



## Trustees' Annual Report for the period

From 31 December 2021  
To 31 December 2022

Period start date  
Period end date

Charity name: Southampton Canoe Club

Charity registration number: 1171807

## Objectives and Activities

	SORP reference																																																																																					
Summary of the purposes of the charity as set out in its governing document	Para 1.17	‘The promotion of community participation in healthy recreation for the benefit of the inhabitants of Southampton and persons living in and around Hampshire by the provision of facilities for kayaking and canoeing’.																																																																																				
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>Open to the Community</b> - we offered FREE of CHARGE 1Hr Kayaking Taster sessions, from May to October as usual.</p> <p>Membership Numbers –</p> <table><tr><td>As of 16/10/2023</td><td>Female</td><td>Male</td><td>Total</td><td>Disability</td><td>BAME</td></tr><tr><td>All Members</td><td>27</td><td>73</td><td>100</td><td></td><td></td></tr><tr><td>Juniors</td><td>11</td><td>7</td><td>18</td><td></td><td></td></tr><tr><td>Students</td><td>4</td><td>8</td><td>12</td><td></td><td></td></tr><tr><td>Adults</td><td>11</td><td>59</td><td>70</td><td></td><td></td></tr><tr><td>New Members</td><td>7</td><td>7</td><td>14</td><td></td><td></td></tr><tr><td>Renewing Members</td><td>20</td><td>66</td><td>86</td><td></td><td></td></tr></table> <table><tr><td>As of 16/10/2022</td><td>Female</td><td>Male</td><td>Total</td><td>Disability</td><td>BAME</td></tr><tr><td>All Members</td><td>32</td><td>65</td><td>97</td><td></td><td></td></tr><tr><td>Juniors</td><td>14</td><td>15</td><td>29</td><td></td><td></td></tr><tr><td>Students</td><td>3</td><td>6</td><td>9</td><td></td><td></td></tr><tr><td>Adults</td><td>15</td><td>44</td><td>59</td><td></td><td></td></tr><tr><td>New Members</td><td>3</td><td>8</td><td>11</td><td></td><td></td></tr><tr><td>Renewing Members</td><td>29</td><td>57</td><td>86</td><td></td><td></td></tr></table> <p>We have welcomed new members from Bere Forest Canoe Club - Water Polo team – who are now having a years trial with us too.</p>	As of 16/10/2023	Female	Male	Total	Disability	BAME	All Members	27	73	100			Juniors	11	7	18			Students	4	8	12			Adults	11	59	70			New Members	7	7	14			Renewing Members	20	66	86			As of 16/10/2022	Female	Male	Total	Disability	BAME	All Members	32	65	97			Juniors	14	15	29			Students	3	6	9			Adults	15	44	59			New Members	3	8	11			Renewing Members	29	57	86		
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		<p><b>Sports Development -</b>  <b>The Weights Gym –</b>  The DIV 1 to 6 Marathon and Sprint members of the Club continue to make good use of this facility– supported by our in-house fitness Coach.</p> <p><b>Circuits and Ergos –</b>  Tuesday and Thursday evenings continue to be well attended.</p> <p><b>Coaches –</b>  We continue to develop younger adults as new coaches.</p> <p><b>Coaching sessions -</b>  Our Saturday sessions remain our’ bread and butter’ with newcomers continuing to attend our monthly Tasters. We also have seen a re-surgence of new paddlers from other areas as new attendees arrive at Southampton University.</p> <p><b>Sprint –</b>  The Sprint Team have built on successes last year and the group are developing well.  To support the K4 sprint program a new trailer has been purchased with a grant.</p> <p><b>Marathon -</b>  Our Hasler race event went well and we saw a greater return of other clubs to the event.</p> <p><b>Welfare Officer –</b>  It has been a busy year for the Club Welfare Officer. She has reported that all the coaches DBS checks were complete, plus safeguarding training. All policies had been reviewed and are now on the website. The coach induction pack is now complete and the first coaches update session has been run. There is also a new Race Behaviours document which has been written this year. Finally, Spond is now being used to communicate with all under 18s following the British Gymnastics white paper.  To this end we are advised that:-  All Coaches are compliant  All Procedures and policies are up to date and visible on the website.</p> <p><b>Liaison with other Clubs in the Area –</b> We have continued to develop links with Poole Harbour Canoe Club, Hamble Canoe Club and Hamble Sea Scouts by organising local Hare and Hound race events, when possible to do so, which attract their membership to the sport of marathon kayak racing and equally promotes the presence of both their club and ours to all participants in so doing.</p>
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		<p><b>Health and Safety</b> – A new parent volunteer took over as Health and Safety officer in January.</p> <p>It was reported this year that there had been occurrences of increased levels of Ecoli in the River Itchen. This was investigated further through speaking to other clubs and liaising with the water board to consider regular testing.</p> <p>Paddling was deemed to be down to personal choice and Club Members were actively encouraged to shower immediately after paddling as usual.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>In planning our activities for the year 2022 we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.</p> <p>The main activities as described earlier are :-</p> <ol style="list-style-type: none"> <li>1. We have offered 'Open to the community' FREE of CHARGE Taster sessions</li> <li>2. Provision of an Amateur Sport Development programme supported by trained coaches for all ages and abilities, has remained key for all those able to take part in sessions.</li> <li>3. We continue to develop new events and are looking to organise a more local sprint regatta – this is still in planning</li> <li>4. Continuing to develop links with other clubs to offer an outlet for the development of kayaking together with their own activities.</li> </ol> <p>All the above activities benefit all ages and abilities in developing their self confidence and social skills, whilst maintaining their health and mental well-being by actively participating in a sports activity with other like-minded participants.</p>

