

GO DHARMIC WELFARE UK

England & Wales · Charity number 1171619

Details

Other names	GO DHARMIC
Status	Registered
Legal form	CIO
Registered	2017-02-15
Register	View on the Charity Commission register

Contact

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Business Design Centre
52 Upper Street
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Activities

Objects: TO RELIEVE THE CHARITABLE NEEDS OF PERSONS LIVING IN THE UK, INDIA AND NEPAL BY:A. THE RELIEF OF FINANCIAL HARDSHIP, IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF BASIC NECESSITIES, SUCH AS FOOD B. THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH BY FACILITATING ACCESS TO THE PROVISION OF HEALTHCARE C. THE ADVANCEMENT OF EDUCATION AND TRAINING OF THOSE IN THE COMMUNITY WHO ARE IN NEED THEREOF SO AS TO ADVANCE THEM IN LIFE AND ASSIST THEM TO ADAPT WITHIN THE WIDER COMMUNITY BY THE PROVISION OF EDUCATIONAL FACILITIES2. TO PROMOTE HUMANE BEHAVIOUR TOWARDS ANIMALS BY PROVIDING APPROPRIATE CARE, PROTECTION, TREATMENT AND SECURITY FOR ANIMALS WHICH ARE IN NEED OF CARE AND ATTENTION BY REASON OF SICKNESS, MALTREATMENT, POOR CIRCUMSTANCES OR ILL USAGE AND TO EDUCATE THE PUBLIC IN MATTERS PERTAINING TO ANIMAL WELFARE IN GENERAL AND THE PREVENTION OF CRUELTY AND SUFFERING AMONG ANIMALS.

Activities: Go Dharmic Welfare UK runs multiple charitable campaigns. Go Dharmic serves to reduce food poverty and food waste, has developed 107 libraries for underprivileged children in India and Nepal, promotes environmental awareness, and assists with disaster relief. Go Dharmic is a platform for compassion in action.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Accommodation/housing, Arts/culture/heritage/science, Animals, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- India
- Nepal
- Scotland
- United States
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£532,167	£515,070	£151,448	4
2024-03-31	£479,598	£533,508	-	-
2023-03-31	£458,988	£549,266	-	-
2022-03-31	£590,197	£428,471	£278,538	4
2021-03-31	£390,810	£292,323	-	-

Trustees

Name	Role	Appointed
AJAY RANDEWALA		2025-03-04
Dimple Mistry		2022-05-31
Dr NICHOLAS SUTTON		2017-02-15
Joshua Fields		2022-06-28
Manish Tiwari		2025-10-09
Martin Ian Dover		2024-12-23
Puneet Dwivedi		2025-01-29
RAM GOYAL		2022-08-01
SHEENA RANDEWALA		2017-02-15
Shivani Deepti Patel		2021-09-17

GO DHARMIC WELFARE UK

England & Wales - Charity number 1171619

Accounts

GO DHARMIC

ANNUAL REPORT

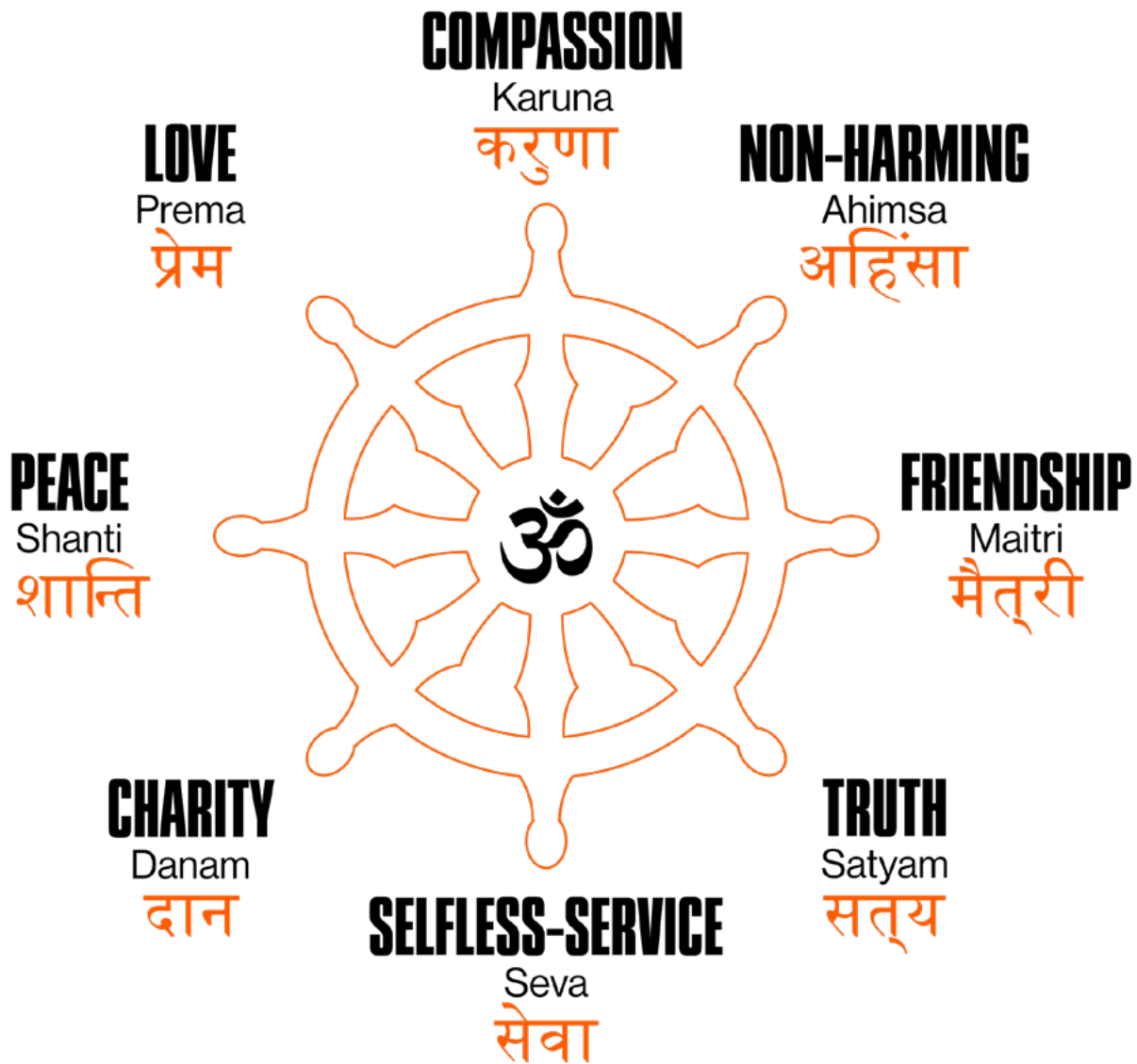
01 April 2024 – 31 March 2025

Love All. Feed All. Serve All.

England and Wales Charity Number: 1171619
Scotland Charity Number: SC050775



**Go
Dharmic**



Reference and Administrative Information:

Offices and Registration

REGISTERED OFFICE UK

Go Dharmic, Suite 119C,
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N1 0QH

REGISTERED OFFICE SCOTLAND

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Glasgow, Scotland

CHARITY NUMBER

1171619, England and Wales.
SC050775, Scotland.

Professional Advisors:

INDEPENDENT EXAMINER

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Briar Wilson Carter Limited
Institute of Chartered Accountants in England and
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HA3 8DD

ACCOUNTANT

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BANKERS

GO DHARMIC WELFARE UK
BARCLAYS BANK
Leicester, LE87 2BB, UK

Annual Report Declaration: The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2025 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year.

The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

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ABOUT GO DHARMIC

Go Dharmic Welfare UK is a registered Charitable Incorporated Organisation (CIO) dedicated to serving all living beings and our planet through acts of kindness, compassion, and love. Inspired by the ancient principles of **vasudhaiva kutumbakam**—“the world is one family”—and dharma, the universal principle guiding right action and social harmony, Go Dharmic works tirelessly to alleviate suffering and foster global compassion through meaningful social action.

We work to extend our humanitarian efforts to all who need support, regardless of nationality, creed, or circumstance. Our initiatives include disaster relief, education, environmental protection, and social campaigns aligned with the 17 United Nations Sustainable Development Goals (SDGs). Powered by an incredible network of volunteers and staff, we create a culture of empathy, fostering compassion and a relentless drive to help others.

The Trustees continue to follow the Charity Commission’s guidance on public benefit as we pursue our objectives. Go Dharmic is a forward-thinking, digital-first charity that unites people under the ethos to **Love All, Feed All, Serve All**. Through our app, local WhatsApp groups, social media, and other technology platforms, we connect individuals passionate about making a difference in their communities and beyond.

Our local groups, led by dedicated community leads, have the autonomy to identify and address local needs within Go Dharmic’s guiding principles. This decentralised approach allows us to launch impactful campaigns tailored to specific areas, creating tangible change at the grassroots level.

From fighting poverty and promoting education to addressing environmental concerns, we act on the pressing issues of our time. Our food distribution programmes, a cornerstone of our outreach, embody our principles of love and compassion—bringing communities together to serve the most vulnerable.



MISSION

Our mission is rooted in love and compassion. At the heart of Sanatana Dharma is the call to **Love All, Serve All, and Feed All.** Whether in moments of peace or times of crisis, Go Dharmic serves as a beacon of hope, alleviating suffering wherever it arises.

We are a grassroots movement of individuals dedicated to selfless service, driven by the desire to make the world a kinder, more equitable place. Across towns and cities, Go Dharmic communities unite to express love and compassion through various social action initiatives. These efforts not only assist those in need but also extend to protecting animals and the environment.

The teachings of the **Mahabharata** remind us to uphold our dharma, to uphold our human purpose and dignity. Just as **King Yudhishthira** chose to care for a dog over entering heaven alone, we are committed to acts of service that reflect deep integrity and compassion for all beings.



A MESSAGE FROM GO DHARMIC

THE FOUNDER AND DIRECTOR

Namaste,

Go Dharmic is a movement rooted in the enduring principles of Sanatana Dharma and a profound commitment to **ahimsa** (the practice of non-harming). At its core, our mission is defined by action: the delivery of love, compassion, and selfless service to those who need it most. What began as a small group of volunteers distributing a few bananas has flourished into a global network of kindness, with over 10,000 people dedicated to creating a more compassionate world.

Our guiding motto, “**Love All, Feed All, Serve All,**” is far more than a philosophy; it is a call to mobilise. It serves as a constant reminder that meaningful change is possible when we unite with a shared purpose. Through selfless service, we have extended hope to communities across the globe: feeding the hungry, supporting education, responding to natural disasters, and addressing the critical need for environmental sustainability.

The heartbeat of Go Dharmic is our vibrant and expanding network of volunteers. Co-ordinated through hundreds of WhatsApp groups, this community functions as a rapid-response team, allowing us to adapt to challenges as they unfold. Whether responding to flooding in India, the cost-of-living crisis in the UK, or food insecurity in the USA, our volunteers mobilise with speed to meet the specific needs of the moment. This agile structure ensures that compassion reaches the frontline and it is the very essence of the “Go” in Go Dharmic.

Our work is defined by the spirit of collaboration. Through our global partnerships with organisations and communities across the UK, India, the USA, and beyond, we are building essential bridges of support. These alliances allow us to amplify our impact, whether we are managing large-scale food distributions, delivering vital supplies during emergencies, or developing long-term, sustainable solutions to protect our planet.

At the heart of our mission is the conviction that community and selfless service are the most powerful catalysts for transformation. By embracing the values of Sanatana Dharma, we strive to lead with love and unity, fostering harmony among all beings. Ahimsa remains our guiding light, encouraging us to reduce harm wherever possible, whether it be through spreading peace, or working to heal the environment.

As we reflect on our journey from humble beginnings to a global movement, we recognise how much more we can achieve together. Every act of kindness, however small, has the power to inspire change and bring light into the world.

With heartfelt gratitude to our volunteers, supporters, and partners, we remain dedicated to delivering **compassion in action**. By aligning our efforts with dharmic values, we aim to build a future where peace, kindness, and love form the foundation of all we do.

With love and gratitude,

HANUMAN DASS

FOUNDER AND DIRECTOR



A MESSAGE FROM THE CHAIR OF TRUSTEES

Namaste,

As we look back on the past twelve months, we reflect on what has been a remarkable year of compassion, kindness, and positive change. This progress was made possible by the unwavering support of our **Go Dharmic family**. Together, we have achieved incredible milestones, touching lives across the globe and spreading hope where it is needed most. It is with a heart full of gratitude that I share the progress of our collective journey.

This year, our mission to turn kindness into action reached new heights. We proudly served over **3.5 million meals**, ensuring that nourishment reached those facing the greatest hardship. Our commitment to the environment has been equally profound; we are now nurturing over **250,000 mangrove trees**. This vital effort not only won a prestigious environmental award but has also solidified our dedication to sustainability and the protection of our planet. By saving tonnes of food waste, we have successfully transformed what would have been discarded into life-sustaining opportunities.

Education remains at the very heart of our mission. This year, we supported over **10,000 children**, providing them with the tools and encouragement to unlock brighter futures. Our impact has also been felt on the global stage through our humanitarian relief efforts. From providing aid to those affected by the **floods in Valencia** to supporting families devastated by the **cyclone in Manipur**, Go Dharmic has been on the front lines of disaster relief, delivering essential meals and hope.

The spirit of our community was beautifully captured in our major events this year. We hosted the first-ever **Diwali Gala in Westminster**, raising over £40,000 through our charity auction, and united for world peace by chanting the **Hanuman Chalisa 108 times**. Furthermore, our **Human Kind Fundraiser** raised over £80,000, which is a testament to the generosity of our supporters.

Our work continues to develop through high-level advocacy and strategic partnerships. We were honoured to have the then **Prime Minister, Rishi Sunak**, recognise our impact and volunteer alongside us, and we have strengthened our ties with the **City of London Corporation**, including being the guest speakers at their Barbican Diwali event. We are also thrilled to announce a landmark **five-year partnership with the City Bridge Foundation**, which will significantly bolster our long-term capacity to serve.

As this transformative year comes to an end, I want to extend my deepest **gratitude to the Go Dharmic team**, who continue to show their unwavering commitment to the charity, and to you for engaging with and supporting us. I am grateful to our volunteers who dedicated thousands of hours, and our donors whose belief in our mission has made the last year a year of infinite possibility.

Thank you. Let us continue to walk this path together, guided by the values of love and selfless service.

Kindest Regards,

DIMPLE MISTRY

CHAIR OF TRUSTEES



PRINCIPLES

Go Dharmic's founder, Hanuman Dass, and Dr Nicholas Sutton, Professor at the Oxford Centre for Hindu Studies, formulated eight principles of Dharma grounded in sacred texts. They express the heart of Go Dharmic's mission and campaigns. These principles, as part of Sanatana Dharma, are applicable for every one of us, regardless of caste, creed, colour, nation; regardless of belief. It is these principles that will enable the flourishing of our world and we should make them the foundation of our lives.

Our Principles are our Call to Action:

PREMA. LOVE EVERYONE

"Love is the most powerful force for good in the world. It reflects the universal unity and oneness of all living beings, and that's what we at Go Dharmic represent. Dharma is love for all beings."

DANAM. GIVE CHARITY

"Giving your time and money to help others is to fulfil a higher purpose here on Earth. Charity is a real expression of compassion, not just in thoughts or words but in action."

SEVA. SERVE EVERYONE

"Selfless service for the community is a catalyst of change. We work at grass-roots level, supporting youth to help communities transform themselves into peaceful and actively engaged societies."

KARUNA. BE COMPASSIONATE

"To genuinely feel the suffering of other living beings is compassion. Our lives are filled with difficult choices and we have to look within our hearts. To choose Shreyas (good action) over Preyas (pleasurable action), and to recognise that we are all in this together, is compassion."

SATYAM. TELL THE TRUTH

"Truth is accepting reality as it is and acting with the highest level of accountability. Realising the truth that we are in a position to help and serve others is a step on the path of realising the love we have within us."

SHANTI. SPREAD PEACE

"If we cannot be peaceful, we cannot create the conditions for peace. We must have peace within ourselves as well as within our societies. Peace is cultivated through loving and caring for others."

MAITRI. BE FRIENDLY

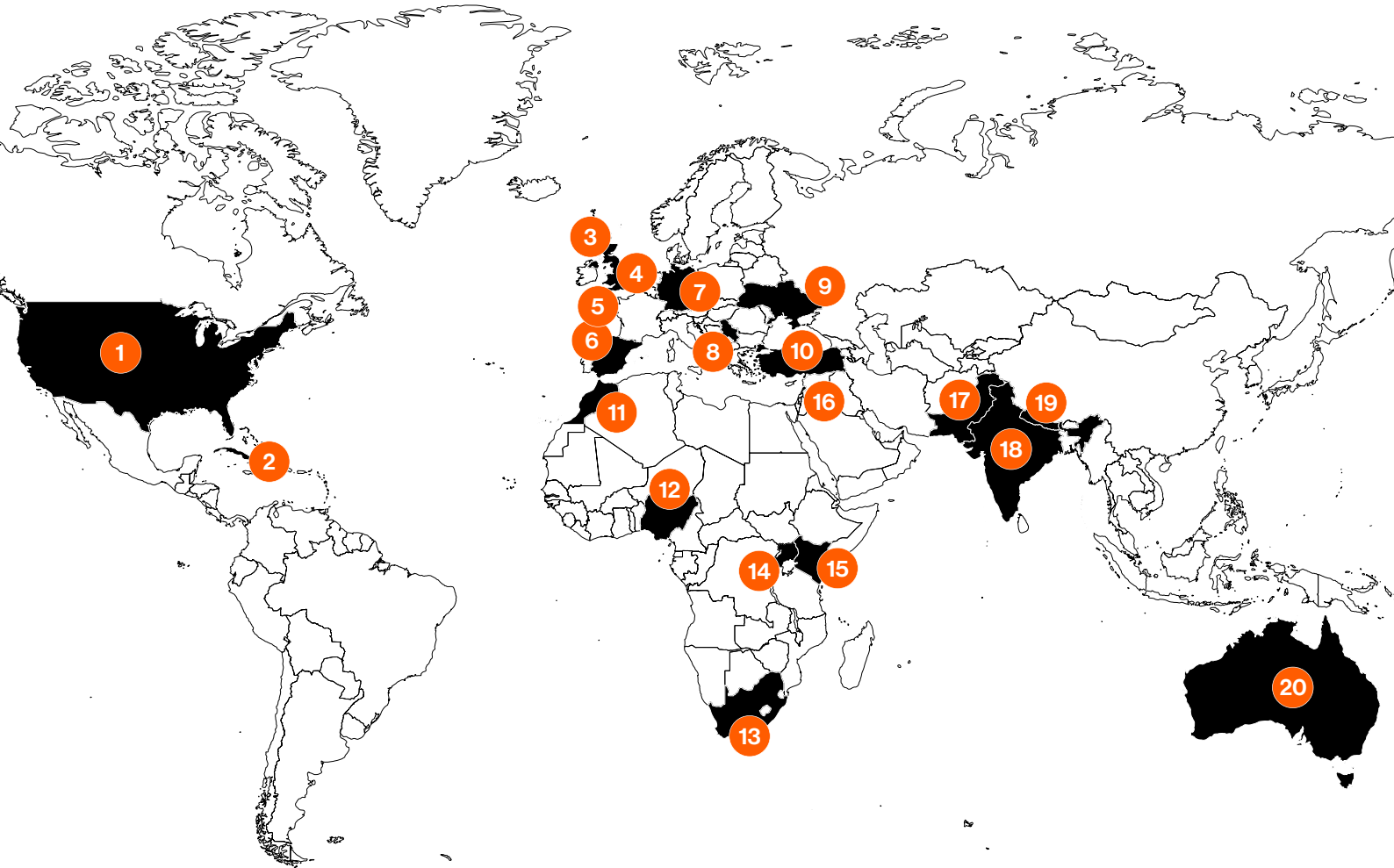
"Friendship is the ideal spiritual and humanitarian states. To be a friend to all living beings is like the sun shining brightly, warming all without discrimination."

AHMISA. EMBRACE NON-VIOLENCE

"Ahimsa (non-harming) is the highest Dharma (duty and responsibility). Through the practical application of non-harming, we can restore nature, end all war, respect all life and create the conditions for peace on Earth."



GLOBAL FOOTPRINT



1 United States



2 Cuba



3 Scotland



4 Wales



5 England



6 Spain



7 Germany



8 Serbia



9 Ukraine



10 Turkey



11 Morocco



12 Nigeria



13 South Africa



14 Uganda



15 Kenya



16 Lebanon



17 Pakistan



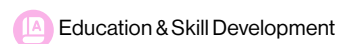
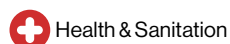
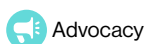
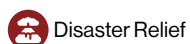
18 India



19 Nepal



20 Australia



IMPACT OF 2024 – 2025

Served more than

3.5 MILLION MEALS globally

Nurtured

250 THOUSAND MANGROVE trees

Benefitted

35,000 CHILDREN

Over

980 TONNES OF FOOD WASTE was saved

Over

100 HECTARES OF LAND were transformed

Continuing to support rural schools with

50 MODULAR TOILETS in schools

Over

30 THOUSAND TONNES OF CARBON sequestered

PROVIDED RELIEF ACROSS 7 CRISES around the globe

More than

4,116 TONNES OF GREENHOUSE GASES WERE AVOIDED

Supporting

108 SCHOOLS LIBRARIES and COMPUTER LABS with our

Over

2.2 MILLION VOLUNTEER HOURS given

FOOD POVERTY



FOOD POVERTY

Building a Future Beyond Hunger

Go Dharmic is dedicated to addressing poverty through a powerful, two-pronged strategy: delivering immediate, essential food security relief and simultaneously tackling the deep-seated social and economic factors that perpetuate food insecurity.

The organisation recognises that its food distributions must be more than transactional; they are designed as a holistic intervention aimed at fostering community connections, combating loneliness, mitigating mental health challenges, and addressing significant environmental issues such as colossal food waste. By consistently cultivating a universal spirit of care and compassion, Go Dharmic strives to achieve profound and lasting positive change in the lives of those most affected by poverty worldwide.

Global Outreach and Operational Scale

The organisation maintains significant and far-reaching operations across the globe, including key hubs in England, Scotland, Wales, the United States, and India, among other regions. This consistent commitment to relief work has yielded a demonstrable and measurable effect in the global battle against food insecurity and its wider socio-emotional consequences. To date, Go Dharmic has successfully distributed over 27 million meals and meal kits across the world. A major focus has been the United Kingdom, where 15 million meals have been distributed alone. Furthermore, in just the last year, Go Dharmic delivered nearly 3.5 million meals globally, underscoring the scale and urgency of its ongoing efforts.



Understanding the Challenge: Food Poverty in the UK

Food poverty has tragically escalated into one of the UK's most critical social issues, intensified dramatically by the relentless cost-of-living crisis. The combined effect of soaring inflation, stagnant wages, and high household expenses has severely limited the ability of millions of families to afford basic necessities, consequently forcing them into hardship and reliance on external aid.

Critical UK and London Statistics

Recent figures from 2024 and 2025 demonstrate the severity and the deepening nature of this crisis. Food insecurity remains stubbornly high, with over **one in ten households (11.3%)** in the UK currently experiencing food insecurity, where levels remain a serious concern despite falling slightly since the peak of the cost-of-living crisis (The Food Foundation, 2025). This vulnerability is particularly acute for households with children.

The devastating impact of poverty has deepened significantly, according to the Joseph Rowntree Foundation. The average person in poverty had an income 29% below the poverty line between 2019/20 and 2021/22, a gap that has tragically widened over the past quarter-century (Joseph Rowntree Foundation, 2024). Furthermore, the reality of impossible choices is stark: as of October 2023, **58% of the poorest households** reported not having enough money for food, with a shocking **72% going without essentials like food, heating, or clothing (Joseph Rowntree Foundation, 2024)**.

This lack of security has led to a surge in dependency on charitable support, now at crisis level. The Trussell Trust network distributed **2.9 million emergency food parcels** in 2024/25, with more than **1 million of these going to children** (House of Commons Library, 2025). This unprecedented demand reflects the dire financial hardship faced by vulnerable groups, including the finding that **69% of people** referred to Trussell food banks are disabled. In London, the situation is even more acute: **24% of Londoners** live in poverty, and 40% of children in the capital recently experienced food insecurity. The extensive repercussions of this crisis are undeniable, impacting physical health, mental well-being, and educational outcomes, with the associated stigma often leading to social isolation.

Global Hunger and Waste: A Dual Catastrophe

The global food system is fundamentally challenged by the profound paradox of widespread, acute hunger existing alongside massive, unnecessary food waste, which represents both a moral and an environmental crisis.

Global Hunger: Numbers in Crisis

Despite the world producing sufficient food to nourish its entire population, hunger persists as a severe global issue. An estimated **673 million people** experienced hunger in 2024 (FAO, 2025). More worryingly, a staggering **318 million people** currently face acute hunger at Crisis levels or worse, a figure that is tragically more than **double** that recorded in 2019 (WFP, 2026). The extreme severity of the crisis is tragically underscored by the confirmation of **two famines** occurring simultaneously in parts of **Gaza and Sudan** in 2024 and 2025, illustrating catastrophic levels of food and nutrition shortages (Concern Worldwide, 2025).

Global Food Waste: Scale and Impact (The Environmental Challenge)

The sheer environmental and financial cost of uneaten food demands urgent global attention. Approximately **19% of total global food production** is wasted annually at the retail, food service, and household level, in addition to 13.2% lost in the supply chain (UNEP, 2025). This volume of waste has devastating environmental consequences, as food loss and waste are responsible for generating **8–10% of global greenhouse gas (GHG) emissions (UNEP, 2024)**. Furthermore, the UK alone contributes to this catastrophe, wasting approximately **9.5 million tonnes of food every year**, an amount large enough to feed over 30 million people annually (WRAP/Industry Estimates, 2024).



Our Intervention: Empowering Communities with Compassion

Go Dharmic employs a strategic and efficient model to comprehensively address the complex problem of food poverty. Our distributions are thoughtfully structured not only to address immediate nutritional needs but also to foster **self-reliance**, promote **environmental stewardship**, and **establish vital community spaces** that support long-term progress.

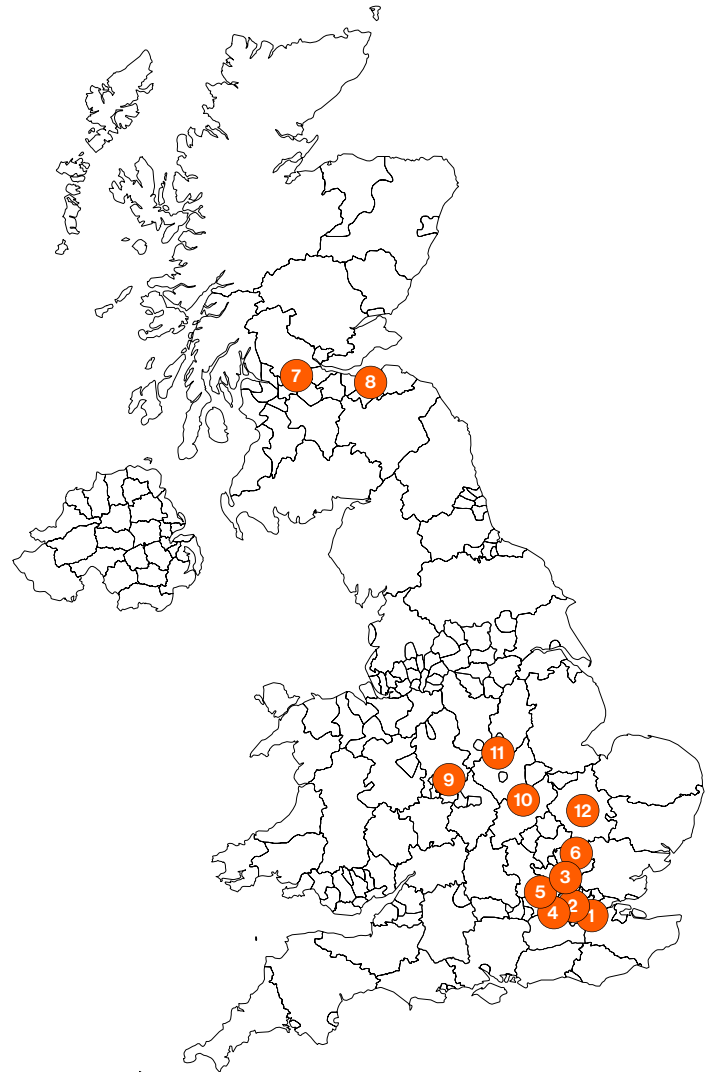
The organisation's intervention strategy is firmly built on the principles of dignity and sustainability. We provide a range of support, including hot meals, grocery kits, and essential supplies, with a strong emphasis on **nutritionally balanced vegetarian and vegan items** such as fresh fruits, nuts, seeds, and vegetables. This selection supports health while aligning with our commitment to a reduced environmental impact. Crucially, by intentionally including raw ingredients and groceries, we empower families to prepare their own meals. This approach supports beneficiaries' **self-reliance** and confidence, a principle deeply appreciated by those we serve. Moreover, our food distribution hubs function as more than supply depots; they are designated gathering places that encourage shared experiences, relationship building, and a strong sense of community. This inclusive model has successfully driven an expansion of our UK volunteer network, fostering a dynamic where beneficiaries are also empowered to become supporters.

UK Regular Distribution Locations

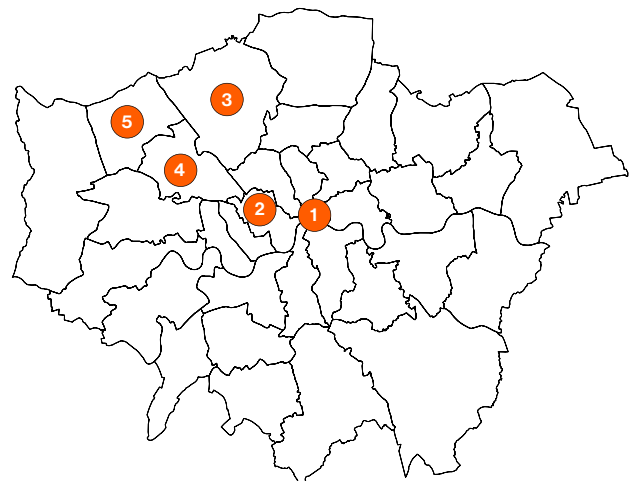
Go Dharmic runs over 15 consistent distribution programmes at the following sites, including a new one in Oxford: Central London, Queensbury, Wembley, Harrow, Maida Vale, Northampton, Watford, Leicester, Luton, Birmingham, Glasgow, Edinburgh, Oxford.



United Kingdom



Greater London



- | | | | |
|------------------|-----------|--------------|----------------|
| 1 Central London | 4 Wembley | 7 Glasgow | 10 Northampton |
| 2 Maida Vale | 5 Harrow | 8 Edinburgh | 11 Leicester |
| 3 Queensbury | 6 Watford | 9 Birmingham | 12 Luton |

Corporate Social Responsibility (CSR) Project Highlights

Go Dharmic proactively collaborates with corporate partners to create bespoke, high-impact projects that effectively leverage corporate resources—Time, Talent, and Treasure—to address food poverty and waste, ultimately generating substantial social and environmental returns.

1. ABN AMRO CLEARING: A MODEL OF INTEGRATED PARTNERSHIP

As a long-standing and invaluable CSR partner, **ABN AMRO Clearing** has set an extraordinary example of how corporate commitment can drive profound change. Their support, initiated by a key meeting at the Financials and Derivatives dinner in December 2023, has been nothing short of exceptional, encompassing both vital financial contributions and incredible hands-on volunteering. This commitment is particularly crucial given the dramatic surge in UK food prices, the widespread food insecurity affecting **9.6 million adults in the UK**, and the annual waste of **9.5 million tonnes of food**.

Transformative Impact and Methodology

The enduring partnership with ABN AMRO Clearing has delivered substantial, quantifiable results across all mission objectives. This includes contributing to **over 2 million meal portions across the UK**, helping to save **560 tonnes of food from going to waste**, and consequently avoiding **over 2,000 tonnes of greenhouse gases**. Furthermore, their staff have contributed over 800 hours volunteered in the last year alone.

