

Charity (CIO) number  
1171734

Sunderland Mind  
Trustees' Report and Accounts  
31 March 2021

**Sunderland Mind**  
**Trustees' report and accounts**  
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**Sunderland Mind**  
**Trustees' Annual Report**  
**Charity (CIO) number: 1171734**

The Trustees' present their report and accounts for the year ended 31 March 2021

**Objectives and Activities**

***Summary of the purposes of the charity as set out in its governing document***

A) To promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorder or conditions of emotional or mental distress requiring advice or treatment.

B) To promote the study of and research into mental health disorder and emotional or mental distress and to obtain and make records of and disseminate to the public the useful results of such research and to educate the public in matters relating to mental health.

The charitable objectives of Sunderland Mind are to promote the preservation and the safeguarding of mental health and the relief of persons suffering from mental disorder in association with Mind (National Association for Mental Health) in accordance with the aims and objects of Mind.

Sunderland Mind strive to provide quality mental health services in a non-judgemental environment for those coping or recovering from mental ill health and emotional distress.

Our vision is of a society that promotes and provides quality mental health services for all and that treats those experiencing mental illness fairly, positively, with respect and dignity and is in accordance with the aims and objectives of Mind - NAMH (National Association for Mental Health)

***Summary of the main activities in relation to those purposes for the public benefit.***

The main activities undertaken for the public benefit during the year have been as follows:-

- Counselling services
- Group work activities
- Drop in sessions
- Peer Support Sessions both male and female
- Young Peoples Project
- Life Support Project
- Bereavement Support Group
- Suicide Support Group
- Emotional resilience in the school setting
- Listening Ear Service (Adults and Children)
- Drama Group
- Anger Management
- Couples Counselling

We provide advice, support, information and campaign to tackle stigma and discrimination and protect good mental health for all who reside in the City of Sunderland.

***Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit***

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

**Additional information**

***Contribution made by volunteers***

The charity is reliant on the support of its volunteers to achieve its objects and the work of volunteers is invaluable.

## **Achievements and Performance**

### ***Summary of the main achievements of the charity.***

This year has been without doubt the hardest for a long time due only to the world wide Pandemic Covid 19 that put the whole country into lockdown on March 24th 2020. This meant that to continue to offer any service at all we had to make some very different and immediate changes to the way in which we deliver services to the service users that depend on us. Like the rest of the country we had to embrace a way of working effectively from home and retain as much of the service delivery that we could in the first instance.

#### Counselling Service

The delivery of the Counselling service changed overnight as we offered the service initially on the telephone so that where possible we had no break in service delivery. Staff were furnished with the correct equipment and updated their skills which meant as long as the clients were happy we could still deliver a full service as we continued to receive referrals into all services. Anger Management and Couples Counselling were both put on hold as to ensure that these services are effective it is necessary to be in the same room.

The service is overseen by a Counselling Coordinator who supervises all the Counselling Team the major change for all staff was having supervision over Zoom or Teams which was at times testing but very necessary as some staff struggled with telephone counselling from home. When the first lockdown was relaxed all the counselling team and management returned to work from the building continuing to deliver telephone only support, the building was completely sanitized desks and rooms rearranged to accommodate the 2 metre rule and counsellors all worked from individual rooms. The need for the service has continued to grow with increased referrals over the period with increased referrals identifying Stress, Loneliness, Depression and Bereavement exacerbated by Covid 19 and the lockdown rules.

#### Drop In Service

This service has been suspended for most of the year due to the imposed restrictions, we have only managed to deliver a few strategic sessions socially distanced.

#### Life Support 2020/21

This project has continued to deliver some confidence building activity over Zoom offering help and support around a variety of issues. We have managed to offer online fitness, quizzes and some general catch up sessions so individuals could see friends online. There was a break in delivery from April to October when the workers was unfortunately furloughed until we had arranged how to deliver online support.

#### Young Peoples Project

This project has continued to grow from strength to strength and over the last year we have supported over 500 young people despite the Covid 19 Pandemic, we have resorted to Zoom Sessions and utilising other online platforms. We could restart some of the support sessions in house in the early part of the year as they have a specific Health and Therapeutic outcome, they were always socially distanced and limited numbers. We have continued telephone support to the wider family members throughout the whole period.

