

NORWICH MEN'S SHED

England & Wales · Charity number 1171796

Details

Status Registered

Legal form CIO

Registered 2017-02-27

Register [View on the Charity Commission register](#)

Contact

Address Norwich Men's Shed
St. Martins Church Hall
Oak Street
Norwich
NR3 3AQ

Phone 07421 088033

Email nms@norwichmensshed.org.uk

Website <http://www.norwichmensshed.org.uk>

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING MEN AGED 18 OR OVER, WITHIN NORWICH AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE, AND SUPPORT EACH OTHER SOCIALLY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: Norwich Mens Shed supports the wellbeing of men in the local community. We provide a dedicated workshop space for men to socialise and take part in practical, creative and recreational activities, addressing key issues around wellbeing, social isolation and loneliness.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Recreation, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Norfolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£81,623	£72,748	-	-
2024-03-31	£86,266	£59,145	-	-
2023-03-31	£50,732	£47,709	-	-
2022-03-31	£29,811	£38,167	-	-
2021-04-05	£47,415	£21,085	-	-

Trustees

Name	Role	Appointed
Ian Alexander Blunnie	Chair	2021-12-15
Adrian Downing		2026-01-01
James L Baker		2026-01-01
Kenneth dearlove		2026-01-01
Michael Dennis Warmington		2025-11-01
Martino Uragallo		2026-01-15
Matthew Sims		2026-01-21
Raymond Dent		2026-01-01
Richard Charles Arundell		2022-07-07
Timothy Mark Ridgley		2017-10-02

NORWICH MEN'S SHED

England & Wales - Charity number 1171796

Accounts



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
Saint Martin's Hall Church, Oak St, Norwich, NR3 3AQ
norwichmensshed.org.uk

Trustees' Annual Report and Financial Statements

For the period 01 April 2024 – 31st March 2025

Charity name: **Norwich Men's Shed**

Charity registration number: **1171796**

Objectives and Activities

The objectives of Norwich Men's Shed (NMS) are to promote men's good health and wellbeing, for the benefit of the community. In particular for those men who are retired, unemployed, recovering from ill health or addiction, but also those who simply wish to make use of the facilities offered in a safe and friendly environment.

NMS offers a dedicated workshop space for men in the local community – a place to connect, converse and create, addressing key issues around wellbeing, social isolation and loneliness. Members engage in a wide range of meaningful and worthwhile activities with like-minded people, having fun, sharing skills and knowledge and gaining a renewed sense of purpose and belonging. The Shed offers a safe, nurturing environment where members are wanted, valued, and needed. This group of men come together to form a community and the peer support and camaraderie is crucial to maintaining individual wellbeing and good mental health.

All members make a positive contribution to the running of our Shed. Shed members work on their own projects, volunteer their time to undertake public commissions and engage in community-based projects. Some members also mentor/tutor fellow members and community groups.

NMS Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Milestones

In October 2024, NMS signed a 10-year lease with Norwich Historic Churches Trust for the recently vacated former church hall - St. Martins at Oak, Oak Street, Norwich NR3 3AQ.

The site had been used until recently as music studios and a circus performers practice venue.

A great deal of work was required to initially make the space safe for occupation due to Asbestos paint on the floor and other issues. Significant fund raising was required and achieved to enable a complex system for heat and power to be available in the main workshop space at each bench.

Some members worked for days across many weeks to get the space ready for occupation. Members also then created new workbenches and machine rooms, utilising and reusing existing materials wherever possible.

Post year-end update:-

The NMS workshop was able to fully reopen to members and Headway Charity members in May 2025. We have then started to have further open days and updates on social media to encourage membership growth.



2023-24 Delivery:

95 men accessed NMS workshop provision April 2024 – October 2024, when the workshop closed to make the move to the new premises. (Since the reopening in May 2025, membership is slowly reestablishing to former numbers, with a more diverse age range as a result of most recent new membership).

It remains that the direct beneficiaries are men aged 18 +, this includes men dealing with issues around mental health, physical health, aging, social isolation, unemployment, homelessness and ex-offending. Due to the nature of our membership, this can vary from the transient, to those who attend regularly on an ongoing basis.

In addition to our daytime workshop sessions, we hosted a number of member-led evening socials, including skill-sharing, demonstrations and community meals.

The skills sharing element of the service offering is more active than ever, specifically around lathe / wood turning.

Community projects and commissions undertaken are also now more active than in previous years.

Projects and Collaborations:

Alongside workshop provision for members, we supported a number of community events and activities. Highlighted projects, collaborations and events included:

- **Participation at community events/exhibitions:**

Norfolk Community Foundation Showcase, Forum market events and Community Garden Planter building are a couple of the many events that Members attended, acting as Shed ambassadors and promoted the benefits of NMS membership alongside showcasing items they'd made as members.

- **Commissions created in partnership with local community-based organisations:**

Examples since the workshop reopened in May 2025:- Bench repairs for the Julian Hospital, items for the Mayoral Procession and working with Headway service users during their weekly sessions has been the main activities since reopening.

Financial Review

Funds held 31/03/2025	£76,180
Consisting of:	
Restricted Grant Funding	£10,525
Unrestricted funds	£65,655

Reserves Policy: To maintain a reserve of 3-6 months operating costs with a view to increasing funds held to deal with unexpected events (around £20,000).

Financial Operating Model:



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
Saint Martin's Hall Church, Oak St, Norwich, NR3 3AQ
norwichmensshed.org.uk

- Membership fees, donations and income from public commissions/sales of hand-crafted items go towards core ongoing running costs/workshop consumables
- External grant funding covers staff costs
- Any surplus raised from commissions/sales go back into running the charity and are used towards running costs and the purchase of items for the benefit of members, i.e. larger items of equipment/machinery

Grant Funding allocated to this financial year: Norfolk Community Foundation, Aviva Community Fund, Geoffrey Watling, Garfield Weston and others.

We also received donations from Waitrose, via a Crown Funder (which raised funds for the move) and others.

Structure, Governance and Management

Norwich Men's Shed (NMS) is a Charitable Incorporated Organisation (CIO).

The CIO is governed by a constitution, with charity Trustees being elected by members and the board at the Annual General Meeting.

The Board of Trustees are responsible for general governance and define the direction of the charity.

There is a member elected Operations Committee that sits under the Board of Trustees, who oversee general operations and logistics.

NMS operates as a membership cooperative, with all members having a voice in a coproduction delivery model.

Under their membership agreement, all members help with the running and maintenance of the Shed. Members volunteer time and expertise to facilitate our workshop provision and their input is essential to our operational model. Volunteers are supported by (part-time) paid Manager and Supervisor roles.

