

BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales · Charity number 1171651

Details

Other names	BREAST FRIENDS NORTHAMPTON
Status	Registered
Legal form	CIO
Registered	2017-02-16
Register	View on the Charity Commission register

Contact

Address	18 Campus Drive Northampton NN2 7FN
Phone	07582394956
Email	contact@breastfriendsnorthampton.org
Website	www.breastfriendsnorthampton.org

Activities

Objects: THE OBJECTS OF THE CIO ARE THE RELIEF OF SICKNESS AND PROMOTION OF GOOD HEALTH OF PEOPLE DIAGNOSED WITH BREAST CANCER IN NORTHAMPTONSHIRE AND SURROUNDING AREA, IN PARTICULAR BUT NOT EXCLUSIVELY BY:BY PROVIDING PRACTICAL AND EMOTIONAL SUPPORT TO THOSE DIAGNOSED WITH, THEIR SUPPORTERS AND THOSE AFFECTED BY BREAST CANCER.PROMOTING AWARENESS OF BREAST CANCER IN OUR COMMUNITY THROUGH EDUCATION AND INFORMATION OF ANY RELEVANT WIDER SUPPORT AVAILABLE.

Activities: Breast Friends Northamptonshire provides practical and emotional support for people affected by Breast Cancer in Northamptonshire and the surrounding area.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Defined Groups

Geography

- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£57,922	£34,246	-	-
2024-05-31	£35,196	£35,632	-	-
2023-05-31	£31,963	£27,459	-	-
2022-05-31	£31,963	£27,459	-	-
2021-05-31	£17,092	£23,963	-	-

Trustees

Name	Role	Appointed
LEONIE HEARD	Chair	2017-02-16
Julie Kennedy		2022-01-31
Philippa Plater Mrs		2023-03-01

BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales - Charity number 1171651

Accounts

Charity registration number 1171651 (England and Wales)

BREAST FRIENDS NORTHAMPTONSHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2025

BREAST FRIENDS NORTHAMPTONSHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs L. H. Heard
Mrs J. K Kennedy
Mrs P Plater

Charity registration

England and Wales

1171651

Principal address

18 Campus Drive
Northampton
England
United Kingdom
NN2 7FN

Independent examiner

Cottons Group Limited
Chestnut Field House
Chestnut Field
Rugby
Warwickshire
United Kingdom
CV21 2PD

BREAST FRIENDS NORTHAMPTONSHIRE

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BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MAY 2025

The trustees present their annual report and financial statements for the year ended 31 May 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities that charity should undertake.

The objective of Breast Friends Northamptonshire are the relief of sickness and promotion of good health of people diagnosed with breast cancer in Northamptonshire and surrounding areas, in particular but not exclusively by:

- a) Providing practical and emotional support to those diagnosed with, their supporters and those affect by breast cancer
- b) Promoting awareness of breast cancer in our community through education and information of any relevant wider support available.

Our current services include:

- a) Online support
- b) Monthly meetings
- c) Wellbeing events
- d) Treatment and surgery support bags
- e) Breast cancer awareness
- f) Fundraising

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake for the public benefit.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

Achievements and performance

Charitable activities

Summary of the main achievements of the charity during the year:

Online support

The online Breast Friends private group currently has approximately 670 members providing a platform for peer-to-peer support, mainly functioning through a Facebook 'private' page with a level of group engagement. The group grows each week; new members are usually newly-diagnosed women. There are approximately 100 new posts over a month's period with an average of 1000 associated comments and 2000 associated reactions. In addition, there is a dedicated Secondary group for those women diagnosed with secondary cancer(s). The online group is very busy with many posts and replies each day.

Online support alongside the private Facebook groups consisted of virtual events including:

Virtual

- Monthly online book club
- Secondary WhatsApp group
-

Face-to-face

- Monthly Choir meetings
- Weekly Pilates classes
- Weekly exercise classes
- LWLW coffee mornings

Monthly meetings

Breast Friends hold meetings - in Kettering, they are held every two weeks at Telford Lodge and the one in Northampton is monthly and is held at the Tick Tock Café. These provide an opportunity for members to meet face to face. The meetings deliver an invaluable informal space for our members to chat over tea and cake (all paid for by BFN). At the monthly meeting we sometimes organise activities; these have included visits from professionals, reiki and massage. Attendance has been stable over the year for both Northampton and Kettering groups, The secondary group have regular meetings over a range of venues.

Wellbeing events

Wellbeing events have been held over the year, these include Swimming, the annual barge trip for new members and Christmas Wreath making. All of the wellbeing events have been fully funded by BFN.

Treatment and surgery support bags

Bags continue to be available for Chemotherapy, Radiotherapy, Surgery and Lymphoedema. The volume of bags given out in the year 2024 – 2025 was approximately 95 bags. These were delivered to the patient's home or collected from meetings.

Breast cancer awareness

We provide Breast Cancer Awareness talks and events across the county of Northamptonshire; with the majority of these delivered during breast cancer awareness month of October.

Examples of where we have delivered these:

Rushden Party in the Park
Kettfest in Kettering
Northampton Balloon Festival
L'Occitane in Rushden Lakes
Mercedes in Brixworth
Northamptonshire Police
Kettering General Hospital – Breast Unit Open Day
Gymphobics in Daventry
Chester House with Macmillan
Versalift in Corby
Rushden Lakes Breast Cancer Awareness Month Event

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

Fundraising

BFN have received income from a number of different sources including:

JustGiving contributions from the public

Wellingborough Golf Club (Ladies Section)

Footsteps Travel

Hindu Temple in Northampton

Decathlon Distribution Centre

Ashurst Mews Care Home in Moulton

Advanced Supply Chain in Corby

Casuals Rugby in Northampton

West Northants Council International Women's Day

Facebook Giving contributions from the public fundraising

Amazon Smile contributions

Donations from funerals

Financial review

Of the £67,462 (2024: £43,786) held, £26 (2024: £241) are restricted for projects which commenced in the year. The free reserves of £67,436 (2024: £43,545) held at 31st May 2025 are to be used for the main purposes and activities of the charity.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation whose only voting members are its charity Trustees.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs L. H. Heard

Mrs J. K Kennedy

Mrs P Plater

Recruitment and appointment of trustees

Existing volunteers are considered for appointment as Trustees' by the current Trustees'.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

The trustees' report was approved by the Board of Trustees.