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Southampton Canoe Club does not offer grants to individuals or other organisations - and this facility is not promoted by the Club.
Policy on social investment including program related investment	Para 1.38	Southampton Canoe Club uses its charitable funds to pay to maintain the training of its volunteer coaches to run the Monthly Taster sessions for the general public at NO CHARGE to all those that attend and it does not pass this training cost onto attendees. We are also developing our portfolio of available coaches by training new coaches as and when persons show the aptitude to do so. Our funds also extend to maintaining our fleet of kayaks, paddles and buoyancy aids which are used by all new-comers for the early years of their

		involvement at no extra cost until such time as they wish to buy their own equipment.
Contribution made by volunteers	Para 1.38	All the Coaches, Administrators and Officers of the Club offer their time freely and at no cost to Southampton Canoe Club. This enables the Club to offer their facilities and coaching at the lowest possible costs for all those who wish to become full members of the club.
Other		<p>The Trustees as usual wish to recognise the contribution of its Volunteer Coaches and Committee Members in continuing to meet the Charities Objectives.</p> <p>Although membership tends to fluctuate year on year the volunteers continue to develop new ideas and coaching methods which has meant that we have been able to again extend our membership to 100 in this last year.</p> <p>We have also been able to maintain interest in training through the winter evenings by operating ERGO machine and Circuit Training sessions twice a week which has been open to all club members to attend free of charge as part of their membership.</p> <p>The development of a weight -training gym has meant that members have been able to weight train at our own site, and this continues to develop.</p>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We continue to work together with Active Nation at the Woodmill Activity centre site and we are continuing to explore a way to have a more permanent presence on site which we can call our own - this remains in the early development stage but still is an ongoing project for the next few years.</p> <p>The Service Level Agreement with Active Nation will be coming up for renewal post 2025 and this will become an issue of greater importance in the next year.</p> <p>The main aims of the Club are to not only get more people active but to develop those people into talented athletes in the field of kayaking.</p> <p>In order to measure our achievement in this area we are always keen to demonstrate this by their singular achievements across the year:-</p>