Norfolk based CIO MensCraft originally set up the Norwich Shed in 2013 – NMS then became an independent CIO in 2017. A small member led charity, NMS originally self-funded through membership contributions and public commissions – as costs have increased and membership has grown, we now apply for grant-funding as required to enable our charity to remain operational.

Over the years, NMS have grown from a small club with a handful of members into a popular, respected and well-known local charity that actively works with other charities and community projects in the area.

Reference and Administrative details

Charity name	Norwich Men's Shed
Registered charity number	1171796



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
Saint Martin's Hall Church, Oak St, Norwich, NR3 3AQ
norwichmensshed.org.uk

Charity's principal address	Saint Martin's Hall Church Oak St Norwich NR3 3AQ
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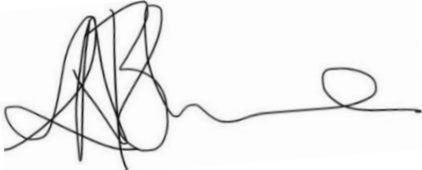

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Blunnie	Chairman		Members AGM
2	Richard Arundell	Treasurer		Members AGM
3	Matt Sims			Members AGM
4	Tim Ridgley			Members AGM

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ian Blunnie	Richard Arundell
Position	Chair	Treasurer
Date	01/09/2025	

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2025

	2025	2024
	£	£
Income		
Course Income	325	845
Donations	22,858	1,553
Grant Income	37,528	55,389
Membership Fees	9,355	9,988
Misc	170	-
Project Income	3,328	3,020
Rebill electricity (to adjacent property)	336	1,389
Sales	2,013	4,332
Workshop Hire	5,710	9,750
Total Income	81,623	86,266
Expenditure		
Bank Fees	52	89
Contractor Fees	1,694	16,307
Equipment/Tools	1,080	517
General Materials	795	281
Maintenance	1,302	1,229
Office Costs	952	236
Premises Costs	13,944	14,646
Premises Relocation Costs	9,840	-
Project Costs	898	420
Promotion	24	532
Refreshments	502	1,134
Service Fees	10,324	542
Staff Costs	31,218	23,007
Training	-	99
Travel	122	107
Total Expenditure	72,748	59,145
Net Income/(Expenditure)	8,876	27,120

Independent Examiner: Triple Bottom Line Accounting Limited

Notes

No Trustee received Remuneration

There were no Related Party transactions

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2025

	Unrestricted £	Restricted £	Total £
Income			
Course Income	325	-	325
Donations	4,930	17,927	22,858
Grant Income	12,000	25,528	37,528
Membership Fees	9,355	-	9,355
Misc	170	-	170
Project Income	3,328	-	3,328
Rebill electricity (to adjacent property)	336	-	336
Sales	2,013	-	2,013
Workshop Hire	5,710	-	5,710
Total Income	38,168	43,456	81,623
b/f			
Current acc	49,623	13,850	63,473
Cash	31	-	31
Zettle	50	-	50
Payroll Deposit Held Externally	4,000	-	4,000
Deposits Held	(250)	-	(250)
	53,455	13,850	67,305
			148,928
Expenditure			
Bank Fees	52	-	52
Contractor Fees	100	1,594	1,694
Equipment/Tools	568	512	1,080
General Materials	307	488	795
Maintenance	1,181	122	1,302
Office Costs	952	-	952
Premises Costs	11,113	2,831	13,944
Premises Relocation Costs	-	9,840	9,840
Project Costs	898	-	898
Promotion	24	-	24
Refreshments	475	27	502
Service Fees	9,538	785	10,324
Staff Costs	637	30,581	31,218
Training	-	-	-
Travel	122	-	122
Total Expenditure	25,968	46,780	72,748
c/f			
Current acc	10,079	-	10,079
Business Instant Access	51,414	10,525	61,939
Cash	362	-	362
Zettle	50	-	50
Payroll Deposit Held Externally	4,000	-	4,000
Deposits Held	(250)	-	(250)
	65,655	10,525	76,180
			148,928



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Norwich Men's Shed

**On accounts for the year
ended**

31st March 2025

**Charity no
(if any)**

1171796

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

27/08/2025

Name:

Peter Ellington FAIA

**Relevant professional
qualification(s) or body
(if any):**

Peter Ellington is a practicing member of the Association of International Accountants.

Address:

Triple Bottom Line Accounting Limited, The Enterprise Centre, University of East Anglia, Norwich NR4 7TJ

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

The books and records for Norwich Men's Shed are maintained to a high standard, and all supporting documentation was easily accessible.

There are no other significant matters to report.

NORWICH MEN'S SHED

England & Wales - Charity number 1171796

Accounts



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
Saint Martin's Hall Church, Oak St, Norwich, NR3 3AQ
norwichmensshed.org.uk

Trustees' Annual Report and Financial Statements

For the period 01 April 2023 – 31 March 2024

Charity name: **Norwich Men's Shed**

Charity registration number: **1171796**

Objectives and Activities

The objectives of Norwich Men's Shed (NMS) are to promote men's good health and wellbeing, for the benefit of the community. In particular for those men who are retired, unemployed, recovering from ill health or addiction, but also those who simply wish to make use of the facilities offered in a safe and friendly environment.

NMS offers a dedicated workshop space for men in the local community – a place to connect, converse and create, addressing key issues around wellbeing, social isolation and loneliness. Members engage in a wide range of meaningful and worthwhile activities with like-minded people, having fun, sharing skills and knowledge and gaining a renewed sense of purpose and belonging. The Shed offers a safe, nurturing environment where members are wanted, valued, and needed. This group of men come together to form a community and the peer support and camaraderie is crucial to maintaining individual wellbeing and good mental health.

All members make a positive contribution to the running of our Shed. Shed members work on their own projects, volunteer their time to undertake public commissions and engage in community-based projects. Some members also mentor/tutor fellow members and community groups.

NMS Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

Milestones

In May-2023 we were finalists in the UK Men's Shed Association "Shed of the Year Awards" for our Health and Wellbeing Impact. While we didn't win the main award, our members were thrilled to have been recognised at this national event celebrating the work of over a thousand UK Sheds. As a membership cooperative, members themselves shape our provision and it is through their input and commitment that we have become the charity that we are today – a supportive and welcoming community who advocate the benefits of "shedding" and are always looking out for the next man who may need our unique offering.

November 2023 marked our 10-year anniversary! One of the first UK Sheds, Norwich Men's Shed was set up by MensCraft in 2013 and we later became an independent charity in 2017. We hosted a celebratory event where, funders, founders, supporters and members came together to toast this fantastic achievement and thank everyone who helped us to get this far.