Philippa Plater

A8290000-932D-7E36-ASCB-08DE850AD098

Mrs P Plater

Trustee

18 March 2026

BREAST FRIENDS NORTHAMPTONSHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BREAST FRIENDS NORTHAMPTONSHIRE

I report to the trustees on my examination of the financial statements of Breast Friends Northamptonshire (the charity) for the year ended 31 May 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Skite

AB298008-932D-7E36-A5BF-88DE858ADD98

Cottons Group Limited

Chestnut Field House

Chestnut Field

Rugby

Warwickshire

CV21 2PD

United Kingdom

18 March 2026

BREAST FRIENDS NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	2	56,565	-	56,565	31,680	-	31,680
Other trading activities	3	1,357	-	1,357	3,516	-	3,516
Total income		<u>57,922</u>	<u>-</u>	<u>57,922</u>	<u>35,196</u>	<u>-</u>	<u>35,196</u>
Expenditure on:							
Raising funds	4	3,830	26	3,856	4,802	560	5,362
Charitable activities	5	30,201	189	30,390	22,158	8,112	30,270
Total expenditure		<u>34,031</u>	<u>215</u>	<u>34,246</u>	<u>26,960</u>	<u>8,672</u>	<u>35,632</u>
Net income/(expenditure) and movement in funds		23,891	(215)	23,676	8,236	(8,672)	(436)
Reconciliation of funds:							
Fund balances at 1 June 2024		<u>43,545</u>	<u>241</u>	<u>43,786</u>	<u>35,309</u>	<u>8,913</u>	<u>44,222</u>
Fund balances at 31 May 2025		<u>67,436</u>	<u>26</u>	<u>67,462</u>	<u>43,545</u>	<u>241</u>	<u>43,786</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BREAST FRIENDS NORTHAMPTONSHIRE

BALANCE SHEET

AS AT 31 MAY 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	11	311		540	
Cash at bank and in hand		68,974		45,756	
		<u>69,285</u>		<u>46,296</u>	
Creditors: amounts falling due within one year	12	(1,823)		(2,510)	
		<u></u>		<u></u>	
Net current assets			67,462		43,786
			<u></u>		<u></u>
The funds of the charity					
Restricted income funds	13		26		241
Unrestricted funds	14		67,436		43,545
			<u>67,462</u>		<u>43,786</u>
			<u></u>		<u></u>

The financial statements were approved by the trustees on 18 March 2026

Philippa Plater

A8290000-932D-7E36-A5CE-08DE850ADD98

Mrs P Plater
Trustee

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2025

1 Accounting policies

Charity information

Breast Friends Northamptonshire is a charitable incorporated organisation registered in England and Wales. The charity's principal address is 18 Campus Drive, Northampton, NN2 7FN.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

1 Accounting policies (Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Donations and gifts	56,565	31,680
	<u>56,565</u>	<u>31,680</u>

3 Income from other trading activities

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Fundraising events	1,357	3,516
	<u>1,357</u>	<u>3,516</u>

4 Expenditure on raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Fundraising and publicity						
Advertising	3,628	26	3,654	4,655	560	5,215
Other fundraising costs	202	-	202	147	-	147
	<u>3,830</u>	<u>26</u>	<u>3,856</u>	<u>4,802</u>	<u>560</u>	<u>5,362</u>
	<u>3,830</u>	<u>26</u>	<u>3,856</u>	<u>4,802</u>	<u>560</u>	<u>5,362</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Wellbeing events	2,358	3,177
Therapy & surgery kit bags	2,696	1,739
Meetings	3,595	2,920
Sundries	2,130	627
Book club	613	814
Travel	-	335
Insurance	180	180
Art therapy	140	420
Fitness classes	3,870	5,127
Living Well	7,402	7,498
Telephone	376	353
Storage	2,537	2,448
Subscriptions	19	132
Other charitable expenditure	940	952
	<u>26,856</u>	<u>26,722</u>
Share of support and governance costs (see note 6)		
Support	612	486
Governance	2,922	3,062
	<u>30,390</u>	<u>30,270</u>
Analysis by fund		
Unrestricted funds	30,201	22,158
Restricted funds	189	8,112
	<u>30,390</u>	<u>30,270</u>

6 Support costs allocated to activities

	2025 £	2024 £
Office costs	612	486
Accountancy	2,922	3,062
	<u>3,534</u>	<u>3,548</u>
Analysed between:		
Charitable activities	<u>3,534</u>	<u>3,548</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

7 Net movement in funds	2025	2024
	£	£

The net movement in funds is stated after charging/(crediting):

Fees payable for the independent examination of the charity's financial statements	558	540
	<u>558</u>	<u>540</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

	2025	2024
	Number	Number
Total	-	-
	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Debtors

Amounts falling due within one year:	2025	2024
	£	£
Prepayments and accrued income	311	540
	<u>311</u>	<u>540</u>

12 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	65	990
Accruals and deferred income	1,758	1,520
	<u>1,823</u>	<u>2,510</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2025

13 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 June 2024 £	Resources expended £	At 31 May 2025 £
National Lottery Grant (Social Media)	26	(26)	-
Queens Institute (Pottery Classes)	167	(141)	26
Living Well (Secondaries Group)	32	(32)	-
Pink Ribbon (Wellbeing Events)	16	(16)	-
	<u>241</u>	<u>(215)</u>	<u>26</u>

Previous year:

	At 1 June 2023 £	Resources expended £	At 31 May 2024 £
	-	-	-
National Lottery Grant (Social Media)	586	(560)	26
Queens Institute (Pottery Classes)	587	(420)	167
Living Well (Secondaries Group)	6,359	(6,327)	32
Pink Ribbon (Wellbeing Events)	1,381	(1,365)	16
	<u>8,913</u>	<u>(8,672)</u>	<u>241</u>

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 June 2024 £	Incoming resources £	Resources expended £	At 31 May 2025 £
General funds	43,545	57,922	(34,031)	67,436
	<u>43,545</u>	<u>57,922</u>	<u>(34,031)</u>	<u>67,436</u>

Previous year:	At 1 June 2023 £	Incoming resources £	Resources expended £	At 31 May 2024 £
General funds	35,309	35,196	(26,960)	43,545
	<u>35,309</u>	<u>35,196</u>	<u>(26,960)</u>	<u>43,545</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2025

15 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 May 2025:			
Current assets/(liabilities)	67,436	26	67,462
	<u>67,436</u>	<u>26</u>	<u>67,462</u>
	<u><u>67,436</u></u>	<u><u>26</u></u>	<u><u>67,462</u></u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 May 2024:			
Current assets/(liabilities)	43,545	241	43,786
	<u>43,545</u>	<u>241</u>	<u>43,786</u>
	<u><u>43,545</u></u>	<u><u>241</u></u>	<u><u>43,786</u></u>

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

Document Details


Document ID	85fa0000-d0ff-0aee-b5f0-08de8506539f
Document bundle ID	395e0000-6075-7243-ec5b-08de8506544b
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FuseSign subscriber	Cottons Group
Initiator email	skite@cottongroup.com
Document completed	2026-03-19 08:38 +00:00

Document Signers

Name	Philippa Plater
Email	philippa@breastfriendsnorthampton.org
Mobile	Not Provided
IP Address/es	86.150.5.109
Signed on Pages	7, 10
Verification Mode	Email Code



Name	Sarah Kite
Email	skite@cottongroup.com
Mobile	Not Provided
IP Address/es	195.224.89.18
Signed on Pages	8
Verification Mode	Email Code



Document Audit Log

Date	User	Transaction
2026-03-18 16:24 +00:00	skite@cottongroup.com	Document Bundle Created by Sarah Kite (skite@cottongroup.com)
2026-03-18 16:24 +00:00	System	Access link: sending email to: leonie@breastfriendsnorthampton.org. (2 Documents - 0 Signing Actions).
2026-03-18 16:24 +00:00	System	Access link: sending email to: philippa@breastfriendsnorthampton.org. (2 Documents - 2 Signing Actions).

