



# Annual Report 2022

## Introduction

In this annual report we are delighted to share with you the impact that Hospice Ethiopia UK has achieved. It also gives us the opportunity to thank the many generous donors and supporters who have helped our charity during 2022.

“Hospice Ethiopia UK” (HEUK, registered charity no. 1171781) became a registered UK charity in February 2017. Our aim is to prevent and manage serious suffering in Ethiopia. With people living longer it is likely that more and more people with both non-communicable and communicable disease will need palliative care.

There were 6 Trustees during 2022: Sue Mumford (Chair), Marion Bryce, Wendy Smith (Secretary), Jamie Mumford, Jan Benson, and Rebecca Gascoyne-Richards (Treasurer). There were two associate trustees: Helen Garrard and Rachel Austin. The trustees work in close partnership with Ephrem Abathun, the Director of Hospice Ethiopia.

Hospice Ethiopia (HE) is an Ethiopian non-government organisation (NGO) in Addis Ababa that provides home-based care for the terminally ill and palliative care education to a range of health care professionals in Ethiopia. It receives almost no funding from within the country. Ethiopia’s population is now estimated to be 117 million (the second most populous country in Africa), but access to health care is difficult for much of the population. Consequently, symptom control for the terminally ill is extremely limited.

The trustees of HEUK held six regular meetings during the year when we reviewed our work to inform our planning for the future and reviewed and updated our policies (which are available on our website). The first 3 meetings were held via Zoom due to COVID but subsequently we have been glad to be able to hold face-to-face meetings. Our AGM was held on April 12th via Zoom. We were delighted to welcome attendees from across the UK and abroad.

HE UK could not have achieved all that it has in 2022 without many hours of help from regular and one-off supporters, who freely gave their time and expertise to raise funds for those desperately needing palliative care in Ethiopia. As a small charity we have very low costs: we do not employ anyone, rent offices, or charge for our travel. This allows us to send almost



all money raised to Ethiopia where it is so badly needed. Our thanks go to A J Cooper Builders for funding our administration costs. Thanks also must go to those supporters who have helped the trustees of HEUK with our website, social media, and publicity.

## Fundraising

Due to the ongoing economic difficulties in the UK, fundraising has again been a huge challenge in 2022. Throughout the Spring, the trustees were busy planning our major fundraiser for the year. The “Glitterati Ball” was held on June 11th at Wolterton Hall by kind permission of Peter Shepperd and Keith Day. Guests were met with a glass of bubbly and treated to a three-course buffet meal based on locally-sourced ingredients. Music was provided by the award-winning soprano Emma Nuule with a mix of light opera and musical theatre favourites. There was also a classical quartet while guests mingled, and they later danced to popular Norfolk band the Spice Gits.



*Guests at Wolterton Hall Glitterati Ball*

Very many thanks to our hosts Peter and Keith, sponsors, volunteers, and entertainers for a very enjoyable evening, which raised a fantastic £10,850 to support the work of Hospice Ethiopia.

HEUK was accepted to take part again in The Big Give Christmas Challenge, a national fundraising campaign run annually at the beginning of December. Our “project” was to raise £8,000 to fund further training for 2 senior members of staff at HE. Nurse Filagot Tedeale wishes to undertake a Masters in Palliative Care at Hospice Africa Uganda and the accountant,

Gullilat Korbu, wishes to undertake further training in leadership and management. Not only will the staff and patients benefit from this training, but the aim is to create a dynamic workplace where staff feel empowered to lead within their areas of expertise, thus improving staff retention and stability within the organisation.

To raise this amount, we needed our donors to give £4,000, which was then matched to raise £8,000 in total. In fact, our donors gave more and with Gift Aid the total raised was over £9,000: a fantastic result, which we could not have achieved without so many generous donors taking part.

Other fundraising events and sales have also contributed to a fantastic additional £3,000 being raised in 2022. In particular we are grateful to Dr Freddie Collins for her sponsored swim between the two piers at Brighton which raised £1,397.



