

GO DHARMIC

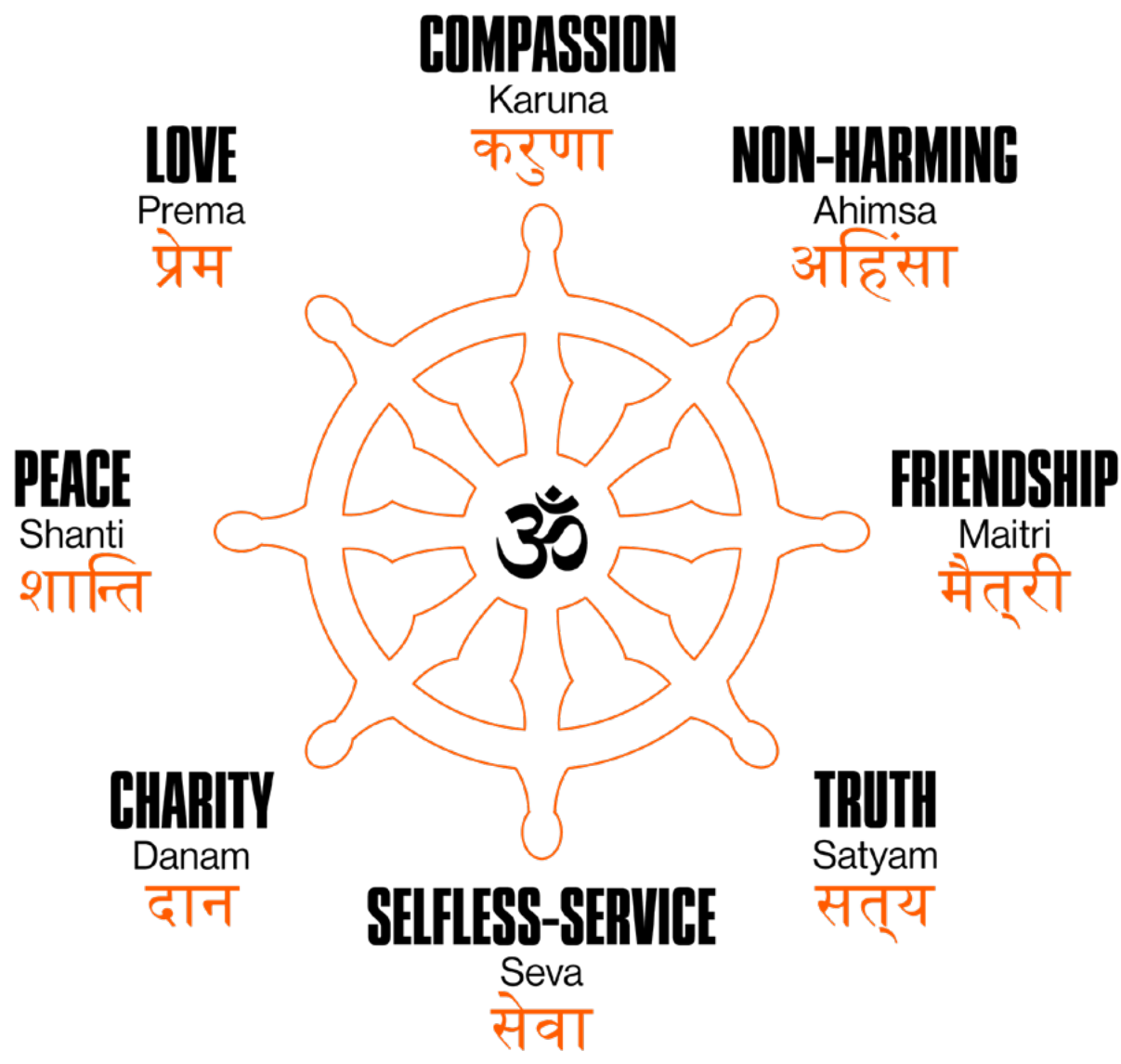
ANNUAL REPORT

01 April 2024 – 31 March 2025

Love All. Feed All. Serve All.

England and Wales Charity Number: **1171619**
Scotland Charity Number: **SC050775**





Reference and Administrative Information:
Offices and Registration

REGISTERED OFFICE UK	REGISTERED OFFICE SCOTLAND	CHARITY NUMBER
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Annual Report Declaration: The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2025 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year.

The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

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ABOUT GO DHARMIC

Go Dharmic Welfare UK is a registered Charitable Incorporated Organisation (CIO) dedicated to serving all living beings and our planet through acts of kindness, compassion, and love. Inspired by the ancient principles of **vasudhaiva kutumbakam**—"the world is one family"—and dharma, the universal principle guiding right action and social harmony, GoDharmic works tirelessly to alleviate suffering and foster global compassion through meaningful social action.

We work to extend our humanitarian efforts to all who need support, regardless of nationality, creed, or circumstance. Our initiatives include disaster relief, education, environmental protection, and social campaigns aligned with the 17 United Nations Sustainable Development Goals (SDGs). Powered by an incredible network of volunteers and staff, we create a culture of empathy, fostering compassion and a relentless drive to help others.

The Trustees continue to follow the Charity Commission's guidance on public benefit as we pursue our objectives. Go Dharmic is a forward-thinking, digital-first charity that unites people under the ethos to **Love All, Feed All, Serve All**. Through our app, local WhatsApp groups, social media, and other technology platforms, we connect individuals passionate about making a difference in their communities and beyond.

Our local groups, led by dedicated community leads, have the autonomy to identify and address local needs within Go Dharmic's guiding principles. This decentralised approach allows us to launch impactful campaigns tailored to specific areas, creating tangible change at the grassroots level.

From fighting poverty and promoting education to addressing environmental concerns, we act on the pressing issues of our time. Our food distribution programmes, a cornerstone of our outreach, embody our principles of love and compassion—bringing communities together to serve the most vulnerable.



MISSION

Our mission is rooted in love and compassion. At the heart of Sanatana Dharma is the call to **Love All, Serve All, and Feed All**. Whether in moments of peace or times of crisis, Go Dharmic serves as a beacon of hope, alleviating suffering wherever it arises.

We are a grassroots movement of individuals dedicated to selfless service, driven by the desire to make the world a kinder, more equitable place. Across towns and cities, Go Dharmic communities unite to express love and compassion through various social action initiatives. These efforts not only assist those in need but also extend to protecting animals and the environment.

The teachings of the **Mahabharata** remind us to uphold our dharma, to uphold our human purpose and dignity. Just as **King Yudhishthira** chose to care for a dog over entering heaven alone, we are committed to acts of service that reflect deep integrity and compassion for all beings.



A MESSAGE FROM GO DHARMIC

THE FOUNDER AND DIRECTOR

Namaste,

Go Dharmic is a movement rooted in the enduring principles of Sanatana Dharma and a profound commitment to **ahimsa** (the practice of non-harming). At its core, our mission is defined by action: the delivery of love, compassion, and selfless service to those who need it most. What began as a small group of volunteers distributing a few bananas has flourished into a global network of kindness, with over 10,000 people dedicated to creating a more compassionate world.

Our guiding motto, “**Love All, Feed All, Serve All,**” is far more than a philosophy; it is a call to mobilise. It serves as a constant reminder that meaningful change is possible when we unite with a shared purpose. Through selfless service, we have extended hope to communities across the globe: feeding the hungry, supporting education, responding to natural disasters, and addressing the critical need for environmental sustainability.

The heartbeat of Go Dharmic is our vibrant and expanding network of volunteers. Co-ordinated through hundreds of WhatsApp groups, this community functions as a rapid-response team, allowing us to adapt to challenges as they unfold. Whether responding to flooding in India, the cost-of-living crisis in the UK, or food insecurity in the USA, our volunteers mobilise with speed to meet the specific needs of the moment. This agile structure ensures that compassion reaches the frontline and it is the very essence of the “Go” in Go Dharmic.

Our work is defined by the spirit of collaboration. Through our global partnerships with organisations and communities across the UK, India, the USA, and beyond, we are building essential bridges of support. These alliances allow us to amplify our impact, whether we are managing large-scale food distributions, delivering vital supplies during emergencies, or developing long-term, sustainable solutions to protect our planet.

At the heart of our mission is the conviction that community and selfless service are the most powerful catalysts for transformation. By embracing the values of Sanatana Dharma, we strive to lead with love and unity, fostering harmony among all beings. Ahimsa remains our guiding light, encouraging us to reduce harm wherever possible, whether it be through spreading peace, or working to heal the environment.

As we reflect on our journey from humble beginnings to a global movement, we recognise how much more we can achieve together. Every act of kindness, however small, has the power to inspire change and bring light into the world.

With heartfelt gratitude to our volunteers, supporters, and partners, we remain dedicated to delivering **compassion in action**. By aligning our efforts with dharmic values, we aim to build a future where peace, kindness, and love form the foundation of all we do.

With love and gratitude,

HANUMAN DASS
FOUNDER AND DIRECTOR



A MESSAGE FROM THE CHAIR OF TRUSTEES

Namaste,

As we look back on the past twelve months, we reflect on what has been a remarkable year of compassion, kindness, and positive change. This progress was made possible by the unwavering support of our **Go Dharmic family**. Together, we have achieved incredible milestones, touching lives across the globe and spreading hope where it is needed most. It is with a heart full of gratitude that I share the progress of our collective journey.

This year, our mission to turn kindness into action reached new heights. We proudly served over **3.5 million meals**, ensuring that nourishment reached those facing the greatest hardship. Our commitment to the environment has been equally profound; we are now nurturing over **250,000 mangrove trees**. This vital effort not only won a prestigious environmental award but has also solidified our dedication to sustainability and the protection of our planet. By saving tonnes of food waste, we have successfully transformed what would have been discarded into life-sustaining opportunities.

Education remains at the very heart of our mission. This year, we supported over **10,000 children**, providing them with the tools and encouragement to unlock brighter futures. Our impact has also been felt on the global stage through our humanitarian relief efforts. From providing aid to those affected by the **floods in Valencia** to supporting families devastated by the **cyclone in Manipur**, Go Dharmic has been on the front lines of disaster relief, delivering essential meals and hope.

The spirit of our community was beautifully captured in our major events this year. We hosted the first-ever **Diwali Gala in Westminster**, raising over £40,000 through our charity auction, and united for world peace by chanting the **Hanuman Chalisa 108 times**. Furthermore, our **Human Kind Fundraiser** raised over £80,000, which is a testament to the generosity of our supporters.

Our work continues to develop through high-level advocacy and strategic partnerships. We were honoured to have the then **Prime Minister, Rishi Sunak**, recognise our impact and volunteer alongside us, and we have strengthened our ties with the **City of London Corporation**, including being the guest speakers at their Barbican Diwali event. We are also thrilled to announce a landmark **five-year partnership with the City Bridge Foundation**, which will significantly bolster our long-term capacity to serve.

As this transformative year comes to an end, I want to extend my deepest **gratitude to the Go Dharmic team**, who continue to show their unwavering commitment to the charity, and to you for engaging with and supporting us. I am grateful to our volunteers who dedicated thousands of hours, and our donors whose belief in our mission has made the last year a year of infinite possibility.

Thank you. Let us continue to walk this path together, guided by the values of love and selfless service.

Kindest Regards,

DIMPLE MISTRY
CHAIR OF TRUSTEES



PRINCIPLES

Go Dharmic's founder, Hanuman Dass, and Dr Nicholas Sutton, Professor at the Oxford Centre for Hindu Studies, formulated eight principles of Dharma grounded in sacred texts. They express the heart of Go Dharmic's mission and campaigns. These principles, as part of Sanatana Dharma, are applicable for every one of us, regardless of caste, creed, colour, nation; regardless of belief. It is these principles that will enable the flourishing of our world and we should make them the foundation of our lives.



Our Principles are our Call to Action:

PREMA. LOVE EVERYONE

"Love is the most powerful force for good in the world. It reflects the universal unity and oneness of all living beings, and that's what we at Go Dharmic represent. Dharma is love for all beings."

DANAM. GIVE CHARITY

"Giving your time and money to help others is to fulfil a higher purpose here on Earth. Charity is a real expression of compassion, not just in thoughts or words but in action."

SEVA. SERVE EVERYONE

"Selfless service for the community is a catalyst of change. We work at grass-roots level, supporting youth to help communities transform themselves into peaceful and actively engaged societies."

