

2021-2022 Annual Trustee Report



Thinking Differently About Dementia
YOUNGER PEOPLE WITH DEMENTIA (BERKSHIRE) CIO

ANNUAL REPORT FOR CHARITY COMMISSION (1 April 2021 to 31 March 2022)

Introduction and purpose

Young onset dementia affects adults before the age of 65. Nationally there are estimated to be at least 70,800 younger people with dementia which means 92 in every 100,000 of the population are living with young onset dementia. According to the Journal of Dementia Care Report (Carter and Jackson *June 2022 Vol 30 No 3*), 7.5% of all people with dementia developed it under the age of 65. In Berkshire, there are an estimated 679 people living with young onset dementia and 900 in Surrey.

The traditional support services provided for those with dementia are designed to meet the needs and expected therapeutic outcomes of older adults and subsequently, access to activities appropriate for younger adults with dementia continues to be limited locally, regionally and nationally. The YPWD model encourages carer respite throughout the working week, giving all carers the chance to take a break. In a national study focusing on post-diagnostic support for those living with young onset dementia and their carers The Angela Project reported that 69% of carers reported there was no service that provided care for their relative to allow them to take a break¹.

The charity's model is integrated with local healthcare provision meaning that there is, to the patient and carer, a seamless service from diagnosis to referral into the charity. Services include age-appropriate and meaningful workshops, 1:1 support, micro-groups, education courses, Admiral Nurses for carers, support groups and through the local Memory Clinic, access to a Dementia Care Advisor. This model reflects several key needs that The Angela Project highlighted for people with young onset dementia including access to young onset specific advice, information and support to remain independent, supported age-appropriate activity, support to maintain physical and mental health as well as possible².

Our integrated model has developed through an ongoing open dialogue with health and social care professionals to champion the needs of those with young onset dementia and their carers. As a result of the charity's services and the integration with health and social care, significant savings have been made on healthcare budgets because of reduced health crises in patients and carers and delayed entry into care. Key recommendations from The Angela Project relating to service design and development cited both the need to build capacity and ownership of young onset dementia services within, and between, organisations and to provide specialist or shared care, rather than care from a GP alone³.

¹ Angela Project team, 'Good Practice in Young Onset Dementia: improving diagnosis and support for younger people with dementia – Results from the Angela Project – a study on young onset dementia', Young Dementia Network, March 2020, [TAP---Good-Practice-in-YOD-document-FINAL.pdf \(bradford.ac.uk\)](https://www.bradford.ac.uk/~taps/TAP---Good-Practice-in-YOD-document-FINAL.pdf), p7

² Angela Project team, 'Good Practice in Young Onset Dementia: improving diagnosis and support for younger people with dementia – Results from the Angela Project – a study on young onset dementia', Young Dementia Network, March 2020, [TAP---Good-Practice-in-YOD-document-FINAL.pdf \(bradford.ac.uk\)](https://www.bradford.ac.uk/~taps/TAP---Good-Practice-in-YOD-document-FINAL.pdf), p8

³ Angela Project team, 'Good Practice in Young Onset Dementia: improving diagnosis and support for younger people with dementia – Results from the Angela Project – a study on young onset dementia', Young Dementia Network, March 2020, [TAP---Good-Practice-in-YOD-document-FINAL.pdf \(bradford.ac.uk\)](https://www.bradford.ac.uk/~taps/TAP---Good-Practice-in-YOD-document-FINAL.pdf), p8

Coming out of the pandemic

During the period our services returned to a semblance of normality following the global health pandemic, with support being delivered not only on-line, but also face to face.