The staff's commitment forms an integral part of Go Dharmic's operational capacity, with several ABN AMRO Clearing volunteers consistently on the ground at our Central London **Charing Cross food distribution** almost every week. Between 5:30 PM and 6:30 PM, these volunteers provide crucial, sensitive support to approximately **300 vulnerable people** in just one hour. Their patience, sensitivity, and dedication are constantly inspiring; this commitment was particularly evident during the demanding **festive season of December**, including around Christmas and New Year, when team members bravely joined to support those with nowhere else to turn.



ABN AMRO Clearing's Quantified Support:

- **CONTRIBUTED TO OVER 2 MILLION MEAL PORTIONS ACROSS THE UK**
- **HELPED SAVE 560 TONNES OF FOOD FROM GOING TO WASTE**
- **OVER 2,000 TONNES OF GREENHOUSE GASES AVOIDED**
- **OVER 800 HOURS VOLUNTEERED IN THE LAST YEAR ALONE**

2. GIC PARTNERSHIP AT ESSENDINE PRIMARY SCHOOL (MAIDA VALE, LONDON)

The collaboration with GIC, a global institutional investor, is a flagship social impact initiative focused on providing tailored, hands-on support to a highly vulnerable educational community in London. This project directly addresses immediate food needs and the profound socio-economic challenges faced by the families at Essendine Primary School. The school serves a highly challenged community where **85% of pupils are EAL (English as an Additional Language) learners** and **over 50% of families** rely on free school meals, with many being displaced families carrying the trauma of displacement.



EVERY YEAR, 60-70 VULNERABLE SCHOOL FAMILIES ARE BEING DIRECTLY SUPPORTED THROUGH GIC AND GO DHARMIC'S ONGOING SOCIAL IMPACT PARTNERSHIP.

3. OTHER CORPORATE PARTNERS

Go Dharmic continues to attract partners keen on combining financial support with direct volunteer action, further expanding its network of impact. **Point72** partnered for the **second consecutive year**, contributing through corporate-office food kit packing sessions, advocacy workshops on UK poverty and food waste, and participation in the flagship **Charing Cross distribution**. Separately, the **Cboe Women's Initiative** joined Go Dharmic on **International Women's Day (March 8th)**. The group volunteered at a distribution and made a donation of clothes, showcasing a commitment to broader community support.

Methodology, Impact, and Challenges

The project, launched in early 2023, involves **monthly food distributions** tailored to the families' specific needs. It provides approximately **800 food packs** annually, supporting **60-70 families**, and has been **renewed for a third year**. The methodology is iterative and **feedback-driven**, ensuring practicality by adjusting pack contents based on input from the school, for example, swapping high quantities of flour or sugar for more essential staples like rice and lentils.

The impact has been profound, as evidenced by beneficiary quotes. One mother of five shared that the parcel **"helped me when my benefits were suspended for a period of time, as I had limited access to food banks but the Go Dharmic food parcels came on time to help me."** Another parent noted the financial relief, stating, **"The double bag helped me save money for other essentials. It has made a big difference in our budget."** However, the future presents a significant challenge: as the Welfare Officer, Nairuz Breich, acknowledged: **"With the free school meals supposed to be officially ending, I am concerned that new families joining the school will not have the support they need. GIC and Go Dharmic's food parcels are essential."** This underscores the continuing critical need for this support.



City Bridge Foundation Partnership: Feed Everyone London

The partnership with the **City Bridge Foundation**, London's largest independent charity funder, represents a **significant five-year commitment** to strategically combat food insecurity and food waste across the capital. This ambitious initiative is specifically designed to deliver measurable, sustainable change against the backdrop of London's acute need, where **16% of Londoners** face food insecurity. Furthermore, the collaboration directly addresses the environmental issue that every tonne of food waste that ends up in a landfill generates approximately **4.2 tonnes of greenhouse gases**.

5-Year Partnership Objectives (Detailed Outcomes)

The partnership is strategically structured around three specific, measurable, achievable, realistic, and time-bound (SMART) outcomes, with a focus on comprehensive support:

Outcome 1: Access to Regular Healthy Meals (Target: 200,000 Beneficiaries): The primary goal is to provide 200,000 beneficiaries with access to regular healthy meals or food kits in London over five years. This is achieved by maintaining five existing major London distribution hubs and expanding capacity to serve an additional 100 weekly beneficiaries (5,200 annually), through expansion or new locations, which brings the projected five-year total to 200,300. In a demonstration of early success, Go Dharmic exceeded the Year 1 target, having served 40,940 beneficiaries (Target: 34,860).

Outcome 2: Surplus Food Rescue and Distribution (Target: 210 Tonnes Saved): The second key objective is to save and distribute 210 tonnes of surplus food over five years, mitigating poverty, food waste, and environmental impact. The methodology ensures that 60% of the food provided is rescued surplus, amounting to an estimated 211.575 tonnes over five years. This is critical for the environment, and in Year 1, Go Dharmic again exceeded the target, rescuing over 57 tonnes of surplus food (Target: 56 tonnes), which directly resulted in the avoidance of 241 tonnes of greenhouse gas emissions.

Outcome 3: Volunteer Engagement and Training (Target: 500 New Volunteers): The final specific goal is to onboard 500 new volunteers who will actively participate in community work across London, enhancing community cohesion and individual well-being. The program involves a phased, realistic growth trajectory, with training focused on developing emotional intelligence to ensure volunteers connect more empathetically with diverse community needs. In the first year, Go Dharmic successfully exceeded the target by onboarding 30 new regular volunteers, demonstrating a strong community response to the mission.

First Year Review: Lessons Learned

The comprehensive review of the first year of the City Bridge Foundation partnership revealed that while all projected goals were surpassed, the experience provided critical operational and societal lessons that will inform future strategy. The ongoing cost-of-living crisis caused beneficiary needs to intensify from September onward, especially among larger families, stressing the importance of flexible support. Operationally, the organisation learned the critical importance of **adaptability and robust communication** to manage logistical challenges. Most importantly, the review reaffirmed that the respectful and dignified approach to food provision, which preserves beneficiaries' ability to choose, was highly valued, reinforcing the necessity of maintaining self-worth throughout all interventions.



**ALLEVIATING POVERTY TOGETHER
IN LONDON**



CITY BRIDGE
FOUNDATION

Prime Minister Rishi Sunak Volunteers with Go Dharmic

On May 5th, 2024, Go Dharmic was honoured to host the UK Prime Minister, Rishi Sunak, who joined as a volunteer to assist the grassroots efforts firsthand.

The Volunteering Day

The Prime Minister worked alongside volunteers from across the country, participating in the full distribution process:

- **Meal Preparation:** Mr. Sunak actively participated in the kitchen, cutting vegetables and stirring the Vegan Kichari, a nutritious, cost-effective, and environmentally friendly hot meal central to the “Feed Everyone” initiative.
- **Parcel Assembly:** He spoke extensively with volunteers and founder Hanuman Dass while assembling food parcels destined for hundreds of families, gaining direct insight into the organisation’s mission.
- **Grassroots Insight:** The visit highlighted the importance of showcasing the dedication of ordinary volunteers who work late into the evenings and nights.

“The Prime Minister heard a lot about the work that we’ve done, not only in the recent years but during COVID as well, all the members of the community that Go Dharmic has helped throughout the years and wanted to see how exactly we work and how we operate. Go Dharmic does some critical work all across the country and across multiple different countries as well. It is vital that people know about the work that we do so that they can support, get involved, and volunteer with us as well.”

– Kashmea Wahi,

Head of Youth Volunteering at Go Dharmic



“We are deeply moved by the Prime Minister’s service with Go Dharmic and his willingness to join hands with our volunteers. He has a genuine interest in Dharma and our mission of compassion in action. This profound act of kindness by the leader of the nation will inspire more seva and more volunteers for many years to come.”

– Hanuman Dass,

Founder and Director at Go Dharmic

- **Inspiring Support:** The event served as a powerful platform to amplify the organisation’s message and encourage greater public participation. Kashmea Wahi emphasised the importance of visibility
- **National Reach Highlighted:** The event was attended by Go Dharmic trustees and lead volunteers representing key UK distribution locations, including Central London, Wembley, Luton, Harrow, Northampton, Leicester, Glasgow, and Edinburgh, collectively serving over 50,000 meals a month to vulnerable individuals.

Past Recognition: Points of Light Award

Prior to the volunteering visit, the Prime Minister formally recognised Go Dharmic’s founders, **Hanuman Dass and Sheena Randerwala**, by awarding them the **Points of Light award in November 2023** during the auspicious occasion of Diwali. This award celebrates outstanding individual volunteers who are making a difference in their communities.



ENVIRONMENT



ENVIRONMENT

Nurturing a Healthier World for All

The stability of our planet is the fundamental basis for all life, determining the vitality of ecosystems, human communities, and global commerce. Confronted by an intensifying climate emergency, the call for decisive and empathetic intervention is paramount. **Go Dharmic’s dedication** encompasses the revival of natural habitats, the preservation of biological diversity, and tackling the intricate links between human activity and the environment. Acknowledging that the health of the planet is key to a flourishing future, **Go Dharmic concentrates its efforts on initiatives** that protect natural havens and foster enduring opportunities for coming generations.

A core component of this work involves safeguarding and revitalising coastal mangrove ecosystems, especially within the Sundarbans. This unique tidal forest is not only a vital support system for millions of residents but also an essential sanctuary for countless species, notably the magnificent Bengal tiger. As one of the planet’s most threatened large predators, the Bengal tiger relies on the Sundarbans for its survival, alongside a multitude of other creatures, including estuarine crocodiles, olive ridley sea turtles, and various avian populations. Protecting this habitat is crucial for upholding biodiversity and ensuring the continuation of species vital to the world’s ecological equilibrium.

“We need to make peace with nature. We’ve been harming our world around us, harming beautiful animal species, and harming our own future.”

– Hanuman Dass,
 Founder and Director at Go Dharmic



The Indispensable Role of Mangroves

Mangroves represent some of nature's most remarkable ecosystems, fulfilling an essential role in maintaining the integrity of littoral environments and mitigating global climate risks. These salt-tolerant trees and shrubs flourish in the intertidal zones where land meets the ocean, possessing unique adaptations that allow them to thrive in exceptionally challenging conditions. Despite their robustness, mangroves are among the most imperilled ecosystems worldwide, making their protection a matter of global necessity.

The significance of mangroves extends well beyond their distinctive appearance. They are globally recognised as a superior form of “blue carbon” ecosystem, storing carbon in both their biomass and the underlying, waterlogged soil. Mangroves rank among the most powerful carbon sinks on Earth, with the capacity to capture and store carbon **2 to 4 times greater than mature tropical forests** (Source: More Trees, 2024). This extraordinary capability stems from their anoxic (oxygen-depleted) soils, which significantly slow down the decay of organic material, enabling carbon storage for millennia.

On average, mangroves store an impressive **800–1,000 metric tonnes of Carbon per hectare (tC ha⁻¹)**, with up to **90% stored stably in their sediment**, with up to **90% stored stably in their sediment** (Source: Alongi, 2012; Donato et al., 2011). Furthermore, their dense, interwoven root structures solidify the earth, prevent coastal erosion, and act as natural buffers against powerful storm surges, tsunamis, and rising sea levels. For example, the protective value of the Bangladesh Sundarbans is estimated to be between **USD \$273 million and USD \$714 million per year** (Source: MDPI, 2015). These attributes make mangroves critical for shielding coastal populations from the increasing impacts of global warming.

Beyond their environmental services, mangroves are rich biodiversity hotspots, providing crucial breeding and feeding grounds for a wide array of life forms. They function as nurseries for juvenile fish, shrimp, and other marine creatures, sustaining both their resident ecosystems and the economies of local communities reliant on them. Mangroves also filter contaminants from water, enhancing water quality and supporting the health of nearby habitats like coral reefs and seagrass meadows. In summary, mangroves are ecological powerhouses, delivering a wealth of essential services that are paramount for the planet and its inhabitants.



The Ecological Treasure of the Sundarbans

The Sundarbans, the world's largest single block of tidal mangrove forest, covers an expanse of over **\$10,000 square kilometres** across the coastal territories of West Bengal, India, and Bangladesh. This UNESCO World Heritage Site is a natural wonder, brimming with biodiversity (over 800 species), and a cornerstone in global climate resilience efforts (Source: CIWEM, 2025).

This extraordinary mangrove expanse acts as a natural bulwark against the destructive forces of extreme weather phenomena, such as intense cyclones. Climate change has intensified these storms; for instance, **Cyclone Amphan (2020)** caused an estimated over **£11.7 billion (\$14 billion USD) in damage** (Source: CIWEM, 2025). Critically, the Sundarbans plays a major role in carbon sequestration, locking away millions of tonnes of CO₂.

However, the region faces escalating dangers. The average rate of sea-level rise adjacent to the Sundarbans is recorded at **+3.90 ± 0.46 mm per year** (Source: Taylor & Francis Online, 2022), leading to the loss of approximately **210 km² of land since 1964** (Source: CIWEM, 2025). Scientists project that **100% of the mangrove forests could be lost in the next 100 years** if current rates of loss continue (Source: MDPI, 2015).

This instability threatens the region's diverse wildlife, including the **Royal Bengal Tiger**, whose habitat in Bangladesh is estimated to decline by **96 per cent** with just a 28 cm sea-level rise above 2000 levels (Source: CMS). Furthermore, local anthropogenic emissions, such as increased soil pollution from wastes, are compounding the problem by creating harmful feedback loops that directly increase the release of **Methane and Nitrous Oxide** from the sediment (Source: Unveiling the impact of anthropogenic wastes on greenhouse gas emissions from the enigmatic mangroves of Indian Sundarban, 2025). These mounting challenges necessitate urgent and sustained actions to restore and protect this irreplaceable natural asset.



Go Dharmic's Dharma Forest Initiative

In direct response to the critical threats facing the Sundarbans, **Go Dharmic has pioneered the Dharma Forest Initiative**, a far-reaching project dedicated to the revival of this vital ecosystem. With an ambitious target to plant **2 million mangroves by 2026**, this initiative demonstrates **Go Dharmic's deep-seated commitment to environmental guardianship and community empowerment**. To date, the project has successfully planted 250,000 mangrove trees, restoring over 100 hectares of degraded land and absorbing over 100,000 metric tonnes of CO₂.

Supporting Women and Community Resilience

Central to the Dharma Forest Initiative is the involvement of local communities, particularly women. This initiative engages local women, providing them with skill development, sustainable livelihoods, and economic empowerment. The project extends its benefits to disaster-prone areas, aiding in relief work during floods and cyclones by establishing natural flood barriers to protect these regions. Local families are integral to the project's success, from the 3-to-4 month process of nurturing seedlings in local nurseries to the final stages of replanting and long-term maintenance of the mangroves in designated areas. This collaborative model not only guarantees the sustainability of the reforestation work but also delivers essential income and greater autonomy to marginalised local populations. By generating stable livelihoods and fostering a sense of joint stewardship among residents, the initiative successfully unites ecological restoration with critical social development.

The Dharma Forest represents more than just an environmental campaign—it embodies a comprehensive vision for a sustainable future. By restoring mangroves, Go Dharmic aims to enhance the resilience of coastal areas, protect biological diversity, and motivate future generations to value and defend the natural world. The project is also emerging as a valuable learning centre for educational institutions, researchers, and conservation experts, showcasing the profound potential of locally-driven environmental action.



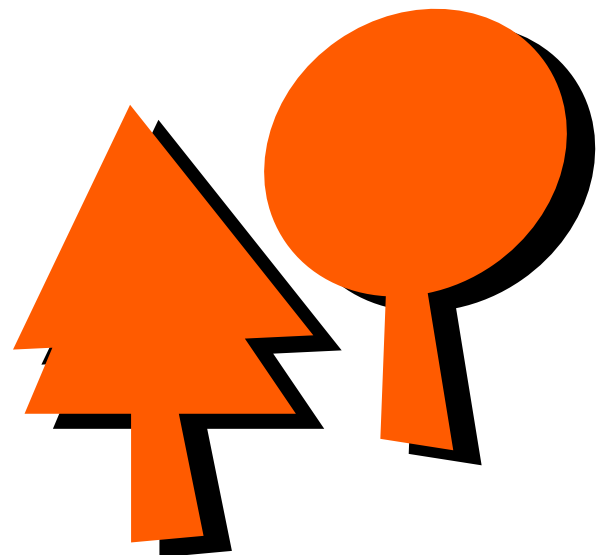
Case Study: A Shield of Protection

For Rani Mondal and many women like her, mangroves are more than trees—they are a shield of protection, a source of strength, and a promise of survival. Through **Go Dharmic's Dharma Forest initiative**, more than **400 women from different villages have worked together to protect their land and secure their future**.

And their impact? 250,000 mangrove trees planted—each one standing tall as a guardian against storms, preserving livelihoods, and restoring nature.

"We protect the soil of our land through mangroves, so whenever a cyclone comes, the mangroves save our family, our home, and our world."

– Rani Mondal



Recognising Our Impact: Climate Action Championship Award

In late November 2024, **Go Dharmic** celebrated a major milestone when the **Dharma Forest Initiative** was **honoured with a Climate Action Championship Award**. This prestigious recognition was presented at an event hosted by the **British Deputy High Commission** in Kolkata.

Go Dharmic achieved the highest score, an impressive **90 out of 100**, reflecting its unwavering commitment to reforesting the Sundarbans, renowned for its Mangrove Forests and iconic Bengal Tigers. **Bhishma Dass (Debabrata Mondal)** presented the Dharma Forest initiative to an audience that included Kelvin Goh, Deputy Consul of the Australian High Commission, and Andrew Fleming, Deputy High Commissioner from the British High Commission.

The Dharma Forest project was conceived by Hanuman Dass, Founder of Go Dharmic, as a direct response to the devastating floods in West Bengal between 2013 and 2017, which claimed 1,012 lives and caused millions of pounds in damage. The initiative aims to restore the vital natural protection for villagers and wildlife in the region while increasing biodiversity in the fight against climate change. The Dharma Forest has become more than just a project—it is a promise to restore, reforest, and rebuild hope for generations to come.

So far, Go Dharmic has planted **250,000 mangrove trees across the region**, and this is just the beginning of the journey towards planting **2 million mangroves by 2026**. This effort is creating a crucial shield against future flooding and breathing life back into these lands.

This award is dedicated to the women workers who lead the Dharma Forest and work tirelessly alongside **Go Dharmic** to restore mangroves and protect the environment. This achievement underscores **Go Dharmic's** climate action and its call to make peace with nature. Every tree planted restores not only the land but also hope and resilience for vulnerable communities.



Corporate Social Responsibility Partnerships

Greenr Gifts

Go Dharmic is proud to announce its partnership with Greenr Gifts, a website that turns the joy of gifting into a force for environmental good. Greenr Gifts' vision is to make sustainable gifting the norm, not the exception, enabling individuals and businesses alike to celebrate special moments while investing in the health and future of our Earth. This collaboration allows individuals to sponsor trees as gifts for loved ones, directly contributing to our work:

Mangrove Reforestation in Sundarbans, India

The Sundarbans is the world's largest mangrove forest, a critical carbon sink, and a natural shield against storms and coastal erosion. But climate change and deforestation threaten its survival. This project will plant two million mangroves by 2026, restoring this vital ecosystem for people and wildlife. Planting cost is approximately £1.50 per tree (USD \$2.00). This partnership ensures that every gift purchased through their platform contributes directly to the vital restoration efforts of the Dharma Forest Initiative.

Alternative Stores

Alternative Stores is a celebrated vegan and free-from health food online store, recognised as 'Best Vegan Store' in the UK Vegan Awards. Their core mission, as a vegan, family business, revolves around simplifying the adoption of a cruelty-free lifestyle. Alternative Stores is partnering with Go Dharmic to support its mission to be a force for good. Their contribution helps galvanise volunteers for social action campaigns, including feeding projects, setting up school libraries, spreading awareness of hygiene, and planting trees. Through this partnership, the spare change of Alternative Stores customers helps provide hope today by contributing towards a nourishing, vegan meal for someone in need, reinforcing the shared ideal that positive contributions can profoundly change the world.



Go Dharmic's Commitments for a Greener Future

In addition to its nature-based mangrove solution and its food rescue operations, Go Dharmic actively works to amplify environmental support through individual and collective commitments towards healthier, more sustainable lifestyles:

GO PLANT-BASED

Switching to a plant-based diet reduces the strain on our planet's resources, including land, water, and air, while safeguarding animal welfare. This shift not only curbs the cruelty of industrial farming and animal testing but also promotes sustainability for future generations.

GO ORGANIC

Organic farming protects both our health and the environment. Free from harmful chemicals, organic products are not only more nutritious but also support biodiversity and a pollution-free planet.

COMPASSION FOR ANIMALS

Animal testing and the meat and dairy industries inflict immense suffering on animals. Through this pledge, we encourage a plant-based lifestyle and advocacy against cruel practices, fostering a more compassionate world for all living beings.

GIVE IT A GROW

Planting trees and reducing products linked to deforestation are vital steps toward restoring nature's balance. Our Dharma Forest initiative embodies this pledge, creating a tangible, lasting environmental impact one tree at a time.

GO FUEL-FREE

Reducing reliance on fossil fuels is crucial for combating climate change. Opt for walking, cycling, car-sharing, or public transport whenever possible to minimise your carbon footprint and support a greener planet.



EDUCATION & SKILL DEVELOPMENT



EDUCATION & SKILL DEVELOPMENT

The Foundation for a Brighter Future

Empowerment begins with the spark of knowledge, serving as the vital engine for long-term security and personal growth. At Go Dharmic, the conviction is that access to learning is a fundamental right that should not be dictated by a postcode. Go Dharmic initiatives are designed to bridge the gap between the “two Indias”—the rapidly advancing technological hubs and the rural communities that risk being left behind. Education is viewed not merely as a classroom activity but as a catalyst for breaking the cycle of intergenerational poverty.

The Challenge: The Deepening Digital Divide

While India’s tech sector reaches global heights, the domestic divide remains a significant barrier to equity. As of early 2025, internet penetration has reached 56% of the total population, yet nearly 44% remain offline. The ‘One Nation, Many Disconnects’ report (2025) highlights a critical “readiness gap”: roughly 49% of disconnected rural households remain offline not just due to cost, but due to a lack of digital literacy.

In non-urban locales, only one in six homes is truly connected, leaving millions of youth without the virtual instruction that has become a prerequisite for modern employment. This disparity is often compounded by inadequate infrastructure, such as inconsistent electricity, which prevents schools from maintaining the hardware they do possess. Go Dharmic recognises that without targeted intervention, the rapid “GIFT-fication” of nearby financial zones will only further isolate these traditional villages.



Our Impact: Shape a Future & Digitising Education

Through the Shape a Future campaign, Go Dharmic has moved beyond simple book distribution to creating comprehensive “Knowledge Hubs” that serve as community anchors.

- 108 Libraries:** Each facility is stocked with over 1,500 books, meticulously curated to include local language texts, reference materials, and global literature to foster a “love for learning.” These spaces are designed to be safe, vibrant environments that encourage self-directed study.
- Computer Labs:** By supplying 20+ computers and training educators, Go Dharmic ensures that digital tools are integrated into the daily curriculum rather than being an occasional luxury. This hardware provides the essential interface for students to practice coding, research, and digital communication.
- BYJU’S Collaboration:** Since 2022, Go Dharmic has utilised the Think and Learn Premium application to provide high-quality, interactive content to underprivileged schools, starting in Gujarat and expanding outward. This blend of traditional and modern pedagogy allows students to learn at their own pace, using high-definition visual aids that make complex subjects like science and mathematics more accessible.



Case Study: Clockwork Foundation

2023-2024: The Infrastructure Phase Initially, the partnership focused on the physical requirements of a modern education. A £5,000 grant was utilised to build a reading room at the **Government Middle School in Kanakapura** and a hardware-heavy computer lab in **Wazirabad, Haryana**. These facilities provided the “hardware” of education—the desks, books, and monitors necessary for a functional learning environment.

2024-2025: The Advocacy & Health Phase (Ratanpur Village). This year, Go Dharmic evolved the model to address the “software” of community development—health, finance, and mindset. Located just 1 km from the gleaming skyscrapers of GIFT City, Ratanpur is a community in transition. Many residents are the very labourers whose hard work laid the foundation for that thriving financial hub, yet they remain excluded from its prosperity.

- **Financial Empowerment and Literacy:** For the 371 adults involved, Go Dharmic moved away from formal lecturing. Instead, the team used free-flowing “Community Circles” to discuss budgeting, the power of compounding, and basic banking. This helped dismantle the stigma that finance is “only for the rich” and gave residents the confidence to manage their own savings for a more secure future.
- **The Smart Classroom Revolution:** Go Dharmic moved beyond standard PCs to install an interactive digital panel at Ratanpur Primary School. This allows for immersive, video-based learning. Mahesh Chaudhri, the Head Teacher, noted that student engagement has soared because pupils can now “see things happen on the screen” rather than just reading from a static page.
- **Bridging the Gender Health Gap:** Health is a prerequisite for education. In Gujarat, 65% of women suffer from anaemia, often due to misinformation. Go Dharmic conducted door-to-door nutrition advocacy, promoting iron-rich, locally sourced diets. Crucially, Go Dharmic facilitated supportive group discussions to normalise menstrual hygiene, breaking down long-standing social taboos that previously caused girls to miss significant amounts of school.



Holistic Community Building: Gallagher, Flynn & Company, LLP

The new partnership with **Gallagher, Flynn & Company (GFC)** represents the future of the Go Dharmic CSR model: a **holistic, 360-degree approach** to child welfare that looks beyond the classroom.

- **Environmental Integration:** Recognising that education cannot thrive in a degraded environment, Go Dharmic integrated tree-planting drives into school visits. This teaches students “Dharma” in action—the moral duty to act as custodians of the earth.
- **The Education Service Centre:** Migrant labourers often move frequently, which can devastate a child’s educational continuity. In collaboration with GFC, Go Dharmic is developing a specialised centre to provide free English and Computer coaching. These are the “high-currency skills” required for the modern economy.
- **Motivational Mentorship:** GFC brings more than just funding; their expertise in finance and accounting provides a mentorship pipeline. By hosting motivational seminars, their global teams help students from labourers’ families visualise a career path within professional services, showing them that the financial hub across the road is a place where they, too, belong.



The Way Forward

To move from “participation” to “prosperity,” the Go Dharmic strategy for 2025 and beyond focuses on deep sustainability:

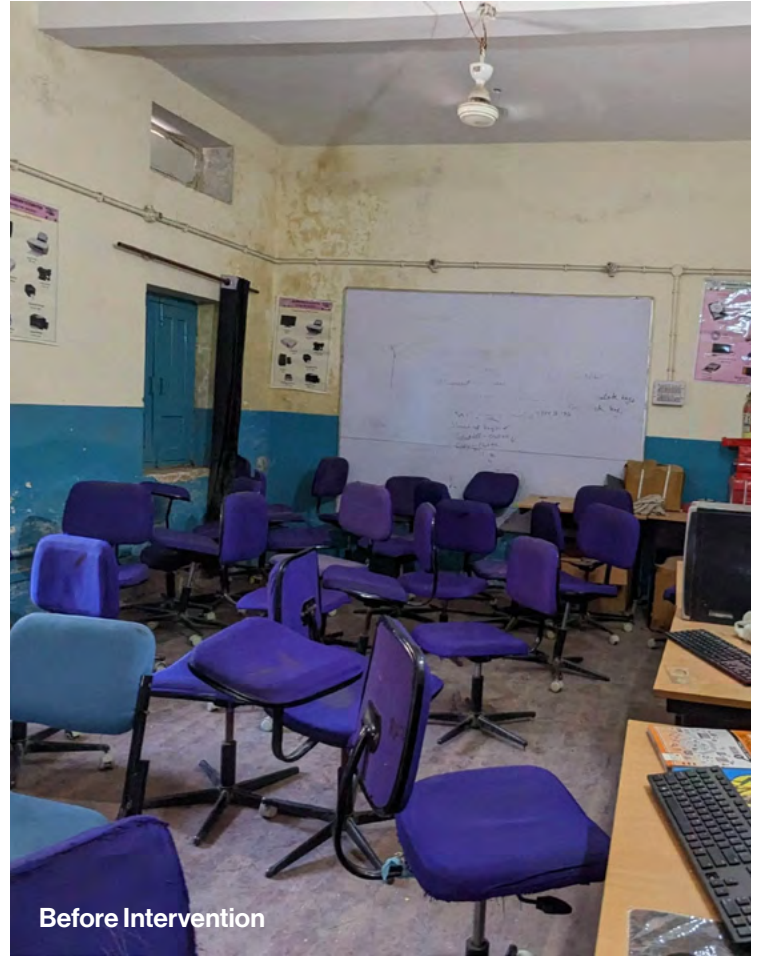
- **Infrastructure Resilience:** Upgrading existing schools with solar power solutions to ensure that digital labs remain operational even during rural power outages.
- **Advanced Digital Skills:** Transitioning from basic literacy to introducing concepts of AI, coding, and global connectivity, ensuring rural students are not just consumers of technology, but creators.
- **Linguistic Localisation:** Continually translating advanced digital content into regional dialects to ensure that no child is excluded due to a language barrier.
- **Public-Private Synergy:** Leveraging the resources of local government bodies and the corporate expertise of partners like GFC and the Clockwork Foundation to create a scalable, repeatable model for village development.

By the Numbers (2024-25):

- **833 Lives Impacted** through the intensive Ratanpur advocacy campaign.
- **£7,526 Project Cost** for the Ratanpur village expansion.
- **100,000+ Total Children** reached across the broader Go Dharmic education network to date.

“Educate the girls and they will educate the rest of society.”

– Neem Karoli Baba



DISASTER RELIEF



DISASTER RELIEF

A Global Response Driven by Compassion

In a world increasingly defined by its challenges, Go Dharmic has steadfastly dedicated itself to alleviating human suffering. Over the past two decades, with more than 2,500 disasters and 40 major conflicts affecting two billion people, the charity has recognised that the need for swift and compassionate action has never been more urgent. Its approach remains rooted in meticulous planning and collaboration, ensuring every effort maximises impact and addresses real needs.

Building on a long-standing legacy, including the **2023 Türkiye and Syria Earthquake** response, the Ukraine Invasion, Covid-19, and supporting **refugees across India**, the 2024–2025 period saw **Go Dharmic rise to meet unprecedented global crises with resilience and love.**



Cyclone Remal and Manipur Floods (June 2024)

In June 2024, the devastating impact of Cyclone Remal triggered severe flooding across Eastern India and Bangladesh. Manipur was particularly hard-hit, where the Imphal and Kongba rivers breached their banks in multiple locations. The floods affected over 500,000 people and damaged more than 3,800 houses (Sphere India 2024; Times of India 2024).

Despite a lack of global media attention, Go Dharmic was on the ground immediately to support these resilient families. Key impact metrics included:

- **2,000+ disaster relief kits** containing food, clean water, and essential rations.
- **Direct humanitarian aid** for families stranded in waist-deep water.
- **Strategic partnerships** with local organisations that allowed the team to reach isolated villages, indirectly supporting 10,000 families.



Valencia Flash Floods (November 2024)

Spearheaded by former UK Operations Manager turned Global Ambassador, Paula Stei, Go Dharmic delivered vital, hands-on relief to those devastated by the catastrophic flooding in Spain. The charity's response focused on restoring dignity and providing immediate sustenance to families who had lost everything.

Key highlights of this mission included:

- **1,500+ Relief Kits:** Distributed to displaced families to ensure immediate access to essentials.
- **Emergency Nutrition:** In a single afternoon, the team prepared 10 large pots of soup, feeding approximately 400 people in the worst-affected areas.
- **Survival and Recovery Supplies:** Following the meal services, Go Dharmic provided additional kits containing protective clothing (wellington boots and heavy-duty gloves), power banks, torches, hygiene products, and 40kg of energy rations like medjool dates.

Beyond immediate aid, Go Dharmic remains committed to long-term strategic support, standing in solidarity with the people of Valencia as they rebuild.



LA Wildfires: The Palisades Fire (January – February 2025)

January 2025 saw Southern California face the most destructive wildfire in Los Angeles history. The Palisades Fire burned over 23,400 acres and destroyed 6,837 structures, forcing the evacuation of over 200,000 residents (Britannica 2025; FEMA 2025).

The Go Dharmic California team, who regularly serve the community in Skid Row, rose to the challenge. In collaboration with The Vegan Joint, the charity:

- Delivered **30,000 meal portions** to evacuees and first responders.
- Established emergency distribution hubs at evacuation centres to provide essential supplies.
- Launched a dedicated fundraiser for wildlife and disaster relief to aid long-term recovery.



