

FLOURISHING FAMILIES LEEDS

England & Wales · Charity number 1171626

Details

Status Registered

Legal form CIO

Registered 2017-02-15

Register [View on the Charity Commission register](#)

Contact

Address 12 Helmsley Drive
Leeds
LS16 5HY

Phone 07824706538

Website www.flourishingfamiliesleeds.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT, 4.1. THE PROMOTION OF SOCIAL INCLUSION IN ACCORDANCE WITH CHRISTIAN VALUES AMONG (BUT WITHOUT LIMITATION) CHILDREN, YOUNG PEOPLE AND FAMILIES LIVING IN LEEDS AND ELSEWHERE IN THE UK WHO ARE SOCIALLY ISOLATED ON THE GROUNDS OF THEIR SOCIAL POSITION, ECONOMIC POSITION OR COMMUNICATION BARRIERS INCLUDING BY PROVIDING: 4.1.1. OPPORTUNITIES TO PARTICIPATE IN MENTORING, RECREATION, OUTDOOR PURSUITS, ENVIRONMENTAL STUDIES, SPORT, MUSIC, ARTS AND CRAFTS; 4.1.2. EMOTIONAL, BEFRIENDING AND PRACTICAL SUPPORT TO PARENTS, GUARDIANS, CARERS AND FOR THOSE ISOLATED BY HAVING ENGLISH AS AN ADDITIONAL LANGUAGE; AND 4.1.3. EDUCATION AND TRAINING IN LITERACY, NUMERACY, COMMUNICATION AND VOCATIONAL SKILLS; AND 4.2. THE RELIEF OF PERSONS WHO ARE IN NEED BY REASON OF FINANCIAL HARDSHIP, ILL-HEALTH, UNEMPLOYMENT AND SUCH OTHER ECONOMIC OR SOCIAL DISADVANTAGE

Activities: We work to bring down the barriers which hinder people from flourishing. Projects include the mentoring of children, family cookery clubs and literacy programmes

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, The General Public/mankind

Geography

- Leeds City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£451,495	£356,019	-	-
2024-08-31	£374,878	£309,076	-	-
2023-08-31	£977,390	£189,685	£1,291,864	7
2022-08-31	£521,183	£164,520	£504,159	7
2021-08-31	£158,418	£134,095	-	-

Trustees

Name	Role	Appointed
Dr RICHARD COLBROOK	Chair	2017-02-15
CLAIRE RACHEL WONG		2017-02-17
Dr DAVID CHI-WAI WONG		2017-02-17
ESTHER JANE AGUIRRE BERNAL		2017-02-17
Mark Andrew Eley		2023-02-05

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2024		31	August	2025

Section A Reference and administration details

Charity name

Flourishing Families Leeds

Other names charity is known by

Registered charity number (if any) 1171626

Charity's principal address

12 Helmsley Drive

Leeds

Postcode

LS16 5HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Colbrook	Chair		
2	David Wong	Secretary		
3	Claire Wong			
4	Esther Aguirre Bernal			
5	Mark Eley			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Appointed by the trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are, for the public benefit,

1.1 the promotion of social inclusion in accordance with Christian values among (but without limitation) children, young people and families living in Leeds and elsewhere in the UK who are socially isolated on the grounds of their social position, economic position or communication barriers including by providing:

- 1.1.1. opportunities to participate in mentoring, recreation, outdoor pursuits, environmental studies, sport, music, arts and crafts;
- 1.1.2. emotional, befriending and practical support to parents, guardians, carers and for those isolated by having English as an additional language; and
- 1.1.3. education and training in literacy, numeracy, communication and vocational skills; and

1.2 the relief of persons who are in need by reason of financial hardship, ill-health, unemployment and such other economic or social disadvantage.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The trustees of Flourishing Families Leeds have had regard to the guidance issued by the Charity Commission on public benefit when overseeing all of the activities of the charity.

We believe that every family deserves to flourish and are therefore dedicated to bringing down the barriers which will hinder flourishing. Our vision is to see children growing in confidence and fulfilling their potential, parents well supported and whole families equipped to connect well with each other and the community. We are passionate about helping children and families overcome challenges, painting a brighter horizon for their futures together. We work in areas of the city ranked amongst the most deprived 1% to 5% nationally, partnering with local primary schools, Social Care and other organisations who help us focus on supporting children most at risk from deprivation, inter-generational poverty and social isolation. We ensure that all our beneficiaries play an active part in decision-making and shaping activities so that programmes are things that we do together rather than events that are organised ‘for them’. We believe that this approach is an integral part of children and adults growing in confidence and self-esteem.

Our programmes include:

- Inside Out Groups which to change the lives of children debilitated by low levels of wellbeing by providing a safe space to develop social and emotional learning, build resilience, grow in confidence and grow positive relationships.
- Family Cookery Clubs which transform the diets of families and overcome poor nutrition, food insecurity and poor health,
- Story Tellers Clubs which take on the challenge of low literacy levels in families,
- Stay and Play and Everyday Play Groups which empower parents to bridge the gap in school readiness faced by preschool children growing up in deprivation,
- Community Events which counter the destructive effects of social isolation experienced by those living in poverty.

We coordinate all the above activities into a holistic approach that tackles these root issues, which can be tailored to the challenges faced by individual children and families.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Introduction

Louisa and her daughter Tilly live on their own in one of the poorest areas of Leeds. They came to our Family Cookery Club because they both felt so lonely. Their meals were mainly frozen or packaged, Louisa rarely cooked at home and cooking together didn't happen. Louisa didn't feel confident in the kitchen and was reluctant to let Tilly get involved, especially if things got messy.

As the group progressed, Louisa and Tilly's relationship strengthened significantly, and they enjoyed spending time together. They made new friends and began to feel part of the school community. But it wasn't only loneliness that was becoming a thing of the past – slowly but surely frozen dinners were no longer on the menu. Mum and daughter were learning practical cooking skills and a better understanding of nutrition. They began experimenting with fresh ingredients at home, adding vegetables to meals, and learning how to prepare balanced, home-cooked dishes from scratch. The group's simple, economical recipes showed them that healthy food could also be quick and enjoyable to make.

By the end of the Family Cookery Club, Louisa told us their diet had changed beyond recognition. They now repeat recipes from the group at home together and cook from scratch, trying new foods and understanding how to eat healthily. Tilly's favourite recipe is the turkey stir-fry, which they now make regularly. Louisa said, "This Cookery Club has changed what we eat and ended our loneliness."

Flourishing Families exists for Tilly, Louisa and many more children and families who struggle with the effects of poverty every single day. Over the last year we have worked alongside 1,126 children, parents and carers, supporting them to overcome the challenges caused by poverty, bringing down the barriers which trap them in deprivation and enabling them to flourish. We have developed new initiatives, further enhanced existing programmes, inspired our interns with a vision to be part of pursuing social justice across Leeds and heard countless stories like Tilly and Louisa's of lives that are now very different.

Family Literacy

Reading for pleasure is one of the most powerful foundations for future success - it sparks imagination, builds confidence and has the power to transform the lives of children growing up in challenging circumstances. Our Family Literacy programmes are shaping brighter futures by nurturing a love of reading that brings families closer and opens doors to lifelong opportunity. But for parents who struggle with reading, even a children's book is an intimidating prospect, and their children have every chance of growing up without being able to read well and being held back for the rest of their lives.

In Story Tellers books are no longer a frightening prospect, stories become vibrant and fun and reading becomes something to look forward to as a family. There is clear evidence that the love for reading this engenders means that children are more likely to be happier, healthier, do better at school, develop a strong sense of empathy and overcome socio-economic disadvantages caused by deprivation. In short, developing a love for reading is one of the most effective ways for children to break free of the trap of intergenerational poverty and give them a strong foundation for life.

We are particularly delighted to report that every parent and carer who was part of a story Tellers group told us that they felt more confident about reading aloud to their child and that the family were now reading

more together at home.

Family Cookery

Sadly, 50% of low-income families regularly skip meals. Their children are twice as likely to face serious health challenges caused by poor diet. Our Family Cookery Clubs transform the diets of families and overcome poor nutrition, food insecurity and poor health. Children, parents and carers cook together, learning foundational cooking skills. The affordable, healthy and tasty recipes we use can easily be repeated at home, becoming part of a family's regular meals and therefore changing long-term health outcomes. After a Cookery Club one mum said: "We're not having to skip meals anymore cause of you"

Over the past year, 98% of families who attended our Family Cookery Clubs now feel confident cooking from scratch at home with their children.

What's stood out most in getting to know so many wonderful families is just how deeply the Cookery Clubs have impacted their lives. Parents have told us how the sessions have transformed mealtimes – making them more enjoyable, affordable and healthier.

These changes go far beyond the kitchen. Cooking together strengthens family relationships, builds confidence and creates healthier habits that last. Nutrition plays a crucial role in a child's ability to thrive at school. By helping families build healthier, more varied diets, our Family Cookery Clubs are supporting not only physical health, but also long-term learning, emotional wellbeing and future potential.

Family Wellbeing

Our Family Wellbeing activities provide children with a dedicated, supportive time - with a high adult-to-child ratio - where they can develop the tools and receive the encouragement needed to manage their emotions and build resilience. Over the past year, 92% of the children attending our groups have gained more confidence in themselves and their abilities. Children who once struggled to manage their feelings are now better able to focus, manage challenging emotions and express themselves confidently. Parents and teachers have told us of the remarkable improvements in social interactions and confidence of the children who have come to our groups.

The essential emotional skills our groups develop empower children growing up in deprivation to navigate challenges, build healthy relationships and lay the groundwork for a brighter future. With our support, the children we work with are growing into resilient, confident individuals – ready to thrive in every area of life.

Early Years

Imagine a 4-year-old on their first day at school who is so far behind in development that they'll never be able to escape poverty. That is the tragic reality for children living in deep poverty in Leeds. They've been held back in developing as pre-schoolers simply because their family can't afford to keep them clean, clothed, warm or fed. They are one of many 'left behind' children who start school so far behind that they will never be able to catch up - leaving with few or no qualifications, trapped in lifelong poverty and facing a life expectancy 12 to 14 years shorter than their classmates. Our Early Years programme was piloted in autumn 2024 and has developed over the last year with one overarching aim: to reshape the life chances for these children.

Our Early Years programme brings together families with preschool children, creating a supportive space where parents are empowered to

play with their children and learn to actively support their child's development. Over the past year, 100% of the families we have worked with have said our groups made them feel more confident and able to be involved in their child's play and growth. We work alongside parents to explore how everyday activities can be developed into meaningful learning and growth opportunities for their little ones.

The practical approach of our Early Years sessions ensures that the positive impact doesn't end when the group finishes - families are encouraged and equipped to repeat and recreate play routines at home. This not only supports vital development during the crucial early years but also helps prepare children for school. For families facing challenges, our groups provide much-needed structure and a sense of belonging. They deepen the connection between parent and child, offering both emotional support and practical skills that transform daily life. By nurturing these early relationships and empowering parents to engage confidently with their children, we help set families on a path toward lifelong learning, wellbeing and success.

Community Events

Over the last year we have seen our community events strengthen local communities and make a lasting positive impact on people's lives. These popular events offer welcoming and relaxed settings where families of all ages can connect and enjoy being together as a family. Being socially connected is a more important protective factor for mental wellbeing and life expectancy than employment or education level. Children who have access to community activities and social support have better educational outcomes and increased social skills. Sadly, 1 in 4 low-income parents report that they very often or always feel lonely or isolated, and 4 in 5 report feeling lonely and isolated at least some of the time. The cost of going out and lack of transport are the main factors which keep the poorest lonely and at home. One mum at a community event pointed to her child playing 'splat the rat' and told us that it was the first time they had been out for a long time simply because they couldn't afford it.

Our community events are free and run in local primary schools so are easily accessible. They are packed full of fun activities, crafts, team games and food for all the family. Families talk about how these events reduce loneliness, build friendships and create a sense of belonging, especially for those who may feel isolated. Over the last year our coffee mornings and family fun days have supported and strengthened our relationships with families and improved mental wellbeing for both parents and children.

Highlights and the future

Highlights include feeding 186 families over Christmas, giving 68 children presents to open on Christmas morning, launching our Advanced Cookery Club, a visit from a VIP, children growing in resilience and overcoming fears about secondary school, lonely families having fun together and making new friends, another appearance on the BBC, beginning to dream about changing lives in a second city and commissioning our own research.

Our Christmas Hamper Appeal was our biggest ever. Christmas can be a particularly difficult time for families facing hardship, and our hampers delivered both practical help and much needed fun to 186 households. What's more, for 68 children, it meant waking up to a sack of presents chosen especially for them, when they'd expected none at all. With Christmas 2025 on the horizon, we're already gearing up to reach even more families in need.

The introduction of our Advanced Cookery Clubs has enabled us to strengthen relationships with families from our Family Cookery Club sessions, while introducing more technical, challenging recipes for older children. In these sessions, children take the lead and parents support, encouraging greater independence in the kitchen, a vital life skill as they grow up. Beef lasagne with extra vegetables has been a standout favourite across the advanced groups! For all our Family Cookery Clubs, we have developed new recipes and expanded our nutritional education resources, including games such as fibre bingo, taking the nutritional literacy of our families to the next level.

In January, we welcomed Rachel Reeves to one of our Family Cookery Clubs to see first-hand how we support children and families in our community. Her visit highlighted the real challenges faced by those living in deprivation. By engaging directly with families and our team, she gained a deeper understanding of the complex issues we address and the vital role grassroots organisations like ours play in breaking cycles of poverty.

Over the past year, our wellbeing groups have gone from strength to strength, supported by the complete redevelopment of our curricula, including brand-new materials covering social and emotional learning, resilience and our popular programme for Year 6 leavers around the transition to secondary school. This has brought new energy and depth to our sessions and increased their impact yet further. Building on this momentum, we are now developing two further programmes: one around anxiety, aimed at helping children strengthen their emotional understanding and social confidence, and the other for the siblings of children with special needs, who can so often feel overlooked. These programmes are already in demand, even before being rolled out. In addition, we are in the process of preparing to launch two new types of activities: an exciting outdoor mentoring programme, and a dynamic sport and physical wellbeing programme designed for the whole family.