2023-24 Delivery:

85 men accessed NMS workshop provision April 2023 – March 2024. Direct beneficiaries are men aged 18 +, this includes men dealing with issues around mental health, physical health, aging, social



isolation, unemployment, homelessness and ex-offending. Due to the nature of our membership, this can vary from the transient, to those who attend regularly on an ongoing basis.

In addition to our daytime workshop sessions, we hosted a number of member-led evening socials, including skill-sharing, demonstrations and community meals.

Projects and Collaborations:

Alongside workshop provision for members, we supported a number of community events and activities. Highlighted projects, collaborations and events included:

- **Participation at community events/exhibitions:**

Anteros Arts (May 2023), Mannington Fayre (Sep 2023), FUSE Norwich Social Enterprise Fayre (Dec 2023), St Augustine's St Independent Shopping Evening (Dec 2023) – Members acted as Shed ambassadors and promoted the benefits of NMS membership alongside showcasing items they'd made as members.

- **Commissions created in partnership with local community-based organisations:**

Design/production of Phoenix Community Centre Notice Board (Jun 2023), restoration of Norwich Quakers bench (May 2023), design/production of a voting box for Norfolk Community Foundation events (Jun 2023), design/production of lidded boxes made to fit Treehouse Festival handcart (Aug 2023)

- **NMS facilitated Community Outreach Workshops/Activities:**

- | | |
|----------|--|
| Apr 2023 | Raised Bed Planter Making with Norfolk and Waveney Mind REST Norwich gardening group - as part of a new vegetable garden, these planters also enabled wheelchair users to join the gardening group. |
| May 2023 | NMS Open Day – the start of a community making programme, giving local residents the opportunity to have a chance look around our workshops, meet some members and have a go at some making activities. |
| Jun 2023 | Taste of the Shed – Saturday Sessions (mixed gender) – a chance for the local community to learn simple woodworking skills and get guidance on their own projects. |
| Jun 2023 | Puppet making workshop at the Phoenix Community Centre – our members shared making skills with the families and children at this intergenerational event, with all participants really listening and learning from each other. |
| Jul 2023 | Swift box making in collaboration with Norwich Swift Network – participants really enjoyed learning more about this endangered species from NSN founder and Swift enthusiast Caroline Spinks and everyone went home with their own swift boxes, which were later install at their homes. |
| Aug 2023 | Puppet and robot making workshop with Friends of Waterloo Park Puppets – over 80 local residents attended this creative making drop-in for families at a local park venue – it was so popular that we ran out of materials and sourced recycled/natural alternatives from the park itself! |
| Nov 2023 | Recycled Planter Making Workshop delivered in partnership with Norfolk Wildlife Trust at Phoenix Centre in Mile Cross – many local residents came along and constructed their own planters made from discarded pallets – a great way to grow food and flowers in small spaces. |



Financial Review

Funds held 31/03/2024	67,305
Consisting of:	
Restricted Grant Funding	13,850
Unrestricted funds	53,454

Reserves Policy: To maintain a reserve of 3-6 months operating costs with a view to increasing funds held to deal with unexpected events (around £15,000).

Financial Operating Model:

- Membership fees, donations and income from public commissions/sales of hand-crafted items go towards core ongoing running costs/workshop consumables
- External grant funding covers staff costs
- Any surplus raised from commissions/sales go back into running the charity and are used towards running costs and the purchase of items for the benefit of members, i.e. larger items of equipment/machinery

Grant Funding allocated to this financial year: Norfolk Community Foundation, National Lottery Community Fund, Local Giving – Magic Little Grants, Co-op Local Community Fund, Charles Hayward Foundation, Charles Littlewood Hill Trust, Alan Boswell Group Charitable Trust and Paul Bassham Charitable Trust

We also received donations from Yorkshire Building Society Charitable Foundation and Spire Charitable Trust.

Structure, Governance and Management

Norwich Men's Shed (NMS) is a Charitable Incorporated Organisation (CIO).

The CIO is governed by a constitution, with charity Trustees being elected by members and the board at the Annual General Meeting.

The Board of Trustees are responsible for general governance and define the direction of the charity.

There is a member elected Operations Committee that sits under the Board of Trustees, who oversee general operations and logistics.

NMS operates as a membership cooperative, with all members having a voice in a coproduction delivery model.

Under their membership agreement, all members help with the running and maintenance of the Shed. Members volunteer time and expertise to facilitate our workshop provision and their input is essential to our operational model. Volunteers are supported by (part-time) paid Manager and Supervisor roles.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
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Norfolk based CIO MensCraft originally set up the Norwich Shed in 2013 – NMS then became an independent CIO in 2017. A small member led charity, NMS originally self-funded through membership contributions and public commissions – as costs have increased and membership has grown, we now apply for grant-funding as required to enable our charity to remain operational.

Over the years, NMS have grown from a small club with a handful of members into a popular, respected and well-known local charity that actively works with other charities and community projects in the area.

Reference and Administrative details

Charity name	Norwich Men's Shed
Registered charity number	1171796
Charity's principal address	Saint Martin's Hall Church Oak St Norwich NR3 3AQ

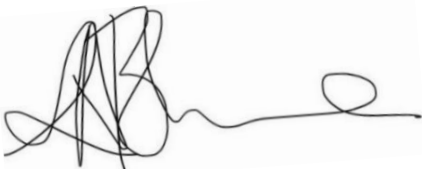

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Blunnie	Chairman		Members AGM
2	Richard Arundell	Treasurer		Members AGM
3	Matt Sims			Members AGM
4	Tim Ridgley			Members AGM

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ian Blunnie	Richard Arundell
Position	Chair	Treasurer
Date	22/01/2025	

Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Norwich Men's Shed

On accounts for the year
ended

31 March 2024

Charity no
(if any)

1171796

Set out on pages

1 - 2

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: N Fowler

Date: 17/01/2025

Name: Nicola Fowler, NJF Accounts Ltd

Relevant professional qualification(s) or body (if any):	Fellow of the Association of Chartered Certified Accountants Member of the Chartered Institute of Taxation
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Address:	21 Springfields
	Poringland, Norwich
	NR14 7RG

Section B	Disclosure
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Only complete if the examiner needs to highlight material problems.(E.g. accounting records have not been kept in accordance with s132 of the Charities' Act 2011 and those accounts do not comply with the requirements of the 2008 Regulations setting out the form and content of charity accounts; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanations by any past or present trustee, officer or employee; and any material consistency between the accounts and the trustees' annual report.)

Give here brief details of any items that the examiner wishes to disclose.