*Dr Freddie Collins completing her sponsored swim*

A special mention must go to a very generous donor, Teblez who donated £50,000 in memory of her favourite brother, who sadly died many years ago of kidney failure. She had been saving money in the intervening years in order to do something in his memory. So impressed were the family at her brother-in-law's care from Hospice Ethiopia that she decided to donate her savings to Hospice Ethiopia. After careful discussion with the family, part of the donation has been allocated to the Comfort Fund which has been renamed the Tewolde Medhane Fund in honour of Teblez's brother. The rest of the donation will be allocated to a Building Fund which has been established to finance the construction of Hospice Ethiopia's own premises in due course.

Our thanks also go to the Ashworth Trust and The Paradigm Norton Trust who have also given us grants to support our work in Ethiopia.

We are also extremely grateful to those donors who give a monthly donation via a standing order. This really helps with our financial planning and ensures we have regular money to support the work of HE in these difficult times. It is easy to set up a standing order: please contact HEUK via [info@hospiceethiopia.org.uk](mailto:info@hospiceethiopia.org.uk) for more information.

We wish to extend many thanks to all our supporters who gave their time to help with organising and running events as well as making generous donations. Without your help Hospice Ethiopia would not be able to continue its vital work.

## Education Fund

Dr Sena Dhugasa from St Paul's Hospital in Addis Adaba and Nurse Getahun Sinta completed their "Initiators" course run by Hospice Africa Uganda. Dr Sena commented "Thank you, trustees of Hospice Ethiopia UK, this is a great job. I will be happy if I can have the opportunity to learn more and more on palliative care. This short training has a strong impact on me and the care of my patients. Not only on the care but also advocacy of palliative care services at our hospital as well as impact on my residents."

Nurse Filagot Tadele has completed her Diploma in Palliative Care with Nairobi Hospice. Nurse Filagot says "This diploma education in palliative care means a lot to me; it helps me care for my patients with better knowledge and skill. It is a turning point in understanding palliative and hospice care much better and it is a starting point for my future vision to develop my educational career."

## Reserves

The Trustees have agreed to allocate £15,000 to the Reserve Fund, which equates to six month's funding of Hospice Ethiopia by HEUK, as a general reserve for emergency funding for Hospice Ethiopia.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011, and the Statement of Recommended Practice applicable to charities preparing

their accounts in accordance with the Financial Reporting Standard for Small Entities, published July 2014.

## Transfer of funds

During 2022, £55,682 was transferred in two instalments to HE. £30,000 has gone towards the running costs of HE. The rest of the money was from restricted funds, for example to fund training and the running costs for the Toyota Land Cruiser that the Diocese of Norwich financed in 2017.

Palliative care does not require many items of equipment, therefore the money we transfer is rarely ring-fenced, allowing the Director and Accountant to spend the money as they think best for providing palliative care. However, with inflation in Ethiopia running at approximately 38% and the value of the Ethiopian Birr falling again, careful planning with Hospice Ethiopia is needed as to the best time to transfer the funds.

The Chair of HEUK holds monthly online Zoom calls with Ephrem Abathun (Executive Director of HE) and HEUK receives quarterly reports from HE detailing such things as the number of patients being seen by HE, the training HE has delivered and budgetary information. This helps to ensure that all the money we transfer to HE is spent wisely.



*Neela, one of the many patients supported by the nurses from Hospice Ethiopia in 2022*

The project to supply solar power panels to Abaroba Health Centre was finally completed this year. Helping to support a vital health centre in

rural Ethiopia will enable HE to roll out palliative care to remote areas, where access to care is so difficult.

## Making a difference

We are particularly pleased to report that in 2022 we were able to make the largest transfer of funds we have ever made since our group started supporting Hospice Ethiopia in 2012. This represents approximately two thirds of Hospice Ethiopia's budget for 2022. Therefore HEUK is directly making an impact on people's lives and without these funds their work would be severely curtailed.

We are also influencing palliative care policy in Ethiopia through the development of the national palliative care training course with the Federal Ministry of Health. Training and mentorship will significantly increase the number of skilled and supported health workers.

In 2022 we have increased our engagement on social media which has the ability to more widely disseminate information about the work of HEUK and HE.

