

**Torbay Ladies' Lounge**  
**Trustee's Annual Report 2021-2022**

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2022.

**Administrative Details**

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number:	CIO 1171754
Charity Address for correspondence	Torbay Ladies' Lounge 3 The Drive, Water Lane, Kingskerswell Newton Abbot TQ12 5FB

<b>Trustees</b>		<b>Term</b>
Ros Ede	(re-appointed 23.2.2021) Chair/Project Manager	4 years
Roger Ede	(re-appointed 23.2.2020) Vice Chair/Treasurer	3 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

**Governance**

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

**Objects and Activities**

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.
- A video about Ladies' Lounge is now on our website and YouTube.
- Craft continues to help a lot of our ladies.
- Monday hours changed to the morning to enable parents to pick up their children from school
- The Standing Tall Partnership of which we are a partner, continues to grow from strength to strength – we are now 19 partners all with the aim to help families who have been traumatised by domestic abuse/violence.
- Ladies' Lounge is looking to employ a new Project Manager, find a new Treasurer, both to join our Deputy making a team of 3 running the day-to-day business of the charity.

Our numbers are slowly growing again after the Pandemic, although for some it has left them more anxious and depressed because of the enforced isolation. Our involvement with the Standing Tall Partnership "Listening Ear" service has meant a further increase in numbers of women seeking help having been trapped in violent relationships exacerbated by the isolation and fear caused by the Pandemic and social media. Our Deputy and 2 volunteers have been involved in "Listening Ear" service speaking to women survivors. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

During the winter/spring we bought in Art Therapy sessions which were very successful for the women who attended and later in the year several of our ladies enjoyed Creative Writing sessions. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills.

A few comments from our ladies:

- "Ladies' Lounge has saved me, I was from a different town been through a lifetime of hurt. A lovely lady phoned me, we chatted and I was invited to come and craft, for the first time in my life I felt part of something and I'm no longer alone. I can't tell you how happy and motivated I feel. I have a reason to look forward to tomorrow".
- "I really enjoyed today, it has helped with my mental health. Thanks and God bless."
- "A lovely day – always love coming"
- "my first day at Ladies Lounge enjoyed crafting and meeting new people".

At present we have 22 volunteers with some being trained in September/October.

During 2021-2022 we have had 830 attendees, 26 new ladies and served 830 hot snack lunches. Our volunteers have given 1700 hours.

## **Financial Review**

### **Principal sources of funding in 2020-2022**

- 1 Grants
- 2 Individual donations
- 3 Church donations
- 4 Gift Aid Reclaimed

## **Reserves Policy**

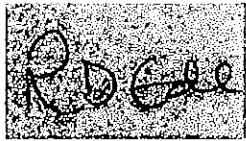
We hold unrestricted balances at the Bank of approximately £30,000 which are held to meet any unforeseen expenditure that may occur. This represents approximately 18 months of our usual expenditure. The impact of the Coronavirus Pandemic has not been as great as feared on both our Income and Expenditure.

## **Plans for the future**

The Torbay Ladies' Lounge Management Team has set the following goals:

- To inform all statutory agencies who use our services of our future plans
- To employ a full-time Project Manager allowing the present one to retire
- To continue to support the Standing Tall Partnership
- To consider a new venue
- To train new volunteers

Approved by the Board of Trustees on 11<sup>th</sup> November 2022 and signed on behalf Ladies' Lounge by:

A black and white image of a handwritten signature, which appears to be 'R. Ede', written in ink on a textured background.

Ros Ede

Chair of Trustees/Project Manager

**TORBAY LADIES LOUNGE CIO**

Charity no. 1171754

**Receipts and Payments Account for the  
Year ended 31st March 2022**

	Unrestricted	Restricted	Total	Total
			2022	2021
<i>Receipts</i>	£	£	£	£
Donations	16,590	0	16,590	5,695
Gift Aid	0	0	0	1057
Grants	3660	31,386	35,046	9041
	<u>20,250</u>	<u>31,386</u>	<u>51,636</u>	<u>15,793</u>
<i>Payments</i>				
Equipment	519	0	519	167
Insurance	0	355	355	0
Office overheads & premises	0	4,055	4,055	1,047
Refreshments	0	0	0	0
Stationery	0	0	0	55
Publicity	0	441	441	0
Telephone	0	0	0	187
Training	0	198	198	0
Salary costs	0	10,082	10,082	10,091
Travel & parking	159	691	850	0
Operational activity	0	3,236	3,236	1,051
Independent examination fee	0	0	0	600
Miscellaneous expenses	110	0	110	112
	<u>788</u>	<u>19,058</u>	<u>19,846</u>	<u>13,310</u>
<b>Net Receipts</b>	<b>19,462</b>	<b>12,328</b>	<b>31,790</b>	<b>2,483</b>
Transfer	395	-395	0	0
Add Bank at 1.4.21	<u>27,111</u>	<u>5,365</u>	<u>32,476</u>	<u>29,993</u>
Cash at Bank 31.3.22	<u><b>46,968</b></u>	<u><b>17,298</b></u>	<u><b>64,266</b></u>	<u><b>32,476</b></u>

**Statement of Assets and Liabilities at 31st March 2022**

<i>Assets</i>				
Cash at bank	<u>46,968</u>	<u>17,298</u>	<u>64,266</u>	<u>32,476</u>
<i>Debtors</i>				
Gift aid	671	0	671	0
<i>Liabilities</i>				
Creditors	0	0	0	501
Independent examination fee	<u>600</u>	<u>0</u>	<u>600</u>	<u>480</u>

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on 17th January 2023  
and signed in their behalf by

R M Ede Trustee/Treasurer

**Independent Examiner's Report to the Trustees of Torbay Ladies Lounge CIO**  
**Charity no. 1171754**

I report to the trustees on my examination of the accounts of Torbay Ladies Lounge CIO (the Trust) for the year ended 31<sup>st</sup> March 2022.

**Responsibilities and basis of the report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust's as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ian Barrett FCA FCIE  
Barretts  
22 Union Street  
Newton Abbot TQ12 2JS

17<sup>th</sup> January 2023