Maha Kumbh Mela (January – February 2025)

During the world's largest human gathering in Prayagraj, Go Dharmic performed Annadaan Seva (the sacred service of feeding). With an estimated 660 million pilgrims attending the 45-day festival, the charity's volunteers worked tirelessly, inspired by **Neem Karoli Baba's teaching to "Love All, Feed All, Serve All."**

- Served over **100,000 meal portions**, ensuring no pilgrim went hungry.
- Distributed **2,000 blankets** to protect attendees from the intense winter cold.
- Provided nourishment and care to over **30,000 devotees** in the heart of the Mela.



Myanmar Earthquake (March 2025)

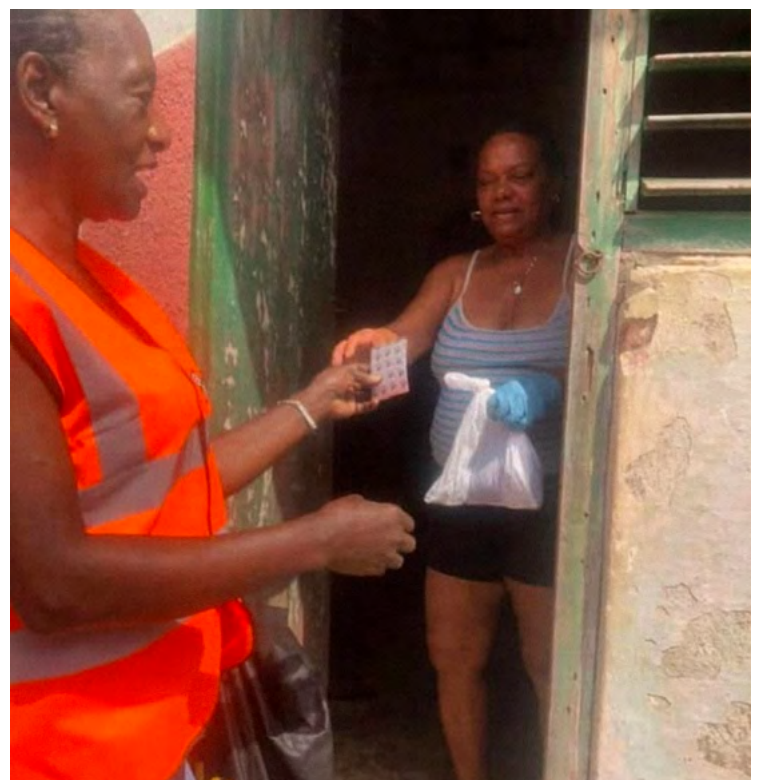
On 28 March 2025, a massive 7.7-magnitude earthquake struck near Mandalay, Myanmar. As the country’s most powerful quake in over a century, it claimed over 3,900 lives and displaced approximately 200,000 people (ReliefWeb 2025).

Go Dharmic launched a strategic partnership to support 200 families immediately. The charity provided shelter materials, food relief, and much-needed hope to a region already struggling with instability and damaged infrastructure.

Sustaining Support: Cuba and Beyond

The humanitarian crisis in Cuba remained a priority throughout the year. The “Feed Me Now” campaign, launched in late 2023, reached over 800 local villagers by March 2024. Go Dharmic volunteers continued providing life-saving vitamins, seeds, and financial support to combat the 80% vitamin deficiency rate in the region.

Demonstrating an unwavering commitment, the team continued to serve the most vulnerable populations in Cuba through to April 2025.



HEALTH AND SANITATION



HEALTH AND SANITATION

Sustaining Dignity and Wellbeing

In the 2023-2024 period, Go Dharmic successfully transitioned from the initial development phase to a dedicated **long-term maintenance programme** for sanitation facilities in girls' schools across Assam. We recognise that building infrastructure is only the first step; the true impact lies in ensuring these facilities remain safe, clean, and fully operational for years to come. By moving into this critical maintenance phase, we are addressing the persistent challenges of hygiene and safety that often hinder female students in rural areas.

Go Dharmic currently manages the diligent upkeep of 50 modular toilets in government schools. This effort, conducted as part of a strategic **ONGC CSR Initiative**, ensures that the infrastructure we developed continues to provide young girls with a dignified alternative to unsafe environments. By safeguarding these facilities, we eliminate the need for students to resort to roadside ditches or fields—locations that pose significant safety risks and cause deep embarrassment. Our commitment remains firm: to provide a supportive environment where every girl can focus on her education without compromising her health or self-esteem.

Our Vision for Holistic Health: Mission Health

Beyond sanitation infrastructure, Go Dharmic prioritises the long-term physical and mental welfare of the community through the **Mission Health initiative**. Our approach has evolved from providing immediate medical interventions to fostering **sustained engagement**.

Having previously facilitated comprehensive medical check-ups for over 1,500 frontline officers and their families, we now focus on diligent follow-up care. Through consistent contact—whether in-person, digitally, or through written guidance—our staff monitors ongoing health conditions and provides the necessary support for long-term recovery and wellness. These meaningful connections do more than just monitor vitals; they strengthen community ties and reinforce a sense of belonging and self-worth among our beneficiaries.



Case Study: Health & Hygiene Advocacy in Ratanpur with Clockwork Foundation

While physical infrastructure provides the means for hygiene, advocacy provides the knowledge to sustain it. In Ratanpur Village, located on the periphery of the high-tech GIFT City in Gujarat, Go Dharmic identified a stark contrast between urban progress and rural health challenges. With **65% of women in the region suffering from iron-deficiency anaemia** and deep-seated social taboos surrounding menstrual health, a specialised intervention was required.

- **Normalising Menstrual Health:** We launched sensitive, group-led discussions for 153 women and girls. By shifting away from formal lectures towards “free-flowing conversations,” we successfully broke long-standing silences, empowering participants to manage their hygiene with dignity and confidence.
- **Nutritional Advocacy:** Our team conducted door-to-door health awareness sessions, educating families on the importance of iron-rich diets. We focussed on utilising locally available, affordable food sources to create sustainable nutritional shifts.
- **Community Impact:** Over the six-month intervention, we reached 833 beneficiaries. By overcoming barriers of stigma and self-doubt, we helped foster a culture of health-seeking behaviour that will protect the community for generations, matching the growth of the neighbouring financial hub.

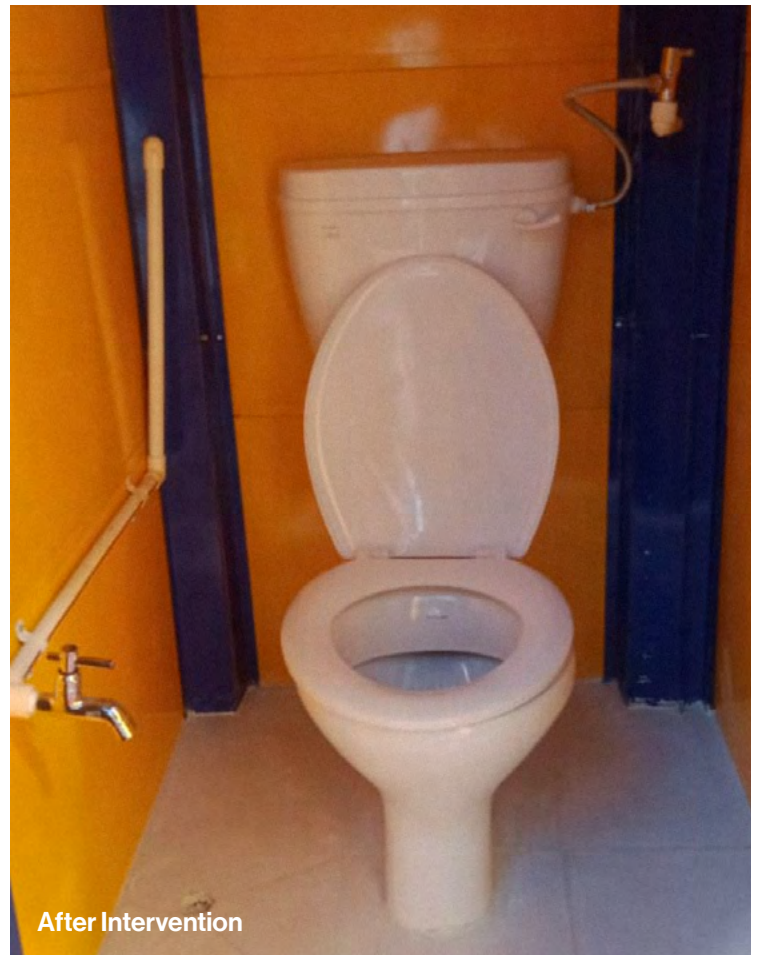
A Snapshot of Global Sanitation Challenges

- **Disease Prevention:** Consistent handwashing and microbial control are the primary defences against the spread of diarrhoeal and waterborne diseases that claim thousands of lives annually.
- **Safety & Dignity:** In regions where open defecation remains a reality, women and girls face a heightened risk of physical assault and harassment, often forcing them to wait until nightfall to relieve themselves.
- **Educational Retention:** The presence of clean, private toilets is a leading factor in keeping girls in school. Without them, the discomfort and embarrassment associated with puberty often lead to high dropout rates. (Source: UNICEF India)





Before Intervention



After Intervention

ADVOCACY



ADVOCACY

Go Dharmic’s advocacy is built on the belief that ancient ethical frameworks can provide powerful solutions to contemporary global challenges. By focusing on principles of non-violence, social duty, and universal solidarity, the organisation works to drive long-term systemic change in the fields of climate justice, human rights, and education.

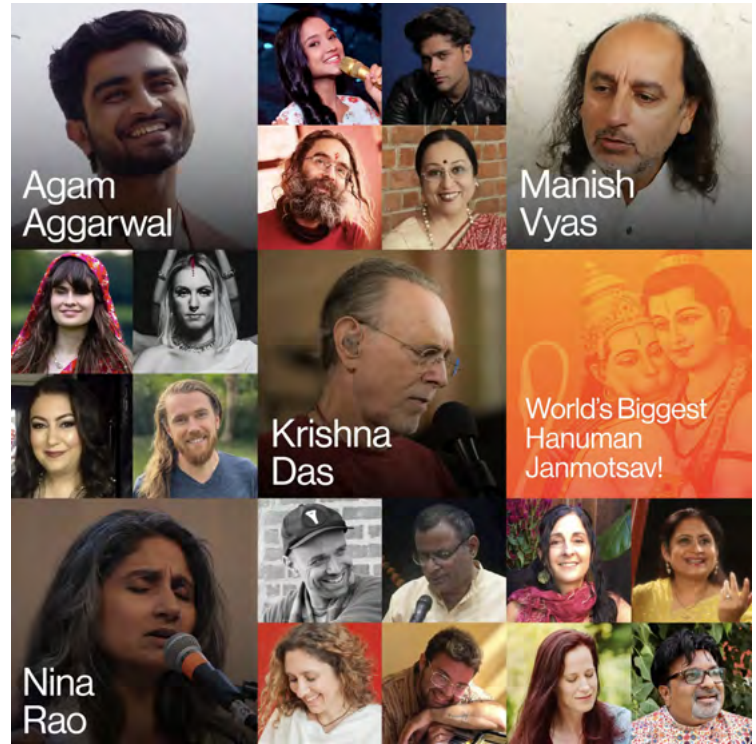
The Peace Letters Campaign: A Platform for Dialogue

The Peace Letters campaign serves as a vital bridge between grassroots concerns and global decision-makers. Having now dispatched over 1,000 letters, the campaign advocates for a culture of dialogue over conflict.

- **Legacy of Civil Advocacy:** Building on a history of addressing gun violence in the USA and advocating for peace in Ukraine, Go Dharmic continues to call for policy changes that prioritise human well-being and community safety over political or commercial interests.
- **Responding to Global Crises:** In 2024, Go Dharmic addressed urgent appeals to Professor Muhammad Yunus and Middle Eastern leaders. These letters focused on the fundamental right to safety for minority communities in Bangladesh and called for the protection of all civilians in conflict zones. This advocacy promotes a world rooted in mutual respect and understanding.
- **Legislative Action:** Go Dharmic joined the Zero Hour coalition to urge UK Prime Minister Keir Starmer to support the Climate and Nature Bill. This advocacy emphasises that protecting the environment is a shared ethical responsibility to future generations that requires science-led, immediate legislative action.

Global Initiatives for Solidarity and Change

108 Chalisas for World Peace (April 2024). This annual global event uses traditional chanting as a medium to foster a sense of global community, engage volunteers, champion long-term change, and raise funds for poverty alleviation. In 2024, the initiative reached 9.2 million people and raised over £16,000 to fund 10,000 meals. It demonstrates how cultural traditions can be harnessed as a modern force for tangible social good.



The Humankind Challenge (June 2024) Launched to support relief efforts in Manipur and other disaster-hit regions, this campaign focused on the logistics of humanitarian aid, aiming to serve 2 million meals globally. The challenge emphasised the importance of rapid-response solidarity in the face of social and environmental crises.

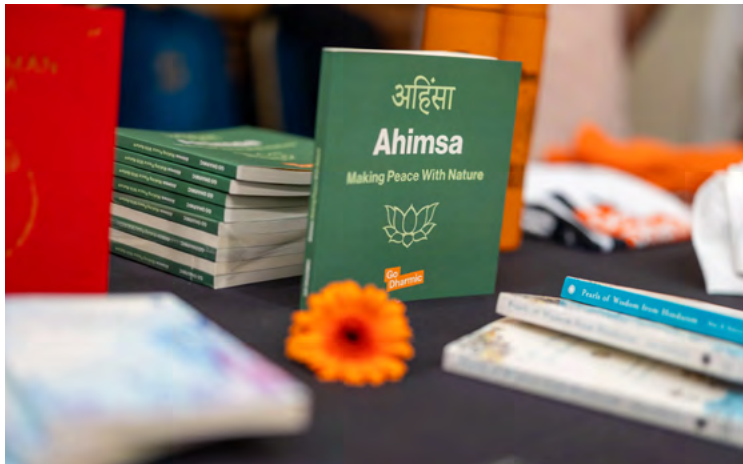
Mumbai City Dinner: Leadership in Philanthropy (September 2024) At the St. Regis Mumbai, Go Dharmic convened leaders from over 80 prominent organisations, including Barclays, and ABN AMRO Clearing. By engaging with high-profile figures from the worlds of sport and business, the event highlighted the role of corporate social responsibility in addressing hunger and education.





Westminster Gala and “Ahimsa” Book Launch (October 2024).

In a historic event at Central Hall Westminster, Go Dharmic hosted the inaugural London Diwali Gala. The evening marked the launch of Ahimsa: Making Peace with Nature, a work that explores how the concept of non-harming can serve as a blueprint for environmental sustainability. The event brought together policy-makers and changemakers, such as Baroness Sandip Verma, to discuss how compassionate living can reduce our ecological footprint, reduce food waste, and the crucial steps we may take as individuals and groups to advocate for peace across the world.



Featuring over 20 essays from contributors like **Dr. Nicholas Sutton, Sadhguru, and Ela Gandhi**, this book offers practical strategies to minimise environmental harm and active solutions to heal the planet.



**AHIMSA MAKING
PEACE WITH NATURE**



Case Study: Go Dharmic Speaking at the City of London Corporation Diwali Reception

In November 2024, Go Dharmic was invited by the City of London Corporation to speak at a high-profile Diwali reception at the Barbican Centre, held under the auspices of the **City Belonging Project**. This initiative seeks to build a more inclusive Square Mile where community thrives through mutual support and shared values. Representing Go Dharmic were Martin Dover, Scotland Trustee and King's Coronation Champion, and Uma Ramasubramanian, then Communications and Operations Executive and now Manager. The event provided a prestigious platform for Go Dharmic to advocate for **compassionate community** action before an audience of the then Lord Mayor, Alastair King, senior business leaders from the City of London, interfaith leaders, and members of the Hindu, Sikh, and Jain communities.



Advocacy: The Call to Compassion

During the proceedings, Go Dharmic delivered an address that bridged the spiritual traditions of India with modern humanitarian imperatives.

Go Dharmic defined its foundational philosophy through the concept of Dharma, asserting that just as the nature of fire is to provide light, the **inherent nature of humanity is to be humane**. The charity's work was presented as a profound expression of this "Human Dharma," guided by the compassionate mandate to "love all, feed all, and serve all."

The organisation highlighted its commitment to tackling immediate social needs through a lens of kindness. Go Dharmic emphasised a powerful community truth: while the roots of poverty are often complex and systemic, the act of **feeding a child is a simple, direct expression of compassion** that creates immediate positive change.

By operating five food distribution hubs within London, Go Dharmic showcased how community action serves both vulnerable people and the city as a whole. The redistribution of surplus food was shared as a compassionate necessity to enhance food security and reduce environmental harm, noting that every tonne of food saved prevents 4.2 tonnes of greenhouse gas emissions.

A Guiding Light

Go Dharmic utilised the symbolism of Diwali, the triumph of light over darkness and knowledge over ignorance, to illustrate its daily community initiatives. The festival was framed not merely as a celebration, but as a vital period for **self-reflection and the collective elevation of community well-being**.

Furthermore, the organisation drew parallels between its mission and the Barbican's exhibition, The Imaginary Institution of India. Go Dharmic specifically highlighted the concept of **Ahimsa (non-violence or non-harm)**, explaining how this sacred principle guides the charity's efforts to act as a protective force for both vulnerable individuals and the wider environment.



Strategic Reflections

The engagement allowed Go Dharmic to reinforce its vision of being a **“guiding light”** within urban communities. Reflecting on the event, Go Dharmic noted that it was a distinct honour to share this vision at the Lord Mayor’s reception. The organisation expressed that connecting with inspiring individuals reinforced the **incredible impact achievable when communities unite to create positive change.**

Through this collaboration with the City of London Corporation, Go Dharmic successfully advocated for the building of **compassionate, inclusive societies**, strengthening its position as a vital contributor to social welfare and the spirit of “belonging” within the City.



The Salt Ride: Retracing History for the Future (December 2024). Retracing the 440 km route of the 1930 Salt March in India, this journey focused on the intersection of history and sustainability. Participants cycled from Sabarmati to Dandi to raise awareness for the climate crisis, connecting with rural communities to promote education and environmental stewardship.

Davos: Unveiling the “Unforeseen Variable” (January 2025). At the World Economic Forum, Go Dharmic partnered with Homeless Entrepreneur to advocate for the inclusion of displaced people in global economic planning. The unveiling of the bronze sculpture The Unforeseen Variable by Veronica de Nogales served as a powerful visual reminder of human resilience. The artwork represents the potential of every individual and advocates for a future where no one is left behind.



Building an Informed Society

Education is the most effective tool for long-term change. Through partnerships with **RE Today** and **participation in the Faith and Development Conference**, Go Dharmic works to demystify ancient philosophies, presenting them as universal tools for interfaith understanding and social harmony.

Whether through the development of the **Gunialekh Peace Centre** which serves as a hub for mindfulness and community education, or the distribution of resources on overcoming fear and uncertainty, Go Dharmic remains committed to fostering a more compassionate and resilient global society.

CONTRIBUTING TO THE U.N. SDGs



UNITED NATIONS



NATIONS UNIES

At Go Dharmic, our mission directly supports the United Nations Sustainable Development Goals (SDGs) through targeted campaigns that address global challenges. With a focus on six core areas, we align our efforts with the broader vision for sustainable development. Below is a summary of how our initiatives create meaningful contributions to these critical goals:



SDG 03 GOOD HEALTH AND WELL-BEING

Our relief efforts provide nutritious meals and vital supplies during emergencies, promoting healthier lives. Initiatives like health camps, cataract surgeries, and sanitation facilities improve access to healthcare, while our advocacy for plant-based lifestyles inspires healthier living.



SDG 01 NO POVERTY

We actively combat poverty through hunger relief, disaster support, and community empowerment. By providing essential resources and equipping youth with employable skills, we break the cycle of poverty and foster economic independence and stability.



SDG 04 QUALITY EDUCATION

We build libraries, computer labs, and implement skill development programmes in schools to promote literacy and inclusive education. By providing sanitation facilities for girls, we create a supportive environment for their education, ensuring equal opportunities for all.



SDG 02 ZERO HUNGER

Through surplus food redistribution and grocery kits, we tackle hunger and ensure food security. Relief kits address immediate nutritional needs during crises, while awareness campaigns encourage sustainable solutions to food-related challenges.



SDG 05 GENDER EQUALITY

Our programmes empower women through skill training, enabling them to support their families. By creating safe spaces for education and hosting events that promote gender inclusion, we foster equality and advocate for women's empowerment.



SDG 06 CLEAN WATER & SANITATION

We construct toilets and provide hygiene facilities, particularly for teenage girls, ensuring access to clean water and sanitation. Mangrove plantations naturally filter water for safe consumption, complementing our advocacy for sustainable water management.



SDG 09 INDUSTRY, INNOVATION, AND INFRASTRUCTURE

From modular toilet construction to mangrove plantation techniques, we champion innovative solutions. Our education programmes and advocacy for sustainable transport further contribute to community development.



SDG 07 AFFORDABLE AND CLEAN ENERGY

Through advocacy and pledges, we raise awareness about clean energy solutions and sustainable practices. By promoting renewable energy adoption, we contribute to ensuring reliable and affordable energy access for all.



SDG 10 REDUCED INEQUALITIES

We bridge social gaps by providing education and vocational training to underserved communities. Our food distribution efforts and advocacy campaigns create opportunities for equitable growth and inclusion.



SDG 08 DECENT WORK AND ECONOMIC GROWTH

Our focus on education and skills training empowers individuals to secure sustainable livelihoods. These efforts enhance employability, reduce unemployment, and foster local economic growth.



SDG 11 SUSTAINABLE CITIES AND COMMUNITIES

We enhance urban resilience through environmental protection, disaster relief, and sustainable practices. Initiatives like mangrove plantations, libraries, and health facilities build inclusive and thriving communities



SDG 12 RESPONSIBLE CONSUMPTION & PRODUCTION

Redistributing surplus food and promoting plant-based living are at the heart of our sustainable initiatives. Advocacy events amplify our mission, driving widespread adoption of responsible consumption patterns.



SDG 15 LIFE ON LAND

Mangrove plantations, organic pledges, and food relief initiatives safeguard terrestrial ecosystems. These efforts ensure biodiversity and promote sustainable living for thriving ecosystems.



SDG 13 CLIMATE ACTION

Our Dharma Forest initiative, plant-based campaigns, and mangrove plantations are direct actions against climate change. These efforts integrate sustainability into everyday practices, contributing to global climate solutions.



SDG 16 PEACE, JUSTICE, AND STRONG INSTITUTIONS

Our Disaster Relief campaigns deliver critical support during crises, fostering stability and peace. Advocacy efforts promote inclusive societies and sustainable development, building stronger communities.



SDG 14 LIFE BELOW WATER

Through mangrove plantations and advocacy for plant-based living, we support marine ecosystems. Our campaigns address water pollution and promote practices that protect aquatic life.



SDG 17 PARTNERSHIPS FOR THE GOALS

Collaboration is at the core of our approach. By engaging with sponsors, organisations, and influencers, we maximise impact and deliver tailored solutions to global challenges. Through these efforts, Go Dharmic continues to contribute meaningfully to a more equitable, sustainable, and compassionate world.

Staffing, volunteers, and organisation

Go Dharmic is a volunteer-based organisation, with over 10,000 volunteers globally. We operate through a small team, which allows us to employ the vast majority of the donations we receive in our numerous campaigns. The majority of our distributions are set up, led, and coordinated entirely by volunteers, including: food collection, meal preparation, marquee and table setup, communication, and distribution. We take every effort to train each new volunteer with our Safeguarding Policy and perform a DBS check for lead Volunteers operating within the UK.

For the campaigns and projects that operate outside of the UK – such as Global Disaster Relief – we principally utilise volunteer teams that are composed of locals, or utilise staff from our various partners. In certain instances we will send a UK member of our staff to coordinate a project, as occurred in our relief efforts on the Romanian and Polish borders with Ukraine.

We believe that this acting structure maximises our flexibility, permitting us to act and mobilise quickly and perform campaigns in locations where it may be impractical or costly to send UK staff. As our volunteers are typically composed of locals, this also ensures that the communities where the charitable impact is taking place are consulted and closely involved. We do not believe in simply imposing what we may believe to be a benefit, when the local beneficiaries do not. This is avoided by involving locals in the planning, organisation, and execution of projects. It is, however, a structure that we carefully monitor and review annually with the Board of Trustees.

Reserves Policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

Safeguarding

Go Dharmic Welfare recognises that the welfare of children, young people and vulnerable adults is paramount and that they all, regardless of ability or culture, have equal rights of protection. GD has a duty of care and will do everything it can to provide a safe, caring and secure environment for them whilst they are engaged in GD activities.

Go Dharmic ensures that its safeguarding policy and any associated procedures and training comply with the Charity Commission's guidance on good practice in safeguarding children, young people and vulnerable adults, and that safeguarding arrangements are proportionate to the risks involved.

Go Dharmic will:

- Ensure all staff have access to, are familiar with, and know their responsibilities within this policy.
- Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Go Dharmic Welfare. This includes the way in which information about individuals in our programmes is gathered and communicated.
- Implement stringent safeguarding reporting procedures when recruiting, managing, deploying staff and associated personnel.
- Ensure staff receive training on safeguarding at a level commensurate with their role in the organisation
- Follow up on reports of safeguarding concerns promptly and according to due process

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Designated Safeguarding Lead (DSL) or immediate manager. If the staff member does not feel comfortable reporting to their Designated Safeguarding Lead or immediate manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to any other appropriate staff member.

Go Dharmic will accept complaints from external sources such as members of the public, partners and official bodies.

The DSL will receive and deal with any complaints made against GD staff and volunteers in terms of safeguarding.

Risk Management

Our approach to risk management is organised around a potential cost-benefit analysis, composed of staff, volunteer, and beneficiary safety. Our central staff judiciously consider the likelihood and gravity of any negative consequences that could take place from any and all of our campaigns and projects, and weigh these against the potential benefits. The team performs this calculation giving greater weight to potential risks, prioritising safety.

To illustrate with an example of this process, for our Kyiv relief efforts, we concluded that we could not send a disaster relief team, nor send any staff from the UK, as even if a team could enter Ukraine the danger the team would be placed in would be too high, as well as disproportionate to the aid that they could provide; instead, we worked out that we could make a more substantial impact and minimise risk by supporting volunteers that were already in Kyiv.

For our distributions, we have a dedicated risk assessment guide and response sheet, divided between 11 Hazard criteria, with categories for: Type of Risk (Falls, Cuts, Loss of Property, Food Poisoning, Mental Harm, etc.), To Who (Volunteer, Staff, Beneficiary Likelihood (Low-High), Magnitude of Risk (Low-High), Mitigation, Review Period.

Glossary of Terms

Beneficiary of Assistance

Someone who directly receives goods or services from Go Dharmic's programme. Note that misuse of power can also apply to the wider community that the Go Dharmic Welfare serves, and also can include exploitation by giving the perception of being in a position of power.

Child

A person below the age of 18. In this document, as in the Children Act 1989 and 2004, a Child is anyone who has not yet reached their 18th birthday. 'Children' therefore means 'Children and Young People' throughout. The fact that a Child has reached 16 years of age, is living independently, is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders' Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989 and 2004.

Harm

Psychological, physical and any other infringement of an individual's rights.

Psychological Harm

Emotional or psychological abuse, including (but not limited to) humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, solitary confinement and isolation.

Abuse

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults or another child or children.

Physical Abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

Emotional Abuse

The persistent emotional maltreatment of a child such as to cause severe and adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's

developmental capability as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, although it may occur alone.

Sexual Abuse

The term 'sexual abuse' means the actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions, involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

Sexual Exploitation

The term 'sexual exploitation' means any actual or attempted abuse of a position of vulnerability, differential power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another. This definition includes human trafficking and modern slavery.

Child Sexual Exploitation

A type of sexual abuse. Children in exploitative situations and relationships may receive gifts, money or affection in return for performing sexual activities. Children or young people may be tricked into believing they are in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed online.

Neglect

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. Once a child is born, neglect may involve a parent or carer failing to: provide adequate food, clothing and shelter (including exclusion from home or abandonment); protect a child from physical and emotional harm or danger; ensure adequate supervision (including the use of inadequate care-givers); or ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

Survivor

The person who has been abused or exploited. The term 'survivor' is often used in preference to 'victim' as it implies strength, resilience and the capacity to survive, however it is the individual's choice how they wish to identify themselves.

Recognising Types of Abuse and Neglect

Abuse can take a number of forms including physical, emotional or sexual abuse, child sexual exploitation and neglect. Examples of such abuse (as noted in the Department of Education publication "Working Together to Safeguard Children 2015") are contained in Appendix 4. All GD staff and volunteers should be aware that abuse, neglect and safeguarding issues are rarely standalone events that can be covered by one definition or label. In most cases multiple issues will overlap with one another.

Protection from Sexual Exploitation and Abuse (PSEA)

The term is used by the humanitarian and development community to refer to the prevention of sexual exploitation and abuse of affected populations by staff or associated personnel. The term derives from the United Nations Secretary General's Bulletin on Special Measures for Protection from Sexual Exploitation and Abuse (ST/SGB/2003/13).

Safeguarding

Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur. This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes. Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty. Safeguarding puts beneficiaries and affected persons at the centre of all we do.

At Risk Adult / Vulnerable Adult

Sometimes also referred to as a vulnerable adult, a person who is or may be in need of care by reason of mental or other disability, age or illness; and who is or may be unable to take care of him or herself, or unable to protect him or herself against significant harm or exploitation. The definition of vulnerable adult in "Who Decides?" (Lord Chancellor's Office 1997)" and as used in this document is anyone who is over 18 who:

- Is or may be in need of community care services by reason of mental or other disability, age or illness; and
- Is or may be unable to take care of himself or herself; or
- Is unable to protect themselves against significant harm or serious exploitation.

Volunteer

In this document, as in the Disclosure and Barring Service (DBS) Glossary of Terms 2012, a Volunteer is a person who is engaged in any activity which involves spending time, unpaid (except for travelling and other approved out-of-pocket expenses), doing something which aims to benefit some third party other than or in addition to a close relative. For the purposes of this policy this encompasses but is not limited to Company Based Volunteers, Class Based Volunteers, Local Volunteer Board (LVB) Members and GD Trustees.

Staff Member

A Staff Member is anyone employed by GD. For the purposes of this policy this encompasses, but is not limited to, permanent staff, casual staff, Associates and Consultants as well as Secondees/ Interns.

Position of Trust

Any person connected with GD who comes into contact with children or vulnerable adults in the performance of their role is in a position of trust and subject to this policy

FINANCIALS

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR GO DHARMIC WELFARE UK**

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Structure, Governance And Management

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Reference And Administrative Details

Registered Charity number

1171619

Principal address

Suite 119C, Business Design Centre
52 Upper Street
Islington
London
N1 0QH

Trustees

Dimple Mistry
Ram Goyal
Joshua Fields
Shivani Deepti Patel
Nicholas Sutton
Sheena Randerwala
Manish Tiwari (Appointed: 09 October 2025)
Ajay Randerwala (Appointed: 04 March 2025)
Puneet Dwivedi (Appointed: 29 January 2025)
Martin Ian Dover (Appointed: 23 December 2024)
Sejal Patel (Resigned: March 2025)
Claire Missingham (Resigned: March 2025)
Swaminathan Vaidyanathan (Resigned: September 2024)

Approved by order of the board of trustees on 29 December 2025
and signed on its behalf by:



Dimple Mistry,
Chair of Go Dharmic

EXAMINERS REPORT

Accountants' Report To The Directors Of Go Dharmic Welfare Uk

You consider that the charity is exempt from an audit for the year ended 31 March 2025. You have acknowledged, on the balance sheet, your responsibilities for complying in accordance with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its statement of income and expenditure for the financial year.

