

South Asian Health Action

Trustees Report and Accounts

Year ended

31st December 2024



**Registered Charity No.
1171789**

South Asian Health Action

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The following pages do not form part of the Statutory Accounts

South Asian Health Action

Officers and advisers

CEO

Kirit Mistry

TRUSTEES

Mr Kurun Maudgil

Mr Dhiran Desai

Shirin Shahid

Neeta Rasiklal Kachhela

REGISTERED OFFICE

South Asian Health Action

c/o LGF

Claremont Street

Leicester LE4 7QH

REGISTERED CHARITY NUMBER

1171789

PRINCIPAL BANKER

Metro Bank

One Southampton Row

London

WC1B 5HA

INDEPENDENT EXAMINER

Mr Mahendra Mandalia FCCA

60A Lakes Lane

Beaconsfield

South Bucks

HP9 2JZ

South Asian Health Action

Trustees report

The Trustees present their annual report with the financial statement for the year ending 31st December 2024. The Trustees have adopted the provisions of the Statement of recommended Practice (SORP) "accounting and reporting by Charities" issued in October 2000 in preparing the annual report and financial

Principle objectives

To promote and to preserve good health and wellbeing among persons in need, especially of South Asian origin, particularly, but not exclusively, those suffering or at risk of suffering or in need of rehabilitation from long-term health conditions such as diabetes, heart disease, cancer and kidney failure, or those in need of

Management Committee

The CEO is responsible for the strategic business of the Charity, from being the front public face, primary leader, fundraiser, operational lead, and works closely with the Trustees and team for the general control and management of administration of the Charity.

Financial position

The Statement of Financial Activities shows net Expenditure over Income for the year of -£64,559 and our reserves stand at £219,236

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at the current levels combined with an annual review of the controls over the financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined

Trustee's responsibilities

Law applicable to charities in England & Wales require the trustees to prepare financial statements for each financial year which give a view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the trustees should follow best

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- follow the recommendation of the Charity Commission and applicable accounting standards, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue to meet its objectives.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure the financial statement comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and

Independent Examiner

The Independent Examiner for this year is Mr Mahendra Mandalia FCCA, 60A Lakes Lane, Beaconsfield South Bucks, HP9 2JZ

Approval

This report was approved by the trustees and signed on their behalf.

South Asian Health Action

Independent Examiner's report to the Trustees of South Asian Health Action Year ended 31 December 2024

I report on the accounts of South Asian Health Action for the year ended 31 December 2024 set out on pages 6 to 7

Respective responsibilities of the Trustees and the Examiner

South Asian Health Action (SAHA) trustees are responsible for the preparation of the accounts.

South Asian Health Action (SAHA) trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 43(3)(a) of the Act);
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review the accounting records kept by the charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking of explanations from the trustees concerning such matters. The procedure undertaken do not provide all the evidence that would be required in an audit and consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In connection with my examination, no matters have come to my attention:

- (1) which gives a reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with Section 41 of the Act; and
 - to prepare the accounts which accord with the accounting records and comply with the accounting requirements of the Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Mahendra M Mandalia FCCA

60A Lakes Lane
Beaconsfield
South Bucks
HP9 2JZ

Dated : 15th January 2026

South Asian Health Action
Statement of Financial Activities
For the year ended 31st December 2024

South Asian Health Action		Financial year	11/1/20
Annual accounts for the period		From	11/1/20
Period start date	01/01/2024	To	Period end date
			31/12/2024

CC17a

Section A **Statement of financial activities**

Recommended categories by activity	Details of own analysis	Note	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds							
Voluntary income		S01	10,509	66,225	-	76,733	254,891
Activities for generating funds		S32	-	-	-	-	-
Investment income		S33	-	-	-	-	-
Incoming resources from charitable activities		S34	-	-	-	-	-
Other incoming resources		S35	-	-	-	-	-
Total incoming resources		S36	10,509	66,225	-	76,733	254,891
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S17	-	-	-	-	540
Fundraising racing costs		S33	-	-	-	-	-
Investment management costs		S33	-	-	-	-	-
Charitable activities		S1	6,072	135,221	-	141,293	37,999
Governance costs		E11	-	-	-	-	-
Other resources expended		S1	-	-	-	-	-
Total resources expended		S1	6,072	135,221	-	141,293	38,539
Net incoming/(outgoing) resources before transfers		S1	4,437	68,996	-	64,456	216,352
Gross transfers between funds		S1	-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S1	4,437	68,996	-	64,456	216,352
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S1	-	-	-	-	-
Gains and losses on investment assets		S1	-	-	-	-	-
Net movement in funds		S1	4,437	68,996	-	64,456	216,352
Total funds brought forward		S21	50,977	232,918	-	283,796	87,444
Total funds carried forward		S21	55,414	163,822	-	219,236	283,796

