



on the move (London)

Annual Report and Accounts **2025**

CHARITY NUMBER: **1171778**

COMPANY NUMBER: **10030675**

TABLE OF CONTENTS

Introduction and Financial Review	2
Objectives and Need for Services	3
Programs Delivered	4
Our Impact	6
Future Plans	7
Unaudited Financial Statements	8



INTRODUCTION

Youth on the Move (London) continues to support disadvantaged young people across **Hackney** and **Haringey** by creating opportunities that improve wellbeing, educational outcomes, and future prospects.

Founded in **2016**, the charity exists to address the growing **social and economic inequalities** affecting young people aged **11–16**. Through a broad range of **educational, creative, health, and wellbeing programmes**, we provide meaningful opportunities for young people to develop confidence, practical skills, and resilience.

Our work supports young people who are often **excluded from mainstream** extracurricular opportunities due to poverty, social isolation, overcrowded living conditions, and emotional challenges. By creating safe, trusted spaces, we enable participants to thrive personally, socially, and academically.

FINANCIAL REVIEW

During the year, the charity remained financially stable despite continued economic pressures, including the cost-of-living crisis and increased demand for youth support services.

Prudent financial management, strong volunteer involvement, and in-kind support from partner organisations enabled us to maintain and expand services while managing operational costs effectively. We secured a range of restricted grants for programme delivery, alongside unrestricted support from donors and community funders. These resources strengthened our reserves and improved our ability to plan for sustainable growth.

The trustees remain committed to prudent governance and ensuring funds are directed efficiently towards charitable activities.

OUR OBJECTIVES



To **improve opportunities** for disadvantaged young people aged 11–16



To promote **emotional wellbeing**, confidence, and social inclusion



To increase access to **educational attainment** and **accredited learning**



To encourage **active lifestyles** and **healthy habits**



To promote **creativity**, self-expression, and community **engagement**



To provide **practical relief** to families experiencing hardship



To develop sustainable **programmes** responsive to **community need**



THE NEED FOR OUR SERVICES

Many young people in **Hackney** and **Haringey** continue to face significant disadvantage. Poverty, overcrowded housing, financial hardship, and reduced access to enrichment opportunities negatively affect mental wellbeing, educational attainment, and aspirations.

Recent feedback from service users highlights **rising anxiety**, **social isolation**, and **low confidence among young people**, particularly post-pandemic. Demand for trusted, community-based support remains high, with several programmes operating waiting lists.

Our trustees, many of whom work directly within education, witness these challenges daily and ensure services respond to real and emerging community needs.

PROGRAMS DELIVERED

During the year, Youth on the Move (London) delivered a broad programme of educational, wellbeing, creative, and community-based initiatives supporting disadvantaged young people across Hackney and Haringey:



Play Power

A youth-led performing arts project supporting **200 young people aged 11–16** where participants developed confidence, teamwork, and communication through drama workshops, rehearsals, and public performances for the wider community.



Young and Wealthy

An accredited financial education programme delivered with Mesila, enabling **60 disadvantaged girls aged 15–16** to complete the ATHE Level 2 Certificate in Financial Studies and develop essential money management skills.



Talking Matters

A non-clinical emotional wellbeing programme supporting **approximately 100 young people aged 11–16**, providing trusted mentoring and open discussion sessions for young people experiencing anxiety, low confidence, and social pressures.



Sport-a-Way

A residential countryside sports project supporting **40 disadvantaged young people aged 14–16**, combining outdoor recreation, team-building, and confidence-building activities, offering young people access to experiences beyond their urban environment.



Pathways: Engaging the Disengaged

A structured midweek retreat programme supporting **40 at-risk young people**, focused on personal development, life skills, and positive peer relationships for young people at risk of disengagement.



Water Wow

A water-based activity programme supporting **approximately 50 young people aged 11–14**, introducing young people to swimming and water confidence activities, helping reduce anxiety and improve physical wellbeing.

PROGRAMS DELIVERED



Make Waves

A dedicated swimming programme for **40 girls aged 15–16**, supporting water safety, confidence, physical health, and personal resilience through regular supervised sessions.



Aiming Higher

Weekly netball sessions supporting approximately **100 girls aged 11–16**, designed to improve fitness, teamwork, leadership skills, and confidence among disadvantaged girls.