During the summer term, we hosted a series of summer community events in parks, schools and community halls across Leeds. A notable success was our family wellbeing event, which helped strengthen ties with families of children from our mentoring groups. Building on this, we are launching our new Afterschool Club pilot this autumn to reach more vulnerable families. Our community park events were another success, particularly the celebration of the International Day of Play, which expanded our Early Years network and forged new relationships in the community.

Early in 2025 we were approached by BBC Look North to ask for help in putting together a piece on the lasting effects of the pandemic, to be aired on the 5th anniversary of the first lockdown. Presenter Emma Glasby filmed at one of our Story Tellers Groups and at Play Pals, our early years group, including interviews with Kate, our CEO, and Bekah, our Literacy Lead. The ensuing report examined how Covid hit the poorest communities disproportionately hard and widened existing health inequalities. We were also able to talk about the ongoing repercussions around school readiness, child and adult mental health and physical wellbeing.

Commissioning Research

All the activities we run as a charity are grounded in evidence-based practice, ensuring our interventions are both effective and well informed. We value a broad range of evidence, from academic research to credible media reports, while also recognising the influence of the wider social and economic environment on the communities we support. However, we

believe that the most powerful insights come from those with lived experience. There is simply no substitute for hearing directly from our beneficiaries, which is why we decided to carry out our own research to better understand their needs and shape our work accordingly.

Over the course of a year, we have conducted in-depth interviews with families across our programmes. These conversations explored not only the challenges they face but also their hopes for the future and the support they would value most. The findings were carefully collated, with key themes emerging, including social isolation, increased need during school holidays, lack of access to physical activity for the whole family and the importance of locality. Responses from interviewees highlighted why it is so important that we go to people, working within their local community spaces rather than expecting them to come to us. Many people stated they would not be able to access groups further from their home due to practicalities and physical and mental health impairments. We are now using this valuable feedback to inform our planning and will begin implementing the findings in the coming months.

Staff Update

Our strongest staff team yet means that more children and families than ever are receiving life-changing support. A standout success from the past year has been our Graduate Internship Programme, which has been our most successful yet – all our interns are staying on as permanent members of staff! The internship has motivated and equipped our new team members to pursue social justice across Leeds by engaging in our community groups and building strong local relationships. They have thrown themselves into developing new ideas and activities with energy and enthusiasm and are now involved in training up a new cohort of interns.

We are also thrilled to have strengthened our staff team with another former beneficiary of the charity. Welcoming team members with lived experience of the communities we support is invaluable and ensures our work stays rooted, relevant and truly connected to the families we work alongside.

This year, we've built on our strong foundations by placing a renewed focus on staff development and training. This investment has delivered real impact and has enhanced our work and strengthened team cohesion. Volunteer training is also a key part of our growth, and we're excited to be rolling this out further in the coming year. In addition, our CEO, Kate, has completed a Master's Level qualification with distinction, in Strategic Leadership from Imperial College London and the Chartered Management Institute. The invaluable skills that have been honed through her study are strengthening us as a charity and being cascaded down to other members of the team.

Together, these developments reflect our commitment to excellence and have taken our professionalism to the next level, equipping us to serve our communities even more effectively.

Our Finances

We are delighted to report that, thanks to the amazing generosity of our supporters, we have continued to see a growth in our income and, hence, in the number of children and families we are able to support. In 2023/24 our income was £374,878, and this has grown by 20% to £451,495 over the last year, with significant growth from local and national Government support and personal donations.

As in previous years, a number of our supporters have already awarded

grants for the coming year which have been carried forward. Our aim is to continue to change the lives of an ever-increasing number of children and families, so we hope to see a further 15% to 20% increase in our income in the coming year.

Our expenditure for the year grew to £356,019 as we increased our reach and were able to make a huge difference in the lives of 1,126 children, parents and carers. Despite facing increasing costs like all of us, we continue to be able to operate at a cost per direct beneficiary of only 7% of that of Leeds City Council. In other words, 15 times the number of children, parents and carers can be supported for the same cost.

A final thank you

Every week we have the privilege of hearing the stories of lives being so different because of the generosity and kindness of so many individuals, charitable trusts, Leeds City Council, the National Lottery, local businesses and others. As we look back over the last year, we feel that it has been our most exciting, most moving, most effective and most impactful to date. Most exciting as we've seen new initiatives develop and a growing team take on the challenges of poverty with determination and vision. Most moving as we see child after child and family after family have their lives changed and a new brighter future horizon begin to emerge. Most effective as we've seen our Mentoring and Story Tellers leap forward as well as our Family Cookery Clubs launching new approaches and our newest Early Years Programme begin to take off. And most impactful as we see the evidence of our work in diets changing, confidence growing, reading no longer being something to fear and the debilitating symptoms of poverty being overcome.

The generosity and kindness of our supporters makes long-lasting change to diets, health, literacy, wellbeing, social engagement, confidence, emotional health, school readiness and, most importantly of all, life outcomes. Without it, these children and families would face being locked in poverty. We are enormously grateful to everyone who stands alongside us and plays such a vital part in seeing lives changed and futures transformed.

Section E

Financial review

Brief statement of the charity's policy on reserves

Flourishing Families Leeds was started in February 2017. The trustees aim to hold sufficient reserves in the charity to cover 6 months of typical running costs for the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Richard Colbrook

Claire Rachel Wong

Position (eg Secretary, Chair, etc)

Chair of Trustees

Trustee

Date

20/03/2026

Flourishing Families Leeds			Charity No (if any)	1171626	
Annual accounts for the period					
Period start date	01/09/2024	To	Period end date	31/08/2025	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	66,129	342,715	-	408,844	339,039
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	6,312	36,339	-	42,651	35,839
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	72,441	379,054	-	451,495	374,878
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	18,357	-	-	18,357	15,478
Charitable activities	S09	3,431	284,479	-	287,910	264,020
Separate material item of expense	S10	-	-	-	-	-
Other	S11	17,949	31,804	-	49,753	29,578
Total	S12	39,737	316,282	-	356,019	309,076
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	32,704	62,771	-	95,475	65,802
	S14	-	-	-	-	-
Net income/(expenditure) Extraordinary items	S15	32,704	62,771	-	95,475	65,802
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	11,704	- 11,704	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	44,408	51,067	-	95,475	65,802
Reconciliation of funds:						
Total funds brought forward	S21	8,418	1,349,249	-	1,357,666	1,291,864
Total funds carried forward	S22	52,826	1,400,316	-	1,453,142	1,357,666

Flourishing Families Leeds		Charity No	1171626
		Company No	
Annual accounts for the period	01/09/2024	31/08/2025	

Section B Balance sheet

			Restricted				
Guidance note			Unrestricted funds	income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	1,569	1,065	-	2,634	1,307
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	51,257	1,399,853	-	1,451,110	1,358,707
Total current assets		B10	52,826	1,400,918	-	1,453,744	1,360,015
Creditors: amounts falling due within one year	(Note 20)	B11	-	602	-	602	2,348
Net current assets/(liabilities)		B12	52,826	1,400,316	-	1,453,142	1,357,666
Total assets less current liabilities		B13	52,826	1,400,316	-	1,453,142	1,357,666
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	52,826	1,400,316	-	1,453,142	1,357,666
Funds of the Charity							
Endowment funds (Note 27)		B17	-	-	-	-	-
Restricted income funds (Note 27)		B18	-	1,400,316	-	1,400,316	1,349,249
Unrestricted funds		B19	52,826	-	-	52,826	8,418
Revaluation reserve		B20	-	-	-	-	-
Fair value reserve		B21	-	-	-	-	-
Total funds		B22	52,826	1,400,316	-	1,453,142	1,357,666

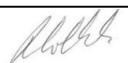
The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

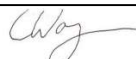
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by two trustees on behalf of all the trustees

	17/03/2026
Richard Colbrook	

	17/03/2026
Claire Wong	

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Disclosure of any uncertainties that make the going concern assumption doubtful;

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

- Yes*

✓

 * -Tick as appropriate
- No*

✓

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

- Yes*

✓

 * -Tick as appropriate
- No*

✓

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

- Yes*

✓

 * -Tick as appropriate
- No*

✓

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure) as
restated _____

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - it is more likely than not that the trustees will receive the resources; and - the monetary value can be measured with sufficient reliability.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☐</td><td>☐</td><td>☒</td></tr> </table>	Yes	No	N/a	☐	☐	☒
Yes	No	N/a						
☐	☐	☒						
Government grants	The charity has received government grants in the reporting period	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☐</td><td>☐</td><td>☒</td></tr> </table>	Yes	No	N/a	☐	☐	☒
Yes	No	N/a						
☐	☐	☒						
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution. Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'. Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable. Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☐</td><td>☐</td><td>☒</td></tr> </table>	Yes	No	N/a	☐	☐	☒
Yes	No	N/a						
☐	☐	☒						
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☐</td><td>☐</td><td>☒</td></tr> </table>	Yes	No	N/a	☐	☐	☒
Yes	No	N/a						
☐	☐	☒						
Support costs	The charity has incurred expenditure on support costs.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☒</td><td>☐</td><td>☐</td></tr> </table>	Yes	No	N/a	☒	☐	☐
Yes	No	N/a						
☒	☐	☐						
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies. Membership subscriptions which gives a member the right to buy services or other	<table> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>☐</td><td>☐</td><td>☒</td></tr> </table>	Yes	No	N/a	☐	☐	☒
Yes	No	N/a						
☐	☐	☒						

	benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table><tr><td></td><td></td><td>✓</td></tr></table>			✓						
		✓									
2.3 EXPENDITURE AND LIABILITIES											
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	Yes	No	N/a	✓			Yes	No	N/a
Yes	No	N/a									
✓											
Yes	No	N/a									
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	✓			Yes	No	N/a			
✓											
Yes	No	N/a									
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	✓			Yes	No	N/a			
✓											
Yes	No	N/a									
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	Yes	No	N/a	✓			Yes	No	N/a
Yes	No	N/a									
✓											
Yes	No	N/a									
Deferred income	No material item of deferred income has been included in the accounts.	<table><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	✓			Yes	No	N/a			
✓											
Yes	No	N/a									
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table><tr><td>✓</td><td></td><td></td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	✓			Yes	No	N/a			
✓											
Yes	No	N/a									
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td>✓</td><td></td><td></td></tr></table>	Yes	No	N/a	✓					
Yes	No	N/a									
✓											
2.4 ASSETS											
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	<table><tr><td>£2,000</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td></td><td></td><td>✓</td></tr></table>	£2,000	Yes	No	N/a			✓		
£2,000											
Yes	No	N/a									
		✓									
	They are valued at cost.										
	The depreciation rates and methods used are disclosed in note 9.2.										
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	Yes	No	N/a			✓	Yes	No	N/a
Yes	No	N/a									
		✓									
Yes	No	N/a									
	They are valued at cost.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
	They are valued at cost.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table><tr><td>Yes</td><td>No</td><td>N/a</td></tr><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>	Yes	No	N/a			✓	Yes	No	N/a
Yes	No	N/a									
		✓									
Yes	No	N/a									
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table><tr><td></td><td></td><td>✓</td></tr><tr><td>Yes</td><td>No</td><td>N/a</td></tr></table>			✓	Yes	No	N/a			
		✓									
Yes	No	N/a									

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		☒	☐	☐
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		☐	☐	☒
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		☐	☐	☒

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	15,463	25,589	-	41,052	14,227
	Gift Aid	1,632	2,712	-	4,343	1,630
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	49,035	313,597	-	362,632	322,582
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	817	-	817	599
Total		66,129	342,715	-	408,844	339,039
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Income from investments:	Interest income	6,312	36,339	-	42,651	35,839
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
Total		6,312	36,339	-	42,651	35,839
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
Total		-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		72,441	379,054	-	451,495	374,878

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>		

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>		

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

Section C	Notes to the accounts	(cont)
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Note 6 Analysis of expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:				£				£
Incurred seeking donations	-	-	-	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-	-	-	-
Incurred seeking grants	-	-	-	-				-
Operating membership schemes and social lotteries	-	-	-	-				-
Staging fundraising events	295	-	-	295	536			536
Fundraising wages	18,062	-	-	18,062	14,942			14,942
Operating charity shops	-	-	-	-				-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-				-
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
Other trading activities	-	-	-	-				-
Investment management costs:	-	-	-	-				-
Portfolio management costs	-	-	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	18,357	-	-	18,357	15,478	-	-	15,478

Expenditure on charitable activities:

Staff costs	-	243,372	-	243,372		221,064	-	221,064
Staff Travel and Expenses	697	5,256	-	5,954	939	6,705	-	7,644
Staff Training and Development	250	168	-	418	502	196	-	698
Volunteer Recruitment, Training and Travel	588	-	-	588	801		-	801
Mentoring Clubs Materials	-	1,172	-	1,172		1,125	-	1,125
Cookery Club Ingredients	-	8,772	-	8,772		7,380	-	7,380
Cookery Club Equipment	-	3,096	-	3,096		1,694	-	1,694
Slow Cookers	-	-	-	-		3,567	-	3,567
Other Projects	17	1,348	-	1,365	95	2,861	-	2,956
Family Literacy Projects	-	776	-	776		1,008	-	1,008
Community Events	59	2,397	-	2,456	1,812		-	1,812
Hardship Fund, Hampers and Emergency Food	1,821	17,453	-	19,274	1,068	13,205	-	14,273
Hull project	-	668	-	668	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	3,431	284,479	-	287,910	5,217	258,803	-	264,020

Separate material item of expense

	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-

Total	-	-	-	-	-	-	-	-
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Other

Stationery, postage, printing	989	-	-	989	1,354	-	-	1,354
Publicity and Website	4,208	-	-	4,208	1,738	-	-	1,738
DBS Registration and checks	803	-	-	803	587	-	-	587
Insurance	2,194	-	-	2,194	2,761	-	-	2,761
Office Rent and Service Charges	-	23,428	-	23,428	7,601	-	-	7,601
Office Utilities and Cleaning	2,736	8,181	-	10,917	4,887	-	-	4,887
IT Software and Hardware	2,316	-	-	2,316	2,524	-	-	2,524
Admin and Office costs	4,704	195	-	4,899	8,127	-	-	8,127
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	17,949	31,804	-	49,753	29,578	-	-	29,578
TOTAL EXPENDITURE	39,737	316,282	-	356,019	50,273	258,803	-	309,076

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year			
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C

Notes to the accounts

Note 8

Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C	Notes to the accounts
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Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
-	-
-	-
-	-
-	-

Note 11**Paid employees**

Please complete this note if the charity has any employees.