Key charity information

The Trustees of YPWD (Berkshire) CIO present their annual report and audited accounts for the year ended 31 March 2022 and confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

| | |
|-------------------------------------|---|
| Charity name: | Younger People With Dementia (Berkshire) CIO |
| Registered charity number: | 1171720 |
| Charity's principal address: | Indigo House, First Floor, Unit 9, Fishponds Road, Wokingham, RG41 2GY |
| Trustees: | |
| Ms Lisa Mooney | Chair of Trustees |
| Mrs Kathy Taylor | |
| Dr Jacqueline Hussey | |
| Mrs Caroline Blanchette | |
| Mr David Fisher | |
| Miss Radhika Modha | |
| Dr Buchi Reddy | Vice Chair |
| Mr Alain Wilkes | |
| Bankers: | HSBC, 160 Crockhamwell Road, Woodley, Berkshire RG5 3JJ |
| Independent Examiner: | Sue Jackson FCCA, CTA (Working Numbers Ltd) |
| Staffing and volunteers: | Five full-time staff Five part-time staff One clinical consultant (sitting on the board) Sixteen volunteers (including Trustees) |

Finances, Governance, Structure and Management

Financial Year

The twelve months to 31 March 2022 have been challenging as a result of the covid-19 pandemic. Specifically, this left the charity without the option to raise funds through business support or event challenges, leaving a projected deficit in our budget. We initiated a trust and foundation application strategy that led to the closure of some of this deficit, but income versus expenditure led to a shortfall of £54,518.

The expenditure of the charity is mainly comprised of staff costs and premises.

Our Finances: income and expenditure

The total income for the charity was: £337,817 with the total expenditure coming to £392,335.

Reserves Policy

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to operate in the short term (6 Months). The remainder of the Charity's reserves are distributed in accordance with its objectives. The total reserves at the year-end date were £410,872 of which an amount of £108,491 was held in restricted funds. The trustees consider the state of the charity to be satisfactory, and that it is achieving its objectives.

Governing Document

The charity is controlled by its governing document.

Recruitment and appointment of Trustees

The charity must appoint a minimum of six Trustees. Apart from the first charity Trustees, every Trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity Trustees.

Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Trustees are co-opted to the board by a quorum of at least four Trustees.

The Trustees give their time voluntarily and receive no benefit from the Charity.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees recognise the charity's reliance on the NHS for funding and actively look to broaden the sources of financial support. These additional sources of income included applications to charitable trusts and foundations and fundraising activities.

Covid-19

The charity has reviewed and adjusted its working practices in line with Government guidelines to provide on-going services. The charity did not use the Government's furlough scheme and retained all staff.

Management

The charity is run on a day-to-day basis by the Charity Director, who reports directly to the Chair of Trustees. Charity services are overseen by the Services Delivery Manager, who reports to the Charity Director and services are delivered by a team of Young Dementia Project Workers across Berkshire.

During the period a pilot project has been running in Surrey Heath, working in partnership with Surrey and Borders Partnership NHS Foundation Trust. This service provides two workshops a week, micro-groups, 1:1 support where appropriate and education courses. The service is run under the management of Trustees, with the team comprising one Lead and Young Dementia Project Worker.

Description of Services Provided

During the pandemic we moved our entire operation online and developed a range of services and support. We were pleased to move back to our previous face—to-face model during this period which was well received by our clients.

Our service offers respite to carers through the provision of a number of different workshops for younger people with dementia throughout the working week and/or 1:1 support/micro-groups. A prospectus of the different workshops is produced regularly and people with dementia can access up to 5 workshops through the week in Berkshire, and 2 in Surrey Heath (who are offering a pilot part-time model), thus offering clear choice for a group who previously had very limited choice and a flexible approach to respite for carers.

Workshops

Workshops generally run in six-week blocks and are run throughout the working week at various community locations. They are selected on the basis of current evidence of therapeutic benefit, following requests specifically by people with dementia and from carers' feedback. This approach instils confidence in the carer that their loved one will be engaged in meaningful activity, thus reducing anxiety when leaving them. This provides beneficial respite but also provides improved outcomes for people with dementia.

Micro-groups

We appreciate that it can be overwhelming for those with young onset dementia to join a large group of people at the outset of referral to our services, so we offer the opportunity to meet a couple of people in an activity based micro-group. This enables them to develop friendships and gain confidence prior to joining the workshops. This is also supported by our 1:1 support service.

1:1 Support

It is recognised that not all people wish to participate in group activities or are able to access a group. We therefore also provide 1:1 support to those with young onset dementia. During these sessions people are encouraged to choose an activity that is of personal interest which can be carried out with the support of the respite worker. Examples would be walks, going out for coffee or lunch, swimming, board games and attending local community projects. The 1:1 support has facilitated some individuals to volunteer for other charities, thus promoting the individual's sense of purpose but also enabling reciprocal support and learning.