#### Listening Ear

This service is offered to both adults and young people who need to off load in a confidential situation. It is offered to individuals who either do not fit the criteria for counselling and sometimes only need reassurance. This project has continued to grow across the whole year and capacity in the January 2020 was increased due to the increase in requests for support and referrals from the Emergency Department in Sunderland General. The referrals from the school service have also increased, permission was sought from parents to continue the service while the child was at home in case there was any issue with other siblings in the household.

#### Support Groups

Bereavement Support- the group meets every Monday to help individuals deal with their sometimes overwhelming feelings of grief helping them with the support of others to move on and understanding and normalising the feelings. It support also identifies that they are not alone. The group members have all been contacted on a weekly basis for a catch up and to ensure that their mental health was not deteriorating whilst in lockdown.

Keeping On – This group was new last year so it was imperative that we maintain contact with all the participants, support has been by telephone or email, the facilitator has been in constant contact but as the group is peer led they have also been supporting each other especially in the darkest of times.

It has been a very trying year but it has brought about a lot of new ways of coping with the difficulty of lockdown, we have as an extra support delivered Soup and a Roll to service users doorstep and then had a socially distanced conversation. When they have told us that they were having dark thoughts we have delivered bespoke activity packs that have given them a new focus and a distraction. We have for a lot of our service users been the only contact they had with the outside world so if the last year has taught us anything it is to be Kind and Share a thought for others'

## **Financial Review**

### ***Review of the charity's financial position at the end of the period***

The trustees consider the financial performance of the CIO during the year to have been good when taking into account the fact that during the whole year the Covid 19 coronavirus pandemic has been with us.

The CIO has benefitted from Government funding during the year through the 'Job Retention Scheme' (JRS), receiving £41,951 and also a business support grant receiving £25k.

The JRS grant money has enabled the CIO to retain existing staff on furlough and prevented the need for redundancies.

The CIO has recorded a deficit this year of £1,930, unrestricted reserves have increased to £264,805 and restricted reserves have decreased to £11,756. The total reserves includes £12,847 of fixed assets and these funds can only be realised if the assets are sold.

The deficit recorded in the CIO's accounts is largely due to the sale of the CIO's property in Norfolk Street, Sunderland. The property was sold for £120k in December 2020, £18k less than its book value creating an £18k loss on disposal in the accounts.

Total funds held by the CIO at the year end were £276,561.

### ***Statement explaining the policy for holding reserves stating why they are held***

The trustees aim to maintain cash reserves at a level that is sufficient to meet the full running costs of the CIO for a minimum period of six months.

This would enable the charity to be able to continue providing our services should future funding and income drop. The reserves will also act as a safety net for any large unexpected expenditure that may arise in the future.

### ***Amount of reserves held***

Cash reserves as at 31st March 2021 amounted to £259,426 (2020: £130,591). The increase being mainly due to the sale of our property in Norfolk Street during the year. The trustees are satisfied with the current amount held, as they should be sufficient to meet the reserves policy based on expected running costs in the coming year.

### ***Reasons for holding zero reserves***

The charity has no plans to hold zero reserves.

### ***Details of fund materially in deficit***

There are no funds in deficit.

### ***Explanation of any uncertainties about the charity continuing as a going concern***

There are no current concerns about the CIO's future.

## **Additional information**

### ***The charity's principal sources of funds (including any fundraising)***

The charity's funding comes from various sources (see below). This funding allows the charity to offer various activities and services which allow us to achieve our ongoing objectives.

Our major sources of income during the year have been:-

Sunderland CCG	Community Foundation
Sunderland City Council	Education and training sessions
Government Covid 19 support	Counselling sessions
Sunderland CCG - WASP YPP	Room rental
Greggs Foundation	Various donations and fundraising events
National Mind	

## Structure, Governance and Management

### *Type of governing document*

The Charity is governed as a CIO - Association registered on 22 February 2017.

### *How the the charity is constituted*

Sunderland Mind is a Charitable Incorporated Organisation (CIO) number 1171734.

### *Trustee selection methods including details of any constitutional provisions*

Trustees are elected at the AGM and can serve for three years. Trustees can be re-appointed at the subsequent meeting.

