA) usefully defines trauma as:

Experiences causing intense physical and psychological stress reactions. It can refer to a single event, multiple events, or a set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening and that has lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual well-being. (SAMHSA, 2014b, p.xix).

As a Christian charity, we are motivated by our faith which is our source of hope and strength which we draw upon in our day to day work with young people. We exist to support young people of all faiths and none, **providing care and compassion indlscrminately**. This faith-basis gives us a natural link into communities surrounding the hospitals where we operate, through local church networks where we find a pool of people with pastoral experience and caring attitudes who make great volunteers. We always **empower young people to gulde conversations** and have no agenda to bring except to enable young people to know that they are not alone and that their lives and futures matter, that hope is real. This perspective makes us ideally placed to offer **sincere, compassionate and hope-filled support** to young people where we meet them at the point of crisis yet see them as a whole person and help them reconnect with a sense of hope and purpose for their futures.



MEET ZOE

EMERGE

I WAS GOING THROUGH A HORRIBLE TIME, NOT KNOWING WHO TO TURN TO OR WHERE TO LOOK FOR HELP. I WAS CONFERSED AND ALONE, NEEDING SOMEONE TO OFFER SUPPORT.










I've learnt a lot about myself, realising how to deal with my lows, and what to do. I've learnt how to try and communicate with people, which previously I'd been bad at. Emerge has shown me that I do have a future, and that even though it may be rocky at times, I won't be going through it alone. I plan to become an architect, and help support those who have dealt with similar problems to mine.

I WOULD JUST LIKE TO SAY THANK YOU SO MUCH TO EMERGE AS A WHOLE CHARITY, WHO HAS HELPED ME TURN MY LIFE AROUND. I'M SO GRATEFUL FOR ALL THE TIME AND EFFORT PUT INTO HELPING ME, AND I'LL NEVER FORGET WHAT YOU'VE DONE FOR ME.

For more information, visit our website, Facebook or Instagram page:
www.emergeadvocacy.com

Facebook: [emergeadvocacy](https://www.facebook.com/emergeadvocacy) Instagram: [emergeadvocacy](https://www.instagram.com/emergeadvocacy)

Our Stakeholders

 <p>Community Foundation for Surrey</p> <p>Together we can</p>  <p>Surrey Heartlands Clinical Commissioning Group</p>	<p>We have been delighted to further develop our relationship with the Community Foundation for Surrey whose incredible support has enabled our work to continue to thrive across Surrey. Recognising the importance of health and wellbeing to our communities, the Community Foundation collaborated with Surrey Heartlands CCG to put together the Heartlands Health and Wellbeing Fund.</p> <p>Emerge has been pleased to receive the second year of funding through the Heartlands scheme. This money continues to be key for the progress of the work.</p>
 <p>SURREY COUNTY COUNCIL</p>	<p>We have been very grateful for the support of Surrey County Council through a grant from Transformation Funds in support for our work at the Royal Surrey, and allocations from County Councillors for Epsom and East Surrey which enabled us to purchase laptops for our Project Leads to use.</p>
 <p>THE SURREY WELLBEING PARTNERSHIP</p>	<p>We are pleased to be part of a consortium of Surrey-based charities providing services to young people in partnership with Surrey and Borders Mindworks Offer – Mental Health and Emotional Wellbeing care for under 18's, previously known as CAMHS.</p> <p>Funding through SWP helps us support young people across Surrey.</p>
 <p>hope beyond</p>	<p>Allchurches Trust were instrumental in enabling us to scale up our work during the pandemic, with funds being used to support our new projects at Frimley Park and Epsom General in response to the needs there. The message of Hope Beyond resonates so strongly with our own.</p>
 <p>High Surrey Youth Awards Helping young people make Surrey safer</p>	<p>We have been incredibly grateful to the HSYA for their support for our work in East Surrey Hospital which has contributed to the ongoing work of the project following the set up phase.</p>
 <p>A BETTER MEDWAY Easier ways to be healthy</p>  <p>Kent and Medway Clinical Commissioning Group</p>	<p>Our relationship with Kent and Medway CCG has continued to flourish this year as we have successfully launched projects in Darent Valley Hospital, Dartford and Tunbridge Wells Hospitals. This important extension of our work provides great equity of support for young people across West Kent.</p>
 <p>THE COLEMAN TRUST</p>	<p>We are grateful for a new relationship with The Coleman Trust who have generously given two year's funding which is supporting our work with young people in Frimley and Epsom, particularly focussing on helping them overcome obstacles and set a new trajectory in life.</p>