KARUNA. BE COMPASSIONATE

"To genuinely feel the suffering of other living beings is compassion. Our lives are filled with difficult choices and we have to look within our hearts. To choose Shreyas (good action) over Preyas (pleasurable action), and to recognise that we are all in this together, is compassion."

SATYAM. TELL THE TRUTH

"Truth is accepting reality as it is and acting with the highest level of accountability. Realising the truth that we are in a position to help and serve others is a step on the path of realising the love we have within us."

SHANTI. SPREAD PEACE

"If we cannot be peaceful, we cannot create the conditions for peace. We must have peace within ourselves as well as within our societies. Peace is cultivated through loving and caring for others."

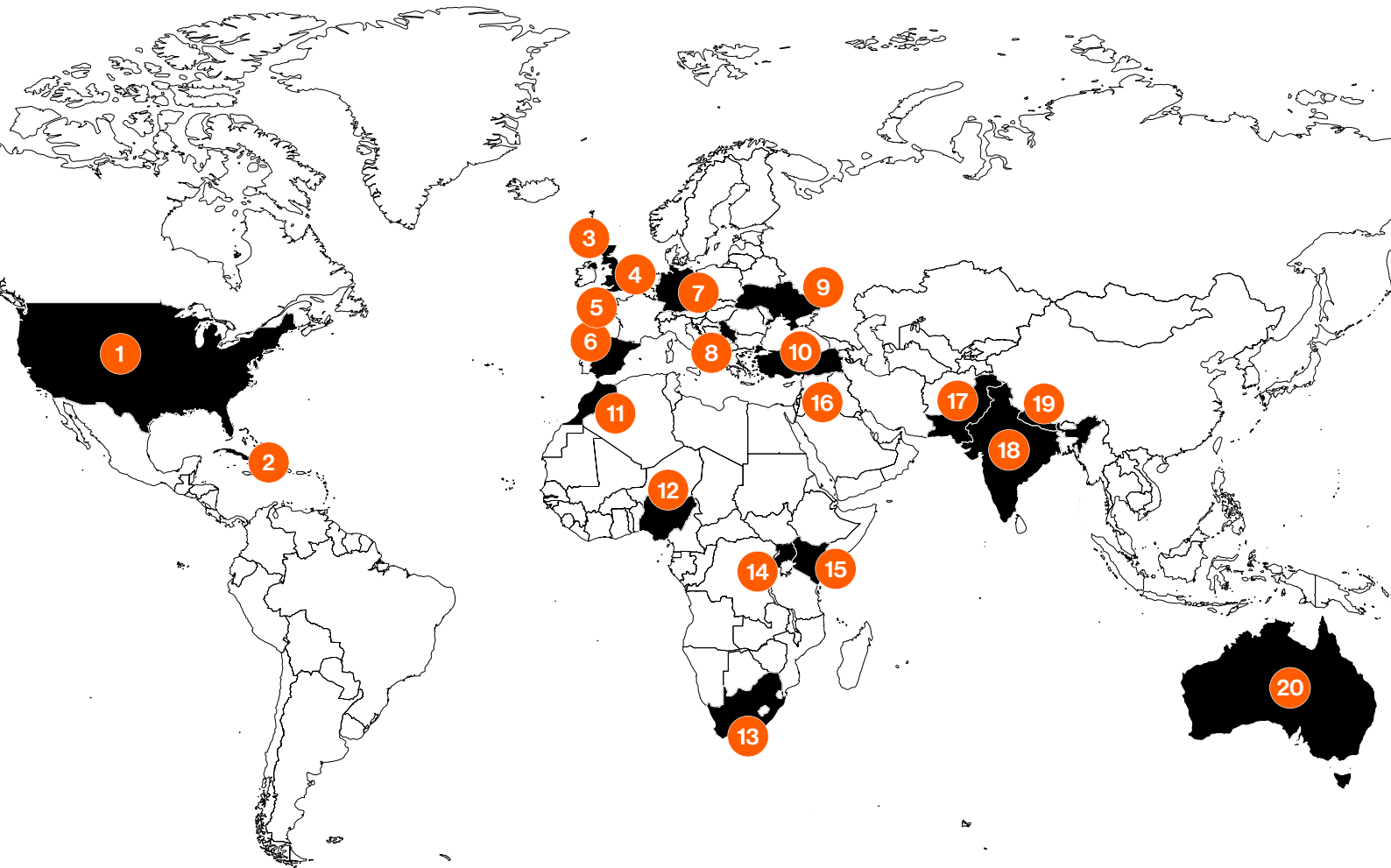
MAITRI. BE FRIENDLY

















































"Friendship is the ideal spiritual and humanitarian states. To be a friend to all living beings is like the sun shining brightly, warming all without discrimination."

AHMISA. EMBRACE NON-VIOLENCE

"Ahimsa (non-harming) is the highest Dharma (duty and responsibility). Through the practical application of non-harming, we can restore nature, end all war, respect all life and create the conditions for peace on Earth."

GLOBAL FOOTPRINT



1 United States    	5 England      	9 Ukraine  	13 South Africa 	17 Pakistan  
2 Cuba  	6 Spain  	10 Turkey  	14 Uganda  	18 India      
3 Scotland   	7 Germany 	11 Morocco  	15 Kenya  	19 Nepal   
4 Wales 	8 Serbia 	12 Nigeria  	16 Lebanon  	20 Australia  

IMPACT OF 2024 – 2025

Served more than
3.5 MILLION MEALS
globally

Nurtured
250 THOUSAND MANGROVE
trees

Benefitted
35,000 CHILDREN

Over
980 TONNES OF FOOD WASTE
was saved

Over
100 HECTARES OF LAND
were transformed

Continuing to support rural schools with
50 MODULAR TOILETS
in schools

More than
4,116 TONNES OF GREENHOUSE GASES WERE AVOIDED

Over
30 THOUSAND TONNES OF CARBON
sequestered

PROVIDED RELIEF ACROSS 7 CRISES
around the globe

Supporting
108 SCHOOLS LIBRARIES and COMPUTER LABS
with our

Over
2.2 MILLION VOLUNTEER HOURS
given

FOOD POVERTY



FOOD POVERTY

Building a Future Beyond Hunger

Go Dharmic is dedicated to addressing poverty through a powerful, two-pronged strategy: delivering immediate, essential food security relief and simultaneously tackling the deep-seated social and economic factors that perpetuate food insecurity.

The organisation recognises that its food distributions must be more than transactional; they are designed as a holistic intervention aimed at fostering community connections, combating loneliness, mitigating mental health challenges, and addressing significant environmental issues such as colossal food waste. By consistently cultivating a universal spirit of care and compassion, Go Dharmic strives to achieve profound and lasting positive change in the lives of those most affected by poverty worldwide.

Global Outreach and Operational Scale

The organisation maintains significant and far-reaching operations across the globe, including key hubs in England, Scotland, Wales, the United States, and India, among other regions. This consistent commitment to relief work has yielded a demonstrable and measurable effect in the global battle against food insecurity and its wider socio-emotional consequences. To date, Go Dharmic has successfully distributed over 27 million meals and meal kits across the world. A major focus has been the United Kingdom, where 15 million meals have been distributed alone. Furthermore, in just the last year, Go Dharmic delivered nearly 3.5 million meals globally, underscoring the scale and urgency of its ongoing efforts.



Understanding the Challenge: Food Poverty in the UK

Food poverty has tragically escalated into one of the UK's most critical social issues, intensified dramatically by the relentless cost-of-living crisis. The combined effect of soaring inflation, stagnant wages, and high household expenses has severely limited the ability of millions of families to afford basic necessities, consequently forcing them into hardship and reliance on external aid.

Critical UK and London Statistics

Recent figures from 2024 and 2025 demonstrate the severity and the deepening nature of this crisis. Food insecurity remains stubbornly high, with over **one in ten households (11.3%)** in the UK currently experiencing food insecurity, where levels remain a serious concern despite falling slightly since the peak of the cost-of-living crisis (The Food Foundation, 2025). This vulnerability is particularly acute for households with children.

The devastating impact of poverty has deepened significantly, according to the Joseph Rowntree Foundation. The average person in poverty had an income 29% below the poverty line between 2019/20 and 2021/22, a gap that has tragically widened over the past quarter-century (Joseph Rowntree Foundation, 2024). Furthermore, the reality of impossible choices is stark: as of October 2023, **58% of the poorest households** reported not having enough money for food, with a shocking **72% going without essentials like food, heating, or clothing** (Joseph Rowntree Foundation, 2024).

This lack of security has led to a surge in dependency on charitable support, now at crisis level. The Trussell Trust network distributed **2.9 million emergency food parcels** in 2024/25, with more than **1 million of these going to children** (House of Commons Library, 2025). This unprecedented demand reflects the dire financial hardship faced by vulnerable groups, including the finding that **69% of people** referred to Trussell food banks are disabled. In London, the situation is even more acute: **24% of Londoners** live in poverty, and 40% of children in the capital recently experienced food insecurity. The extensive repercussions of this crisis are undeniable, impacting physical health, mental well-being, and educational outcomes, with the associated stigma often leading to social isolation.

Global Hunger and Waste: A Dual Catastrophe

The global food system is fundamentally challenged by the profound paradox of widespread, acute hunger existing alongside massive, unnecessary food waste, which represents both a moral and an environmental crisis.

Global Hunger: Numbers in Crisis

Despite the world producing sufficient food to nourish its entire population, hunger persists as a severe global issue. An estimated **673 million people** experienced hunger in 2024 (FAO, 2025). More worryingly, a staggering **318 million people** currently face acute hunger at Crisis levels or worse, a figure that is tragically more than **double** that recorded in 2019 (WFP, 2026). The extreme severity of the crisis is tragically underscored by the confirmation of **two famines** occurring simultaneously in parts of **Gaza and Sudan** in 2024 and 2025, illustrating catastrophic levels of food and nutrition shortages (Concern Worldwide, 2025).

Global Food Waste: Scale and Impact (The Environmental Challenge)

The sheer environmental and financial cost of uneaten food demands urgent global attention. Approximately **19% of total global food production** is wasted annually at the retail, food service, and household level, in addition to 13.2% lost in the supply chain (UNEP, 2025). This volume of waste has devastating environmental consequences, as food loss and waste are responsible for generating **8–10% of global greenhouse gas (GHG) emissions** (UNEP, 2024). Furthermore, the UK alone contributes to this catastrophe, wasting approximately **9.5 million tonnes of food every year**, an amount large enough to feed over 30 million people annually (WRAP/Industry Estimates, 2024).



Our Intervention: Empowering Communities with Compassion

Go Dharmic employs a strategic and efficient model to comprehensively address the complex problem of food poverty. Our distributions are thoughtfully structured not only to address immediate nutritional needs but also to foster **self-reliance**, promote **environmental stewardship**, and **establish vital community spaces** that support long-term progress.

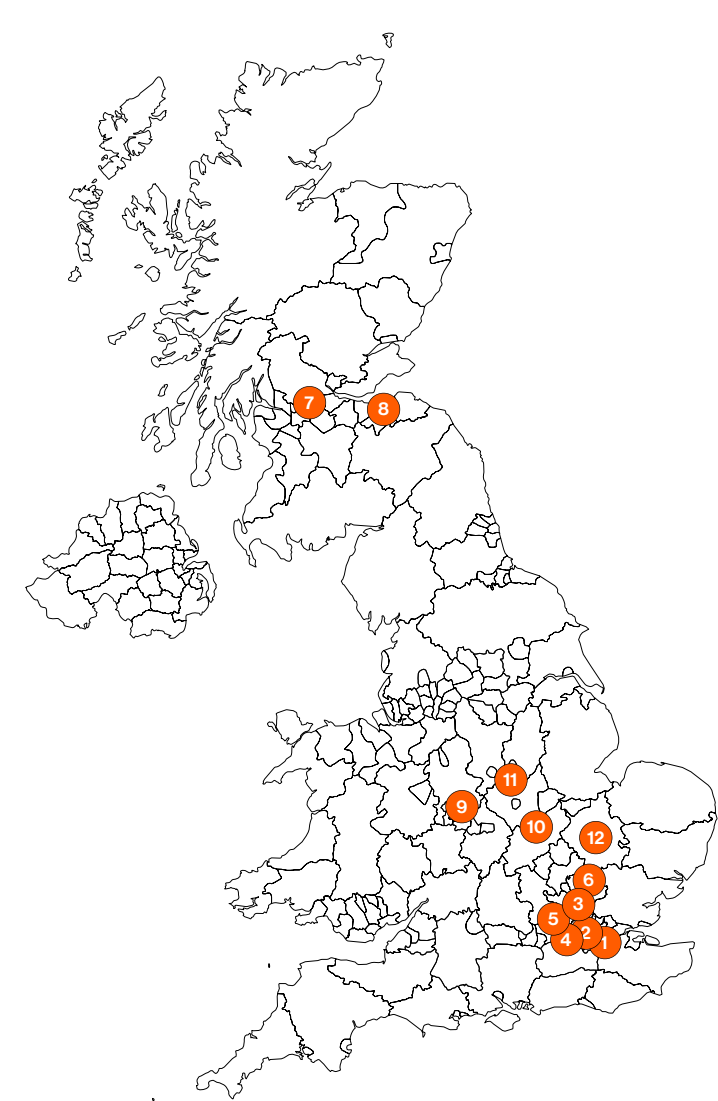
The organisation's intervention strategy is firmly built on the principles of dignity and sustainability. We provide a range of support, including hot meals, grocery kits, and essential supplies, with a strong emphasis on **nutritionally balanced vegetarian and vegan items** such as fresh fruits, nuts, seeds, and vegetables. This selection supports health while aligning with our commitment to a reduced environmental impact. Crucially, by intentionally including raw ingredients and groceries, we empower families to prepare their own meals. This approach supports beneficiaries' **self-reliance** and confidence, a principle deeply appreciated by those we serve. Moreover, our food distribution hubs function as more than supply depots; they are designated gathering places that encourage shared experiences, relationship building, and a strong sense of community. This inclusive model has successfully driven an expansion of our UK volunteer network, fostering a dynamic where beneficiaries are also empowered to become supporters.