2026-03-18 18:23 +00:00	Philippa Plater	Email Verification Requested to email philippa@breastfriendsnorthampton.org
2026-03-18 18:24 +00:00	Philippa Plater	Code entered and verified
2026-03-18 18:24 +00:00	Philippa Plater	Link opened from IP 86.150.5.109
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2026-03-18 18:25 +00:00	Philippa Plater	Document Signed: 2025 Accounts [FYI-118303713].pdf - on page 10 (SignatureID: a8290000-932d-7e36-a5ce-08de850add98, SignatureType: SignedByName)
2026-03-18 18:25 +00:00	Philippa Plater	Document Signed: 2025 Accounts [FYI-118303713].pdf (SignatureType: SignedByName)
2026-03-18 18:25 +00:00	Philippa Plater	Philippa Plater has completed bundle 395e0000-6075-7243-ec5b-08de8506544b
2026-03-18 18:25 +00:00	System	Progressing bundle to signing group 2
2026-03-18 18:25 +00:00	System	Access link: sending email to: skite@cottonsgroup.com. (2 Documents - 1 Signing Action).
2026-03-19 08:37 +00:00	Sarah Kite	Email Verification Requested to email skite@cottonsgroup.com
2026-03-19 08:37 +00:00	Sarah Kite	Code entered and verified
2026-03-19 08:37 +00:00	Sarah Kite	Link opened from IP 195.224.89.18
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BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales - Charity number 1171651

Accounts

Charity registration number 1171651 (England and Wales)

BREAST FRIENDS NORTHAMPTONSHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024

BREAST FRIENDS NORTHAMPTONSHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs L. H. Heard
Mrs J. K Kennedy
Mrs P Plater

Charity number (England and Wales)

1171651

Principal address

18 Campus Drive
Northampton
England
United Kingdom
NN2 7FN

Independent examiner

Cottons Accountants LLP
1 Billing Road
Northampton
United Kingdom
NN1 5AL

BREAST FRIENDS NORTHAMPTONSHIRE

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BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MAY 2024

The trustees present their annual report and financial statements for the year ended 31 May 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities that charity should undertake.

The objective of Breast Friends Northamptonshire are the relief of sickness and promotion of good health of people diagnosed with breast cancer in Northamptonshire and surrounding areas, in particular but not exclusively by:

- a) Providing practical and emotional support to those diagnosed with, their supporters and those affected by breast cancer
- b) Promoting awareness of breast cancer in our community through education and information of any relevant wider support available.

Our current services include:

- a) Online support
- b) Monthly meetings
- c) Wellbeing events
- d) Treatment and surgery support bags
- e) Breast cancer awareness
- f) Fundraising

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

Achievements and performance

Online support

The online Breast Friends private group currently has approximately 550 members providing a platform for peer-to-peer support, mainly functioning through a Facebook 'private' page with a level of group engagement. The group grows each week; new members are usually newly-diagnosed women. There are approximately 100 new posts over a month's period with an average of 1000 associated comments and 2000 associated reactions. In addition, there is a dedicated Secondary group for those women diagnosed with secondary cancer(s). The online group is very busy with many posts and replies each day.

Online support alongside the private Facebook groups consisted of virtual events including:

Virtual

- Online mindfulness
- Monthly online book club
- Secondary WhatsApp group

Face-to-face

- Monthly Choir meetings
- Twice weekly Pilates classes
- Weekly exercise classes
- LWLW coffee mornings

Monthly meetings

Breast Friends hold meetings - In Kettering, they are held every two weeks at Telford Lodge and the one in Northampton is monthly and is held at the Tick Tock Café. These provide an opportunity for members to meet face to face. The meetings deliver an invaluable informal space for our members to chat over tea and cake (all paid for by BFN). At the monthly meeting we sometimes organise activities; these have included visits from professionals, reiki and massage. Attendance has continued to steadily increase. The secondary group have regular meetings over a range of venues.

Wellbeing events

Wellbeing events have been held over the year, these include pottery, barge trips and jewellery making. All of the wellbeing events have been fully funded by BFN.

Treatment and surgery support bags

Bags continue to be available for Chemotherapy, Radiotherapy, surgery and Lymphoedema. The volume of the bags given out in the year 2023/24 was approximately 80 bags. These were delivered to the patient's home or collected from meetings.

Breast cancer awareness

We began to provide our Breast Cancer Awareness talks and events across the county of Northamptonshire. Examples of where we have delivered these: International Women's Day event, Kier wellbeing event, Rushden party in the park, L'Occitane, Mercedes, Northamptonshire Police, Kettering general hospital.

Fundraising

BFN have received income from a number of different sources including:

- JustGiving contributions from the public
- Scarecrow Festival fundraising event
- Facebook Giving contributions from the public fundraising
- Amazon Smile contributions
- Marathon fundraising
- NFU Mutual donation

Financial review

Of the £43,786 (2023: £44,222) held, £241 (2023: £8,913) are restricted for various projects which commenced in the year and will continue into 2024/25. The free reserves of £43,545 (2023: £35,309) held at 31st May 2024 are to be used for the main purposes and activities of the charity.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation whose only voting members are its charity Trustees.

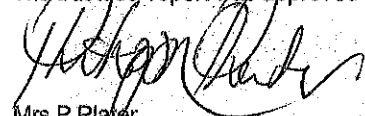
The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs L. H. Heard
Mrs J. K Kennedy
Mrs P Plater

Recruitment and appointment of trustees

Existing volunteers are considered for appointment as Trustees' by the current Trustees'.

The trustees' report was approved by the Board of Trustees.



