

Torbay Ladies' Lounge

Trustee's Annual Report 2022-2023

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31st March 2023.

Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number: CIO 1171754

Charity Address for correspondence Torbay Ladies' Lounge
8 Leys Road
Torquay
TQ2 6ED

Trustees		Term
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23rd February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.

- We moved to a new location September 2022, this has been a great advantage in delivering the support.
- We have been part of the Standing Tall Partnership, working on the partnership agreement document.
- We have continued to attend DA Forums and events held in Torbay
- Craft continues to help a lot of our ladies.
- Ladies' Lounge employed a new Project Manager in 2022 to join our Deputy making a team of 2 running the day-to-day business of the charity.

Our numbers have seen a constant increase since the start of 2022 and we have continued the "Listening Ear" service speaking to women survivors. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 18 volunteers and training and supervision is ongoing.

During 2022-2023 we have had 865 attendees, 52 new Referrals (either supported by telephone or attending the sessions) and served 865 hot snack lunches. Our volunteers have given 2250 hours.

Comments from some of our Ladies

- The team are so friendly, always take time to listen
- A safe place to attend and leave feeling so much better
- A warm and inviting venue. Cosy feeling
- Look forward to coming to the group
- My confidence has grown so much

Financial Review

Principal sources of funding in 2022-2023

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

Reserves Policy

We hold unrestricted balances at the Bank of approximately £35,763 which are held to meet any unforeseen expenditure that may occur. This represents approximately 11 months of our usual expenditure.

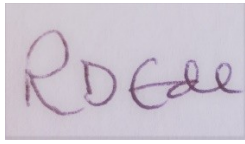
Plans for the future

Torbay Ladies' Lounge has set the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.

- To continue to secure funding
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on 31st January 2024 and signed on behalf Ladies' Lounge by:

A handwritten signature in purple ink, appearing to read 'RDEde', is shown within a rectangular frame.

Ros Ede
Chair of Trustees

TORBAY LADIES LOUNGE CIO **Charity no. 1171754**

Receipts and Payments Account for the

Year ended 31st March 2023

	Unrestricted	Restricted	Total	Total
Receipts			2023	2022
	£	£	£	£
Donations	1,945		1,945	16,590
Misc receipts	292		292	
Gift Aid	685		685	0
Grants		8,412	8,412	35,046
	<u>2,922</u>	<u>8,412</u>	<u>11,334</u>	<u>51,636</u>
Payments				
DCF Feel Good		7,190	7,190	
NL Community fund	62	3,209	3,271	
Community investment fund		10,000	10,000	
Equipment	378		378	519
Professional charges	390		390	
Volunteer expenses	915		915	
Craft costs	963	412	1,375	
Insurance			0	355
Office overheads & premises	2,285		2,285	4,055
Refreshments	1,068		1,068	0
Stationery	294		294	0
Publicity			0	441
Telephone	427		427	0
Training	354		354	198
Salary costs	5,987		5,987	10,082
Travel & parking	587		587	850
Operational activity			0	3,236
Independent examination fee			0	0
Miscellaneous expenses	416		416	110
	<u>14,126</u>	<u>20,811</u>	<u>34,938</u>	<u>19,846</u>
Net Receipts	-11,205	-12,399	-23,604	31,790
Transfer			0	0
Add Bank at 1.4.22	<u>46,968</u>	<u>17,298</u>	<u>64,266</u>	<u>32,476</u>
Cash at Bank 31.3.23	<u>35,763</u>	<u>4,899</u>	<u>40,662</u>	<u>64,266</u>

Statement of Assets and Liabilities at 31st March 2023

Assets				
Cash at bank	<u>35,763</u>	<u>4,899</u>	<u>40,662</u>	<u>64,266</u>
Debtors				
Gift aid				671
Liabilities				
Creditors	0	0	0	0
Independent examination fee				<u>600</u>

Note The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on 2024
and signed in their behalf by

Trustee