

Annual Report 2024



Introduction

In this annual report we are delighted to share with you the impact that Hospice Ethiopia UK has achieved in Ethiopia in 2024. It also gives us the opportunity to thank the many generous donors and supporters who have helped our charity during the year.

“Hospice Ethiopia UK” (HEUK, registered charity no. 1171781) became a registered UK charity in February 2017. Our aim is to promote the provision of palliative care to relieve the suffering of the terminally ill in Ethiopia by providing financial, educational and practical support.

There were 9 Trustees at the beginning 2024: Sue Mumford (Chair), Marion Bryce, Jamie Mumford, Rebecca Gascoyne-Richards (Treasurer), Tim Morgan, Jill Morgan (Secretary), Kit Forrester and Ellie Dharamraj. During the year Kit and Ellie stepped down from their roles as trustees but will continue as volunteers. During 2024 we were pleased to welcome Fredreka (Freddie) Collins and Alice Ingram as new trustees to the Board. The trustees work in close partnership with Ephrem Abathun, the Director of Hospice Ethiopia (HE).

Hospice Ethiopia (HE) is an Ethiopian non-government organisation (NGO) in Addis Ababa that provides home-based care for the terminally ill and palliative care education to a range of health care professionals in Ethiopia. It receives almost no funding from within the country. Ethiopia’s population is now estimated to be 127 million (the second most populous country in Africa).

The trustees of HEUK held six trustees’ meetings and an Annual General meeting during the year when we reviewed our work to inform our planning for the future and reviewed and updated our policies (which are available on our website). We keep in regular touch with our supporters through a monthly online newsletter. Our sincere thanks to Alice Roberts for editing and formatting these newsletters.

HEUK could not have achieved all that it has in 2024 without many hours of help from regular and one-off supporters, who freely gave their time and expertise to raise funds for those desperately needing palliative care in Ethiopia. As a small charity we have very low costs: we do not employ anyone, rent offices, or charge for our travel. This allows us to send almost all money raised to Ethiopia where it is so badly needed. Our thanks go to A J Cooper Builders for funding our administration costs. Thanks also must go to those supporters who have helped the trustees of HEUK with our website, social media, and publicity. We are grateful to Norfolk County Council for funding an Advisor to undertake a Digital Audit for Hospice Ethiopia UK. Following this we are working through the recommendations which will improve our digital media and improve the governance of HEUK’s digital documentation.

Fundraising

As Hospice Ethiopia UK’s accounts show, 2024 has been another good year for raising funds with a total income from face to face events of over £13,500.. We’ve held almost one event per month, which we could not have done without the generous help of so many volunteers. With a varied programme of events from cake stalls and teas to a Bridge event, we’ve tried to appeal to different

audiences. In June we held a very successful auction of Promises at Reepham Church Hall. We are very grateful to Catherine Temple for speaking about her cheese making at the event and to David Robinson for being our auctioneer. This event raised over £2,700.



Sue Mumford with David Robinson (auctioneer)

In July a volunteer, Margy Seale, wrote a script for dramatized readings from Jane Austen's *Northanger Abbey* which was performed at Cromer Hall, thanks to owners Dido and Benjie Manners. This was our second Jane Austen event and it proved hugely popular raising over £1,500.

A new venture for Hospice Ethiopia UK in 2024 was linking up with Godfrey Pratt who organised a couple of days for the Norfolk Heritage Metal detecting club to raise money for Hospice Ethiopia. We are also grateful to the landowners, Robert Gurney and Michael Harrold for giving permission for them to detect on their land. Among their exciting finds was a Middle Bronze Age socketed axe dating to 2200 to 2000 BCE making it about four thousand years old! We are very grateful for £1,560 being raised to support the work of Hospice Ethiopia.

We were delighted to be accepted to take part again in The Big Give Christmas Challenge, a national matched fundraising campaign run annually at the beginning of December. Our "project" in 2024 was to raise £11,500 to fund an additional nurse and a new social worker to the Hospice Ethiopia team in 2025. In fact, with Gift Aid the total raised was over £12,500: a fantastic result, which will mean Hospice Ethiopia UK will be able to expand its capacity to care.

We are also extremely grateful to those donors who give a monthly donation via a standing order. This really helps with our financial planning and ensures we have regular money to support the work of HE in these difficult times. It is easy to set up a standing order: please contact HEUK via info@hospiceethiopia.org.uk for more information.

We wish to extend many thanks to all our supporters who gave their time to help with organising and running events as well as making generous donations. Without your help Hospice Ethiopia would not be able to continue its vital work.

Education Fund

At the beginning of 2024 Hospice Ethiopia UK agreed to give a grant towards the cost of Ethiopian Dr Juhliad Lebanu studying palliative care with Pallium, India. Following this he received a Chevening Scholarship to study MSc Palliative and End-of-Life Care at the University of Liverpool, which is being fully funded by the Foreign and Commonwealth Development Office (FCDO).