Our Governance and Leadership

This financial year has seen Emerge increase in terms of staff team, volunteers and finance. We came into the year in a good position thanks to **careful stewardship** of these resources and, following ongoing support from funders, donors and commissioners, we have ended the year in a strong position, with funding allocated to key areas of development and need.

On our trustee board, Peter Watts took the role of acting Chairperson while the board undertook a process to determine what kind of person Emerge needed to lead the charity as it continues to develop.

We have been very pleased to recruit Kevin McCormac OBE, MA (Oxon) in December 2021. As a head of service within the judicial environment for over 40 years and as a Judge for over 10 years, Kevin has had daily experience of the obligations to acting with **Integrity and gravitas** appropriate to those roles. This has been especially important when representing his organisations at local, national and international level and interacting with individuals at the 'grass roots' as well as with judicial and political leaders and the media. Kevin is experienced in charity and church leadership, overseeing large budgets professionally and in a voluntary capacity, as well as coming with glowing references commending his integrity and acumen.

As all staff and trustee appointments, our Chairperson's recruitment followed our standard processes of advertising, application, interview and due diligence checks. New trustees undergo a comprehensive induction as they begin their role. Our trustee training requirements are reviewed annually.

Kevin has been pleased to join an organisation where **faith plays a central role** in the governance, team life and charity value systems. We would particularly like to thank Pete Watts and Nicola Broadhurst for their hard work and expertise in helping Emerge through this transition, and appointing an excellent new Chairperson.

We have been grateful for Lorraine Faires' expertise and commitment to Emerge over the last three years, particularly in governance and finance. Lorraine took the difficult decision to resign from the board this year but remains a keen supporter and advocate of our work.

Our Trustees during this reporting period:

Name	Role	Dates
Kevin McCormac	Trustee / Chairperson	3 rd Dec 2021 - present
Peter Watts	Trustee / Vice Chair	27 th June 2018 - present
Lorraine Faires	Trustee	27 th June 2018 – 4 th March 2022
Joy Wright	Founder & CEO / Trustee	4 th July 2016 / 12 th June 2019 - present
David Welch	Trustee	4 th Dec 2019 - present
Sarah Kendall	Trustee	4 th Dec 2019 - present
Nicola Broadhurst	Trustee	25 th Nov 2020 - present
Stuart King	Trustee / Treasurer	25 th Nov 2020 - present
Hugh Stafford-Smith	Trustee	25 th Nov 2020 - present

We have subgroups to the board where specific elements of our work are discussed and progressed. Our board members are invited to join subgroups which best fit their skills and expertise, and we draw in other contacts when necessary, either as regular or occasional participants in each group.

Strategy – Elizabeth Butlin (Chair), Pete Watts, Hugh Stafford-Smith, Nicola Broadhurst and Joy Wright.

Finance – Stuart King (Chair), Kevin McCormac (from Dec 21), Elizabeth Butlin, Lorraine Faires (until March 22) and Joy Wright

Safeguarding – David Welch (Chair), Joy Wright, Nicola Broadhurst, Elizabeth Butlin

Community Partnerships – Pete Watts (Chair), Hugh Stafford-Smith, David Welch

At Emerge Advocacy, we work in partnership with hospitals where we run projects. Our team members become registered as hospital volunteers and are DBS checked and vetted as part of this process.