Slow and Steady

A dance fitness initiative supporting **200 girls aged 11–16**, promoting exercise, stress reduction, and emotional wellbeing through twice-weekly movement-based sessions.



Hungry No More

A practical family support initiative providing food vouchers to **approximately 200 disadvantaged families** facing severe financial hardship during periods of increased need.



NourishHub

A practical cooking and nutrition programme supporting **approximately 100 young people**, teaching healthy meal preparation, budgeting, and food sustainability.

OUR IMPACT

Across all projects, we supported approximately **270 young people** directly during the year, while reaching many more family members and wider community beneficiaries.



Improved confidence, communication, and self-esteem.



Increased educational engagement and accredited achievement.



Better physical activity and healthy habits.



Enhanced financial literacy and employability skills.



Reduced social isolation.



Improved emotional wellbeing.



Strengthened community participation and intergenerational relationships.

Participant feedback consistently shows increased confidence, stronger peer relationships, and greater aspirations

FUTURE PLANS

The charity plans to:

- ✓ Expand existing programmes to reduce waiting lists
- ✓ Develop a dedicated website and stronger digital presence
- ✓ Recruit a full-time Project Coordinator
- ✓ Improve impact monitoring and evaluation systems
- ✓ Strengthen strategic partnerships
- ✓ Secure sustainable unrestricted funding
- ✓ Recruit a full-time Project Coordinator
- ✓ Extend opportunities to a wider number of disadvantaged young people

The trustees remain committed to ensuring that disadvantaged young people are provided with opportunities that help them overcome barriers and build successful futures.





Unaudited Financial Statements Year Ended 31 August 2025



Company Registration No. 10030675
Charity Registration No. 1171778

YOUTH ON THE MOVE (LONDON)
ANNUAL REPORT AND
UNAUDITED FINANCIAL STATEMENTS
YEAR ENDED 31 AUGUST 2025

**YOUTH ON THE MOVE (LONDON)
DIRECTORS / TRUSTEES REPORT
YEAR ENDED 31 AUGUST 2025**

The trustees, who are also directors for the purposes of company law, present their report and accounts for the year ended 31 August 2025. The financial statements have been prepared in accordance with the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' 2019, and applicable UK Accounting Standards and the Charities Act of 2011.

Reference and Administrative Details

Trustees	Mrs R Perlberger Mrs R E Reich Mrs R Schlaff Mrs C Schlessinger
Company Registration No	10030675
Charity Registration No	1171778
Registered Office	39 Schonfeld Square London N16 0QQ
Independent Examiner	Jacob Jakobovits FMAAT Kyver & Dale Consultants Ltd Suite 101, Pride House Shanklin Road London N15 4FB

Structure and Objectives

The charity is constituted as a company limited by guarantee and is therefore governed by its Memorandum and Articles of Association dated 27 February 2016 as amended on 11 February 2017. There are no investment restrictions.

The above trustees served throughout the period. The Board has the power to appoint additional trustees, as it considers fit based on personal competence, specialist skills and experience. None of the trustees have any beneficial interest in the charity and did not receive any remuneration. The trustees are involved with in the running of the charity

The objects of the charity are to advance in life and relieve the needs of young people, in particular but not exclusively those aged between 11 and 16, through: -

1. The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and,
2. Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

Developments and Activities

The trustees consider that the performance of the charity this period has been most satisfactory. The trustees have identified the risks to which the charity may be exposed and systems have been established to mitigate these risks. The trustees have had due regard to guidance published by the Charity Commission, including public benefit guidance.

The developments and activities of this period are stated in the extended Trustee's Report attached.

During the year, the charity received donations of £119,174 (2024- £166,353) and expensed £121,711 (2024- £153,019) through charitable expenditure and support costs.

**YOUTH ON THE MOVE (LONDON)
DIRECTORS / TRUSTEES REPORT
YEAR ENDED 31 AUGUST 2025
(Continued)**

Reserves

Reserves of £56,293 (2024- £58,830) represent the available funds at the year end. The present level of funding is adequate to support the continuation of the charity's activities.

Responsibilities of the Trustees

Company Law requires the trustees, who are also directors, to prepare a report and financial statements for each financial period which give a true and fair view of the state of affairs of the charitable company at the end of the year. These must be in accordance with applicable law and regulations and in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP).