## Reference and Administrative details

<b>Charity name</b>	Sunderland Mind
<b>Charitable Incorporated Organisation number</b>	1171734
<b>Charity's principal address</b>	Sunderland Mind Wellbeing Hub Church Street East Hendon Sunderland Tyne and Wear SR1 2BB

## Names of the charity trustees who manage the charity

A Morrison	Chair		
G Frend	Treasurer		
B Broad			
M Nichols			
A Lowery	Appointed	30/06/2020	
A M Boyle	Appointed	04/08/2020	

All trustees served for the whole year unless stated above.

## Additional information

Details of the Independent Examiner:  
SE Squirrell FMAAT  
11 Clarence Gardens  
Blackhill  
Consett  
Co Durham  
DH8 5TU

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	_____
<b>Full name(s)</b>	Graham Frend
<b>Position</b>	Treasurer
<b>Date</b>	_____

## **Independent Examiner's Report**

### **Report to the trustees of Sunderland Mind**

**On the accounts for the year ended 31 March 2021      Charity (CIO) number: 1171734**

### **Set out on pages 6 to 16**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021.

### **Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Association of Accounting Technicians.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

SE Squirrell FMAAT  
The Association of Accounting Technicians

11 Clarence Gardens  
Blackhill  
Consett  
Co Durham  
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**Sunderland Mind**  
**Statement of Financial Activities**  
**For the year ended 31 March 2021**

**Charity (CIO) number: 1171734**

	Notes	Unrestricted funds 2021 £	Restricted income funds 2021 £	Total funds 2021 £	Prior year funds 2020 £
<b>Incoming resources</b>	3, 4				
<b>Income and endowments from:</b>					
Donations and legacies		59,079	85,416	144,495	54,833
Charitable activities		44,347	167,248	211,595	284,667
Other trading activities		21,448	-	21,448	24,898
Other		-	-	-	-
<b>Total</b>		<b>124,874</b>	<b>252,664</b>	<b>377,538</b>	<b>364,398</b>
<b>Resources expended</b>	5				
<b>Expenditure on:</b>					
Raising funds		-	-	-	-
Charitable activities		105,642	273,826	379,468	388,139
Other		-	-	-	-
<b>Total</b>		<b>105,642</b>	<b>273,826</b>	<b>379,468</b>	<b>388,139</b>
<b>Net income/(expenditure)</b>		19,232	(21,162)	(1,930)	(23,741)
<b>Transfers between funds</b>		-	-	-	-
<b>Net movement in funds</b>		<b>19,232</b>	<b>(21,162)</b>	<b>(1,930)</b>	<b>(23,741)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		245,573	32,918	278,491	302,232
<b>Total funds carried forward</b>		<b>264,805</b>	<b>11,756</b>	<b>276,561</b>	<b>278,491</b>



**Sunderland Mind**  
**Balance Sheet**  
**as at 31 March 2021**

	Notes	Total funds	Prior year funds
		2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	9	12,847	150,516
<b>Total fixed assets</b>		<b>12,847</b>	<b>150,516</b>
<b>Current assets</b>			
Debtors	10	6,153	2,953
Cash at bank and in hand	12	259,426	130,591
<b>Total current assets</b>		<b>265,579</b>	<b>133,544</b>
<b>Creditors:</b> amounts falling due within one year	11	(1,865)	(5,569)
<b>Net current assets/(liabilities)</b>		<b>263,714</b>	<b>127,975</b>
<b>Total assets less current liabilities</b>		<b>276,561</b>	<b>278,491</b>
<b>Creditors:</b> amounts falling due after one year	11	-	-
<b>Total net assets or liabilities</b>		<b>276,561</b>	<b>278,491</b>
<b>Funds of the Charity</b>			
Restricted income funds	13	11,756	32,918
Unrestricted funds	13	264,805	245,573
<b>Total funds</b>		<b>276,561</b>	<b>278,491</b>

Graham Frend  
Treasurer

Date of approval by the trustees:

**Sunderland Mind**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**

**1 Basis of preparation**

**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019

and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

**1.2 Change of accounting policy**

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

**1.3 Changes to accounting estimates**

No changes to accounting estimates have occurred in the reporting period.

**1.4 Material prior year errors**

No material prior year errors have been identified in the reporting period.