We hold the following policies and training resources:

- | | |
|-------------------------------|--|
| ✓ Backstop Manual | ✓ Information Governance |
| ✓ Follow Up Manual | ✓ Serious Incident |
| ✓ Health and Safety | ✓ Whistleblowing |
| ✓ Lone Working | ✓ Disciplinary and Capability |
| ✓ Phone Use | ✓ Equality and Diversity |
| ✓ Safeguarding | ✓ Expenses |
| ✓ Social Media | ✓ Recruitment |
| ✓ Constitution | ✓ Vision, Values and Self-Harm Insight |
| ✓ Statement of Faith | ✓ Practical Prep for Hospital Work |
| ✓ Anti-Bribery and Corruption | ✓ Safeguarding & Core Policies |
| ✓ Complaints | ✓ Backstop Training |
| ✓ Data Protection | ✓ Financial Policy |
| ✓ GDPR | ✓ Standard Operating Procedure |

Emerge Advocacy is a Charitable Incorporated Organisation (CIO), using the Association model and governed by constitution. Emerge Advocacy's trustees are elected by existing trustees. As a charity, we operate a reserves policy of at least three months' costs to ensure we are able to meet our obligations to trustees and stakeholders, and that we would be able to give proper notice if any of our activities were to need to change or end.

In the leadership of Emerge and the direction of its resources and energies, the charity trustees have at all times worked to the best interests of the public benefit, **striving to give all we can for the young people we serve.**

To find out more about our work, visit our website or follow us on social media:

Facebook: [emerge.advocacy](https://www.facebook.com/emergeadvocacy); Twitter: [@emergeadvocacy](https://twitter.com/emergeadvocacy); Instagram: [emergeadvocacy](https://www.instagram.com/emergeadvocacy)

www.emergeadvocacy.com

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees/ members of Emerge Advocacy on the accounts for the year ended 31st July 2022 set out on pages 13 to 23.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees are satisfied that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply and that there is no requirement in the governing document or constitution of the charity for the conducting of an audit. As a consequence, the trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 145 of the Act;
- b) to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) to state whether particular matters have come to my attention.

Basis of independent examiner's statement

I conducted my examination in accordance with the General Directions given by the Charity Commissioners for England & Wales in relation to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the Charity and of the accounting systems employed by the Charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as trustees concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of the Charities legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtain written assurances from the trustees of all material matters.

Signed: 

18 May 2023.

Print:

Lance Redman - ACA FCCA,
HPCA Limited,
Station House,
Connaught Road,
Brookwood, Woking,
Surrey, GU24 0ER

Statement of Financial Activities

For the Year Ended 31st July 2022

(Incorporating Income & Expenditure Account)

	Notes	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
INCOMING RESOURCES					
Incoming Resources from Generated Funds					
Donations, Legacies and Similar Income	3a	58,430	80,841	139,271	86,740
Charitable Activities	3b	39,857	174,497	214,354	82,341
Other Trading Activities	3c	27	2,902	2,930	1,091
Investment Income	3d	275	0	275	23
		98,590	258,240	356,830	170,196
RESOURCES EXPENDED					
Cost of Generating Funds					
Raising Funds	4a	0	0	0	0
Charitable Activities	4b	41,072	247,380	288,452	143,625
Other	4c	3,360	0	3,360	960
TOTAL RESOURCES USED		44,432	247,380	291,812	144,585
NET INCOMING (OUTGOING) RESOURCES					
		54,158	10,859	65,018	25,111
Total Funds Brought Forward		73,477	12,373	85,850	60,239
Transfer between Funds		10,382	-10,382	0	0
TOTAL FUNDS CARRIED FORWARD		138,016	12,852	150,868	85,850

Movements on all reserves and all recognised gains and losses are shown above.

All the charity's operations are classed as continuing. The notes on pages 14 to 23 form part of these financial statements.