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2024

	2024	2023
	£	£
Income		
Course Income	845	526
Donations	1,553	2,640
Grant Income	55,389	27,500
Membership Fees	9,988	8,352
Misc	-	15
Project Income	3,020	2,662
Rebill electricity (to adjacent property)	1,389	-
Sales	4,332	3,653
Workshop Hire	9,750	5,385
Total Income	86,266	50,732
Expenditure		
Bank Fees	89	-
Contractor Fees	16,307	30,812
Equipment/Tools	517	3,634
General Materials	281	248
Maintenance	1,229	364
Membership Refund	-	80
Office Costs	236	324
Premises Costs	14,646	9,478
Project Costs	420	641
Promotion	532	140
Refreshments	1,134	572
Service Fees	542	1,412
Staff Costs	23,007	-
Training	99	-
Travel	107	4
Total Expenditure	59,145	47,709
Net Income/(Expenditure)	27,120	3,023

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2024

	Unrestricted £	Restricted £	Total £
Income			
Course Income	845		845
Donations	1,553		1,553
Grant Income	1,500	53,889	55,389
Membership Fees	9,988		9,988
Misc			-
Project Income	3,020		3,020
Rebill electricity (to adjacent property)	1,389		1,389
Sales	4,332		4,332
Workshop Hire	9,750		9,750
Total Income	32,377	53,889	86,266
b/f			
Current acc			40,233
Cash			101
Paypal			-
Zettle			50
Deposits Held			(200)
			126,450
Expenditure			
Bank Fees	89	-	89
Contractor Fees	10,890	5,416	16,307
Equipment/Tools	267	250	517
General Materials	31	250	281
Maintenance	472	758	1,229
Membership Refund	-	-	-
Office Costs	18	219	236
Premises Costs	564	14,082	14,646
Project Costs	420	-	420
Promotion	532	-	532
Refreshments	1,134	-	1,134
Service Fees	13	529	542
Staff Costs	-	23,007	23,007
Training	99	-	99
Travel	107	-	107
Total Expenditure	14,635	44,511	59,145
c/f			
Current acc			63,473
Cash			31
Paypal			-
Zettle			50
Payroll Deposit Held Externally			4,000
Deposits Held			(250)
			126,450

Independent Examiner : NJF Accounts Ltd

NORWICH MEN'S SHED

England & Wales - Charity number 1171796

Accounts



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Trustees' Annual Report and Financial Statements

For the period 01 April 2022 – 31 March 2023

Charity name: **Norwich Men's Shed**

Charity registration number: **1171796**

Objectives and Activities

The objectives of Norwich Men's Shed (NMS) are to promote men's good health and wellbeing, for the benefit of the community. In particular for those men who are retired, unemployed, recovering from ill health or addiction, but also those who simply wish to make use of the facilities offered in a safe and friendly environment.

NMS offers a dedicated workshop space for men in the local community – a place to connect, converse and create, addressing key issues around wellbeing, social isolation and loneliness. Members engage in a wide range of meaningful and worthwhile activities with like-minded people, having fun, sharing skills and knowledge and gaining a renewed sense of purpose and belonging. The Shed offers a safe, nurturing environment where members are wanted, valued, and needed. This group of men come together to form a community and the peer support and camaraderie is crucial to maintaining individual wellbeing and good mental health.

All members make a positive contribution to the running of our Shed. Shed members work on their own projects, volunteer their time to undertake public commissions and engage in community-based projects. Some members also mentor/tutor fellow members and community groups.

NMS Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

2022-23 Delivery

The aftermath of the Covid-19 impact on community activities continued well into this delivery period. Last (financial) year we reopened our workshops in May 2021, following a year-long government-enforced lockdown/closure. The pandemic highlighted universal issues around loneliness and social isolation, which impact mental health – many men access NMS for these core reasons.

This funding period, our focus remained on rebuilding/growing our membership and strengthening our ongoing provision. As the year progressed restrictions became more relaxed and our membership grew to the point where we opened for an additional weekly session to meet the increased demand (March 2023).

We realised that people's habits and activities had changed long-term due to Covid-19 and some members chose not to return at all. However, we did check-in on them and it transpired that all non-returners had found alternative activities that met their needs, most of which took place outside such as walking groups and gardening projects.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

As things settled down, most of our membership became more long-term and over the time period 60 men regularly accessed our workshop provision. With restrictions gradually lifting we were also able to host larger social gatherings to include all members.

Direct beneficiaries are men aged 18 +, this includes men dealing with issues around mental health, physical health, aging, social isolation, unemployment, homelessness and ex-offenders. Due to the nature of our membership, this can vary from the transient, to those who attend regularly on an ongoing basis.

Operational Changes and Partnerships

July 2022, we partnered with the local branch of Headway, a charity that supports survivors of brain injury. Headway approached us when they moved premises and lost their workshop provision in Norwich - their community rehabilitation activities perfectly align with our charitable aims of supporting men's wellbeing we are now working together for the benefit of both charities.

In December 2022 the main tenants of our premises moved out, effectively ending our sublease. We took on the main lease of the whole premises at this point which increased our running costs accordingly. The increased costs were partially mitigated by the income generated from our partnership with Headway

Change in Board –Trustee Recruitment

Historically (pre Covid), we had identified that we had outgrown our operational model; as a popular facility for men in the local community, we were operating at capacity and had a waiting list of new members. At CIO set-up our board was drawn exclusively from the membership and we recognised the need for change in line with our charitable growth.

Following a successful trustee recruitment campaign, we welcomed Ian Blunnie as a new trustee in December 2021 and he then stepped up to the chair role in April 2022. A former Parish Councillor and School Governor Ian brings significant experience in community governance and project management.

In July 2022 Richard Arundell joined us as a (co-opted) trustee and subsequently took on treasurer responsibilities in August 2022. Richard brings many years of finance experience - his work history includes 15 years at a well-known insurance firm and participation in his professional institute's national mentoring scheme.

Projects and Collaborations:

As the world slowly reopened, we were able to work more collaboratively with external organisations and also attend public facing events. Community collaboration is important to our members and they welcomed the return of more interactive working.

Highlighted projects, collaborations and events included:

- Participation at community events: Wensum Park Rights of the River (April 2022), Sprowston Community Fete (July 2022) and the Garage Creative Wellbeing Day (January 2023) – Members acted as Shed ambassadors and promoted the benefits of NMS membership alongside showcasing items they'd made as members.
- April 2022 – Broad's Authority Cary's Meadow Fairy Door Trail #2: Our members repaired the original doors and created new ones for the return of this popular nature-based trail. This was part of Natural Wonder, a community learning project curated by writer Ruthie



Collins that engages children and families in creative activities through interaction with nature.