In accordance with your instructions, we have prepared the charity accounts which comprise the Statement of financial activity, the Balance Sheet and the related notes from the accounting records of the charity and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Rshah Accounting Services

RSHAH Accounting Services LTD

Accountants & Tax Advisers
35A High Street
Ruislip
Middlesex
HA4 7AU

Date: 29 December 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF GO DHARMIC WELFARE UK

Independent examiner's report to the trustees of Go Dharmic Welfare UK I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales. As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance. Our work has been undertaken in accordance with ICAEW Technical Release 07/16 AAF.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Briar Wilson Carter Ltd

Bhavik Raghvani ACA CTA
Briar Wilson Carter Limited

Institute of Chartered Accountants in England and Wales
Alpha House, 296 Kenton Road
Harrow
HA3 8DD

Date: 29 December 2025

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds (£)	Restricted funds (£)	Total 2025 (£)	Total 2024 (£)
Income And Endowments From					
Donations and legacies	2	313,792	218,375	532,167	479,598
		313,792	218,375	532,167	479,598
Expenditure On					
	4				
Charitable Giving:					
UK Food Poverty Alleviation		97,851	161,219	259,070	149,450
International Social Development Programs		13,613	41,581	55,194	148,555
Advocacy Campaign		36,395	7,972	44,367	47,674
Cost of Raising Funds:					
Wages and Salaries		93,395	30,867	124,262	116,600
Fundraiser Platform Subscription		909	-	909	2,119
Other Admin Expenses		31,219	49	31,268	69,110
Total resources expended		273,381	241,688	515,070	533,508
Net (expenditure) / Income for the year					
Net movement in funds		40,411	(23,313)	17,098	(53,910)
Total funds brought forward		36,818	97,532	134,350	188,260
TOTAL FUNDS CARRIED FORWARD		77,229	74,219	151,448	134,350

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 (£)	2024 (£)
Fixed assets			
Tangible assets	6	22,650	28,234
Current assets			
Debtors	7	1,100	-
Cash at bank		129,916	113,685
		131,016	113,685
Creditors: amounts falling due within one year	8	(2,218)	(7,569)
Net current assets		128,798	106,116
Net assets	9	151,448	134,350
Income funds			
Restricted funds		74,219	97,532
Net assets		77,229	36,818
Total funds		151,448	134,350

The financial statements were approved by the Board of Trustees and authorised for issue on 29 December 2025 and were signed on its behalf by:



Dimple Mistry,
Chair of Go Dharmic

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. Accounting policies

1.1 Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GO DHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

1.2 Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

1.3 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.4 Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK are included within incoming resources and resources expended at an estimate of their value to the Trust.

1.5 Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures, fittings & equipment - 20% WDV

Motor vehicles - 20% WDV

1.7 Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.8 Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

1.9 Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

1.10 Fund accounting

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees. Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

1.11 Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

1.12 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2. Incoming resources from charitable activities

Income from donations and legacies

Included within income relating to Income donations and legacies

	Unrestricted funds (£)	Restricted funds (£)	2025 (£)	2024 (£)
Income from donations and legacies	313,792	218,375	532,167	479,598
Included within income relating to Income donations and legacies				
Donations	195,137	48,802	243,939	212,779
Gift Aid	29,578	-	29,578	5,543
In-kind Donations	-	91,250	91,250	85,445
City Bridge Foundation Grant	-	66,330	66,330	-
Other Grants	89,077	11,993	101,070	175,051
Other Donations	-	-	-	780
	313,792	218,375	532,167	479,598

3. Raising Funds

Raising donations and legacies

Support costs

	2025 (£)	2024 (£)
Raising donations and legacies		
Support costs	515,070	533,508

4. Activities Undertaken Directly

	2025 (£)	2024 (£)
Fundraiser Platform Subscription	909	2,119
Website & Software expenses	4,577	7,522
Rent	17,697	43,079
UK Food Poverty Alleviation	259,070	149,450
International Social Development Programs	55,194	148,555
Advocacy Campaign	44,367	47,674
Telephone expenses	-	706
Accountancy Fees	1,100	1,030
Depreciation	5,662	6,670
General Expenses	432	1,832
Bank Charges	64	1,583
Insurance	1,736	6,688
Wages and Salaries	124,262	116,600
	515,070	533,508

5. Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the period ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the period ended 31 March 2024.

6. Tangible Fixed Assets

	Fixtures, fitting & equipment (£)	Motor vehicles (£)	Total (£)
Cost			
At 1 April 2024	6,330	48,528	54,858
Additions	79	-	79
At 31 March 2025	6,409	48,528	54,937
Depreciation			
At 1 April 2024	1,214	25,410	26,624
Charge for the year	1,039	4,624	5,663
At 31 March 2025	2,253	30,034	32,287
Net book value			
At 31 March 2025	4,156	18,494	22,650
At 31 March 2024	5,116	23,118	28,234

7. Debtors

	2025 (£)	2024 (£)
Prepayments	1,100	-

8. Creditors: Amounts Falling Due Within One Year

	2025 (£)	2024 (£)
Accruals	190	1,200
Other creditors	2,028	6,369
	2,218	7,569

9. Analysis of net assets between funds

Fund balances at 31 March 2025 are represented by:

	Unrestricted funds (£)	Restricted funds (£)	2025 (£)	2024 (£)
Tangible fixed assets	22,650		22,650	28,234
Current assets	56,797	74,219	131,016	113,685
Creditors: amounts falling due within one year	(2,218)		(2,218)	(7,569)
	77,229	74,219	151,448	134,350

Movement in Restricted Funds

(The table below reconciles the restricted funds balance of £74,219 carried forward from the Balance Sheet)

Fund Name:

	City Bridge Foundation (Feed Everyone London)	Other Restricted Funds	Total Restricted Funds
Opening Balance 2024	-	97,532	97,532
Incoming Resources	66,330	152,045	218,375
Resources Expended	(66,330)	(175,358)	(241,688)
Transfers	-	-	-
Closing Balance 2025	-	74,219	74,219

The City Bridge Foundation (Feed Everyone London) fund represents the first installment of a five-year grant awarded on **28 March 2024**, totaling £366,520. The annual allocations are: £66,330 (2025), £69,650 (2026), £73,130 (2027), £76,785 (2028), and £80,625 (2029).

This fund is restricted for the exclusive purpose of contributing to the **Operations Manager and Director salaries** and the associated project costs of developing and delivering the **Feed Everyone London project**.

The full amount of the first year's allocation £66,330 was recognised as income and fully expended on the restricted purposes during the year. The remaining funds are subject to terms and conditions for subsequent years and are therefore not yet recognised in these financial statements. **The closing balance for this restricted fund at 31st March 2025 is £0.**

10. Reserves policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

11. Related party disclosure

There were no related party transactions for the year ended 31 March 2025.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

This schedule does not form part of the statutory accounts.

	2025 (£)	2024 (£)		2025 (£)	2024 (£)
INCOME AND ENDOWMENTS			EXPENDITURE		
Donations	243,939	212,779	Fundraiser Platform Subscription	909	2,119
Gift Aid	29,578	5,543	Website & Software expenses	4,577	7,522
In-kind Donations	91,250	85,445	Rent	17,697	43,079
Other Donations	-	780	UK Food Poverty Alleviation	259,070	149,450
City Bridge Foundation Grant	66,330	-	International Social Development Programs	55,194	148,555
Other Grants	101,070	175,051	Advocacy Campaign	44,367	47,674
	532,167	479,598	Telephone expenses	-	706
			Accountancy Fees	1,100	1,030
			Depreciation	5,662	6,670
			General Expenses	432	1,832
			Bank Charges	64	1,583
			Insurance	1,736	6,688
			Wages and Salaries	124,262	116,600
				515,070	533,508

**Go
Dharmic**

GO DHARMIC WELFARE UK

England & Wales - Charity number 1171619

Accounts

GO DHARMIC ANNUAL REPORT

01 April 2023 – 31 March 2024

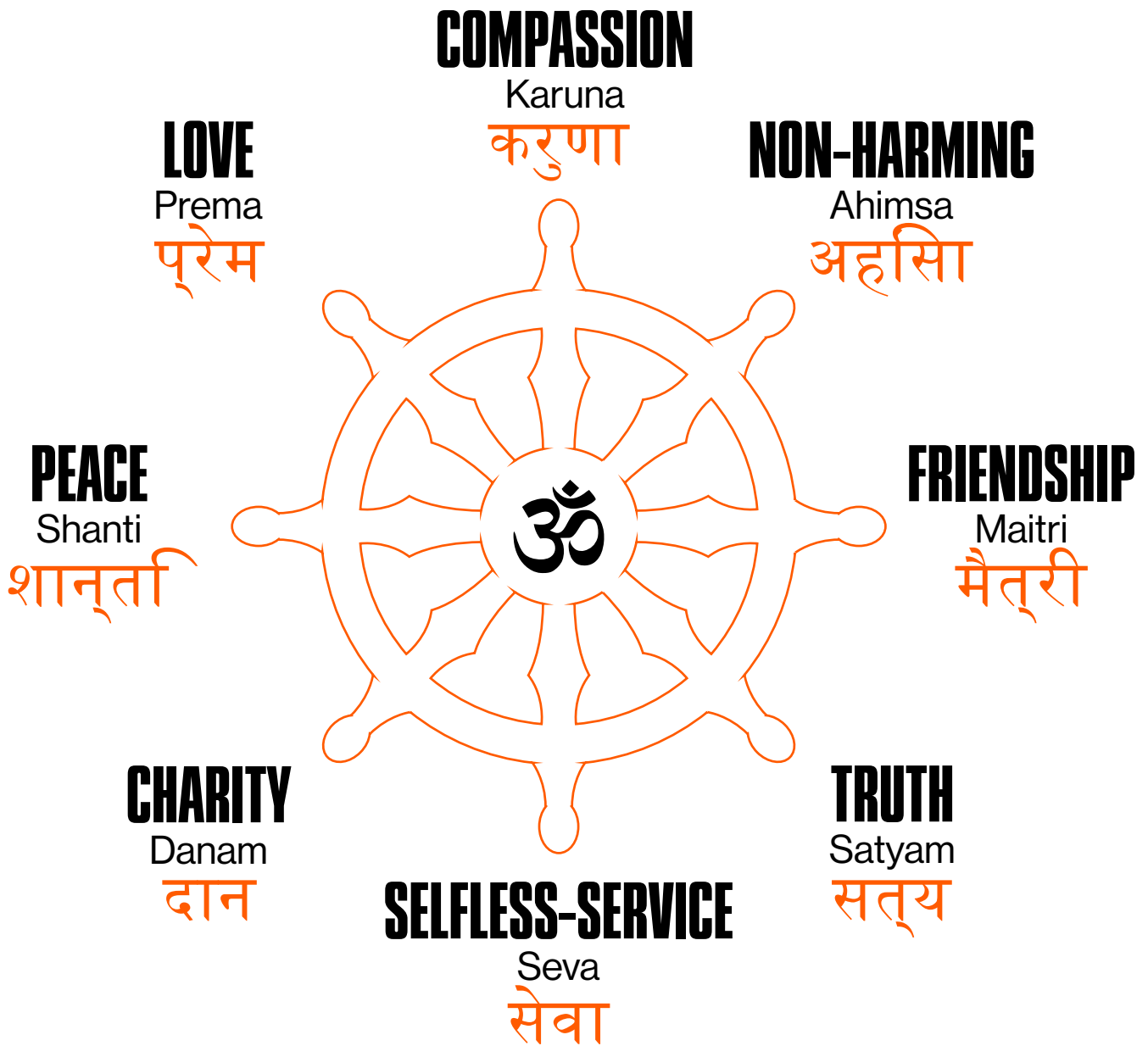


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BE THE CHANGE

**Go
Dharmic**

England and Wales Charity Number: 1171619
Scotland Charity Number: SC050775



Reference and Administrative Information:

REGISTERED OFFICE UK

Go Dharmic, Suite 119C,
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N1 0QH

REGISTERED OFFICE SCOTLAND

Go Dharmic, Burnfield House,
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Glasgow, Scotland

CHARITY NUMBER

1171619, England and Wales.
SC050775, Scotland.

INDEPENDENT EXAMINER

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ACCOUNTANT

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Ruislip
Middlesex
HA4 7AU

BANKERS

GO DHARMIC WELFARE UK
BARCLAYS BANK
Leicester, LE87 2BB, UK

The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2024 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year. The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

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ABOUT GO DHARMIC

Go Dharmic Welfare UK is a registered Charitable Incorporated Organisation (CIO) dedicated to serving all living beings and our planet through acts of kindness, compassion, and love. Inspired by the ancient principles of **vasudhaiva kutumbakam**—“the world is one family”—and **dharma**, the universal principle guiding right action and social harmony, Go Dharmic works tirelessly to alleviate suffering and foster global compassion through meaningful social action.

We work to extend our humanitarian efforts to all who need support, regardless of nationality, creed, or circumstance. Our initiatives include disaster relief, education, environmental protection, and social campaigns aligned with the 17 United Nations Sustainable Development Goals (SDGs). Powered by an incredible network of volunteers and staff, we create a culture of empathy, fostering compassion and a relentless drive to help others.

The Trustees continue to follow the Charity Commission’s guidance on public benefit as we pursue our objectives. Go Dharmic is a forward-thinking, digital-first charity that unites people under the ethos to **Love All, Feed All, Serve All**. Through our app, local WhatsApp groups, social media, and other technology platforms, we connect individuals passionate about making a difference in their communities and beyond.

Our local groups, led by dedicated community leads, have the autonomy to identify and address local needs within Go Dharmic’s guiding principles. This decentralised approach allows us to launch impactful campaigns tailored to specific areas, creating tangible change at the grassroots level.

From fighting poverty and promoting education to addressing environmental concerns, we act on the pressing issues of our time. Our food distribution programmes, a cornerstone of our outreach, embody our principles of love and compassion—bringing communities together to serve the most vulnerable.



MISSION

Our mission is rooted in love and compassion. At the heart of **Sanatana Dharma** is the call to **Love All, Serve All, and Feed All**. Whether in moments of peace or times of crisis, Go Dharmic serves as a beacon of hope, alleviating suffering wherever it arises.

We are a grassroots movement of individuals dedicated to selfless service, driven by the desire to make the world a kinder, more equitable place. Across towns and cities, Go Dharmic communities unite to express love and compassion through various social action initiatives. These efforts not only assist those in need but also extend to protecting animals and the environment.

The teachings of the **Mahabharata** remind us to uphold our dharma, to uphold our human purpose and dignity. Just as King Yudhisthira chose to care for a dog over entering heaven alone, we are committed to acts of service that reflect deep integrity and compassion for all beings.



A MESSAGE FROM GO DHARMIC THE FOUNDER AND DIRECTOR

Namaste,

Go Dharmic is a movement inspired by the timeless principles of Sanatana Dharma and guided by a deep commitment to ahimsa, non-harming. At its heart, it is about action—delivering love, compassion, and service to those in need. Since our humble beginnings, when volunteers distributed just a handful of bananas, our journey has grown into a global network of kindness, with over 10,000 volunteers dedicating themselves to creating a better, more compassionate world.

Our motto, “Love All, Feed All, Serve All,” is not just a guiding philosophy but a call to action. It reminds us that we can create meaningful change when we come together with a shared purpose. Through selfless service, we have extended hope and relief to people across the globe—feeding the hungry, supporting education, responding to natural disasters, and addressing the urgent need for environmental sustainability.

Central to Go Dharmic’s success is its vibrant, ever-growing network of volunteers. Coordinated through hundreds of WhatsApp groups, this community operates as a rapid-response team, enabling us to adapt to challenges as they arise. Whether it’s a flood in India, a cost of living crisis in the UK, or food insecurity in the USA, our volunteers mobilise quickly to meet the needs of each situation. This dynamic structure allows us to act with agility and ensure that compassion reaches where it’s needed most—it is the “Go” in Go Dharmic.

Compassion in action is the essence of our work. Through our global partnerships—with organisations and communities across the UK, India, the USA, and beyond—we are building bridges of support. These collaborations enable us to amplify our efforts, whether through large-scale food distributions, delivering essential supplies during disasters, or implementing sustainable, long-term solutions to protect the planet.

At the core of our efforts is the belief that community and selfless service are the most powerful tools for transformation. By embracing the values of Sanatana Dharma, we strive to lead with love and unity, fostering harmony among all beings. Ahimsa remains a guiding principle in our work, encouraging us to reduce harm wherever possible—whether by minimising animal product dependency, avoiding conflict, or striving to protect and heal the environment.

This year, we reflect on how far we’ve come and how much more we can do together. From small beginnings to a global movement, the journey of Go Dharmic has been one of learning, growing, and serving. Every act of kindness, no matter how small, has the potential to inspire change and bring light into the world.

With unwavering gratitude to our volunteers, supporters, and partners, we remain committed to delivering compassion in action. By aligning our actions with dharmic values, we aim to create a future where peace, kindness, and love are the foundation of all that we do.

With love and gratitude,

Hanuman Dass

FOUNDER AND DIRECTOR



A MESSAGE FROM THE CHAIR OF TRUSTEES

Namaste,

The last year has been a remarkable journey for Go Dharmic, marked by significant achievements and a deepening commitment to our mission. It is with immense pride and gratitude that I share our progress and the unwavering spirit of our community.

We have been honoured with several accolades, a testament to the tireless efforts of our dedicated volunteers and supporters. Martin Dover, our esteemed lead volunteer in Scotland, was recognised as a King's Coronation Champion for his invaluable contributions in distributing over a million meals. Our visionary founder and director, Hanuman Dass and, his wife and Go Dharmic trustee, Sheena Randerwala, received the Prime Minister's Points of Light award, and well-deserved commendations from Charity Times and the Third Sector awards. These honours are a reflection of the transformative impact of our work and the growing recognition of our compassionate approach.

As we navigate a world still grappling with the aftermath of the COVID-19 pandemic and the escalating cost of living crisis, we remain steadfast in our mission to alleviate suffering and empower communities. From the bustling metropolises of London to the far-reaching corners of the globe, we have witnessed first-hand the increasing vulnerability of individuals and families. Through our many partnerships with esteemed organisations like GIC, Point72, and Acuiti, we are harnessing the power of corporate social responsibility to drive positive change. These collaborations enable us to implement innovative projects, engage employees in meaningful volunteer work, and foster a culture of giving back.

In the face of natural disasters, such as the devastating earthquakes in Türkiye and Syria and the wildfires in Maui, Go Dharmic has mobilised its resources to provide immediate relief and long-term support. By forging strong partnerships with local organisations and volunteers, we have been able to deliver essential aid and rebuild lives.

It is truly inspiring to witness the evolution of Go Dharmic from a small-scale food distribution initiative to a global movement of compassion and action. Our journey is a testament to the power of human kindness and the collective impact we can achieve when we work together. As we look to the future, we remain committed to our core values of empathy, love, and social responsibility. Let us continue to inspire, uplift, and empower, creating a more compassionate and equitable world for all.

Sub Ek! All One!

Sejal Patel

CHAIR OF TRUSTEES



PRINCIPLES

Go Dharmic's founder, Hanuman Dass, and Dr Nicholas Sutton, Professor at the Oxford Centre for Hindu Studies, formulated eight principles of Dharma grounded in sacred texts. They express the heart of Go Dharmic's mission and campaigns. These principles, as part of Sanatana Dharma, are applicable for every one of us, regardless of caste, creed, colour, nation; regardless of belief. It is these principles that will enable the flourishing of our world and we should make them the foundation of our lives.

Our Principles are our Call to Action:

PREMA. LOVE EVERYONE:

"Love is the most powerful force for good in the world. It reflects the universal unity and oneness of all living beings, and that's what we at Go Dharmic represent. Dharma is love for all beings."

DANAM. GIVE CHARITY:

"Giving your time and money to help others is to fulfil a higher purpose here on Earth. Charity is a real expression of compassion, not just in thoughts or words but in action."

SEVA. SERVE EVERYONE:

"Selfless service for the community is a catalyst of change. We work at grass-roots level, supporting youth to help communities transform themselves into peaceful and actively engaged societies."

KARUNA. BE COMPASSIONATE:

"To genuinely feel the suffering of other living beings is compassion. Our lives are filled with difficult choices and we have to look within our hearts. To choose Shreyas (good action) over Preyas (pleasurable action), and to recognise that we are all in this together, is compassion."

SATYAM. TELL THE TRUTH:

"Truth is accepting reality as it is and acting with the highest level of accountability. Realising the truth that we are in a position to help and serve others is a step on the path of realising the love we have within us."

SHANTI. SPREAD PEACE:

"If we cannot be peaceful, we cannot create the conditions for peace. We must have peace within ourselves as well as within our societies. Peace is cultivated through loving and caring for others."

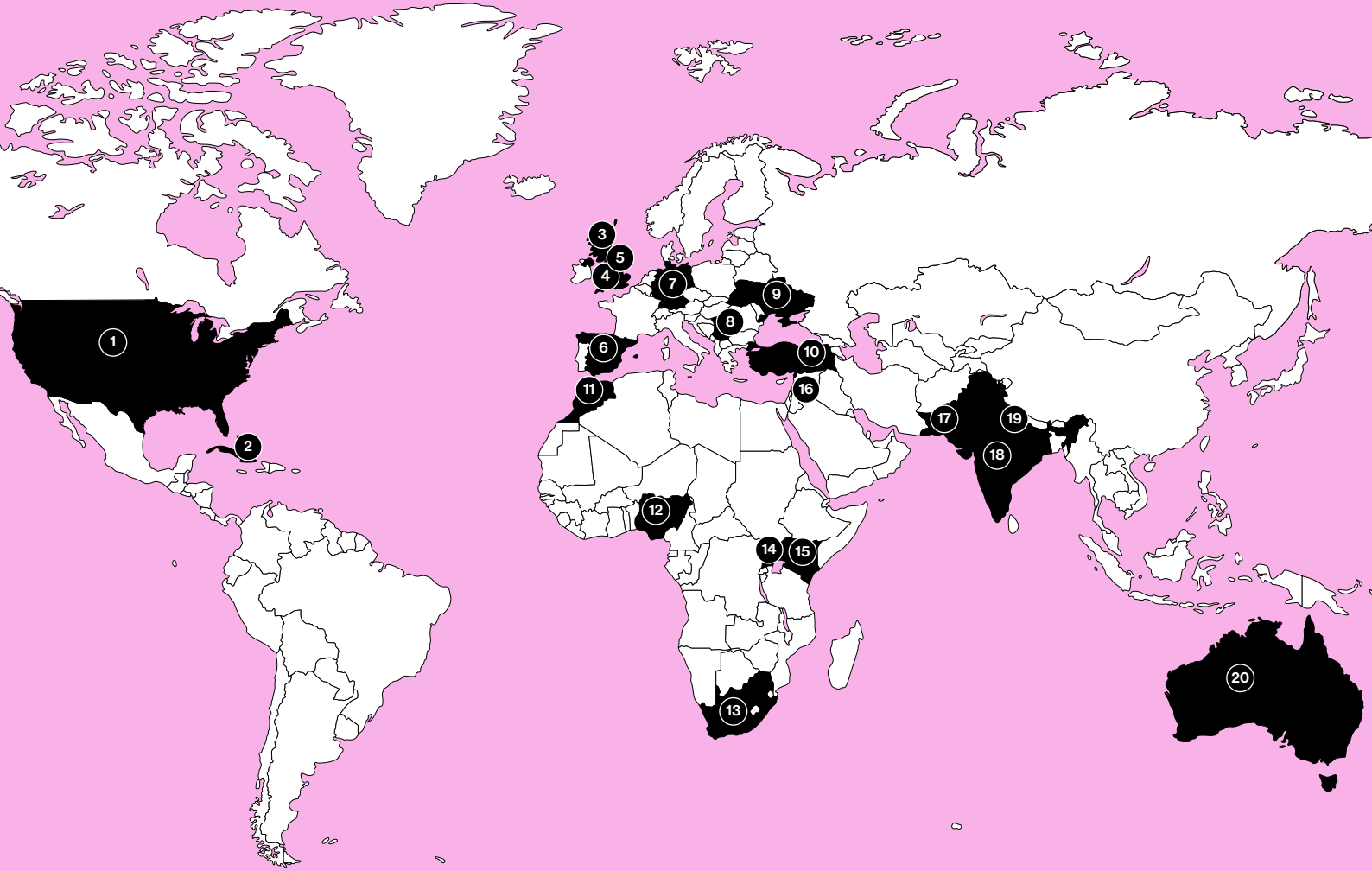
MAITRI. BE FRIENDLY:

"Friendship is the ideal spiritual and humanitarian states. To be a friend to all living beings is like the sun shining brightly, warming all without discrimination."

AHMISA. EMBRACE NON-VIOLENCE:

"Ahimsa (non-harming) is the highest Dharma (duty and responsibility). Through the practical application of non-harming, we can restore nature, end all war, respect all life and create the conditions for peace on Earth."

GLOBAL FOOTPRINT



- | | | | | | | | |
|--|-------------------|--|------------------|--|------------------------|--|---------------------|
| | 1 USA | | 6 Spain | | 11 Morocco | | 16 Lebanon |
| | 2 Cuba | | 7 Germany | | 12 Nigeria | | 17 Pakistan |
| | 3 Scotland | | 8 Serbia | | 13 South Africa | | 18 India |
| | 4 Wales | | 9 Ukraine | | 14 Uganda | | 19 Nepal |
| | 5 England | | 10 Turkey | | 15 Kenya | | 20 Australia |

Disaster Relief
 Advocacy
 Education & Skill Development
 Food Poverty
 Environment
 Health & Sanitation

IMPACT OF 2023 – 2024

Served more than

**2 MILLION
MEALS** globally

Nurtured

**160 THOUSAND
MANGROVE** trees

Benefitted

**30,000
CHILDREN**

Over

**560
TONNES
OF FOOD
WASTE** was saved

Over

**100 HECTARES
OF LAND** were transformed

Continuing to support rural schools with

**50 MODULAR
TOILETS** in schools

Over

**20 THOUSAND
TONNES OF
CARBON** sequestered

Provided

**RELIEF ACROSS
MAJOR
DISASTERS** across the globe

More than

**2,400
TONNES OF
GREENHOUSE
GASES WERE
AVOIDED**

Supporting

**108 SCHOOLS
LIBRARIES** and **COMPUTER LABS** with our

Over

**2 MILLION
VOLUNTEER
HOURS** given

FOOD POVERTY



FOOD POVERTY

Building a Future Beyond Hunger

At Go Dharmic, our mission to alleviate poverty is two-fold: to provide immediate support through food-security and to tackle the underlying social issues intertwined with food insecurity. Our food distributions aim to build connections, reduce loneliness, alleviate mental health struggles, and combat environmental challenges such as food waste. By fostering a spirit of care, compassion, and love, we strive to create lasting change in the lives of those most affected.

Since our inception, Go Dharmic has distributed over 24 million meals and meal kits across the world, with significant operations in England, Scotland, Wales, the United States, India, and other regions. This ongoing commitment has made a measurable difference in the fight against food insecurity while addressing its profound social and emotional effects.



Understanding the Challenge: Food Poverty in the UK

Food poverty remains one of the most pressing issues in the UK, exacerbated by the cost of living crisis. Rising inflation, stagnant wages, and increased household expenses have left millions of families struggling to afford even basic necessities.

According to the House of Commons Library report on food poverty, published in 2023, 7.2 million people in the UK, or 11% of the population, lived in households experiencing food poverty in 2022/23. Among these, 17% of children faced food insecurity, highlighting the devastating impact on younger generations.

Food bank reliance has also surged, with the same report revealing that 2.3 million people in the UK used a food bank in 2022/23, representing 3% of the population. This marked an alarming increase from pre-pandemic levels, as many families have been pushed further into financial hardship.

In London, the situation is particularly dire. According to data from London's Poverty Profile, 24% of Londoners live in poverty, the highest rate in the UK. A separate report by HACT (Housing Associations' Charitable Trust) found that 40% of children in London experienced food insecurity in the last month, compared to a national average of 25%.

The Joseph Rowntree Foundation's UK Poverty 2024 report highlights the cascading effects of food insecurity during the cost of living crisis. It notes that, as of October 2023:

- **Nearly 47%** of the poorest fifth of households were in arrears on essential bills.
- **72%** of households reported going without basic necessities like food, heating, and clothing.
- **Over 58%** of households lacked enough money for food, forcing them to skip meals or rely on food banks.

Food poverty not only undermines physical health but also has far-reaching consequences for mental well-being, education, and social cohesion. Malnutrition among children, for example, has been linked to stunted growth, cognitive impairment, and behavioural issues. Families struggling to provide meals often face social stigma, further isolating them from their communities.

Our Intervention

Go Dharmic has developed a holistic and efficient approach to address the complex issue of food poverty. Our food distributions are designed to meet the immediate food needs of individuals and to empower them, promote environmental sustainability, and create spaces for community building for long-term progress.

Across the UK, we provide hot meals, home grocery kits, and essential food supplies to vulnerable individuals and families. Our food parcels are carefully curated to include nutritionally dense vegetarian and vegan options, such as fresh fruits, nuts, seeds, and vegetables. These items are selected not only for their health benefits but also for their alignment with our commitment to reducing environmental impact.

In line with our ethos, we strive to preserve the dignity and independence of those we serve. By including ingredients that families can use to cook their own meals, we empower them to maintain a sense of self-reliance while receiving much-needed support. Many of our beneficiaries express gratitude for this approach, which allows them to feed their families without losing confidence or self-worth.

Our food distribution hubs serve as more than supply centres—they are gathering spaces where communities can come together to share experiences, build relationships, and foster a sense of belonging. Over the past year, our volunteer network has grown significantly, with more than 1,000 new volunteers joining our efforts across the UK. This inclusive approach blurs the lines between beneficiary and supporter, empowering individuals to give back to their communities in meaningful ways.

Over 15 UK distributions take place at the following locations:

- **Central London**
- **Queensbury**
- **Wembley**
- **Harrow**
- **Maida Vale**
- **Northampton**
- **Watford**
- **Leicester**
- **Luton**
- **Birmingham**
- **Glasgow**
- **Edinburgh**

In Scotland alone, we've delivered over 1 million meals and kits, directly addressing hunger in Glasgow and Edinburgh.

UK



GREATER LONDON



- | | | | |
|------------------|----------------|--------------|-------------|
| 1 Central London | 2 Maida Vale | 3 Queensbury | 4 Wembley |
| 5 Harrow | 6 Watford | 7 Glasgow | 8 Edinburgh |
| 9 Birmingham | 10 Northampton | 11 Leicester | 12 Luton |

Global Reach

Go Dharmic's impact extends to:

- **USA:** Distributions in Los Angeles and New York combat poverty, with 26.6% of children in LA County living in poverty.
- **India and Beyond:** We continue to expand globally, ensuring no one is left behind.



In the UK:

- **12 MILLION MEALS DISTRIBUTED IN THE UK**
- **3,360 TONNES OF FOOD WASTE SAVED IN THE UK**
- **OVER 14,000 TONNES OF GREENHOUSE GASES AVOIDED**



CSR Project Highlight

GIC Partnership at Essendine Primary School

One of our most impactful initiatives this year has been our collaboration with our corporate partner GIC, a leading global investor, to support families at Essendine Primary School in Maida Vale, London. This bespoke project addresses the unique challenges faced by the school's predominantly low-income, EAL (English as an Additional Language) population.

The Need

Essendine Primary School serves children aged 3–11, with over 85% of its pupils speaking English as an additional language. Many of these families have fled conflict zones in the Middle East, North Africa, and Eastern Europe, bringing with them the psychological scars of displacement and trauma. Additionally, over 50% of families at the school rely on free school meals, compared to the national average of 23%, reflecting the significant socio-economic challenges they face.

Our Intervention

The Essendine project, launched in early 2023, involves monthly food distributions tailored to the specific needs of families. Over the course of 10 months, the initiative has provided approximately 800 food packs to support 60–70 families. Each pack contains long-shelf-life essentials, such as pasta, lentils, rice, tea, and coffee, selected in collaboration with the school and adjusted based on regular feedback.

This iterative approach has been key to the programme's success. For example, while initial distributions included large quantities of flour, feedback revealed that families required fewer flour-based items and more staples like rice and lentils. Adjustments like these ensure that our support remains relevant and impactful.

Impact on Families

Parents at Essendine have reported significant relief from financial and emotional pressures. One mother of five shared, **“The double bag helped me save money for other essentials. It has made a big difference in our budget.”** Another parent shared, **“It helped me when my benefits were suspended for a period of time, as I had limited access to food banks but the Go Dharmic food parcels came on time to help me.”**

Teachers have also observed positive changes, noting that parents are now more comfortable approaching the school to request support. This shift in attitude underscores the trust and sense of security that the project has fostered within the community.