BALANCE SHEET
AS AT 31st JULY 2022

	Note	Unrestricted Funds £	Restricted Funds £	31/07/22 Total £	31/07/21 Total £
Fixed Assets					
Tangible assets	2	0	0	0	0
Current Assets					
Debtors & Prepayments	7	2,902	28,026	30,928	14,520
Cash at Bank and in hand	6	139,198	43,840	183,038	112,444
Total Current Assets		142,100	71,866	213,966	126,964
Creditors: due within one year	8	4,084	59,014	63,098	41,114
NET CURRENT ASSETS		138,016	12,852	150,868	85,850
TOTAL ASSETS less current liabilities		138,016	12,852	150,868	85,850
NET ASSETS		138,016	12,852	150,868	85,850
Funds of the Charity					
General Funds		138,016	0	138,016	73,477
Restricted Funds	5	0	12,852	12,852	12,373
		138,016	12,852	150,868	85,850

BALANCE SHEET
AS AT 31st JULY 2022

Trustees' Responsibilities

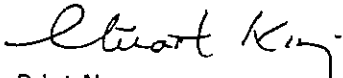
The trustees are satisfied that for the period ended on 31st July 2022 in accordance with section 145 of the Charities Act 2011, the accounts have been examined by an Independent Examiner whose report appears on page 12.

The trustees acknowledge their responsibility for ensuring that the charity keeps proper accounting records which comply with the Charities Commission's guidance and give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit and loss for the financial year.

Approved by the Trustees on the:

12 May 2023

Signed on their behalf by Trustee:



Print Name:

STUART KING

NOTES TO THE FINANCIAL STATEMENTS
For the Year Ended 31st July 2022

1. ACCOUNTING POLICIES

Basis of Preparation & Assessment of Going Concern

Basis of Preparation

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) - (Charities SORP - FRS102) and the Charities Act 2011.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Incoming Resources

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability

Incoming Resources with Related Expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resource and related expenditure are reported gross in the SOFA.

Grants and Donations

Grants and Donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Tax Reclaims on Donations and Gifts

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

Contractual Income and Performance Related Grants

This is only included in the SOFA once the related goods or services have been delivered.

Gifts in Kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SOFA as incoming resources when receivable.

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Donated Services and Facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer Help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment Income

This is included in the accounts when receivable.

Investment Gains and Losses

This included any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

Expenditure and Liabilities

Liability Recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance Costs

Include costs of the preparation and examination of statutory accounts, the costs of the trustees' meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with Performance Conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SOFA once the recipient of the grant has provided the specified service or output.

Grants Payable without Performance Conditions

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to a grant which remain in control of the charity.

Support Costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of the resources, e.g. allocating property costs by floor areas, or per capital, staff costs by the time spent and other costs by their usage.

Fixed Assets

Tangible fixed assets for use by the charity, are capitalised if they can be used for more than one year, and cost at least £1,000. They are valued at cost or, if gifted, at the value to the charity on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

There has been no change to the accounting policies (Valuation rules and methods of accounting) since last year.

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Depreciation

Depreciation has been calculated on a reducing balance basis. The rates applied per annum are as follows:

Fixtures and Fittings 25%

Equipment 25%

Computer Equipment 25%

2. TANGIBLE FIXED ASSETS

		Unrestricted Equipment	Restricted Equipment	Total 2021/22
		£	£	£
Cost	01-Aug-21	0	0	0
Additions		0	0	0
Cost at	31-Jul-22	0	0	0
Depreciation	01-Aug-21	0	0	0
Charge		0	0	0
Depreciation at	31-Jul-22	0	0	0
Net Book Value	31-Jul-21	0	0	0
Net Book Value	31-Jul-22	0	0	0

The annual commitments under non-cancelling operating leases, capital commitments, and contingent liabilities are as follows:

