



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	10	July	2023		09	July	2024

Section A Reference and administration details

Charity name	Just One Click Away
Other names charity is known by	JOCA
Registered charity number (if any)	1171634
Charity's principal address	JOCA C/O Welwyn Rugby Football Club
	Hobbs Way
	Welwyn Garden City
Postcode	AL89HX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Justin Burgess	Chairman	Whole Year	JOCA Committee
2	Susan Topham	Secretary	Whole Year	JOCA Committee
3	Chris Bowden	Treasurer	Whole Year	JOCA Committee
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected By Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Formal interview with Chairman, Secretary, and Treasurer documented and record kept. Known to at least 2 of the committee for at least 5 years.

All Trustees are DBS checked.

Engagement with Herts MND NHS for training and support to committee.

Risk of suicide occurring by a user minimised by first level training of all committee members to recognise signs and indications of serious mental instability or endangering themselves or others.

Indemnity insurance renewed each year to cover Trustee's.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of good health and emotional wellbeing for the benefit, particularly, but not exclusively, of the inhabitants of Hertfordshire, through the provision of advice, counselling, information and support.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Raise awareness through various sources –

Website showing-

- 1) Events throughout the year to raise awareness of mental wellbeing.
- 2) Signposting to many support groups and information sites.
- 3) Video on Website to explain the reasoning behind “Just One Click Away “
- 4) Help and guidance to individuals through fast tracking to profession counselling with a program to suit individual needs.
- 5) Fund raising initiatives: - Open air music event held in June 2023, to raise awareness of mental health and well being, plus to raise money to support our beneficiaries.
- 6) A wine tasting evening was held to raise fund and awareness of mental health and wellbeing.
- 7) A further 12 rugby clubs in the area have taken on the JOCA model to enhance awareness and give support to those suffering from mental health and wellbeing issues.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- Contribution made by volunteers.

Volunteer contributions made to start up JOCA financially.

No Members or Trustees are paid or will be paid expenses or wages for their Involvement in Just One Click Away.

Jocafest. The music festival held at Welwyn Rugby Club was a major success with 9 bands performing between 2pm and 11pm.

This event is predominantly to raise awareness of mental health in our community, but we do endeavour to make a small profit.

We have many volunteers within our rugby community who helps to make this event the success that it is.

Summary of the main achievements of the charity during the year

We have renewed our website and updated all content
www.jocarugby.co.uk

We have a new mental health and well being counsellor under our wing, she understands our remit and is very accommodating and flexible with JOCA referrals.

Monthly committee meetings are held with the trustees , to ensure JOCA keeps momentum by discussing fund raising and awareness events.

Joca also have a seat on Welwyn Rugby Clubs monthly committee meetings in which JOCA has a voice on the running and future of the club.

Section E

Financial review

Brief statement of the charity's policy on reserves

JOCA Charity reserves are mainly held to support our clients in obtaining free professional counselling within a 24hr period , with on-going sessions at the recommendation of the counsellor and endorsed by the trustees.

Our charity has no monthly high outgoings such as rent or wages, so all of our funds are held as reserves.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- Investment policy and objectives including any ethical investment policy adopted.

Our 12 affiliated clubs have provided funding via "Just Giving" with many individuals' completing various sponsored activities includes marathon, bike rides etc.

We have a mystery benefactor who annually supports us with a lump sum donation.

The above fundraising has enabled us to support funding for those suffering from mental health and wellbeing issues, by the way of fast-track counselling.

We have offered all affiliated clubs any training they require to be funded by the central finances.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Cbowden	
Full name(s)	Chris Bowden	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	5/4/25	



Section A Receipts and payments

A1 Receipts

Donations
Grant
Fund Raising Events

Sub total(Gross income for AR)

A2 Asset and investment sales, (see table).

Sub total

Total receipts

A3 Payments

Events
Marketing
Councilling and wellbeing
Administration
Sponsorship & Donations
Merchandise
Misc

Sub total

A4 Asset and investment purchases, (see table)

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Sub total

Total payments

Net of receipts/(payments)

A5 Transfers between funds

A6 Cash funds last year end

Cash funds this year end

Section B Statement of assets and liabilities at the end of the

Categories

B1 Cash funds

B2 Other monetary assets

B3 Investment assets

B4 Assets retained for the charity's own use

B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

Receipts and payments accounts

For the period from	7/15/2023	To	7/14/2024
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Unrestricted funds	Restricted funds	Endowment funds	Total funds
to the nearest £	to the nearest £	to the nearest £	to the nearest £
3,948	-	-	3,948
1,000	-	-	1,000
25,955			25,955
30,903	-	-	30,903
-	-	-	-
-	-	-	-
-	-	-	-
30,903	-	-	30,903
12,417	-	-	12,417
	-	-	-
6,840	-	-	6,840
2,707	-	-	2,707
			-
836			836
	-	-	-
22,800	-	-	22,800
-	-	-	-
			-
			-
-	-	-	-
-	-	-	-
22,800	-	-	22,800
8,103	-	-	8,103
-	-	-	-
58,424	-	-	58,424
66,528	-	-	66,528

period

Details

Bank Account 20-92-54 63321673

Total cash funds

(agree balances with receipts and payments account(s))

Unrestricted funds

to nearest £

66,528
-
-
66,528

OK

Restricted funds

to nearest £

-
-
-
-

OK

Details

to nearest £

-
-
-
-
-
-

OK

to nearest £

-
-
-
-
-
-

OK

Details

Fund to which asset belongs

Cost (optional)

	-
	-
	-
	-
	-

Details

Mobility scooter
Office
Container
Inflatable Stage Canopy

Fund to which asset belongs

£	150
£	800
£	600
£	2,500

Cost (optional)

[illegible]

Details

**Fund to which liability
relates**

Amount due (optional)

-
-
-
-
-

Signature

<i>Chris Bowden</i>

Print Name

Chris Bowden

CC16a

Last year

to the nearest £

24,896
3,000
20,789
48,685

-
-
-

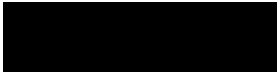
48,685

16,265
-
4,395
2,728
3,500
24
26,913

-
-
-
-
-

26,913

21,772
-
36,652
58,424



Restricted funds

to nearest £

58,424
-
-
-

OK

Restricted funds

to nearest £

-
-
-
-
-
-

Cost (optional)

-
-
-
-
-

Cost (optional)

150
800
600
2,500
-
-
-
-
-

Amount due (optional)

-
-
-
-
-

Date of approval

4/5/2025

1 Lemsford Village, Welwyn Garden City, Herts. AL8 7TN

Tel: 07970 226994

Email: info@gemaccountancy.co.uk

www.gemaccountancy.co.uk

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHARITY "JUST ONE CLICK AWAY " (JOCA) NO 1171634
FOR THE PERIOD ENDED 14 July 2024**

I report to the trustees on my examination of the accounts of "Just One Click Away" (JOCA) for the period ending 14 July 2024 .

Responsibilities and basis of report

As the Charity Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act, and carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gail E Maisey ACMA
GEM Accountancy
03/04/2025