11.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This year £	Last year £
245,632	218,809
10,617	12,780
5,185	4,416
-	-
261,434	236,006

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year £	Last year £
46,897	43,892

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	12	10
Governance	-	-
Other	-	-
Total	13	11

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£	£
-	-

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£	£
-	-

Please state the accounting policy for any redundancy or termination payments

--	--

Section C**Notes to the accounts****(cont)**

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	5,185	4,416

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

all contributions relate to restricted activities

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

Section C	Notes to the accounts	(cont)
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Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	Yes	<i>Please provide details of charity's URL.</i>
	No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs £	Total £
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	Please provide details of charity's URL.
No	Provide details below

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Section C	Notes to the accounts	(cont)
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Note 14 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 15 Intangible assets*Please complete this note if the charity has any intangible assets***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy*Please disclose the accounting policy for intangible fixed assets including:**Reasons for choosing amortisation rates**Policies for the recognition of any capital development*

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C	Notes to the accounts	(cont)
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Note 16 Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.		
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.		

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance
** Rate						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This year	Last year

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

This year	Last year

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Last year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
Total	-	-

Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
Total	-	-

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

This year	Last year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

This year	Last year

Section C
Notes to the accounts
(cont)
Note 18
Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

This year	Last year
£	£

Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Gift Aid

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
1,569	1,307
-	-
1,065	-
2,634	1,307

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 20****Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	602	2,348	-	-
Other creditors	-	-	-	-
Total	602	2,348	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 21 Provisions for liabilities and charges**

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;

- an indication of the uncertainties about the amount or timing of those outflows; and

- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

This year	Last year

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

This year	Last year

21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

--	--

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

This year	Last year

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.

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Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect

Last year

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement		
Where it is not practical to make one or more of these disclosures, please state this fact		

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
1,167,865	1,128,352
283,245	230,355
-	-
1,451,110	1,358,707

Section C	Notes to the accounts	(cont)
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Note 25 Fair value of assets and liabilities

	This year	Last year
25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.		
25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.		

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**
Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event		
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made		

Section C	Notes to the accounts	(cont)
-----------	-----------------------	--------

Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	313,842	323,305	- 283,811	8,540	-	361,876
Development Restricted Fund	R	Development	8,540	-	-	- 8,540	-	-
Building Restricted Fund	R	Building	1,026,866	36,339	- 31,609	- 11,704	-	1,019,893
General Fund	U	No restrictions	8,418	72,441	- 39,737	11,704	-	52,826
Hull Fund	R	Projects	-	19,410	- 863	-	-	18,548
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			1,357,666	451,495	- 356,019	-	-	1,453,142

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	260,165	312,480	- 258,803	-	-	313,842
Development Restricted Fund	R	Development	8,540	-	-	-	-	8,540
Building Restricted Fund	R	Building	1,000,000	26,866	-	-	-	1,026,866
General Fund	U	No restrictions	23,158	35,532	- 50,273	-	-	8,418
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			1,291,864	374,878	- 309,076	-	-	1,357,666

Note 27 **Charity funds (cont)**

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds	Rent and utilities moved to come from Property fund	- 11,703.99
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
Dr Richard Colbrook		18,062	-	-	-	18,062
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
Dr Richard Colbrook		14,942	-	-	-	14,942
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

FALSE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	257	362
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	257	362

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

1

1

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Independent Examiner's Report to the Trustees of Flourishing Families Leeds

I report to the trustees on my examination of the accounts of Flourishing Families Leeds (the Charity) for the year ended 31 August 2025. Flourishing Families Leeds is a Charitable Incorporated Organisation, entered on the Register of Charities on 15 February 2017 (registered charity number: 1171626).

Responsibilities and Basis of the Report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Nicola Clare Elizabeth Longmore

Member of the Association of Accounting Technicians

Address: 46 Reedmace Road, Bicester, Oxon, OX26 3WW

Date: 20 March 2026

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2023		31	August	2024

Section A Reference and administration details

Charity name

Flourishing Families Leeds

Other names charity is known by

Registered charity number (if any) 1171626

Charity's principal address

12 Helmsley Drive

Leeds

Postcode

LS16 5HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Colbrook	Chair		
2	David Wong	Secretary		
3	Claire Wong			
4	Esther Aguirre Bernal			
5	Mark Eley			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Appointed by the trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are, for the public benefit,

1.1 the promotion of social inclusion in accordance with Christian values among (but without limitation) children, young people and families living in Leeds and elsewhere in the UK who are socially isolated on the grounds of their social position, economic position or communication barriers including by providing:

- 1.1.1. opportunities to participate in mentoring, recreation, outdoor pursuits, environmental studies, sport, music, arts and crafts;
- 1.1.2. emotional, befriending and practical support to parents, guardians, carers and for those isolated by having English as an additional language; and
- 1.1.3. education and training in literacy, numeracy, communication and vocational skills; and

1.2 the relief of persons who are in need by reason of financial hardship, ill-health, unemployment and such other economic or social disadvantage.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The trustees of Flourishing Families Leeds have had regard to the guidance issued by the Charity Commission on public benefit when overseeing all of the activities of the charity.

We believe that every family deserves to flourish and are therefore dedicated to bringing down the barriers which will hinder flourishing. Our vision is to see children growing in confidence and fulfilling their potential, parents well supported and whole families equipped to connect well with each other and the community. We are passionate about helping children and families overcome challenges, painting a brighter horizon for their futures together. We work in areas of the city ranked amongst the most deprived 1% to 5% nationally, partnering with local primary schools, Social Care and other organisations who help us focus on supporting children most at risk from deprivation, inter-generational poverty and social isolation. We ensure that all our beneficiaries play an active part in decision-making and shaping activities so that projects are things that we do together rather than events that are organised 'for them'. We believe that this approach is an integral part of children and adults growing in confidence and self-esteem. We:

- Address the challenges of poor nutrition and diet, obesity and food poverty by running family cookery clubs in partnership with local residents, primary schools and Social Care.
- Take on the challenge of low literacy levels in families through our fun and engaging Story Tellers Clubs.
- Help to tackle the challenges faced by primary school-aged children caused by invisible barriers to educational engagement such as low confidence and poor personal, social and emotional development, through activity-based mentoring.
- Meet many of the wellbeing needs for parents and carers.
- Coordinate all the above activities into a holistic approach that tackles these root issues, which can be tailored to the challenges faced by individual children and families.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Introduction

Flourishing Families Leeds was launched in 2017, and we are very grateful that so many charitable trusts, businesses, the City Council and individuals have supported our steps forward since then. We are now changing the lives and transforming the futures of close to 1,000 children, parents and carers every year.

Our success was recognised in November 2023 when we received the **King's Award for Voluntary Service** as part of the birthday honours awarded by HM King Charles. **Flourishing Families was given this award for working alongside communities to transform futures and equip families with the skills to flourish.** The assessment for the award by representatives of the Lord Lieutenant of West Yorkshire noted our considerable growth, the effectiveness of our work, our rigorous monitoring and evaluation leading to us adapting our approaches to maximise impact, and the high calibre of our army of volunteers.

Highlights from Supporting Families

There have been many highlights as we've drawn alongside families this year and we've chosen a few to tell you about.

"My problems flow away when I'm at the mentoring club and it is helping me learn in lessons", said a child to us recently. Our activity-based mentoring groups provide a nurturing environment which best supports the development and growth of children's wellbeing and confidence. This in turn enables them to reengage at school and helps break the cycle of poverty which is driven by educational underachievement. Over the last year in our mentoring groups, **100% of children reported that they enjoyed coming to the group, felt listened to in the groups, felt that they could be themselves in the groups and were proud of the art they had created.**

We have launched a **new Family Cookery Club** at Hunslet Carr Primary School, in an extremely deprived community in South Leeds. The club has been so successful there that it now has a one-year waiting list. One of the families we met is Rachael and her daughter, Eve. Whilst making spaghetti Bolognese, Rachael told us: "I've never even tried a pepper before. We just eat bland stuff in our home like chicken nuggets, pizza and pot noodles. In my house, cooking is using a packet mix or a jar. I don't know what I'm doing." Our Family Cookery Club taught Rachael and Eve how to cook healthy and affordable meals that they now replicate at home and will drastically change their eating habits and thus long-term health. We are delighted to report that, over the last year, every Family Cookery Club in every school saw **100% of families** telling us that they would definitely repeat the recipes at home and that they now feel more confident in their cooking skills.

Our Family Cookery Clubs now include an engaging **6-week nutritional education programme**, and we also incorporate food budgeting and meal planning. Two of our interns during this past year were Food Science and Nutrition graduates from the University of Leeds. They have taken our Family Nutritional Education to new levels by developing the Sugar Guessing Game, Sugar Snap, Portion Pictionary and Fruit and Veg Articulate. These have not only proved to be great fun but have made nutritional education and understanding how to make good choices about what you eat something which is now accessible for our families.

Our **Story Tellers Family Literacy Programme** has grown from strength to strength. The vision behind Story Tellers is to create a safe, fun and vibrant space in which parents, carers and children can come together and enjoy stories through reading, crafts, games and creativity. Story Tellers is about helping children to develop a life-long love of reading by embracing what is known as "reading for pleasure pedagogy", in other words, using evidence-based practices to do everything we can to help children become confident "readers for pleasure." A great deal of research conducted by the National Literacy Trust, The Reading Agency and The Open University and others make clear that reading for pleasure is more important for children's cognitive development than their parents' level of education and is a more powerful factor in life achievement than socio-economic background. Children who read regularly are more likely to

be happier, healthier, do better at school, develop a strong sense of empathy and overcome socio-economic disadvantages caused by inequalities.

Story Tellers has been particularly successful with **100% of families stating that Story Tellers has helped their child enjoy reading** and **100% of families stating that they would replicate activities from Story Tellers at home**.

Additionally, **100% of families said that Storytellers has helped them read together more as a family**. One parent said, *"Sometimes when we read a book together, it's hard to understand what's going on. But coming here and having different activities to help us understand the story is amazing. It's good to know different ways to look at a book. I think Edward will cry when Story Tellers finishes! Thank you so much - it's all perfect. I know we'll read more together because of coming to Story Tellers. I also know what kind of craft things to use at home now!"*

With our **community events** gathering more and more families as we combat social isolation during the school holidays, this year we launched coffee mornings for parents. At each coffee morning, as well as having time to chat together, we provide different activities, such as painting your own mug, decorating your own sun catcher, games, puzzles, colouring and painting nails. The coffee morning has become so popular that parents have now started inviting their friends too. Not only does the coffee morning provide us with the space to continue to build relationships with families and support them, but it also creates a group of mutual support.

We developed our **Enhanced Volunteer Programme for volunteers** who are former beneficiaries of Flourishing Families and who face significant barriers to employment including social isolation, low self-esteem, poor mental health and lack of opportunity. Additionally, the life experiences that these volunteers share with other beneficiaries significantly enhances their effectiveness. The pilot of this one-year programme was so successful that **two of the participants are now employed by us as Project Workers**.

Leeds is a growing city with over **820,000 residents**. Its population is much poorer than the England average with **24% of people living in deprivation** (compared to 10% for England as a whole). Many of these deprived communities are very isolated from the rest of the city, due to transport challenges, geographical barriers such as motorways and a lack of resources. **Our model of taking our work into the heart of local communities rather than expecting people to travel to us** is especially pertinent in these circumstances. We are able to form ongoing, supportive relationships that start in the groups, but go beyond the groups themselves, including offering help in times of crisis and difficulty, such as a visit to a family home after a bereavement.

Financial Update

Our Income

In 2022/23 our income for operations was **£277,390**. An additional **£700,000** was given to purchase a building, giving us a total building fund of £1,000,000. We have seen our income for operations grow over the last year and, for the year 1 September 2023 to 31 August 2024, it was **£374,848**.

The charitable trust which donated a total of £1,000,000 for a building has suggested that we first rent a property for a short time to more accurately determine both our needs and the best location. We began renting our own building in March and are using some of the interest to pay the rent.

For the forthcoming year (2024/25), we have already secured grants and personal donations totalling **£182,000**. **A significant amount of this (£94,000) was donated just before the end of the financial year (for the following year) and was therefore carried over, leading to our income being higher than expenditure**.

Expenditure

Our expenditure is made up of two main parts: staff employment costs and operational costs. Our staff employment costs rose in 2023/24 as we increased staffing to meet the rapidly growing demand for our work. Our operational costs

with the additional rent for the new building also increased. This included an increasing number of projects across a wider area of the city (which resulted in us directly supporting more than 950 people) and a number of successful appeals to combat food poverty (which is particularly acute during school holidays). Our total expenditure was therefore **£309,076**.