**2 Accounting policies**

**2.1 INCOME**

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
  - it is more likely than not that the trustees will receive the resources;
- and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.  The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.  Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.  Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.  Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.  Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.
Support costs	The charity has incurred expenditure on support costs.
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.  Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met and are included as an item of other income in the SoFA.
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

## **2.2 EXPENDITURE AND LIABILITIES**

### **Liability recognition**

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

### **Governance and support costs**

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg staff costs by the time spent.

### **Redundancy cost**

The charity has made no redundancy payments during the reporting period.

### **Deferred income**

No material item of deferred income has been included in the accounts.

### **Creditors**

Charity creditors are measured at settlement amounts less any trade discounts.

### **Provisions for liabilities**

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

## **2.3 ASSETS**

### **Tangible fixed assets for use by charity**

These are capitalised if they can be used for more than one year, and cost at least £250.

They are valued at cost.

The depreciation rates and methods used are disclosed in note 8.2.

### **Investments**

Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments

### **Stocks and work in progress**

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

### **Debtors**

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

### 3 Analysis of income

*This analysis is classified by conventional nominal descriptions and not by activity.*

Analysis	Unrestricted funds	Restricted income funds	Total funds	Prior year
	£	£	£	£
<b>Donations and legacies:</b>				
Donations and gifts	4,108	-	4,108	5,853
Virgin Money	3,918	-	3,918	168
Paypal Giving Fund & Justgiving	6,002	-	6,002	1,583
Co-op	500	-	500	10,646
VCAS	500	-	500	-
Collection tins	439	-	439	438
Charities Trust	120	-	120	59
Sunderland CCG - WASP YPP	-	34,500	34,500	3,729
Sunderland City Council - Covid 19	25,000	-	25,000	-
Monkwearmouth School	-	17,886	17,886	-
Sunderland CCG - Winter Fund	-	16,386	16,386	-
Greggs Foundation	10,000	-	10,000	-
Southmoor School	-	6,074	6,074	1,775
National Mind	5,500	-	5,500	-
Community Foundation	-	5,000	5,000	3,323
Sunderland CCG - Covid 19	-	2,904	2,904	-
Neighbourly Grant	2,500	-	2,500	-
Fancy a Day Out	-	900	900	1,200
Sunderland CCG - Fogging	-	800	800	-
Community Chest - SCC	-	516	516	-
Cultural Spring - Drama	-	450	450	-
Group takings	361	-	361	2,635
1989 Willan Trust	-	-	-	9,012
Sports Fund	-	-	-	4,476
Awards for All	-	-	-	9,936
Other income	131	-	131	-
<b>Total</b>	<b>59,079</b>	<b>85,416</b>	<b>144,495</b>	<b>54,833</b>
<b>Charitable activities:</b>				
Sunderland CCG	-	133,917	133,917	216,010
Coronavirus Job Retention Scheme	41,951	-	41,951	-
Sunderland City Council	-	33,331	33,331	33,331
Anger Management	1,140	-	1,140	520
Private counselling sessions	1,081	-	1,081	1,250
Outreach sessions	175	-	175	-
Big Lottery	-	-	-	33,546
Other	-	-	-	10
<b>Total</b>	<b>44,347</b>	<b>167,248</b>	<b>211,595</b>	<b>284,667</b>
<b>Other trading activities:</b>				
Room rental	21,198	-	21,198	19,716
Fundraising events	250	-	250	4,976
Other	-	-	-	206
<b>Total</b>	<b>21,448</b>	<b>-</b>	<b>21,448</b>	<b>24,898</b>
<b>TOTAL INCOME</b>	<b>124,874</b>	<b>252,664</b>	<b>377,538</b>	<b>364,398</b>

#### Other information:

All income in the prior year was unrestricted except for:

	£
Sunderland CCG	216,010
Sunderland City Council	33,331
Big Lottery	33,546
1989 Willan Trust	9,012
Sports Fund	4,476
Community Foundation	3,323
Awards for All	9,936
Southmoor School	1,775
Fancy a Day Out	1,200
Sunderland CCG - WASP YPP	3,729
<b>Total</b>	<b>316,338</b>

#### 4 Analysis of receipts of government grants

	2021 £	2020 £
HMRC - Coronavirus Job Retention Scheme grants	41,951	-
Sunderland City Council - Covid 19 support grant	25,000	-
Sunderland City Council - Local Authority Grant	33,331	33,331
<b>Total</b>	<b>100,282</b>	<b>33,331</b>