- May 2022 – Holt Fairy Door Trail: A collaborative project with Holt Library and writer Ruthie Collins supported by Holt Town Council. This interactive art exhibition featured children's art and writing from local primary schools, with their designs transposed onto doors made by our members.
 - August 2022 – Robot Making Workshops at the Phoenix Centre: As part of a school holiday activity programme, we delivered creative making sessions for families at a local community centre.
 - September 2022 – Collaboration with Norfolk and Norwich University Hospitals NHS Foundation Trust: Our members restored a range of historic medical equipment for their 250th Anniversary exhibition at Norwich Forum as part of Heritage Open Days.
 - November 2022 – Fundraising and Awareness Event with Julia Hetherton, Executive Head Chef at The Assembly House: Julia ran and cycled a double marathon before hosting an afternoon tea information event. This raised funds for charities supporting men's mental health alongside raising awareness for the support available.
-

Financial Review

Funds held 31/03/2023	40,184
Consisting of:	
Restricted Grant Funding	3,768
Unrestricted funds	36,417

Reserves Policy: To maintain a reserve of 3-6 months operating costs with a view to increasing funds held to deal with unexpected events (around £15,000).

Financial Operating Model:

- Membership fees, donations and income from public commissions/sales of hand-crafted items go towards core ongoing running costs/workshop consumables
- External grant funding covers staff costs
- Any surplus raised from commissions/sales go back into running the charity and are used towards running costs and the purchase of items for the benefit of members, i.e. larger items of equipment/machinery

In 2022-23 NMS income from public commissions and stalls/events remained reduced due to ongoing impact of Covid-19 restrictions – however we did start to build this back up as the year progressed.

Grant Funding allocated to this financial year: National Lottery Community Fund, Ardonagh Trust and Norfolk Community Foundation.

We also received donations from Asda Green Token Giving Scheme and Waitrose Community Matters Fund.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Structure, Governance and Management

Norwich Men's Shed (NMS) is a Charitable Incorporated Organisation (CIO).

The CIO is governed by a constitution, with charity Trustees being elected by members and the board at the Annual General Meeting.

The Board of Trustees are responsible for general governance and define the direction of the charity.

There is a member elected Operations Committee that sits under the Board of Trustees, who oversee general operations and logistics.

NMS operates as a membership cooperative, with all members having a voice in a coproduction delivery model.

Under their membership agreement, all members help with the running and maintenance of the Shed. Members volunteer time and expertise to facilitate our workshop provision and their input is essential to our operational model. Volunteers are supported by (part-time) paid Coordinator and Supervisor roles.

Norfolk based CIO MensCraft originally set up the Norwich Shed in 2013 – NMS then became an independent CIO in 2017. A small member led charity, NMS originally self-funded through membership contributions and public commissions – as costs have increased and membership has grown, we now apply for grant-funding as required to enable our charity to remain operational.

Over the years, NMS have grown from a small club with a handful of members into a popular, respected and well-known local charity that actively works with other charities and community projects in the area.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Reference and Administrative details

Charity name	Norwich Men's Shed
Registered charity number	1171796
Charity's principal address	47-51 Pitt Street Anglia Square Norwich NR3 1DE

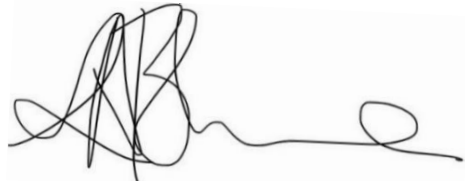

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Blunnie	Chairman (from 13 Apr 2022)		Members AGM
2	Matt Sims	Chairman (to 13 Apr 2022)		Members AGM
3	Tim Ridgley	Treasurer (to 23 Aug 2022)		Members AGM
4	Graham Ives		To 13 Apr 2022	Members AGM
5	Andrew Jones		To 13 Apr 2022	Members AGM
6	Richard Arundell	Treasurer (from 23 Aug 2022)	From 07 Jul 2022	Board of Trustees (co-opted trustee)

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ian Blunnie	Richard Arundell
Position	Chair	Treasurer
Date	26/01/2024	

Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Norwich Men's Shed

On accounts for the year
ended

31 March 2023

Charity no
(if any)

1171796

Set out on pages

1 - 2

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: N Fowler

Date: 15/01/2024

Name: Nicola Fowler, NJF Accounts Ltd

Relevant professional qualification(s) or body (if any):	Fellow of the Association of Chartered Certified Accountants Member of the Chartered Institute of Taxation
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Address:	21 Springfields
	Poringland, Norwich
	NR14 7RG

Section B	Disclosure
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Only complete if the examiner needs to highlight material problems.(E.g. accounting records have not been kept in accordance with s132 of the Charities' Act 2011 and those accounts do not comply with the requirements of the 2008 Regulations setting out the form and content of charity accounts; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanations by any past or present trustee, officer or employee; and any material consistency between the accounts and the trustees' annual report.)

Give here brief details of any items that the examiner wishes to disclose.

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2023

	2023	2022
	£	£
Income		
Course Income	526	680
Donations	2,640	937
Grant Income	27,500	19,617
Membership Fees	8,352	5,187
Misc	15	145
Project Income	2,662	802
Sales	3,653	2,443
Workshop Hire	5,385	0
Total Income	50,732	29,811
Expenditure		
Contractor Fees	30,812	27,331
Equipment/Tools	3,634	670
General Materials	248	154
Maintenance	364	537
Membership Refund	80	60
Office Costs	324	299
Premises Costs	9,478	4,968
Project Costs	641	455
Promotion	140	402
Refreshments	572	306
Service Fees	1,412	1,273
Training	0	1,625
Travel	4	87
Total Expenditure	47,709	38,166
Net Income/(Expenditure)	3,023	-8,355

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the year ending 31 March 2023

		Unrestricted £	Restricted £	Total £
Income				
	Course Income	526		526
	Donations	2,640		2,640
	Grant Income	5,000	22,500	27,500
	Membership Fees	8,352		8,352
	Misc	15		15
	Project Income	2,662		2,662
	Sales	3,653		3,653
	Workshop Hire	5,385		5,385
Total Income		28,232	22,500	50,732
b/f	Current acc	25,377	11,690	37,067
	Cash	94	-	94
	Paypal	-	-	-
	Zettle	-	-	-
				87,893
Expenditure				
	Contractor Fees	9,686	21,126	30,812
	Equipment/Tools	1,634	2,000	3,634
	General Materials	248	-	248
	Maintenance	184	180	364
	Membership Refund	80		80
	Office Costs	264	60	324
	Premises Costs	2,798	6,680	9,478
	Project Costs	641		641
	Promotion	140		140
	Refreshments	572		572
	Service Fees	1,036	376	1,412
	Training	-		-
	Travel	4	-	4
Total Expenditure		17,287	30,422	47,709
c/f	Current acc	36,371	3,768	40,233
	Cash	101		101
	Paypal			-
	Zettle	50		50
	Deposits Held	(200)		(200)
				87,893

NORWICH MEN'S SHED

England & Wales - Charity number 1171796

Accounts



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Trustees' Annual Report and Financial Statements

For the period 06 April 2021 – 31 March 2022

Charity name: **Norwich Men's Shed**

Charity registration number: **1171796**

Objectives and Activities

The objectives of Norwich Men's Shed (NMS) are to promote men's good health and wellbeing, for the benefit of the community. In particular for those men who are retired, unemployed, recovering from ill health or addiction, but also those who simply wish to make use of the facilities offered in a safe and friendly environment.