What's next: Our BIG Vision

Over the last year, we have made significant inroads into our goal of establishing our work right across Leeds and particularly in some of the most deprived areas in the South, West and East of the city. We have created partnerships with schools and community centres and the profile and reputation of our work is becoming well known in these areas. What this means in practice is that we are able to work with some of the poorest and most socially isolated families to empower them to make real and lasting changes in their lives. The King's Award for Voluntary Service has further enhanced our profile, and we now have an opportunity to take a big leap forward and transform the lives of many more families. We are looking to realise our **BIG Vision – a 5-point ambitious plan** to change lives, transform futures and plant Flourishing Families in another city. This is where we would like to go:

- **Go Deeper** – we want to increase the **depth and scope of our supportive relationships with families and individuals**. We will do this by providing more ongoing **personalised support** and building on the success of groups that gather families from across our activities, such as our coffee mornings, which provide ongoing support and advice to parents/carers. We also want to **increase the emphasis on wellbeing**. We'd like to **expand the provision of mentoring groups** and create ways to support parents of the children in these groups, such as meeting up with the parents to equip them to follow up on activities done in the groups or providing packs of activities for parents/carers to do at home with their children. We also plan to **refine our mentoring curricula** so that we can offer an even more targeted approach to children who are struggling.
- **Go Wider** – we want to **spread across even more of Leeds** and reach more of the 200,000 people living in poverty. We'd like to **move into the centre of the city** (an area called Little London) with particularly high levels of deprivation. Our initial contact with a primary school in this area has yielded a potential waiting list of 10 months for our Family Cookery Clubs because of the sheer number of families facing acute food poverty. We'd like to explore ways in which we can **connect people together** in more and more areas of our city and support families to an even greater extent, such as community events and activities that build on the transformative nature of our groups, for example a **summer festival of reading** for families. This festival would provide free and constructive summer holiday activities with the aim of connecting families who cannot afford to buy books to local libraries and counter the 'summer holiday drop-off' in literacy progress experienced by children in deprived areas which is so detrimental to their educational outcomes.
- **Go Older** – we'd like to **expand our Story Tellers groups** so that we cover all primary age groups and have a new curriculum ready to be trialled. This is focused on Years 5 and 6, as there is often a very large drop-off in reading for pleasure at this age and as children move to secondary school (particularly for boys). We are also enhancing our existing curricula, especially to include a greater depth of activities around reading together as a family. In addition, **we will explore new ways in which to support family literacy** alongside Story Tellers groups.
- **Go Younger** – we have the opportunity to move to a **new level of supporting and positively impacting the lives of the poorest families and their children at an even younger age**. We would like to work in partnership with local schools, Leeds City Council, Public Health and the NHS to identify families who are most in need of pre-school support. We also have a growing partnership with Best Start Leeds,

focusing on the first 1000 days of a child's life with a particular focus on early identification and targeted support for vulnerable families early in the life of the child.

- **Go Further** – finally, we would like to go further and begin to **explore launching Flourishing Families in another city**. All that we do is transferrable and reproducible, and we believe that the time is fast approaching when we can move beyond Leeds to impact even more lives.

Our BIG Vision builds on expertise and experience gained over the last eight years. We have grown considerably as a charity but have maintained our high number of volunteers and low-cost base. Therefore, our life-transforming interventions cost around 20% of the cost of other local charities for each person we directly support and 6% of the costs of the City Council. The King's Award for Voluntary Service is giving us 'once in a lifetime of the charity' opportunities to take a big step forward and support even more families.

Finally, as we talk about our BIG Vision, we'd like to say a BIG thank you. Thank you so much for the wonderful support over the years which we have received from individuals, charitable trusts, Leeds City Council, The National Lottery, local businesses and others. With that support, we have changed lives and transformed futures for the poorest families in Leeds. 1,000 lives in Leeds will be different this year as a result.

Section E

Financial review

Brief statement of the charity's policy on reserves

Flourishing Families Leeds was started in February 2017. The trustees aim to hold sufficient reserves in the charity to cover 6 months of typical running costs for the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Richard Colbrook

Claire Rachel Wong

Position (eg Secretary, Chair, etc)

Chair of Trustees

Trustee

Date

19/03/2025

Flourish Families Leeds			Charity No (if any)	1171626
Annual accounts for the period				
Period start date	01/09/2023	To	Period end date	31/08/2024

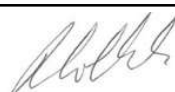
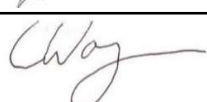
Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds	
		£	£	£	£	£	
		F01	F02	F03	F04	F05	
Incoming resources (Note 3)							
Income and endowments from:							
Donations and legacies	S01	26,560	312,480	-	339,039	968,004	Page N3
Charitable activities	S02	-	-	-	-	-	
Other trading activities	S03	-	-	-	-	-	
Investments	S04	8,973	26,866		35,839	9,386	Page N3
Separate material item of income	S05	-	-	-	-	-	
Other	S06	-	-	-	-	-	
Total	S07	35,532	339,346	-	374,878	977,390	
Resources expended (Note 6)							
Expenditure on:							
Raising funds	S08	15,478	-	-	15,478	13,629	Page N6
Charitable activities	S09	5,217	258,803	-	264,020	168,723	Page N6
Separate material item of expense	S10	-	-	-	-	-	
Other	S11	29,578	-	-	29,578	7,333	Page N6
Total	S12	50,273	258,803	-	309,076	189,685	
Net income/(expenditure) before investment gains/(losses)	S13	- 14,741	80,543	-	65,802	787,705	
Net gains/(losses) on investments	S14	-	-	-	-	-	
Net income/(expenditure)	S15	- 14,741	80,543	-	65,802	787,705	
Extraordinary items	S16	-	-	-	-	-	
Transfers between funds	S17	-	-	-	-	-	
Other recognised gains/(losses):							
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-	
Other gains/(losses)	S19	-	-	-	-	-	
Net movement in funds	S20	- 14,741	80,543	-	65,802	787,705	
Reconciliation of funds:							
Total funds brought forward	S21	23,158	1,268,705	-	1,291,864	504,159	
Total funds carried forward	S22	8,418	1,349,249	-	1,357,666	1,291,864	

Section B Balance sheet

	Guidance Notes					
		Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£ F01	£ F02	£ F03	£ F04	£ F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	1,307	-	-	1,307	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	7,110	1,351,597	-	1,358,707	1,293,887
Total current assets	B10	8,418	1,351,597	-	1,360,015	1,293,887
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	8,418	1,351,597	-	1,360,015	1,293,887
Total assets less current liabilities	B13	8,418	1,351,597	-	1,360,015	1,293,887
Creditors: amounts falling due after one year (Note 20)	B14	-	2,348	-	2,348	2,023
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	8,418	1,349,249	-	1,357,666	1,291,864
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	1,349,249	-	1,349,249	1,268,705
Unrestricted funds	B19	8,418	-	-	8,418	23,158
Revaluation reserve	B20	-	-	-	-	-
Total funds	B21	8,418	1,349,249	-	1,357,666	1,291,864

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Richard Colbrook	19/03/2025
	Claire Wong	19/03/2025

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Disclosure of any uncertainties that make the going concern assumption doubtful;

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*

✓

 * -Tick as appropriate

No*

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*

✓

 * -Tick as appropriate

No*

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*

✓

 * -Tick as appropriate

No*

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
Adjustments:		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as
restated _____

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - it is more likely than not that the trustees will receive the resources; and - the monetary value can be measured with sufficient reliability.	Yes ☒	No ☐	N/a ☐
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes ☒	No ☐	N/a ☐
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes ☒	No ☐	N/a ☐
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes ☐	No ☐	N/a ☒
Government grants	The charity has received government grants in the reporting period	Yes ☒	No ☐	N/a ☐
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes ☒	No ☐	N/a ☐
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes ☐	No ☐	N/a ☒
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution. Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'. Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable. Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes ☐	No ☐	N/a ☒
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes ☐	No ☐	N/a ☒
Support costs	The charity has incurred expenditure on support costs.	Yes ☒	No ☐	N/a ☐
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes ☒	No ☐	N/a ☐
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes ☐	No ☐	N/a ☒
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies. Membership subscriptions which gives a member the right to buy services or other	Yes ☐	No ☐	N/a ☒

11

		Yes	No	N/a
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	☒	☐	☐

		Yes	No	N/a
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	☒	☐	☐

		Yes	No	N/a
	They are valued at fair value except where they qualify as basic financial instruments.	☒	☐	☐

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	11,642	2,586	-	14,227	13,577
	Gift Aid	1,568	63	-	1,630	920
	Legacies	-	-	-	-	-
	Unrestricted grants provided by government/other charities	13,350	-	-	13,350	20,634
	Restricted grants provided by government/other charities for projects	-	309,232	-	309,232	232,234
	Restricted grants provided by government/other charities for development	-	-	-	-	-
	Restricted grants provided by government/other charities for a building	-	-	-	-	700,000
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	599	-	599	639
	Total	26,560	312,480	-	339,039	968,004
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	8,973	26,866	-	35,839	9,386
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	8,973	26,866	-	35,839	9,386
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		35,532	339,346	-	374,878	977,390

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4 **Analysis of receipts of government grants**

	Description	This year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>		

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>		

Note 5 **Donated goods, facilities and services**

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

Total expenditure on raising funds	15,478	-	-	15,478	13,629	-	-	13,629
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Expenditure on charitable activities:

Staff costs		221,064	-	221,064	-	142,838	-	142,838
Staff Travel and Expenses	939	6,705	-	7,644	213	4,064	-	4,277
Staff Training and Development	502	196	-	698	47	150	-	197
Volunteer Recruitment, Training and Travel	801		-	801	1,269	-	-	1,269
Mentoring Clubs Materials		1,125	-	1,125	-	1,197	-	1,197
Cookery Club Ingredients		7,380	-	7,380	-	6,448	-	6,448
Cookery Club Equipment		1,694	-	1,694	-	1,786	-	1,786
Slow Cookers		3,567	-	3,567	-	3,314	-	3,314
Other Projects	95	2,861	-	2,956	40	952	-	992
Family Literacy Projects		1,008	-	1,008	-	1,454	-	1,454
Community Events	1,812		-	1,812	1,433	-	-	1,433
Hardship Fund, Hampers and Emergency Food	1,068	13,205	-	14,273	475	2,460	-	2,936
Room Hire			-	-	583	-	-	583
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	5,217	258,803	-	264,020	4,060	164,663	-	168,723

Separate material item of expense

	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Other

Stationery, postage, printing	1,354	-	-	1,354	1,052	-	-	1,052
Publicity and King's Award	1,738	-	-	1,738	199	-	-	199
DBS Registration and checks	587	-	-	587	700	-	-	700
Insurance	2,761	-	-	2,761	1,481	-	-	1,481
Office Rent and Service Charges	7,601	-	-	7,601	768	-	-	768
Office Utilities and Cleaning	4,887			4,887	-			-
IT Software and Hardware	2,524	-	-	2,524	1,428	-	-	1,428
Admin and Office costs	8,127	-	-	8,127	1,706	-	-	1,706
	-	-	-	-	-	-	-	-
Total other expenditure	29,578	-	-	29,578	7,333	-	-	7,333
TOTAL EXPENDITURE	50,273	258,803	-	309,076	25,023	164,663	-	189,685

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year			
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C

Notes to the accounts

Note 8

Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C**Notes to the accounts****Note 10** Details of certain items of expenditure**10.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 11 **Paid employees**
Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	218,809	144,045
Social security costs	12,780	8,161
Pension costs (defined contribution scheme)	4,416	3,812
Other employee benefits	-	-
Total staff costs	236,006	156,018

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year	Last year
£	£
43,892	40,156

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	10	6
Governance	-	-
Other	-	-
Total	11	7

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£	£
-	-

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£	£
-	-

Please state the accounting policy for any redundancy or termination payments

--	--

Section C**Notes to the accounts****(cont)**

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	4,416	3,812

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

all contributions relate to restricted activities

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

Section C	Notes to the accounts	(cont)
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Note 13 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter “Nil” if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	Yes	<i>Please provide details of charity's URL.</i>
	No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs £	Total £
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	Please provide details of charity's URL.
No	Provide details below

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Section C	Notes to the accounts	(cont)
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Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 15 Intangible assets*Please complete this note if the charity has any intangible assets***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy*Please disclose the accounting policy for intangible fixed assets including:**Reasons for choosing amortisation rates**Policies for the recognition of any capital development*

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C	Notes to the accounts	(cont)
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Note 16 **Heritage assets**

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.		
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.		

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance
** Rate						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This year	Last year

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

This year	Last year

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Last year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
Total	-	-

Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
Total	-	-

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

This year	Last year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

This year	Last year

Section C
Notes to the accounts
(cont)
Note 18
Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

This year	Last year
£	£

Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Gift Aid

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
1,307	-
-	-
-	-
1,307	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 20****Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	2,348	2,023	-	-
Other creditors	-	-	-	-
Total	2,348	2,023	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 21 Provisions for liabilities and charges**

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;

- an indication of the uncertainties about the amount or timing of those outflows; and

- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

This year	Last year

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

This year	Last year

21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

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Section C	Notes to the accounts	(cont)
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Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

This year	Last year

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

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Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect

Last year

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement		
Where it is not practical to make one or more of these disclosures, please state this fact		

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
1,128,352	-
230,355	1,293,887
-	-
1,358,707	1,293,887

Section C	Notes to the accounts	(cont)
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Note 25 Fair value of assets and liabilities

	This year	Last year
25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.		
25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.		

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**
Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event		
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made		

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	260,165	312,480	- 258,803	-	-	313,842
Development Restricted Fund	R	Development	8,540	-	-	-	-	8,540
Building Restricted Fund	R	Building	1,000,000	26,866	-	-	-	1,026,866
General Fund	U	No restrictions	23,158	35,532	- 50,273	-	-	8,418
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			1,291,864	374,878	- 309,076	-	-	1,357,666

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Note 27 **Charity funds (cont)**

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
Dr Richard Colbrook		14,942	-	-	-	14,942
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
Dr Richard Colbrook		13,180	-	-	-	13,180
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

FALSE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	362	241
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	362	241

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

1

1

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Independent Examiner's Report to the Trustees of Flourishing Families Leeds

I report to the trustees on my examination of the accounts of Flourishing Families Leeds (the Charity) for the year ended 31 August 2024. Flourishing Families Leeds is a Charitable Incorporated Organisation, entered on the Register of Charities on 15 February 2017 (registered charity number: 1171626).

