

# TORBAY LADIES LOUNGE CIO

England & Wales · Charity number 1171754

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2017-02-23

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 8 Leys Road  
Torquay  
TQ2 6ED

**Phone** 07895155965

**Email** [ladies.lounge58@gmail.com](mailto:ladies.lounge58@gmail.com)

## Activities

---

**Objects:** FOR PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF WOMEN IN THE TORBAY AREA WHO ARE, MAY BECOME OR HAVE BEEN ENGAGED IN SEX WORKING; STREET SLEEPING; DOMESTIC VIOLENCE; SUFFERING WITH MENTAL HEALTH PROBLEMS OR VICTIMS OF SUBSTANCE MISUSE ISSUES BY WORKING IN ACCORDANCE WITH CHRISTIAN PRINCIPLES TO PROVIDE SUPPORT, FUNDS, GOODS OR SERVICES AND SIGNPOSTING TO APPROPRIATE SERVICES TO ENABLE THEM TO BECOME AWARE OF ALTERNATIVE POSSIBILITIES FOR THEIR LIVES.

**Activities:** Ladies Lounge is a "women's-only drop in" in the centre of Torquay set up to support the most vulnerable women in Torbay in need of emotional support, advice and information

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups

## Geography

---

- Torbay

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£29,348	£40,696	-	-
2024-03-31	£16,476	£44,561	-	-
2023-03-31	£11,334	£34,938	-	-
2022-03-31	£51,636	£19,846	-	-
2021-03-31	£15,793	£13,310	-	-

## Trustees

Name	Role	Appointed
Rosalind Dianne Ede		2017-02-23
Rosemary Wilkinson		2020-02-01
Sylvie Hynes		2021-05-01

**TORBAY LADIES LOUNGE CIO**

England & Wales - Charity number 1171754

---

# Accounts

---

# Torbay Ladies' Lounge

## Trustee's Annual Report 2024-2025

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2025.

### Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number:	CIO 1171754
Charity Address for correspondence	Torbay Ladies' Lounge <b>8 Leys Road</b> <b>Torquay</b> <b>TQ2 6ED</b>

<b>Trustees</b>		<b>Term</b>
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

### Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

### Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.
- The current location has continued to be a great advantage in delivering support to our ladies, especially as there are numerous beneficial links with Upton Vale Baptist Church.
- We have continued to attend DA Forums and events held in Torbay and to be part of the wider focus concerning the delivery and local strategy of support victims of Domestic and sexual violence
- Craft continue to help a lot of our ladies and provide hours of enjoyment.
- We are met weekly with very challenging situations and have a great team to deal sensitively with these issues. We liaise with other local agencies to support.
- Our Project Manager runs also continues to run an employment programme and or ladies are encouraged to join up for this.
- Our team, where needed attend, with our ladies, court hearings and doctor or hospital appointments.

Our numbers have seen a constant increase and we have continued to be a listening ear service speaking to women survivors who cannot attend the sessional work. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 16 volunteers and training and supervision is ongoing, new volunteers continue to show an interest

During 2024-2025 we have had 1254 attendees, 24 new Referrals (either supported by telephone or attending the sessions) and served 1139 hot snack lunches. Our volunteers have given 1776 hours.

### **Comments from some of our Ladies**

- The team are so friendly, always take time to listen and encourage
- A brave and safe place to attend and leave feeling so much better
- A warm and inviting venue, cosy. It is like having extended family supporting us
- The staff and volunteers are incredible
- My confidence has grown so much over this past year
- I don't know where I would be without this support, someone who understand what I am going through
- I do not think I would be alive today without this group, they have saved me
- Volunteers and staff are friendly and do what they say they will do

### **Financial Review**

#### **Principal sources of funding in 2024-2025**

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

## **Reserves Policy**

We hold unrestricted balances at the Bank of approximately £1,229.

The trustees have reviewed the reserves policy and are now seeking to hold enough funds to cover running costs for a period of three months.