NMS offers a dedicated workshop space for men in the local community – a place to connect, converse and create, addressing key issues around wellbeing, social isolation and loneliness. Members engage in a wide range of meaningful and worthwhile activities with like-minded people, having fun, sharing skills and knowledge and gaining a renewed sense of purpose and belonging. The Shed offers a safe, nurturing environment where members are wanted, valued, and needed. This group of men come together to form a community and the peer support and camaraderie is crucial to maintaining individual wellbeing and good mental health.

All members making a positive contribution to the running of our Shed. Shed members work on their own projects, volunteer their time to undertake public commissions and engage in community-based projects. Some members also mentor/tutor fellow members and community groups.

NMS Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

2021-22 Delivery

We reopened our workshops in May 2021, following (over a) a year of government-enforced lockdown under Covid-19 regulations. The pandemic highlighted universal issues around loneliness and social isolation, which impact on mental health – many men access NMS for these core reasons.

Throughout the year we concentrated on gradually rebuilding our membership after this period of prolonged closure. Ongoing pandemic related regulations meant our workshops looked very different with face coverings required for all users, screened workbenches and a one-way system in place. Our Shed is a place of community, where members naturally work together – social distancing really changed our delivery method and limited the number of members we could have at any one time. We noticed that some members were (naturally) nervous about returning to shared spaces and reconnecting with others – it was imperative that we facilitated a safe space as we gradually regrew our Shed community.

On reopening, we limited workshop attendance to ensure a safe environment – initially (May 2021) we were only able to support existing members, and then offered provision for new members Sept 2021 onwards. 75 men accessed our workshop provision over this timeframe, of which 40 were new



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

to NMS. Direct beneficiaries are men aged 18 +, this includes men dealing with issues around mental health, physical health, aging, social isolation, unemployment, homelessness and ex-offenders. Due to the nature of our membership, this can vary from the transient, to those who attend regularly on an ongoing basis.

Change in Board –Trustee Recruitment

Pre pandemic (2019-20), we had already identified that we had outgrown our operational model; as a popular facility for men in the local community, we were operating at capacity and had a waiting list of new members. At CIO set-up our board was drawn exclusively from the membership and we recognised the need for change in line with our charitable growth.

Following a successful trustee recruitment campaign, we welcomed Ian Blunnie as a new trustee. A former Parish Councillor and School Governor Ian brings significant experience in community governance and project management and has since stepped up to the chair role (Apr 2022).

Projects and Collaborations:

Although our collaborative working options were significantly reduced due to limited capacity and ongoing Covid restrictions, our members enjoyed participating in the following community projects:

- **Peregrinations** – A collaborative community art project curated by Holly Bodmer that commenced during lockdown as part of Norfolk & Norwich Festival. While our physical workshops were closed, we facilitated remote working on "Peregrinations", in which local artists worked with a selection of community groups. Our members worked with artist Alice Lee, to design and create a selection of automata/props that became an integral part of the final interactive performance at Norwich Cathedral in May 2021.
- **Fairy Door Trail at Cary's Meadow** – Our members designed and created the doors for an interactive fairy door trail as part of Natural Wonder – a project curated by writer Ruthie Collins, to celebrate our connection with the natural world. The doors represent the first member makings created at our workshops after a prolonged period of closure due to the pandemic. This project provided the opportunity for members to be part of a community project while working individually and safely.
- **2 x Community Trees** – Interactive tree sculptures commissioned for learning projects - IntoUniversity (for school workshops/feedback) & Natural Wonder (Learning Aid for Literacy Workshops)
- **Triptych Exhibition Screen** – Our members were commissioned to make the structure for a triptych screen as part of the Norwich Good Economy Exhibition at The Forum. OPEN DOORS - The Story So Far was an interactive exhibition focusing on seldom heard voices within the Norwich community about the local economy.
- **Pigeon Fanciers Mechanical Theatre** – Inspired by collective ideas from working with Norwich Men's Shed for NNF Peregrinations, local artist Alice Lee collaborated with members of our Shed to create this automated installation based on racing pigeons. Together we built a series of mechanised automata that has since been displayed in a number of public-facing venues.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Financial Review

Funds held 31/03/2022	37,161
Consisting of:	
Restricted Grant Funding	11,690
Unrestricted funds	25,471

Reserves Policy: To maintain a reserve of 3-6 months operating costs with a view to increasing funds held to deal with unexpected events. (Around £15000)

Financial Operating Model:

- Membership fees, donations and income from public commissions/sales of hand-crafted items go towards core ongoing running costs/workshop consumables
- External grant funding covers staff costs
- Any surplus raised from commissions/sales go back into running the charity and are used towards running costs and the purchase of items for the benefit of members, ie larger items of equipment/machinery

In 2021-22 NMS income from membership fees, public commissions and stalls/events was significantly reduced as a direct result of the impact Covid-19 restrictions – any shortfall was recovered through sourcing additional grant funding.

Restricted Grant Funding received from National Lottery Community Fund (Local Connections and Reaching Communities Grants)

Unrestricted Funding received from Norwich City Council (Additional Restrictions Grant) and Arnold Clark (Community Fund)



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Structure, Governance and Management

Norwich Men's Shed (NMS) is a Charitable Incorporated Organisation (CIO).

The CIO is governed by a constitution, with charity Trustees being elected by members and the board at the Annual General Meeting.

The Board of Trustees are responsible for general governance and define the direction of the charity.

There is a member elected Operations Committee that sits under the Board of Trustees, who oversee general operations and logistics.

NMS operates as a membership cooperative, with all members having a voice in a coproduction delivery model.