Education Course

Working in partnership with health and social care professions from Memory Clinics across Berkshire, we assist in the delivery of a twice-yearly education course for those diagnosed with young onset dementia and their relatives.

The education course typically covers the following topics:

- What is dementia?
- Activities
- Carers'/Patients' Perspective
- Legal Aspects
- Memory and Communication
- New Behaviours
- Looking After Your Health
- Research

Carer Support

Admiral Nurses - The Admiral Nurses provide a robust nursing assessment and work to address the needs of the carer; this can be through providing emotional and/or practical support. Intervention can be for 3 visits or many years; this is dependent on the individual. The Admiral Nurse will work with other members of the YPWD team, for example day respite or dementia support, as well as the local mental health and social care teams.

In addition, we provide support groups for carers of those diagnosed with young onset dementia. These include:

Connecting Carers Group - We have carers who would like to spend time getting to know other carers and we offer a six-weekly Connecting Carers Group throughout the year. This is an informal group with carers sharing their experiences, helping and supporting one another. We arrange external speakers to attend who provide appropriate services and support.

The Frontotemporal Dementia (FTD) and Posterior Cortical Atrophy (PCA) Carer Group - We have a number of carers looking after someone with a rarer dementia, such as FTD or PCA. We offer a dedicated regional support group for carers with a loved one with either of these rarer dementias and we collaborate closely with University College London's Dementia Research Centre.

The Stronger Together Group - When carers reach the stage where their loved one with Young Onset Dementia has either had to enter long term care or has passed away the Stronger Together Group is there to provide support, through social gatherings and regular activities during the year. This group has been kindly funded by the Berkshire Carers Service since it began.

The YPWD Carer Group on Facebook - This is a private online group hosted on Facebook and exclusively for carers of a loved one with young onset dementia. It offers the chance for carers to post questions, support one another and be part of a like-minded group of people going through a shared experience.

Impact on those with dementia and their carers as a result of using our services

Throughout the year we regularly ask carers who support their loved one with young onset dementia to complete a short survey to inform the charity about the quality of its services and support. The findings below represent feedback in September 2021 when we were providing a combination of face-to-face and on-line support as we came out of the pandemic.

- 77% of carers rated the quality of our services as 'Excellent'
- 92% of carers said that our services had a medium or high impact in reducing the feeling of isolation for their loved one
- 77% of carers said that our services had a medium or high impact in reducing the feeling of isolation for them
- 60% of carers felt that as a result of our services their loved one's mood improved leading to less anxiety or sadness
- 56% of carers felt that as a result of our services their mood improved leading to less anxiety or sadness



Objectives set for the year

Objectives for the year ahead

- To raise awareness, provide education and training
- To increase diagnosis and referral rates of young onset dementia
- To meet changing needs e.g., work with the BAME communities in the east
- To provide greater income diversity
- To progress the tailored pathway

Achievements during the period reported against our objectives

Raise awareness, provide education and training

During the year we have delivered two education courses to carers and those diagnosed with dementia. We have also worked on and enhanced our social media presence with a dedicated team providing regular updates. Our website was reviewed and updated. We have also raised the profile of our model within a wider area than Berkshire, with a pilot project running in Surrey Health in conjunction with Surrey and Borders Partnership NHS Foundation Trust. This pilot replicates services available in Berkshire, albeit on a smaller scale. If successful, we would be looking for on-going funding to be secured to enable it to grow and develop.

Increase diagnosis and referral rates

We chair the YPWD Forum which brings together representatives from the six Berkshire localities, including memory services, dementia care advisors and Admiral Nurses. It offers a platform to be able to share good practice and to make sure that patients living with young onset dementia and their families are receiving an equitable service regardless of where they live in Berkshire. During the period a young onset dementia pathway has been proposed and is near finalisation.

We continue to engage with colleagues across the six memory clinics in Berkshire, and now Surrey Heath. This allows the charity to discuss patients that use our services while also highlighting what we are currently offering and encouraging referrals/engagement with our services.