With additional funding and a reduction in overheads for 2025/2026 the trustees are hopeful that the reserves at 31<sup>st</sup> March 2026 will reach that level.

## **Plans for the future**

Torbay Ladies' Lounge will continue with the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.
- To continue to secure funding
- To link in with other agencies and local programmes
- To encourage local fundraising support
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on \*\*\*\*\* and signed on behalf Ladies' Lounge by:

Ros Ede

Chair of Trustees

**TORBAY LADIES LOUNGE CIO**      **Charity no. 1171754**

**Receipts and Payments Account for the  
Year ended 31st March 2025**

<b>Receipts</b>	Unrestricted	Restricted	Total	Total
	<b>2025</b>	<b>2025</b>	<b>2025</b>	<b>2024</b>
	£	£	£	£
Donations	17,233	0	17,233	8,109
Misc receipts	6,715	0	6,715	1,176
Gift Aid	0	0	0	191
Grants	5400	0	5,400	7000
	<u>29,348</u>	<u>0</u>	<u>29,348</u>	<u>16,476</u>
<b>Payments</b>				
DCF Feel Good	19	0	0	4,344
NL Community fund	55	0	55	475
Community investment fund	0	0	0	0
Comic Relief Groundworks	4,330	0	4,330	5,939
Equipment	76	0	76	0
Professional charges	0	0	0	48
Volunteer expenses	67	0	67	592
Courses & craft costs	473	0	473	344
Office overheads & premises	3,909	0	3,909	2,449
Refreshments	2,459	0	2,459	889
Stationery& postage	54	0	54	99
Telephone	466	0	466	303
Training	0	0	0	272
Salary costs	26,956	0	26,956	27,283
Travel & parking	598	0	598	457
Independent examination fee	0	0	0	300
Miscellaneous expenses	1,234	0	1,234	767
	<u>40,696</u>	<u>0</u>	<u>40,677</u>	<u>44,561</u>
<b>Net Receipts</b>	<b>-11,348</b>	<b>0</b>	<b>-11,329</b>	<b>-28,085</b>
Transfer	0	0	0	0
Add Bank at 1.4.24	12,577	0	12,577	40,662
	<u>1,229</u>	<u>0</u>	<u>1,229</u>	<u>12,577</u>

**TORBAY LADIES LOUNGE CIO**      **Charity no. 1171754**  
**Statement of Assets and Liabilities at 31st March 2025**

	<b>2025</b>			<b>2024</b>
<i>Assets</i>				
Cash at bank	<u>1,229</u>	<u>0</u>	<u>1,229</u>	<u>12,577</u>
<i>Debtors</i>				
Gift aid				0
<i>Liabilities</i>				
Creditors	0	0	0	0
Independent examination fee				<u>0</u>

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on ..... 2026  
and signed in their behalf by

Trustee

**Independent Examiner's Report to the Trustees of Torbay Ladies Lounge CIO**  
**Charity no. 1171754**

I report to the trustees on my examination of the accounts of Torbay Ladies Lounge CIO (the Trust) for the year ended 31<sup>st</sup> March 2025.

**Responsibilities and basis of the report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust's as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Barrett FCA FCIE  
Barretts  
22 Union Street  
Newton Abbot TQ12 2JS

27<sup>th</sup> January 2026

**TORBAY LADIES LOUNGE CIO**

England & Wales - Charity number 1171754

---

# Accounts

---

# Torbay Ladies' Lounge

## Trustee's Annual Report 2023-2024

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2024.

### Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number: CIO 1171754

Charity Address for correspondence Torbay Ladies' Lounge  
**8 Leys Road**  
**Torquay**  
**TQ2 6ED**

<b>Trustees</b>		<b>Term</b>
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

### Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

### Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.