Company law requires that trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its surplus or deficit for that period.

In preparing these financial statements, the trustees are required to select suitable accounting policies, and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records which are sufficient to show and explain the company's transactions and disclose, with reasonable accuracy at any time, the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Approved on 16 April 2026 and signed on behalf of the Board of Trustees:

A handwritten signature in black ink, appearing to read 'R Reich'.

Mrs R E Reich
Trustee

**YOUTH ON THE MOVE (LONDON)
INDEPENDENT EXAMINERS REPORT
TO THE DIRECTORS / TRUSTEES OF YOUTH ON THE MOVE (LONDON)
YEAR ENDED 31 AUGUST 2025**

I report to the trustees on my examination of the financial statements of Youth On The Move (London) for the year ended 31 August 2025 which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

Responsibilities and Basis of Report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for ensuring that the charity complies with the requirements of the Companies Act 2006 ('the 2006 Act') with respect to the preparation of the accounts. The trustees are also responsible for maintaining adequate accounting records.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and the seeking of explanations from the trustees concerning any such matters. The procedures undertaken do not constitute an audit and, accordingly, I do not express an audit opinion on whether the accounts present a 'true and fair view'.

Independent Examiners' Statement

Following my examination, I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read "Jacob Jakobovits".

Jacob Jakobovits FMAAT
Independent Examiner
For Kyver & Dale Consultants Ltd
Suite 101, Pride House, Shanklin Road
London N15 4FB

Date: 16 April 2026

**YOUTH ON THE MOVE (LONDON)
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 AUGUST 2025**

		2025		2024	
	Note s	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Income					
Donations and grants	3	66,130	53,044	119,174	166,353
Total Income		<u>66,130</u>	<u>53,044</u>	<u>119,174</u>	<u>166,353</u>
Expenditure					
Expenditure on charitable activities	4, 5	38,453	83,258	121,711	153,019
Total Expenditure		<u>38,453</u>	<u>83,258</u>	<u>121,711</u>	<u>153,019</u>
Net Income/ expenditure and net movement in funds		<u>27,677</u>	<u>(30,214)</u>	<u>(2,537)</u>	<u>13,334</u>
Reconciliation of funds					
Total funds brought forward		13,931	44,899	58,830	45,496
Total funds carried forward		<u>41,608</u>	<u>14,685</u>	<u>56,293</u>	<u>58,830</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes form part of these financial statements

**YOUTH ON THE MOVE (LONDON)
STATEMENT OF FINANCIAL POSITION
YEAR ENDED 31 AUGUST 2025**

	Notes	2025 Total Funds £	2024 Total Funds £
Fixed Assets			
Tangible assets	8	3,203	3,994
Current Assets			
Debtors	9	36,613	25,113
Cash at bank and in hand		38,747	50,257
		<u>75,360</u>	<u>75,370</u>
Creditors			
Amounts falling due within one year	10	(22,270)	(16,996)
Net current assets		<u>53,090</u>	<u>58,374</u>
Total assets less current liabilities		56,293	62,368
Creditors			
Amounts falling after more than one year	11	-	(3,538)
Net Assets		<u>56,293</u>	<u>58,830</u>
Reconciliation of funds			
Unrestricted funds		41,608	13,931
Restricted Funds		14,685	44,899
Total Funds		<u>56,293</u>	<u>58,830</u>

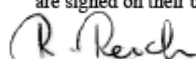
The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

1. Ensuring that the company keeps adequate records which comply with section 386 of the Act, and
2. Preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

These financial statements were approved by the board of trustees and authorised for issue on 16 April 2026, and are signed on their behalf by:


Mrs R E Reich
Trustee

Company Registration No: 10030675

**YOUTH ON THE MOVE (LONDON)
NOTES TO THE ACCOUNTS
YEAR ENDED 31 AUGUST 2025**

1. General Information

The charity is a private company limited by guarantee without share capital use of 'Limited' exemption, registered in England and a registered charity in England. The registered office is located at 39 Schonfeld Square London N16 0QQ.

2. Accounting Policies

Basis of Accounting

The accounts have been prepared under the historical cost convention and in accordance with the Charities Act and applicable accounting standards including the SORP (FRS 102) subject to the revaluation of certain fixed assets and the non-provision of depreciation thereon.