#### 5 Analysis of expenditure

*This analysis is classified by conventional nominal descriptions and not by activity.*

Analysis	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year £
<b>Expenditure on raising funds:</b>	-	-	-	-
<b>Total expenditure on raising funds</b>	-	-	-	-
<b>Expenditure on charitable activities</b>				
Salaries	21,703	249,996	271,699	266,666
Sub-contracted workers	-	680	680	300
Employers NI	1,011	13,000	14,011	14,238
Pension costs	4,052	-	4,052	3,761
Heat, light & water	9,233	-	9,233	14,639
Telephone	4,614	-	4,614	4,405
Membership & licence fees	1,443	480	1,923	3,340
Insurance	6,266	-	6,266	5,219
Legal & professional fees	6,056	-	6,056	3,612
Supervision & DBS's	887	-	887	390
Travel, training & conference	258	-	258	1,982
Maintenance	6,142	5,505	11,647	42,757
Rent & rates	21,000	-	21,000	13,359
Activities & sundries	633	1,250	1,883	2,949
Publicity, printing, stationery & advertising	1,745	-	1,745	2,269
Photocopier	2,599	-	2,599	2,866
Loss on sale of property	18,000	-	18,000	-
Depreciation	-	2,915	2,915	5,387
<b>Total expenditure on charitable activities</b>	<b>105,642</b>	<b>273,826</b>	<b>379,468</b>	<b>388,139</b>
<b>Other</b>	-	-	-	-
<b>Total other expenditure</b>	-	-	-	-
<b>TOTAL EXPENDITURE</b>	<b>105,642</b>	<b>273,826</b>	<b>379,468</b>	<b>388,139</b>

#### Other information:

#### Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly £	Support Costs £	2021 £	2020 £
All activities	368,136	11,332	379,468	388,139
<b>Total</b>	<b>368,136</b>	<b>11,332</b>	<b>379,468</b>	<b>388,139</b>

Prior year expenditure on charitable activities can be analysed as follows:

376,963	11,176	388,139
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## 6 Support Costs

Support cost	Raising funds £	All Activities £	Grand total £
Governance	-	725	725
HR and payroll	-	1,650	1,650
Other costs	-	8,957	8,957
<b>Total</b>	-	11,332	11,332

Support costs are apportioned based on the time spent by staff on charitable activities, currently estimated to be 100%.

## 7 Details of certain items of expenditure

### 7.1 Fees for examination of the accounts

	2021 £	2020 £
Independent examiner's fees	725	695
Other fees paid to the independent examiner	-	-

## 8 Paid Employees

### 8.1 Staff Costs

	2021 £	2020 £
Salaries and wages	271,699	266,666
Employers NI	14,011	14,238
Pension costs	4,052	3,761
Other employee benefits	495	520
<b>Total staff costs</b>	290,257	285,185

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

### 8.2 Average head count in the year

The parts of the charity in which the employees work:-	2021	2020
Fundraising	-	-
Charitable Activities	17	17
Governance	-	-
Other	-	-
<b>Total</b>	17	17

### 8.3 Redundancy payments

	£
Total amount of redundancy payments during the year were	-

## 9 Tangible fixed assets

### 9.1 Cost or valuation

	Land and buildings	Fixtures, fittings and equipment	Total
	£	£	£
At the beginning of the year	150,000	31,319	181,319
Additions	-	3,246	3,246
Disposals	(150,000)	-	(150,000)
<b>At end of the year</b>	<b>-</b>	<b>34,565</b>	<b>34,565</b>

### 9.2 Depreciation

	<b>**Basis</b> <b>** Rate</b>	SL 50 years	SL 10/20%	
At beginning of the year		12,000	18,803	30,803
Disposals		(12,000)	-	(12,000)
Depreciation		-	2,915	2,915
<b>At end of the year</b>		<b>-</b>	<b>21,718</b>	<b>21,718</b>

### 9.3 Net book value

Net book value at the beginning of the year	138,000	12,516	150,516
Net book value at the end of the year	-	12,847	12,847

## 10 Debtors and prepayments

### 10.1 Analysis of debtors

	2021 £	2020 £
Prepayments and accrued income	6,153	2,953
<b>Total</b>	<b>6,153</b>	<b>2,953</b>