“THIS IS A VERY EXPENSIVE TIME, YOU KNOW, SO WHEN WE GET SOME FOOD FROM THE GO DHARMIC CHARITY, WE CAN SAVE SOME MONEY TO BUY OTHER ESSENTIALS. IT IS VERY HELPFUL.”

ESSENDINE PRIMARY SCHOOL PARENT

Building a Future of Food Security

Through initiatives like the Essendine Primary School project and our broader food distribution efforts, Go Dharmic is making tangible progress in the fight against hunger. By addressing the immediate needs of vulnerable families and empowering communities to thrive, we are building a foundation for long-term food security.

We remain deeply grateful to our partners, volunteers, and donors, whose unwavering support makes this work possible. Together, we can continue to create a world where no one goes hungry, and every individual has the opportunity to live with dignity and hope.



ENVIRONMENT

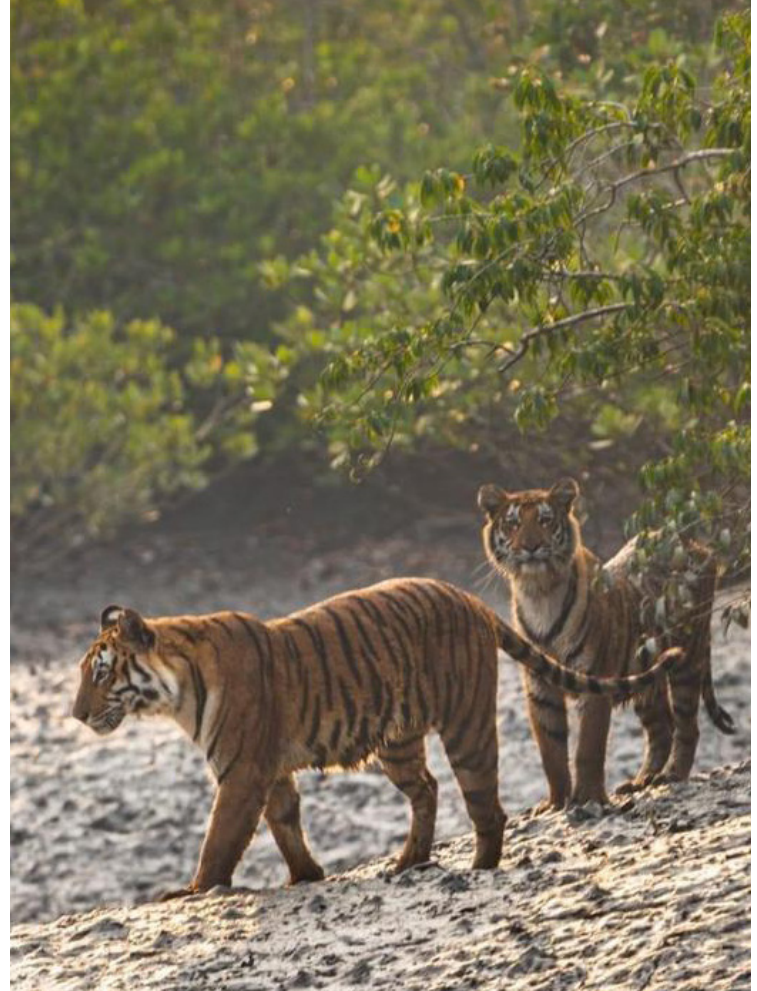


ENVIRONMENT

A Cleaner Planet for All

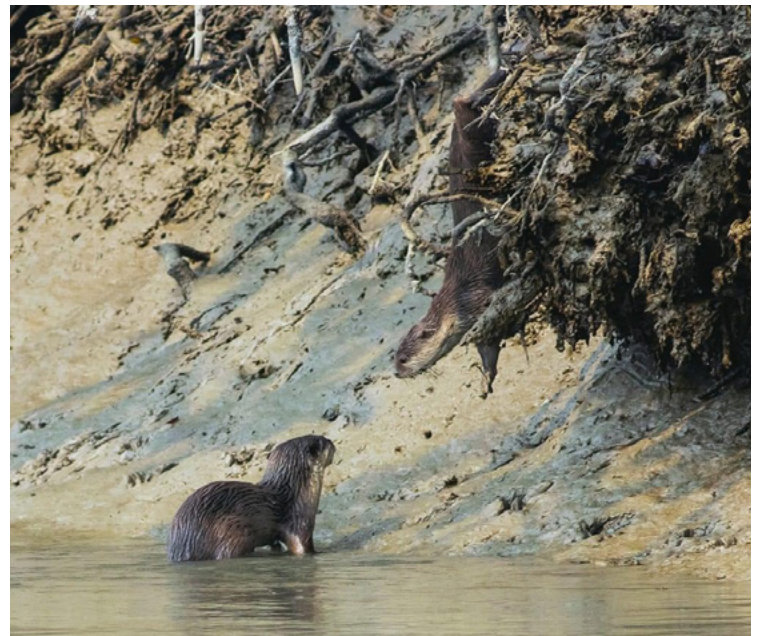
The health of the planet underpins every aspect of life, shaping the well-being of ecosystems, communities, and economies alike. In the face of an escalating climate crisis, the need for decisive and compassionate action has never been more urgent. Our commitment extends to restoring ecosystems, protecting biodiversity, and addressing the complex interdependencies between humanity and nature. Recognising that the environment holds the key to a thriving future, we focus on initiatives that safeguard natural habitats and create sustainable opportunities for generations to come.

One such effort is the protection and restoration of mangrove ecosystems, particularly in the Sundarbans. This unique mangrove forest not only provides a lifeline for millions of people but also serves as a critical habitat for countless species, including the Bengal tiger. As one of the most endangered big cats on Earth, the Bengal tiger depends on the v for survival, as do myriad other animals, such as estuarine crocodiles, olive ridley sea turtles, and various bird species. Preserving this habitat is integral to maintaining biodiversity and ensuring the survival of species that are crucial to the ecological balance of our planet.



“WE NEED TO MAKE PEACE WITH NATURE. WE’VE BEEN HARMING OUR WORLD AROUND US, HARMING BEAUTIFUL ANIMAL SPECIES, AND HARMING OUR OWN FUTURE.”

HANUMAN DASS



Why Mangroves?

Mangroves are among nature's most extraordinary ecosystems, playing an indispensable role in maintaining the health of coastal environments and addressing global climate challenges. These salt-tolerant trees and shrubs thrive in intertidal zones, where land meets sea, and their unique adaptations allow them to flourish in some of the harshest conditions. Despite their resilience, mangroves are among the most threatened ecosystems on Earth, making their conservation a matter of global urgency.

The importance of mangroves extends far beyond their striking appearance. They are among the planet's most efficient carbon sinks, capable of sequestering carbon up to four times faster than terrestrial forests. This remarkable ability is due to their anoxic soils, which slow down the decomposition of organic matter, allowing carbon to be stored for millennia. A single mangrove tree can absorb as much as 308 kilograms of carbon dioxide over its lifetime, making these forests vital allies in combating climate change. Moreover, their dense root systems stabilise soil, prevent erosion, and serve as natural barriers against storm surges, tsunamis, and rising sea levels. This makes mangroves indispensable for protecting coastal communities from the escalating impacts of climate change.

Beyond their environmental benefits, mangroves are biodiversity hotspots, providing critical habitats for a wide variety of species. They act as nurseries for fish, shrimp, and other marine life, sustaining both the ecosystems they inhabit and the livelihoods of communities that depend on them. Mangroves also filter pollutants from water, improving water quality and supporting the health of nearby ecosystems such as coral reefs and seagrass beds. In essence, mangroves are ecological powerhouses, offering a wealth of services that are vital to the planet and its inhabitants.



The Importance Of The Sundarbans

The Sundarbans, the largest continuous mangrove forest in the world, spans over 10,000 square kilometres across the coastal regions of West Bengal, India, and Bangladesh. This UNESCO World Heritage Site is a marvel of biodiversity and a linchpin in the fight against climate change.

This remarkable mangrove forest provides a natural shield against the ravages of extreme weather events, such as cyclones and tidal waves. Its dense root systems stabilise the soil, preventing erosion and reducing the destructive impact of floods. Additionally, the Sundarbans play a pivotal role in carbon sequestration, storing millions of tonnes of CO₂ that would otherwise exacerbate global warming. The forest's immense ecological and economic value cannot be overstated, as it supports the livelihoods of over four million people who depend on it for resources such as fish, honey, and wood.

However, the Sundarbans face mounting threats. Rising sea levels, increased salinity, and intensified cyclones driven by climate change are eroding this fragile ecosystem. Human pressures, including deforestation, pollution, and unsustainable resource extraction, further jeopardise the forest's survival. These challenges demand urgent and sustained efforts to restore and protect this irreplaceable habitat.

Go Dharmic's Dharma Forest

In response to the challenges facing the Sundarbans, Go Dharmic has launched the Dharma Forest Initiative, a transformative project aimed at restoring this vital ecosystem. With a goal to plant two million mangroves by 2026, this initiative is a testament to our commitment to environmental stewardship and community empowerment. To date, the project has successfully planted 160,000 mangroves, revitalising 100 hectares of degraded land and directly benefiting 15,000 people. These efforts have already sequestered an estimated 100,000 tonnes of CO₂, contributing significantly to climate mitigation.

Central to the Dharma Forest Initiative is the involvement of local communities. From nurturing seedlings in nurseries for 3-4 months to replanting and maintaining the mangroves in select locations, local families play an integral role in the project. This approach not only ensures the sustainability of the reforestation efforts but also provides much-needed income and empowerment to marginalised communities. By creating sustainable livelihoods and fostering a sense of ownership among local residents, the initiative aligns environmental restoration with social development.

The Dharma Forest is more than an environmental project—it is a vision for a sustainable future. By restoring mangroves, we aim to enhance coastal resilience, protect biodiversity, and inspire future generations to value and protect the natural world. The project also serves as a learning hub for schools, researchers, and conservationists, demonstrating the potential of community-driven environmental action.

Climate Action and Biodiversity Conservation

The challenges facing the Sundarbans reflect the broader environmental crises confronting the planet. Since 1880, Earth's average temperature has risen by 1.2°C, with the rate of warming accelerating in recent decades. In 2022 alone, global CO₂ emissions reached a record 36.8 gigatonnes, driven by increased energy consumption and deforestation. These alarming trends underscore the urgent need for action to protect natural ecosystems like the Sundarbans, which serve as critical buffers against the impacts of climate change.

Biodiversity conservation is equally critical. The loss of species diminishes the resilience of ecosystems, threatening their ability to provide essential services such as water filtration, pollination, and climate regulation. By protecting habitats like mangroves, we can safeguard the intricate web of life that sustains our planet.

Food Waste and Greenhouse Gases

Our food poverty programmes address immediate needs by redistributing surplus food to vulnerable individuals and families while promoting sustainable, plant-based diets to minimise environmental impact.

In the UK alone, food waste reached an estimated 10.7 million tonnes in 2021, with 70% of this occurring at the household level. This waste accounts for roughly 25% of all food purchased in the country. The environmental impact is profound, with food waste contributing 4.2 tonnes of greenhouse gases per tonne wasted. London alone discards approximately 890,000 tonnes of food annually, with significant portions still edible. This waste could instead support the nearly 1 in 10 London households struggling to afford food

Our Impact

Approximately 80% of the food distributed through our global initiatives—including in the UK, India, and the USA—is surplus saved from going to waste. By collaborating with restaurants, shops, and markets, our volunteers collect edible food destined for waste. Through these efforts, Go Dharmic has nourished thousands and also significantly reduced greenhouse gas emissions. We estimate avoiding over 28,000 tonnes of greenhouse gases since 2011 through our redistributive approach.

This holistic model simultaneously combats food insecurity, promotes ethical consumption, and mitigates climate change. By transforming waste into opportunity, we exemplify how immediate action can drive long-term systemic change.



2,500 TONNES OF GREENHOUSE GASES ARE AVOIDED ANNUALLY.

Environmental Pledges

Beyond our nature-based tree planting solution and our food waste reduction programs, Go Dharmic works to exponentially increase environmental support through individual and group pledges to healthier and greener living.

GO PLANT-BASED

Switching to a plant-based diet reduces the strain on our planet's resources, including land, water, and air, while safeguarding animal welfare. This shift not only curbs the cruelty of industrial farming and animal testing but also promotes sustainability for future generations.

GO ORGANIC

Organic farming protects both our health and the environment. Free from harmful chemicals, organic products are not only more nutritious but also support biodiversity and a pollution-free planet.

COMPASSION FOR ANIMALS

Animal testing and the meat and dairy industries inflict immense suffering on animals. Through this pledge, we encourage a plant-based lifestyle and advocacy against cruel practices, fostering a more compassionate world for all living beings.

GIVE IT A GROW

Planting trees and reducing products linked to deforestation are vital steps toward restoring nature's balance. Our Dharma Forest initiative embodies this pledge, creating a tangible, lasting environmental impact one tree at a time.

CHANGE THE WORLD

Reducing reliance on fossil fuels is crucial for combating climate change. Opt for walking, cycling, car-sharing, or public transport whenever possible to minimise your carbon footprint and support a greener planet.

Together, these pledges represent a collective commitment to long-term environmental change.



EDUCATION & SKILL DEVELOPMENT



EDUCATION AND SKILL DEVELOPMENT

The Foundation for a Brighter Future

Education is the cornerstone of security and prosperity, providing individuals with the tools to build better lives. At Go Dharmic, we believe every child deserves equal access to learning opportunities, regardless of their socioeconomic status or geographic location. Through our education initiatives, we strive to empower children with the skills and resources needed to thrive in an increasingly interconnected and digital world.

The Challenge: India's Digital Divide

India's rapid advancements in technology and digital infrastructure have created new opportunities, but they have also widened the gap between urban and rural communities. According to the India Inequality Report 2022, around 70% of the population still lacks reliable digital connectivity, and only 38% of households are digitally literate. The divide is especially stark for the poorest 20% of the population, where just 2.7% have access to a computer and only 8.9% have internet access.

This disparity is most evident in rural areas, where internet usage stands at 31%, far below the 67% seen in urban areas. For millions of children in these rural regions, the digital divide means a lack of access to online education, digital tools, and the skills necessary to compete in a modern economy. These challenges were magnified during the COVID-19 pandemic when online learning became essential, leaving many students unable to continue their education effectively.



“EDUCATE THE GIRLS AND THEY WILL EDUCATE THE REST OF SOCIETY.”

NEEM KAROLI BABA

Our Impact

One of Go Dharmic's core initiatives is the creation of libraries in underprivileged schools through our Shape a Future initiative. Recognising the importance of literacy and learning resources, we have established 108 libraries and two computer labs in schools across India.

Each library is equipped with over 1,500 books, ranging from fiction and non-fiction to encyclopaedias, ensuring that children from all backgrounds have access to high-quality learning materials. These libraries play a vital role in improving students' reading and writing skills, fostering a love for learning, and equipping them with the tools they need to make informed decisions and seize better opportunities in the future.

The success of this initiative is reflected in its reach. To date, we have distributed over 80,000 books and provided over 20 computers to schools, directly benefiting more than 100,000 children. These libraries are more than just spaces for books; they are safe havens of knowledge and opportunity, enabling children to dream bigger and achieve more.

Digitising Education

In 2022, Go Dharmic partnered with BYJU's Education for All to provide free access to BYJU's educational platform for underprivileged schools. This collaboration has been instrumental in integrating digital tools into classrooms, offering students a blend of traditional and modern teaching methods. This on-going project continues to support children to learn remotely with devices, supporting teachers and making learning interactive and fun.

The programme, which started at Shahpur Primary School in Gujarat, has now expanded to other schools across the state. By incorporating BYJU's Think and Learn Premium app into their curriculum, students are gaining exposure to cutting-edge educational technology. This initiative not only enhances their academic performance but also equips them with essential digital skills, preparing them to navigate an increasingly tech-driven world.

These efforts represent a significant step toward bridging the digital divide, ensuring that rural students have access to the same opportunities as their urban counterparts.



The Way Forward

While significant progress has been made, much work remains to ensure equal access to education for all. Rural areas still face considerable challenges, including inadequate infrastructure, limited digital literacy, and a lack of educational content in regional languages.

Addressing these issues requires a multi-faceted approach:

- **Infrastructure Development** is essential to provide schools with reliable electricity and broadband connectivity.
- **Digital Literacy Training** for students, teachers, and parents is vital to ensure they can effectively use technology to enhance learning.
- **Localised Content Creation** is necessary to cater to the diverse linguistic needs of India's population, enabling students from all regions to benefit from digital education.
- **Public-Private Partnerships** can accelerate progress by leveraging the resources and expertise of government bodies, private enterprises, and civil society organisations.

By tackling these challenges head-on, India can create a more equitable education system that empowers every child, regardless of their socioeconomic background or geographic location.

A Vision of Opportunity

At Go Dharmic, our education initiatives reflect our commitment to fostering compassion, inclusion, and opportunity. From building libraries to digitising classrooms, we are helping to bridge the gap between urban and rural education, ensuring that children everywhere have the tools they need to succeed.

With the continued support of our donors, partners, and volunteers, we can expand these efforts and shape a brighter future for generations to come. Together, we can create a world where education truly is the foundation of a better tomorrow.

The Clockwork Foundation Partnership in Government Schools in India

In partnership with the Clockwork Foundation, Go Dharmic implemented a transformative education initiative aimed at bridging critical gaps in resources and opportunities for underserved government schools in India. With a generous grant of £5,000, two significant projects were executed: the establishment of a library at the Government Middle School in Kanakapura, Gujarat, and a computer laboratory at the Government Higher Secondary School in Wazirabad, Gurugram, Haryana. These efforts were designed to empower students by providing access to essential educational and technological tools, promoting literacy, and fostering digital literacy skills.

A Library for Kanakapura

A portion of the grant was allocated to creating a fully equipped library at the Government Middle School in Kanakapura, Anand District, Gujarat. After a thorough needs assessment, the project focused on procuring a wide range of educational materials, including textbooks, reference materials, and periodicals, along with the necessary infrastructure such as bookshelves, tables, and chairs.

The library, designed in collaboration with school authorities and community members, now serves as a hub of learning for the school's 550 enrolled students and is projected to benefit at least 50 additional children annually. Beyond its role as a repository of knowledge, the library has successfully fostered a culture of reading and self-directed learning among students, equipping them with the tools to excel academically and develop critical thinking skills.

Digital Empowerment in Gurugram

The remaining funds were utilised to establish a state-of-the-art computer laboratory at the Government Higher Secondary School in Wazirabad, Sector 52, Gurugram, Haryana. Recognising the widening digital divide, this initiative aimed to provide students with access to technology, preparing them for a world increasingly driven by digital skills.



The project included the procurement and installation of computers, monitors, keyboards, and other peripherals, as well as software and internet connectivity for selected systems. To ensure the lab's long-term effectiveness, training was provided to teaching staff to incorporate the use of digital resources into the curriculum. The lab now benefits 1,800 students annually and is expected to impact an additional 1,100 students in the coming years, enabling them to pursue online education, research, and career opportunities.

Long-Term Impact

The creation of these resources has significantly improved the educational landscape in these communities. The library in Kanakapura has become a cornerstone of literacy and learning, empowering students with knowledge and enhancing their overall academic performance. Meanwhile, the computer lab in Gurugram has equipped students with crucial digital skills, opening up pathways to higher education, better career prospects, and greater social mobility.

These initiatives exemplify the lasting impact of targeted educational interventions. By addressing systemic gaps, they have created an environment where children can thrive, regardless of their socio-economic backgrounds.

Before Intervention:



After Intervention:



KEY ACHIEVEMENTS:

Kanakapura Library:

- Serves 550 students annually.
- Estimated to benefit 50 additional children each year.

Gurugram Computer Laboratory:

- Currently benefits 1,800 students.
- Estimated to benefit an additional 1,100 students annually.

DISASTER RELIEF



DISASTER RELIEF

A Commitment to Humanity in Times of Need

In a world increasingly defined by its challenges, Go Dharmic has steadfastly dedicated itself to alleviating human suffering. Over the past two decades, with more than 2,500 disasters and 40 major conflicts affecting two billion people, the need for swift and compassionate action has never been more urgent. Through our trained relief teams and global network of volunteers, we have risen to meet these crises, offering essential aid such as food, water, shelter, medical supplies, and hope to those in desperate need.

Our approach is rooted in meticulous planning and collaboration. By conducting detailed evaluations and working directly with affected communities, we ensure that every effort maximises impact and addresses real needs. The 2023–2024 period brought unprecedented challenges, from devastating earthquakes and wildfires to floods and humanitarian crises. Yet, through resilience and compassion, Go Dharmic made a tangible difference.

Türkiye and Syria Earthquake

In February 2023, a catastrophic earthquake struck Türkiye and Syria, displacing 1.5 million people and claiming nearly 60,000 lives. The destruction was apocalyptic, leaving cities in ruins and millions of civilians grappling with unimaginable loss. Go Dharmic's team, led by volunteer Gökhan Sezer, was on the ground from the outset and through to August, delivering vital aid such as tents, camping stoves, food parcels, clothing, and blankets to survivors.

Volunteer Onur Kaygisiz vividly described the devastation: "The destruction is on an unimaginable scale. With each donation, we shine a little more light, letting survivors know the world cares. We stand with them. We are all one."

Our efforts extended beyond immediate relief, addressing the long-term needs of survivors in bitter sub-zero temperatures. With over £15,000 raised for this cause, Go Dharmic has helped restore dignity and hope, providing food parcels and supplies critical for survival. Despite these strides, the needs remain vast, and our commitment to the affected regions continues unabated.



Pakistan Refugees

In May 2023, Go Dharmic Disaster Relief teams swiftly mobilized to aid refugees fleeing religious persecution and violence in Pakistan. Within 36 hours, teams were on the ground, establishing shelters, providing essential supplies like food and water, and offering support to over 60 displaced families. The plight of these refugees, many of whom had endured harrowing experiences including kidnapping and assault, is a stark reminder of the urgent humanitarian crisis unfolding in the region. As these individuals sought refuge in India, they faced extreme conditions, including scorching temperatures and limited access to basic necessities. Go Dharmic remains steadfast in its commitment to alleviating the suffering of these refugees and calls upon the global community to extend their support.

Floods in Punjab and Cyclone Biparjoy in Gujarat

Natural disasters in India also posed significant challenges. In July 2023, severe floods in Punjab left hundreds of families stranded, with roads and bridges rendered impassable. Go Dharmic partnered with emergency services to rescue 500 families, providing hot meals and clean water to those in dire need in just 56 hours.

Similarly, in June 2023, Cyclone Biparjoy wreaked havoc in Gujarat, displacing countless families. Our crisis response team acted swiftly, distributing emergency food kits and water bottles to the affected areas, ensuring that 70 families had their immediate needs met.



Wildfires in Maui

In August 2023, Maui, Hawaii, experienced the deadliest US wildfire in over a century, claiming 102 lives and obliterating the historic town of Lahaina. Thousands of families were displaced, and the destruction of homes and livelihoods left the community reeling. Go Dharmic, in partnership with local organisations and the Love, Serve, Remember Foundation, stepped in to provide essential goods, shelter, and healthcare to those affected, helping over 800 locals.

This cause held special significance for us, as Maui was the home of spiritual teacher Ram Dass, whose teachings inspire our mission of love and service. In his memory, we supported efforts to rebuild lives, ensuring that the spirit of compassion continued to guide our work.



Cuba Crisis

The humanitarian crisis in Cuba has reached alarming proportions, with malnutrition affecting 35% of the population and severe vitamin deficiencies impacting 80%. Economic challenges, exacerbated by political blockades, have left many unable to afford basic necessities despite the availability of food.

In response, Go Dharmic launched the “Feed Me Now” campaign in October 2023, in collaboration with Casa El Delfin. Our volunteers distributed beans to the most vulnerable in Trinidad, Cuba, and worked with local gardeners to grow fresh vegetables. By providing seeds, vitamins, and financial support, we fed 100 people a month for 4 months and addressed some root causes of food insecurity.

Our efforts extended beyond sustenance. Through events like a Vegan Salsa Night fundraiser, we raised awareness and funds to continue supporting the Cuban community. By March 2024, Go Dharmic volunteers had reached over 800 local villagers, delivering essential food supplies and hope.



Beyond Borders

The crises of 2023–2024 underscore the fragility of human life and the resilience of the human spirit. Go Dharmic remains unwavering in its mission to offer solace, dignity, and hope. With your support, we continue to make a difference, proving that together, we can overcome even the most daunting challenges.

HEALTH AND SANITATION



HEALTH AND SANITATION

In the year 2023-2024, Go Dharmic continued its unwavering support for the maintenance of sanitation facilities in girls' schools across Assam. These efforts addressed critical challenges related to hygiene and safety, particularly for female students. Go Dharmic ensured the upkeep of 50 modular toilets in government schools, thereby providing young girls with access to safe, clean, and dignified sanitary conditions.

Go Dharmic also prioritised sustained engagement with frontline officers and their families who had previously benefited from health checks under the Mission Health initiative. Through regular contact—whether in-person, digitally, or through written communication—Go Dharmic staff diligently followed up to monitor health conditions, offer guidance, and support overall well-being. Such consistent follow-ups play a pivotal role in addressing lingering health concerns and ensuring the long-term physical and mental welfare of the beneficiaries.

By maintaining these meaningful connections, Go Dharmic facilitated the development of community ties, enhanced self-confidence, and contributed to improved decision-making among the families. These interactions also promoted mental well-being, reinforcing a sense of self-worth and belonging, essential for creating a healthier and more empowered society.



A Snapshot of the Sanitation Challenges:

- Handwashing practices and microbial contamination in homes and communities increase the spread of diarrhoeal and waterborne diseases.
- While sanitation access in rural India has improved, the progress is uneven. Among the poorest 20%, open defecation remains widespread, exposing women and girls to risks that compromise their dignity and safety.
- The absence of toilets forces many women and girls to delay relieving themselves until night-time, resulting in potential health hazards, discomfort, and the risk of assault.

Source: UNICEF India, [unicef.org/india/campaigns/take-poo-loo](https://www.unicef.org/india/campaigns/take-poo-loo)

Sanitation

We believe that hygiene is as fundamental as eating or breathing—a necessity for preserving human dignity. This conviction drove our continued collaboration with ONGC in maintaining modular toilets in 50 government schools across Assam, specifically in girls' schools. These facilities eliminated the need for students to resort to unsafe and unsanitary locations, such as fields, rubbish dumps, or roadside ditches.

Such situations not only posed significant safety risks from strangers, but also created deep embarrassment and discomfort, often compelling girls to abandon their education. By ensuring clean and accessible sanitation facilities, Go Dharmic took proactive steps to safeguard the dignity, safety, and educational prospects of these young girls. This initiative remains a testament to our commitment to creating a supportive environment where every girl can thrive academically without compromising her self-esteem or health.

Mission Health

As part of the Mission Health initiative, Go Dharmic partnered with Marico Ltd to provide comprehensive medical check-ups for frontline police officers and their families across five locations in India—Guwahati, Pondicherry, Perundurai, Jalgaon, and Sanand. This project underscored our gratitude for the invaluable contributions of these individuals during challenging times.

To date, Go Dharmic has conducted over 1,500 check-ups. These check-ups included a wide array of diagnostics: thyroid function, vitamin B12 and D levels, liver, kidney, and heart function, as well as screenings for diabetes, iron deficiency, and testosterone levels. Additionally, ENT specialists conducted hearing tests to identify and address potential auditory issues.

By ensuring early detection and proper management of health concerns, the initiative supported the physical and mental well-being of the participants. Beyond the immediate benefits, the programme exemplified the importance of sustained care and follow-up, essential to fostering long-term health outcomes for these families.



Our Vision:
 This campaign prioritises both mental and physical well-being. We strive to heal the sick and maintain the health of the well.

ADVOCACY



ADVOCACY

Guided by principles of compassion, dharma, and collective well-being, our advocacy work spans global challenges such as climate change, violence, education, and inequality. This year, we expanded our reach and deepened our impact, mobilising communities and engaging decision-makers across the UK, USA, and India to drive sustainable change.

Our initiatives in the 2023–2024 financial year included the impactful Peace Letters campaign, an education collaboration with RE Today, and a series of events that brought communities together around key causes.

Peace Letters: Moving by Love

The Peace Letters campaign led by Hanuman Dass emerged as a central feature of Go Dharmic's advocacy this year. With over 500 letters dispatched to world leaders, policymakers, and influencers, we sought to amplify the voices of communities affected by violence, conflict, and neglect. Rooted in the principle of Shanti (peace), these letters called for action on pressing global issues, fostering dialogue and accountability.



Gun Violence in the USA

Our letters to U.S. President Joe Biden and key policymakers highlighted the human toll of gun violence. Addressing the prevalence of school shootings, we urged leaders to prioritise stricter gun control laws and invest in programmes that foster compassion and conflict resolution in schools.

“We must prioritise the value of life over the pursuit of profit or political gain. The lives lost to gun violence are a collective failure of humanity. Let us work together to end this cycle of destruction and build a society that nurtures, protects, and uplifts all its children.”

This message resonated with many grassroots organisations, sparking dialogue among advocacy groups and offering a platform for survivors to share their stories.

Peace in Ukraine

Amid the ongoing conflict in Ukraine, Go Dharmic reached out to Russian and Ukrainian leaders, advocating for an immediate cessation of hostilities. Volunteers on the ground documented the suffering of displaced families, amplifying their voices through our campaign.

“War only serves to divide and destroy; peace rebuilds, renews, and reconciles. We implore you to embrace dialogue over destruction, to choose compassion over conquest.”

The campaign not only highlighted the devastating impact of war but also inspired communities worldwide to support relief efforts, underscoring the power of advocacy in mobilising change.

Climate Action and Animal Welfare

Environmental sustainability and animal welfare also formed a significant focus of our Peace Letters initiative. Addressing leaders across the globe, we advocated for policies that promote green energy, reduce reliance on fossil fuels, and encourage plant-based diets. These efforts align with the principle of Ahimsa (non-violence) and reflect our commitment to protecting both the planet and its inhabitants.

Throughout our Peace Letters campaign, we demonstrated that advocacy rooted in compassion and dialogue can influence public discourse and inspire action on some of the world’s most pressing issues.

Partnering with RE Today

Education plays a critical role in building an informed and compassionate society. This year, Go Dharmic collaborated with RE Today, a leading UK publication for religious education in primary and secondary schools, to create resources that bring the principles of Sanatana Dharma into classrooms and communities.



The Sanatana Dharma Poster

Designed to demystify Hindu philosophy, our educational poster outlined key tenets of Sanatana Dharma, such as Dharma (righteous living), Karma (action and its consequences), and Ahimsa (non-violence). The poster aimed to help educators present Hinduism in an accessible and engaging manner, encouraging students to reflect on its universal values.

In-Depth Exploration of Hindu Philosophy

A follow-up article in RE Today delved deeper into the stories and teachings of Hindu scriptures, such as the Mahabharata and Bhagavad Gita. The article explored how these ancient texts remain relevant in addressing contemporary issues like inequality, environmental degradation, and mental well-being.

“The teachings of Sanatana Dharma remind us that our duty is not to seek personal gain but to serve the greater good. This timeless wisdom is a guide to creating a more just and compassionate world.”

By equipping educators with these resources, Go Dharmic helped promote interfaith understanding and counter misconceptions about Hinduism, fostering a more inclusive and harmonious society.

Gunialekh Retreat and Seva Centre: A Vision for Holistic Impact

Go Dharmic is proud to announce the development of the Gunialekh Retreat and Seva Centre, a transformative project in the serene Kumaon Hills of North India. This initiative represents our commitment to fostering community welfare, spiritual growth, and holistic wellbeing, while creating a sustainable and inclusive future.

Nestled near Kainchi, home to Neem Karoli Baba's renowned ashram, Gunialekh is a place rich in spiritual heritage. Attracting seekers from across the globe, the area exudes an atmosphere of love, compassion, and peace. Building on this foundation, Go Dharmic envisions the Gunialekh Retreat Centre as more than a sanctuary for personal rejuvenation. It will serve as a pivotal hub for advocacy, education, poverty alleviation, and community engagement, supporting both local and global campaigns.

The centre's design integrates comfort with sustainability, offering eco-friendly accommodations that include single rooms, shared rooms, and dormitories. With serene meditation halls, yoga studios, and outdoor spaces, it will provide a nurturing environment for mindfulness, self-reflection, and physical wellbeing. Construction is already well underway, and the centre is poised to welcome an international community of visitors seeking both physical and spiritual enrichment.