Meet changing needs: BAME communities, rarer dementia support, children

Two of our Trustees have worked on a strategy document during the period to enable us to develop BAME services within the county. The initial focus is aimed to be on Slough, then expanding thereafter. As part of this strategy we anticipate recruiting to the post of Community Outreach Manager who will lead on this element of our strategy.

As outlined in the services we offer, we continued to deliver two rare dementia support groups throughout the year. One group offers support to carers whose loved one is diagnosed with Posterior Cortical Atrophy (PCA), the other group for carers whose loved one is diagnosed with Frontotemporal dementia (FTD).

In conjunction with MERL and Reading University, we commenced delivery of a pilot project to support and promote strength, resilience and connectivity for families and young people impacted by young onset dementia (Children's Support Project).

Income generation

The charity have been active in applications to charitable trusts and foundations to solicit funds and narrow our income deficit. To assist us in doing these, we have taken on a consultant bid writer.

Progress the 'tailored pathway' for the people we support with a diagnosis of Young Onset Dementia

Where possible, the charity has continued to support people with a young onset diagnosis that are heavily progressed in their dementia. Where we would normally signpost people to more appropriate services, it has been found that there is a lack of appropriate provision (e.g. day services and care facilities). We continue to work with colleagues and allied services, as well as Clinical Commissioning Groups, to fill this gap in provision.

Some quotes about our services over the past year

My husband accesses ypwd it's been a real turn around for him his confidence has grown.

Carer

The excellent variety of workshops offered is enthusiastically looked forward to and much appreciated. The YPWD team are most caring and always very approachable engendering a great environment for participation.

Carer

The services received from YPWD team has been excellent. We cannot fault them. They are there to support, chat and ensure everyone is safe. Would not cope without them. Thankyou.

Carer

The weekly workshops, now being face to face and in real life, have benefitted and have been fun. There is no substitute for human interaction and getting to know the teams.

Carer

I very much enjoyed my visit to the YPWD workshop that was held in Newbury last month. It was obvious to me that the YPWD charity is well run and extremely worthwhile. I enjoyed meeting the staff and the volunteers as well as those whom they were helping. It is obvious that those needing help were very appreciative and cheerful which is a sure sign that the charity is doing a good job. I wish all concerned well.

Lord Lieutenant James Puxley

Future plans for 2022-2023

A strategy day including Trustees and the Director of Clinical and Operational Services was held in January 2021. Outcomes from this meeting included the agreement of our Vision, Mission and Values, together with a one-page plan of targets for the year.

Our Vision:

To influence a world where Younger People with Dementia are included and involved in every aspect of life without discrimination or stigma

Our Mission:

We provide meaningful activity and respite for younger people living with dementia and their families and carers. We work alongside other statutory provision, across the working week, with the aim of giving individuals the best life they can have with dementia.

Our Values:

Innovative
Supportive
Enabling
Inclusive

Our objectives:

| Core Areas | Objectives for 2022 | Deliverables |
|---|---|---|
| YPWD Service Delivery | Meet contractual obligations to funders | Deliver workshops, 1:1s, MGs, Design and deliver education courses and Carer Groups. Clear outcome measures and timely reporting Collaborative working with NHS and partners Provide clinical expertise and advice in YOD |
| | Fundraising | Fund raise 40% of running costs Marketing & PR to raise awareness Involvement at conferences including sharing best practice |
| Project Delivery | Support and deliver programmes for BAME | Gather research from the community and BAME connections and provide trial support in Slough. Maybe seek external funding. |
| | Support for Children | Project underway and funding secured for first series of sessions. Funding from Medical Alliance ringfenced for future work. |
| | Pilot YPWD in Surrey | Continue pilot for 2022 |
| | Geographical expansion | Explore option of widening offering outside of Berkshire, Surrey and borders. |
| People & Culture (Staff, Trustees and Volunteers) | Staff engagement and culture | Continue to build a high performing team with a focus on team engagement and culture Engagement survey with clear action plan |
| | Developing our people | Implement robust performance appraisal process Integrated Talent management approach Clear Learning and Development approach and personal development plans |
| | Volunteers | Develop and embed a comprehensive volunteer strategy and mindset to develop a pool of volunteers to support with the ongoing work of the charity |
| | Trustees | Continue to build a high performing team of trustees with a focus on clarity of roles and ongoing professional development |

The above to be underpinned by ensuring a compassionate, collaborative and well managed Exit Strategy linked to holistic care plans as well as strong financial management.