## 11 Creditors and accruals

### 11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	2021 £	2020 £	2021 £	2020 £
Other creditors	756	542	-	-
Trade creditors	-	4,050	-	-
Accruals and deferred income	1,109	977	-	-
<b>Total</b>	<b>1,865</b>	<b>5,569</b>	<b>-</b>	<b>-</b>

## 12 Cash at bank and in hand

	2021 £	2020 £
Cash at bank and on hand	259,426	130,591
<b>Total</b>	<b>259,426</b>	<b>130,591</b>



## 13 Charity funds

### 13.1 Details of material funds held and movements during the CURRENT reporting period

#### Restricted Funds

<b>Fund names</b>	<b>Fund balances b/f. £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Fund balances c/f. £</b>
Sunderland CCG	22,735	154,007	176,742	-
Sunderland CCG - WASP YPP	-	34,500	25,937	8,563
Monkwearmouth School	-	17,886	17,886	-
Southmoor School	-	6,074	6,074	-
Community Foundation	-	5,000	5,000	-
Fancy a Day Out	-	900	900	-
Community Chest - SCC	-	516	516	-
Cultural Spring - Drama	-	450	450	-
Sunderland City Council	-	33,331	33,331	-
1989 Willan Trust	4,506	-	4,506	-
Sports Fund	3,193	-	-	3,193
Awards for All	2,484	-	2,484	-
<b>Total Restricted Funds</b>	<b>32,918</b>	<b>252,664</b>	<b>273,826</b>	<b>11,756</b>

#### Unrestricted Funds

General fund	245,573	124,874	105,642	264,805
<b>Total Unrestricted Funds</b>	<b>245,573</b>	<b>124,874</b>	<b>105,642</b>	<b>264,805</b>
<b>Total Funds</b>	<b>278,491</b>	<b>377,538</b>	<b>379,468</b>	<b>276,561</b>

The purposes for which the funds detailed above are held by the charity are as follows:-

#### Restricted funds:-

Sunderland CCG - WASP YPP	Funding for Young Peoples Project, staff salary.
Sports Fund	Funding for sports activities and equipment

#### Unrestricted and designated funds-

These funds are held for meeting the objectives of the charity, and to provide reserves for future projects and activities. Subject to charity legislation, they are free from all restrictions on their use.

### 13.2 Details of material funds held and movements during the PREVIOUS reporting period

#### Restricted Funds

<b>Fund names</b>	<b>Fund balances b/f. £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Fund balances c/f. £</b>
Sunderland CCG	-	216,010	193,275	22,735
Big Lottery	-	33,546	33,546	-
Sunderland City Council	2,276	33,331	35,607	-
1989 Willan Trust	-	9,012	4,506	4,506
Sports Fund	-	4,476	1,283	3,193
Southmoor School	-	1,775	1,775	-
Fancy a Day Out	-	1,200	1,200	-
Sunderland City Council - SIB	5,615	-	5,615	-
Sunderland CCG - WASP YPP	-	3,729	3,729	-
Sunderland CCG - Felix	16,500	-	16,500	-
Community Foundation	-	3,323	3,323	-
Awards for All	-	9,936	7,452	2,484
<b>Total Funds</b>	<b>24,391</b>	<b>316,338</b>	<b>307,811</b>	<b>32,918</b>

#### Unrestricted Funds

General fund	277,841	48,060	80,328	245,573
<b>Total Unrestricted Funds</b>	<b>277,841</b>	<b>48,060</b>	<b>80,328</b>	<b>245,573</b>
<b>Total Funds</b>	<b>302,232</b>	<b>364,398</b>	<b>388,139</b>	<b>278,491</b>

#### **14 Transactions with trustees and related parties**

##### **14.1 Trustee remuneration and benefits**

None of the trustees have been paid any remuneration or received any other benefits from an employment with

##### **14.2 Trustees' expenses**

No trustee expenses have been incurred.

##### **14.3 Transaction(s) with related parties**

There have been no related party transactions in the reporting period.

#### **15 Defined contribution pension scheme**

The charity operates a defined contribution pension scheme through NEST.

The total amount of contributions recognised in the SOFA as an expense is £4,052