Mrs P Plater
Trustee

28 March 2025

BREAST FRIENDS NORTHAMPTONSHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BREAST FRIENDS NORTHAMPTONSHIRE

I report to the trustees on my examination of the financial statements of Breast Friends Northamptonshire (the charity) for the year ended 31 May 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Cottons Accountants LLP
1 Billing Road
Northampton
NN1 5AL
United Kingdom
28 March 2025

BREAST FRIENDS NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	3	31,680	-	31,680	18,795	6,000	24,795
Other trading activities	4	3,516	-	3,516	7,826	-	7,826
Total income		<u>35,196</u>	<u>-</u>	<u>35,196</u>	<u>26,621</u>	<u>6,000</u>	<u>32,621</u>
Expenditure on:							
Raising funds	5	4,802	560	5,362	3,044	1,804	4,848
Charitable activities	6	22,158	8,112	30,270	28,631	9,032	37,663
Total expenditure		<u>26,960</u>	<u>8,672</u>	<u>35,632</u>	<u>31,675</u>	<u>10,836</u>	<u>42,511</u>
Net income/(expenditure) and movement in funds		8,236	(8,672)	(436)	(5,054)	(4,836)	(9,890)
Reconciliation of funds:							
Fund balances at 1 June 2023		35,309	8,913	44,222	40,363	13,749	54,112
Fund balances at 31 May 2024		<u>43,545</u>	<u>241</u>	<u>43,786</u>	<u>35,309</u>	<u>8,913</u>	<u>44,222</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

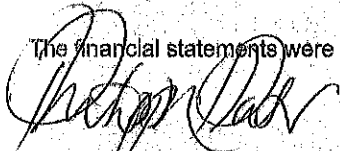
BREAST FRIENDS NORTHAMPTONSHIRE

BALANCE SHEET

AS AT 31 MAY 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	12	540		245	
Cash at bank and in hand		45,756		47,440	
		<u>46,296</u>		<u>47,685</u>	
Creditors: amounts falling due within one year	13	(2,510)		(3,463)	
Net current assets			<u>43,786</u>		<u>44,222</u>
The funds of the charity					
Restricted income funds	14		241		8,913
Unrestricted funds	15		43,545		35,309
			<u>43,786</u>		<u>44,222</u>

The financial statements were approved by the trustees on 28 March 2025



Mrs P Plater
Trustee

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies

Charity Information

Breast Friends Northamptonshire is a charitable incorporated organisation registered in England and Wales. The charity's principal address is 18 Campus Drive, Northampton, NN2 7FN.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

1 Accounting policies (Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2024	2023	2023	2023
	£	£	£	£
Donations and gifts	31,680	18,795	-	18,795
Grants	-	-	6,000	6,000
	<u>31,680</u>	<u>18,795</u>	<u>6,000</u>	<u>24,795</u>

4 Income from other trading activities

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Fundraising events	<u>3,516</u>	<u>7,826</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

5 Expenditure on raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fundraising and publicity						
Advertising	4,655	560	5,215	2,292	1,804	4,096
Other fundraising costs	147	-	147	752	-	752
	<u>4,802</u>	<u>560</u>	<u>5,362</u>	<u>3,044</u>	<u>1,804</u>	<u>4,848</u>

6 Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Wellbeing events	3,177	8,451
Therapy & surgery kit bags	1,739	5,488
Meetings	2,920	3,515
Sundries	627	1,676
Book club	814	932
Travel	335	167
Insurance	180	84
Art therapy	420	4,413
Fitness classes	5,127	3,615
Living Well	7,498	3,050
Telephone	353	337
Storage	2,448	2,418
Subscriptions	132	112
Other charitable expenditure	952	716
	<u>26,722</u>	<u>34,973</u>
Share of support and governance costs (see note 7)		
Support	486	163
Governance	3,062	2,527
	<u>30,270</u>	<u>37,663</u>
Analysis by fund		
Unrestricted funds	22,158	28,631
Restricted funds	8,112	9,032
	<u>30,270</u>	<u>37,663</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

7 Support costs allocated to activities

	2024	2023
	£	£
Office costs	486	183
Accountancy	3,062	2,527
	<u>3,548</u>	<u>2,690</u>
Analysed between:		
Charitable activities	<u>3,548</u>	<u>2,690</u>

8 Net movement in funds

	2024	2023
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	<u>540</u>	<u>450</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

	2024	2023
	Number	Number
Total	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	<u>540</u>	<u>245</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

13 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	990	1,791
Accruals and deferred income	1,520	1,672
	<u>2,510</u>	<u>3,463</u>

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 June 2023	Incoming resources	Resources expended	At 31 May 2024
	£	£	£	£
National Lottery Grant (Social Media)	586	-	(560)	26
Queens Institute (Pottery Classes)	587	-	(420)	167
Living Well (Secondaries Group)	6,359	-	(6,327)	32
Pink Ribbon (Wellbeing Events)	1,381	-	(1,365)	16
	<u>8,913</u>	<u>-</u>	<u>(8,672)</u>	<u>241</u>

Previous year:

	At 1 June 2022	Incoming resources	Resources expended	At 31 May 2023
	£	£	£	£
National Lottery Grant (Fitness Classes)	2,390	-	(1,804)	586
Queens Institute (Pottery Classes)	5,000	-	(4,413)	587
Living Well (Secondaries Group)	6,359	-	-	6,359
Pink Ribbon (Wellbeing Events)	-	6,000	(4,619)	1,381
	<u>13,749</u>	<u>6,000</u>	<u>(10,836)</u>	<u>8,913</u>

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 June 2023	Incoming resources	Resources expended	At 31 May 2024
	£	£	£	£
General funds	<u>35,309</u>	<u>35,196</u>	<u>(26,960)</u>	<u>43,545</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2024

15 Unrestricted funds (Continued)

Previous year:	At 1 June 2022 £	Incoming resources £	Resources expended £	At 31 May 2023 £
General funds	40,363	26,621	(31,675)	35,309

16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 May 2024:			
Current assets/(liabilities)	43,545	241	43,786
	<u>43,545</u>	<u>241</u>	<u>43,786</u>

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 May 2023:			
Current assets/(liabilities)	35,309	8,913	44,222
	<u>35,309</u>	<u>8,913</u>	<u>44,222</u>

17 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales - Charity number 1171651

Accounts

Charity registration number 1171651

BREAST FRIENDS NORTHAMPTONSHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2023

BREAST FRIENDS NORTHAMPTONSHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs L. H. Heard Mrs J. K Kennedy Mrs P Plater	(Appointed 1 March 2023)
Charity number	1171651	
Principal address	18 Campus Drive Northampton England United Kingdom NN2 7FN	
Independent examiner	Cottons Accountants LLP 1 Billing Road Northampton United Kingdom NN1 5AL	

BREAST FRIENDS NORTHAMPTONSHIRE

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BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MAY 2023

The trustees present their annual report and financial statements for the year ended 31 May 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities that charity should undertake.