UK Regular Distribution Locations

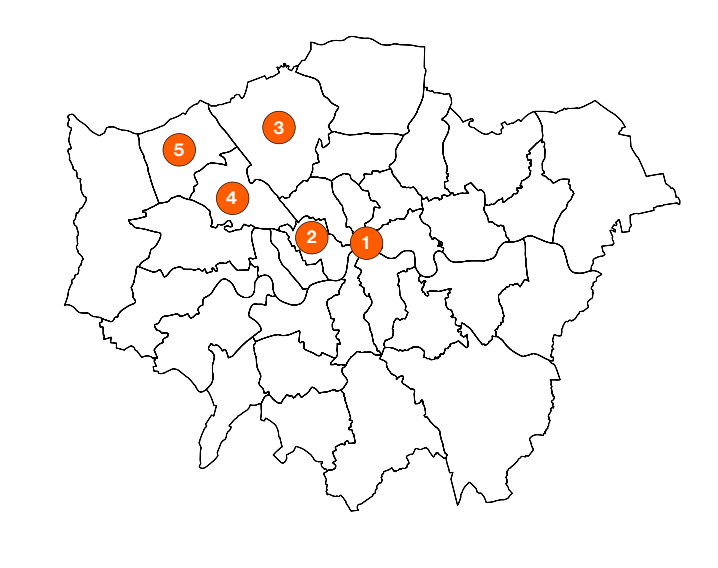
Go Dharmic runs over 15 consistent distribution programmes at the following sites, including a new one in Oxford: Central London, Queensbury, Wembley, Harrow, Maida Vale, Northampton, Watford, Leicester, Luton, Birmingham, Glasgow, Edinburgh, Oxford.



United Kingdom



Greater London



- | | | | |
|------------------|-----------|--------------|----------------|
| 1 Central London | 4 Wembley | 7 Glasgow | 10 Northampton |
| 2 Maida Vale | 5 Harrow | 8 Edinburgh | 11 Leicester |
| 3 Queensbury | 6 Watford | 9 Birmingham | 12 Luton |

Corporate Social Responsibility (CSR) Project Highlights

Go Dharmic proactively collaborates with corporate partners to create bespoke, high-impact projects that effectively leverage corporate resources—Time, Talent, and Treasure—to address food poverty and waste, ultimately generating substantial social and environmental returns.

1. ABN AMRO CLEARING: A MODEL OF INTEGRATED PARTNERSHIP

As a long-standing and invaluable CSR partner, **ABN AMRO Clearing** has set an extraordinary example of how corporate commitment can drive profound change. Their support, initiated by a key meeting at the Financials and Derivatives dinner in December 2023, has been nothing short of exceptional, encompassing both vital financial contributions and incredible hands-on volunteering. This commitment is particularly crucial given the dramatic surge in UK food prices, the widespread food insecurity affecting **9.6 million adults in the UK**, and the annual waste of **9.5 million tonnes of food**.

Transformative Impact and Methodology

The enduring partnership with ABN AMRO Clearing has delivered substantial, quantifiable results across all mission objectives. This includes contributing to **over 2 million meal portions across the UK**, helping to save **560 tonnes of food from going to waste**, and consequently avoiding **over 2,000 tonnes of greenhouse gases**. Furthermore, their staff have contributed over 800 hours volunteered in the last year alone.

The staff's commitment forms an integral part of Go Dharmic's operational capacity, with several ABN AMRO Clearing volunteers consistently on the ground at our Central London **Charing Cross food distribution** almost every week. Between 5:30 PM and 6:30 PM, these volunteers provide crucial, sensitive support to approximately **300 vulnerable people** in just one hour. Their patience, sensitivity, and dedication are constantly inspiring; this commitment was particularly evident during the demanding **festive season of December**, including around Christmas and New Year, when team members bravely joined to support those with nowhere else to turn.



ABN AMRO Clearing's Quantified Support:

- **CONTRIBUTED TO OVER 2 MILLION MEAL PORTIONS ACROSS THE UK**
- **HELPED SAVE 560 TONNES OF FOOD FROM GOING TO WASTE**
- **OVER 2,000 TONNES OF GREENHOUSE GASES AVOIDED**
- **OVER 800 HOURS VOLUNTEERED IN THE LAST YEAR ALONE**



2. GIC PARTNERSHIP AT ESSENDINE PRIMARY SCHOOL (MAIDA VALE, LONDON)

The collaboration with **GIC**, a global institutional investor, is a flagship social impact initiative focused on providing tailored, hands-on support to a highly vulnerable educational community in London. This project directly addresses immediate food needs and the profound socio-economic challenges faced by the families at Essendine Primary School. The school serves a highly challenged community where **85% of pupils are EAL (English as an Additional Language)** learners and **over 50% of families** rely on free school meals, with many being displaced families carrying the trauma of displacement.



EVERY YEAR, 60-70 VULNERABLE SCHOOL FAMILIES ARE BEING DIRECTLY SUPPORTED THROUGH GIC AND GO DHARMIC'S ONGOING SOCIAL IMPACT PARTNERSHIP.

3. OTHER CORPORATE PARTNERS

Go Dharmic continues to attract partners keen on combining financial support with direct volunteer action, further expanding its network of impact. **Point72** partnered for the **second consecutive year**, contributing through corporate-office food kit packing sessions, advocacy workshops on UK poverty and food waste, and participation in the flagship **Charing Cross distribution**. Separately, the **Cboe Women's Initiative** joined Go Dharmic on **International Women's Day (March 8th)**. The group volunteered at a distribution and made a donation of clothes, showcasing a commitment to broader community support.

Methodology, Impact, and Challenges

The project, launched in early 2023, involves **monthly food distributions** tailored to the families' specific needs. It provides approximately **800 food packs** annually, supporting **60-70 families**, and has been **renewed for a third year**. The methodology is iterative and **feedback-driven**, ensuring practicality by adjusting pack contents based on input from the school, for example, swapping high quantities of flour or sugar for more essential staples like rice and lentils.

The impact has been profound, as evidenced by beneficiary quotes. One mother of five shared that the parcel **"helped me when my benefits were suspended for a period of time, as I had limited access to food banks but the Go Dharmic food parcels came on time to help me."** Another parent noted the financial relief, stating, **"The double bag helped me save money for other essentials. It has made a big difference in our budget."** However, the future presents a significant challenge: as the Welfare Officer, Nairuz Breich, acknowledged: **"With the free school meals supposed to be officially ending, I am concerned that new families joining the school will not have the support they need. GIC and Go Dharmic's food parcels are essential."** This underscores the continuing critical need for this support.



City Bridge Foundation Partnership: Feed Everyone London

The partnership with the **City Bridge Foundation**, London's largest independent charity funder, represents a **significant five-year commitment** to strategically combat food insecurity and food waste across the capital. This ambitious initiative is specifically designed to deliver measurable, sustainable change against the backdrop of London's acute need, where **16% of Londoners** face food insecurity. Furthermore, the collaboration directly addresses the environmental issue that every tonne of food waste that ends up in a landfill generates approximately **4.2 tonnes of greenhouse gases**.

5-Year Partnership Objectives (Detailed Outcomes)

The partnership is strategically structured around three specific, measurable, achievable, realistic, and time-bound (SMART) outcomes, with a focus on comprehensive support:

Outcome 1: Access to Regular Healthy Meals (Target: 200,000 Beneficiaries): The primary goal is to provide 200,000 beneficiaries with access to regular healthy meals or food kits in London over five years. This is achieved by maintaining five existing major London distribution hubs and expanding capacity to serve an additional 100 weekly beneficiaries (5,200 annually), through expansion or new locations, which brings the projected five-year total to 200,300. In a demonstration of early success, Go Dharmic exceeded the Year 1 target, having served 40,940 beneficiaries (Target: 34,860).

Outcome 2: Surplus Food Rescue and Distribution (Target: 210 Tonnes Saved): The second key objective is to save and distribute 210 tonnes of surplus food over five years, mitigating poverty, food waste, and environmental impact. The methodology ensures that 60% of the food provided is rescued surplus, amounting to an estimated 211.575 tonnes over five years. This is critical for the environment, and in Year 1, Go Dharmic again exceeded the target, rescuing over 57 tonnes of surplus food (Target: 56 tonnes), which directly resulted in the avoidance of 241 tonnes of greenhouse gas emissions.

Outcome 3: Volunteer Engagement and Training (Target: 500 New Volunteers): The final specific goal is to onboard 500 new volunteers who will actively participate in community work across London, enhancing community cohesion and individual well-being. The program involves a phased, realistic growth trajectory, with training focused on developing emotional intelligence to ensure volunteers connect more empathetically with diverse community needs. In the first year, Go Dharmic successfully exceeded the target by onboarding 30 new regular volunteers, demonstrating a strong community response to the mission.

First Year Review: Lessons Learned

The comprehensive review of the first year of the City Bridge Foundation partnership revealed that while all projected goals were surpassed, the experience provided critical operational and societal lessons that will inform future strategy. The ongoing cost-of-living crisis caused beneficiary needs to intensify from September onward, especially among larger families, stressing the importance of flexible support. Operationally, the organisation learned the critical importance of **adaptability and robust communication** to manage logistical challenges. Most importantly, the review reaffirmed that the respectful and dignified approach to food provision, which preserves beneficiaries' ability to choose, was highly valued, reinforcing the necessity of maintaining self-worth throughout all interventions.



ALLEVIATING POVERTY TOGETHER
IN LONDON

Go Dharmic

X

CITY BRIDGE FOUNDATION

Prime Minister Rishi Sunak Volunteers with Go Dharmic

On May 5th, 2024, Go Dharmic was honoured to host the UK Prime Minister, Rishi Sunak, who joined as a volunteer to assist the grassroots efforts firsthand.

The Volunteering Day

The Prime Minister worked alongside volunteers from across the country, participating in the full distribution process:

- **Meal Preparation:** Mr. Sunak actively participated in the kitchen, cutting vegetables and stirring the Vegan Kichari, a nutritious, cost-effective, and environmentally friendly hot meal central to the “Feed Everyone” initiative.
- **Parcel Assembly:** He spoke extensively with volunteers and founder Hanuman Dass while assembling food parcels destined for hundreds of families, gaining direct insight into the organisation’s mission.
- **Grassroots Insight:** The visit highlighted the importance of showcasing the dedication of ordinary volunteers who work late into the evenings and nights.

“The Prime Minister heard a lot about the work that we’ve done, not only in the recent years but during COVID as well, all the members of the community that Go Dharmic has helped throughout the years and wanted to see how exactly we work and how we operate. Go Dharmic does some critical work all across the country and across multiple different countries as well. It is vital that people know about the work that we do so that they can support, get involved, and volunteer with us as well.”