		<p><b>Help to develop international paddlers –</b></p> <p><b>Long term aim</b> Continued success in this area with members of the club being selected for international races.</p> <p><b>Sprint -</b> <u>European Sprint U23 Championships</u> One of our paddlers in the K4 500m reached the semi-final.</p> <p><b>Marathon -</b> <u>German National</u> A 2<sup>nd</sup> place finisher in an U18 K2 with a team member from another club <u>French Nationals</u> A 2<sup>nd</sup> place finisher in an U16 K2 with a team member from Wey Canoe Club A 2<sup>nd</sup> place finisher in an U16 K2 with a team member from Richmond Canoe Club</p> <p><b>Attendance at Hasler Finals 2022 -</b> We made the final at Runnymede on the River Thames. We finished in 14th place, but we could only take a small team.</p> <p><b>Waterside Series 2022 –</b> A smaller number of club members took part in this Year's series. Results from the overall series as follows: 1st Mixed K2 3rd Senior K1 4<sup>th</sup> Senior K2 getting ready for DW.</p> <p><b>Devizes to Westminster International Canoe Race 2022 –</b> A mixed age team completed the course and came 8th in a time of 18hrs 39.41minutes</p> <p><b>Sprint Races Results –</b> Our faster paddler is now doing sub 1min:50 secs for 500m and sub 3mins:50secs for 1000m and making Men A F1 &amp; racing in the ORS.</p> <p>Here are some highlights from this year: National Championships O44 500m K2 - 2nd U23 200m K1 - 3rd U16 500m K4 - 1st U18 200m K2 - 2nd</p> <p><u>Other highlights</u> University Games U23 200m K1 - 3rd Girls B Mini Sprint - 2nd</p>
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		<p>Intermediate 1st series winner 7th MacGregor Inter Club Regatta one, promotion to Boy C and then Boys B. One promotion to Boys A</p> <p><b>National Marathon Championships 2022 -</b> Results of note - U16 K1– 1<sup>st</sup> U16 K2 – 2<sup>nd</sup> O54 K2 – 2<sup>nd</sup></p> <p><b>Talent and Sprint Report -</b> All across 2022 into 2023, we have been working to provide a quality talent development and training programme for our groups of athletes. Our small team of coaches are currently delivering 6 sessions a week, with the paddlers doing up to 16 sessions a week depending on age and capacity. <b>Below you will find a list of the sporting achievements.</b> We have run a number of training camps during the School holidays and took a group of athletes to Portugal in the spring of 2023. All across the winter we have been supported by the British Canoeing Junior Talent Coach. She has provided a fantastic level of coaching delivering 2 sessions a week, and whilst not all of our paddlers are able to attend they have all benefited from the training opportunities that have been provided. We took our largest ever Sprint Team to the Macgregor Paddle Sprint Competition last September and as a club for the first time we finished in the top 10 Sprint Clubs in the country. Working with our Funding officer and Treasurer and with a grant from the Steve Bernard Foundation we now have a fantastic new trailer that will carry the club's K4's safely and securely.</p> <p><b>Future Plans</b> Across 2023/24 we are planning to improve delivery through Coach training. We are planning to purchase a number of walkie talkies to improve coach to paddler communication during the sessions. Plus we hope to work with the club to purchase new trestles to promote the best practice of not putting your boats on the floor. We are also planning to run an entry level Sprint Regatta as part of the British Canoeing Sprint Committee initiative of Local regattas - this will need volunteers and paddlers.</p>
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		<p>We have submitted an application of our evidence towards achieving the British Canoeing Talent Champion Club and are awaiting feedback, this is linked to and dependent on the committee's work into the re-accreditation of our status as a Quality Club.</p> <p><b>Athlete Achievements</b></p> <ul style="list-style-type: none"> <li>● One has been selected to represent the GB development Squad at the German National Championships</li> <li>● One achieved a Bronze in 200m at the inaugural British University &amp; College Sport Sprint Championships</li> <li>● Great Britain Junior Talent Squad selections for three of our paddlers</li> <li>● Junior Development Squad selection for three of our paddlers</li> <li>● One achieved promotion to boys A</li> <li>● One achieved promotion to boys B</li> <li>● This year we have been joined by two elite Surf Livesaving Athletes, who have both raced domestically and internationally with fantastic results.</li> </ul>
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#### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	<p>Our funding officer has been successful in gaining funding from various enterprises, to support the club and we thank her for her continued sterling efforts in this regard.</p> <p><b>Funding Aims for 2023-</b></p> <p>The coming year again could be trickier as grants available will be focused on those suffering financial hardship due to the energy costs crisis.</p> <p>Our membership numbers are down so we will need to work hard at recruiting and retaining members which will be our main source of income, plus, as usual, continue to spot funding opportunities for new projects.</p>
Investment performance against objectives	Para 1.41	<p>The funding sourced for the K4 team enabled us to purchase a proper K4 trailer to allow us to transport our own K4 to race events.</p>