- The move we made to the new location in September 2022, has continued to be a great advantage in delivering support to our ladies, especially as there are numerous beneficial links with Upton Vale Baptist Church.
- After working on the Standing Tall Partnership agreement document, we decided not to be part of this group.
- We have continued to attend DA Forums and events held in Torbay
- Craft continue to help a lot of our ladies and provide hours of enjoyment.
- We are met weekly with very challenging situations and have a great team to deal sensitively with this. We liaise with other local agencies to support.
- Our Project Manger runs a employment programme and 3 ladies are joining this Spring 2024.

Our numbers have seen a constant increase since the start of 2022 and we have continued to be a listening ear service speaking to women survivors who cannot attend the sessional work. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 17 volunteers and training and supervision is ongoing.

During 2023-2024 we have had 1050 attendees, 80 new Referrals (either supported by telephone or attending the sessions) and served 1050 hot snack lunches. Our volunteers have given 1895 hours.

### **Comments from some of our Ladies**

- The team are so friendly, always take time to listen
- A safe place to attend and leave feeling so much better
- A warm and inviting venue. Cosy feeling
- Look forward to coming to the group
- My confidence has grown so much
- I don't know where I would be without this support
- I do not think I would be alive today without this group
- Volunteers and staff are friendly and do what they say they will do

### **Financial Review**

#### **Principal sources of funding in 2023-2024**

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

### **Reserves Policy**

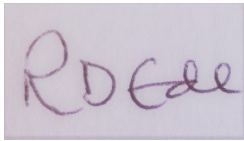
We hold unrestricted balances at the Bank of approximately £12476 which are held to meet any unforeseen expenditure that may occur. This represents approximately 12 months of our usual expenditure.

### **Plans for the future**

Torbay Ladies' Lounge will continue with the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.
- To continue to secure funding
- To link in with other agencies and local programmes
- To encourage local fundraising support
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on \*\*\*\*\* and signed on behalf Ladies' Lounge by:

A rectangular area containing a handwritten signature in purple ink. The signature appears to be 'RDEde'.

Ros Ede  
Chair of Trustees

**TORBAY LADIES LOUNGE CIO**

Charity no. 1171754

**Receipts and Payments Account for the  
Year ended 31st March 2024**

	Unrestricted	Restricted	Total
	<b>2024</b>		
	£	£	£
<b>Receipts</b>			
Donations	8,109	0	8,109
Misc receipts	1,176	0	1,176
Gift Aid	191	0	191
Grants	3000	4,000	7,000
	<u>12,476</u>	<u>4,000</u>	<u>16,476</u>
<b>Payments</b>			
DCF Feel Good	0	4,344	4,344
NL Community fund	0	475	475
Community investment fund	0	0	0
Comic Relief Groundworks	0	5,939	5,939
Equipment	0	0	0
Professional charges	48	0	48
Volunteer expenses	592	0	592
Courses & craft costs	344	0	344
Office overheads & premises	2,449	0	2,449
Refreshments	889	0	889
Stationery& postage	99	0	99
Telephone	303	0	303
Training	272	0	272
Salary costs	27,283	0	27,283
Travel & parking	457	0	457
Independent examination fee	300	0	300
Miscellaneous expenses	767	0	767
	<u>33,803</u>	<u>10,758</u>	<u>44,561</u>
<b>Net Receipts</b>	<b>-21,327</b>	<b>-6,758</b>	<b>-28,085</b>
Transfer	-5,948	5,948	0
Add Bank at 1.4.23	39,852	810	40,662
	<u>12,577</u>	<u>0</u>	<u>12,577</u>
Cash at Bank 31.3.24			

**Statement of Assets and Liabilities at 31st March 2024**

			<b>2024</b>
<i>Assets</i>			
Cash at bank	<u>12,577</u>	<u>0</u>	<u>12,577</u>
<i>Debtors</i>			
Gift aid			
<i>Liabilities</i>			
Creditors	0	0	0
Independent examination fee			

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisation: (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the

Total

**2023**

£

1,945

292

685

8412

---

11,334

7,190

7,360

10,000

378

390

915

1,375

2,285

1,068

294

427

354

1,898

587

0

417

---

34,938

**-23,604**

0

64,266

---

**40,662**

---

**2023**

40,662

0

0

0

S

: CIO.