– Kashmea Wahi,

Head of Youth Volunteering at Go Dharmic

“We are deeply moved by the Prime Minister’s service with Go Dharmic and his willingness to join hands with our volunteers. He has a genuine interest in Dharma and our mission of compassion in action. This profound act of kindness by the leader of the nation will inspire more seva and more volunteers for many years to come.”

– Hanuman Dass,

Founder and Director at Go Dharmic

- **Inspiring Support:** The event served as a powerful platform to amplify the organisation’s message and encourage greater public participation. Kashmea Wahi emphasised the importance of visibility
- **National Reach Highlighted:** The event was attended by Go Dharmic trustees and lead volunteers representing key UK distribution locations, including Central London, Wembley, Luton, Harrow, Northampton, Leicester, Glasgow, and Edinburgh, collectively serving over 50,000 meals a month to vulnerable individuals.

Past Recognition: Points of Light Award

Prior to the volunteering visit, the Prime Minister formally recognised Go Dharmic’s founders, **Hanuman Dass and Sheena Randerwala**, by awarding them the **Points of Light award in November 2023** during the auspicious occasion of Diwali. This award celebrates outstanding individual volunteers who are making a difference in their communities.



ENVIRONMENT



ENVIRONMENT

Nurturing a Healthier World for All

The stability of our planet is the fundamental basis for all life, determining the vitality of ecosystems, human communities, and global commerce. Confronted by an intensifying climate emergency, the call for decisive and empathetic intervention is paramount. **Go Dharmic’s dedication** encompasses the revival of natural habitats, the preservation of biological diversity, and tackling the intricate links between human activity and the environment. Acknowledging that the health of the planet is key to a flourishing future, **Go Dharmic concentrates its efforts on initiatives** that protect natural havens and foster enduring opportunities for coming generations.

A core component of this work involves safeguarding and revitalising coastal mangrove ecosystems, especially within the Sundarbans. This unique tidal forest is not only a vital support system for millions of residents but also an essential sanctuary for countless species, notably the magnificent Bengal tiger. As one of the planet’s most threatened large predators, the Bengal tiger relies on the Sundarbans for its survival, alongside a multitude of other creatures, including estuarine crocodiles, olive ridley sea turtles, and various avian populations. Protecting this habitat is crucial for upholding biodiversity and ensuring the continuation of species vital to the world’s ecological equilibrium.

“We need to make peace with nature. We’ve been harming our world around us, harming beautiful animal species, and harming our own future.”

– Hanuman Dass,
Founder and Director at Go Dharmic



The Indispensable Role of Mangroves

Mangroves represent some of nature's most remarkable ecosystems, fulfilling an essential role in maintaining the integrity of littoral environments and mitigating global climate risks. These salt-tolerant trees and shrubs flourish in the intertidal zones where land meets the ocean, possessing unique adaptations that allow them to thrive in exceptionally challenging conditions. Despite their robustness, mangroves are among the most imperilled ecosystems worldwide, making their protection a matter of global necessity.

The significance of mangroves extends well beyond their distinctive appearance. They are globally recognised as a superior form of “blue carbon” ecosystem, storing carbon in both their biomass and the underlying, waterlogged soil. Mangroves rank among the most powerful carbon sinks on Earth, with the capacity to capture and store carbon **2 to 4 times greater than mature tropical forests** (Source: More Trees, 2024). This extraordinary capability stems from their anoxic (oxygen-depleted) soils, which significantly slow down the decay of organic material, enabling carbon storage for millennia.

On average, mangroves store an impressive **800–1,000 metric tonnes of Carbon per hectare (tC ha⁻¹)**, with up to **90% stored stably in their sediment**, with up to **90% stored stably in their sediment** (Source: Alongi, 2012; Donato et al., 2011). Furthermore, their dense, interwoven root structures solidify the earth, prevent coastal erosion, and act as natural buffers against powerful storm surges, tsunamis, and rising sea levels. For example, the protective value of the Bangladesh Sundarbans is estimated to be between **USD \$273 million and USD \$714 million per year** (Source: MDPI, 2015). These attributes make mangroves critical for shielding coastal populations from the increasing impacts of global warming.

Beyond their environmental services, mangroves are rich biodiversity hotspots, providing crucial breeding and feeding grounds for a wide array of life forms. They function as nurseries for juvenile fish, shrimp, and other marine creatures, sustaining both their resident ecosystems and the economies of local communities reliant on them. Mangroves also filter contaminants from water, enhancing water quality and supporting the health of nearby habitats like coral reefs and seagrass meadows. In summary, mangroves are ecological powerhouses, delivering a wealth of essential services that are paramount for the planet and its inhabitants.



The Ecological Treasure of the Sundarbans

The Sundarbans, the world's largest single block of tidal mangrove forest, covers an expanse of over **\$10,000 square kilometres** across the coastal territories of West Bengal, India, and Bangladesh. This UNESCO World Heritage Site is a natural wonder, brimming with biodiversity (over 800 species), and a cornerstone in global climate resilience efforts (Source: CIWEM, 2025).

This extraordinary mangrove expanse acts as a natural bulwark against the destructive forces of extreme weather phenomena, such as intense cyclones. Climate change has intensified these storms; for instance, **Cyclone Amphan (2020)** caused an estimated over **£11.7 billion (\$14 billion USD) in damage** (Source: CIWEM, 2025). Critically, the Sundarbans plays a major role in carbon sequestration, locking away millions of tonnes of CO₂.

However, the region faces escalating dangers. The average rate of sea-level rise adjacent to the Sundarbans is recorded at **+3.90 ± 0.46 mm per year** (Source: Taylor & Francis Online, 2022), leading to the loss of approximately **210 km² of land since 1964** (Source: CIWEM, 2025). Scientists project that **100% of the mangrove forests could be lost in the next 100 years** if current rates of loss continue (Source: MDPI, 2015).

This instability threatens the region's diverse wildlife, including the **Royal Bengal Tiger**, whose habitat in Bangladesh is estimated to decline by **96 per cent** with just a 28 cm sea-level rise above 2000 levels (Source: CMS). Furthermore, local anthropogenic emissions, such as increased soil pollution from wastes, are compounding the problem by creating harmful feedback loops that directly increase the release of **Methane and Nitrous Oxide** from the sediment (Source: Unveiling the impact of anthropogenic wastes on greenhouse gas emissions from the enigmatic mangroves of Indian Sundarban, 2025). These mounting challenges necessitate urgent and sustained actions to restore and protect this irreplaceable natural asset.



Go Dharmic’s Dharma Forest Initiative

In direct response to the critical threats facing the Sundarbans, **Go Dharmic has pioneered the Dharma Forest Initiative**, a far-reaching project dedicated to the revival of this vital ecosystem. With an ambitious target to plant **2 million mangroves by 2026**, this initiative demonstrates **Go Dharmic’s deep-seated commitment to environmental guardianship and community empowerment**. To date, the project has successfully planted 250,000 mangrove trees, restoring over 100 hectares of degraded land and absorbing over 100,000 metric tonnes of CO2.

Supporting Women and Community Resilience

Central to the Dharma Forest Initiative is the involvement of local communities, particularly women. This initiative engages local women, providing them with skill development, sustainable livelihoods, and economic empowerment. The project extends its benefits to disaster-prone areas, aiding in relief work during floods and cyclones by establishing natural flood barriers to protect these regions. Local families are integral to the project’s success, from the 3-to-4 month process of nurturing seedlings in local nurseries to the final stages of replanting and long-term maintenance of the mangroves in designated areas. This collaborative model not only guarantees the sustainability of the reforestation work but also delivers essential income and greater autonomy to marginalised local populations. By generating stable livelihoods and fostering a sense of joint stewardship among residents, the initiative successfully unites ecological restoration with critical social development.

The Dharma Forest represents more than just an environmental campaign—it embodies a comprehensive vision for a sustainable future. By restoring mangroves, Go Dharmic aims to enhance the resilience of coastal areas, protect biological diversity, and motivate future generations to value and defend the natural world. The project is also emerging as a valuable learning centre for educational institutions, researchers, and conservation experts, showcasing the profound potential of locally-driven environmental action.

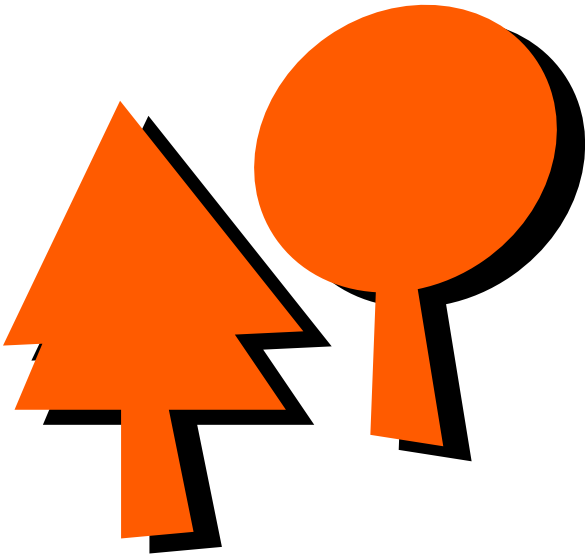
Case Study: A Shield of Protection

For Rani Mondal and many women like her, mangroves are more than trees—they are a shield of protection, a source of strength, and a promise of survival. Through **Go Dharmic’s Dharma Forest** initiative, more than **400 women from different villages have worked together to protect their land and secure their future**.

And their impact? 250,000 mangrove trees planted—each one standing tall as a guardian against storms, preserving livelihoods, and restoring nature.

“We protect the soil of our land through mangroves, so whenever a cyclone comes, the mangroves save our family, our home, and our world.”

– Rani Mondal



Recognising Our Impact: Climate Action Championship Award

In late November 2024, **Go Dharmic** celebrated a major milestone when the **Dharma Forest Initiative** was **honoured with a Climate Action Championship Award**. This prestigious recognition was presented at an event hosted by the **British Deputy High Commission** in Kolkata.

Go Dharmic achieved the highest score, an impressive **90 out of 100**, reflecting its unwavering commitment to reforesting the Sundarbans, renowned for its Mangrove Forests and iconic Bengal Tigers. **Bhishma Dass (Debabrata Mondal)** presented the Dharma Forest initiative to an audience that included Kelvin Goh, Deputy Consul of the Australian High Commission, and Andrew Fleming, Deputy High Commissioner from the British High Commission.

The Dharma Forest project was conceived by Hanuman Dass, Founder of Go Dharmic, as a direct response to the devastating floods in West Bengal between 2013 and 2017, which claimed 1,012 lives and caused millions of pounds in damage. The initiative aims to restore the vital natural protection for villagers and wildlife in the region while increasing biodiversity in the fight against climate change. The Dharma Forest has become more than just a project—it is a promise to restore, reforest, and rebuild hope for generations to come.

So far, Go Dharmic has planted **250,000 mangrove trees across the region**, and this is just the beginning of the journey towards planting **2 million mangroves by 2026**. This effort is creating a crucial shield against future flooding and breathing life back into these lands.

This award is dedicated to the women workers who lead the Dharma Forest and work tirelessly alongside **Go Dharmic** to restore mangroves and protect the environment. This achievement underscores **Go Dharmic's** climate action and its call to make peace with nature. Every tree planted restores not only the land but also hope and resilience for vulnerable communities.



Corporate Social Responsibility Partnerships

Greenr Gifts

Go Dharmic is proud to announce its partnership with Greenr Gifts, a website that turns the joy of gifting into a force for environmental good. Greenr Gifts' vision is to make sustainable gifting the norm, not the exception, enabling individuals and businesses alike to celebrate special moments while investing in the health and future of our Earth. This collaboration allows individuals to sponsor trees as gifts for loved ones, directly contributing to our work:

Mangrove Reforestation in Sundarbans, India

The Sundarbans is the world's largest mangrove forest, a critical carbon sink, and a natural shield against storms and coastal erosion. But climate change and deforestation threaten its survival. This project will plant two million mangroves by 2026, restoring this vital ecosystem for people and wildlife. Planting cost is approximately £1.50 per tree (USD \$2.00). This partnership ensures that every gift purchased through their platform contributes directly to the vital restoration efforts of the Dharma Forest Initiative.

Alternative Stores

Alternative Stores is a celebrated vegan and free-from health food online store, recognised as 'Best Vegan Store' in the UK Vegan Awards. Their core mission, as a vegan, family business, revolves around simplifying the adoption of a cruelty-free lifestyle. Alternative Stores is partnering with Go Dharmic to support its mission to be a force for good. Their contribution helps galvanise volunteers for social action campaigns, including feeding projects, setting up school libraries, spreading awareness of hygiene, and planting trees. Through this partnership, the spare change of Alternative Stores customers helps provide hope today by contributing towards a nourishing, vegan meal for someone in need, reinforcing the shared ideal that positive contributions can profoundly change the world.