The objective of Breast Friends Northamptonshire are the relief of sickness and promotion of good health of people diagnosed with breast cancer in Northamptonshire and surrounding areas, in particular but not exclusively by:

- a) Providing practical and emotional support to those diagnosed with, their supporters and those affect by breast cancer
- b) Promoting awareness of breast cancer in our community through education and information of any relevant wider support available.

Our current services include:

- a) Online support
- b) Monthly meetings
- c) Wellbeing events
- d) Treatment and surgery support bags
- e) Breast cancer awareness
- f) Fundraising

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

Achievements and performance

Online support

The online Breast Friends private group currently has 460 members providing a platform for peer-to-peer support, mainly functioning through a Facebook 'private' page. The group grows each week; new members are usually newly-diagnosed women. There are approximately 14 new posts (and associated replies/discussion, support) each day. In addition, there is a dedicated Secondary group for those women diagnosed with secondary cancer(s). The online group is very busy with many posts and replies each day.

Online support alongside the private Facebook groups consisted of virtual events including:

Virtual

- Online mindfulness
- Monthly online book club
- Weekly Pilates classes

Face-to-face

- Weekly mindfulness Friday classes
- Secondaries yoga classes
- Weekly chair based exercise classes
- LWLW online coffee/chats every Friday

Monthly meetings

Breast Friends hold meetings - in Kettering, they are held every two weeks at Kettering Park Hotel and the one in Northampton is monthly and is held at a new venue called Tick Tock Café. These provide an opportunity for members to meet face to face. The meetings deliver an invaluable informal space for our members to chat over tea and cake (all paid for by BFN). At the monthly meeting we sometimes organise activities; these have included visits from professionals, reiki and massage. Attendance has steadily increased since lockdown.

Wellbeing events

Some of our wellness events are still carried out online due to a high proportion of our members still uncertain of meeting face-to-face, particularly those undergoing active treatment. Face-to-face, we held 'Walk Talk' events and 'Sunday Stroll in the Park'. This year we also organised swimming sessions at the local swimming pool where the pool was open to BFN members only. We've provided fun fitness sessions in Wellingborough. We have organised a trip on the 'Grand Union Canal' and another to a Christmas market locally. We have held pottery classes in both Northampton and Kettering. All of the wellbeing events have been fully funded by BFN,

Treatment and surgery support bags

Bags continue to be available for Chemotherapy, Radiotherapy, surgery and Lymphoedema. The volume of the bags given out in the year 2022/23 was approximately 130 bags. These were delivered to the patient's home or collected from meetings.

Breast cancer awareness

These had been slow to get going again following the pandemic but are now on the increase. We began to provide our Breast Cancer Awareness talks and events across the county of Northamptonshire. Examples of where we have delivered these: L'occitane at Rushden Lakes, International Women's Day at the Guildhall in March 2023, JAM celebrating Women's Day at Holdenby House also in March, a talk at the University of Northampton, and a radio interview on BBC radio.

Fundraising

BFN have received income from a number of different sources including:

- JustGiving contributions from the public
- Pink Ribbon Grant 'Moments to Forget'
- Scarecrow Festival fundraising event
- Facebook Giving contributions from the public fundraising
- Amazon Smile contributions
- Queen's Institute grant to fund art therapy (pottery classes)

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

Financial review

Of the £44,222 (2022: £54,112) held, £8,913 (2022: £13,749) are restricted for various projects which commenced in the year and will continue into 2023/24. The free reserves of £35,309 (2022: £40,363) held at 31st May 2023 are to be used for the main purposes and activities of the charity.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a Charitable Incorporated Organisation whose only voting members are its charity Trustees.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs L. H. Heard

Mrs J. K Kennedy

Mrs S Graves

(Resigned 24 November 2022)

Mrs J Brown

(Resigned 7 December 2022)

Mrs P Plater

(Appointed 1 March 2023)

Recruitment and appointment of trustees

Existing volunteers are considered for appointment as Trustees' by the current Trustees'.

The trustees' report was approved by the Board of Trustees.



Mrs L. H. Heard

Trustee

22 March 2024

BREAST FRIENDS NORTHAMPTONSHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BREAST FRIENDS NORTHAMPTONSHIRE

I report to the trustees on my examination of the financial statements of Breast Friends Northamptonshire (the charity) for the year ended 31 May 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Cottons Accountants LLP

1 Billing Road
Northampton
NN1 5AL
United Kingdom

Dated: 22 March 2024

BREAST FRIENDS NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	3	18,795	6,000	24,795	8,353	9,325	17,678
Charitable activities	4	-	-	-	-	1,640	1,640
Other trading activities	5	7,826	-	7,826	12,645	-	12,645
Total income		<u>26,621</u>	<u>6,000</u>	<u>32,621</u>	<u>20,998</u>	<u>10,965</u>	<u>31,963</u>
Expenditure on:							
Raising funds	6	3,044	1,804	4,848	1,360	210	1,570
Charitable activities	7	28,631	9,032	37,663	20,247	5,642	25,889
Total expenditure		<u>31,675</u>	<u>10,836</u>	<u>42,511</u>	<u>21,607</u>	<u>5,852</u>	<u>27,459</u>
Net income/(expenditure) and movement in funds		(5,054)	(4,836)	(9,890)	(609)	5,113	4,504
Reconciliation of funds:							
Fund balances at 1 June 2022		<u>40,363</u>	<u>13,749</u>	<u>54,112</u>	<u>40,972</u>	<u>8,636</u>	<u>49,608</u>
Fund balances at 31 May 2023		<u><u>35,309</u></u>	<u><u>8,913</u></u>	<u><u>44,222</u></u>	<u><u>40,363</u></u>	<u><u>13,749</u></u>	<u><u>54,112</u></u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BREAST FRIENDS NORTHAMPTONSHIRE

BALANCE SHEET

AS AT 31 MAY 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	12	245		-	
Cash at bank and in hand		47,440		55,262	
		<u>47,685</u>		<u>55,262</u>	
Creditors: amounts falling due within one year	13	3,463		1,150	
		<u>3,463</u>		<u>1,150</u>	
Net current assets			44,222		54,112
			<u>44,222</u>		<u>54,112</u>
The funds of the charity					
Restricted income funds	14		8,913		13,749
Unrestricted funds			35,309		40,363
			<u>44,222</u>		<u>54,112</u>
			<u>44,222</u>		<u>54,112</u>

The financial statements were approved by the trustees on 22 March 2024

Mrs L. H. Heard
Trustee

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2023

1 Accounting policies

Charity information

Breast Friends Northamptonshire is a charitable incorporated organisation registered in England and Wales. The charity's principal address is 18 Campus Drive, Northampton, NN2 7FN.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