## Trustee visit

Jamie and Sue Mumford visited Hospice Ethiopia in Addis Ababa in March 2022. They were delighted to be able to visit their colleagues in person although it was noticeable that there were very few foreigners in the country. Sixty-nine kilograms of medical supplies were delivered to HE. These supplies (which were all donated by supporters) included 2 laptops, 220 colostomy bags (unavailable in Ethiopia), plastic aprons and gloves (PPE), and a range of dressings and incontinent pads. It is estimated that these supplies represent about 50% of HE's annual budget for such supplies.

Jamie and Sue, along with Ephrem, Sister Yohanna, and accountant Gullilat visited Hawassa University Hospital, 300km south of Addis Ababa, where a new palliative care department had been established by Dr Natnael and Nurse Getahun. The purpose of the visit was to support the partnership, assess the progress of the service, and for Hospice Ethiopia to deliver stoma bags along with food supplies directly to some of the homecare patients.





*Meeting between Zinaw, Ephrem, Sue, Dr Jamie and Dr Natnael*

The money raised from our Big Give Christmas Challenge 2020 was used to develop palliative care teaching in Ethiopia. We were finally able to complete the project by helping Hospice Ethiopia deliver the pilot palliative care course to staff from St Paul's Hospital.



*Interactive training from Sister Selamawit, the nurse from the Palliative Care Department at the Federal Ministry of Health*

There were 24 participants who attentively engaged with the training and particularly liked the interactive style of teaching. Only 2 participants failed to achieve the 70% pass mark needed to be awarded a CPD certificate from the Federal Ministry of Health (FMOH); linguistic difficulties may have contributed to these failures. The mean pre-course test score was 50% and the post-course mean test score was 83% – a very substantial increase in knowledge. The participants' feedback presentations on the final day were outstanding and demonstrated their learning.



Did you find the training session informative and useful?

→ yes it is  
→ it is life changing

Are you more likely to provide palliative care for patients in need following the training?

yes

How likely are you to recommend this training to your colleagues?

100% b/c if ~~total~~ health professionals know about ~~palliative~~ palliative care there will be change

Which session will be useful in your daily work?

all of it

Is there anything you would change or add to the training to make it better? Please

all the sessions are help full so if there is a <sup>can</sup> training we have a decrease

*“Life changing” – an evaluation from one of the participants*

## National and International Links

Jamie and Sue Mumford attended the Palliative Care Works (PCW) annual conference via Zoom. HEUK has worked closely in the past with some of their trustees during 2021 devising the trainers’ and delegates’ manuals to be used during 6-day palliative care courses that can be delivered in any setting in Ethiopia. They gave a short presentation about this collaborative project to the audience.

HEUK has also continued our link with another UK charity, Ethiopiaid, which has provided financial support to a range of projects in Ethiopia for more than 30 years and has recently made substantial donations to HE. With their support, Hospice Ethiopia has trained staff and helped open a new palliative care department in Jimma in Southern Ethiopia in 2022. Trustees from HEUK plan to visit this department in early 2023.

HEUK has maintained links with a group of small UK charities working in Ethiopia via regular Zoom meetings. Our group, called “Small but Significant”, enables mutual support and information sharing about Ethiopia, charity regulations, and working with non-governmental organisations.

Trustees have joined regular international Zoom meetings which have been held with three pharmacists in Addis Ababa, who are working towards setting up a morphine production unit at The Black Lion Hospital. This will enormously improve access to this essential pain relief medicine for terminally ill people across Ethiopia.

The trustees of HEUK have continued holding international video calls with supporters of HE across the world, particularly Ireland, Uganda, Sweden, and the USA.

**We are immensely grateful to our many supporters for their generosity which means we have been able to continue to support the work of Hospice Ethiopia.**

**In Amharic 'āmeseginalehu'! (Thank you)**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Hospice Ethiopia UK

1171781

## Receipts and payments accounts

| For the period<br>from | Period start date<br>1/1/2022 | To | Period end date<br>12/31/2022 |
|------------------------|-------------------------------|----|-------------------------------|
|------------------------|-------------------------------|----|-------------------------------|

