

Torbay Ladies' Lounge

Trustee's Annual Report 2023-2024

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31st March 2024.

Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number:	CIO 1171754
Charity Address for correspondence	Torbay Ladies' Lounge 8 Leys Road Torquay TQ2 6ED

Trustees		Term
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23rd February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.

- The move we made to the new location in September 2022, has continued to be a great advantage in delivering support to our ladies, especially as there are numerous beneficial links with Upton Vale Baptist Church.
- After working on the Standing Tall Partnership agreement document, we decided not to be part of this group.
- We have continued to attend DA Forums and events held in Torbay
- Craft continue to help a lot of our ladies and provide hours of enjoyment.
- We are met weekly with very challenging situations and have a great team to deal sensitively with this. We liaise with other local agencies to support.
- Our Project Manger runs a employment programme and 3 ladies are joining this Spring 2024.

Our numbers have seen a constant increase since the start of 2022 and we have continued to be a listening ear service speaking to women survivors who cannot attend the sessional work. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 17 volunteers and training and supervision is ongoing.

During 2023-2024 we have had 1050 attendees, 80 new Referrals (either supported by telephone or attending the sessions) and served 1050 hot snack lunches. Our volunteers have given 1895 hours.

Comments from some of our Ladies

- The team are so friendly, always take time to listen
- A safe place to attend and leave feeling so much better
- A warm and inviting venue. Cosy feeling
- Look forward to coming to the group
- My confidence has grown so much
- I don't know where I would be without this support
- I do not think I would be alive today without this group
- Volunteers and staff are friendly and do what they say they will do

Financial Review

Principal sources of funding in 2023-2024

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

Reserves Policy

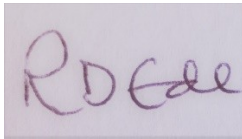
We hold unrestricted balances at the Bank of approximately £12476 which are held to meet any unforeseen expenditure that may occur. This represents approximately 12 months of our usual expenditure.

Plans for the future

Torbay Ladies' Lounge will continue with the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.
- To continue to secure funding
- To link in with other agencies and local programmes
- To encourage local fundraising support
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on ***** and signed on behalf Ladies' Lounge by:

A handwritten signature in purple ink, appearing to read 'RDEde', is shown on a light-colored background.

Ros Ede
Chair of Trustees

TORBAY LADIES LOUNGE CIO**Charity no. 1171754****Receipts and Payments Account for the****Year ended 31st March 2024**

	Unrestricted	Restricted	Total
	2024		
Receipts	£	£	£
Donations	8,109	0	8,109
Misc receipts	1,176	0	1,176
Gift Aid	191	0	191
Grants	3000	4,000	7,000
	<u>12,476</u>	<u>4,000</u>	<u>16,476</u>
Payments			
DCF Feel Good	0	4,344	4,344
NL Community fund	0	475	475
Community investment fund	0	0	0
Comic Relief Groundworks	0	5,939	5,939
Equipment	0	0	0
Professional charges	48	0	48
Volunteer expenses	592	0	592
Courses & craft costs	344	0	344
Office overheads & premises	2,449	0	2,449
Refreshments	889	0	889
Stationery& postage	99	0	99
Telephone	303	0	303
Training	272	0	272
Salary costs	27,283	0	27,283
Travel & parking	457	0	457
Independent examination fee	300	0	300
Miscellaneous expenses	767	0	767
	<u>33,803</u>	<u>10,758</u>	<u>44,561</u>
Net Receipts	-21,327	-6,758	-28,085
Transfer	-5,948	5,948	0
Add Bank at 1.4.23	<u>39,852</u>	<u>810</u>	<u>40,662</u>
Cash at Bank 31.3.24	<u>12,577</u>	<u>0</u>	<u>12,577</u>

Statement of Assets and Liabilities at 31st March 2024

			2024
<i>Assets</i>			
Cash at bank	<u>12,577</u>	<u>0</u>	<u>12,577</u>
<i>Debtors</i>			
Gift aid			
<i>Liabilities</i>			
Creditors	0	0	0
Independent examination fee			

Note The trustees confirm, in accordance with the Charitable Incorporated Organisation (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the

Total

2023

£

1,945

292

685

8412

11,334

7,190

7,360

10,000

378

390

915

1,375

2,285

1,068

294

427

354

1,898

587

0

417

34,938

-23,604

0

64,266

40,662

2023

40,662

0

0

0

S

: CIO.