Younger People with Dementia (Berkshire) CIO
Trustees and Professional advisers
For 12 Months Ending 31 March 2022

Trustees

Ms Lisa Mooney
Mr Alain Wilkes
Miss Radhika Modha
Mrs Kathy Taylor
Dr Jacqueline Hussey
Mrs Caroline Blanchette
Mr David Fisher
Dr Buchi Reddy

Chair
Vice Chair
Treasurer

Registered Office

First Floor
Unit 9 Indigo House
Fishponds Road
Wokingham
RG41 2GY

Bankers

HSBC
160 Crockhamwell Road
Woodley
Berkshire
RG5 3JJ

Independent Examiner

Sue Jackson FCCA
Working Numbers Limited
12 St Mary's Road
Mortimer Common
RG7 3UE

Younger People with Dementia (Berkshire) CIO
Report of the Trustees
For Period Ending 31 March 2022

Structure, Governance and Management

Financial Year

The twelve months to 31 March 2022 have been challenging as a result of the covid-19 pandemic. Specifically this left the charity without the option to raise funds through business support or event challenges, leaving a projected deficit in our budget. We initiated a trust and foundation application strategy that led to the closure of some of this deficit, but income verse expenditure lead to a shortfall of £54,518. The expenditure of the charity is mainly comprised of Staff costs and Premises.

Governing Document

The Charity is controlled by its governing document.

Recruitment and appointment of Trustees

The Trustees give their time voluntarily and receive no benefit from the Charity.

Risk Management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees recognise the charity's reliance on the NHS for Funding and actively look to broaden the sources of financial support.

Objectives and Activities

Young Onset Dementia affects adults under the age of 65 and nationally there are known to be just over 70,800 living with this diagnosis. Traditional services are designed to meet the needs and expected therapeutic out-comes of older adults and subsequently, access to activities appropriate for younger adults with dementia is limited. The Objective of the charity is to promote and protect the physical and mental health of people diagnosed with early onset dementia and also of their families and carers in the administrative districts of Wokingham, Reading, West Berkshire, Bracknell, Windsor and Maidenhead and Slough through the provision of support, education and general advice. During the period we have also undertaken a pilot of our services in the area of Surrey Heath.

Charitable Activities

During the period our services returned to a semblance of normality following the global health pandemic, with support being delivered not only on-line, but also face to face. This support included age-appropriate and meaningful workshops, micro-groups, 1:1 support, Admiral Nurses to support carers and education courses.

Reserves Policy

The reserves policy of the charity is to maintain unrestricted funds, which are the free reserves of the charity, at a sufficient level which enables the charity to operate in the short term (6 Months). The remainder of the Charity's reserves are distributed in accordance with its objectives. The total reserves at the year end date were £410,872 of which an amount of £108,491 was held in restricted funds. The trustees consider the state of the charity to be satisfactory, and that it is achieving its objectives.

A Detailed Report for Activities in 2022 is available on the Charity Commission site.

Signed Lisa Mooney Print Name Lisa Mooney

Date 27 January 2023

Younger People with Dementia (Berkshire) CIO
Registered Charity no. 1171720

Independent Examiner's Report
For Period Ending 31 March 2022

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Charity") for the year ended 31/03/2022..

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Independent examiner's statement

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants (ACCA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

SM Jackson

SM Jackson FCCA
WORKING NUMBERS LIMITED
12 St Mary's Road
Mortimer Common
Reading
RG7 3UE