Responsibilities and Basis of the Report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Nicola Clare Elizabeth Longmore

Member of the Association of Accounting Technicians

Address: 46 Reedmace Road, Bicester, Oxon, OX26 3WW

Date: 19 March 2025

Accounts



Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	Sept	2022	To	31	August	2023

Section A Reference and administration details

Charity name	Flourishing Families Leeds
Other names charity is known by	
Registered charity number (if any)	1171626
Charity's principal address	12 Helmsley Drive
	Leeds
Postcode	LS16 5HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Colbrook	Chair		
2	David Wong	Secretary		
3	Claire Wong			
4	Esther Aguirre Bernal			
5	Mark Eley			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
--	--------------

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Appointed by the trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are, for the public benefit,

1.1 the promotion of social inclusion in accordance with Christian values among (but without limitation) children, young people and families living in Leeds and elsewhere in the UK who are socially isolated on the grounds of their social position, economic position or communication barriers including by providing:

- 1.1.1. opportunities to participate in mentoring, recreation, outdoor pursuits, environmental studies, sport, music, arts and crafts;
- 1.1.2. emotional, befriending and practical support to parents, guardians, carers and for those isolated by having English as an additional language; and
- 1.1.3. education and training in literacy, numeracy, communication and vocational skills; and

1.2 the relief of persons who are in need by reason of financial hardship, ill-health, unemployment and such other economic or social disadvantage.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The trustees of Flourishing Families Leeds have had regard to the guidance issued by the Charity Commission on public benefit when overseeing all of the activities of the charity.

We believe that every family deserves to flourish and are therefore dedicated to bringing down the barriers which will hinder flourishing. Our vision is to see children growing in confidence and fulfilling their potential, parents well supported and whole families equipped to connect well with each other and the community. We are passionate about helping children and families overcome challenges, painting a brighter horizon for their futures together. We work in areas of the city ranked amongst the most deprived 1% to 5% nationally, partnering with local primary schools, Social Care and other organisations who help us focus on supporting children most at risk from deprivation, inter-generational poverty and social isolation. We ensure that all our beneficiaries play an active part in decision-making and shaping activities so that projects are things that we do together rather than events that are organised 'for them'. We believe that this approach is an integral part of children and adults growing in confidence and self-esteem. We:

- Address the challenges of poor nutrition and diet, obesity and food poverty by running family cookery clubs in partnership with local residents, primary schools and Social Care.
- Take on the challenge of low literacy levels in families through our fun and engaging Story Tellers Clubs.
- Help to tackle the challenges faced by primary school-aged children caused by invisible barriers to educational engagement such as low confidence and poor personal, social and emotional development, through activity-based mentoring.
- Meet many of the wellbeing needs for parents and carers.
- Coordinate all the above activities into a holistic approach that tackles these root issues, which can be tailored to the challenges faced by individual children and families.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Sasha and her 9-year-old son, Connor, didn't know how to cook, so they lived off microwave meals every night. They were invited to join our Family Cookery Club and over the course of eight weeks we saw not only how their confidence grew, but how they became closer as mother and son. Starting off with the basics, we taught them how to make home-made Spaghetti Bolognese and by the end of the club they were making sausage casserole with cauliflower cheese. Connor's grandparents soon heard about the club and so, every Friday evening Connor and Sasha took over the meal they had made and the family ate it together. Connor's grandpa would often complain that he couldn't have more than two servings!

Connor now wants to become a chef and, together with his mum, is cooking home-made meals for the two of them every day – their diets and eating habits have been transformed. Sasha has now become a volunteer at our cookery clubs and takes any new recipes home to trial with Connor. She told us: "Before this cookery club all we'd eat at home were microwave meals, now we eat home-made meals every single day and are using our slow cooker tons. If it wasn't for volunteering at this club, I'd just be sat by myself at home feeling rubbish. It gets me out of the house and gets me involved in something, I love it."

We believe that families like Sasha and Connor deserve to flourish and that is why Flourishing Families exists. We are committed to bringing down barriers which hinder families from flourishing. In 2022/23 we worked directly with over 820 children, parents and carers. That's children being mentored so that their confidence, resilience, quality of relationships and ability to positively deal with challenging circumstances have been completely transformed for the better. That's families learning to cook together, their diets being changed for good and long-term health outcomes being radically improved. That's children and parents overcoming one of their biggest barriers. Our work was featured on BBC Breakfast, BBC Look North, various radio stations and local newspapers.

We launched a new initiative which we call our Enhanced Volunteer Programme. This Programme is specifically tailored to volunteers who are former beneficiaries of Flourishing Families, many of whom struggle with social isolation, low self-esteem, poor mental health and lack of opportunity. It is designed to enable volunteers to upskill and build confidence, leading to increased wellbeing and self-confidence, less social isolation and enhanced employability. The group provides additional support and development opportunities, alongside all the other activities offered to our volunteers. It is open to anyone who has previously been a part of a Flourishing Families group or activity. Our first pilot group has been a great success, with every participant stating how much they had grown in confidence and learnt new skills.

Our work with Leeds City Council has gone from strength to strength with new cookery clubs in the South and West of the city. The success of the Family Cookery Clubs led to us forming a partnership with the University of Leeds. In particular, we have joined a research project called H3 (Healthy Soil, Healthy Food, Healthy People). This then led to a new Slow Cooker Project, inspired by the incredibly sharp rise in the cost of fuel. Slow cookers cost substantially less to run than a conventional oven, but many people are unsure of how to use them.

"I thought I was a nobody but after the art mentoring group I'm a somebody", said an 8-year-old. She sums up why we mentor children. Last year we took the decision to respond in a strong and positive way to the post-covid challenges faced by children by redesigning our mentoring to focus on Social and Emotional Learning (SEL). Social and Emotional Learning is the process through which all children and adults acquire and

apply the knowledge, skills, and attitudes needed to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships and make responsible and caring decisions. Through our mentoring, children develop a sense of security and safety, as well as increasing resilience. Positive relationships grow with peers and adults, as well as the feelings of “I can do this myself”. The result is a growing confidence and an ability to positively deal with “negative” emotions, which leads to re-engagement socially and in the classroom. The results have been fantastic with 100% of children reporting that they feel listened to at the groups and 98% saying that they feel proud of their achievements because of what they had created at the groups.

As well as developing our mentoring, we have also piloted a Year 6 mentoring programme to help children transition to High School and have begun to use Lego Therapy in the groups to teach children key social skills. Building Lego models in teams helps children to grow in working together, utilises the child’s imagination, makes it accessible for SEN children to play a part in our groups and gives all children a chance to take on leadership roles. What’s more, it’s lots of fun!

Our Family Cookery Clubs have been going from strength to strength. They have proved to be a vital lifeline for families in the cost-of-living crisis, providing families with the skills and know-how to prepare cost-effective, nutritious and tasty meals. Sadly, an increasing number of families are suffering from low food security with, to quote House of Commons Research Briefing 2022: 8, “the quality, variety, and desirability of their diets being considerably reduced”. Two contributing factors to this are “the energy costs of cooking and the lack of skills or time” (Defra, United Kingdom Food Security Report 2021: Theme 4: Food Security at Household Level, 22 December 2021, cited in House of Commons Research Briefing 2022: 8). Our Family Cookery Clubs aim to combat this by teaching basic cooking skills in a relaxed environment, which further strengthens the relationship between the parent/carer and child. In the past year all our recipes have been redeveloped to reduce the amount of energy they use in order to remain healthy and affordable for our families. Families suffering from food insecurity also eat only half the amount of the fresh fruit and vegetables compared to other families, so our recipes also focus on teaching families that home-made meals made with portions of fruit and vegetables are not only tastier, but also cheaper.

Throughout the last year we have continued to achieve 100% repeatability in our Cookery Clubs, meaning that every family is repeating our recipes regularly at home. This is a very significant result as it means that, with our recipes being healthy, tasty and economical, we are being effective in our primary aims of countering food poverty, poor nutrition and childhood obesity. What’s more, 100% of children state they now enjoy cooking as a result of the club. At the start, typically only around 15% of the children help to cook a meal at home for their family on a regular basis.

Our Story Tellers Family Literacy Groups focus on developing literacy skills for children and their parents/carers, whilst seeing greater levels of active parent/carer involvement in their children’s learning and school life. They are also great fun! Throughout the year we continued to see 100% of parents stating that Story Tellers helped them read more together as a family and 100% of parents stating that they would replicate activities from Story Tellers at home. In addition, 100% of parents stated that Story Tellers has helped increase their child/ren’s enjoyment in reading. We introduced Story Bags for families to continue Story Tellers activities into

the school holidays. Each bag contains a book, a prompt card to help families talk about the book and a craft to go along with the book. As with all our work, our approach is backed up by the latest research, which states that a child's word learning, language and reading skills are developed during shared reading,

One of the secrets of the success of all our groups is the trusting relationships that are built with families. In Story Tellers groups for instance, the trusting relationships mean that parents and carers often open up about their own struggles with literacy. One of our FFL partnering schools recently estimated that 60% of their parents have literacy levels below that of an average 10-year-old, making it even more difficult to support their children's reading skills. We therefore consulted with a number of parents and carers before launching a pilot Book Club. The style of the club is fun, informal and interactive, using specific and tailored resources to support adults who are struggling readers.

Our growth to become a city-wide charity took a huge step forward. We reported last year that our management committee had launched a building fund with the ambitious aim of raising £1M. This would enable us to purchase our own premises to act as a base from which we can work into deprived communities across the city. We received a £300,000 donation last year and have received a further £700,000 to meet our £1M target. We are immensely grateful to the charitable trust who made this extremely generous donation.

We are so very grateful to all our supporters, staff and army of volunteers as we look back over the last year. We are especially grateful to the growing number of charitable trusts and individuals who have chosen to invest in the work that we do and partner with us. Their vision and generosity have enabled us to grow into a significant family-focused charity in Leeds. We have directly supported more people than ever before, enlarged the geographical spread of our provision and seen our income increase to £277,390 (excluding the donation for the building).

Over the last year in Leeds, our families faced the impossible choice between putting food on the table and turning the heating on. Caught in the worst of the cost-of-living storm were over 40,000 children in Leeds who live below the poverty line. Our support became a lifeline for many families. Now we have come out of the pandemic, have re-established all of our in-person activities and further developed what we are able to offer through our groups, we feel that we are in a strong position to set a future direction which builds on the success of our current activities. We plan to continue to spread across the city and take on the effects of deprivation in our poorest communities. We will continue to grow so that more and more people's lives are changed as we come alongside them.

We would like to conclude this summary by thanking our supporters, volunteers and staff. Like us, they believe that every family deserves to flourish. Thank you – we couldn't do it without you alongside.

Section E Financial review

Brief statement of the charity's policy on reserves

Flourishing Families Leeds was started in February 2017. The trustees aim to hold sufficient reserves in the charity to cover 6 months of typical running costs for the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

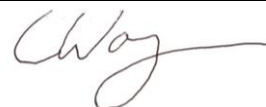
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Richard Colbrook

Claire Rachel Wong

Position (eg Secretary, Chair, etc)

Chair of Trustees

Trustee

Date

23/04/2024

Flourishing Families Leeds			Charity No (if any)	1171626
Annual accounts for the period				
Period start date	01/09/2022	To	Period end date	31/08/2023

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	29,034	938,970	-	968,004	520,697
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	9,386	-	-	9,386	486
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	38,420	938,970	-	977,390	521,183
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	13,629	-	-	13,629	10,559
Charitable activities	S09	4,060	164,663	-	168,723	148,495
Separate material item of expense	S10	-	-	-	-	-
Other	S11	7,333	-	-	7,333	5,466
Total	S12	25,023	164,663	-	189,685	164,520
Net income/(expenditure) before investment gains/(losses)	S13	13,398	774,307	-	787,705	356,663
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	13,398	774,307	-	787,705	356,663
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	13,398	774,307	-	787,705	356,663
Reconciliation of funds:						
Total funds brought forward	S21	9,761	494,399	-	504,159	147,496
Total funds carried forward	S22	23,158	1,268,705	-	1,291,864	504,159

Section B Balance sheet

	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£ F01	£ F02	£ F03	£ F04	£ F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09		1,293,887	-	1,293,887	504,159
Total current assets	B10	-	1,293,887	-	1,293,887	504,159
Creditors: amounts falling due within one year (Note 20)	B11	-	2,023	-	2,023	-
Net current assets/(liabilities)	B12	-	1,291,864	-	1,291,864	504,159
Total assets less current liabilities	B13	-	1,291,864	-	1,291,864	504,159
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	-	1,291,864	-	1,291,864	504,159
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18		1,268,705		1,268,705	494,399
Unrestricted funds	B19	23,158		-	23,158	9,761
Revaluation reserve	B20				-	
Total funds	B21	23,158	1,268,705	-	1,291,864	504,159
Signed by one or two trustees on behalf of all the trustees						
		Signature	Print Name		Date of approval dd/mm/yyyy	
			Richard Colbrook		23/04/2024	
			Claire Rachel Wong		23/04/2024	

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Disclosure of any uncertainties that make the going concern assumption doubtful;

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

--

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
Adjustments:		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as
restated _____

(cont)

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - it is more likely than not that the trustees will receive the resources; and - the monetary value can be measured with sufficient reliability.	Yes ☒	No ☒	N/a ☒
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes ☒	No ☒	N/a ☒
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes ☒	No ☒	N/a ☒
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes ☒	No ☒	N/a ☒
Government grants	The charity has received government grants in the reporting period	Yes ☒	No ☒	N/a ☒
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes ☒	No ☒	N/a ☒
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes ☒	No ☒	N/a ☒
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution. Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'. Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable. Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes ☒	No ☒	N/a ☒
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes ☒	No ☒	N/a ☒
Support costs	The charity has incurred expenditure on support costs.	Yes ☒	No ☒	N/a ☒
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes ☒	No ☒	N/a ☒
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes ☒	No ☒	N/a ☒
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies. Membership subscriptions which gives a member the right to buy services or other	Yes ☒	No ☒	N/a ☒

	benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> </table>	✓	✓	✓			
✓	✓	✓						
2.3 EXPENDITURE AND LIABILITIES								
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Deferred income	No material item of deferred income has been included in the accounts.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
2.4 ASSETS								
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least							
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Intangible fixed assets	The depreciation rates and methods used are disclosed in note 9.2.							
	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		☒	☒	☒
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		☒	☒	☒
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		☒	☒	☒