31st July 2021:	None
31st July 2022:	None

NOTES TO THE FINANCIAL STATEMENTS
For the Year Ended 31st July 2022

3. INCOMING RESOURCES

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
a) Donations, Legacies and Similar Income					
Churches & Organisations		9,490	5,751	15,241	6,013
Gift Aid Refunds		1,277	0	1,277	740
Gifts from Individuals		8,463	50	8,513	6,652
Grants received		39,200	75,040	114,240	3,000
		58,430	80,841	139,271	86,740
b) Charitable Activities					
Training		0	0	0	300
Service Contracts		39,857	174,497	214,354	82,041
		39,857	174,497	214,354	82,341
c) Other Trading					
Fundraising		27	2,902	2,930	1,091
		27	2,902	2,930	1,091
d) Investment Income					
Interest		275	0	275	23
		275	0	275	23

4. RESOURCES EXPENDED

	Note	Unrestricted Funds £	Restricted Funds £	TOTAL 2021/22 £	TOTAL 2020/21 £
a) Expenditure on Raising Funds					
Fundraising Activities		0	0	0	0
		0	0	0	0
b) Cost of Charitable Activities					
Communications		241	2,957	2,898	1,227
Equipment		62	1,427	1,489	1,846
Hospitality		1,895	613	2,508	236
Insurance		1,052	0	1,052	504
Office/General Administrative Expenses		4,732	25	4,749	3,431
Salaries, NI & Pension		41,119	207,005	248,124	126,276
Project Promotion/Publicity		499	572	1,070	932
Project Support		(12,977)	12,977	0	0
Recruitment		25	774	799	1,445
Resources for young people		868	14,076	14,944	3,295
Team training		2,654	6,280	8,935	3,819
Travel		902	974	1,875	455
Depreciation		0	0	0	158
		41,072	247,380	288,452	143,625

NOTES TO THE FINANCIAL STATEMENTS
For the Year Ended 31st July 2022

c) Governance Costs

Legal & Professional Fees	3,360	0	3,360	960
	<u>3,360</u>	<u>0</u>	<u>3,360</u>	<u>960</u>

5. FUNDS	Note	Balance 01/08/21 £	Income £	Expenditure £	Transfers	Balance 31/07/22 £
General Funds		29,435	98,590	44,432	(82,576)	1,017
Designated Funds						
Ashford & St Peters		0	0	0	0	0
Wexham		0	0	0	10,000	10,000
Project Fund		0	0	0	28,000	28,000
Reserves		44,042	0	0	54,958	99,000
		73,477	98,590	44,432	10,382	138,016
		918	56,705	56,755	0	868
Restricted Funds						
Medway		0	40,101	40,101	0	0
Darent Valley		0	31,036	31,036	0	0
Tunbridge Wells		0	27,945	27,945	0	0
Wexham		0	14,756	14,756	0	0
RSCH		0	30,341	29,229	0	1,113
East Surrey		1,991	32,500	31,400	0	3,092
Epsom		0	33,545	31,314	0	2,231
Frimley		0	48,017	41,600	0	6,416
Replication		10,382	0	0	(10,382)	0
		12,373	258,240	247,379	(10,382)	12,852
		85,850	356,830	291,812	0	150,868

Ashford and St Peter's is unrestricted because it is paid for by core funds.

Wexham is a new designated fund which core funds have been moved into to support the Wexham project in the future.

Project fund is a new designated fund which core funds will be used to fund future or develop current projects.

Medway, Darent Valley and Tunbridge wells projects are funded from a contract with Medway Public health but can only be spent on these projects.

RSCH is restricted because this is paid for by grants from Community Foundation for Surrey, Poyle, NHS Surrey Heartlands, Surrey and Borders Partnership NHS trust (SABP) – Suicide Prevention fund.

East Surrey is restricted because this is paid for by grants from Community Foundation for Surrey, Poyle, NHS Surrey Heartlands, Surrey and Borders Partnership NHS trust (SABP) – Suicide Prevention fund and The High Sheriff.

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Epsom is restricted because it is paid for by grants from Community Foundation for Surrey, Coleman Trust, NHS Surrey Heartlands, SABP – Suicide Prevention fund, Surrey Wellbeing Partnership, Garfield Weston.