**TORBAY LADIES LOUNGE CIO**

England & Wales - Charity number 1171754

---

# Accounts

---

# Torbay Ladies' Lounge

## Trustee's Annual Report 2022-2023

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2023.

### Administrative Details

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number: CIO 1171754

Charity Address for correspondence Torbay Ladies' Lounge  
**8 Leys Road**  
**Torquay**  
**TQ2 6ED**

<b>Trustees</b>		<b>Term</b>
Ros Ede	(re-appointed 23.2.2021) Chair	4 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

### Governance

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

### Objects and Activities

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.

- We moved to a new location September 2022, this has been a great advantage in delivering the support.
- We have been part of the Standing Tall Partnership, working on the partnership agreement document.
- We have continued to attend DA Forums and events held in Torbay
- Craft continues to help a lot of our ladies.
- Ladies' Lounge employed a new Project Manager in 2022 to join our Deputy making a team of 2 running the day-to-day business of the charity.

Our numbers have seen a constant increase since the start of 2022 and we have continued the "Listening Ear" service speaking to women survivors. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

Our ladies continue to enjoy the Creative Writing sessions and the many craft activities we run weekly. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills. We have seen many Ladies grow in confidence and self worth.

At present we have 18 volunteers and training and supervision is ongoing.

During 2022-2023 we have had 865 attendees, 52 new Referrals (either supported by telephone or attending the sessions) and served 865 hot snack lunches. Our volunteers have given 2250 hours.

### **Comments from some of our Ladies**

- The team are so friendly, always take time to listen
- A safe place to attend and leave feeling so much better
- A warm and inviting venue. Cosy feeling
- Look forward to coming to the group
- My confidence has grown so much

### **Financial Review**

#### **Principal sources of funding in 2022-2023**

- 1 Grants
- 2 Individual donations
- 3 Gift Aid Reclaimed

### **Reserves Policy**

We hold unrestricted balances at the Bank of approximately £35,763 which are held to meet any unforeseen expenditure that may occur. This represents approximately 11 months of our usual expenditure.

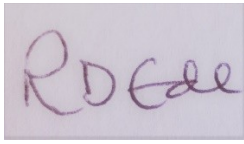
### **Plans for the future**

Torbay Ladies' Lounge has set the following goals:

- To inform all statutory agencies who use our services of our future plans
- To link in with other DA Agencies and Charities to grow and support our service
- To educate other communities in the area of DA
- To continue to train all staff and volunteers.

- To continue to secure funding
- To look for new a new Chair of Trustees and new trustees

Approved by the Board of Trustees on 31<sup>st</sup> January 2024 and signed on behalf Ladies' Lounge by:

A rectangular image showing a handwritten signature in purple ink. The signature appears to be 'RDEde'.

Ros Ede  
Chair of Trustees

**TORBAY LADIES LOUNGE CIO** Charity no. 1171754

**Receipts and Payments Account for the**

**Year ended 31st March 2023**

	Unrestricted	Restricted	Total	Total
	<b>2023</b>			<b>2022</b>
<b>Receipts</b>	£	£	£	£
Donations	1,945		1,945	16,590
Misc receipts	292		292	
Gift Aid	685		685	0
Grants		8,412	8,412	35,046
	<u>2,922</u>	<u>8,412</u>	<u>11,334</u>	<u>51,636</u>
<b>Payments</b>				
DCF Feel Good		7,190	7,190	
NL Community fund	62	3,209	3,271	
Community investment fund		10,000	10,000	
Equipment	378		378	519
Professional charges	390		390	
Volunteer expenses	915		915	
Craft costs	963	412	1,375	
Insurance			0	355
Office overheads & premises	2,285		2,285	4,055
Refreshments	1,068		1,068	0
Stationery	294		294	0
Publicity			0	441
Telephone	427		427	0
Training	354		354	198
Salary costs	5,987		5,987	10,082
Travel & parking	587		587	850
Operational activity			0	3,236
Independent examination fee			0	0
Miscellaneous expenses	416		416	110
	<u>14,126</u>	<u>20,811</u>	<u>34,938</u>	<u>19,846</u>
<b>Net Receipts</b>	<b>-11,205</b>	<b>-12,399</b>	<b>-23,604</b>	<b>31,790</b>
Transfer			0	0
Add Bank at 1.4.22	<u>46,968</u>	<u>17,298</u>	<u>64,266</u>	<u>32,476</u>
Cash at Bank 31.3.23	<u><b>35,763</b></u>	<u><b>4,899</b></u>	<u><b>40,662</b></u>	<u><b>64,266</b></u>