Go Dharmic's Commitments for a Greener Future

In addition to its nature-based mangrove solution and its food rescue operations, Go Dharmic actively works to amplify environmental support through individual and collective commitments towards healthier, more sustainable lifestyles:

GO PLANT-BASED

Switching to a plant-based diet reduces the strain on our planet's resources, including land, water, and air, while safeguarding animal welfare. This shift not only curbs the cruelty of industrial farming and animal testing but also promotes sustainability for future generations.

GO ORGANIC

Organic farming protects both our health and the environment. Free from harmful chemicals, organic products are not only more nutritious but also support biodiversity and a pollution-free planet.

COMPASSION FOR ANIMALS

Animal testing and the meat and dairy industries inflict immense suffering on animals. Through this pledge, we encourage a plant-based lifestyle and advocacy against cruel practices, fostering a more compassionate world for all living beings.

GIVE IT A GROW

Planting trees and reducing products linked to deforestation are vital steps toward restoring nature's balance. Our Dharma Forest initiative embodies this pledge, creating a tangible, lasting environmental impact one tree at a time.

GO FUEL-FREE

Reducing reliance on fossil fuels is crucial for combating climate change. Opt for walking, cycling, car-sharing, or public transport whenever possible to minimise your carbon footprint and support a greener planet.



EDUCATION & SKILL DEVELOPMENT



EDUCATION & SKILL DEVELOPMENT

The Foundation for a Brighter Future

Empowerment begins with the spark of knowledge, serving as the vital engine for long-term security and personal growth. At Go Dharmic, the conviction is that access to learning is a fundamental right that should not be dictated by a postcode. Go Dharmic initiatives are designed to bridge the gap between the “two Indias”—the rapidly advancing technological hubs and the rural communities that risk being left behind. Education is viewed not merely as a classroom activity but as a catalyst for breaking the cycle of intergenerational poverty.

The Challenge: The Deepening Digital Divide

While India's tech sector reaches global heights, the domestic divide remains a significant barrier to equity. As of early 2025, internet penetration has reached 56% of the total population, yet nearly 44% remain offline. The ‘One Nation, Many Disconnects’ report (2025) highlights a critical “readiness gap”: roughly 49% of disconnected rural households remain offline not just due to cost, but due to a lack of digital literacy.

In non-urban locales, only one in six homes is truly connected, leaving millions of youth without the virtual instruction that has become a prerequisite for modern employment. This disparity is often compounded by inadequate infrastructure, such as inconsistent electricity, which prevents schools from maintaining the hardware they do possess. Go Dharmic recognises that without targeted intervention, the rapid “GIFT-fication” of nearby financial zones will only further isolate these traditional villages.



Our Impact:

Shape a Future & Digitising Education

Through the Shape a Future campaign, Go Dharmic has moved beyond simple book distribution to creating comprehensive “Knowledge Hubs” that serve as community anchors.

- **108 Libraries:** Each facility is stocked with over 1,500 books, meticulously curated to include local language texts, reference materials, and global literature to foster a “love for learning.” These spaces are designed to be safe, vibrant environments that encourage self-directed study.
- **Computer Labs:** By supplying 20+ computers and training educators, Go Dharmic ensures that digital tools are integrated into the daily curriculum rather than being an occasional luxury. This hardware provides the essential interface for students to practice coding, research, and digital communication.
- **BYJU'S Collaboration:** Since 2022, Go Dharmic has utilised the Think and Learn Premium application to provide high-quality, interactive content to underprivileged schools, starting in Gujarat and expanding outward. This blend of traditional and modern pedagogy allows students to learn at their own pace, using high-definition visual aids that make complex subjects like science and mathematics more accessible.



Case Study: Clockwork Foundation

2023-2024: The Infrastructure Phase Initially, the partnership focused on the physical requirements of a modern education. A £5,000 grant was utilised to build a reading room at the **Government Middle School in Kanakapura** and a hardware-heavy computer lab in **Wazirabad, Haryana**. These facilities provided the “hardware” of education—the desks, books, and monitors necessary for a functional learning environment.

2024-2025: The Advocacy & Health Phase (Ratanpur Village).

This year, Go Dharmic evolved the model to address the “software” of community development—health, finance, and mindset. Located just 1 km from the gleaming skyscrapers of GIFT City, Ratanpur is a community in transition. Many residents are the very labourers whose hard work laid the foundation for that thriving financial hub, yet they remain excluded from its prosperity.

- **Financial Empowerment and Literacy:** For the 371 adults involved, Go Dharmic moved away from formal lecturing. Instead, the team used free-flowing “Community Circles” to discuss budgeting, the power of compounding, and basic banking. This helped dismantle the stigma that finance is “only for the rich” and gave residents the confidence to manage their own savings for a more secure future.
- **The Smart Classroom Revolution:** Go Dharmic moved beyond standard PCs to install an interactive digital panel at Ratanpur Primary School. This allows for immersive, video-based learning. Mahesh Chaudhri, the Head Teacher, noted that student engagement has soared because pupils can now “see things happen on the screen” rather than just reading from a static page.
- **Bridging the Gender Health Gap:** Health is a prerequisite for education. In Gujarat, 65% of women suffer from anaemia, often due to misinformation. Go Dharmic conducted door-to-door nutrition advocacy, promoting iron-rich, locally sourced diets. Crucially, Go Dharmic facilitated supportive group discussions to normalise menstrual hygiene, breaking down long-standing social taboos that previously caused girls to miss significant amounts of school.



Holistic Community Building: Gallagher, Flynn & Company, LLP

The new partnership with **Gallagher, Flynn & Company (GFC)** represents the future of the Go Dharmic CSR model: a **holistic, 360-degree approach** to child welfare that looks beyond the classroom.

- **Environmental Integration:** Recognising that education cannot thrive in a degraded environment, Go Dharmic integrated tree-planting drives into school visits. This teaches students “Dharma” in action—the moral duty to act as custodians of the earth.
- **The Education Service Centre:** Migrant labourers often move frequently, which can devastate a child’s educational continuity. In collaboration with GFC, Go Dharmic is developing a specialised centre to provide free English and Computer coaching. These are the “high-currency skills” required for the modern economy.
- **Motivational Mentorship:** GFC brings more than just funding; their expertise in finance and accounting provides a mentorship pipeline. By hosting motivational seminars, their global teams help students from labourers’ families visualise a career path within professional services, showing them that the financial hub across the road is a place where they, too, belong.



The Way Forward

To move from “participation” to “prosperity,” the Go Dharmic strategy for 2025 and beyond focuses on deep sustainability:

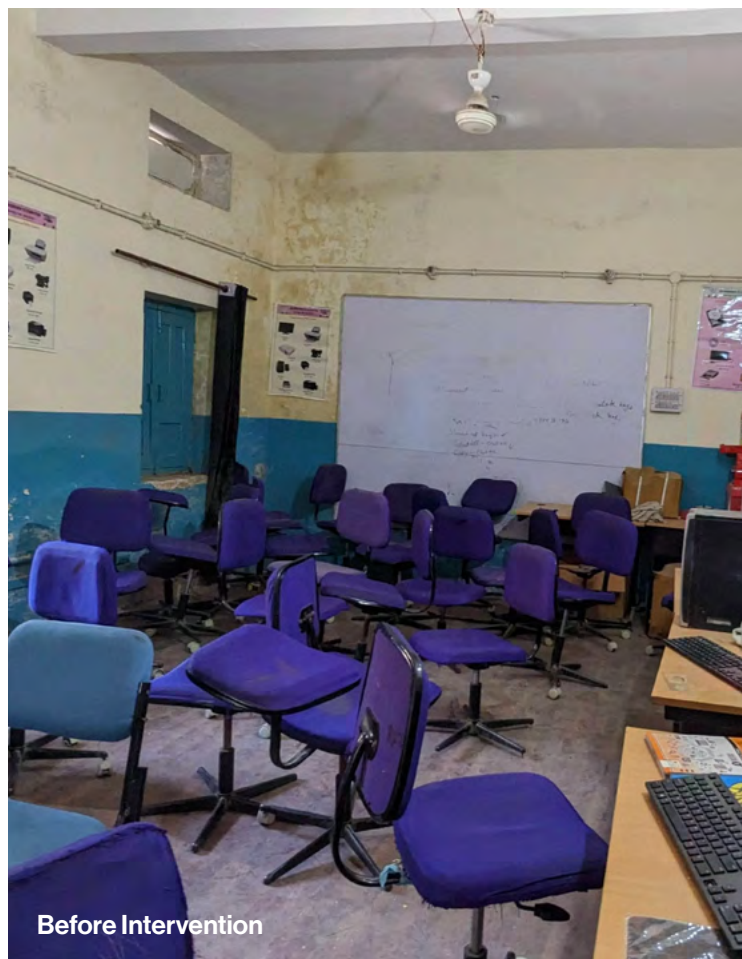
- **Infrastructure Resilience:** Upgrading existing schools with solar power solutions to ensure that digital labs remain operational even during rural power outages.
- **Advanced Digital Skills:** Transitioning from basic literacy to introducing concepts of AI, coding, and global connectivity, ensuring rural students are not just consumers of technology, but creators.
- **Linguistic Localisation:** Continually translating advanced digital content into regional dialects to ensure that no child is excluded due to a language barrier.
- **Public-Private Synergy:** Leveraging the resources of local government bodies and the corporate expertise of partners like GFC and the Clockwork Foundation to create a scalable, repeatable model for village development.

By the Numbers (2024-25):

- **833 Lives Impacted** through the intensive Ratanpur advocacy campaign.
- **£7,526 Project Cost** for the Ratanpur village expansion.
- **100,000+ Total Children** reached across the broader Go Dharmic education network to date.

“Educate the girls and they will educate the rest of society.”

– Neem Karoli Baba



DISASTER RELIEF



DISASTER RELIEF

A Global Response Driven by Compassion

In a world increasingly defined by its challenges, Go Dharmic has steadfastly dedicated itself to alleviating human suffering. Over the past two decades, with more than 2,500 disasters and 40 major conflicts affecting two billion people, the charity has recognised that the need for swift and compassionate action has never been more urgent. Its approach remains rooted in meticulous planning and collaboration, ensuring every effort maximises impact and addresses real needs.

Building on a long-standing legacy, including the **2023 Türkiye and Syria Earthquake** response, the Ukraine Invasion, Covid-19, and supporting **refugees across India**, the 2024–2025 period saw **Go Dharmic rise to meet unprecedented global crises with resilience and love.**

Cyclone Remal and Manipur Floods (June 2024)

In June 2024, the devastating impact of Cyclone Remal triggered severe flooding across Eastern India and Bangladesh. Manipur was particularly hard-hit, where the Imphal and Kongba rivers breached their banks in multiple locations. The floods affected over 500,000 people and damaged more than 3,800 houses (Sphere India 2024; Times of India 2024).

Despite a lack of global media attention, Go Dharmic was on the ground immediately to support these resilient families. Key impact metrics included:

- **2,000+ disaster relief kits** containing food, clean water, and essential rations.
- **Direct humanitarian aid** for families stranded in waist-deep water.
- **Strategic partnerships** with local organisations that allowed the team to reach isolated villages, indirectly supporting 10,000 families.



Valencia Flash Floods (November 2024)

Spearheaded by former UK Operations Manager turned Global Ambassador, Paula Stei, Go Dharmic delivered vital, hands-on relief to those devastated by the catastrophic flooding in Spain. The charity's response focused on restoring dignity and providing immediate sustenance to families who had lost everything.

Key highlights of this mission included:

- **1,500+ Relief Kits:** Distributed to displaced families to ensure immediate access to essentials.
- **Emergency Nutrition:** In a single afternoon, the team prepared 10 large pots of soup, feeding approximately 400 people in the worst-affected areas.
- **Survival and Recovery Supplies:** Following the meal services, Go Dharmic provided additional kits containing protective clothing (wellington boots and heavy-duty gloves), power banks, torches, hygiene products, and 40kg of energy rations like medjool dates.

Beyond immediate aid, Go Dharmic remains committed to long-term strategic support, standing in solidarity with the people of Valencia as they rebuild.