A Catalyst for Local Empowerment

What truly distinguishes Gunialekh from other wellness retreats is Go Dharmic's unwavering dedication to uplifting the local community. From the construction phase to the centre's ongoing operations, the project will generate meaningful employment opportunities and equip residents with valuable skills.

The economic impact will be profound, bringing increased tourism and revenue to local businesses. Training programmes will enhance vocational skills and entrepreneurship, enabling individuals to secure a sustainable livelihood. Additionally, the centre will foster cultural exchange through partnerships with local organisations, community events, and volunteer programmes that actively involve residents in its activities.



Features of the Gunialekh Retreat and Seva Centre

- **Eco-Friendly Accommodation:** Thoughtfully designed lodging options that blend sustainability with comfort, offering single, shared, and dormitory rooms.
- **Meditation and Yoga Spaces:** Purpose-built halls and serene outdoor settings for self-reflection, yoga practice, and relaxation.
- **Community Centre:** A versatile space for workshops, cultural events, seminars, and community gatherings.
- **Organic Farm and Gardens:** A self-sustaining initiative to cultivate organic produce, offering farming workshops and agricultural education.
- **Develop and support** local school children for sport, education and well being.

Promoting Wellbeing and Education

The Gunialekh Retreat and Seva Centre will provide accessible wellness programmes for the local community, including yoga, meditation, and workshops on stress management, personal growth, and sustainable living. These initiatives aim to enhance both individual wellbeing and community resilience, empowering participants to lead healthier, more balanced lives.

A Holistic Vision for the Future

At its core, the Gunialekh Retreat and Seva Centre embodies Go Dharmic's mission of compassion, service, and positive impact. By integrating spiritual growth with social responsibility, this project will be a beacon of hope and transformation.

We look forward to making Gunialekh a cornerstone of our efforts to serve humanity, inspire change, and create a brighter future for all.

EVENTS:

Mobilising Communities for Change

Events serve as a powerful platform to inspire action and unite communities around shared causes. In 2023–2024, Go Dharmic organised a series of impactful events that brought together diverse groups to address critical issues, raise funds, and celebrate the spirit of compassion and service.

Eddie Stern's Talk on Dharma and Selfless Service

In June 2023, renowned yoga master Eddie Stern joined Go Dharmic founder Hanuman Dass for an evening of soulful discussions in London. The event highlighted the importance of selfless service in achieving inner peace and global harmony, drawing over 200 attendees.

Faiths Unite for Climate Action

In September 2023, Go Dharmic partnered with faith leaders at Lloyd's of London to demand an end to insurance for fossil fuel projects. Hanuman Dass, representing the dharmic community, emphasised the principle of Ahimsa, calling for urgent action to address the climate crisis.

“We cannot turn a blind eye to the destruction we are causing to our planet. It is our dharma to protect all life and ensure a sustainable future for generations to come.”

This interfaith initiative underscored the power of collective action in addressing global challenges.



Mumbai City Dinner

Our annual dinner in Mumbai raised over £25,000 for Go Dharmic initiatives, bringing together supporters, corporate partners, and cricket legends. Special guest Ashish Nehra shared stories of resilience and community, inspiring attendees to contribute generously.

Diwali Celebrations (November 2023)

Go Dharmic hosted several Diwali events to share the message of light, love, and compassion:

- At the House of Commons, our team joined the Hindu Forum of Britain to celebrate the festival with 300 attendees, distributing the latest edition of Dharma magazine.
- In London, a Diwali dinner at Om Nom united diverse groups, including the Hindu Forum of Britain, City Hindus and City Sikhs, to celebrate cultural richness and raise funds for humanitarian causes.

These events embodied the essence of Diwali – triumph of light over darkness – and strengthened bonds within the community.



Barclays CSR Workshop

On November 6, 2023, Hanuman Dass, addressed Barclays employees at their headquarters. The presentation focused on the organisation's mission and the importance of love and compassion, particularly during the Diwali festival. Barclays has been a consistent supporter of Go Dharmic's endeavors, with numerous employees volunteering their time and contributing to various initiatives.

Climate Justice with Faith Leaders

During November's Interfaith Week, Go Dharmic organised a gathering at the Robert Clive Memorial to advocate for climate justice. Speakers highlighted the disproportionate impact of climate change on vulnerable nations, emphasising the need for a unified global response rooted in compassion and sustainability — galvanised by the phrase "Make Polluters Pay" as part of a mission to redress Loss and Damage.



Acuiti Partnership Christmas Dinner

In December 2023, Acuiti launched a Christmas dinner for the derivatives industry, with Go Dharmic selected as the charity partner. Acuiti CEO, Will Mitting, gave a moving speech before handing over to Hanuman Dass to give a Go Dharmic presentation and take questions. The event was a great success raising over £25,000. Furthermore, the partnership introduced Go Dharmic to leading companies in the derivatives industry, and marked the beginning of collaborations with major corporations like ABN AMRO Clearing, fostering future CSR initiatives.



International Women's Day

Go Dharmic celebrated International Women's Day in March 2024 with a workshop in Kolkata addressing human trafficking and child marriage in coastal communities. Led by Inspector Sougata Ghosh and the Go Dharmic team in India, the event empowered over 60 women with tools to combat these pressing social issues, underscoring our dedication to uplifting vulnerable populations.

Global Spirituality Mahotsav

At the Global Spirituality Mahotsav in Hyderabad, March 2024, Go Dharmic joined luminaries such as India's President Droupadi Murmu to discuss the journey from inner peace to global peace. The event reaffirmed our mission to promote universal compassion and foster global partnerships for a kinder future.



Celebrating Diversity and Empowering Change

Go Dharmic's advocacy efforts extend beyond campaigns and events, reflecting a broader commitment to celebrating diversity and empowering marginalized communities. From Diwali celebrations at the House of Commons to workshops addressing human trafficking in Kolkata, our initiatives bring hope, knowledge, and tangible solutions to those in need.

“Compassion is not just an emotion; it is a force for change. By uniting as one, we can create a world where no one is left behind.”

Through our advocacy, Go Dharmic continues to inspire action and create a brighter future for all. This year's achievements reaffirm the power of compassion to transcend barriers and drive meaningful change across borders.

AWARDS



ADVOCACY

Recognising Exceptional Leadership and Compassionate Action

This year has been monumental for Go Dharmic as the organisation's tireless efforts to alleviate suffering, foster education, and protect the environment have been recognised at the highest levels. GD's commitment to the universal principles of love and compassion has garnered significant acclaim, celebrating the extraordinary work of its volunteers and leaders.

Prime Minister's Points of Light Award

On 8th November 2023, Founder, Hanuman Dass, and Trustee, Sheena Randerwala, were honoured with the prestigious Points of Light Award at 10 Downing Street by Prime Minister Rishi Sunak. This recognition, awarded during the auspicious festival of Diwali, highlights their remarkable contributions to social change across the UK and globally.

Go Dharmic, founded over 13 years ago by Hanuman Dass, began as a small initiative to address poverty and homelessness in London. Inspired by the principles of Sanatana Dharma, its mission is rooted in compassion, with the guiding principle: "Love All. Feed All. Serve All." The organisation has since expanded into a global humanitarian movement, distributing over 22 million meals worldwide, creating libraries and computer labs in India, and mobilising disaster relief teams for victims of natural calamities, such as the recent North India floods.

A standout environmental initiative, Dharma Forest, aims to plant 2 million trees in the Sundarbans by 2026 to combat climate change and protect vulnerable coastal communities. Reflecting on this honour, Hanuman Dass offered:

"Go Dharmic's mission is to increase love, peace, and compassion. Receiving the Points of Light Award inspires us to continue our work for a harmonious world."

Sheena Randerwala echoed this sentiment, dedicating the award to GD's volunteers and encouraging more people to join their transformative work.



Charity Times and Third Sector Recognition

Hanuman Dass' dedication was also acknowledged with a Highly Commended recognition at the Charity Times Awards 2023. Under his leadership, GD has grown into a movement of over 10,000 volunteers across 180 locations, delivering impactful campaigns on poverty alleviation, education, environmental sustainability, and disaster relief. From distributing meals to the homeless in London to organising cataract surgeries and medical aid worldwide, Hanuman Dass exemplifies compassionate leadership, empowering communities and creating lasting change.

A Royal Acknowledgement in Scotland

GD's work in Scotland achieved royal recognition this year through the Coronation Champion Award presented to Martin Dover, a GD trustee and lead volunteer, by the Royal Voluntary Service. Awarded live on BBC's The One Show, Martin's tireless efforts to combat food poverty and support communities were celebrated as part of the King's Coronation.

Since joining GD at the age of 16, Martin has transformed food poverty efforts in Scotland, securing resources such as a van, storage facilities, and partnerships to expand food distribution networks. His efforts have resulted in the distribution of over 1 million meals to vulnerable communities in Scotland, including hospitals, schools, and underserved areas. His commitment extends beyond Scotland, with participation in global initiatives such as the Salt Ride in India, promoting Mahatma Gandhi's principles of ahimsa (non-violence).

Martin's recognition underscores the potential of youth to lead positive change. Reflecting on his achievement, he shared:

“With every meal we give out, we try to put a smile on people's faces. Through Go Dharmic, we want to spread positivity and help as many people as possible.”

Hanuman Dass added:

“Martin's award is a testament to the boundless potential of young people to shape a better world. His dedication embodies the very essence of GD's mission.”

Engaging with Leaders for a Better World

In another landmark event, GD's leadership, including Martin Dover and Hanuman Dass, attended the King's Coronation Garden Party at Holyrood Palace in Edinburgh. There, they met King Charles III and Scotland's First Minister Humza Yousaf, discussing Go Dharmic's vision of a more compassionate and interconnected world. These interactions signify the growing recognition of GD's role as a driving force for positive societal transformation.

Looking Ahead

As Go Dharmic reflects on its milestones in 2023-2024, the focus remains unwavering: to serve humanity and the planet with love and compassion. The accolades received this year celebrate the collective efforts of GD's global community of volunteers and supporters. Whether distributing meals, building libraries, planting trees, or responding to disasters, Go Dharmic's mission is clear: to inspire and implement compassion in action.



the
one
show



CONTRIBUTING TO THE U.N. SDGs



CONTRIBUTING TO THE U.N. SUSTAINABLE DEVELOPMENT GOALS (SDGs)

At Go Dharmic, our mission directly supports the United Nations Sustainable Development Goals (SDGs) through targeted campaigns that address global challenges. With a focus on six core areas, we align our efforts with the broader vision for sustainable development. Below is a summary of how our initiatives create meaningful contributions to these critical goals:

SDG 1: No Poverty

We actively combat poverty through hunger relief, disaster support, and community empowerment. By providing essential resources and equipping youth with employable skills, we break the cycle of poverty and foster economic independence and stability.

SDG 2: Zero Hunger

Through surplus food redistribution and grocery kits, we tackle hunger and ensure food security. Relief kits address immediate nutritional needs during crises, while awareness campaigns encourage sustainable solutions to food-related challenges.

SDG 3: Good Health and Well-being

Our relief efforts provide nutritious meals and vital supplies during emergencies, promoting healthier lives. Initiatives like health camps, cataract surgeries, and sanitation facilities improve access to healthcare, while our advocacy for plant-based lifestyles inspires healthier living.

SDG 4: Quality Education

We build libraries, computer labs, and implement skill development programmes in schools to promote literacy and inclusive education. By providing sanitation facilities for girls, we create a supportive environment for their education, ensuring equal opportunities for all.

SDG 5: Gender Equality

Our programmes empower women through skill training, enabling them to support their families. By creating safe spaces for education and hosting events that promote gender inclusion, we foster equality and advocate for women's empowerment.

SDG 6: Clean Water and Sanitation

We construct toilets and provide hygiene facilities, particularly for teenage girls, ensuring access to clean water and sanitation. Mangrove plantations naturally filter water for safe consumption, complementing our advocacy for sustainable water management.

SDG 7: Affordable and Clean Energy

Through advocacy and pledges, we raise awareness about clean energy solutions and sustainable practices. By promoting renewable energy adoption, we contribute to ensuring reliable and affordable energy access for all.

SDG 8: Decent Work and Economic Growth

Our focus on education and skills training empowers individuals to secure sustainable livelihoods. These efforts enhance employability, reduce unemployment, and foster local economic growth.

SDG 9: Industry, Innovation, and Infrastructure

From modular toilet construction to mangrove plantation techniques, we champion innovative solutions. Our education programmes and advocacy for sustainable transport further contribute to community development.

SDG 10: Reduced Inequalities

We bridge social gaps by providing education and vocational training to underserved communities. Our food distribution efforts and advocacy campaigns create opportunities for equitable growth and inclusion.

SDG 11: Sustainable Cities and Communities

We enhance urban resilience through environmental protection, disaster relief, and sustainable practices. Initiatives like mangrove plantations, libraries, and health facilities build inclusive and thriving communities.

SDG 12: Responsible Consumption and Production

Redistributing surplus food and promoting plant-based living are at the heart of our sustainable initiatives. Advocacy events amplify our mission, driving widespread adoption of responsible consumption patterns.

SDG 13: Climate Action

Our Dharma Forest initiative, plant-based campaigns, and mangrove plantations are direct actions against climate change. These efforts integrate sustainability into everyday practices, contributing to global climate solutions.

SDG 14: Life Below Water

Through mangrove plantations and advocacy for plant-based living, we support marine ecosystems. Our campaigns address water pollution and promote practices that protect aquatic life.

SDG 15: Life on Land

Mangrove plantations, organic pledges, and food relief initiatives safeguard terrestrial ecosystems. These efforts ensure biodiversity and promote sustainable living for thriving ecosystems.

SDG 16: Peace, Justice, and Strong Institutions

Our Disaster Relief campaigns deliver critical support during crises, fostering stability and peace. Advocacy efforts promote inclusive societies and sustainable development, building stronger communities.

SDG 17: Partnerships for the Goals

Collaboration is at the core of our approach. By engaging with sponsors, organisations, and influencers, we maximise impact and deliver tailored solutions to global challenges.

Through these efforts, Go Dharmic continues to contribute meaningfully to a more equitable, sustainable, and compassionate world.

STAFFING, VOLUNTEERS, AND ORGANISATION

Go Dharmic is a volunteer-based organisation, with over 10,000 volunteers globally. We operate through a small team, which allows us to employ the vast majority of the donations we receive in our numerous campaigns. The majority of our distributions are set up, led, and coordinated entirely by volunteers, including: food collection, meal preparation, marquee and table setup, communication, and distribution. We take every effort to train each new volunteer with our Safeguarding Policy and perform a DBS check for lead Volunteers operating within the UK.

For the campaigns and projects that operate outside of the UK – such as Global Disaster Relief – we principally utilise volunteer teams that are composed of locals, or utilise staff from our various partners. In certain instances we will send a UK member of our staff to coordinate a project, as occurred in our relief efforts on the Romanian and Polish borders with Ukraine.

We believe that this acting structure maximises our flexibility, permitting us to act and mobilise quickly and perform campaigns in locations where it may be impractical or costly to send UK staff. As our volunteers are typically composed of locals, this also ensures that the communities where the charitable impact is taking place are consulted and closely involved. We do not believe in simply imposing what we may believe to be a benefit, when the local beneficiaries do not. This is avoided by involving locals in the planning, organisation, and execution of projects. It is, however, a structure that we carefully monitor and review annually with the Board of Trustees.

RESERVES POLICY

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

SAFEGUARDING

Go Dharmic Welfare recognises that the welfare of children, young people and vulnerable adults is paramount and that they all, regardless of ability or culture, have equal rights of protection. GD has a duty of care and will do everything it can to provide a safe, caring and secure environment for them whilst they are engaged in GD activities.

Go Dharmic ensures that its safeguarding policy and any associated procedures and training comply with the Charity Commission's guidance on good practice in safeguarding children, young people and vulnerable adults, and that safeguarding arrangements are proportionate to the risks involved.

Go Dharmic will:

- Ensure all staff have access to, are familiar with, and know their responsibilities within this policy.
- Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Go Dharmic Welfare. This includes the way in which information about individuals in our programmes is gathered and communicated.
- Implement stringent safeguarding reporting procedures when recruiting, managing and deploying staff and associated personnel.
- Ensure staff receive training on safeguarding at a level commensurate with their role in the organisation
- Follow up on reports of safeguarding concerns promptly and according to due process

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Designated Safeguarding Lead (DSL) or immediate manager. If the staff member does not feel comfortable reporting to their Designated Safeguarding Lead or immediate manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to any other appropriate staff member.

Go Dharmic will accept complaints from external sources such as members of the public, partners and official bodies.

The DSL will receive and deal with any complaints made against GD staff and volunteers in terms of safeguarding.

RISK MANAGEMENT

Our approach to risk management is organised around a potential cost-benefit analysis, composed of staff, volunteer, and beneficiary safety. Our central staff judiciously consider the likelihood and gravity of any negative consequences that could take place from any and all of our campaigns and projects, and weigh these against the potential benefits. The team performs this calculation giving greater weight to potential risks, prioritising safety.

To illustrate with an example of this process, for our Kyiv relief efforts, we concluded that we could not send a disaster relief team, nor send any staff from the UK, as even if a team could enter Ukraine the danger the team would be placed in would be too high, as well as disproportionate to the aid that they could provide; instead, we worked out that we could make a more substantial impact and minimise risk by supporting volunteers that were already in Kyiv.

For our distributions, we have a dedicated risk assessment guide and response sheet, divided between 11 Hazard criteria, with categories for:

- **Type of Risk** (Falls, Cuts, Loss of Property, Food Poisoning, Mental Harm, etc.)
- **To Who** (Volunteer, Staff, Beneficiary)
- **Likelihood** (Low-High)
- **Magnitude of Risk** (Low-High)
- **Mitigation**
- **Review Period**

GLOSSARY OF TERMS

Beneficiary of Assistance

Someone who directly receives goods or services from Go Dharmic's programme. Note that misuse of power can also apply to the wider community that the Go Dharmic Welfare serves, and also can include exploitation by giving the perception of being in a position of power.

Child

A person below the age of 18. In this document, as in the Children Act 1989 and 2004, a Child is anyone who has not yet reached their 18th birthday. 'Children' therefore means 'Children and Young People' throughout. The fact that a Child has reached 16 years of age, is living independently, is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders' Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989 and 2004.

Harm

Psychological, physical and any other infringement of an individual's rights.

Psychological Harm

Emotional or psychological abuse, including (but not limited to) humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, solitary confinement and isolation.

Abuse

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults or another child or children.

Physical Abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

Emotional Abuse

The persistent emotional maltreatment of a child such as to cause severe and adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's developmental capability as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, although it may occur alone.

Sexual Abuse

The term 'sexual abuse' means the actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions, involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

Sexual Exploitation

The term 'sexual exploitation' means any actual or attempted abuse of a position of vulnerability, differential power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another. This definition includes human trafficking and modern slavery.

Child Sexual Exploitation

A type of sexual abuse. Children in exploitative situations and relationships may receive gifts, money or affection in return for performing sexual activities. Children or young people may be tricked into believing they are in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed online.

Neglect

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. Once a child is born, neglect may involve a parent or carer failing to: provide adequate food, clothing and shelter (including exclusion from home or abandonment); protect a child from physical and emotional harm or danger; ensure adequate supervision (including the use of inadequate care-givers); or ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

Survivor

The person who has been abused or exploited. The term 'survivor' is often used in preference to 'victim' as it implies strength, resilience and the capacity to survive, however it is the individual's choice how they wish to identify themselves.

Recognising Types of Abuse and Neglect

Abuse can take a number of forms including physical, emotional or sexual abuse, child sexual exploitation and neglect. Examples of such abuse (as noted in the Department of Education publication "Working Together to Safeguard Children 2015") are contained in Appendix 4. All GD staff and volunteers should be aware that abuse, neglect and safeguarding issues are rarely standalone events that can be covered by one definition or label. In most cases multiple issues will overlap with one another.

Protection from Sexual Exploitation and Abuse (PSEA)

The term is used by the humanitarian and development community to refer to the prevention of sexual exploitation and abuse of affected populations by staff or associated personnel. The term derives from the United Nations Secretary General's Bulletin on Special Measures for Protection from Sexual Exploitation and Abuse (ST/SGB/2003/13).

Safeguarding

Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur. This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes.

Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty. Safeguarding puts beneficiaries and affected persons at the centre of all we do.

At Risk Adult / Vulnerable Adult

Sometimes also referred to as a vulnerable adult, a person who is or may be in need of care by reason of mental or other disability, age or illness; and who is or may be unable to take care of him or herself, or unable to protect him or herself against significant harm or exploitation. The definition of vulnerable adult in "Who Decides?" (Lord Chancellor's Office 1997) and as used in this document is anyone who is over 18 who:

- Is or may be in need of community care services by reason of mental or other disability, age or illness; and
- Is or may be unable to take care of himself or herself; or
- Is unable to protect themselves against significant harm or serious exploitation.

Volunteer

In this document, as in the Disclosure and Barring Service (DBS) Glossary of Terms 2012, a Volunteer is a person who is engaged in any activity which involves spending time, unpaid (except for travelling and other approved out-of-pocket expenses), doing something which aims to benefit some third party other than or in addition to a close relative. For the purposes of this policy this encompasses but is not limited to Company Based Volunteers, Class Based Volunteers, Local Volunteer Board (LVB) Members and GD Trustees.

Staff Member

A Staff Member is anyone employed by GD. For the purposes of this policy this encompasses, but is not limited to, permanent staff, casual staff, Associates and Consultants as well as Secondees/ Interns.

Position of Trust

Any person connected with GD who comes into contact with children or vulnerable adults in the performance of their role is in a position of trust and subject to this policy

FINANCIALS

REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024 FOR GO DHARMIC WELFARE UK

Charity Registration No. 1171619

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

Structure, governance and management

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Reference and administrative details

Registered Charity number

1171619

Principal address

Suite 119C, Business Design Centre
52 Upper Street, Islington, London, N1 0QH

Trustees

Claire Missingham

Ram Goyal

Dimple Mistry

Joshua Fields

Sejal Patel

Shivani Deepti Patel

Dr. Nicholas Sutton

Swaminathan Vaidyanathan

Sheena Randerwala

Approved by order of the board of trustees on 31 December 2024
and signed on its behalf by:



Sejal Patel

CHAIR OF GO DHARMIC

ACCOUNTANTS' REPORT

Accountants' report to the directors of Go Dharmic Welfare UK

You consider that the charity is exempt from an audit for the year ended 31 March 2024. You have acknowledged, on the balance sheet, your responsibilities for complying in accordance with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its statement of income and expenditure for the financial year.

In accordance with your instructions, we have prepared the charity accounts which comprise the Statement of financial activity, the Balance Sheet and the related notes from the accounting records of the charity and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Rshah Accounting Services

Rshah Accounting Services Ltd

ACCOUNTANTS & TAX ADVISERS

35A High Street, Ruislip, Middlesex, HA4 7AU

Date: 31 December 2024

INDEPENDENT EXAMINER'S REPORT

Independent examiner's report to the trustees of Go Dharmic Welfare UK I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dharmendra Jeshani

Dharmendra Jeshani, FCCA
Frasers Young Limited

ASSOCIATION OF CHARTERED CERTIFIED ACCOUNTANTS

Alpha House, 296 Kenton Road, Harrow, HA3 8DD

Date: 31 December 2024

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	247,103	232,495	479,598	458,988
		247,103	232,495	479,598	458,988
EXPENDITURE ON					
	4				
Charitable Giving:					
UK Food Poverty Alleviation		17,174	132,276	149,450	184,277
International Social Development Programs		52,722	95,833	148,555	129,789
Advocacy Campaign		35,385	12,283	47,674	67,995
Cost of Raising Funds:					
Wages and Salaries		116,599	-	116,599	97,021
Fundraiser Platform Subscription		2,119	-	2,119	1,575
Other Admin Expenses		43,117	25,994	69,111	68,609
Total resources expended		267,116	266,392	533,508	549,266
Net (expenditure) / Income for the year					
Net movement in funds		(20,013)	(33,897)	(53,910)	(90,278)
Total funds brought forward		56,831	131,429	188,260	278,538
TOTAL FUNDS CARRIED FORWARD		36,818	97,532	134,350	188,260

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	6	28,234	32,189
Current assets			
Cash at bank		113,685	162,554
Creditors: amounts falling due within one year	7	(7,569)	(6,483)
Net current assets		106,116	156,071
Net assets	8	134,350	188,260
Income funds			
Restricted funds		97,532	56,831
Unrestricted funds		36,818	131,429
Total funds		134,350	188,260

The financial statements were approved by the Board of Trustees and authorised for issue on 31 December 2024 and were signed on its behalf by:



Sejal Patel

CHAIR OF GO DHARMIC

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GODHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

1.2 Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

1.3 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.4 Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK International plc are included within incoming resources and resources expended at an estimate of their value to the Trust.

1.5 Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK International plc are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

1.7 Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.8 Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

1.9 Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

1.10 Fund accounting

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees

Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

1.11 Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

1.12 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2 Incoming resources from charitable activities

	Unrestricted funds £	Restricted funds £	2024 £	2023 £
Income from donations and legacies	247,103	232,495	479,598	458,988
Included within income relating to Income donations and legacies				
Donations	155,335	57,444	212,779	277,052
Gift Aid	5,543	-	5,543	5,659
In-kind Donations	85,445	-	85,445	113,927
Other Grants	-	175,051	175,051	37,400
Other Donations	780	-	780	24,950
	247,103	232,495	479,598	458,988

3 RAISING FUNDS

	2024 £	2023 £
Raising donations and legacies		
Support costs	533,507	549,266

4 Activities undertaken directly

	2024 £	2023 £
Fundraiser Platform Subscription	2,119	1,575
Website & Software expenses	7,522	16,371
Rent	43,079	30,450
UK Food Poverty Alleviation	149,450	184,277
International Social Development Programs	148,555	129,789
Advocacy Campaign	47,674	67,995
Telephone expenses	706	481
Accountancy Fees	1,030	1,000
Depreciation	6,670	10,459
General Expenses	1,832	946
Bank Charges	1,583	230
Repairs & Maintenance	-	29
Insurance	6,688	8,643
Wages and Salaries	116,599	97,021
	533,507	549,266

5 Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the period ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the period ended 31 March 2023.

6 Tangible fixed assets

	Land and buildings £
Cost	
At 1 April 2023	52,143
Additions	2,715
At 31 March 2024	54,858
Depreciation	
At 1 April 2023	19,954
Charge for the year	6,670
At 31 March 2024	26,624
Net book value	
At 31 March 2024	28,234
At 31 March 2023	32,189

7 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals	1,200	1,200
Other creditors	6,369	5,283
	7,569	6,483

8 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2024 £	2023 £
Fund balances at 31 March 2023 are represented by:				
Tangible fixed assets	28,234		28,234	32,189
Current assets	113,685	-	113,685	162,554
Creditors: amounts falling due within one year	(7,569)		(7,569)	(6,483)
	134,350	-	134,350	188,260

9 Reserves policy

GoDharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

10 Related party disclosure

There were no related party transactions for the year ended 31 March 2024.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

This schedule does not form part of the statutory accounts

	2024 £	2023 £		2024 £	2023 £
INCOME AND ENDOWMENTS			EXPENDITURE		
Donations	212,779	277,052	Fundraiser Platform Subscription	2,119	1,575
Gift Aid	5,543	5,659	Website & Software expenses	7,522	16,371
In-kind Donations	85,445	113,927	Rent	43,079	30,450
Other Donations	780	24,950	UK Food Poverty Alleviation	149,450	184,277
Other Grants	175,051	37,400	International Social Development Programs	148,555	129,789
	479,598	458,988	Advocacy Campaign	47,674	67,995
			Telephone expenses	706	481
			Accountancy Fees	1,030	1,000
			Depreciation	6,670	10,459
			General Expenses	1,832	946
			Bank Charges	1,583	230
			Repairs & Maintenance	-	29
			Insurance	6,688	8,643
			Wages and Salaries	116,599	97,021
			Pension Cost	-	-
				533,507	549,266

**Go
Dharmic**

GO DHARMIC WELFARE UK

England & Wales - Charity number 1171619

Accounts

GO DHARMIC

ANNUAL REPORT

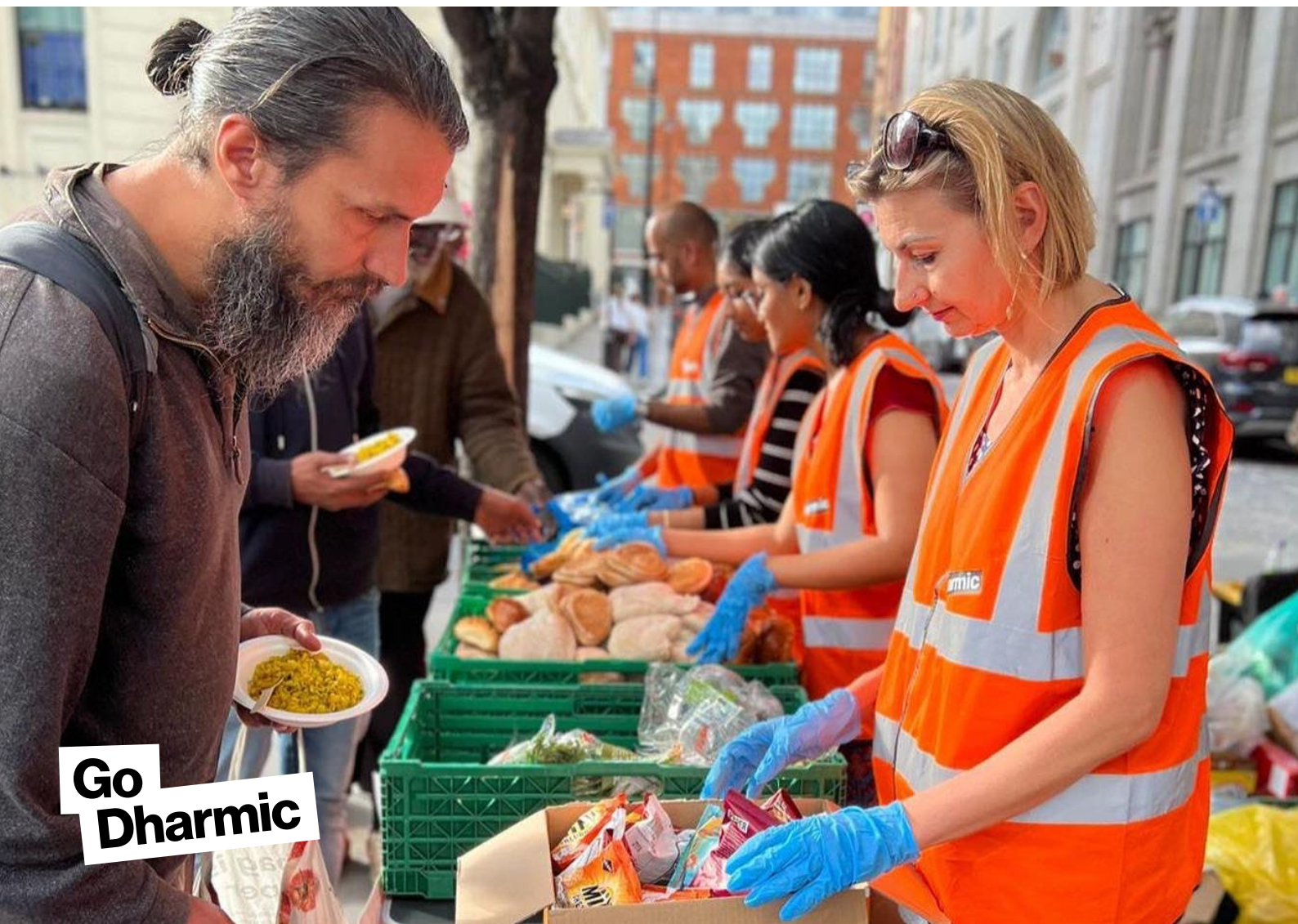
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STATEMENTS

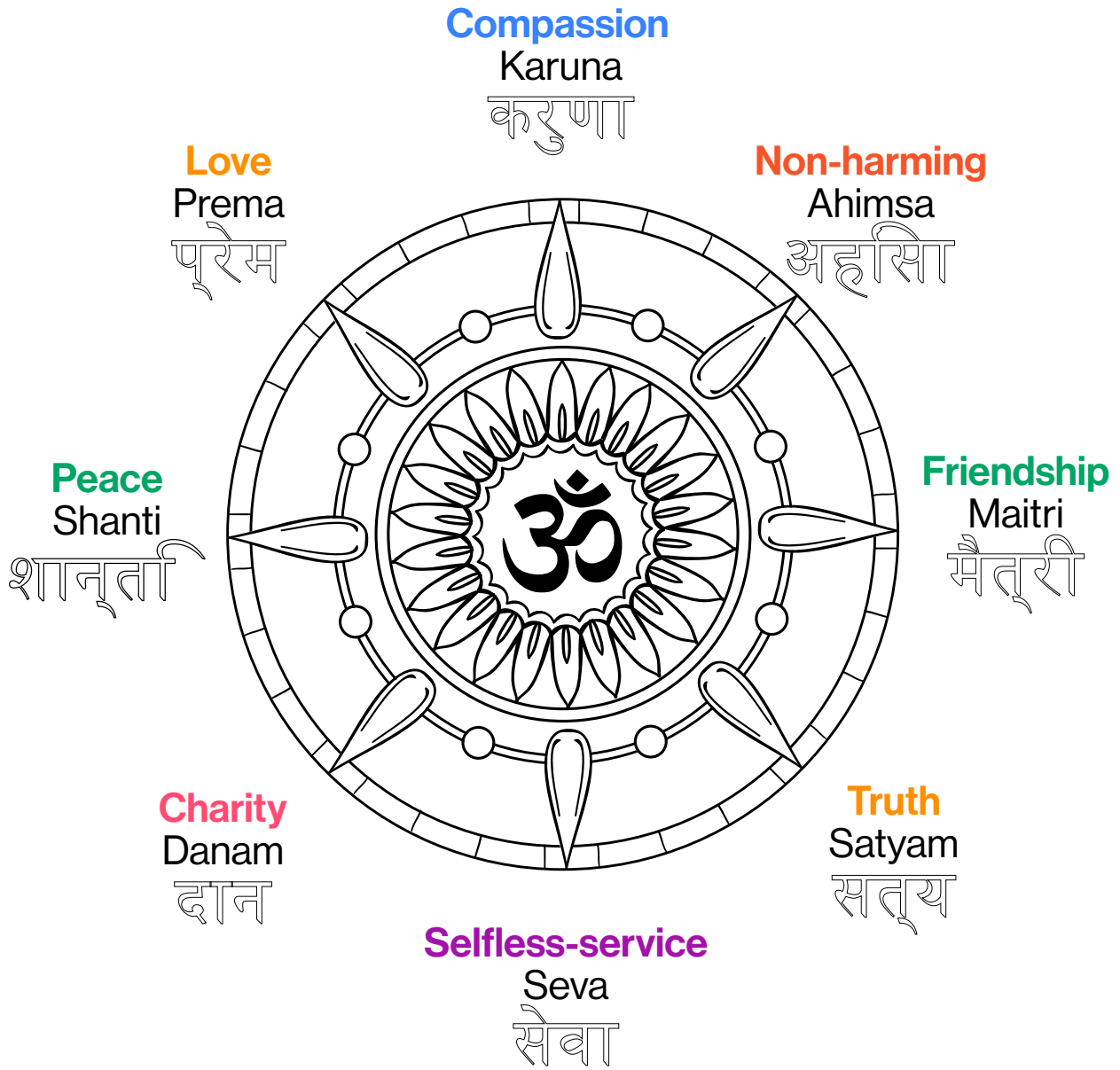
01 April 2022 – 31 March 2023

England and Wales Charity Number: **1171619**

Scotland Charity Number: **SC050775**



**Go
Dharmic**



Reference and Administrative Information:

REGISTERED OFFICE UK

Go Dharmic, Suite 119C,
Business Design Centre, 52 Upper Street,
London N1 0QH

REGISTERED OFFICE SCOTLAND

Go Dharmic, Burnfield House,
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Glasgow, Scotland

CHARITY NUMBER

1171619, England and Wales.
SC050775, Scotland.