**Statement of Assets and Liabilities at 31st March 2023**

<b>Assets</b>				
Cash at bank	<u>35,763</u>	<u>4,899</u>	<u>40,662</u>	<u>64,266</u>
<b>Debtors</b>				
Gift aid				671
<b>Liabilities</b>				
Creditors	0	0	0	0
Independent examination fee				<u>600</u>

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on ..... 2024  
and signed in their behalf by

Trustee

**TORBAY LADIES LOUNGE CIO**

England & Wales - Charity number 1171754

---

# Accounts

---

**Torbay Ladies' Lounge**  
**Trustee's Annual Report 2021-2022**

The Trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2022.

**Administrative Details**

The reference and administration information about the charity, its Trustees and Advisors are set out as follows:

Charity Number: CIO 1171754

Charity Address for correspondence Torbay Ladies' Lounge  
3 The Drive, Water Lane,  
Kingskerswell  
Newton Abbot TQ12 5FB

<b>Trustees</b>		<b>Term</b>
Ros Ede	(re-appointed 23.2.2021) Chair/Project Manager	4 years
Roger Ede	(re-appointed 23.2.2020) Vice Chair/Treasurer	3 years
Rosie Wilkinson	(appointed 1.2.2020)	3 years
Ian Deakin	(re-appointed 23.2.2022)	3 years
Sylvie Hynes	(appointed 1.5.2021)	3 years
Sylvia Bevis	(appointed 1.5.21)	3 years

**Governance**

The Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

**Objects and Activities**

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report.

- We have continued to advertise our service to statutory services, doctors, clients and volunteers.
- A video about Ladies' Lounge is now on our website and YouTube.
- Craft continues to help a lot of our ladies.
- Monday hours changed to the morning to enable parents to pick up their children from school
- The Standing Tall Partnership of which we are a partner, continues to grow from strength to strength – we are now 19 partners all with the aim to help families who have been traumatised by domestic abuse/violence.
- Ladies' Lounge is looking to employ a new Project Manager, find a new Treasurer, both to join our Deputy making a team of 3 running the day-to-day business of the charity.

Our numbers are slowly growing again after the Pandemic, although for some it has left them more anxious and depressed because of the enforced isolation. Our involvement with the Standing Tall Partnership "Listening Ear" service has meant a further increase in numbers of women seeking help having been trapped in violent relationships exacerbated by the isolation and fear caused by the Pandemic and social media. Our Deputy and 2 volunteers have been involved in "Listening Ear" service speaking to women survivors. Regular calls are made until the ladies themselves feel confident enough to join our sessions.

During the winter/spring we bought in Art Therapy sessions which were very successful for the women who attended and later in the year several of our ladies enjoyed Creative Writing sessions. These therapies and craft/sewing sessions have helped our ladies to relax and learn new coping skills.

A few comments from our ladies:

- "Ladies' Lounge has saved me, I was from a different town been through a lifetime of hurt. A lovely lady phoned me, we chatted and I was invited to come and craft, for the first time in my life I felt part of something and I'm no longer alone. I can't tell you how happy and motivated I feel. I have a reason to look forward to tomorrow".
- "I really enjoyed today, it has helped with my mental health. Thanks and God bless."
- "A lovely day – always love coming"
- "my first day at Ladies Lounge enjoyed crafting and meeting new people".