Reserves

The Trustees have agreed to allocate £30,000 (equivalent to 9 months funding) to the Reserve Fund, as a general reserve for emergency funding for Hospice Ethiopia.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011, and the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Small Entities, published July 2014.

Transfer of funds

During 2024, a total of £54,296 was transferred for use by HE; £34,000 was for running costs plus £15,000 funded a 30% pay rise for the staff largely raised through The Big Give Christmas challenge 2023. £1,716 for the Tewolde Medhane fund which included £1,000 grant from CB & HH Taylor 1984 Trust. £3,482 funded education and training. We are grateful to Aylsham Rotary Club for contributing towards the cost of Nurse Abenezer undertaking paediatric palliative care training. We had hoped this would be at the Mildmay hospital in Kampala, Uganda. However, it is now necessary for foreign students to have their academic qualifications verified by the Uganda National Council of Higher Education. This has proved to be excessively bureaucratic with no resolution to the application. Therefore, Nurse Abenezer is now applying to PATCH in South Africa to undertake his studies. When drawing up their 5 year strategic plan in 2023, Hospice Ethiopia made providing specialist paediatric palliative care one of their priorities, as there is nobody, doctor or nurse, in Ethiopia with this specialist knowledge.

Due to the success of our fundraising and in line with HE's 5 year strategic plan we have a restricted fund of £30,000 plus the trustees have designated a further £50,000 for building premises for HE. We also hold restricted funds for the Tewolde Medhane fund (formerly the Comfort Fund), the administration fund (funded by Cooper's Builders), the education fund and the Big Give Christmas Challenge projects.

The Chair of HEUK holds a monthly online Zoom call with Ephrem Abathun (Executive Director of HE) so that the two charities work closely to ensure the smooth running of HE. HEUK receives quarterly reports from the Hospice detailing such things as the number of patients being seen by HE, the training HE has delivered and budgetary information. This helps to ensure that all the money we transfer to HE is spent appropriately. The money that is transferred from HEUK is used to support patients like Genet as they approach the end of life. It costs £55 per month to care for a patient on the homecare programme.



When the trustees visited Ethiopia in February, they met Genet who was a 57 year old spinster. She was a Protestant Christian and had an adopted daughter who had recently been married. Genet lived alone in a rented single room house. Before becoming ill, she worked in a school, but was unable to work and had no income, so received a monthly grant from the Tewolde Medhane Fund. She learnt about Hospice Ethiopia from a friend so she referred herself. Prior to this she had received 7 doses of chemotherapy at the Tikur Anbessa Hospital for her incurable colon cancer that had spread to multiple sites in her liver. The chemotherapy had made no impact on her disease and she had not been offered any other anti-cancer treatment such as radiotherapy.

Genet had been prescribed tramadol for her pain by the hospital for a neuropathic (nerve) type pain. When she was first assessed by Nurse Kalkidan, her physical problems were abdominal pain, fatigue, reduced appetite, constipation and intermittent vomiting. She had been prescribed steroid medication for the vomiting by the hospital. During our visit Nurse Kalkidan adjusted her pain killing medication adding in metoclopramide and omeprazole for the nausea along with gabapentin (300mg daily) for the pain and bisacodyl to prevent constipation.

She was supported spiritually by her religion and church connections. She was counselled by Nurse Kalkidan and encouraged to remain as active as possible (she goes to church and is fully ambulant). We explained the difficulties of treating fatigue and advised eating whatever she fancied whenever she felt hungry.

Making a difference

Not only is HEUK making a difference for patients like Genet described above but we are particularly pleased to report that in 2024 there has been continued expansion of palliative care services outside of the capital Addis Ababa. There are now palliative care services in a number of hospitals around the country including Jimma, Harar, Dessie and Sodo. Therefore, HEUK is directly

making an impact on people's lives and without these funds the work of HE would be severely reduced.

We are also influencing palliative care policy in Ethiopia through the development of the national palliative care training course with the Federal Ministry of Health. Training and mentorship will significantly increase the number of skilled and supported health workers.

Trustee visits

Jamie and Sue Mumford along with Rebecca Gascoyne Richards visited Hospice Ethiopia in Addis Ababa on behalf of HEUK in February 2024. Supplies (which were all donated by supporters) of colostomy bags (unavailable in Ethiopia), a range of dressings and incontinent pads were gratefully received by HE. The busy visit involved meetings with the Director and Finance Officer at HE, visits to patients receiving homecare along with one of HE's nurses, visit to the morphine reconstitution project at the Tikur Anbessa Hospital, meetings with previous contacts and Health Care Professionals with an interest in palliative care for example at St Paul's Hospital in Addis Adaba.

Jamie and Sue Mumford returned to Ethiopia for a further 3 week visit in November 2024. They spent time with the staff of Hospice Ethiopia visiting their patients and reviewing how the money we transferred to them was spent as well as consulting on their budget plan for 2025. These discussions are really important for Hospice Ethiopia UK to understand the successes and challenges that the hospice faces.