Frimley is restricted because it is paid for by grants / contracts from Community Foundation for Surrey, Bishop Radford Trust, NHS Frimley, Surrey and Borders Partnership NHS trust (SABP) – Suicide Prevention fund, Coleman Trust, Garfield Weston, Surrey Wellbeing Partnership, SHBC Majors Charity.

Replication refers to mobilisation of new projects by Emerge Advocacy and is funded by a grant from the Cinnamon Network. The funders have given the trustees written permission to move the remainder of these funds into unrestricted funds to be allocated to projects as needed.

Restricted funds are represented by the charity's cash reserves and fixed assets investments held and are to be expended as specified above.

6. CASH AT BANK AND IN HAND	Unrestricted Fund	Restricted Fund	Total 31/07/2022	Total 31/07/2021
	£	£	£	£
TSB	57,898		57,898	68,402
Savings	78,478	43,840	122,317	44,402
Metro	1,065		1,065	
PayPal	1,758		1,758	
	139,198	43,840	183,038	112,444

7. DEBTORS	Unrestricted Fund	Restricted Fund	Total 31/07/2022	Total 31/07/2021
	£	£	£	£
Gift Aid due	2,771	0	2,771	1,494
Sundry Debtors	130	28,026	28,156	13,026
	2,902	28,026	30,928	14,520

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Unrestricted Fund	Restricted Fund	Total 31/07/2022	Total 31/07/2021
	£	£	£	£
Salaries and NI	1,429	0	1,429	3,803
Sundry Creditors	2,655	0	2,655	1,345
Deferred Income	0	59,014	59,014	35,966
	4,084	59,014	63,098	41,114

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	2021/22	2020/21
9. STAFF COSTS AND NUMBERS	£	£
Gross Wages and Salaries	234,661	127,500
Employer's NI Costs	6,979	-3,529
Pension Contributions	<u>6,484</u>	<u>2,255</u>
	<u>248,124</u>	<u>126,276</u>

Employees who were engaged in each of the following activities:

	2021/22	2020/21
	TOTAL	TOTAL
Activities in furtherance of organisation's objects:		
Total number of full-time and part-time employees	24	15
Equivalent number of full time employees	10.7	6.6

The charity operates a PAYE scheme to pay all employed members of staff, and no employees received emoluments above £60,000 (2020/21 None).

10. RECONCILIATION OF MOVEMENT IN CAPITAL AND RESERVES

The Charity is a Charitable Incorporated Organisation, registered with the Charity Commission, number 1171851. The Charity does not have a Share capital and has no income subject to Corporation Tax.

	2021/22	2020/21
Note	£	£
Surplus/Deficit for the financial year	65,018	25,611
	<u>65,018</u>	<u>25,611</u>
Balance brought forward	85,850	60,239
Transfer of Restricted funds	<u>0</u>	<u>0</u>
Closing Funds at 31st July	<u>150,868</u>	<u>85,850</u>

11. PAYMENTS TO DIRECTORS AND RELATED PARTIES

During the financial year Director Mrs Joy Wright received £27,300 in remuneration in her capacity as CEO.

KevIn McCormac claimed £562 in expenses relating to his role as chair as trustees.

NOTES TO THE FINANCIAL STATEMENTS
For the Year Ended 31st July 2022

12. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems will provide sufficient resources in adverse conditions. The Trustees have also examined other operational and business risks which they face, and confirm that they have established systems to mitigate the significant risks.

13. RESERVES POLICY

The charity recognises the propriety of not building up funds for which there are no clear expenditure plans. The charity's policy is to allow reserves to accrue to a level of three months' average expenditure, plus funds which may be earmarked for specific projects in the future. As the charity is still growing, reserves may only exceed this policy level in order to be able to respond positively to new opportunities. This situation is actively monitored to ensure that reserves do not build up unnecessarily.

14. PUBLIC BENEFIT

The charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees' report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding which activities the charity should undertake.