

Torbay Ladies' Lounge

Trustee's Annual Report 2024-2025

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31st March 2025.

Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number:	CIO 1171754
Charity Address for correspondence	Torbay Ladies' Lounge 8 Leys Road Torquay TQ2 6ED

Trustees		Term
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23rd February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.
- The current location has continued to be a great advantage in delivering support to our ladies, especially as there are numerous beneficial links with Upton Vale Baptist Church.
- We have continued to attend DA Forums and events held in Torbay and to be part of the wider focus concerning the delivery and local strategy of support victims of Domestic and sexual violence
- Craft continue to help a lot of our ladies and provide hours of enjoyment.
- We are met weekly with very challenging situations and have a great team to deal sensitively with these issues. We liaise with other local agencies to support.
- Our Project Manager runs also continues to run an employment programme and or ladies are encouraged to join up for this.
- Our team, where needed attend, with our ladies, court hearings and doctor or hospital appointments.

Our numbers have seen a constant increase and we have continued to be a listening ear service speaking to women survivors who cannot attend the sessional work. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 16 volunteers and training and supervision is ongoing, new volunteers continue to show an interest

During 2024-2025 we have had 1254 attendees, 24 new Referrals (either supported by telephone or attending the sessions) and served 1139 hot snack lunches. Our volunteers have given 1776 hours.

Comments from some of our Ladies

- The team are so friendly, always take time to listen and encourage
- A brave and safe place to attend and leave feeling so much better
- A warm and inviting venue, cosy. It is like having extended family supporting us
- The staff and volunteers are incredible
- My confidence has grown so much over this past year
- I don't know where I would be without this support, someone who understand what I am going through
- I do not think I would be alive today without this group, they have saved me
- Volunteers and staff are friendly and do what they say they will do

Financial Review

Principal sources of funding in 2024-2025

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

Reserves Policy

We hold unrestricted balances at the Bank of approximately £1,229.

The trustees have reviewed the reserves policy and are now seeking to hold enough funds to cover running costs for a period of three months.

With additional funding and a reduction in overheads for 2025/2026 the trustees are hopeful that the reserves at 31st March 2026 will reach that level.

Plans for the future

Torbay Ladies' Lounge will continue with the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.
- To continue to secure funding
- To link in with other agencies and local programmes
- To encourage local fundraising support
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on ***** and signed on behalf Ladies' Lounge by:

Ros Ede

Chair of Trustees

TORBAY LADIES LOUNGE CIO Charity no. 1171754

***Receipts and Payments Account for the
Year ended 31st March 2025***

	Unrestricted	Restricted	Total	Total
<i>Receipts</i>			2025	2024
	£	£	£	£
Donations	17,233	0	17,233	8,109
Misc receipts	6,715	0	6,715	1,176
Gift Aid	0	0	0	191
Grants	5400	0	5,400	7000
	<u>29,348</u>	<u>0</u>	<u>29,348</u>	<u>16,476</u>
<i>Payments</i>				
DCF Feel Good	19	0	0	4,344
NL Community fund	55	0	55	475
Community investment fund	0	0	0	0
Comic Relief Groundworks	4,330	0	4,330	5,939
Equipment	76	0	76	0
Professional charges	0	0	0	48
Volunteer expenses	67	0	67	592
Courses & craft costs	473	0	473	344
Office overheads & premises	3,909	0	3,909	2,449
Refreshments	2,459	0	2,459	889
Stationery& postage	54	0	54	99
Telephone	466	0	466	303
Training	0	0	0	272
Salary costs	26,956	0	26,956	27,283
Travel & parking	598	0	598	457
Independent examination fee	0	0	0	300
Miscellaneous expenses	1,234	0	1,234	767
	<u>40,696</u>	<u>0</u>	<u>40,677</u>	<u>44,561</u>
Net Receipts	-11,348	0	-11,329	-28,085
Transfer	0	0	0	0
Add Bank at 1.4.24	<u>12,577</u>	<u>0</u>	<u>12,577</u>	<u>40,662</u>
Cash at Bank 31.3.25	<u>1,229</u>	<u>0</u>	<u>1,229</u>	<u>12,577</u>

TORBAY LADIES LOUNGE CIO Charity no. 1171754

Statement of Assets and Liabilities at 31st March 2025

	2025			2024
<i>Assets</i>				
Cash at bank	<u>1,229</u>	<u>0</u>	<u>1,229</u>	<u>12,577</u>
<i>Debtors</i>				
Gift aid				0
<i>Liabilities</i>				
Creditors	0	0	0	0
Independent examination fee				<u>0</u>

Note The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on 2026
and signed in their behalf by

Trustee

Independent Examiner's Report to the Trustees of Torbay Ladies Lounge CIO
Charity no. 1171754

I report to the trustees on my examination of the accounts of Torbay Ladies Lounge CIO (the Trust) for the year ended 31st March 2025.

Responsibilities and basis of the report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust's as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE
Barretts
22 Union Street
Newton Abbot TQ12 2JS

27th January 2026