Under their membership agreement, all members help with the running and maintenance of the Shed. Members volunteer time and expertise to facilitate our workshop provision and their input is essential to our operational model. Volunteers are supported by (part-time) paid Coordinator and Supervisor roles.

Norfolk based CIO MensCraft originally set up the Norwich Shed in 2013 – NMS then became an independent CIO in 2017. A small member led charity, NMS originally self-funded through membership contributions and public commissions – as costs have increased and membership has grown, we now apply for grant-funding as required to enable our charity to remain operational.

Over the years, NMS have grown from a small club with a handful of members into a popular, respected and well-known local charity that actively works with other charities and community projects in the area.



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Reference and Administrative details

Charity name	Norwich Men's Shed
Registered charity number	1171796
Charity's principal address	47-51 Pitt Street Anglia Square Norwich NR3 1DE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Blunnie	Chairman (from 13 Apr 2022)	From 15 Dec 2021	Members AGM
2	Matt Sims	Chairman (to 13 Apr 2022)		Members AGM
3	Tim Ridgley	Treasurer (to 23 Aug 2022)		Members AGM
4	Graham Ives			Members AGM
5	Andrew Jones			Members AGM
6	Richard Arundell	Treasurer (from 23 Aug 2022)	From 07 Jul 2022	Board of Trustees (co-opted trustee)

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Ian Blunnie

Tim Ridgley

Position

Chair

Treasurer (former)

Date

30/01/2023

Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Norwich Men's Shed

On accounts for the year
ended

31 March 2022

Charity no
(if any)

1171796

Set out on pages

1 - 2

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: N Fowler

Date: 25/01/2023

Name: Nicola Fowler, NJF Accounts Ltd

Relevant professional qualification(s) or body (if any):	Fellow of the Association of Chartered Certified Accountants Member of the Chartered Institute of Taxation
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Address:	21 Springfields
	Poringland, Norwich
	NR14 7RG

Section B	Disclosure
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Only complete if the examiner needs to highlight material problems.(E.g. accounting records have not been kept in accordance with s132 of the Charities' Act 2011 and those accounts do not comply with the requirements of the 2008 Regulations setting out the form and content of charity accounts; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanations by any past or present trustee, officer or employee; and any material consistency between the accounts and the trustees' annual report.)

Give here brief details of any items that the examiner wishes to disclose.

Norwich Men's Shed

Reg Charity 1171796

Income and Expenditure Report for the period ending 31st March 2022

	Unrestricted £	Restricted £	Total £
Income			
Course Income	680		680
Donations	937		937
Grant Income	7,117	12,500	19,617
Membership Fees	5,187		5,187
Misc	145		145
Project Income	802		802
Sales	2,443		2,443
Total Income	17,311	12,500	29,811
b/f Current acc	9,458	35,967	45,425
Cash	91	0	91
Paypal	0	0	0
			75,327
Expenditure			
Contractor Fees		27,331	27,331
Equipment/Tools	312	358	670
General Materials	46	108	154
Maintenance	229	308	537
Membership Refund	60		60
Office Costs	138	161	299
Premises Costs		4,968	4,968
Project Costs	312	143	455
Promotion	120	282	402
Refreshments	86	220	306
Service Fees		1,273	1,273
Training		1,625	1,625
Travel	87		87
Total Expenditure	1,390	36,777	38,167
c/f Current accs	25,377	11,690	37,067
Cash	91	-	93
Paypal	-	-	-
			75,327

Norwich Men's Shed

Reg Charity 1171796

Income and expenditure Report for the period ending 31st March 2022

	2022 £	2021 £
Income		
Course Income	680	0
Donations	937	366
Grant Income	19,617	44,944
Membership Fees	5,187	1,545
Misc	145	0
Project Income	802	425
Sales	2,443	135
Total Income	<u>29,811</u>	<u>47,415</u>
Expenditure		
Contractor Fees	27,331	16,659
Equipment/Tools	670	122
General Materials	154	216
Maintenance	537	1,095
Membership Refund	60	320
Miscellaneous	-	50
Office Costs	299	80
Premises Costs	4,968	1,617
Project Costs	455	0
Promotion	402	115
Refreshments	306	0
Service Fees	1,273	649
Training	1,625	135
Travel	87	26
Total Expenditure	<u>38,167</u>	<u>21,085</u>
Net Income/(Expenditure)	<u>(8,356)</u>	<u>26,330</u>

NORWICH MEN'S SHED

England & Wales - Charity number 1171796

Accounts



Norwich Men's Shed is a registered charity. (Charity No. 1171796)
47-51 Pitt Street, Anglia Square, Norwich, NR3 1DE
norwichmensshed.org.uk

Trustees' Annual Report and Financial Statements

For the period 06 April 2020 - 05 April 2021

Charity name: **Norwich Men's Shed**

Charity registration number: **1171796**

Objectives and Activities

The objectives of Norwich Men's Shed (NMS) are to promote men's good health and wellbeing, for the benefit of the community. In particular for those men who are retired, unemployed, recovering from ill health or addiction, but also those who simply wish to make use of the facilities offered in a safe and friendly environment.

NMS provides a physical space for men to socialise and take part in practical, creative and/or recreational activities, addressing key issues around mental health, social isolation and loneliness.

NMS offers a skills sharing workshop environment, with all members making a positive contribution to the running of our Shed. Shed members work on their own projects, volunteer their time to undertake public commissions and engage in community based projects. Some members also mentor/tutor fellow members and community groups.

NMS Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Achievements and Performance

NMS physical premises closed to member use March 2020 – May 2021 due to government-enforced lockdown under Covid-19 regulations

This year's delivery was very different due to the knock-on effects of operating during a pandemic. We were unable to offer physical meeting space, and focused on maintaining connection with members and working together to ensure we had a Shed to go back to. We set up various means of group communication and regularly contacted individual members identified as vulnerable, including signposting to other organisations as appropriate. Although our physical premises were closed, members continued to interact and the sense of community prevailed. The pandemic highlighted universal issues around loneliness and social isolation, which impact on mental health – many men access NMS for these core reasons.

While the workshops were closed to standard member use, a member nominated sub-group worked with our landlords to adapt and update the workshops to Covid-19 Secure Environment standards to enable safe future reopening. (Funded by NCF Norfolk Recovery Fund)

Some NMS members participated in "Peregrinations", a collaborative community art project curated by Holly Bodmer in which local artists worked with a selection of community groups culminating in an interactive performance at Norfolk & Norwich Festival 2021. Our members worked with artist Alice Lee, to design and create a selection of automatons/props that became an integral part of the



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final performance. We were aware that members have very different resources and personal workspaces whilst Shed workshops were not accessible – therefore we set up a number of different remote learning/participation options so that all members could be involved.