The presentation currency is sterling.

Going Concern

The accounts have been prepared on a going concern basis as there are no material uncertainties about the charity's ability to continue.

Incoming Resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds. It is probable that the income will be received and the amount can be measured reliably.

Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible Assets

Depreciation is provided at the following annual rates in order to write off each asset over the useful economic life of the asset, as follows;

Fixtures and fittings:	15% on reducing balance
Equipment:	15% on reducing balance

///Cont.

YOUTH ON THE MOVE (LONDON)
NOTES TO THE ACCOUNTS - continued
YEAR ENDED 31 AUGUST 2025

3) Income	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations and grants	66,130	53,044	119,174
	<u>66,130</u>	<u>53,044</u>	<u>119,174</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations and grants	36,735	129,618	166,353
	<u>36,735</u>	<u>129,618</u>	<u>166,353</u>

4) Expenditure on charitable activities by activity	Activities undertaken £	Support costs £	Total Funds 2025 £	Total Funds 2024 £
Education, training and skills development programs	117,503		117,503	142,348
Support Costs		4,208	4,208	10,671
	<u>117,503</u>	<u>4,208</u>	<u>121,711</u>	<u>153,019</u>

5) Analysis of Support Costs	2025 £	2024 £
Insurance	358	325
Bank Interest	406	249
Other costs	973	7,566
Depreciation	791	791
Governance Costs	1,680	1,740
	<u>4,208</u>	<u>10,671</u>

- 6) **Staff Costs**
Staff costs have been included under charitable activities as they represent a direct cost in delivering the charity's objectives. The charity employs staff who are directly engaged in providing services, supporting beneficiaries, and carrying out the core activities that further the charity's aims. In line with the Charities SORP (FRS 102), these costs are included within charitable activities as they contribute directly to the provision of services rather than administrative or fundraising functions.

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	<u>6,052</u>	<u>5,794</u>
The average number of staff during the year was:	<u>1</u>	<u>1</u>

No employees received benefits in excess of £60,000

7) Governance costs	2025 £	2024 £
Independent Examiners fees	<u>1,680</u>	<u>1,740</u>

YOUTH ON THE MOVE (LONDON)
NOTES TO THE ACCOUNTS - continued
YEAR ENDED 31 AUGUST 2025

8) Tangible Assets	Fixtures & Fittings £	Equipment £	Total £
Cost			
At 01 September 2024	5,974	2,000	7,974
At 31 August 2025	5,974	2,000	7,974
Depreciation			
At 01 September 2024	3,680	300	3,980
Charge for the year	491	300	791
At 31 August 2025	4,171	600	4,771
Net Book Value			
At 30 September 2025	1,803	1,400	3,203
At 31 August 2024	2,294	1,700	3,994
9) Debtors	2025 £	2024 £	
Trade debtors	36,613	25,113	
10) Creditors: amounts falling due within one year	2025 £	2024 £	
Trade creditors	17,164	10,896	
Accruals	1,680	1,740	
Bank loans and overdrafts	3,426	4,360	
	22,270	16,996	
11) Creditors: amounts falling after more than one year	2025 £	2024 £	
Bank loans (falling due between two and five years)	-	3,538	
12) Net movement in funds			
It is the policy of the charity to move restricted funds to unrestricted funds once it has been spent unless there are restricting conditions even after the income has been spent.			
	Unrestricted Funds £	Restricted Funds £	Total £
At 31 August 2024	13,931	44,899	58,830
Incoming resources	66,130	53,044	119,174
Expended resources	(38,453)	(83,258)	(121,711)
Total funds available for future activities	41,608	14,685	56,293
At 31 August 2025			

YOUTH ON THE MOVE (LONDON)
NOTES TO THE ACCOUNTS - continued
YEAR ENDED 31 AUGUST 2025

Comparatives for movements in funds;

	Unrestricted Funds £	Restricted Funds £	Total £
At 31 August 2023	36,288	9,208	45,496
Incoming resources	36,735	129,618	166,353
Expended resources	(59,092)	(93,927)	(153,019)
Total funds available for future activities			
At 31 August 2024	<u>13,931</u>	<u>44,899</u>	<u>58,830</u>

13) Related party transactions

There were no related party transactions made during the year.