INDEPENDENT EXAMINERS

Charanjiv Dhawan, FCCA
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Chartered Certified Accountants
35A High Street
Ruislip
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HA4 7AU

ACCOUNTANT

Kaushal Patel, FCCA
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33 The Bramblings
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Buckinghamshire
HP6 6FN

BANKERS

GO DHARMIC WELFARE UK
BARCLAYS BANK
Leicester, LE87 2BB, UK

The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2023 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year. The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

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A MESSAGE FROM THE FOUNDER

As we gather to commemorate another fruitful year of our journey, I am overwhelmed with gratitude for what we have accomplished together. It feels like just yesterday that our organisation took its first steps in 2011, and now, we stand strong with 10,000 dedicated volunteers spread across the globe, united by our shared values and vision.

Our foundation is firmly rooted in the timeless principles of Sanatana Dharma, drawing inspiration from the profound teachings of Neem Karoli Baba. His wisdom echoes in our hearts, reminding us that love is the strongest medicine. This belief forms the very core of Go Dharmic, propelling us to spread love, charity, truth, service, peace, friendship, non-harming, and compassion in every corner we touch.

Our motto, "**Love All, Feed All, Serve All.**" is not merely a slogan, but a way of life that we embody in every action we undertake. It is uplifting to witness our volunteers wholeheartedly embrace these values and make a positive impact in the lives of countless individuals and communities. Through selfless service and unwavering dedication, we have become beacons of hope for those in need. From providing nourishment to the hungry to extending a helping hand to the less fortunate, our collective efforts have brought comfort and relief to many souls in distress.

As we navigate the path of service, we remain guided by the spirit of unity and inclusivity. Our organisation stands as a testament to the power of coming together, transcending all boundaries, to work towards a better and more compassionate world. The progress we have made would not have been possible without the relentless commitment of our volunteers. Each one of you is a pillar of strength, driving Go Dharmic forward with passion and love. Together, we have demonstrated that by aligning our actions with our beliefs, we can be agents of positive change in society.

As we move forward, let us continue to honour the teachings of Neem Karoli Baba and the timeless wisdom of Sanatana Dharma. Let love be the foundation upon which we build a world that is kinder, more just, and filled with empathy.

With deep gratitude and boundless love,

Hanuman Dass

Founder



A MESSAGE FROM THE CHAIR OF TRUSTEES

Namaste,

Go Dharmic's journey is a true testament to the power of empathy, love, and collective action. It is a great pleasure to share our inspiring story and how we're weaving compassion and responsibility into the fabric of our initiatives.

At Go Dharmic, our vision revolves around compassion, kindness, and social responsibility. These values are the driving force behind our every endeavour – from extending a helping hand to the marginalised, to championing education, healthcare, and environmental sustainability. We're not just executing projects. We're breathing life into our ideals.

One of the most heartwarming aspects of being part of Go Dharmic is witnessing the ripple effect of our actions. Each individual contribution, each act of kindness, merges into a collective force that brings about tangible change. The harmony we foster within our team and the broader community is a testament to the fact that positivity begets positivity.

In a world where compassion sometimes takes a backseat, our community stands as a beacon of hope. Let's continue to inspire, uplift, and pave the way for a kinder, more considerate world.

Sub Ek! All One!

Sejal Patel
Chair of Trustees



ABOUT GO DHARMIC

Go Dharmic Welfare UK is a registered CIO. Go Dharmic has a strong culture of serving the benefit of all living beings and our planet through honest acts of kindness, compassion, and love. The charity embraces the concept of vasudhaiva kutumbakam, meaning “the world is one family”, and dharma, meaning “the cosmic law underlying right behaviour and social order”. Go Dharmic strives to reduce global injustice through social action, establishing a more dharmic world. Go Dharmic does not recognise international borders, operating instead as a universal charity that aims to relieve suffering unconditionally. Through the deployment of unpaid volunteers and staff for disaster relief support, educational projects, and other humanitarian action campaigns, the charity covers action across all 17 United Nations global goals. This, alongside the charity’s culture of empathy, brings about compassion, and an indomitable willingness to help others among its volunteers, team, and those surrounding the charity.

The Trustees have given due regard to the Charity Commission’s guidance on public benefits when considering the Trust’s objectives and activities. Go Dharmic is a digital-first charitable organisation that brings people from all walks of life together to **Love All, Feed All, Serve All**.

We, through online and offline campaigns, propagate the ideas of Sanatana Dharma for the welfare of all beings. We use the Go Dharmic app, local Whatsapp Groups, social media, and other technological tools to connect people who want to make a difference and actively get involved with service-related projects, locally and internationally. Local groups are guided by local leads who report to the trustees of the Organisation. Local groups will have the freedom to express their vision for local needs and, within the framework of the Go Dharmic principles, launch campaigns and initiatives to serve within their local communities.

We seek to influence and educate wider society about the values of dharma in a progressive manner. Our principles are the cornerstones of our advocacy and we use modern digital tools to increase our reach and expand to new regional areas. We express deep concern for the environment, poverty, and education, and seek to operate social action service across all United Nations Sustainable development goals. Our local food distributions are the cornerstones of our outreach, where people come together to serve the vulnerable through street food distribution service. These distributions express and develop our principles of love and compassion for others.



PRINCIPLES

Go Dharmic's founder, Hanuman Dass, and Dr Nicholas Sutton, Professor at the Oxford Centre for Hindu Studies, formulated eight principles of Dharma grounded in sacred texts. They express the heart of Go Dharmic's mission and campaigns. These principles, as part of Sanatana Dharma,

are applicable for every one of us, regardless of caste, creed, colour, nation; regardless of belief. It is these principles that will enable the flourishing of our world and we should make them the foundation of our lives.

Our Principles are our Call to Action:

Prema. Love Everyone:

"Love is the most powerful force for good in the world. It reflects the universal unity and oneness of all living beings, and that's what we at Go Dharmic represent. Dharma is love for all beings."

Danam. Give Charity:

"Giving your time and money to help others is to fulfil a higher purpose here on Earth. Charity is a real expression of compassion, not just in thoughts or words but in action."

Seva. Serve Everyone:

"Selfless service for the community is a catalyst of change. We work at grass-roots level, supporting youth to help communities transform themselves into peaceful and actively engaged societies."

Karuna. Be Compassionate:

"To genuinely feel the suffering of other living beings is compassion. Our lives are filled with difficult choices and we have to look within our hearts. To choose Shreyas (good action) over Preyas (pleasurable action), and to recognise that we are all in this together, is compassion."

Satyam. Tell the Truth:

"Truth is accepting reality as it is and acting with the highest level of accountability. Realising the truth that we are in a position to help and serve others is a step on the path of realising the love we have within us."

Shanti. Spread Peace:

"If we cannot be peaceful, we cannot create the conditions for peace. We must have peace within ourselves as well as within our societies. Peace is cultivated through loving and caring for others."

Maitri. Be Friendly:

"Friendship is the ideal spiritual and humanitarian state. To be a friend to all living beings is like the sun shining brightly, warming all without discrimination."

Ahmisa. Embrace Non-violence:

"Ahimsa (non-harming) is the highest Dharma (duty and responsibility). Through the practical application of non-harming, we can restore nature, end all war, respect all life and create the conditions for peace on Earth."

MISSION

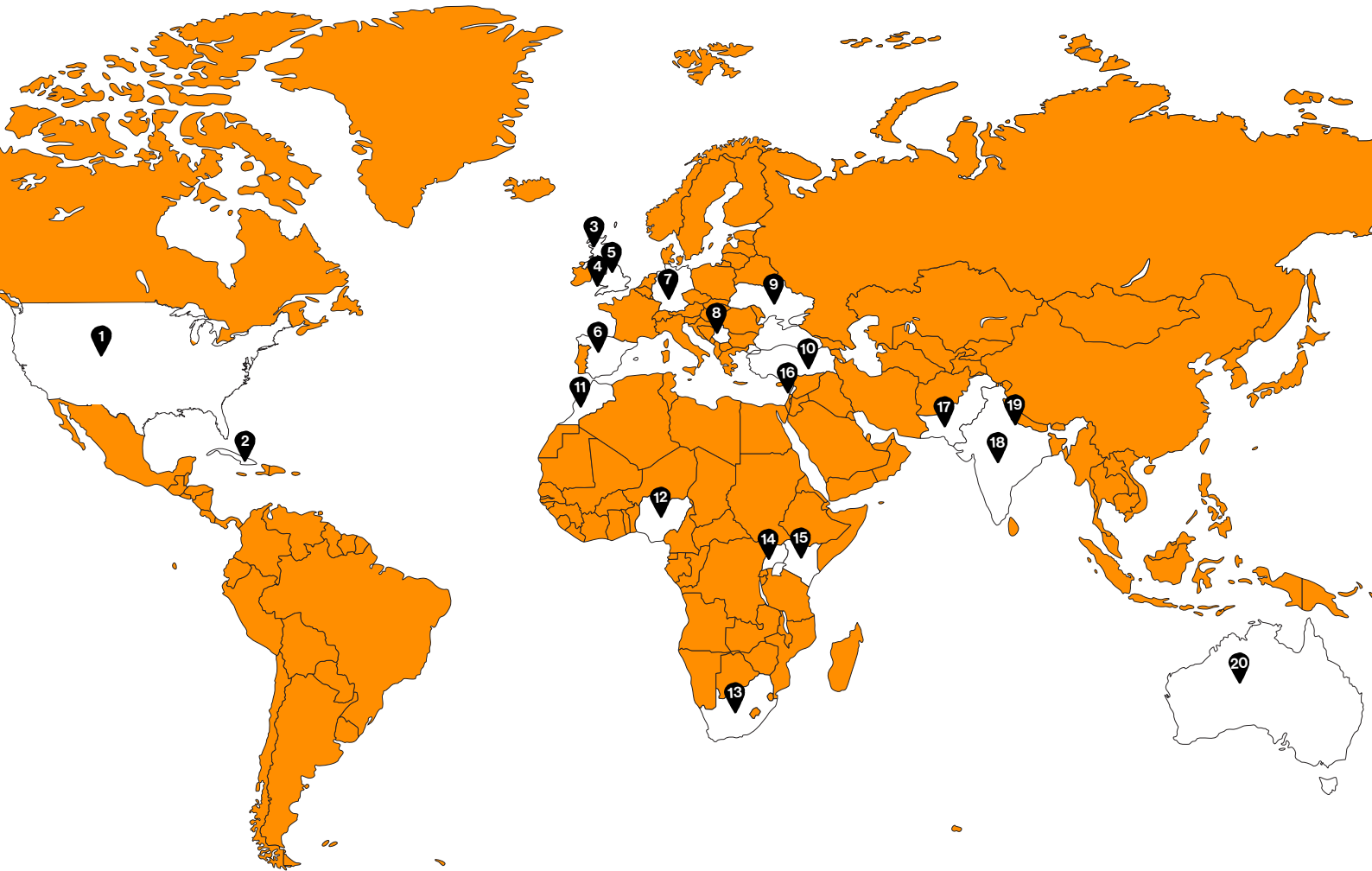
Our mission is love and compassion. The core of Sanatana Dharma is to Love all, serve all and feed all, and whether we are in a time of peace or great trauma, Go Dharmic is a call to help relieve suffering wherever it exists and in whatever form it takes. We are a grassroots community of people who selflessly serve to make this world a better place and work to relieve suffering wherever it exists. There are Go Dharmic communities throughout the country who come together in their local towns and cities to express Love and compassion. They work altruistically to help people in need, animals, and the environment through numerous social action campaigns.























- ↓ The Mahabharata shows us that we must perform our dharma, even over infinite pleasure. King Yudhisthira chose to look after a dog rather than enjoy the bliss of Heaven whilst having to leave it behind.



GLOBAL FOOTPRINT



- | | | | |
|--|---|---|--|
|  1 USA |  6 Spain |  11 Morocco |  16 Lebanon |
|  2 Cuba |  7 Germany |  12 Nigeria |  17 Pakistan |
|  3 Scotland |  8 Serbia |  13 South Africa |  18 India |
|  4 Wales |  9 Ukraine |  14 Uganda |  19 Nepal |
|  5 England |  10 Turkey |  15 Kenya |  20 Australia |

 Disaster Relief	 Advocacy	 Education & Skill Development	 Food Poverty	 Environment	 Health & Sanitation
--	--	---	--	---	---

IMPACT OF 2022 – 2023

Served more than
6 MILLION MEALS globally

Planted
85 THOUSAND MANGROVE saplings

Over
100 HECTARES OF LAND were transformed

Over **330 THOUSAND TONNES OF FOOD WASTE** was saved

Around
20 THOUSAND TONNES OF CARBON sequestered

Developed **7 LIBRARIES & 1 COMPUTER LAB** while supporting previously built libraries

Benefitted
13,125 CHILDREN while distributing
3,500 BOOKS

Built
15 MODULAR TOILETS in schools

Conducted
6 HEALTH CAMPS benefitting
726 POLICE PERSONNEL

Over
2 MILLION VOLUNTEER HOURS given

Provided
RELIEF ACROSS MAJOR DISASTERS across the globe

FOOD POVERTY

Our food distributions are not just tackling food poverty: they address loneliness, mental health, environmental issues such as food waste, promoting friendship and ultimately love and care for each other.

To date, we have distributed over 16 million meals and meal kits at multiple locations across the world, including England, Wales, Scotland, India, and the United States.



The Challenge: Cost of Living

The cost of living crisis and Covid pandemic generated an economic downturn that led to hunger and an increased risk of food insecurity throughout the UK and the world. We have long known that the effects of food poverty are multiple and not always obvious – more than just a physical problem, food poverty leaves many families and individuals socially isolated, suffering from severe anxiety, and puts them at greater risk of domestic abuse, theft, and drug or alcohol dependency. It is well known that malnourishment has a permanent impact on the growth and development of children, both psychologically and physiologically, and many struggling parents will skip multiple meals themselves in order to feed their children. This is clearly not a tolerable or sustainable solution. The problem of poverty and food insecurity is further compounded by a perceived social stigma, where many will try to hide their poverty and its effects from friends or relatives – those who could potentially offer support. This results in those who are suffering being further cut off and forced to rely on charity or food banks.



GD's Central London distribution



Our Intervention

To meet these multiple threats, we provide regular hot meals, home grocery kits, and food essentials to the homeless and to vulnerable families at our distributions. In some circumstances, we deliver to beneficiaries who are unable to attend our main distribution centres, or during our distribution hours. Our hot meals and grocery kits are focused around nutritionally dense vegetarian foods and, when possible, vegan and organic foods. Fruit, nuts, seeds, and vegetables have been consistently shown to support mental health and brain function and ease digestive stress. Nuts and seeds are among the most calorie-dense foods available, being composed mostly of healthy fats. The foods we distribute are selected to most efficiently tackle the physical and mental risks of food poverty. The choice is also consistent with our other campaign aims, to reduce negative climate effects through promoting animal-free living, or at the very least, reducing animal dependency and suffering.



In the UK

Among our food essentials, we provide the means for beneficiaries to home-cook our nutritious ingredients in grocery kits, preserving their confidence, self-worth, and dignity by giving them a measure of independence and self-reliance. While we provide solutions for those who are totally reliant, we also offer the resources and encouragement for beneficiaries to assist themselves.

As our service is easy to access and available at the point of use, our distribution locations serve as hotspots for communities to form and develop. We allow this to occur organically, merely providing a public space and safe atmosphere for people with a shared struggle. Our charity is volunteer-powered, so we encourage local people to participate in our projects; this empowers our service users by blending the roles of giver and beneficiary. **Our wonderful volunteer community has welcomed more than 650 new members in the past year.**

Communities gain from having net-zero hunger: food security positively impacts economies, reduces the burden on health systems, facilitates education, decreases inequality and increases social development. Ending hunger is a keystone to building a better future for everyone. With the help of Feed Everyone, we at Go Dharmic have been making progress towards eliminating hunger and achieving food security in crucial spots around the UK and beyond.



GD volunteers collecting food from our partners

Our regular UK and USA distributions

UK

Central London

Bexley

Queensbury

Leicester

Wembley

Luton

Harrow

Birmingham

Northampton

Glasgow

Watford

Edinburgh

USA

Los Angeles

New York

↓ GD London Volunteers



ENVIRONMENT

The Challenge: The Climate Crisis

The climate crisis is the greatest threat to our world of the 21st century. Earth's average temperature has increased by 1.2°C since 1880. Heating has accelerated since 1981 from 0.08°C to 0.18°C per decade. **Source: NOAA Climate.gov**

In 2022 alone:

CO2 emissions increased by 0.9%, equivalent to 321 million metric tonnes.

Total CO2 emissions reached a record high of over 36.8 gigatonnes.

Emissions from energy combustion increased by 423 million tonnes.

Source: International Emergency Agency, "CO2 Emissions in 2022"

Mangrove Plantation

The Sundarban mangrove forest, nestled along the Bay of Bengal, is a biodiverse haven for tigers and sea turtles, crucial for our planet's future. Encompassing 10,000 square kilometres across West Bengal and Bangladesh, it acts as a vital carbon sink, storing millions of tons of CO2, essential in the battle against global warming. Despite its significance, the Sundarbans face imminent threats from climate chaos, eroding biodiversity and submerging coastal areas. Violent storms, floods, and rising sea levels intensify these challenges, impacting over four million residents in conditions of deep poverty. To address climate change and habitat destruction, strategic measures are imperative, such as planting and nurturing more mangroves. These resilient ecosystems serve as a natural coastal defence, protecting vulnerable settlements and the city of Kolkata. The intricate root systems act as barriers against storm surges, simultaneously preserving coral reefs and seagrass meadows. Mangrove ecosystems significantly contribute to biodiversity, creating nutrient-rich breeding grounds for various species and serving as habitats for millions of breeding and migratory birds.



"What we are doing to the forests of the world is but a mirror reflection of what we are doing to ourselves and to one another."

- Mahatma Gandhi

Our Intervention



The Dharma Forest

Go Dharmic takes concrete steps to restore habitats by collaborating with local villagers, aiming to plant 2 million mangroves by 2026. Currently, 180,000 mangroves are thriving, transforming 100 hectares of land, benefiting 15,000 people, and sequestering 100,000 tonnes of CO₂. The process, from nurturing saplings in the Sundarbans to planting them in the Dharma Forest, involves active engagement with local families. Go Dharmic envisions this as a sustainable, long-term project, with founder Hanuman Dass setting a goal to plant a million mangroves by 2026. The Dharma Forest aims to be a model for climate change mitigation, offering educational resources for future generations.



Sundarban locals planting the Dharma Forest

Pledges To Protect The Environment

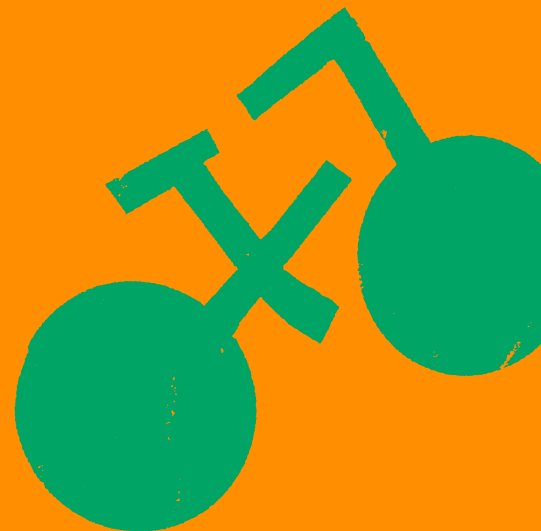
By embracing Go Dharmic's pledges, individuals, groups and companies contribute to the long-term positive impact we strive to achieve, fostering a collective movement towards turning the world from harm to healing. Pledges play a crucial role in sustaining and amplifying GD's core mission, becoming a tangible commitment towards sustainable change.

Go Organic: This was the first initiative of Go Dharmic, started in 2011. This aims in promoting organic foods without the use of fertilisers, which harm the environment. With this campaign we encourage people to pledge to choose only organic products and promote organic farming, while making people aware of the benefits of these practices. **More than 4,000 people and 26 organisations pledging themselves to Go Organic.**

Go Plant-Based: A powerful initiative by Go Dharmic empowers individuals to combat climate change and protect our planet. By pledging to adopt a plant-based diet, we can reduce our environmental footprint, alleviate world hunger, and promote compassion for animals. Choosing plant-based options can mitigate the devastating effects of animal agriculture on our environment, making a significant difference for a healthier planet. This will help combat climate change and protect our planet from the detrimental effects of animal agriculture.

Go Fuel Free: This campaign aims to combat the pressing issue of air pollution and global warming caused by the excessive use of personal vehicles. By promoting fuel-free transportation options, such as cycling, walking, and public transport, and incorporating electric cars, the campaign seeks to reduce carbon emissions and create a sustainable future.

Save and Switch: The campaign promotes energy conservation and the adoption of renewable energy sources. It addresses the costly and environmentally damaging habit of leaving devices on standby, leading to excessive electricity consumption and carbon emissions. By advocating and pledging for responsible energy use and renewables, we aim to combat climate change and reduce energy bills.





EDUCATION AND SKILL DEVELOPMENT

The Challenge: India's Digital Divide

About 70% of India's population lacks reliable digital connectivity.

Just 38% of households are digitally literate.

Among the poorest 20%, only 2.7% have access to a computer and 8.9% to the internet.

Rural population internet usage is just 31%, compared with urban population usage of 67%.

Source: The India Inequality Report 2022

Our Interventions

Digitising Education: In 2022, Go Dharmic partnered with Byju's Education for All, gaining three years of free access to its educational software. The success at Shahpur Primary School in Gandhinagar led to an expansion of licences, offering free access to Byju's Think and Learn Premium app, benefiting schools in Gujarat. This initiative integrates seamlessly into existing teaching methods, combining traditional and digital approaches to enhance students' tech exposure. We also collaborated with Klik2Learn, providing Ratanpur Primary School with licences for their Digital Learning Hub, offering English language courses and digital literacy and numeracy skills.

Go Dharmic has provided over 67,500 books and 20 computers in schools, benefitting 85,000 children.

Shape A Future: Building Libraries: In light of India's growing economy and its emergence as a global power, there is a heightened awareness regarding investments in public services. The push to create a 'knowledge society' has generated a surge in demand for new libraries. Our Shape a Future campaign is actively involved in establishing libraries and sanitation facilities in schools, focusing on providing underprivileged children with books and sports equipment.

Despite the progress, rural areas in India still grapple with learning outcomes among schoolchildren, who often lack even basic reading abilities compared to their urban counterparts. Libraries play a crucial role in addressing this disparity by empowering students to enhance their reading and writing skills. This equips them with the essential tools needed to make informed life decisions and seize better opportunities in the future.

We have developed 106 libraries, and 2 computer laboratories in schools. Each library is well-equipped with over 1,500 books spanning various genres, including fiction, non-fiction, and encyclopaedias. These learning spaces aim to provide less privileged children with the same resources for personal development as students attending private institutions.

Education is the key to security and prosperity. Our education initiatives are giving children the chance of a better life.

Hands On learning Happens Here!



DISASTER RELIEF

The Challenge

In the past two decades, the world has witnessed over 2,500 disasters and 40 major conflicts impacting two billion people.* To address these challenges, we have established trained relief teams globally, ready for immediate action.

Source: UN Environmental Program

Relief Activities in over 180 locations:

India: 6.5 million relief kits.

Ukraine: 100,000 relief kits.

Nigeria: 50,000 relief kits.

Lebanon: 40,000 relief kits.

Uganda: 25,000 relief kits.

Turkey - Syria: 15,000 relief kits.

Pakistan: 10,000 relief kits.



**In times of crisis,
Go Dharmic
endeavours to
help people who
are suffering.**

Our Interventions

Turkey - Syria: The disaster presented a formidable challenge for local aid organisations and healthcare providers, causing them to grapple with the long-term needs of survivors whilst encountering difficulties in reaching numerous villages. The survivors were in need of various essential items, including tents, camping stoves, food parcels, clothes, and blankets.

Go Dharmic's key volunteers in the region, such as Gökhan Sezer, a former volunteer in our London food distribution efforts, worked to secure these essential supplies. Leveraging networks comprising wholesalers, lorry suppliers, on-location volunteers, and researchers, the relief teams ensured the targeted delivery of care packages to the communities in most critical need. With our dedicated team, we distributed over 15,000 relief kits containing.

Our food parcels for Turkey - Syria included 17 items:

2 × 1 kg **Rice**

2 × 1 kg **Red Lentil**

2 × 1 kg **Bulgur Wheat**

1 × 2 kg **Grounded Sugar**

1 × 1 litre of **SunFlower Oil**

1 × 2 kg **Flour**

1 × 750 grams **Salt**

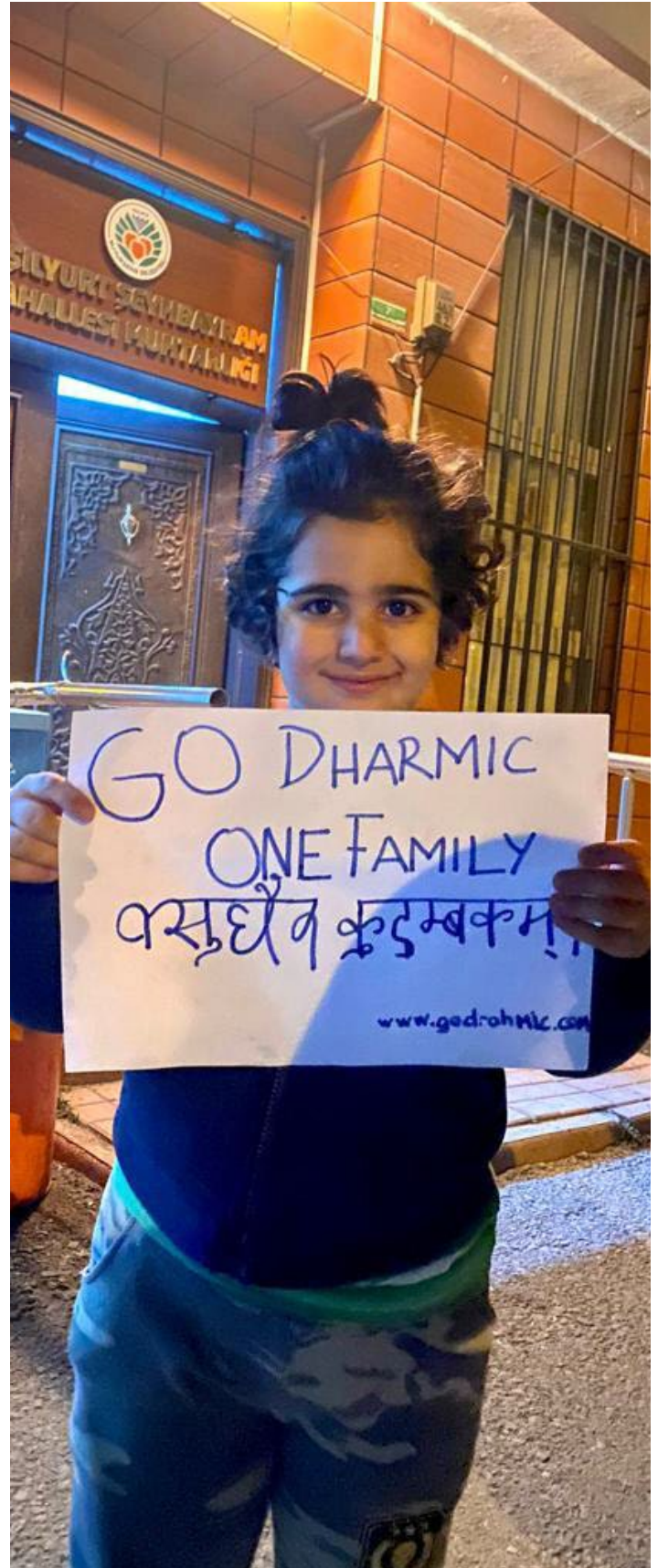
1 × 500 grams **Black Tea**

1 × 1 kg **Tomato Paste**

5 × 500 grams **Pasta**



Young Turkish beneficiary after GD's intervention



Ukraine

Utilising our extensive network of volunteers and community members worldwide, we swiftly mobilise disaster relief efforts. This includes providing essential supplies such as food, clean water, clothing, ration kits, generators, tents, portable stoves, emergency accommodation, travel assistance, and medical kits. Our crisis response teams conduct thorough evaluations, collaborating with affected communities to optimise the impact of our humanitarian aid.

In response to the crisis in Ukraine, Go Dharmic promptly initiated operations in Ukraine and neighbouring countries. Leveraging our contacts in the region, we coordinated the mobilisation and safe delivery of supplies, focusing efforts on Kyiv and the Polish and Romanian borders, including a donation of 250,000 bottles of L’Oreal hand sanitiser to hospitals in Ukraine.