At present we have 22 volunteers with some being trained in September/October.

During 2021-2022 we have had 830 attendees, 26 new ladies and served 830 hot snack lunches. Our volunteers have given 1700 hours.

## **Financial Review**

### **Principal sources of funding in 2020-2022**

- 1 Grants
- 2 Individual donations
- 3 Church donations
- 4 Gift Aid Reclaimed

## Reserves Policy

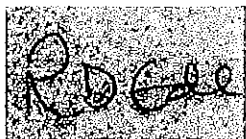
We hold unrestricted balances at the Bank of approximately £30,000 which are held to meet any unforeseen expenditure that may occur. This represents approximately 18 months of our usual expenditure. The impact of the Coronavirus Pandemic has not been as great as feared on both our Income and Expenditure.

## Plans for the future

The Torbay Ladies' Lounge Management Team has set the following goals:

- To inform all statutory agencies who use our services of our future plans
- To employ a full-time Project Manager allowing the present one to retire
- To continue to support the Standing Tall Partnership
- To consider a new venue
- To train new volunteers

Approved by the Board of Trustees on 11<sup>th</sup> November 2022 and signed on behalf Ladies' Lounge by:

A rectangular box containing a handwritten signature in black ink. The signature appears to be 'Ros Ede' written in a cursive style.

Ros Ede

Chair of Trustees/Project Manager

**TORBAY LADIES LOUNGE CIO**      **Charity no. 1171754**  
**Receipts and Payments Account for the**  
**Year ended 31st March 2022**

<b>Receipts</b>	Unrestricted	Restricted	Total	<b>Total</b>
	<b>2022</b>			
	£	£	£	£
Donations	16,590	0	16,590	5,695
Gift Aid	0	0	0	1057
Grants	3660	31,386	35,046	9041
	<u>20,250</u>	<u>31,386</u>	<u>51,636</u>	<u>15,793</u>
<b>Payments</b>				
Equipment	519	0	519	167
Insurance	0	355	355	0
Office overheads & premises	0	4,055	4,055	1,047
Refreshments	0	0	0	0
Stationery	0	0	0	55
Publicity	0	441	441	0
Telephone	0	0	0	187
Training	0	198	198	0
Salary costs	0	10,082	10,082	10,091
Travel & parking	159	691	850	0
Operational activity	0	3,236	3,236	1,051
Independent examination fee	0	0	0	600
Miscellaneous expenses	110	0	110	112
	<u>788</u>	<u>19,058</u>	<u>19,846</u>	<u>13,310</u>
<b>Net Receipts</b>	<b>19,462</b>	<b>12,328</b>	<b>31,790</b>	<b>2,483</b>
Transfer	395	-395	0	0
Add Bank at 1.4.21	<u>27,111</u>	<u>5,365</u>	<u>32,476</u>	<u>29,993</u>
Cash at Bank 31.3.22	<u><b>46,968</b></u>	<u><b>17,298</b></u>	<u><b>64,266</b></u>	<u><b>32,476</b></u>

**Statement of Assets and Liabilities at 31st March 2022**

<b>Assets</b>				
Cash at bank	<u>46,968</u>	<u>17,298</u>	<u>64,266</u>	<u>32,476</u>
<b>Debtors</b>				
Gift aid	671	0	671	0
<b>Liabilities</b>				
Creditors	0	0	0	501
Independent examination fee	<u>600</u>	<u>0</u>	<u>600</u>	<u>480</u>

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on 17th January 2023  
and signed in their behalf by

R M Ede      Trustee/Treasurer

**Independent Examiner's Report to the Trustees of Torbay Ladies Lounge CIO**  
**Charity no. 1171754**

I report to the trustees on my examination of the accounts of Torbay Ladies Lounge CIO (the Trust) for the year ended 31<sup>st</sup> March 2022.