Other		<p>We have been developing a new relationship with an existing Water Polo team and to such end they have decided to trial for a year all membership of their team members under our umbrella.</p> <p>This will give a new outlet for water activity linked to the club for all existing club members and new-comers alike and we look forward to seeing how this develops.</p>
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# Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Below is a copy of our unaudited end of year accounts statement for 2022</p> <p><u>Southampton Canoe Club Receipts and Payments Account for 2022 (Jan 2022- Dec 2022)</u></p> <table><tr><th colspan="2">Receipts</th><th colspan="2">Payments</th></tr><tr><th></th><th>Amount</th><th></th><th>Amount</th></tr><tr><td>Balance b/f (Bank &amp; Cash)</td><td>21216</td><td></td><td></td></tr><tr><td>Membership, Container Rents and Race</td><td>10878</td><td>Site Rent &amp; Hall Hire</td><td>3250</td></tr><tr><td>Grants And Donations</td><td>3577</td><td>Boat &amp; Equipment Purchases</td><td>9237</td></tr><tr><td>Boat Sales</td><td>3075</td><td>Course &amp; Registrations</td><td>1700</td></tr><tr><td>Shop Sales</td><td>407</td><td>Equipment Repairs</td><td>156</td></tr><tr><td>Xmas Party Tickets + Hall Deposit refunded</td><td>354</td><td>BCU Levy/Affiliation</td><td>560</td></tr><tr><td>Junior Fun Day</td><td>188</td><td>Internet &amp; Website Costs inc Zoom BC Just Go</td><td>1135</td></tr><tr><td></td><td></td><td>Wages</td><td>195</td></tr><tr><td></td><td></td><td>Sprint &amp; K4 Race Entries</td><td>2005</td></tr><tr><td></td><td></td><td>Trophies</td><td>788</td></tr><tr><td></td><td></td><td>Fuel</td><td>90</td></tr><tr><td></td><td></td><td>Race cost inc food/Portaloos</td><td>828</td></tr><tr><td></td><td></td><td>Shop</td><td>1139</td></tr><tr><td></td><td></td><td>Poppy &amp; Xav Sponsorship</td><td>150</td></tr><tr><td></td><td></td><td>Xmas Club Party</td><td>834</td></tr><tr><td></td><td></td><td>Refund Subs &amp; Junior Day</td><td>228</td></tr><tr><td></td><td></td><td>Coach Traing Day Lunch</td><td>101</td></tr><tr><td></td><td></td><td>Balance c/f (Bank, Paypal and Cash)</td><td>17297</td></tr><tr><td>Total</td><td>39693</td><td>Total</td><td>39693</td></tr><tr><td>Opening Balance</td><td></td><td>Closing Balance</td><td></td></tr><tr><td>Bank</td><td>20817</td><td>Bank</td><td>17164</td></tr><tr><td>Paypal</td><td>203</td><td>Paypal</td><td>46</td></tr><tr><td>Cash</td><td>196</td><td>Cash</td><td>87</td></tr><tr><td></td><td>21216</td><td></td><td>17297</td></tr></table> <p>R J Buckler</p>	Receipts		Payments			Amount		Amount	Balance b/f (Bank & Cash)	21216			Membership, Container Rents and Race	10878	Site Rent & Hall Hire	3250	Grants And Donations	3577	Boat & Equipment Purchases	9237	Boat Sales	3075	Course & Registrations	1700	Shop Sales	407	Equipment Repairs	156	Xmas Party Tickets + Hall Deposit refunded	354	BCU Levy/Affiliation	560	Junior Fun Day	188	Internet & Website Costs inc Zoom BC Just Go	1135			Wages	195			Sprint & K4 Race Entries	2005			Trophies	788			Fuel	90			Race cost inc food/Portaloos	828			Shop	1139			Poppy & Xav Sponsorship	150			Xmas Club Party	834			Refund Subs & Junior Day	228			Coach Traing Day Lunch	101			Balance c/f (Bank, Paypal and Cash)	17297	Total	39693	Total	39693	Opening Balance		Closing Balance		Bank	20817	Bank	17164	Paypal	203	Paypal	46	Cash	196	Cash	87		21216		17297
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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We do not hold any reserves																																																																																																								
Amount of reserves held	Para 1.22	None																																																																																																								
Reasons for holding zero reserves	Para 1.22	The Club operates with the funds that are available and continues to function with a positive bank balance.																																																																																																								
Details of fund materially in deficit	Para 1.24	Not applicable																																																																																																								
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable																																																																																																								

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation ( CIO )
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by Election by the Members of the CIO

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>Southampton Canoe Club Trustees have delegated the day to day administration of the Club to a Club Committee, it's structure is as follows:-</p> <p><b><u>Committee –</u></b>  Chairperson  Vice Chair  Secretary  Treasurer  <b><u>Officers –</u></b>  Welfare Officer  Admin Officer  Head Coach  Grants/ Funding Officer  Website Manager  Quartermaster  Junior Representative/s  Race Captain  This committee has 6 meetings per year.</p> <p>In addition the Committee have delegated the management of the Coaching team to a sub-committee run and managed by the Head Coach and this also has 6 meetings per year.</p>
Relationship with any related parties	Para 1.51	The Club's Coaches operate strictly under the rules and governance of the National Governing Body of British Canoeing and the Committee also ensures that its Coaches attend regular update seminars and training events.

Other		
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## Reference and Administrative details

Charity name	Southampton Canoe Club
Other name the charity uses	
Registered charity number	1171807
Charity's principal address	Woodmill Outdoor Activities Centre Woodmill Lane Southampton SO18 2JR

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steve Rance	Head Coach		
2	Philip Amey	Admin Officer		
3	Neil McLeod	Coach		
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**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Philip George Amey	
Position (eg Secretary, Chair, etc)	Admin Officer	
Date	23/10/2023	