Date: 23 January 2023

Younger People with Dementia (Berkshire) CIO
Balance Sheet
As at 31 March 2022

| | | 2022 | 2022 | 2022 | 2021 |
|---------------------------------------|------|--------------------|-------------------------|----------------|----------------|
| | | Unrestricted funds | Restricted income funds | TOTAL | TOTAL |
| | Note | £ | £ | £ | £ |
| Fixed Assets | | | | | |
| Tangible Assets | 9 | 4,555 | - | 4,555 | 1,954 |
| Total Fixed Assets | | <u>4,555</u> | <u>-</u> | <u>4,555</u> | <u>1,954</u> |
| Current Assets | 10 | | | | |
| Debtors | | 1,337 | | 1,337 | 261 |
| Cash at bank and in hand | | 303,743 | 108,491 | 412,234 | 464,548 |
| Total Current Assets | | <u>305,080</u> | <u>108,491</u> | <u>413,571</u> | <u>464,809</u> |
| Liabilities | 11 | | | | |
| Creditors falling due within one year | | 7,254 | - | 7,254 | 1,373 |
| | | <u>7,254</u> | <u>-</u> | <u>7,254</u> | <u>1,373</u> |
| Net Current Assets | | <u>297,826</u> | <u>108,491</u> | <u>406,317</u> | <u>463,436</u> |
| Net Assets | | <u>302,381</u> | <u>108,491</u> | <u>410,872</u> | <u>465,390</u> |
| The Funds of the charity: | 13 | | | | |
| Unrestricted Income Funds | | 302,381 | - | 302,381 | 280,135 |
| Restricted Income Funds | | - | 108,491 | 108,491 | 185,255 |
| Total Charity Funds | | <u>302,381</u> | <u>108,491</u> | <u>410,872</u> | <u>465,390</u> |

These accounts were approved by the Trustees on 27 January 2023 and signed on their behalf by:

| | | | |
|-----------|-----------------|------|-------------|
| Signature | Lisa Mooney | Name | Lisa Mooney |
| Date | 27 January 2023 | | |

Younger People with Dementia (Berkshire) CIO
Statement of Financial Activity
12 months ending 31 March 2022

| | | Unrestricted Funds 2022 £ | Restricted Funds 2022 £ | Total Funds 2022 £ | Total Funds 2021 £ |
|---|------|------------------------------------|----------------------------------|--------------------------|--------------------------|
| | Note | | | | |
| Income: | | | | | |
| Donations and Legacies (including Grants) | 3, 4 | 91,417 | 244,063 | 335,480 | 420,197 |
| Charitable Activities | | 1,549 | 761 | 2,310 | 1,903 |
| Investments | | 27 | - | 27 | 122 |
| Total Income | | 92,993 | 244,824 | 337,817 | 422,222 |
| Expenditure: | | | | | |
| Raising funds | 5 | 6,334 | 11 | 6,345 | 9 |
| Charitable Activities | 5 | 63,978 | 321,577 | 385,555 | 310,993 |
| Governance Costs | 5 | 435 | - | 435 | 435 |
| Total Expenditure | | 70,747 | 321,588 | 392,335 | 311,437 |
| Net income/(Expenditure) | | 22,246 | (76,764) | (54,518) | 110,785 |
| Net movement in Funds | 13 | 22,246 | (76,764) | (54,518) | 110,785 |
| Funds Brought forwards | | 280,135 | 185,255 | 465,390 | 354,605 |
| Total Funds Carried Forward | | 302,381 | 108,491 | 410,872 | 465,390 |

Younger People with Dementia (Berkshire) CIO
Notes to the Unaudited Accounts
12 Months Ending 31 March 2022

Note

1. Accounting background

Background

Younger People with Dementia (Berkshire) Charitable Incorporated Organisation (Charity Number 1171720) was set up in February 2017. This replaced the registered Charity of the same name (Charity number 1147290).

2. Accounting Policies

Basis of Accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Charities Act 2011.

Basis of preparing the Financial statements

The Financial Statements have been prepared under the going concern basis. The Charity has secured funding to secure the immediate future of the Charity for the next 18 months to 2 years on this basis Trustees view the Charity as a going concern.

Incoming resources

All Incoming resources are included on the statement of Financial Activities when the Charity is legally entitled to the income and the amount can be quantified.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to a particular heading they have been allocated to activities on a basis consistent with the use of resources.
Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

Taxation

The Charity is exempt from corporation tax on its charitable activities.

Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted Funds can be used for the particular restricted purposes within the objects of the Charity.
Restriction arise when specified by the donor or when funds are raised for a particular restricted purpose.