### Section A Receipts and payments

|   | Unrestricted<br>funds<br>to the nearest<br>£ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ |
|---|--|---|--|---------------------------------|
| <b>A1 Receipts</b>  |  |   |  |                                 |
| Fundraising activities                                    | 86,911                                       | -                                       | -                                      | 86,911                          |
| Savings account interest                                  | 115  | -                                       | -                                      | 115                             |
| Administration fund donation                              | -  | 400                                     | -                                      | 400                             |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
| <b>Sub total</b> (Gross income for AR)                    | 87,026                                       | 400                                     | -                                      | 87,426                          |
| <b>A2 Asset and investment sales,<br/>(see table).</b>    |  |   |  |                                 |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
| <b>Sub total</b>  | -  | -                                       | -                                      | -                               |
| <b>Total receipts</b>                                     | 87,026                                       | 400                                     | -                                      | 87,426                          |
| <b>A3 Payments</b>  |  |   |  |                                 |
| Purchasing of items to sell                               | 814  | -                                       | -                                      | 814                             |
| Event expenses  | 2,202  | -                                       | -                                      | 2,202                           |
| Trips to Hospice Ethiopia                                 | 2,461  | -                                       | -                                      | 2,461                           |
| Bank charges  | -  | 50                                      | -                                      | 50                              |
| Funds used by Hospice Ethiopia                            | 57,699                                       | -                                       | -                                      | 57,699                          |
| Car maintenance costs                                     | -  | 1,549                                   | -                                      | 1,549                           |
| Admin costs   | -  | 624                                     | -                                      | 624                             |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
| <b>Sub total</b>  | 63,176                                       | 2,223                                   | -                                      | 65,399                          |
| <b>A4 Asset and investment<br/>purchases, (see table)</b> |  |   |  |                                 |
|   | -  | -                                       | -                                      | -                               |
|   | -  | -                                       | -                                      | -                               |
| <b>Sub total</b>  | -  | -                                       | -                                      | -                               |
| <b>Total payments</b>                                     | 63,176                                       | 2,223                                   | -                                      | 65,399                          |
| <b>Net of receipts/(payments)</b>                         | 23,850                                       | - 1,823                                 | -                                      | 22,027                          |
| <b>A5 Transfers between funds</b>                         | -  | -                                       | -                                      | -                               |
| <b>A6 Cash funds last year end</b>                        | -  | -                                       | -                                      | -                               |
| <b>Cash funds this year end</b>                           | 23,850                                       | - 1,823                                 | -                                      | 22,027                          |



## Section B Statement of assets and liabilities at the end of the period

| Categories  | Details  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ |
|---|--|------------------------------------|----------------------------------|
| <b>B1 Cash funds</b>                                | Current account  | 9,000                              | -                                |
|   | Savings account  | 101,877                            | 423                              |
|   |  | -                                  | -                                |
|   | <b>Total cash funds</b>                                | <b>110,877</b>                     | <b>423</b>                       |
|   | (agree balances with receipts and payments account(s)) | Agreement Error                    | Agreement Error                  |
|   |  | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ |
| <b>B2 Other monetary assets</b>                     | Details  | -                                  | -                                |
|   |  | -                                  | -                                |
|   |  | -                                  | -                                |
|   |  | -                                  | -                                |
|   |  | -                                  | -                                |
|   |  | -                                  | -                                |
| <b>B3 Investment assets</b>                         | Details  | Fund to which asset belongs        | Cost (optional)                  |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
| <b>B4 Assets retained for the charity's own use</b> | Details  | Fund to which asset belongs        | Cost (optional)                  |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
| <b>B5 Liabilities</b>                               | Details  | Fund to which liability relates    | Amount due (optional)            |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |
|   |  |                                    | -                                |

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Rebecca Gascoyne- Richards

Susan Mumford

Keith B Shorten FCCA

Dated

4/17/2023

CC16a



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Date of approval

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| 4/17/2023 |
| 4/17/2023 |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A Independent Examiner's Report

**Report to the trustees** Hospice Ethiopia UK

|                                       |                  |                            |         |
|---------------------------------------|------------------|----------------------------|---------|
| <b>On accounts for the year ended</b> | 31 December 2022 | <b>Charity no (if any)</b> | 1171781 |
|---------------------------------------|------------------|----------------------------|---------|

**Set out on pages** 3 and 4

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**  **Date:** 17/04/2023

**Name:** Keith Brian Shorten

**Relevant professional qualification(s) or body (if any):** FCCA

**Address:** 40 Broadland Drive, Thorpe End, Norwich, Norfolk, NR13 5BT