LA Wildfires: The Palisades Fire (January – February 2025)

January 2025 saw Southern California face the most destructive wildfire in Los Angeles history. The Palisades Fire burned over 23,400 acres and destroyed 6,837 structures, forcing the evacuation of over 200,000 residents (Britannica 2025; FEMA 2025).

The Go Dharmic California team, who regularly serve the community in Skid Row, rose to the challenge. In collaboration with The Vegan Joint, the charity:

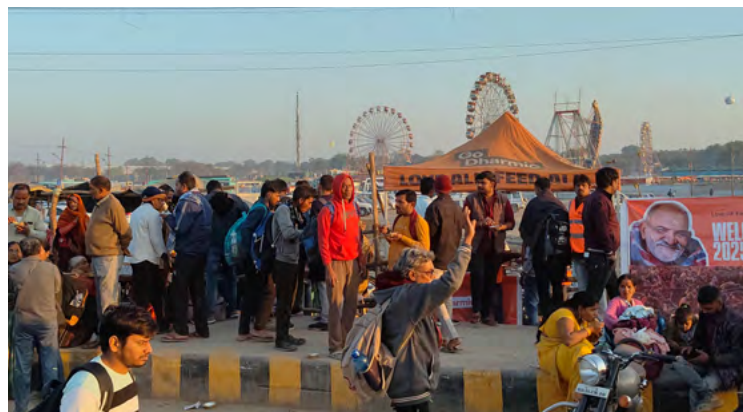
- Delivered **30,000 meal portions** to evacuees and first responders.
- Established emergency distribution hubs at evacuation centres to provide essential supplies.
- Launched a dedicated fundraiser for wildlife and disaster relief to aid long-term recovery.



Maha Kumbh Mela (January – February 2025)

During the world's largest human gathering in Prayagraj, Go Dharmic performed Annadaan Seva (the sacred service of feeding). With an estimated 660 million pilgrims attending the 45-day festival, the charity's volunteers worked tirelessly, inspired by **Neem Karoli Baba's teaching to "Love All, Feed All, Serve All."**

- **Served over 100,000 meal portions**, ensuring no pilgrim went hungry.
- **Distributed 2,000 blankets** to protect attendees from the intense winter cold.
- **Provided nourishment and care to over 30,000 devotees** in the heart of the Mela.



Myanmar Earthquake (March 2025)

On 28 March 2025, a massive 7.7-magnitude earthquake struck near Mandalay, Myanmar. As the country’s most powerful quake in over a century, it claimed over 3,900 lives and displaced approximately 200,000 people (ReliefWeb 2025).

Go Dharmic launched a strategic partnership to support 200 families immediately. The charity provided shelter materials, food relief, and much-needed hope to a region already struggling with instability and damaged infrastructure.

Sustaining Support: Cuba and Beyond

The humanitarian crisis in Cuba remained a priority throughout the year. The “Feed Me Now” campaign, launched in late 2023, reached over 800 local villagers by March 2024. Go Dharmic volunteers continued providing life-saving vitamins, seeds, and financial support to combat the 80% vitamin deficiency rate in the region.

Demonstrating an unwavering commitment, the team continued to serve the most vulnerable populations in Cuba through to April 2025.



HEALTH AND SANITATION



HEALTH AND SANITATION

Sustaining Dignity and Wellbeing

In the 2023-2024 period, Go Dharmic successfully transitioned from the initial development phase to a dedicated **long-term maintenance programme** for sanitation facilities in girls' schools across Assam. We recognise that building infrastructure is only the first step; the true impact lies in ensuring these facilities remain safe, clean, and fully operational for years to come. By moving into this critical maintenance phase, we are addressing the persistent challenges of hygiene and safety that often hinder female students in rural areas.

Go Dharmic currently manages the diligent upkeep of 50 modular toilets in government schools. This effort, conducted as part of a strategic **ONGC CSR Initiative**, ensures that the infrastructure we developed continues to provide young girls with a dignified alternative to unsafe environments. By safeguarding these facilities, we eliminate the need for students to resort to roadside ditches or fields—locations that pose significant safety risks and cause deep embarrassment. Our commitment remains firm: to provide a supportive environment where every girl can focus on her education without compromising her health or self-esteem.

Our Vision for Holistic Health: Mission Health

Beyond sanitation infrastructure, Go Dharmic prioritises the long-term physical and mental welfare of the community through the **Mission Health initiative**. Our approach has evolved from providing immediate medical interventions to fostering **sustained engagement**.

Having previously facilitated comprehensive medical check-ups for over 1,500 frontline officers and their families, we now focus on diligent follow-up care. Through consistent contact—whether in-person, digitally, or through written guidance—our staff monitors ongoing health conditions and provides the necessary support for long-term recovery and wellness. These meaningful connections do more than just monitor vitals; they strengthen community ties and reinforce a sense of belonging and self-worth among our beneficiaries.



Case Study: Health & Hygiene Advocacy in Ratanpur with Clockwork Foundation

While physical infrastructure provides the means for hygiene, advocacy provides the knowledge to sustain it. In Ratanpur Village, located on the periphery of the high-tech GIFT City in Gujarat, Go Dharmic identified a stark contrast between urban progress and rural health challenges. With **65% of women in the region suffering from iron-deficiency anaemia** and deep-seated social taboos surrounding menstrual health, a specialised intervention was required.

- **Normalising Menstrual Health:** We launched sensitive, group-led discussions for 153 women and girls. By shifting away from formal lectures towards “free-flowing conversations,” we successfully broke long-standing silences, empowering participants to manage their hygiene with dignity and confidence.
- **Nutritional Advocacy:** Our team conducted door-to-door health awareness sessions, educating families on the importance of iron-rich diets. We focussed on utilising locally available, affordable food sources to create sustainable nutritional shifts.
- **Community Impact:** Over the six-month intervention, we reached 833 beneficiaries. By overcoming barriers of stigma and self-doubt, we helped foster a culture of health-seeking behaviour that will protect the community for generations, matching the growth of the neighbouring financial hub.

A Snapshot of Global Sanitation Challenges

- **Disease Prevention:** Consistent handwashing and microbial control are the primary defences against the spread of diarrhoeal and waterborne diseases that claim thousands of lives annually.
- **Safety & Dignity:** In regions where open defecation remains a reality, women and girls face a heightened risk of physical assault and harassment, often forcing them to wait until nightfall to relieve themselves.
- **Educational Retention:** The presence of clean, private toilets is a leading factor in keeping girls in school. Without them, the discomfort and embarrassment associated with puberty often lead to high dropout rates. (Source: UNICEF India)





Before Intervention



After Intervention

ADVOCACY



ADVOCACY

Go Dharmic's advocacy is built on the belief that ancient ethical frameworks can provide powerful solutions to contemporary global challenges. By focusing on principles of non-violence, social duty, and universal solidarity, the organisation works to drive long-term systemic change in the fields of climate justice, human rights, and education.

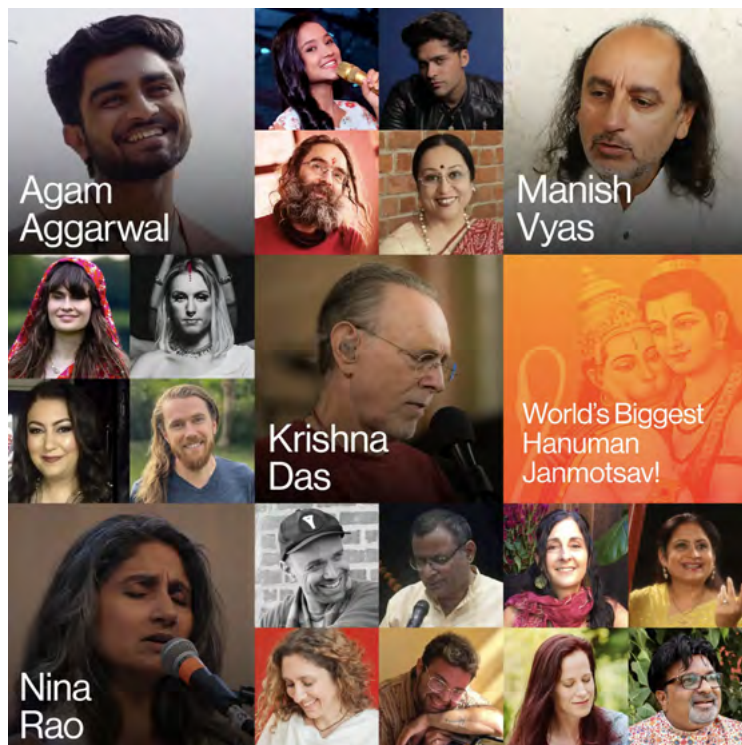
The Peace Letters Campaign: A Platform for Dialogue

The Peace Letters campaign serves as a vital bridge between grassroots concerns and global decision-makers. Having now dispatched over 1,000 letters, the campaign advocates for a culture of dialogue over conflict.

- **Legacy of Civil Advocacy:** Building on a history of addressing gun violence in the USA and advocating for peace in Ukraine, Go Dharmic continues to call for policy changes that prioritise human well-being and community safety over political or commercial interests.
- **Responding to Global Crises:** In 2024, Go Dharmic addressed urgent appeals to Professor Muhammad Yunus and Middle Eastern leaders. These letters focused on the fundamental right to safety for minority communities in Bangladesh and called for the protection of all civilians in conflict zones. This advocacy promotes a world rooted in mutual respect and understanding.
- **Legislative Action:** Go Dharmic joined the Zero Hour coalition to urge UK Prime Minister Keir Starmer to support the Climate and Nature Bill. This advocacy emphasises that protecting the environment is a shared ethical responsibility to future generations that requires science-led, immediate legislative action.

Global Initiatives for Solidarity and Change

108 Chalisas for World Peace (April 2024). This annual global event uses traditional chanting as a medium to foster a sense of global community, engage volunteers, champion long-term change, and raise funds for poverty alleviation. In 2024, the initiative reached 9.2 million people and raised over £16,000 to fund 10,000 meals. It demonstrates how cultural traditions can be harnessed as a modern force for tangible social good.



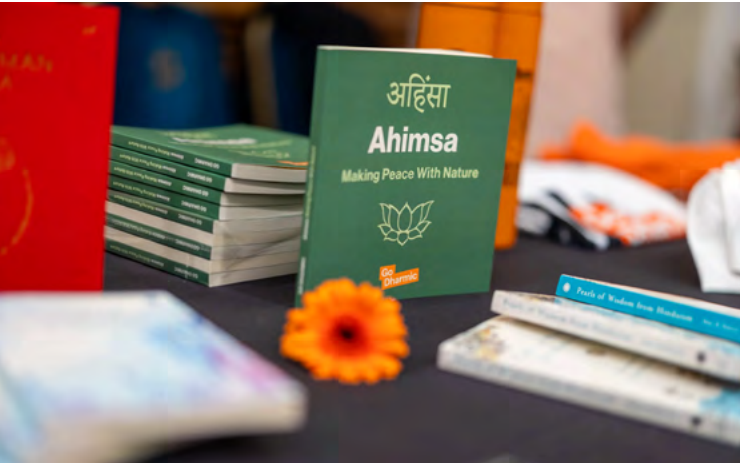
The Humankind Challenge (June 2024) Launched to support relief efforts in Manipur and other disaster-hit regions, this campaign focused on the logistics of humanitarian aid, aiming to serve 2 million meals globally. The challenge emphasised the importance of rapid-response solidarity in the face of social and environmental crises.

Mumbai City Dinner: Leadership in Philanthropy (September 2024) At the St. Regis Mumbai, Go Dharmic convened leaders from over 80 prominent organisations, including Barclays, and ABN AMRO Clearing. By engaging with high-profile figures from the worlds of sport and business, the event highlighted the role of corporate social responsibility in addressing hunger and education.





Westminster Gala and “Ahimsa” Book Launch (October 2024).
In a historic event at Central Hall Westminster, Go Dharmic hosted the inaugural London Diwali Gala. The evening marked the launch of Ahimsa: Making Peace with Nature, a work that explores how the concept of non-harming can serve as a blueprint for environmental sustainability. The event brought together policy-makers and changemakers, such as Baroness Sandip Verma, to discuss how compassionate living can reduce our ecological footprint, reduce food waste, and the crucial steps we may take as individuals and groups to advocate for peace across the world.



Featuring over 20 essays from contributors like **Dr. Nicholas Sutton, Sadhguru, and Ela Gandhi**, this book offers practical strategies to minimise environmental harm and active solutions to heal the planet.