1 Accounting policies (Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and gifts	18,795	-	18,795	8,353	-	8,353
Grants	-	6,000	6,000	-	9,325	9,325
	<u>18,795</u>	<u>6,000</u>	<u>24,795</u>	<u>8,353</u>	<u>9,325</u>	<u>17,678</u>

4 Income from charitable activities

	Restricted funds	Restricted funds
	2023	2022
	£	£
Restricted funds		
Living Well	-	1,640
	<u>-</u>	<u>1,640</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2023

5 Income from other trading activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Fundraising events	7,826	12,645

6 Expenditure on raising funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fundraising and publicity						
Advertising	2,292	1,804	4,096	758	210	968
Other fundraising costs	752	-	752	602	-	602
	<u>3,044</u>	<u>1,804</u>	<u>4,848</u>	<u>1,360</u>	<u>210</u>	<u>1,570</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2023

7 Expenditure on charitable activities

	Charitable activities 2023 £	Charitable activities 2022 £
Direct costs		
Wellbeing events	8,451	4,018
Therapy & surgery kit bags	5,488	2,543
Meetings	3,515	3,682
Sundries	1,676	1,985
Book club	932	1,332
Travel	167	313
Insurance	84	84
Art therapy	4,413	-
Fitness classes	3,615	2,220
Living Well	3,050	3,917
Telephone	337	799
Storage	2,418	1,986
Subscriptions	112	240
Other charitable expenditure	715	-
	<u>34,973</u>	<u>23,119</u>
Share of support and governance costs (see note 8)		
Support	163	1,620
Governance	2,527	1,150
	<u>37,663</u>	<u>25,889</u>
Analysis by fund		
Unrestricted funds	28,631	20,247
Restricted funds	9,032	5,642
	<u>37,663</u>	<u>25,889</u>

8 Support costs allocated to activities

	2023 £	2022 £
Office costs	163	1,620
Accountancy	2,527	1,150
	<u>2,690</u>	<u>2,770</u>
Analysed between:		
Charitable activities	<u>2,690</u>	<u>2,770</u>

Governance costs includes payments to the independent examiners of £450 (2022: £450) for independent examination fees.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2023

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Prepayments and accrued income	245	-

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	1,791	-
Accruals and deferred income	1,672	1,150
	<u>3,463</u>	<u>1,150</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2023

14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 June 2022	Incoming resources	Resources expended	At 31 May 2023
	£	£	£	£
	-	-	-	-
National Lottery Grant (Fitness Classes)	2,390	-	(1,804)	586
Queens Institute (Pottery Classes)	5,000	-	(4,413)	587
Living Well (Secondaries Group)	6,359	-	-	6,359
Pink Ribbon (Wellbeing Events)	-	6,000	(4,619)	1,381
	<u>13,749</u>	<u>6,000</u>	<u>(10,836)</u>	<u>8,913</u>
Previous year:	At 1 June 2021	Incoming resources	Resources expended	At 31 May 2022
	£	£	£	£
	8,636	10,965	(5,852)	13,749
	<u>8,636</u>	<u>10,965</u>	<u>(5,852)</u>	<u>13,749</u>

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 June 2022	Incoming resources	Resources expended	At 31 May 2023
	£	£	£	£
General funds	40,363	26,621	(31,675)	35,309
	<u>40,363</u>	<u>26,621</u>	<u>(31,675)</u>	<u>35,309</u>
Previous year:	At 1 June 2021	Incoming resources	Resources expended	At 31 May 2022
	£	£	£	£
General funds	40,972	20,998	(21,607)	40,363
	<u>40,972</u>	<u>20,998</u>	<u>(21,607)</u>	<u>40,363</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MAY 2023

16 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 May 2023 are represented by:			
Current assets/(liabilities)	35,309	8,913	44,222
	<u>35,309</u>	<u>8,913</u>	<u>44,222</u>
	<u><u>35,309</u></u>	<u><u>8,913</u></u>	<u><u>44,222</u></u>

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 May 2022 are represented by:			
Current assets/(liabilities)	40,363	13,749	54,112
	<u>40,363</u>	<u>13,749</u>	<u>54,112</u>
	<u><u>40,363</u></u>	<u><u>13,749</u></u>	<u><u>54,112</u></u>

17 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales - Charity number 1171651

Accounts

Charity registration number 1171651

BREAST FRIENDS NORTHAMPTONSHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2022

BREAST FRIENDS NORTHAMPTONSHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mrs L. H. Heard
Mrs J. K Kennedy

Charity number

1171651

Principal address

18 Campus Drive
Northampton
England
United Kingdom
NN2 7FN

Independent examiner

Cottons Accountants LLP
1 Billing Road
Northampton
United Kingdom
NN1 5AL

BREAST FRIENDS NORTHAMPTONSHIRE

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BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MAY 2022

The trustees present their annual report and financial statements for the year ended 31 May 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Trustees have paid due regard to guidance issues by the Charity Commission in deciding what activities that charity should undertake.

The objective of Breast Friends Northamptonshire are the relief of sickness and promotion of good health of people diagnosed with breast cancer in Northamptonshire and surrounding areas, in particular but not exclusively by:

- a) Providing practical and emotional support to those diagnosed with, their supporters and those affect by breast cancer
- b) Promoting awareness of breast cancer in our community through education and information of any relevant wider support available.

Our current services include:

- a) Online support
- b) Monthly meetings
- c) Wellbeing events
- d) Treatment and surgery support bags
- e) Breast cancer awareness
- f) Fundraising

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

Achievements and performance

Online support

The online Breast Friends private group currently has 410 members providing a platform for peer-to-peer support. The group grows each week; we welcome approximately 14 new members to the group each month. In addition, there is a dedicated Secondary group for those women diagnosed with secondary cancer(s). The online group is very busy with many posts and replies each day.

Online support alongside the private Facebook groups consisted of virtual events including:

- Online crochet classes
- Weekly Pilates classes
- Weekly mindfulness Friday classes
- Secondaries yoga classes
- Weekly chair based exercise classes
- LWLW online coffee/chats every Friday
- Monthly online book club

Monthly meetings

Breast Friends hold monthly meetings - one in Kettering and one in Northampton. These provide an opportunity for members to meet face to face. The meetings deliver an invaluable informal space for our members to chat over tea and cake (all paid for by BFN). At the monthly meeting we sometimes organise activities; these have included visits from professionals, reiki and massage.

Wellbeing events

A lot of our wellness events were carried out online due to a high proportion of our members still uncertain of meeting face to face, particularly those undergoing treatment. However, we were able to begin our wellness walks at various locations. In August we began a monthly mindfulness face to face workshop which is still ongoing. We've also provided fun fitness sessions that have been run weekly in both Northampton and Kettering. These have been either indoor or outdoor dependent on the time of year.