**Responsibilities and basis of the report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust's as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ian Barrett FCA FCIE  
Barretts  
22 Union Street  
Newton Abbot TQ12 2JS

17<sup>th</sup> January 2023

**TORBAY LADIES LOUNGE CIO**

England & Wales - Charity number 1171754

---

# Accounts

---

**Torbay Ladies' Lounge**  
**Trustees' Annual Report 2020-2021**

The trustees of Torbay Ladies' Lounge are pleased to present their report together with the audited accounts of the charity for the year ended 31<sup>st</sup> March 2021.

**Administrative Details**

The reference and administration information about the charity, its trustees and advisors are set out as follows:

Charity Number:	CIO 1171754
Charity address for correspondence	Torbay Ladies' Lounge 3 The Drive, Water Lane Kingskerswell Newton Abbot TQ12 5FB

<b>Trustees</b>			<b>Term</b>
Ros Ede	(re-appointed 23.2.2021)	Chair/Coordinator	4 years
Roger Ede	(re-appointed 23.2.2020)	Vice Chair/Treasurer	3 years
Rosie Wilkinson	(appointed 1.2.2020)		3 years
Ian Deakin	(re-appointed 23.2.2019)		3 years

**Governance**

Torbay Ladies' Lounge is a Charitable Incorporated Organisation (Foundation), incorporated 23<sup>rd</sup> February 2017. All Trustees gave their time voluntarily and received no remuneration or other benefits.

**Objects and Activities**

For public benefit, to relieve the needs of women in the Torbay area who are, may become or have been engaged in sex working; street sleeping; domestic violence; suffering with mental health problems or victims of substance misuse issues by working in accordance with Christian principles to provide support, funds, goods or services and signposting to appropriate services to enable them to become aware of alternative possibilities for their lives.

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit. As mentioned in our Plans for the Future in last year's report

- we have continued to advertise our service to statutory services, doctors, clients and volunteers.

- We have appointed 2 new Trustees, Sylvia Bevis and Sylvie Hynes.
- We have commissioned a video about Ladies' Lounge that will be on our website, be published on Facebook and YouTube and shown when we give talks.
- Craft still is a great success
- Now that we are Partners in the Standing Tall Partnership helping with their phone Helpline we are talking to many more vulnerable women.
- Our Deputy is a great asset to Ladies' Lounge

Our numbers are down for the year which is no surprise as the Pandemic has frightened many from participating within a group. However, our ladies that do come into Ladies' Lounge get much more quality time with our trained volunteers and therefore receive more help. During 2020 we have welcomed 569 attendees 23 of whom are new ladies. Our volunteers have given 1,223 hours and hot snacks and refreshments have been served on both Mondays and Wednesdays.

Ladies' Lounge opened cautiously, when permitted by the Government, last year in the summer by meeting outside on the sea front on Wednesday afternoons 2-4pm. The ladies were able to spread out in a picnic area, enjoy craft sessions and refreshments whilst chatting with each other. This was felt to be extremely good for their mental health as isolation exacerbates poor mental health when you live alone. In the autumn, those who were not shielding were allowed back into the building we rent after a Risk Assessment had been signed between Ladies' Lounge and the Salvation Army. This meant extra cleaning work for the volunteers to ensure that the building was a safe place in which to meet. It was also agreed that all volunteers and ladies would take a lateral flow test before entering the building. So, all things considered we have done very well to stay open and to help as many as we have been able to.

## **Financial Review**

### **Principal sources of funding in 2019-20**

- 1 Grants
- 2 Individual donations
- 3 Church donations
- 4 Gift Aid Reclaimed
- 5 Craft Fair

Our main aim during this year was to keep Ladies' Lounge open, as permitted by the Government, and run it safely.

There is a Designated Salary Fund of £5192 to be used to fund the Deputy's salary when the Tampon Tax salary funding ceases.