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis					
Donations and legacies:					
Donations and gifts	7,649	5,928	-	13,577	2,318
Gift Aid	751	169	-	920	112
Legacies	-	-	-	-	-
Unrestricted grants provided by government/other charities	20,634			20,634	13,026
Restricted grants provided by government/other charities for projects		232,234		232,234	189,725
Restricted grants provided by government/other charities for development				-	15,000
Restricted grants provided by government/other charities for a building	-	700,000	-	700,000	300,000
Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
Donated goods, facilities and services	-	-	-	-	-
Other	-	639	-	639	516
Total	29,034	938,970	-	968,004	520,697
Charitable activities:					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Other	-	-	-	-	-
Total	-	-	-	-	-
Other trading activities:					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Other	-	-	-	-	-
Total	-	-	-	-	-
Income from investments:					
Interest income	9,386	-	-	9,386	486
Dividend income	-	-	-	-	-
Rental and leasing income	-	-	-	-	-
Other	-	-	-	-	-
Total	9,386	-	-	9,386	486
Separate material item of income:					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Total	-	-	-	-	-
Other:					
Conversion of endowment funds into income	-	-	-	-	-
Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
Gain on disposal of a programme related investment	-	-	-	-	-
Royalties from the exploitation of intellectual property rights	-	-	-	-	-
Other	-	-	-	-	-
Total	-	-	-	-	-
TOTAL INCOME	38,420	938,970	-	977,390	521,183

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

--

Note 4

Analysis of receipts of government grants

	Description	This year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>		

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>		

Note 5 **Donated goods, facilities and services**

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

Section C

Notes to the accounts

(cont)

Note 6

Analysis of expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £
Expenditure on raising funds:								
Incurred seeking donations	-	-	-	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-	-	-	-
Management and fundraising fees	76	-	-	76	6,540	-	-	6,540
Fundraising events and travel costs	373	-	-	373	269	-	-	269
Fundraising wages	13,180	-	-	13,180	3,750	-	-	3,750
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	13,629	-	-	13,629	10,559	-	-	10,559
Expenditure on charitable activities:								
Staff costs	-	142,838	-	142,838	-	131,931	-	131,931
Staff Travel and Expenses	213	4,064	-	4,277	-	3,515	-	3,515
Staff Training and Development	47	150	-	197	328	144	-	472
Volunteer Recruitment, Training and Travel	1,269	-	-	1,269	345	-	-	345
Mentoring Clubs Materials	-	1,197	-	1,197	-	636	-	636
Cookery Club Ingredients	-	6,448	-	6,448	-	4,356	-	4,356
Cookery Club Equipment	-	1,786	-	1,786	-	1,954	-	1,954
Slow Cookers	-	3,314	-	3,314	-	-	-	-
Other Projects	40	952	-	992	-	476	-	476
Family Literacy Projects	-	1,454	-	1,454	-	743	-	743
Community Events	1,433	-	-	1,433	1,062	-	-	1,062
Hardship Fund	475	2,460	-	2,936	349	1,335	-	1,684
Room Hire	583	-	-	583	738	582	-	1,320
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	4,060	164,663	-	168,723	2,821	145,673	-	148,495
Separate material item of expense								
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-
Other								
Stationery, postage, printing	1,052	-	-	1,052	407	-	-	407
Publicity and website	199	-	-	199	170	-	-	170
Audit, Bank Charges & Accounting	-	-	-	-	100	-	-	100
DBS Registration and checks	700	-	-	700	648	-	-	648
Admin and insurance	1,659	-	-	1,659	2,730	-	-	2,730
IT Software and Hardware	1,428	-	-	1,428	1,410	-	-	1,410
Office costs	2,295	-	-	2,295	-	-	-	-
	-	-	-	-	-	-	-	-
Total other expenditure	7,333	-	-	7,333	5,466	-	-	5,466
TOTAL EXPENDITURE	25,023	164,663	-	189,685	18,846	145,673	-	164,520

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year				Last year			
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C

Notes to the accounts

Note 8

Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C

Notes to the accounts

Note 9

Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 11 **Paid employees**
Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	144,045	127,144
Social security costs	8,161	5,854
Pension costs (defined contribution scheme)	3,812	2,683
Other employee benefits	-	-
Total staff costs	156,018	135,681

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year	Last year
£	£
-	-

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	6	6
Governance	-	-
Other	-	-
Total	7	7

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	This year £ -	Last year £ -
Total amount of payment		
The nature of the payment (cash, asset etc.)		
	This year £ -	Last year £ -
The extent of redundancy funding at the balance sheet date		
Please state the accounting policy for any redundancy or termination payments		

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	3,812	2,683

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	all contributions relate to restricted activities
--	---

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	

Section C	Notes to the accounts	(cont)
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Note 13 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter “Nil” if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	Yes	<i>Please provide details of charity's URL.</i>
	No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs £	Total £
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	Please provide details of charity's URL.
No	Provide details below

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Section C	Notes to the accounts	(cont)
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Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 15 Intangible assets*Please complete this note if the charity has any intangible assets***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy*Please disclose the accounting policy for intangible fixed assets including:**Reasons for choosing amortisation rates**Policies for the recognition of any capital development*

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C	Notes to the accounts	(cont)
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Note 16 Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.		
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.		

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance
** Rate						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This year	Last year

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

This year	Last year

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Last year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
Total	-	-

Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
Total	-	-

Terms and conditions eg interest rate, security provided

This year	Last year

Value of any concessionary loans which have been committed but not taken up at the reporting date

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Amounts payable within 1 year

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Amounts payable after more than 1 year

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Amounts receivable within 1 year

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Amounts receivable after more than 1 year

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17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

This year	Last year

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

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Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

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Section C**Notes to the accounts****(cont)****Note 18****Stocks**

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

This year	Last year
£	£

Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period

Amounts added in current period

Amounts released to income from previous periods

Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:

	This year	Last year
- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;		
- an indication of the uncertainties about the amount or timing of those outflows; and		
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.		

	This year	Last year
21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).		

	This year	Last year
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.		

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.	This year	Last year
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.		

Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect

Last year

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement		
Where it is not practical to make one or more of these disclosures, please state this fact		

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
1,293,887	-
-	-
1,293,887	-

Note 25 **Fair value of assets and liabilities**

	This year	Last year
25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.		
25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.		

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**
Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event		
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made		

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	185,859	238,970	- 164,663	-	-	260,165
Development Restricted Fund	R	Development	8,540	-	-	-	-	8,540
Building Restricted Fund	R	Building	300,000	700,000	-	-	-	1,000,000
General Fund	U	No restrictions	9,761	38,420	- 25,023	-	-	23,158
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			504,159	977,390	- 189,685	-	-	1,291,864

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	125,331	190,241	- 129,713	-	-	185,859
Development Restricted Fund	R	Development	9,500	15,000	- 15,960	-	-	8,540
Building Restricted Fund	R	Building	-	300,000	-	-	-	300,000
General Fund	U	No restrictions	12,665	15,942	- 18,846	-	-	9,761
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			147,496	521,183	- 164,520	-	-	504,159

Note 27 **Charity funds (cont)**

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
Dr Richard Colbrook		13,180	-	-	-	13,180
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

FALSE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
Dr Richard Colbrook		3,750	-	-	-	3,750
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

for fundraising work done

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

FALSE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	241	140
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	241	140

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

1

1

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Independent Examiner's Report to the Trustees of Flourishing Families Leeds

I report to the trustees on my examination of the accounts of Flourishing Families Leeds (the Charity) for the year ended 31 August 2023. Flourishing Families Leeds is a Charitable Incorporated Organisation, entered on the Register of Charities on 15 February 2017 (registered charity number: 1171626).

Responsibilities and Basis of the Report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Nicola Clare Elizabeth Longmore
Member of the Association of Accounting Technicians
Address: 46 Reedmace Road, Bicester, Oxon, OX26 3WW
Date: 23 April 2024

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2021		31	August	2022

Section A Reference and administration details

Charity name

Flourishing Families Leeds

Other names charity is known by

Registered charity number (if any) 1171626

Charity's principal address

12 Helmsley Drive

Leeds

Postcode

LS16 5HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Colbrook	Chair		
2	David Wong	Secretary		
3	Claire Wong			
4	Esther Aguirre Bernal			
5	Mark Eley			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by the trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are, for the public benefit,

1.1 the promotion of social inclusion in accordance with Christian values among (but without limitation) children, young people and families living in Leeds and elsewhere in the UK who are socially isolated on the grounds of their social position, economic position or communication barriers including by providing:

1.1.1. opportunities to participate in mentoring, recreation, outdoor pursuits, environmental studies, sport, music,

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

	arts and crafts; 1.1.2. emotional, befriending and practical support to parents, guardians, carers and for those isolated by having English as an additional language; and 1.1.3. education and training in literacy, numeracy, communication and vocational skills; and 1.2 the relief of persons who are in need by reason of financial hardship, ill-health, unemployment and such other economic or social disadvantage.
	The trustees of Flourishing Families Leeds have had regard to the guidance issued by the Charity Commission on public benefit when overseeing all of the activities of the charity. We believe that every family deserves to flourish and are therefore dedicated to bringing down the barriers which will hinder flourishing. Our vision is to see children growing in confidence and fulfilling their potential, parents well supported and whole families equipped to connect well with each other and the community. We are passionate about helping children and families overcome challenges, painting a brighter horizon for their futures together. We work in areas of the city ranked amongst the most deprived 1% to 5% nationally, partnering with local primary schools, Social Care and other organisations who help us focus on supporting children most at risk from deprivation, inter-generational poverty and social isolation. We ensure that all our beneficiaries play an active part in decision-making and shaping activities so that projects are things that we do together rather than events that are organised ‘for them’. We believe that this approach is an integral part of children and adults growing in confidence and self-esteem. We: • Address the challenges of poor nutrition and diet, obesity and food poverty by running family cookery clubs in partnership with local residents, primary schools and Social Care. • Take on the challenge of low literacy levels in families through our fun and engaging Story Tellers Clubs. • Help to tackle the challenges faced by primary school-aged children caused by invisible barriers to educational engagement such as low confidence and poor personal, social and emotional development, through activity-based mentoring. • Meet many of the wellbeing needs for parents and carers. • Increase social cohesion and integration by providing free English classes taught by a team of professionally qualified English as an Additional Language teachers. • Coordinate all the above activities into a holistic approach that tackles these root issues, which can be tailored to the challenges faced by individual children and families.

Summary of the main achievements of the charity during the year

We reported last year that the journey through the pandemic had been much longer and harder than expected for the families we support and for all of us. Inequalities had been exposed and amplified by the pandemic and the poor were poorer. There is much work to do in our city. Fortunately, we were also able to report that it had been a game-changing year for Flourishing Families Leeds, and we had continued to grow to support more families than ever before.

The start of our 2021-22 financial year in September 2021 saw schools beginning to reopen to parents and carers and a move back to in-person activities. However, the deep impact of the pandemic lingered in the lives of many of those we supported. Though out the year we encountered the highest levels of anxiety and poor emotional well-being in children that we have witnessed. We therefore took the decision to respond in as strong and positive way by redesigning our **Activity-Based Mentoring** to focus on Social and Emotional Learning (SEL). Social and Emotional Learning is the process through which all children and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions, achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions. It is key for well-being but is sadly often lacking in deprived communities. We developed a series of effective SEL sessions for mentoring and a handbook (illustrated by one of our interns). The handbook proved to be very effective in helping children to remember what they had learnt and continue to put it into practice.

We were able to move from online **Family Cookery Clubs** and restart some in-person cookery clubs. The online cookery which we ran during the pandemic had yielded the best results we had achieved with 100% of families regularly repeating recipes and therefore changing their diets. We are delighted to report that the 100% repeatability continued with in-person groups meaning that every family was using our recipes at home and diets were being improved. In addition, one of our interns was a Food Science and Nutrition student at the University of Leeds and he developed our nutritional education sessions. These focus on a fun approach which engages children and thereby draws in the parents/carers as well.

Our **Story Tellers** groups are designed for families to build confidence in their literacy skills, have time and space to enjoy reading together and to spend quality time together building strong family ties. During lockdown we had run our Story Tellers Online Project in which we distributed story bags to families in some of the most deprived areas of Leeds. By September 2021, Covid restrictions were easing so Story Tellers was adapted further. We had run in-person Story Tellers in parks during the Spring of 2021 and we used this approach to ease families back into schools by taking the outdoor format into the school hall, with picnic blankets for each family. This then led to us being able to restart our full Story Tellers groups in schools. The results were outstanding, with 100% of parents stating that in-person (in-school) Story Tellers helped them read more together as a family and 100% of parents stating that they would replicate activities from Story Tellers at home.

We do all our activities because we want to make an impact and positively change the lives of children, parents and carers. But, as well as impact, there are two other 'i' words which are important to us: influence and inspire. We're primarily a grassroots charity seeking to make a real difference on the ground where it counts. However, we also want to influence change from the top down by helping those in positions of

government to really understand what poverty is like and why it occurs. That's why we were excited to work with Leeds City Council, running a family cookery club in a community centre. We also want to inspire! The reason our projects work so well is that we are always looking for simple, grassroots answers to the challenges faced by families. This approach is reproduceable, and our dream is to see other Flourishing Families in other cities. So, we want to inspire young leaders and help them see that their lives can really count in making a difference for others. Our first ever internship programme last financial year was a real success and so we took on three new interns. Two were undergraduates using this year as a placement year as part of their degree, whilst the third was a graduate in Fine Art. The interns made significant contributions to our work throughout the year, including developing curriculums which focused on learning outcomes for Social and Emotional Learning, family nutritional education and food budgeting.