Treatment and surgery support bags

Bags are available now for Chemotherapy, Radiotherapy, surgery and Lymphoedema. The volume of the bags posted in the year 2021/22 was approximately 91 bags.

Breast cancer awareness

These have been slow to get going again from the aftermath of the pandemic but are on the increase now and we began to provide our breast cancer awareness talks or events. Examples of where we have delivered these are Morrisons Superstores, Blisworth Pony Club & New Tunnel Hill Farm, New Look store, Harpole Scarecrow Festival and Towcester Library.

Fundraising

BFN have received income from a number of different sources including:

- JustGiving contributions from the public
- Northampton Lottery contributions
- Northants Community Aid Sports grant to fund exercise classes
- Easyfundraising contributions
- Scarecrow festival fundraising event
- Facebook Giving contributions from the public fundraising
- Amazon Smile contributions
- Lottery grant to fund social media
- Tesco token scheme donation to fund chemotherapy bags
- Queen's Institute grant to fund art therapy
- Danny Care Testimonial donation
- Charity Ball fundraising event

Financial review

Of the £54,112 (2021: £49,608) held, £13,749 (2021: £8,636) are restricted for various projects which commenced in the year and will continue into 2022/23. The free reserves of £40,363 (2021: £40,972) held at 31st May 2022 are to be used for the main purposes and activities of the charity.

BREAST FRIENDS NORTHAMPTONSHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Structure, governance and management

The charity is a company limited by guarantee

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs L. H. Heard

Mrs J. K Kennedy

Mrs S Graves

Mrs J Brown

Mr M Bates

(Appointed 14 June 2021 and resigned 24 November 2022)

(Appointed 25 January 2022 and resigned 7 December 2022)

(Resigned 1 January 2022)

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



Mrs L. H. Heard

Trustee

31 March 2023

BREAST FRIENDS NORTHAMPTONSHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF BREAST FRIENDS NORTHAMPTONSHIRE

I report to the trustees on my examination of the financial statements of Breast Friends Northamptonshire (the charity) for the year ended 31 May 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Cottons Accountants LLP

1 Billing Road
Northampton
NN1 5AL
United Kingdom

Dated: 31 March 2023

BREAST FRIENDS NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2022

Current financial year

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
Income from:					
Donations and legacies	3	8,353	9,325	17,678	6,122
Charitable activities	4	-	1,640	1,640	1,020
Other trading activities	5	12,645	-	12,645	9,950
Total income		<u>20,998</u>	<u>10,965</u>	<u>31,963</u>	<u>17,092</u>
Expenditure on:					
Raising funds	6	1,360	210	1,570	3,699
Charitable activities	7	20,247	5,642	25,889	20,265
Total expenditure		<u>21,607</u>	<u>5,852</u>	<u>27,459</u>	<u>23,964</u>
Net (expenditure)/income for the year/ Net movement in funds		(609)	5,113	4,504	(6,872)
Fund balances at 1 June 2021		<u>40,972</u>	<u>8,636</u>	<u>49,608</u>	<u>56,480</u>
Fund balances at 31 May 2022		<u><u>40,363</u></u>	<u><u>13,749</u></u>	<u><u>54,112</u></u>	<u><u>49,608</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BREAST FRIENDS NORTHAMPTONSHIRE

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MAY 2022

Prior financial year

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes			
<u>Income from:</u>				
Donations and legacies	3	6,122	-	6,122
Charitable activities	4	1,020	-	1,020
Other trading activities	5	9,950	-	9,950
Total income		<u>17,092</u>	<u>-</u>	<u>17,092</u>
<u>Expenditure on:</u>				
Raising funds	6	<u>3,699</u>	<u>-</u>	<u>3,699</u>
Charitable activities	7	<u>16,682</u>	<u>3,583</u>	<u>20,265</u>
Total expenditure		<u>20,381</u>	<u>3,583</u>	<u>23,964</u>
Net (expenditure)/income for the year/ Net movement in funds		(3,289)	(3,583)	(6,872)
Fund balances at 1 June 2020		<u>44,261</u>	<u>12,219</u>	<u>56,480</u>
Fund balances at 31 May 2021		<u><u>40,972</u></u>	<u><u>8,636</u></u>	<u><u>49,608</u></u>

BREAST FRIENDS NORTHAMPTONSHIRE

BALANCE SHEET

AS AT 31 MAY 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Cash at bank and in hand		55,262		49,608	
Creditors: amounts falling due within one year					
	11	(1,150)		-	
Net current assets			<u>54,112</u>		<u>49,608</u>
Income funds					
Restricted funds			13,749		8,636
Unrestricted funds			<u>40,363</u>		<u>40,972</u>
			<u>54,112</u>		<u>49,608</u>

The financial statements were approved by the Trustees on 31 March 2023



Mrs L. H. Heard
Trustee

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MAY 2022

1 Accounting policies

Charity information

Breast Friends Northamptonshire is a charitable incorporated organisation registered in England and Wales. The charity's principal address is 18 Campus Drive, Northampton, NN2 7FN.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2022	2022	2022	2021
	£	£	£	£
Donations and gifts	8,353	-	8,353	6,122
Grants	-	9,325	9,325	-
	<u>8,353</u>	<u>9,325</u>	<u>17,678</u>	<u>6,122</u>

4 Charitable activities

	Restricted funds	Unrestricted funds
	2022	2021
	£	£
Income from charitable activities	<u>1,640</u>	<u>1,020</u>

5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Fundraising events	<u>12,645</u>	<u>9,950</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

6 Raising funds

	Unrestricted funds	Restricted funds	Total	Unrestricted funds
	2022	2022	2022	2021
	£	£	£	£
<u>Fundraising and publicity</u>				
Advertising	758	210	968	1,913
Other fundraising costs	602	-	602	1,786
	<hr/>	<hr/>	<hr/>	<hr/>
Fundraising and publicity	1,360	210	1,570	3,699
	<hr/>	<hr/>	<hr/>	<hr/>
	<u>1,360</u>	<u>210</u>	<u>1,570</u>	<u>3,699</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

7 Charitable activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Wellbeing events	4,018	8,805
Therapy & surgery kit bags	2,543	3,103
Meetings	3,682	905
Sundries	1,985	1,105
Book club	1,332	2,162
Travel	313	381
Insurance	84	84
Art therapy	-	125
Calendar costs	-	12
Fitness classes	2,220	-
Living Well	3,917	3,583
Telephone	799	-
Storage	1,986	-
Subscriptions	240	-
	<u>23,119</u>	<u>20,265</u>
Share of support costs (see note 8)	1,620	-
Share of governance costs (see note 8)	1,150	-
	<u>25,889</u>	<u>20,265</u>
Analysis by fund		
Unrestricted funds	20,247	16,682
Restricted funds	5,642	3,583
	<u>25,889</u>	<u>20,265</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MAY 2022