<https://nnfestival.org.uk/whats-on/peregrinations/>
<https://www.parallepoint.net/automata>

60 men accessed NMS provision April 2020 – March 2021. Direct beneficiaries are men aged 18 +, this includes men dealing with issues around mental health, physical health, aging, social isolation, unemployment, homelessness and ex-offenders. Due to the nature of our membership, this can vary from the transient, to those who attend regularly on an ongoing basis.

Financial Review

Funds held 05/04/2021	£45,515.76
Consisting of:	
Restricted Grant Funding	£36,708.19
Unrestricted funds	£8,807.57

Reserves Policy: To maintain a reserve of 3-6 months operating costs with a view to increasing funds held to deal with unexpected events. (Around £6000)

Financial Operating Model:

- Membership fees, donations and income from public commissions/sales of hand-crafted items cover ongoing running costs/workshop consumables
- External grant funding covers staff costs
- Any surplus raised from commissions/sales go back into the charity and are used to purchase items for the benefit of members, ie larger items of equipment/machinery

In 2020-21 NMS lost income from membership fees, public commissions and stalls/events as a direct result of Covid-19 – any shortfall was recovered through sourcing additional grant funding

Restricted Grant Funding received from Norwich City Council (Pledge Match Funding), Norwich Consolidated Charities, Norfolk Community Foundation (Norfolk Recovery Fund)

Unrestricted Funding received from Norwich City Council (Covid-19 Discretionary Grant)



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Structure, Governance and Management

Norwich Men's Shed (NMS) is a Charitable Incorporated Organisation (CIO).

The CIO is governed by a constitution, with charity Trustees being elected by members and the board at the Annual General Meeting.

The Board of Trustees are responsible for general governance and define the direction of the charity.

There is a member elected Operations Committee that sits under the Board of Trustees, who oversee general operations and logistics.

NMS operates as a membership cooperative, with all members having a voice in a coproduction delivery model.

NMS began as a club set up under MensCraft, and became a separate CIO in Feb 2017. A small member led charity, NMS originally self-funded through membership contributions and public commissions.

From Jan 2019 NMS has employed a part time Coordinator, funded through external grants. This has increased our capacity to support member need, in particular those members who may initially require additional support to integrate into Shed life. In addition, the coordinator role has now developed beyond its original operational remit to incorporate future planning and strategic development.



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Reference and Administrative details

Charity name	Norwich Men's Shed
Registered charity number	1171796
Charity's principal address	47-51 Pitt Street Anglia Square Norwich NR3 1DE


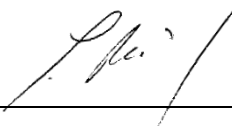
Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matt Sims	Chairman		Members AGM
2	Tim Ridgley	Treasurer		Members AGM
3	Graham Ives			Members AGM
4	Andrew Jones			Members AGM
5	Andrew Wood		To 02 March 2021	Members AGM
6	Ben Taylor		To 15 Feb 2021	Members AGM
7	Ian Blunnie		From 15 Dec 2021	Board of Trustees (co-opted trustee)

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Matt Sims	Tim Ridgley
Position	Chair	
Date	31/01/2022	

Independent examiner's report on the accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Norwich Men's Shed

On accounts for the year
ended

5 April 2021

Charity no
(if any)

1171796

Set out on pages

1 - 2

Respective
responsibilities of
trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent
examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent
examiner's statement

In connection with my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: N Fowler

Date: 27/01/2022

Name: Nicola Fowler, NJF Accounts Ltd

Relevant professional qualification(s) or body (if any):	Fellow of the Association of Chartered Certified Accountants Member of the Chartered Institute of Taxation
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Address:	21 Springfields
	Poringland, Norwich
	NR14 7RG

Section B	Disclosure
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Only complete if the examiner needs to highlight material problems.(E.g. accounting records have not been kept in accordance with s132 of the Charities' Act 2011 and those accounts do not comply with the requirements of the 2008 Regulations setting out the form and content of charity accounts; any material expenditure or action which appears not to be in accordance with the trusts of the charity; any failure to be provided with information and explanations by any past or present trustee, officer or employee; and any material consistency between the accounts and the trustees' annual report.)

Give here brief details of any items that the examiner wishes to disclose.

Norwich Men's Shed

Reg Charity 1171796

Income and expenditure Report for the year ending 5th April 2021

	Unrestricted £	Restricted £	Total £
Income			
Donations	366		366
Grant Income	2,000	42,944	44,944
Membership Fees	1,545		1,545
Project Income	425		425
Sales	135		135
Total Income	4,471	42,944	47,415
b/f Current acc	7,057	11,888	18,945
Cash	241	0	241
Paypal	0	0	0
		66,601	
Expenditure			
Coordinator Salary		16,322	16,322
Course Materials	17	200	216
General Maintenance	344	751	1,095
Haulage/Parking/Travel	26		26
Miscellaneous	50		50
Office Materials	80		80
Promotional Materials	115		115
Service Fees		649	649
Staff Training		135	135
Supervisor Fees		140	140
Tools/Equipment	122		122
Tutors		197	197
Utilities	1,146	472	1,617
Membership Fee Refund	320		320
Total Expenditure	2,220	18,865	21,085
c/f Current accs	9,458	35,967	45,425
Cash	91	-	91
Paypal	-	-	-
		66,601	

Norwich Men's Shed

Reg Charity 1171796

Income and expenditure Report for the year ending 5th April 2021

	2021 £	2020 £
Income		
Course Fees	-	2,864
Donations	366	884
Events	-	1,272
Grant Income	44,944	21,550
Membership Fees	1,545	2,835
Other Income	-	275
Parking Fees	-	100
Project Income	425	6,224
Sales	135	1,761
Total Income	<u>47,415</u>	<u>37,764</u>
Expenditure		
Catering/Events	-	505
Coordinator Salary	16,322	14,969
Course Materials	216	89
General Maintenance & Materials	1,095	594
Haulage/Parking/Travel	26	914
Member Payment for Work	-	150
Miscellaneous	50	406
Office Materials	80	263
Project Materials/Costs	-	2,729
Promotional Materials	115	210
Refreshments	-	231
Service Fees	649	50
Staff Training	135	480
Supervisor Fees	140	0
Tools/Equipment	122	3,170
Tutors	197	2,813
Utilities	1,617	3,867
Workshop Consumables	-	804
Membership Fee Refund	320	50
Total Expenditure	<u>21,085</u>	<u>32,293</u>
Net Income/(Expenditure)	<u>26,330</u>	<u>5,471</u>