All of us have been affected by the rapid increase in the cost of living. Families that we support have been hit particularly hard. Our cookery clubs increasingly focused on providing families with the skills to prepare healthy meals on a budget and one of the clubs featured on national TV as part of Channel 4's Steph's Packed Lunch. The programme regularly included recipes for families and, as a result of our Food of a Fiver initiative being aired, decided that all future recipes must feed a family of four for £5 or less. Celebrity Chef, Simon Rimmer, presented part of the programme and kindly described the effectiveness of our work as "off the scale".

The generous support of Tall, a local digital marketing company, enabled us to rebrand, launch a new website and take further steps to becoming a city-wide charity. They were supported by Powerhouse Photography who took the photographs for the new website. Partnerships like these have always been key to our ethos. Flourishing Families was started by a group of local residents coming together to tackle some of the most challenging roots of poverty. We work in partnership with local residents, primary schools, Social Care and other organisations to support families at risk from deprivation, inter-generational poverty and social isolation. Our beneficiaries play an active part in decision-making, shaping activities and leading groups. We were also able to enter into a new formal partnership with the University of Leeds as part of the H3 (Healthy Soil, Healthy Food, Healthy People) Project spread across 14 universities. The work with the University will focus on strategies to improve diet in low socio-economic status populations.

Our growth to become a city-wide charity took another significant step forward with our management committee agreeing to launch a building fund with the ambitious aim of raising £1M. This will enable us to purchase our own premises to act as a base from which we can work into deprived communities across the city. We are delighted to report that we have received our first donation of £300,000 and are immensely grateful to the charitable trust who made this extremely generous donation.

Our trustees have been further strengthened this year with Mark Eley joining our team. He has extensive experience both in the third sector and in working with families, youth and children. He is already making hugely valuable contributions to Flourishing Families.

We are so very grateful to all our supporters, staff and army of volunteers as we look back over the last year. We are especially grateful to the growing number of charitable trusts and individuals who have chosen to invest in the work that we do and partner with us. Their vision and generosity have enabled us to grow into one of the significant family-focused charities in Leeds. We have directly supported more people than

ever before, enlarged the geographical spread of our provision, seen our income increase to £221,000 (excluding the donation for the building) and moved to an operational structure which will enable us to grow to become a city-wide charity.

We would like to conclude this summary by thanking our supporters, volunteers and staff. Like, us, they believe that every family deserves to flourish because every person matters. Thank you – we couldn't do it without you alongside.

Section E Financial review

Brief statement of the charity's policy on reserves

Flourishing Families Leeds was started in February 2017. The trustees aim to hold sufficient reserves in the charity to cover 3 months of typical running costs for the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

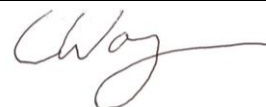
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Richard Colbrook

Claire Rachel Wong

Position (eg Secretary, Chair, etc)

Chair of Trustees

Trustee

Date

05/02/2023

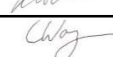


Flourishing Families Leeds			Charity No (if any)	1171626	
Annual accounts for the period					
Period start date	01/09/2021	To	Period end date	31/08/2022	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	15,456	505,241	-	520,697	139,639
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	486	-	-	486	512
Separate material item of income	S05	-	-	-	-	18,267
Other	S06	-	-	-	-	-
Total	S07	15,942	505,241	-	521,183	158,418
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	10,559	-	-	10,559	5,416
Charitable activities	S09	2,821	145,673	-	148,495	125,081
Separate material item of expense	S10	-	-	-	-	-
Other	S11	5,466	-	-	5,466	3,598
Total	S12	18,846	145,673	-	164,520	134,095
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	- 2,904	359,568	-	356,663	24,323
	S14	-	-	-	-	-
Net income/(expenditure) Extraordinary items	S15	- 2,904	359,568	-	356,663	24,323
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 2,904	359,568	-	356,663	24,323
Reconciliation of funds:						
Total funds brought forward	S21	12,666	134,831	-	147,497	123,173
Total funds carried forward	S22	9,760	494,399	-	504,159	147,496

Section B Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year	
			£	£	£	£		
			F01	F02	F03	F04	F05	
Fixed assets								
Intangible assets	(Note 15)	B01	-	-	-	-	-	
Tangible assets	(Note 14)	B02	-	-	-	-	-	
Heritage assets	(Note 16)	B03	-	-	-	-	-	
Investments	(Note 17)	B04	-	-	-	-	-	
Total fixed assets		B05	-	-	-	-	-	
Current assets								
Stocks	(Note 18)	B06	-	-	-	-	-	
Debtors	(Note 19)	B07	-	-	-	-	-	
Investments	(Note 17.4)	B08	-	-	-	-	-	
Cash at bank and in hand	(Note 24)	B09	9,761	494,399	-	504,159	147,496	
Total current assets		B10	9,761	494,399	-	504,159	147,496	
Creditors: amounts falling due within one year								
(Note 20)		B11	-	-	-	-	-	
Net current assets/(liabilities)		B12	9,761	494,399	-	504,159	147,496	
Total assets less current liabilities								
		B13	9,761	494,399	-	504,159	147,496	
Creditors: amounts falling due after one year								
(Note 20)		B14	-	-	-	-	-	
Provisions for liabilities								
		B15	-	-	-	-	-	
Total net assets or liabilities								
		B16	9,761	494,399	-	504,159	147,496	
Funds of the Charity								
Endowment funds	(Note 27)	B17	-			-	-	
Restricted income funds	(Note 27)	B18		494,399		494,399	134,831	
Unrestricted funds		B19	9,760		-	9,760	12,666	
Revaluation reserve		B20				-		
Total funds		B21	9,760	494,399	-	504,159	147,497	
Signed by one or two trustees on behalf of all the trustees			Signature			Print Name	Date of approval dd/mm/yyyy	
						Richard Colbrook	05/02/2023	
						Claire Wong	05/02/2023	

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Disclosure of any uncertainties that make the going concern assumption doubtful;

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

--

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated		
Adjustments:		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as restated _____

(cont)

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - it is more likely than not that the trustees will receive the resources; and - the monetary value can be measured with sufficient reliability.	Yes ☒	No ☒	N/a ☒
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes ☒	No ☒	N/a ☒
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes ☒	No ☒	N/a ☒
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes ☒	No ☒	N/a ☒
Government grants	The charity has received government grants in the reporting period	Yes ☒	No ☒	N/a ☒
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes ☒	No ☒	N/a ☒
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes ☒	No ☒	N/a ☒
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so. The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution. Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'. Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable. Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes ☒	No ☒	N/a ☒
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes ☒	No ☒	N/a ☒
Support costs	The charity has incurred expenditure on support costs.	Yes ☒	No ☒	N/a ☒
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes ☒	No ☒	N/a ☒
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes ☒	No ☒	N/a ☒
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies. Membership subscriptions which gives a member the right to buy services or other	Yes ☒	No ☒	N/a ☒

	benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> </table>	✓	✓	✓			
✓	✓	✓						
2.3 EXPENDITURE AND LIABILITIES								
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Deferred income	No material item of deferred income has been included in the accounts.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
2.4 ASSETS								
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> </table>	✓	✓	✓			
✓	✓	✓						
Intangible fixed assets	The depreciation rates and methods used are disclosed in note 9.2.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a
✓	✓	✓						
Yes	No	N/a						

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		☒	☒	☒
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		☒	☒	☒
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		☒	☒	☒

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE	
---	--

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
	Analysis					
Donations and legacies:	Donations and gifts	2,318	-	-	2,318	877
	Gift Aid	112	-	-	112	39
	Legacies	-	-	-	-	-
	Unrestricted grants provided by government/other charities	13,026	-	-	13,026	11,000
	Restricted grants provided by government/other charities for projects	-	189,725	-	189,725	112,278
	Restricted grants provided by government/other charities for development	-	15,000	-	15,000	15,000
	Restricted grants provided by government/other charities for a building	-	300,000	-	300,000	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	516	-	516	444
	Total	15,456	505,241	-	520,697	139,639
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	486	-	-	486	512
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	486	-	-	486	512
Separate material item of income:	Coronavirus Job Retention Scheme	-	-	-	-	18,267
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	18,267
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		15,942	505,241	-	521,183	158,418

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

--

Note 4 Analysis of receipts of government grants

	Description	This year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	Description	Last year £
Government grant 1		-
Government grant 2		-
Government grant 3		-
Other		-
	Total	-

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>		

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>		

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.		
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.		
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.		

Section C

Notes to the accounts

(cont)

Note 6

Analysis of expenditure

This year

Last year

Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
				£				£
Expenditure on raising funds:								
Incurred seeking donations	-	-	-	-	-	-	-	-
Incurred seeking legacies	-	-	-	-	-	-	-	-
Management and fundraising fees	6,540	-	-	6,540	5,400	-	-	5,400
Fundraising events and travel costs	269	-	-	269	16	-	-	16
Fundraising wages	3,750	-	-	3,750	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	10,559	-	-	10,559	5,416	-	-	5,416

Expenditure on charitable activities:

Staff costs	-	131,931	-	131,931	-	108,101	-	108,101
Staff Travel and Expenses	-	3,515	-	3,515	-	2,333	-	2,333
Staff Training and Development	328	144	-	472	295	-	-	295
Volunteer Recruitment, Training and Travel	345	-	-	345	162	-	-	162
Mentoring Clubs Materials	-	636	-	636	-	637	-	637
Cookery Club Ingredients	-	4,356	-	4,356	-	6,363	-	6,363
Cookery Club Equipment	-	1,954	-	1,954	-	441	-	441
Art and Soul	-	131	-	131	-	634	-	634
Other Projects	-	345	-	345	7	642	-	649
Family Literacy Projects	-	743	-	743	-	2,900	-	2,900
Community Events	1,062	-	-	1,062	368	-	-	368
Hardship Fund	349	1,335	-	1,684	219	1,979	-	2,198
Room Hire	738	582	-	1,320	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total expenditure on charitable activities	2,821	145,673	-	148,495	1,051	124,030	-	125,081

Separate material item of expense

	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Other

Stationery, postage, printing	407	-	-	407	661	-	-	661
Publicity and website	170	-	-	170	245	-	-	245
Audit, Bank Charges & Accounting Fees	100	-	-	100	-	-	-	-
DBS Registration and checks	648	-	-	648	319	-	-	319
Admin and insurance	2,730	-	-	2,730	-	-	-	-
IT Software and Hardware	1,410	-	-	1,410	2,373	-	-	2,373
	-	-	-	-	-	-	-	-
Total other expenditure	5,466	-	-	5,466	3,598	-	-	3,598
TOTAL EXPENDITURE	18,846	145,673	-	164,520	10,065	124,030	-	134,095

Other information:

Analysis of expenditure on charitable activities

This year	Last year
-----------	-----------

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities	Support Costs	Total last year
	£	£	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-
Total	-	-	-	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C

Notes to the accounts

Note 8

Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

This year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Last year

Support cost (examples)	Raising funds	Activity 1	Activity 2	Activity 3	Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Other	-	-	-	-	-	
Total	-	-	-	-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C	Notes to the accounts
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Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 11 **Paid employees**
Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	127,144	102,912
Social security costs	5,854	2,683
Pension costs (defined contribution scheme)	2,683	2,507
Other employee benefits	-	-
Total staff costs	135,681	108,101

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year	Last year
£	£
-	-

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	-
Charitable Activities	6	5
Governance	-	-
Other	-	-
Total	7	5

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£	£
-	-

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£	£
-	-

Please state the accounting policy for any redundancy or termination payments

--	--

Section C**Notes to the accounts****(cont)**

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	2,683	2,507

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

all contributions relate to restricted activities

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

Section C	Notes to the accounts	(cont)
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Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

This year:

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	Yes	<i>Please provide details of charity's URL.</i>
	No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Last year:

13.3 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs £	Total £
Activity or project 1	-	-	-	-
Activity or project 2	-	-	-	-
Activity or project 3	-	-	-	-
Activity or project 4	-	-	-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.4 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	Please provide details of charity's URL.
No	Provide details below

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Section C**Notes to the accounts****(cont)****Note 14 Tangible fixed assets***Please complete this note if the charity has any tangible fixed assets***14.1 Cost or valuation**

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate					
At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Note 15 Intangible assets*Please complete this note if the charity has any intangible assets***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Net book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy*Please disclose the accounting policy for intangible fixed assets including:**Reasons for choosing amortisation rates**Policies for the recognition of any capital development*

15.5 Impairment

This year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year:

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

(v) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

(vi) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C	Notes to the accounts	(cont)
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Note 16 Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

	This year	Last year
(i) Explain the nature and scale of heritage assets held.		
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.		

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis						Straight Line ("SL") or Reducing Balance
** Rate						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

This year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

Last year

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

This year	Last year

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

This year	Last year

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

This year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Last year:

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

	This year	Last year
(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity		
(ii) Name or independent valuer, if applicable, and relevant qualifications		
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds		
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements		

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

	This year	Last year
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

	This year	Last year
Please provide details and amount of any guarantee made to or on behalf of a third party		
Name of the entity or entities benefitting from those guarantees		
Please explain how the guarantee furthers the charity's aims		

17.6 Concessionary loans

Amount of concessionary loans made (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
	-	-
Total	-	-

Amount of concessionary loans received (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £	Last year £
	-	-
	-	-
	-	-
Total	-	-

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

This year	Last year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

This year	Last year

Section C
Notes to the accounts
(cont)
Note 18
Stocks

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

This year	Last year
£	£

Section C	Notes to the accounts	(cont)
------------------	------------------------------	---------------

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year £	Last year £
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 20****Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Section C**Notes to the accounts****(cont)****Note 21 Provisions for liabilities and charges**

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.2 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;

- an indication of the uncertainties about the amount or timing of those outflows; and

- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

This year	Last year

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

This year	Last year

21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

--	--

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

This year	Last year

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.