**AHIMSA MAKING
PEACE WITH NATURE**



Case Study: Go Dharmic Speaking at the City of London Corporation Diwali Reception

In November 2024, Go Dharmic was invited by the City of London Corporation to speak at a high-profile Diwali reception at the Barbican Centre, held under the auspices of the **City Belonging Project**. This initiative seeks to build a more inclusive Square Mile where community thrives through mutual support and shared values. Representing Go Dharmic were Martin Dover, Scotland Trustee and King's Coronation Champion, and Uma Ramasubramanian, then Communications and Operations Executive and now Manager. The event provided a prestigious platform for Go Dharmic to advocate for **compassionate community** action before an audience of the then Lord Mayor, Alastair King, senior business leaders from the City of London, interfaith leaders, and members of the Hindu, Sikh, and Jain communities.



Advocacy: The Call to Compassion

During the proceedings, Go Dharmic delivered an address that bridged the spiritual traditions of India with modern humanitarian imperatives.

Go Dharmic defined its foundational philosophy through the concept of Dharma, asserting that just as the nature of fire is to provide light, the **inherent nature of humanity is to be humane**. The charity's work was presented as a profound expression of this "Human Dharma," guided by the compassionate mandate to "love all, feed all, and serve all."

The organisation highlighted its commitment to tackling immediate social needs through a lens of kindness. Go Dharmic emphasised a powerful community truth: while the roots of poverty are often complex and systemic, the act of **feeding a child is a simple, direct expression of compassion** that creates immediate positive change.

By operating five food distribution hubs within London, Go Dharmic showcased how community action serves both vulnerable people and the city as a whole. The redistribution of surplus food was shared as a compassionate necessity to enhance food security and reduce environmental harm, noting that every tonne of food saved prevents 4.2 tonnes of greenhouse gas emissions.

A Guiding Light

Go Dharmic utilised the symbolism of Diwali, the triumph of light over darkness and knowledge over ignorance, to illustrate its daily community initiatives. The festival was framed not merely as a celebration, but as a vital period for **self-reflection and the collective elevation of community well-being**.

Furthermore, the organisation drew parallels between its mission and the Barbican's exhibition, The Imaginary Institution of India. Go Dharmic specifically highlighted the concept of **Ahimsa (non-violence or non-harm)**, explaining how this sacred principle guides the charity's efforts to act as a protective force for both vulnerable individuals and the wider environment.



Strategic Reflections

The engagement allowed Go Dharmic to reinforce its vision of being a **“guiding light”** within urban communities. Reflecting on the event, Go Dharmic noted that it was a distinct honour to share this vision at the Lord Mayor’s reception. The organisation expressed that connecting with inspiring individuals reinforced the **incredible impact achievable when communities unite to create positive change**.

Through this collaboration with the City of London Corporation, Go Dharmic successfully advocated for the building of **compassionate, inclusive societies**, strengthening its position as a vital contributor to social welfare and the spirit of “belonging” within the City.



The Salt Ride: Retracing History for the Future (December 2024). Retracing the 440 km route of the 1930 Salt March in India, this journey focused on the intersection of history and sustainability. Participants cycled from Sabarmati to Dandi to raise awareness for the climate crisis, connecting with rural communities to promote education and environmental stewardship.

Davos: Unveiling the “Unforeseen Variable” (January 2025). At the World Economic Forum, Go Dharmic partnered with Homeless Entrepreneur to advocate for the inclusion of displaced people in global economic planning. The unveiling of the bronze sculpture The Unforeseen Variable by Veronica de Nogales served as a powerful visual reminder of human resilience. The artwork represents the potential of every individual and advocates for a future where no one is left behind.



Building an Informed Society

Education is the most effective tool for long-term change. Through partnerships with **RE Today** and **participation in the Faith and Development Conference**, Go Dharmic works to demystify ancient philosophies, presenting them as universal tools for interfaith understanding and social harmony. Whether through the development of the **Gunialekh Peace Centre** which serves as a hub for mindfulness and community education, or the distribution of resources on overcoming fear and uncertainty, Go Dharmic remains committed to fostering a more compassionate and resilient global society.

CONTRIBUTING TO THE U.N. SDGs



At Go Dharmic, our mission directly supports the United Nations Sustainable Development Goals (SDGs) through targeted campaigns that address global challenges. With a focus on six core areas, we align our efforts with the broader vision for sustainable development. Below is a summary of how our initiatives create meaningful contributions to these critical goals:



SDG 03

GOOD HEALTH AND WELL-BEING

Our relief efforts provide nutritious meals and vital supplies during emergencies, promoting healthier lives. Initiatives like health camps, cataract surgeries, and sanitation facilities improve access to healthcare, while our advocacy for plant-based lifestyles inspires healthier living.



SDG 01

NO POVERTY

We actively combat poverty through hunger relief, disaster support, and community empowerment. By providing essential resources and equipping youth with employable skills, we break the cycle of poverty and foster economic independence and stability.



SDG 04

QUALITY EDUCATION

We build libraries, computer labs, and implement skill development programmes in schools to promote literacy and inclusive education. By providing sanitation facilities for girls, we create a supportive environment for their education, ensuring equal opportunities for all.



SDG 02

ZERO HUNGER

Through surplus food redistribution and grocery kits, we tackle hunger and ensure food security. Relief kits address immediate nutritional needs during crises, while awareness campaigns encourage sustainable solutions to food-related challenges.



SDG 05

GENDER EQUALITY

Our programmes empower women through skill training, enabling them to support their families. By creating safe spaces for education and hosting events that promote gender inclusion, we foster equality and advocate for women's empowerment.



SDG 06
CLEAN WATER & SANITATION

We construct toilets and provide hygiene facilities, particularly for teenage girls, ensuring access to clean water and sanitation. Mangrove plantations naturally filter water for safe consumption, complementing our advocacy for sustainable water management.



SDG 09 **INDUSTRY, INNOVATION, AND INFRASTRUCTURE**

From modular toilet construction to mangrove plantation techniques, we champion innovative solutions. Our education programmes and advocacy for sustainable transport further contribute to community development.



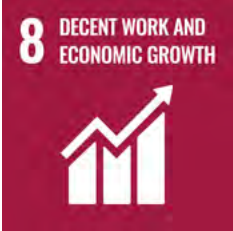
SDG 07
AFFORDABLE AND CLEAN ENERGY

Through advocacy and pledges, we raise awareness about clean energy solutions and sustainable practices. By promoting renewable energy adoption, we contribute to ensuring reliable and affordable energy access for all.



SDG 10
REDUCED INEQUALITIES

We bridge social gaps by providing education and vocational training to underserved communities. Our food distribution efforts and advocacy campaigns create opportunities for equitable growth and inclusion.



SDG 08 **DECENT WORK AND ECONOMIC GROWTH**

Our focus on education and skills training empowers individuals to secure sustainable livelihoods. These efforts enhance employability, reduce unemployment, and foster local economic growth.



SDG 11 **SUSTAINABLE CITIES AND COMMUNITIES**

We enhance urban resilience through environmental protection, disaster relief, and sustainable practices. Initiatives like mangrove plantations, libraries, and health facilities build inclusive and thriving communities



SDG 12 RESPONSIBLE CONSUMPTION & PRODUCTION

Redistributing surplus food and promoting plant-based living are at the heart of our sustainable initiatives. Advocacy events amplify our mission, driving widespread adoption of responsible consumption patterns.



SDG 15 LIFE ON LAND

Mangrove plantations, organic pledges, and food relief initiatives safeguard terrestrial ecosystems. These efforts ensure biodiversity and promote sustainable living for thriving ecosystems.



SDG 13 CLIMATE ACTION

Our Dharma Forest initiative, plant-based campaigns, and mangrove plantations are direct actions against climate change. These efforts integrate sustainability into everyday practices, contributing to global climate solutions.



SDG 16 PEACE, JUSTICE, AND STRONG INSTITUTIONS

Our Disaster Relief campaigns deliver critical support during crises, fostering stability and peace. Advocacy efforts promote inclusive societies and sustainable development, building stronger communities.



SDG 14 LIFE BELOW WATER

Through mangrove plantations and advocacy for plant-based living, we support marine ecosystems. Our campaigns address water pollution and promote practices that protect aquatic life.



SDG 17 PARTNERSHIPS FOR THE GOALS

Collaboration is at the core of our approach. By engaging with sponsors, organisations, and influencers, we maximise impact and deliver tailored solutions to global challenges. Through these efforts, Go Dharmic continues to contribute meaningfully to a more equitable, sustainable, and compassionate world.

Staffing, volunteers, and organisation

Go Dharmic is a volunteer-based organisation, with over 10,000 volunteers globally. We operate through a small team, which allows us to employ the vast majority of the donations we receive in our numerous campaigns. The majority of our distributions are set up, led, and coordinated entirely by volunteers, including: food collection, meal preparation, marquee and table setup, communication, and distribution. We take every effort to train each new volunteer with our Safeguarding Policy and perform a DBS check for lead Volunteers operating within the UK.

For the campaigns and projects that operate outside of the UK – such as Global Disaster Relief – we principally utilise volunteer teams that are composed of locals, or utilise staff from our various partners. In certain instances we will send a UK member of our staff to coordinate a project, as occurred in our relief efforts on the Romanian and Polish borders with Ukraine.

We believe that this acting structure maximises our flexibility, permitting us to act and mobilise quickly and perform campaigns in locations where it may be impractical or costly to send UK staff. As our volunteers are typically composed of locals, this also ensures that the communities where the charitable impact is taking place are consulted and closely involved. We do not believe in simply imposing what we may believe to be a benefit, when the local beneficiaries do not. This is avoided by involving locals in the planning, organisation, and execution of projects. It is, however, a structure that we carefully monitor and review annually with the Board of Trustees.

Reserves Policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

Safeguarding

Go Dharmic Welfare recognises that the welfare of children, young people and vulnerable adults is paramount and that they all, regardless of ability or culture, have equal rights of protection. GD has a duty of care and will do everything it can to provide a safe, caring and secure environment for them whilst they are engaged in GD activities.

Go Dharmic ensures that its safeguarding policy and any associated procedures and training comply with the Charity Commission's guidance on good practice in safeguarding children, young people and vulnerable adults, and that safeguarding arrangements are proportionate to the risks involved.

Go Dharmic will:

- Ensure all staff have access to, are familiar with, and know their responsibilities within this policy.
- Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Go Dharmic Welfare. This includes the way in which information about individuals in our programmes is gathered and communicated.
- Implement stringent safeguarding reporting procedures when recruiting, managing, deploying staff and associated personnel.
- Ensure staff receive training on safeguarding at a level commensurate with their role in the organisation
- Follow up on reports of safeguarding concerns promptly and according to due process

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Designated Safeguarding Lead (DSL) or immediate manager. If the staff member does not feel comfortable reporting to their Designated Safeguarding Lead or immediate manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to any other appropriate staff member.

Go Dharmic will accept complaints from external sources such as members of the public, partners and official bodies.

The DSL will receive and deal with any complaints made against GD staff and volunteers in terms of safeguarding.

Risk Management

Our approach to risk management is organised around a potential cost-benefit analysis, composed of staff, volunteer, and beneficiary safety. Our central staff judiciously consider the likelihood and gravity of any negative consequences that could take place from any and all of our campaigns and projects, and weigh these against the potential benefits. The team performs this calculation giving greater weight to potential risks, prioritising safety.

To illustrate with an example of this process, for our Kyiv relief efforts, we concluded that we could not send a disaster relief team, nor send any staff from the UK, as even if a team could enter Ukraine the danger the team would be placed in would be too high, as well as disproportionate to the aid that they could provide; instead, we worked out that we could make a more substantial impact and minimise risk by supporting volunteers that were already in Kyiv.

For our distributions, we have a dedicated risk assessment guide and response sheet, divided between 11 Hazard criteria, with categories for: Type of Risk (Falls, Cuts, Loss of Property, Food Poisoning, Mental Harm, etc.), To Who (Volunteer, Staff, Beneficiary Likelihood (Low-High), Magnitude of Risk (Low-High), Mitigation, Review Period.

Glossary of Terms

Beneficiary of Assistance

Someone who directly receives goods or services from Go Dharmic's programme. Note that misuse of power can also apply to the wider community that the Go Dharmic Welfare serves, and also can include exploitation by giving the perception of being in a position of power.

Child

A person below the age of 18. In this document, as in the Children Act 1989 and 2004, a Child is anyone who has not yet reached their 18th birthday. 'Children' therefore means 'Children and Young People' throughout. The fact that a Child has reached 16 years of age, is living independently, is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders' Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989 and 2004.