Fixed Assets

Depreciation has been provided on a straight line basis at a rate estimated to write off the value of the asset over its useful life.

| | |
|--------------------|---------|
| Office Equipment | 4 Years |
| Computer Equipment | 4 Years |

Younger People with Dementia (Berkshire) CIO
Notes to the Unaudited Accounts
12 Months Ending 31 March 2022

Note

3. Analysis of Income

| | | Unrestricted funds 2022 £ | Restricted income funds 2022 £ | Total funds 2022 £ | Total funds 2021 £ |
|--------------------------|---|---------------------------------|---|--------------------------|--------------------------|
| Donations and legacies: | Donations and gifts | 30,463 | 4,251 | 34,714 | 29,433 |
| | Gift Aid | 3,700 | 20 | 3,720 | 1,307 |
| | Legacies | | | | 36,065 |
| | General grants provided by government/other charities | 57,254 | 239,792 | 297,046 | 353,392 |
| | Total | 91,417 | 244,063 | 335,480 | 420,197 |
| Charitable activities: | Events | 24 | 761 | 785 | 1,352 |
| | Other charitable activities | 1,525 | | 1,525 | 551 |
| | Total | 1,549 | 761 | 2,310 | 1,903 |
| Income from investments: | Interest income | 27 | - | 27 | 122 |
| | Total | 27 | - | 27 | 122 |
| TOTAL INCOME | | 92,993 | 244,824 | 337,817 | 422,222 |

4. Government Grant funding

| | | 2022 £ | 2021 £ |
|----------------------|--------------------------|--------------|-----------|
| DWP resource funding | Funding for staff member | 1,748 | - |
| | Total | 1,748 | - |

There were no unfulfilled conditions relating to this grant

Younger People with Dementia (Berkshire) CIO
Notes to the Unaudited Accounts
12 Months Ending 31 March 2022

5. Analysis of expenditure

| Analysis | Unrestricted funds 2022 £ | Restricted income funds 2022 £ | Total funds 2022 £ | Total funds 2021 £ |
|---|------------------------------------|---|--------------------------|--------------------------|
| Expenditure on raising funds: | | | | |
| Incurring seeking donations | 6,334 | 11 | 6,345 | 9 |
| Total expenditure on raising funds | 6,334 | 11 | 6,345 | 9 |
| Expenditure on charitable activities: | | | | |
| Cost of products sold | 37 | - | 37 | - |
| Transaction costs | 372 | 5 | 377 | 411 |
| Operational staffing | 1,676 | 185,822 | 187,497 | 151,976 |
| Workshop costs | 1,869 | 42,707 | 44,575 | 20,947 |
| Accountancy and bookkeeping | 2,860 | 216 | 3,076 | 1,898 |
| Staffing | 26,597 | 69,168 | 95,765 | 83,517 |
| Bank charges | 34 | - | 34 | - |
| Business rates | 1,382 | - | 1,382 | 1,382 |
| Computer costs | 6,028 | 405 | 6,433 | 4,763 |
| Depreciation | 3,003 | - | 3,003 | 1,045 |
| General expenses | 1,379 | 59 | 1,438 | 418 |
| Health and Safety consumables | 302 | - | 302 | 567 |
| HR | 406 | - | 406 | 252 |
| Insurances | 2,066 | - | 2,066 | 1,928 |
| Legal fees | 2,400 | - | 2,400 | - |
| Marketing | 798 | 384 | 1,182 | 1,380 |
| Office costs | 618 | 22,487 | 23,105 | 28,562 |
| Printing postage and Stationary | 4,415 | 62 | 4,477 | 4,845 |
| Subscriptions | 257 | - | 257 | 591 |
| Telephone costs | 5,837 | - | 5,837 | 5,164 |
| Travel costs | 1,237 | 168 | 1,405 | 663 |
| Trustee and Volunteer costs | 406 | 94 | 500 | 685 |
| Total expenditure on charitable activities | 63,978 | 321,577 | 385,555 | 310,993 |
| Governance costs | | | | |
| Independent Examiners fee | 435 | - | 435 | 435 |
| Total other expenditure | 435 | - | 435 | 435 |
| TOTAL EXPENDITURE | 70,747 | 321,588 | 392,335 | 311,437 |

6. Trustees Remuneration and Benefits

During the period the total Trustees Remuneration was £nil (2021:£nil)
Trustees Expenses for 2022 were £nil (2021: £nil)

7. Staffing

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (previous year also nil).