--	--

Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

This year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

Last year

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

This year

Description of item	Estimate of financial effect

Last year

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

	This year	Last year
Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement		
Where it is not practical to make one or more of these disclosures, please state this fact		

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
504,159	147,496
-	-
504,159	147,496

Section C	Notes to the accounts	(cont)
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Note 25 Fair value of assets and liabilities

	This year	Last year
25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.		
25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.		

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**
Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event		
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made		

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Projects Restricted Fund	R	Projects	125,331	190,241	- 129,713	-	-	185,859
Development Restricted Fund	R	Development	9,500	15,000	- 15,960	-	-	8,540
Building Restricted Fund	R	Building	-	300,000	-	-	-	300,000
General Fund	U	No restrictions	12,665	15,942	- 18,846	-	-	9,761
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			147,496	521,183	- 164,520	-	-	504,159

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Note 27 **Charity funds (cont)**

27.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

For any related party, please provide details of any guarantees given or received.

--

Last year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Independent Examiner's Report to the Trustees of Flourishing Families Leeds

I report to the trustees on my examination of the accounts of Flourishing Families Leeds (the Charity) for the year ended 31 August 2022. Flourishing Families Leeds is a Charitable Incorporated Organisation, entered on the Register of Charities on 15 February 2017 (registered charity number: 1171626).

Responsibilities and Basis of the Report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

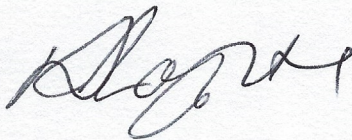
Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Nicola Clare Elizabeth Longmore
Member of the Association of Accounting Technicians
Address: 46 Reedmace Road, Bicester, Oxon, OX26 3WW
Date: 23 February 2023

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2020		31	August	2021

Section A Reference and administration details

Charity name

Flourishing Families Leeds

Other names charity is known by

Registered charity number (if any) 1171626

Charity's principal address

12 Helmsley Drive

Leeds

Postcode

LS16 5HY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Colbrook	Chair		
2	David Wong	Secretary		
3	Claire Wong			
4	Esther Aguirre Bernal			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
None	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by the trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Objects of the CIO are, for the public benefit,

1.1 the promotion of social inclusion in accordance with Christian values among (but without limitation) children, young people and families living in Leeds and elsewhere in the UK who are socially isolated on the grounds of their social position, economic position or communication barriers including by providing:

1.1.1. opportunities to participate in mentoring, recreation, outdoor pursuits, environmental studies, sport, music,

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

	arts and crafts; 1.1.2. emotional, befriending and practical support to parents, guardians, carers and for those isolated by having English as an additional language; and 1.1.3. education and training in literacy, numeracy, communication and vocational skills; and 1.2 the relief of persons who are in need by reason of financial hardship, ill-health, unemployment and such other economic or social disadvantage.
	The trustees of Flourishing Families Leeds have had regard to the guidance issued by the Charity Commission on public benefit when overseeing all of the activities of the charity. Flourishing Families Leeds is dedicated to helping families flourish by bringing down the barriers which will hinder flourishing. Our vision is to see children growing in confidence and fulfilling their potential, parents well supported and whole families equipped to connect well with each other and the community. We are passionate about helping children and families overcome challenges, painting a brighter horizon for their futures together. We work in areas of the city ranked amongst the most deprived 1% to 5% nationally, partnering with local primary schools, Social Care and other organisations who help us focus on supporting children most at risk from deprivation, inter-generational poverty and social isolation. We ensure that all our beneficiaries play an active part in decision-making and shaping activities so that projects are things that we do together rather than events that are organised 'for them'. We believe that this approach is an integral part of children and adults growing in confidence and self-esteem. We: • Address the challenge of poor nutrition, obesity and poor diet and food poverty by running family cookery clubs in partnership with local residents, primary schools and Social Care. • Take on the challenge of low literacy levels in families through our fun and engaging Story Tellers Clubs. • Help to tackle the challenges faced by primary school-aged children caused by invisible barriers to educational engagement such as low confidence and poor personal, social and emotional development, through activity-based mentoring. • Improve low levels of financial literacy through an engaging programme of financial mentoring for children. • Meet many of the support needs for parents and carers through our Art and Soul groups • Increase social cohesion and integration by providing free English classes taught by a team of professionally qualified English as an Additional Language teachers. • Coordinate all the above activities into a holistic approach that tackles these root issues, which can be tailored to the challenges faced by individual children and families.

Summary of the main achievements of the charity during the year

We reported last year that Flourishing Families Leeds had continued to grow despite the COVID-19 pandemic and the lockdown beginning in March 2020. The focus for the remainder of that financial year through to the summer of 2020 moved away from school-based projects which could no longer operate to the feeding of families most in need.

The start of our 2020-21 financial year in September 2020 saw schools returning and we were able to resume some in-school mentoring groups but COVID restrictions prevented parents from entering schools so other activities could not restart in a face-to-face format. Adaptability has always been important to us but it has become the essential quality over the last eighteen months. We were able to respond rapidly and flexibly through adjustments and innovations on an ongoing basis and this resulted in us surpassing all of our project targets and continue to grow with more people directly benefiting from our work than ever before.

With schools reopening, we redesigned our mentoring groups to meet the needs of children returning after an absence of nearly 6 months. Supporting families through conversations during doorstep deliveries during the first lockdown and liaising with school family support workers meant that we knew parents and children were anxious and, in some cases, refusing to return to school. We responded by designing our Voyagers Mentoring Groups. This was a six-week programme of group mentoring sessions which focussed on helping children specifically at this challenging time. Sessions were craft and activity based and the atmosphere was fun and relaxed. The groups proved to be very popular and we were able to offer these groups to an increasing number of primary schools.

Family Cookery Clubs were not able to run in schools as normal, so we adapted them into online clubs which combined the activity with a friendly doorstep visit to each family. Every week we delivered a bag of ingredients for a healthy main meal plus recipe cards. To enable families to easily cook together at home, we then posted video tutorials (initially on Facebook before we then launched our own YouTube channel). We had an extremely positive response from parents, many of whom have told us just what a lifeline it has been for them. One particularly important result from our ongoing monitoring and evaluation was that 100% of families taking part in online cookery clubs said that they were regularly repeating our recipes. This was a particularly encouraging result as it means we are able to help families change their diets in an on-going way to ones which are healthy, nutritious and affordable, meaning that poor diet, childhood obesity and food poverty can all be countered. The online cookery with cooking at home also allows families to adapt and personalise recipes which we believe is one of the reasons for such a high repeat level.

Story Tellers normally works in partnership with local Primary schools to support Key Stage 1 children and their parents with their literacy skills. Usually, this takes place with story books, phonics crafts and games and using E-books. However, it was not possible to implement this in schools due to the restrictions. So, we also took Story Tellers online and then, in the warmer months, launched Open Air Story Tellers in local parks. Families participating online received a free Story Bag (with story books and crafts) delivered weekly to their doorstep, with the aim of providing a fun and engaging way for families to enjoy reading and exploring books together at home. We also created online videos, with a weekly 'Story Time' and craft tutorial – this guided the families through the Story Bags. We found that this approach not only allowed us to maintain a high level of family support but also provided more space for families to build

confidence in their literacy skills. The online Story Tellers groups opened a door for us to build even stronger links with families and learn more about the struggles many are facing with literacy. It led to us piloting an online library project and also beginning to explore how we can offer more focused literacy support for parents and carers.

Another highlight in the year was the re-launching Art and Soul, our parent and carer support group. We were then able to meet safely using in-person groups some of the time, with a particular focus on improving well-being and countering anxiety and loneliness. Groups also met successfully on Zoom.

Despite the challenges of the pandemic, we have been able to begin to develop ways of coordinating the different parts of our work to enable us to tailor our support to meet the challenges faced by individual children and families. This was primarily achieved by working closely with the family support teams in schools, through talking to families (particularly when delivering to their homes) and by specific team meetings focused on some individual families.

Over the year we saw more than 400 stories read in our family literacy groups and delivered well over 1,000 family meal packs. It was a demanding but hugely rewarding year, as we have witnessed at the sharp end both the devastating effects of the pandemic on the poor and the life-transforming difference that our work has made to hundreds and hundreds of families. The BBC reported in the summer of 2021 that 420,000 more children are on free school meals since the start of the first lockdown, meaning that over 1 in 5 children in England are now on free school meals and effectively facing some level of food poverty. The journey through the pandemic has been much longer and harder than many of us ever imagined. Inequalities have been exposed and amplified by the pandemic and, as we look ahead, we know that the poor are poorer and there is much work to do in our city.

We are so very grateful to all our supporters, staff and army of volunteers as we look back over the last year. We are especially grateful to the growing number of charitable trusts and individuals who have chosen to invest in the work that we do and partner with us. Their vision and generosity have enabled us to grow into one of the significant family-focused charities in Leeds. We have directly supported more people than ever before, launched and run a successful graduate internship programme, enlarged the geographical spread of our provision to include more of West and the Southwest Leeds, seen our income increase to £150,000 whilst maintaining our low cost, grassroots approach and begun to move to an operational structure which will enable us to grow to become a city-wide charity. There's also the 100% repeatability result from our online family cookery, the sustainable solution our cookery clubs offer to beat food poverty, the success of Story Tellers, the opportunity to address adult literacy levels, our mentoring meeting such vital needs at present and our growing partnerships across the city. We are therefore very excited about the future. One senior social worker, looking at a snapshot of our work and results, summed it up by saying, "Talk about an organisation doing the right stuff at the right time in the right place!"

Despite all of the challenges, 2020/21 has been a breakthrough game-changing year for us and we intend to build on it to see similar game-changing breakthroughs in the lives of an ever-increasing number of Leeds families.

Section E Financial review

Brief statement of the charity's policy on reserves

Flourishing Families Leeds was started in February 2017. The trustees aim to hold sufficient reserves in the charity to cover 3 months of typical running costs for the charity.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

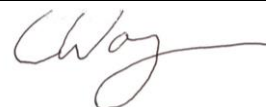
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Richard Colbrook

Claire Rachel Wong

Position (eg Secretary, Chair, etc)

Chair of Trustees

Trustee

Date

13/02/2022

Accounts for Flourishing Families Leeds

For the year ending 31 August 2021
Registered Charity Number: 1171626

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Receipts and Payments

	Total Sep-21	Restricted Sep-21	Unrestricted Sep-21	Last Year Sep-20
Opening Balance	123,173	112,872	10,301	45,885
Account	2021	2021	2021	2020
Receipts				
Donated by Charitable Trusts	138,278	127,278	11,000	142,688
Fees for Cookery Club	444	444		184
Personal giving (unrestricted) and gift aid	917		917	440
Bank Interest	512		512	48
Furlough Grant	18,267	18,267		21,926
Total Receipts for Year	158,418	145,989	12,429	165,286
Total Receipts including opening balance	281,591	258,861	22,730	211,171
Payments				
Staff Costs (salaries, Employer NI, pensions)	108,101	108,101		71,829
Staff Travel and Expenses	2,333	2,333		1,367
Staff Training and Development	295		295	20
Volunteer Recruitment and Training	162		162	431
Volunteer Travel Expenses	0	0		49
Material for English Conversation Classes	0	0		85
English meet up	0	0		84
Refreshments for English Conversation Classes	0	0		68
Mentoring Clubs Materials	637	637		1,111
Cookery Club Ingredients	6,363	6,363		1,797
Cookery Club Equipment	441	441		528
Art and Soul	634	634		23
Parent and Family Support	7		7	35
Creators' Clubs	642	642		166
Story Tellers	2,900	2,900		2,318
Parent and Toddler Group	0		0	53
Community Events	368		368	170
Stationery, postage, printing	702		702	350
Publicity and website	245		245	86
Audit, Bank Charges & Accounting Fees	1		1	0
DBS Registration and checks	319		319	343
Hardship Fund	219		219	30
Management, admin, insurance and fundraising	5,374		5,374	4,861
IT Software and Hardware	2,373		2,373	728
Coronavirus response	1,979	1,979		1,466
Total Payments	134,095	124,030	10,065	87,998
Surplus / Closing Balance	147,496	134,831	12,665	123,173

Accounts for Flourishing Families Leeds

For the year ending 31 August 2021
Registered Charity Number: 1171626

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Statement of Assets and Liabilities

At the end of the accounting period, Flourishing Families Leeds owned the following assets:

Assets	Value
Cash Funds (Restricted)	134,831
Cash Funds (Unrestricted)	12,665
3 Laptops	960
Cookery Equipment	816
Craft and Art Materials and Equipment	210
Total Value of Assets	149,482

Liabilities

Flourishing Families Leeds had no liabilities at the end of the accounting period

In accordance with the Charitable Incorporated Organisations (General) Regulations 2012, the trustees of Flourishing Families Leeds can confirm that:

- a) no guarantees have been given by the Flourishing Families Leeds CIO during the accounting period and therefore there is no potential liability under any guarantee that is outstanding at the date of the statement of assets and liabilities; and
- b) there are no debts outstanding at the date of the statement of assets and liabilities which are owed by the CIO and which are secured by an express charge on any of the assets of the CIO.

Signed on behalf of the trustees of Flourishing Families Leeds:



Dr Richard Colbrook
13 February 2022



Mrs Claire Rachel Wong
13 February 2022

Independent Examiner's Report to the Trustees of Flourishing Families Leeds

I report to the trustees on my examination of the accounts of Flourishing Families Leeds (the Charity) for the year ended 31 August 2021. Flourishing Families Leeds is a Charitable Incorporated Organisation, entered on the Register of Charities on 15 February 2017 (registered charity number: 1171626).

Responsibilities and Basis of the Report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

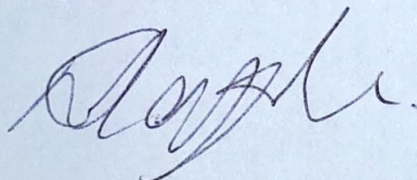
Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Nicola Clare Elizabeth Longmore
Member of the Association of Accounting Technicians
Address: 79 Pegasus Road, Oxford, OX4 6DT
Date: 22 February 2022