Harm

Psychological, physical and any other infringement of an individual's rights.

Psychological Harm

Emotional or psychological abuse, including (but not limited to) humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, solitary confinement and isolation.

Abuse

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults or another child or children.

Physical Abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

Emotional Abuse

The persistent emotional maltreatment of a child such as to cause severe and adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's

developmental capability as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, although it may occur alone.

Sexual Abuse

The term 'sexual abuse' means the actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions, involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

Sexual Exploitation

The term 'sexual exploitation' means any actual or attempted abuse of a position of vulnerability, differential power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another. This definition includes human trafficking and modern slavery.

Child Sexual Exploitation

A type of sexual abuse. Children in exploitative situations and relationships may receive gifts, money or affection in return for performing sexual activities. Children or young people may be tricked into believing they are in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed online.

Neglect

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. Once a child is born, neglect may involve a parent or carer failing to: provide adequate food, clothing and shelter (including exclusion from home or abandonment); protect a child from physical and emotional harm or danger; ensure adequate supervision (including the use of inadequate care-givers); or ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

Survivor

The person who has been abused or exploited. The term 'survivor' is often used in preference to 'victim' as it implies strength, resilience and the capacity to survive, however it is the individual's choice how they wish to identify themselves.

Recognising Types of Abuse and Neglect

Abuse can take a number of forms including physical, emotional or sexual abuse, child sexual exploitation and neglect. Examples of such abuse (as noted in the Department of Education publication "Working Together to Safeguard Children 2015") are contained in Appendix 4. All GD staff and volunteers should be aware that abuse, neglect and safeguarding issues are rarely standalone events that can be covered by one definition or label. In most cases multiple issues will overlap with one another.

Protection from Sexual Exploitation and Abuse (PSEA)

The term is used by the humanitarian and development community to refer to the prevention of sexual exploitation and abuse of affected populations by staff or associated personnel. The term derives from the United Nations Secretary General's Bulletin on Special Measures for Protection from Sexual Exploitation and Abuse (ST/SGB/2003/13).

Safeguarding

Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur. This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes. Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty. Safeguarding puts beneficiaries and affected persons at the centre of all we do.

At Risk Adult / Vulnerable Adult

Sometimes also referred to as a vulnerable adult, a person who is or may be in need of care by reason of mental or other disability, age or illness; and who is or may be unable to take care of him or herself, or unable to protect him or herself against significant harm or exploitation. The definition of vulnerable adult in "Who Decides?" (Lord Chancellor's Office 1997)" and as used in this document is anyone who is over 18 who:

- Is or may be in need of community care services by reason of mental or other disability, age or illness; and
- Is or may be unable to take care of himself or herself; or
- Is unable to protect themselves against significant harm or serious exploitation.

Volunteer

In this document, as in the Disclosure and Barring Service (DBS) Glossary of Terms 2012, a Volunteer is a person who is engaged in any activity which involves spending time, unpaid (except for travelling and other approved out-of-pocket expenses), doing something which aims to benefit some third party other than or in addition to a close relative. For the purposes of this policy this encompasses but is not limited to Company Based Volunteers, Class Based Volunteers, Local Volunteer Board (LVB) Members and GD Trustees.

Staff Member

A Staff Member is anyone employed by GD. For the purposes of this policy this encompasses, but is not limited to, permanent staff, casual staff, Associates and Consultants as well as Seconded/ Interns.

Position of Trust

Any person connected with GD who comes into contact with children or vulnerable adults in the performance of their role is in a position of trust and subject to this policy

FINANCIALS

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025 FOR GO DHARMIC WELFARE UK

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance And Management

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Reference And Administrative Details

Registered Charity number
1171619

Principal address

Suite 119C, Business Design Centre
52 Upper Street
Islington
London
N1 0QH

Trustees

Dimple Mistry
Ram Goyal
Joshua Fields
Shivani Deepti Patel
Nicholas Sutton
Sheena Randerwala
Manish Tiwari (Appointed: 09 October 2025)
Ajay Randerwala (Appointed: 04 March 2025)
Puneet Dwivedi (Appointed: 29 January 2025)
Martin Ian Dover (Appointed: 23 December 2024)
Sejal Patel (Resigned: March 2025)
Claire Missingham (Resigned: March 2025)
Swaminathan Vaidyanathan (Resigned: September 2024)

Approved by order of the board of trustees on 29 December 2025
and signed on its behalf by:



Dimple Mistry,
Chair of Go Dharmic

EXAMINERS REPORT

Accountants' Report To The Directors Of Go Dharmic Welfare Uk

You consider that the charity is exempt from an audit for the year ended 31 March 2025. You have acknowledged, on the balance sheet, your responsibilities for complying in accordance with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its statement of income and expenditure for the financial year.

In accordance with your instructions, we have prepared the charity accounts which comprise the Statement of financial activity, the Balance Sheet and the related notes from the accounting records of the charity and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Rshah Accounting Services

RSHAH Accounting Services LTD

Accountants & Tax Advisers
35A High Street
Ruislip
Middlesex
HA4 7AU

Date: 29 December 2025

INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES OF GO DHARMIC WELFARE UK

Independent examiner’s report to the trustees of Go Dharmic Welfare UK I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Trust’s accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner’s statement

The charity’s gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales. As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance. Our work has been undertaken in accordance with ICAEW Technical Release 07/16 AAF.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Briar Wilson Carter Ltd

Bhavik Raghvani ACA CTA
Briar Wilson Carter Limited

Institute of Chartered Accountants in England and Wales
Alpha House, 296 Kenton Road
Harrow
HA3 8DD

Date: 29 December 2025

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds (£)	Restricted funds (£)	Total 2025 (£)	Total 2024 (£)
Income And Endowments From					
Donations and legacies	2	313,792	218,375	532,167	479,598
		313,792	218,375	532,167	479,598
Expenditure On					
Charitable Giving:					
UK Food Poverty Alleviation		97,851	161,219	259,070	149,450
International Social Development Programs		13,613	41,581	55,194	148,555
Advocacy Campaign		36,395	7,972	44,367	47,674
Cost of Raising Funds:					
Wages and Salaries		93,395	30,867	124,262	116,600
Fundraiser Platform Subscription		909	-	909	2,119
Other Admin Expenses		31,219	49	31,268	69,110
Total resources expended		273,381	241,688	515,070	533,508
Net (expenditure) / Income for the year					
Net movement in funds		40,411	(23,313)	17,098	(53,910)
Total funds brought forward		36,818	97,532	134,350	188,260
TOTAL FUNDS CARRIED FORWARD		77,229	74,219	151,448	134,350

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes		2025 (£)	2024 (£)
Fixed assets				
Tangible assets	6		22,650	28,234
Current assets				
Debtors	7	1,100	-	
Cash at bank		129,916	113,685	
		131,016	113,685	
Creditors: amounts falling due within one year	8	(2,218)	(7,569)	
Net current assets			128,798	106,116
Net assets	9		151,448	134,350
Income funds				
Restricted funds			74,219	97,532
Net assets			77,229	36,818
Total funds			151,448	134,350

The financial statements were approved by the Board of Trustees and authorised for issue on 29 December 2025 and were signed on its behalf by:



Dimple Mistry,
Chair of Go Dharmic

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting policies

1.1 Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GO DHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

1.2 Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

1.3 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.4 Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK are included within incoming resources and resources expended at an estimate of their value to the Trust.

1.5 Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures, fittings & equipment - 20% WDV

Motor vehicles - 20% WDV

1.7 Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.8 Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

1.9 Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

1.10 Fund accounting

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

1.11 Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

1.12 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2. Incoming resources from charitable activities

Income from donations and legacies

Included within income relating to Income donations and legacies

	Unrestricted funds (£)	Restricted funds (£)	2025 (£)	2024 (£)
Income from donations and legacies	313,792	218,375	532,167	479,598
Included within income relating to Income donations and legacies				
Donations	195,137	48,802	243,939	212,779
Gift Aid	29,578	-	29,578	5,543
In-kind Donations	-	91,250	91,250	85,445
City Bridge Foundation Grant	-	66,330	66,330	-
Other Grants	89,077	11,993	101,070	175,051
Other Donations	-	-	-	780
	313,792	218,375	532,167	479,598

3. Raising Funds

Raising donations and legacies

Support costs

	2025 (£)	2024 (£)
Support costs	515,070	533,508

4. Activities Undertaken Directly

	2025 (£)	2024 (£)
Fundraiser Platform Subscription	909	2,119
Website & Software expenses	4,577	7,522
Rent	17,697	43,079
UK Food Poverty Alleviation	259,070	149,450
International Social Development Programs	55,194	148,555
Advocacy Campaign	44,367	47,674
Telephone expenses	-	706
Accountancy Fees	1,100	1,030
Depreciation	5,662	6,670
General Expenses	432	1,832
Bank Charges	64	1,583
Insurance	1,736	6,688
Wages and Salaries	124,262	116,600
	515,070	533,508

6. Tangible Fixed Assets

	Fixtures, fitting & equipment (£)	Motor vehicles (£)	Total (£)
Cost			
At 1 April 2024	6,330	48,528	54,858
Additions	79	-	79
At 31 March 2025	6,409	48,528	54,937
Depreciation			
At 1 April 2024	1,214	25,410	26,624
Charge for the year	1,039	4,624	5,663
At 31 March 2025	2,253	30,034	32,287
Net book value			
At 31 March 2025	4,156	18,494	22,650
At 31 March 2024	5,116	23,118	28,234

7. Debtors

	2025 (£)	2024 (£)
Prepayments	1,100	-

5. Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the period ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the period ended 31 March 2024.

8. Creditors: Amounts Falling Due Within One Year

	2025 (£)	2024 (£)
Accruals	190	1,200
Other creditors	2,028	6,369
	2,218	7,569

9. Analysis of net assets between funds

Fund balances at 31 March 2025 are represented by:

	Unrestricted funds (£)	Restricted funds (£)	2025 (£)	2024 (£)
Tangible fixed assets	22,650		22,650	28,234
Current assets	56,797	74,219	131,016	113,685
Creditors: amounts falling due within one year	(2,218)		(2,218)	(7,569)
	77,229	74,219	151,448	134,350

Movement in Restricted Funds

(The table below reconciles the restricted funds balance of £74,219 carried forward from the Balance Sheet)

Fund Name:

	City Bridge Foundation (Feed Everyone London)	Other Restricted Funds	Total Restricted Funds
Opening Balance 2024	-	97,532	97,532
Incoming Resources	66,330	152,045	218,375
Resources Expended	(66,330)	(175,358)	(241,688)
Transfers	-	-	-
Closing Balance 2025	-	74,219	74,219

The City Bridge Foundation (Feed Everyone London) fund represents the first installment of a five-year grant awarded on **28 March 2024**, totaling £366,520. The annual allocations are: £66,330 (2025), £69,650 (2026), £73,130 (2027), £76,785 (2028), and £80,625 (2029).

This fund is restricted for the exclusive purpose of contributing to the **Operations Manager and Director salaries** and the associated project costs of developing and delivering the **Feed Everyone London project**.

The full amount of the first year's allocation £66,330 was recognised as income and fully expended on the restricted purposes during the year. The remaining funds are subject to terms and conditions for subsequent years and are therefore not yet recognised in these financial statements. **The closing balance for this restricted fund at 31st March 2025 is £0.**

10. Reserves policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

11. Related party disclosure

There were no related party transactions for the year ended 31 March 2025.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

This schedule does not form part of the statutory accounts.

	2025 (£)	2024 (£)		2025 (£)	2024 (£)
INCOME AND ENDOWMENTS			EXPENDITURE		
Donations	243,939	212,779	Fundraiser Platform Subscription	909	2,119
Gift Aid	29,578	5,543	Website & Software expenses	4,577	7,522
In-kind Donations	91,250	85,445	Rent	17,697	43,079
Other Donations	-	780	UK Food Poverty Alleviation	259,070	149,450
City Bridge Foundation Grant	66,330	-	International Social Development Programs	55,194	148,555
Other Grants	101,070	175,051	Advocacy Campaign	44,367	47,674
	532,167	479,598	Telephone expenses	-	706
			Accountancy Fees	1,100	1,030
			Depreciation	5,662	6,670
			General Expenses	432	1,832
			Bank Charges	64	1,583
			Insurance	1,736	6,688
			Wages and Salaries	124,262	116,600
				515,070	533,508

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