They also held meeting with a number of organisations including Dr Lydia Tesfaye who works at the British Embassy in Addis Ababa as the Health Adviser to the Human Capital Development team.

During the first week of their visit Hospice Ethiopia held an event to mark World Hospice Day The event gave the opportunity for Hospice Ethiopia to mark ten years since the World Health Assembly's resolution called for palliative care to be a vital part of healthcare systems across the world. A number of speakers, including Jamie and Sue were invited to reflect on the progress that has been made towards meeting this goal.



Jamie and Sue with staff from Hospice Ethiopia at the event to mark World Hospice Day

During their third week in Ethiopia, they travelled to Sodo Christian Hospital in Southern Ethiopia to deliver a 5 day palliative care training programme along with Ephrem Abathun and Dr Henok from the Zewditu Hospital (Addis Adaba). The course was funded by the hospital, and we are grateful to Dr Sifora and Dr Michelle Yates who did much of the pre-course planning and invited 28 delegates from the local government hospital and their own staff from the hospital. Few of these delegates had had any previous training or knowledge in palliative care and so we were delighted to see that the End of Course assessment demonstrated a 56% to 88% score improvement in their knowledge.

It was inspiring to see the impact that Hospice Ethiopia is now having on the expanding provision of palliative care in Ethiopia. With an estimated population of 127 million, there is still a long way to go but it is highly rewarding to know that Hospice Ethiopia UK is making a difference for those who suffer so much as they approach the end of their life. We are grateful to all our donors that enable us to continue to support Hospice Ethiopia. The trustees do not claim any expenses for their visits to Ethiopia, so every penny donated goes to where it's desperately needed.

National and International Links

Sue and Jamie Mumford attended the Palliative Care Works (PCW) annual conference themed Reaching those Most in Need, Thinking Globally – Acting Locally. Freddie Collins delivered a presentation describing an audit she carried at Hospice Ethiopia UK into symptom management of their patients. This demonstrated the improvement Hospice Ethiopia's nursing team make to their patients' symptom control.

HEUK has also continued the link with another UK charity, Ethiopaid, which has provided financial support to a range of projects in Ethiopia for more than 30 years and has recently made substantial donations to HE.

HEUK has maintained links with a group of small UK charities working in Ethiopia via regular Zoom meetings. Our group, called "Small but Significant", enables mutual support and information sharing about Ethiopia, charity regulations, and working with non-governmental organisations.

The trustees of HEUK have continued holding international video calls with supporters of HE across the world, particularly Ireland, Sweden, Uganda, and the USA.

We are immensely grateful to our many supporters for their generosity which means we have been able to continue to support the work of Hospice Ethiopia.

In Amharic 'āmeseginalehu'! (Thank you)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Hospice Ethiopia UK

No (if any)
1171781

Receipts and payments accounts

CC16a

For the period
from

01/01/2024

To

31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising activities	38,471	-	-	38,471	40,436
Savings account interest	857	-	-	857	1,196
Administrative Fund donation	-	600	-	600	500
The Big Give 2024	-	8,642	-	8,642	8,648
The Big Give 2023	-	4,845	-	4,845	5,500
Grants	-	750	-	750	2,531
Tewolde Medhane Fune	-	1,716	-	1,716	420
Expenses refunded	4,997	-	-	4,997	-
Sub total (Gross income for AR)	44,325	16,553	-	60,878	59,231
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	44,325	16,553	-	60,878	59,231
A3 Payments					
Purchasing of items to sell	1,229	-	-	1,229	669
Event expenses	885	-	-	885	227
Trips to Hospice Ethiopia	4,997	-	-	4,997	5,267
Bank charges	-	70	-	70	25
Funds used by Hospice Ethiopia	34,508	16,240	-	50,748	21,000
Admin costs	-	409	-	409	419
Education and training	3,482	66	-	3,548	1,133
	-	-	-	-	-
	-	-	-	-	-
Sub total	45,101	16,785	-	61,886	28,740
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	45,101	16,785	-	61,886	28,740
Net of receipts/(payments)	- 776	- 232	-	- 1,008	30,491
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	92,525	49,266	-	141,791	-
Cash funds this year end	91,749	49,034	-	140,783	30,491

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Current account	2,745	-	-
	Savings accounts	89,004	49,034	-
		-	-	-
	Total cash funds	91,749	49,034	-

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

**B4 Assets retained for the
charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
<i>Susan Mumford</i>	Susan Mumford	13/5/25
<i>Rebecca Gascoyne-Richards</i>	Rebecca Gascoyne-Richards	13/5/25



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name:
Hospice Ethiopia UK

On accounts for the year
ended

31 December 2024

Charity no
(if any)

1171781

Set out on pages

3 and 4

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 December 2024**

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

K.B Shorten

Date:

15/5/25

Name:

Keith Brian Shorten

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

40 Broadland Drive Thorpe End Norwich Norfolk NR13 5BT

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.