South Asian Health Action

Balance Sheet as at 31-12-2024

Section B

Balance sheet

	Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Tangible assets (Note 9)	B01	-	-	-	-	-
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
Total fixed assets	B04	-	-	-	-	-
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	-	-	-	-	-
(Short term) investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	55,414	163,822	-	219,236	283,796
Total current assets	B09	55,414	163,822	-	219,236	283,796
Creditors: amounts falling due within one year (Note 12)	B10	-	-	-	-	-
Net current assets/(liabilities)	B11	55,414	163,822	-	219,236	283,796
Total assets less current liabilities	B12	55,414	163,822	-	219,236	283,796
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	21,570
Net assets	B15	55,414	163,822	-	219,236	262,226
Funds of the Charity						
Unrestricted funds	B16	55,414			55,414	50,977
Designated funds	B17	-			-	-
Restricted income funds (Note 13)	B18		163,822		163,822	211,248
Endowment funds (Note 13)	B19			-	-	-
Total funds	B20	55,414	163,822	-	219,236	262,226

The financial statements were approved by the Trustees and signed on its behalf.

Trustee:



Name

Shirin Shahid

Treasurer



Name

Neeta Kachhela

Dated:

29/12/2025

South Asian Health Action

Notes to the accounts

for the year ended 31 December 2024

Accounting policies

Basis of Preparation:

The financial statements are prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of recommended Practice, Accounting and reporting by charities (SORP) issued in October 2000, SORP Update Bulletin 1 Issued in December 2002, applicable accounting standards.

Incoming Resources

Voluntary resources and donations are include in incoming resources when they are received, except when donors' conditions have not been fulfilled, then the income is deferred. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs.

Resources Expended

in these cost categories. Where costs are attributable to more than one activity, they have been apportioned across the cost categories on a basis consistent within the use of these resources.



SAHA Chairs Report for year ended 31st December 2024

Reflection from the Board of Trustees:

Established in 2017, South Asian Health Action (SAHA) seeks to enable and empower South Asian communities to make informed choices about their health and wellbeing and, seek their active participation in addressing some of the systemic inadequacies in healthcare affecting these communities. SAHA's activities revolve around three pivots: South Asian communities, healthy living and well-being and, taking action to transform healthcare systems

Our mission/vision

South Asian communities will become more integrated into the design and delivery of healthcare leading to more anti-racist, culturally appropriate and patient and community-led services.

We Engage, Educate, Empower and Explore with the Communities to ensure our missions are achieved.

SAHA continues to thrive as a patient, carer and community led charity to ensure South Asian patients and carers living with long term conditions are engaged in helping to shape culturally sensitive health and social care services.

As per the previous year, the personal health challenges of our office bearers have resulted in the reporting delays, which are now being addressed.

During the year under review our Charity continues to support South Asian Patients, Carers and Communities to promote and preserve good health and well-being.

We also focused on building capacity of our volunteers through our Community Connectors programs, who then were equipped to help and support people in the Communities.

We present our annual report together with the financial statements of SAHA for the year ended 31st December 2024. We confirm that the annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document, and the provision of the Statements of Recommended Practice (SORP).

Strategic priorities:

1. Partner with mainstream healthcare providers to enable them to engage more actively with South Asian communities in the co-design, delivery and scrutiny of healthcare services.

2. To raise awareness of health research and clinical trials due to the under representation of South Asian communities.
3. To continue to work with the NHS on addressing health inequalities projects.

Board of Trustees

The Charity is governed by a Board of Trustees. Trustees during the year were as follows:

Krit Mistry resigned August 2023

Neeta Kachhela

Shirin Shahid

Karun Maudgil

Dhiren Desai

Volunteers

Over 50 volunteers supported our work in the year. The volunteers came from all walks of life, including Patients, Carers and Health Care Community Workers from the South Asian communities.

We train, support, and celebrate the amazing work our volunteers do, knowing that their contribution is essential to fulfilling our missions. Their willingness to devote their time and expertise for free is incredible; we could not have achieved what we have done over the year without our volunteers.

Responsibility statement

The financial statements have been prepared in accordance with the Charities Commission's regulations.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the Charity's transactions and disclosing with reasonable accuracy the financial position of the Charity. They are also responsible for safeguarding the assets of the charity and hence for taking responsible steps for the prevention and detection of fraud and other irregularities.