During the financial year we have fully utilised the Restricted Grant Funding received from both the Tampon Tax and Crimebeat Funds for our normal day to day expenditure.

Total number of volunteers: 22

## Reserves Policy

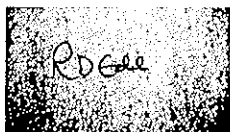
We hold cash at the bank of £22,000, which are unrestricted funds. These unrestricted funds are held to meet any unforeseen expenditure that may occur and represent approximately 21 months of our usual expenditure. The impact of the Coronavirus Pandemic on both our income and expenditure cannot be quantified at present.

## Plans for the Future

The Torbay Ladies' Lounge Management Team has set the following goals:

- Continue to advertise our service to statutory services, doctors, clients and volunteers using our new video:
- Find Funding for a full-time Project Manager
- To develop our relationship with the Standing Tall Partnership
- To develop our role on the Standing Tall Partnership Helpline

Approved by the Board of Trustees on 17th January 2022 and signed on behalf by:



.....  
Ros Ede  
Chair of Trustees/Coordinator

**TORBAY LADIES LOUNGE CIO** Charity no. 1171754

**Receipts and Payments Account for the  
Year ended 31st March 2021**

<b>Receipts</b>	Unrestricted	Restricted	Total	Total
	£	£	£	£
			<b>2021</b>	<b>2020</b>
Donations	5,695		5,695	10,472
Gift Aid	1057		1,057	751
Grants	0	9,041	9,041	10380
	<u>6,752</u>	<u>9,041</u>	<u>15,793</u>	<u>21,603</u>
<b>Payments</b>				
Craft materials	0	0	0	2,370
Equipment	167		167	659
Insurance	0	0	0	317
Office overheads & premises	0	1,047	1,047	3,555
Refreshments	0	0	0	1,585
Stationery	55	0	55	234
Publicity	0	0	0	175
Telephone	187	0	187	191
Training	0	0	0	573
Salary costs	0	10,091	10,091	1,487
Volunteer expenses	0	0	0	931
DBS checks	0	0	0	219
Operational activity	0	1,051	1,051	0
Independent examination fee	600	0	600	0
Miscellaneous expenses	112	0	112	1,202
	<u>1,121</u>	<u>12,189</u>	<u>13,310</u>	<u>13,498</u>
<b>Net Receipts</b>	<b>5,631</b>	<b>-3,148</b>	<b>2,483</b>	<b>8,105</b>
Transfer	0	0		
Add Bank at 1.4.20	21,480	8,513	29,993	21,888
	<u>27,111</u>	<u>5,365</u>	<u>32,476</u>	<u>29,993</u>

**Statement of Assets and Liabilities at 31st March 2021**

<b>Assets</b>				
Cash at bank	<u>27,111</u>	<u>5,365</u>	<u>32,476</u>	<u>29,993</u>
<b>Liabilities</b>				
Creditors	501	0	501	171
Independent examination fee	<u>480</u>		<u>480</u>	<u>480</u>

**Note** The trustees confirm, in accordance with the Charitable Incorporated Organisations (General) Regulations 2012, that at the year end the CIO did not have any outstanding guarantees to third parties nor any debts secured on the assets of the CIO.

Approved by the Trustees on 17th January 2022  
and signed in their behalf by

R M Ede Trustee/Treasurer

**Independent Examiner's Report to the Trustees of Torbay Ladies Lounge CIO  
Charity no. 1171754**

I report to the trustees on my examination of the accounts of Torbay Ladies Lounge CIO (the Trust) for the year ended 31<sup>st</sup> March 2021.

**Responsibilities and basis of the report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).

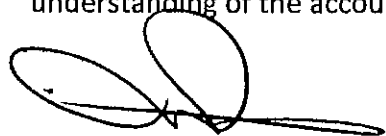
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust's as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ian Barrett FCA FCIE  
Barretts  
22 Union Street  
Newton Abbot TQ12 2JS

18<sup>th</sup> January 2022