8 Support costs

	Support costs £	Governance costs £	2022 £
Office costs	1,620	-	1,620
Accountancy	-	1,150	1,150
	<u>1,620</u>	<u>1,150</u>	<u>2,770</u>
Analysed between Charitable activities	<u>1,620</u>	<u>1,150</u>	<u>2,770</u>

Governance costs includes payments to the auditors of £450 (2021- £0) for audit fees.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

	2022 Number	2021 Number
Total	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	<u>1,150</u>	<u>-</u>

12 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 May 2022 are represented by:						
Current assets/(liabilities)	<u>54,112</u>	<u>-</u>	<u>54,112</u>	<u>49,608</u>	<u>-</u>	<u>49,608</u>
	<u>54,112</u>	<u>-</u>	<u>54,112</u>	<u>49,608</u>	<u>-</u>	<u>49,608</u>

BREAST FRIENDS NORTHAMPTONSHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) ***FOR THE YEAR ENDED 31 MAY 2022***

13 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

BREAST FRIENDS NORTHAMPTONSHIRE

England & Wales - Charity number 1171651

Accounts



Trustees' Annual Report for the period

From 1st June 2020 To 31st May 2021

Charity name: Breast Friends Northamptonshire

Charity registration number: 1171651

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Breast Friends Northamptonshire provides practical and emotional support for people affected by breast cancer in Northamptonshire and the surrounding area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Online support Monthly meetings Wellness walks Wellbeing events Treatment and surgery support bags Breast cancer awareness Fundraising
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees are aware of the guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the financial year ending 31st May 2021, the charity has worked with its members to continue to deliver high quality support for existing and new members during continued complex times as a result of the Covid pandemic.</p> <p>Much work was done to ensure there were leaflets and information available in hospitals and surgeries to inform newly diagnosed patients about our support services. The charity's membership has continued to increase slightly even through the lockdown and risen from 250 in May 2020 to around 280 at the end of May 2021.</p> <p>The continuation of delivery of Surgery, Radiotherapy, Chemotherapy and our newly added Lymphodmea support bags throughout this time has provided strong support to members going through cancer treatment, providing 118 bags across the year. These are exceptionally important for members who were unable to reach face to face support owing to the pandemic.</p> <p>Wellbeing events have continued during the Pandemic online including regular Pilates, Coffee afternoons, Mindfulness, Book Club, Story Times, Partner Support, Art Therapy, Online Social events including Bingo evenings, Fitness and Yoga.</p> <p>The dedicated support group for those with secondary breast cancer called 'Living With Living Well' offered a variety of events to support the health and wellbeing of those with metastatic breast cancer including Yoga, Chair exercise and Relaxation.</p>

		During the year the Trustee Board consisted of Leonie Heard, Michael Bates, Julie Kennedy, Sally Wood and Louise Gordon.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income for the period was £17,092 Expenditure for the period was £23,963 Net income was £(6,871)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	There is no specific policy on holding reserves. Of the £49,609 held, £8,636 is ring fenced for the Living With Living Well project to support people with secondary breast cancer. The remaining £40,972 is to be used for the main purposes and activities of the charity as outlined above.
Amount of reserves held	Para 1.22	As above
Reasons for holding zero reserves	Para 1.22	Not Applicable
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not Applicable

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation whose only voting members are its charity trustees ("Foundation" model constitution)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by Trustee Board

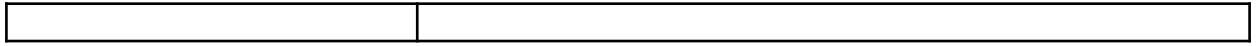
Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Breast Friends Northamptonshire
Other name the charity uses	Breast Friends Northampton
Registered charity number	1171651
Charity's principal address	18 Campus Drive, Northampton NN2 7FN



Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Leonie Heard			
2	Michael Bates			
3	Julie Kennedy			
4	Sally Wood		01/6/2020 – 9/03/2021	
5	Louise Gordon		01/6/2020 – 7/03/2021	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

L Heard

Full name(s)

Leonie Heard

Position (eg Secretary, Chair, etc)

Founder Trustee

Date

6.2.22

Breast Friends Northamptonshire
Receipts and Payments account

Charity no: 1171651

Year ended **31/05/2021** **31/05/2020**

Receipts

Fundraising and donations	9,354	20,976
Gift Aid	326	8,005
Wellbeing walks	0	999
Northampton Lottery	1,539	613
PayPal Giving	682	565
Breast cancer awareness	0	548
Facebook Giving	3,255	260
Amazon Smile	229	106
Recycle4Charity	92	84
Easy Fundraising	150	75
Living with Living Well Project income	0	566
Calendar sales	1,020	7,880
Chemotherapy Kit Bags	447	
	<u>17,092</u>	<u>40,677</u>

Payments

Wellbeing events	8,804	8,733
Chemotherapy kit bags	3,103	4,096
Meetings	1,105	4,062
Wellbeing walks	0	2,750
Advertising & promotions	1,557	2,486
Postage, printing & stationery	1,828	1,193
Sundries	1,063	1,111
Awareness	357	554
Book Club	2,162	352
Mileage/parking	181	222
Fundraising	0	171
Insurance	84	84
Discretionary awards	0	0
Living with Living Well Project expenditure	3,583	2,852
Calendar costs	12	3,523
Art Therapy	125	
	<u>23,963</u>	<u>32,191</u>

Net income/(expenditure)

Breast Friends Northamptonshire activities	(3,289)	10,772
Living With Living Well Project	(3,583)	(2,286)
	<u>(6,871)</u>	<u>8,486</u>

Breast Friends Northamptonshire

Charity no: 1171651

Balance sheet as at:**31/05/2021****31/05/2020**

Fixed assets	<u>0</u>	<u>0</u>
	<u>0</u>	<u>0</u>
Current assets		
Debtors	0	0
Cash at bank - Breast Friends Northamptonshire	40,922	44,211
Cash at bank - Living With Living Well Project	8,636	12,219
Petty cash	<u>50</u>	<u>50</u>
	49,609	56,480
Creditors, within 1 year	<u>0</u>	<u>0</u>
Net current assets/(liabilities)	49,609	56,480
Total assets less current liabilities	<u>49,609</u>	<u>56,480</u>
Creditors, after 1 year	0	0
Total net assets or liabilities	<u>49,609</u>	<u>56,480</u>
Funds of the charity		
Breast Friends Northamptonshire	40,972	44,261
Living With Living Well Project	<u>8,636</u>	<u>12,219</u>
	<u>49,609</u>	<u>56,480</u>