Average head count during the year was: 11

8. Independent Examiner's fee

The charity has accrued for an independent examiners fee of £435 (2021 - £435)
No other fees were payable to the examiner or their firm in either year

9. Fixed assets

| | |
|--|---------------------|
| Cost | £ |
| Cost as at 31st March 2021 | 4,963 |
| Additions during the year | 5,604 |
| Cost as at 31st March 2022 | <u>10,567</u> |
| Accumulated Depreciation | |
| Balance as at 31st March 2021 | 3,009 |
| Charge for the year | 3,003 |
| Balance as at 31st March 2022 | <u>6,012</u> |
| Net Book Value at 31 March 2022 | <u><u>4,555</u></u> |

10. Debtors falling due within one year

| | 2022 £ | 2021 £ |
|----------------------|---------------------|-------------------|
| Prepayments | 1,337 | 261 |
| Total Debtors | <u><u>1,337</u></u> | <u><u>261</u></u> |

11. Creditors falling due within one year

| | 2022 £ | 2021 £ |
|------------------------|---------------------|---------------------|
| Trade Creditors | 4,774 | 938 |
| Other Creditors | 1,420 | - |
| Accruals | 1,059 | 435 |
| Total Creditors | <u><u>7,253</u></u> | <u><u>1,373</u></u> |

12. Movement in Funds

| | Unrestricted 2022 £ | Restricted 2022 £ | Total 2022 £ |
|------------------------------|---------------------------|-------------------------|-----------------------|
| As at 1st April 2021 | 280,135 | 185,255 | 465,390 |
| Additions during the year | 92,993 | 244,824 | 337,817 |
| Expenditure During year | 70,747 | 321,588 | 392,335 |
| Transfer between funds | - | - | - |
| As at 31st March 2022 | <u><u>302,381</u></u> | <u><u>108,491</u></u> | <u><u>410,872</u></u> |

Younger People with Dementia (Berkshire) CIO
Notes to the Unaudited Accounts
12 Months Ending 31 March 2022

13. Charity funds

| Fund names | Fund | Purpose and Restrictions | Fund balances brought forward £ | Income £ | Expenditure £ | Fund balances carried forward £ |
|-------------------------------|------|--|------------------------------------|----------------|------------------|------------------------------------|
| CCG Funds | R | Provide workshops, 1:1's, micro-groups, education course | 73,230 | 203,094 | (266,468) | 9,856 |
| Equestrian | R | Workshop costs | 4,113 | - | - | 4,113 |
| Katakanuing | R | Workshop costs | 2,092 | - | - | 2,092 |
| Legacy | R | Strategic development/enhancement of charity | 66,065 | - | - | 66,065 |
| Library | R | Mobile library of dementia education and support books | 655 | - | (105) | 550 |
| Stronger Together | R | Support group for ex-carers | 961 | - | (660) | 301 |
| Get Berkshire Active | R | Workshop costs | 3,095 | 1,332 | (3,405) | 1,022 |
| Gosling Foundation | R | Workshop costs | 7,975 | - | - | 7,975 |
| Former Employee | R | Employment costs | 100 | - | - | 100 |
| Big Issue | R | Operational costs | 10,000 | - | (6,000) | 4,000 |
| Wokingham United Charities | R | General operations | 10,000 | - | - | 10,000 |
| Surrey Heath | R | Provide workshops, 1:1's, micro-groups, education course | 6,969 | 33,193 | (41,937) | - |
| All Together Now (Al's place) | R | For social activities/events | - | 555 | (1,413) | - |
| Padworth | R | Workshop costs | - | 4,500 | (1,048) | 3,452 |
| Reminiscence / Unicorn | R | Workshop costs | - | 1,150 | (551) | 599 |
| Volunteer driver costs | R | Volunteer driver expenses | - | 1,000 | - | 1,000 |
| Other funds | U | General Fund | 280,135 | 92,993 | (70,747) | 302,381 |
| TOTAL FUNDS | | | 465,390 | 337,817 | (392,335) | 410,872 |

R = Restricted Fund

U = Unrestricted/General Fund