



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **1st April 2020** Period start date To **March 31st**
2021 Period end date

Charity name: Reach Out - Support In The Community

Charity registration number: 1171740

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Reach Out provides one to one support to children and adults. This is offered on a weekly/fortnightly basis with a support volunteer, Counsellor or Therapist. Therapeutic activities are also offered.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has continued with its main objective in supporting students at Wolverley Secondary school and Sebright Primary School. Adults in the Wyre Forest area continue to seek our support. From March 2020 we went into lockdown due to the pandemic. We then offered our services via telephone, video call and email as a way of continuing to support those in need.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The charity has focused on providing a service supporting those, mainly children/young people, with emotional and mental health issues. Where these issues have impacted their lives. The majority being at our Wolverley offices.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not routinely make grants.
Policy on social	Para 1.38	The charity does not have sufficient funds to invest.

investment including program related investment		
Contribution made by volunteers	Para 1.38	Our volunteers contribute their time and expertise freely with different levels of commitment ranging from 1 - 4 hours per week. Our established volunteers with exceptional life skills and wide range of work experience provide induction/safeguarding training for new volunteers.
Other		We have Counsellors who join us to provide their services voluntarily and Therapists who can provide an alternative approach in helping to improve emotional wellbeing.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our achievement this year has been to continue providing much needed support under the stressful circumstances and the affects of the pandemic with all the difficulties it brought. We adjusted to the school environment rules and worked hard to keep children/young people and our volunteers safe. 32 children were supported at Wolverley and in the Wyre Forest area. Our counsellor also supported 3 adults in the community. With the pandemic causing anxiety and stress amongst parents we were able to offer our support. We experienced an increase in parents calling desperate for advice in supporting their children who were experiencing high levels of anxiety. The pandemic increased the fears and anxieties in many children already experiencing difficulties. Reach Out have worked closely with Wyre Forest council and other organisations/charities with regards to working on a suicide prevention group. We have been able to share our findings as a charity working with

		children/young people who face feeling suicidal and talking about self-harm. We were able to provide a report on our work with young males as the number of these cases had increased. Our Psychotherapist who provided support for these students found similarities in cases. This was beneficial in being able to share this information, to raise awareness and the reality of the current issues being referred to us. Reach Out continue to be involved with this group as we have found it to be a positive way of sharing information regarding the increase in children suffering with more severe mental health issues. Our review of collecting our outcome data has been completed but due to covid regulations has not been collated yet. Anecdotal evidence remains that our service within the Wyre Forest community is highly appreciated by children/young people, parents, adults, school pastoral team and governors.
--	--	---

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	This being the sixth year of the Charity's existence, the main objective continues to be building its reputation for being a competent professional and accountable service.
Performance of fundraising activities against objectives set	Para 1.41	Due to an increase in awareness of Reach Out, members of the community have raised money in a number of ways to show their support. During lockdown we focused on making green hearts to support mental health along with promoting the Mitch's Law campaign. We have applied for larger amounts of funding without success. Our aim is to secure future funding to accommodate the growth of the Charity.
Investment performance against objectives	Para 1.41	The Charity holds no investments.

Other		We recruited 3 new volunteers, unfortunately only two went on to join us as the other suddenly passed away. We now comprise of 14 volunteers who are all DBS cleared and checked.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity started the reporting period with £2,862.87 in the bank. We have received donations of £1,582.25 The account balance at the year end showed a balance of £3,836.04
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	No reserves held.
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	The Charity occupies premises provided free of charge by Wolverley C E Secondary School. It does not employ anyone. It therefore has no financial obligations.
Details of fund materially in deficit	Para 1.24	The Charity is not in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Whilst a regular income would be an advantage and enable the Charity to develop its work in various ways, at present its focus is on establishing its reputation as a trusted source of support for people in the local community. So far this has not required any major expenditure and so there is no concern about the Charity's future financial viability

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity is continuing to explore sources of grant aid.
Investment policy and objectives including any social investment policy adopted	Para 1.46	There are not sufficient funds to warrant investments.
A description of the principal risks facing the charity	Para 1.46	The greatest risk to Reach Out is the same as last year, namely that of an incident impacting on its reputation. These risks would fall into two broad categories: 1. Volunteer related. For example, allegations of inappropriate

		behaviour by a volunteer, failure to disclose information during the DBS process, misrepresenting their credentials, breaches of trust and confidentiality and the like. 2. Client related. Self-harm, suicide or acts of aggression while receiving support from Reach Out. This could call into question the competence of the service. On this latter point, it is precisely risk of self-harm and problems managing anger which frequently lead to young people being referred to Reach Out. If we turned these people away simply to reduce the risk to our reputation, there would be little other support available for them. The local Child and Adolescent Mental Health Service is unable to meet demand and has to prioritise its service to those deemed to be at greatest risk and for only a limited number of sessions. During the current reporting period Reach Out has built its reputation even further and is highly respected by staff and management of Wolverley C E Secondary School.
Other		We have completed our suicide/self-harm policy/procedure. We are currently collaborating with Wolverley regards developing a policy/procedure to be used within school as currently there is not one in place. Our quest for 21/22 is to continue to collaborate with Worcester County Council to develop a countywide and multi-agency strategy on suicide and self-harm reduction among young people. We will also continue our work in raising awareness of the Mitch's Law campaign for better services for our children/ young people.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Standard charity constitution document.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Charity is constituted as a CIO.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee nominations considered, nominated and seconded at AGM.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	We have completed a draft copy of the policies and procedures for inducting/training trustees.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity works within a teamwork structure and only provides its services within the Wyre Forest area.
Relationship with any related parties	Para 1.51	None
Other		

Reference and Administrative details

Charity name	Reach Out - Support In The Community
Other name the charity uses	N/A
Registered charity number	1171740

Charity's principal address	AIG Centre Wolverley CE Secondary School Blakeshall Lane Wolverley, Kidderminster DY11 5XQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrea Whitehouse	Founding Trustee	Whole year	
2	Luke Whitehouse		Whole year	
3	Angie Gibbs		Whole year	
4	Lucinda Woods		Whole year	
5	Lisa Collins		12/01/21	
6	Rob Collins		12/01/21	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

This report has been signed off by Andrea Whitehouse and Angie Gibbs 25-01-22

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)

--	--

Full name(s)

Andrea Whitehouse	Angie Gibbs
-------------------	-------------

Position (eg
Secretary, Chair, etc)

Founding Trustee	Trustee
------------------	---------

Date

--