In Kyiv, Go Dharmic funded local volunteers to supply food to those unable to evacuate. At the onset of the war, we provided 600 hot meals daily with the assistance of eight volunteers, rapidly increasing to 1,000 meals per day delivered by 17 volunteers within two weeks. The Kyiv team distributed meals to shelters, the elderly, hospitals, police, and army personnel with the support of local residents. Ensuring daily meals amid chaos emerged as one of the most valuable services provided by Go Dharmic.

From March 2022, we partnered with the Convivo Foundation to secure safe accommodation, regular hot meals, and schooling for 25 Ukrainian refugees, predominantly young families, in the border town of Jelenia Góra, Poland. We would assist with their accommodation there for over 3 months.

↓ Ukrainian refugees at their GD accommodation in Jelenia Góra, Poland



Assam Floods

Following the catastrophic floods that swept through northeastern India and Bangladesh in May 2022, over 9 million people found themselves grappling with the devastating aftermath. Triggered by heavy monsoon rains, the floods resulted in the loss of roughly 300 lives and left millions in urgent need of essential supplies like food, clean water, and medicine. Assam, with 40% of its area being a floodplain, bore a significant brunt of the catastrophe.

Amidst this dire situation, Go Dharmic swiftly mobilised a disaster relief team to Assam and surrounding areas. Taking proactive measures, we distributed emergency relief kits containing vital resources such as food, clean water, and clothing. Our team's prompt and compassionate response played a crucial role in assisting thousands of individuals affected by the floods.

GD Disaster Relief volunteers delivering emergency supplies in North India



HEALTH AND SANITATION

The Challenge

The lack of consistent handwashing practices and microbial contamination of water in homes and communities exacerbates the risk of spreading diarrhoeal and waterborne diseases.

While there have been improvements in sanitation access in rural India, these gains are far from equitable.

Among the poorest 20% of the population, open defecation is nearly universal. This situation places women and girls in a deeply challenging predicament, as the absence of a toilet at home results in shame, loss of personal dignity and safety risks. To avoid being observed by others, they often find themselves compelled to wait until night-time to relieve themselves.

Source: Unicef India
[unicef.org/india/campaigns/take-poo-loo](https://www.unicef.org/india/campaigns/take-poo-loo)

This campaign supports mental and physical wellbeing. We look to heal the sick and maintain the health of the well.

Our Interventions

Sanitation

At Go Dharmic, we firmly assert that hygiene is a fundamental human need, akin to eating or breathing, and must be secured to preserve human dignity.

To address the issue of girls dropping out of schools due to concerns related to embarrassment and inadequate cleanliness, Go Dharmic collaborated with ONGC to establish and maintain 50 Modular toilets in government schools across Assam. Our initiative specifically targeted girls' schools, aiming to eliminate the necessity for students to venture into fields, railways, garbage dumps, parks, and roadside ditches. Such practices not only expose the girls to potential risks from strangers but also fail to provide adequate sanitary facilities, leading to situations that can be humiliating and degrading for the girls.

The provision of these new facilities is a proactive measure to ensure the long-term safety and dignity of these girls, eliminating a significant factor that might otherwise compel them to drop out of education. Through these efforts, we are actively contributing to fostering a conducive environment for education, prioritising the well-being and dignity of every girl in the community.



Mission Health

Go Dharmic collaborated with Marico Ltd to launch the Mission Health initiative, aiming to conduct medical check-ups and provide prescriptions for frontline police officers and their families. This project was executed in over five locations across India, including: Guwahati, Pondicherry, Perundurai, Jalgaon, and Sanand. The primary objective was to ensure the well-being of these essential workers and their families, expressing our gratitude for their dedicated efforts during a global crisis. A total of 708 tests were conducted this year, with our total impact to date being 1326 tests.

The medical check-ups encompassed tests for thyroid function, vitamin B12 and D levels, liver, kidney, and heart function, diabetes, iron deficiency, and CBC (complete blood count), along with lipid and testosterone levels. Additionally, an ENT specialist conducted tests to diagnose hearing problems.

↓ Police personnel receiving their health checkups and blood tests



ADVOCACY

The Need: Transforming Hearts

Advocacy and outreach are the keystones of meaningful, long-term social change. At Go Dharmic's charity advocacy, we are fervently committed to driving high-impact, profound, and meaningful transformations within our communities. Our outreach serves as a catalyst, empowering and enabling individuals to find their voices and embrace their purpose in life.

Our advocacy is a beacon of hope for those who might otherwise be drowned out in the cacophony of bureaucracy and indifference. Our work is not confined to any single demographic; we are inclusive, working with individuals of every ethnicity, class, country, caste, creed, or religion. The impact of our advocacy services extends far beyond the immediate present; it is a ripple effect that creates lasting change.

Advocacy and outreach, when executed with dedication and purpose, have the power to transform lives and communities. Go Dharmic's advocacy is not merely a service; it is a commitment to fostering a society where everyone has the opportunity to flourish and contribute. It is about creating a world where voices are amplified, rights are protected, and the path to meaningful, long-term social change is illuminated.



Essential concepts such as Dharma, Ahimsa, Seva, and Prema are vital for the world, and Go Dharmic's advocacy efforts contribute to fostering a global appreciation of these universal Indian ideals.

Mumbai City Dinner

The 2022 Mumbai City Dinner, held on 13th September at the Mumbai Cricket Association Club, marked a significant event in Go Dharmic's annual calendar. Sponsored by Futures First, Estee Advisors, TMX Group, and Bombay Stock Exchange, the dinner served as a unique platform for professionals in the financial markets to come together, fostering collaboration and discussion of Go Dharmic's charitable projects and future development.

With over 85 companies participating, including major players like Marex Spectron, Hong Kong Exchange, and London Metal Exchange, the Mumbai City Dinner 2022 showcased the commitment of the financial sector to promoting Go Dharmic's advocacy work and making a meaningful difference in the lives of those affected by global crises.



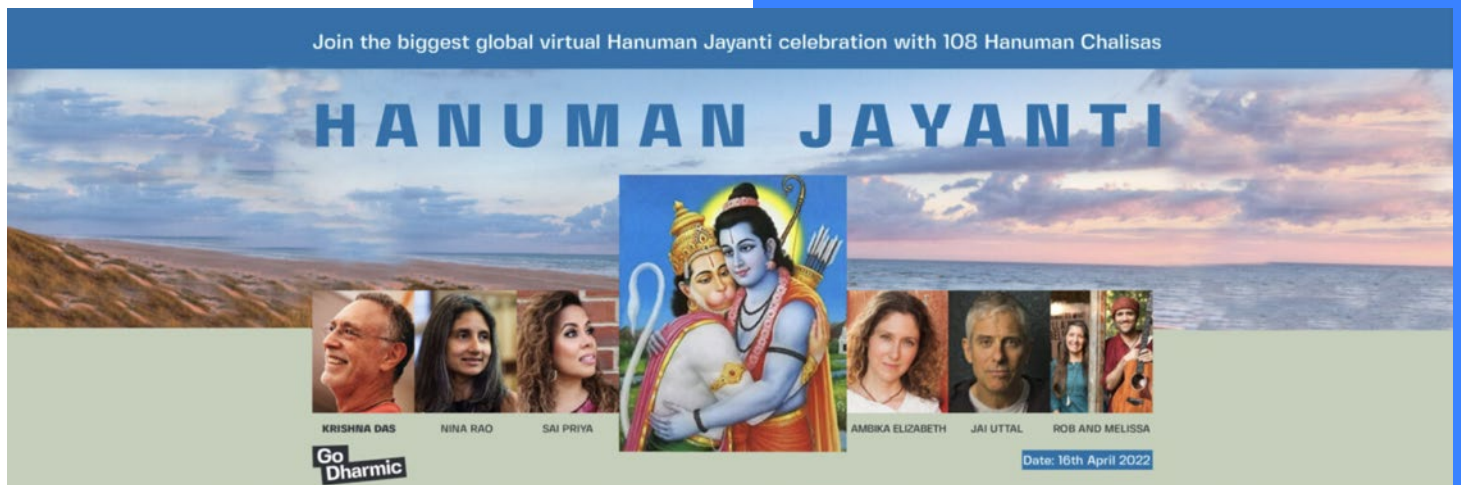
Hanuman Jayanti

Go Dharmic hosted the world's largest Hanuman Jayanti event on Saturday, 16th April 2022, featuring Krishna Das, Nina Rao, Sai Priya, Ambika Elizabeth, Kai Uttal, and Rob and Melissa, leading the chanting of 108 Hanuman Chalisas. Building on the success of the previous year, where the event was streamed to over 200,000 viewers, this year's goal was to reach an even broader audience and share the beauty of this spiritual gathering. The event attracted participants globally.

The event's purpose extended beyond the spiritual realm, as all proceeds were dedicated to Go Dharmic's global food distributions for homeless and vulnerable populations. The Hanuman Jayanti event furthered Go Dharmic's network and global footprint, whilst contributing to the wellbeing of communities in need around the world. As Neem Karoli Baba said, **"Every line of the Hanuman Chalisa is a Mahamantra."**

"The spirit of Hanumanji gives us the energy, motivation, and inspiration to make a difference in times of disaster, to relieve poverty, support education, and much more. Profound thanks to everyone who makes this event so special."

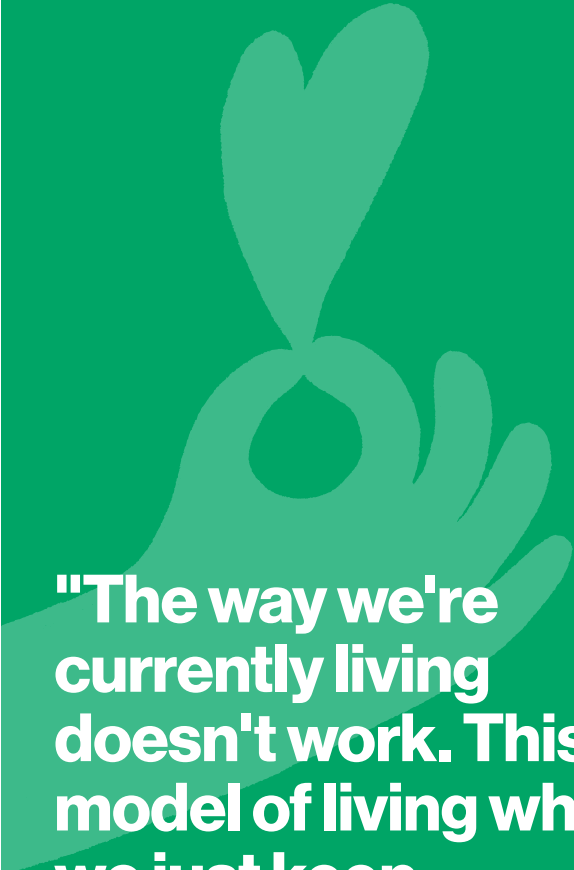
- Hanuman Dass



Ahimsa and The Environment Documentary

"**Ahimsa and the Environment**" is a Go Dharmic produced documentary spotlighting the ancient concept of Ahimsa (non-harming) as a compelling strategy to combat climate change and environmental disasters. Throughout the documentary, eminent speakers delved into various ethical challenges, including humanitarian crises, animal welfare, freedom of choice, and world hunger. "Ahimsa and the Environment" illuminated the profound truth that minimal changes rooted in principles like Ahimsa could yield maximal positive effects across a spectrum of global concerns.

An example of Ahimsa in action: Plant-based diets. We will on average, reduce the amount of water needed for food production, use land more efficiently, grow more nutritious dense food, reduce harm to animals through mass farming and slaughter, and have a net-negative carbon impact. Through one action we simultaneously reduce food insecurity, malnourishment and health problems, reverse gas-based climate change, promote animal welfare, and support biodiversity – applying Ahimsa will reduce the impact of animal agriculture on the planet.



"The way we're currently living doesn't work. This model of living where we just keep producing more and more is a model for an infinite world... We need to find a new and sustainable way of living, and I believe that way is by incorporating the idea of ahimsa into our lives. I wanted to bring together voices who are keen to promote love for our planet."

- Hanuman Dass, Executive Producer
& GD Founder



FEATURING



Satish Kumar
 Founder, Schumacher College & The Small School,
 Editor Emeritus of Resurgence & Ecologist



Dr. Nicholas Sutton
 Go Dharmic Trustee
 Director of Continuing Education,
 Oxford Centre for Hindu Studies



Smt. Ela Gandhi
 South-African Peace Activist,
 Mahatma Gandhi's grand-daughter



H.H Pujya Swami Chidanand Saraswatiji
 President and Spiritual Head, Parmarth Niketan Ashram



Sister Jayanti
 European Director, Brahma Kumaris
 Regional NGO Representative to the United Nations, Geneva



Dr. Iyad Abumoghli
 Founder and Director of UNEP's Faith for Earth Initiative



Sadhvi Bhagawati Saraswatiji
 President and Spiritual Divine Shakti Foundation



Krishna Das
 Internationally renowned Sacred Chant Musician



Arun Gandhi
 Socio-Political Activist,
 Mahatma Gandhi's grandson



Sadhguru
 Yogi, Mystic & Visionary
 Founder, Isha Foundation



Claudia Van Zuiden
 Life Coach
 Yoga Teacher



Smt. Maneka Gandhi
 Hon'ble Minister
 Environmentalist and Member of Lok Sabha, India

Peace Letters

We firmly believe that world peace starts with our leaders, and far too many innocent lives suffer due to their decisions. Across the globe, thousands of individuals wield the influence and power to alleviate people's struggles and mitigate pain. Our Peace Letters campaign was initiated with the aim of inspiring global influencers to consider the well-being of the world's citizens in their decision-making processes, fostering the pursuit of world peace. We draw inspiration from influential figures such as Greta Thunberg, who significantly impact matters of profound importance. We encourage you to compose peace letters addressed to world leaders and influential individuals, addressing topics such as poverty, climate change, education, or any other pertinent issue.

Recipients of our peace letters have included notable figures such as UK Prime Minister Rishi Sunak, US President Joe Biden, former Prime Minister of Pakistan Imran Khan, HRH Queen Elizabeth II, and His Holiness the Dalai Lama.

Salt Ride

Thirty-five years before Dr. Martin Luther King marched from Selma to Montgomery in the US, 60-year-old Mahatma Gandhi led dozens of followers on a 384 km journey in India from Sabarmati Ashram to Dandi—a peaceful protest against an archaic British 'salt tax' law.

Gandhi, leaning on a long walking stick and clad in modest homespun clothes, aimed to draw global attention to the Indian independence movement by spotlighting the injustice of Britain's colonial salt laws, which prohibited Indians from producing or selling their own salt.

The Salt March, also known as the Dandi March or the Salt Satyagraha, commenced on March 12, 1930, near Gandhi's religious retreat at Sabarmati Ashram, proceeding southward over 24 days toward the coastal village of Dandi. Along the final stretch, crowds of thousands gathered to witness Gandhi and his followers intentionally breaking the law by evaporating seawater to produce their own salt.

The Salt Ride is Go Dharmic's 21st-century version of Gandhi's iconic march, conducted annually when possible, to raise funds for GD and generate awareness of our environmental advocacy work. It follows the same route as the original Salt March, connecting Gandhi's philosophy of Ahimsa (non-violence) with our environment. More than 1000 individuals have participated to raise awareness and campaign for climate action.

Over the last year, Hanuman Dass has relentlessly shared awareness of love, compassion, and ahimsa for the environment with over 100 Dharma talks and events.

IMPACT STORIES



Jashina is one of 35 women who Go Dharmic has employed to help plant and tend the Dharma Forest in West Bengal. Prior to working with GD, she was finding it very difficult to earn a living. Her husband was a fisherman and she had few contacts and little way of living a fulfilled life. Since working with GD, Jashina has gained new confidence. She now dedicates her spare time to advocating the tremendous environmental benefits of mangroves and has found a new passion through serving others.

Jashi Pali,
Beneficiary of the Environment and Skill Development Campaigns



Masutha, one of the police personnel who underwent the Mission Health camp for the second year in a row. She has a hectic work schedule and often would not get time for herself in the process of serving the public. She has expressed the gratitude and the need to have organisations like GD to focus on the health and wellbeing of civil servants.

A Masutha Begum,
Beneficiary of the Health Campaign

IMPACT STORIES



Arti, a 13 year old, studying in Ratanpur Primary School. She had never worked with a computer before. But, thanks to Go Dharmic's computer lab in Ratanpur, India, she has now been introduced to this life changing technology. She was so excited to see this new technology, and since then has taken every opportunity to gain valuable tech skills and create in a digital space.

Arti Thakor,
Beneficiary of the Education Campaign



VOLUNTEER TESTIMONIALS



“I feel privileged to be able to help distribute hot food to those in need during the winter months. What may seem like such a small act of service to yourself can mean so much to someone else.”

- **Amber**, Volunteer for GD London and Birmingham



“I’ve volunteered at the GD London distribution for over three years now, and it is such a privilege to have helped feed thousands of persons. We all need help sometimes. We all struggle. This distribution exists to support anyone and everyone. It is wonderful. I am immensely proud to have helped so many and to be part of a wonderful team.”

- **Sacha**, Volunteer for GD London



VOLUNTEER TESTIMONIALS



“Volunteering to me means selfless-service for the sake of others. Most of all, volunteering means serving with an open heart. I am pleased to be associated with Go Dharmic, whose values include love, compassion, peace, and also enrichment through the act of volunteering. Go Dharmic increases kindness to others and also builds self-confidence in volunteers”

- **Savan**, Lead Volunteer for GD Northampton



“I've worked closely with GD's founder, who's dedicated to spreading compassion globally. Volunteering with GD has not only helped me grow in terms of emotional intelligence, but also made me more aware of my actions and impact on the planet. It's been an eye-opening experience, showing me the lasting power of kindness and compassion, benefiting everyone involved.”

- **Nikolay**, Volunteer for GD



CONTRIBUTION TO U.N. SUSTAINABLE DEVELOPMENT GOALS (SDGs)

Go Dharmic has played a pivotal role in advancing the United Nations Sustainable Development Goals (SDGs) through our concerted efforts across six key campaign areas. Our commitment to addressing societal challenges aligns seamlessly with the broader global agenda for sustainable development. An overview of the significant impact generated by each of our campaigns in contributing to specific SDGs:

Providing nutritious meals and relief kits during disaster relief promotes healthy lives. Organising health camps, cataract operations, and constructing toilets ensure access to medical services and sanitation facilities. Pledges encourage individuals to make healthier lifestyle choices, such as opting for organic and plant-based alternatives. Documentaries like Ahimsa and the Environment and other events serve a space to advocate for the same.



Our initiatives address hunger relief and food security, support communities during disasters, and advocate for awareness, substantively contributing to the goal of ending all forms of poverty. Simultaneously, we empower the younger generation, breaking the poverty cycle through essential skills for future employment and fostering sustainable economic independence and prosperity.



Libraries, computer labs, and skill programs in schools promote literacy and inclusive education, contributing to equitable education for all. Provision of toilets in schools ensures that girls have access to safe and private sanitation facilities, fostering quality education. In addition, events serve as spaces to advocate for increased inclusive education provisions.



Our food distributions play a fundamental role in combating hunger through grocery kits and surplus food redistribution, aligning seamlessly with achieving food security and improved nutrition. Relief kits prevent immediate hunger and strategically respond to nutritional needs during crises. Advocacy events raise awareness, fostering a comprehensive approach to address food-related challenges.



In addition to providing facilities for teenage girls, our initiatives promote gender equality by building libraries and computer labs, fostering inclusive education. The skill development of women in mangrove plantation empowers them as breadwinners, catalysing family prosperity. Dharma talks and events create a space for gender inclusion while advocating for the cause.



Disaster Relief



Advocacy



Education & Skill Development



Food Poverty









Environment








Health & Sanitation




Efforts to construct toilets and provide sanitation facilities, particularly for teenage girls, significantly contribute to ensuring clean water and sanitation for all. Our food distribution and relief kits not only include provisions for drinking water but also hygiene products for sanitation. Mangrove plantation further filters water, making it safe for the community. We advocate for these initiatives to promote clean water and sanitation.

By creating facilities for education, using different methodologies to plant mangroves, using alternative transport modes, building modular toilets, and advocating for sustainable living, technology is promoted in communities.

By pledging for sustainable practices and environmental protection, adoption of clean energy sources is promoted. Through advocacy efforts, awareness is raised about the importance of transitioning towards affordable and clean energy solutions, aligning with the goal of ensuring access to reliable, and sustainable energy for all.





Providing quality education and vocational training to marginalised communities reduces inequality. Food distribution and relief support in times of crisis along with advocacy for social change across diverse communities, bridges the gap of inequalities.














Facilities for better education and upskilling empowers individuals for local job markets, fostering economic growth, decent work, and reducing unemployment.

Advocating for environmental protection, sustainable practices, and disaster relief efforts contribute significantly to creating inclusive, safe, resilient, and sustainable cities and communities. Our environment pledges, mangrove plantation, libraries, computer labs, health check-ups, and modular toilets further enhance this commitment, fostering holistic development for thriving and sustainable urban areas.

Surplus food redistribution and plant-based food distribution align with promoting sustainable consumption and production patterns. Similarly, our pledges further reinforce this commitment and are amplified through our advocacy interventions, creating a comprehensive impact on sustainable practices.



Engaging in mangrove plantation, pledging for go organic, save fuel, and plant-based living, as well as our food distribution initiatives and advocacy efforts, collectively contribute to protecting life on land. This comprehensive approach reflects our commitment to sustainable practices, ensuring a positive impact on terrestrial ecosystems and biodiversity.



The Dharma Forest initiative, along with our pledges, plant-based food initiatives, surplus food redistribution, and advocacy events, actively contributes to the global effort of combating climate change. Our comprehensive approach directly promotes sustainable practices for a meaningful impact on climate action.



The Disaster Relief campaign seeks to provide support and resources in times of humanitarian emergencies, contributing by promoting peaceful and just societies with strong institutions. Similarly the Advocacy campaign promotes peaceful and inclusive societies for sustainable development.



Actively engaging in mangrove plantation, plant-based pledging, and food distribution, alongside our advocacy efforts, contributes significantly to protecting life below water.



All Go Dharic campaigns embody collaboration and partnerships, ensuring tailored responses. They actively foster strategic partnerships, maximising impact through collaboration with sponsors, influencers, and organisations.





Hanuman Dass, GD founder, speaking on Loss and Damage Day

STAFFING, VOLUNTEERS, AND ORGANISATION

Go Dharmic is a volunteer-based organisation, with over 10,000 volunteers globally. We operate through a small team, which allows us to employ the vast majority of the donations we receive in our numerous campaigns. The majority of our distributions are set up, led, and coordinated entirely by volunteers, including: food collection, meal preparation, marquee and table setup, communication, and distribution. We take every effort to train each new volunteer with our Safeguarding Policy and perform a DBS check for lead Volunteers operating within the UK.

For the campaigns and projects that operate outside of the UK – such as Global Disaster Relief – we principally utilise volunteer teams that are composed of locals, or utilise staff from our various partners. In certain instances we will send a UK member of our staff to coordinate a project, as occurred in our relief efforts on the Romanian and Polish borders with Ukraine.

We believe that this acting structure maximises our flexibility, permitting us to act and mobilise quickly and perform campaigns in locations where it may be impractical or costly to send UK staff. As our volunteers are typically composed of locals, this also ensures that the communities where the charitable impact is taking place are consulted and closely involved. We do not believe in simply imposing what we may believe to be a benefit, when the local beneficiaries do not. This is avoided by involving locals in the planning, organisation, and execution of projects. It is, however, a structure that we carefully monitor and review annually with the Board of Trustees.

RESERVES POLICY

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.



SAFEGUARDING POLICY

Purpose

The purpose of this policy is to:

Help protect people that interact with, or are affected by Go Dharmic Welfare.

Define the key terms we use when talking about protecting people or safeguarding.

Set out and develop the way Go Dharmic Welfare manages safeguarding risks.

Facilitate the safe management of incidents.

To support a positive and effective internal culture towards safeguarding.

This policy does not cover:

Sexual harassment in the workplace – this is dealt with under Go Dharmic Welfare's Anti Bullying and Harassment Policy.

Safeguarding concerns in the wider community not perpetrated by Go Dharmic Welfare or associated personnel.

What is safeguarding?

In the UK, safeguarding means protecting peoples' health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect. In our sector, we understand it to mean protecting people, including children and at-risk adults, from harm that arises from coming into contact with our staff or programmes. Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur. This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes.

Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty. Safeguarding puts beneficiaries and affected persons at the centre of all we do.

Scope

All staff contracted by Go Dharmic Welfare.

Associated personnel whilst engaged with work or visits related to Go Dharmic Welfare, including but not limited to the following: consultants; volunteers; contractors; programme visitors including journalists, celebrities and politicians.

Go Dharmic Welfare Responsibilities

Go Dharmic Welfare will:

Ensure all staff have access to, are familiar with, and know their responsibilities within this policy.

Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Go Dharmic Welfare. This includes the way in which information about individuals in our programmes is gathered and communicated.

Implement stringent safeguarding reporting procedures when recruiting, managing and deploying staff and associated personnel.

Ensure staff receive training on safeguarding at a level commensurate with their role in the organisation.

Follow up on reports of safeguarding concerns promptly and according to due process.

Policy Statement

Go Dharmic Welfare recognises that the welfare of children, young people and vulnerable adults is paramount and that they all, regardless of ability or culture, have equal rights of protection. GD has a duty of care and will do everything it can to provide a safe, caring and secure environment for them whilst they are engaged in GD activities. GD must ensure that its policy and any associated procedures and training comply with statutory requirements and reflect available guidance on good practice in safeguarding children, young people and vulnerable adults, and that safeguarding arrangements are proportionate to the risks involved.

Staff Responsibilities

Adult Safeguarding

Go Dharmic Welfare staff and associated personnel must not:

Sexually abuse or exploit at risk individuals.

Subject an at risk individual to physical, emotional or psychological abuse, or neglect.

Protection from Sexual Exploitation and Abuse

Go Dharmic Welfare staff and associated personnel must not:

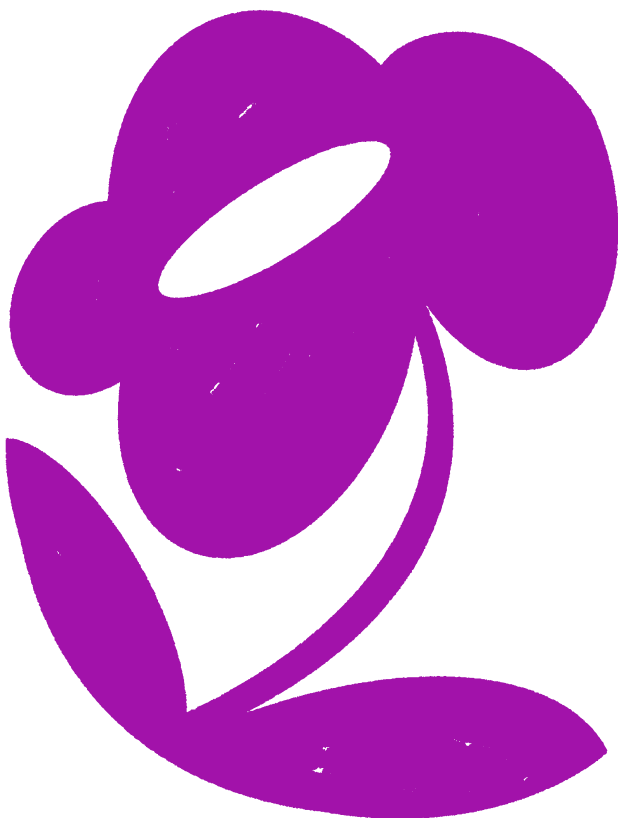
Exchange money, employment, goods or services for sexual activity. This includes any exchange of assistance that is due to beneficiaries of assistance

Engage in any sexual relationships with beneficiaries of assistance, since they are based on inherently unequal power dynamics.

Additionally, Go Dharmic Welfare staff and associated personnel are obliged to:

Contribute to creating and maintaining an environment that prevents safeguarding violations and promotes the implementation of the Safeguarding Policy.

Report any concerns or suspicions regarding safeguarding violations by an Go Dharmic Welfare staff member or associated personnel to the appropriate staff member.



Enabling Reports

Go Dharmic Welfare will ensure that safe, appropriate, accessible means of reporting safeguarding concerns are made available to staff and the communities we work with. Any staff reporting concerns or complaints through formal whistleblowing channels (or if they request it) will be protected by Go Dharmic Welfare's Disclosure of Malpractice in the Workplace (Whistleblowing) Policy. Go Dharmic Welfare will also accept complaints from external sources such as members of the public, partners and official bodies.

How to report a safeguarding concern

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Designated Safeguarding Lead or immediate manager. If the staff member does not feel comfortable reporting to their Designated Safeguarding Lead or immediate manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to the Trustee Designated Safeguarding Lead.

Interim Designated Safeguarding Lead (DSL)

Nish Tailor

0786 708 1129

Email: nish@godharmic.com

The Interim DSL will receive and deal with any complaints made against GD staff and volunteers in terms of safeguarding.

Trustee Designated Safeguarding Lead

Dimple Mistry

07771900208

Email: dimple@godharmic.com

The Trustee DSL monitors and acts as a secondary safeguard should the Interim DSL be unavailable.

Response

Go Dharmic Welfare will follow up safeguarding reports and concerns according to policy and procedure, and legal and statutory obligations. Go Dharmic Welfare will apply appropriate disciplinary measures to staff found in breach of policy. Go Dharmic Welfare will offer support to survivors of harm caused by staff or associated personnel, regardless of whether a formal internal response is carried out (such as an internal investigation). Decisions regarding support will be led by the survivor.

Confidentiality

It is essential that confidentiality is maintained at all stages of the process when dealing with safeguarding concerns. Information relating to the concern and subsequent case management should be shared on a need to know basis only, and should be kept secure at all times.



Important Information For Go Dharmic Staff If You Have A Safeguarding Concern

Write down notes:

Dates, times, facts, observations (verbatim if possible).
Try to ensure that you have all relevant details recorded.

At the same time or as soon as possible afterwards you must contact GD's Designated Safeguarding Lead or Deputy: 07867081129.
To report and log a concern has been raised.

The GD's Designated Safeguarding Lead will revert if further information/ involvement is required from you.

Important Information For Gd Volunteers If You Have A Safeguarding Concern

Write down notes:

Dates, times, facts, observations (verbatim if possible).
Try to ensure that you have all relevant details recorded.

Contact your local Young Enterprise Manager at the same time or as soon as possible thereafter.

At the same time or as soon as possible afterwards you must contact GD's Designated Safeguarding Lead or Deputy: 07867081129.
To report and log a concern has been raised.

Review

This policy is due for review every year or following any significant organisational changes.
Next review date: 31st December 2023.

Document Owner and Approval

Document owner: Hemal Randerwala.
Final policy sign-off by: Trustee Board.

Associated policies

Code of Conduct
Anti Bullying and Harassment policy
Whistleblower policy
Complaints Policy
Procedures for reporting and response to safeguarding concerns
Procedures for safeguarding in staff recruitment
Other policies as appropriate



GD volunteer planting mangroves for the Dharma Forest

Glossary of Terms

Beneficiary of Assistance

Someone who directly receives goods or services from Go Dharmic's programme. Note that misuse of power can also apply to the wider community that the Go Dharmic Welfare serves, and also can include exploitation by giving the perception of being in a position of power.

Child

A person below the age of 18. In this document, as in the Children Act 1989 and 2004, a Child is anyone who has not yet reached their 18th birthday. 'Children' therefore means 'Children and Young People' throughout. The fact that a Child has reached 16 years of age, is living independently, is in further education, is a member of the armed forces, is in hospital, in prison or in a Young Offenders' Institution, does not change his or her status or entitlement to services or protection under the Children Act 1989 and 2004.

Harm

Psychological, physical and any other infringement of an individual's rights.

Psychological Harm

Emotional or psychological abuse, including (but not limited to) humiliating and degrading treatment such as bad name calling, constant criticism, belittling, persistent shaming, solitary confinement and isolation.

Abuse

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults or another child or children.

Physical Abuse

A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

Emotional Abuse

The persistent emotional maltreatment of a child such as to cause severe and adverse effects on the child's emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child's developmental capability as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, although it may occur alone.

Sexual Abuse

The term 'sexual abuse' means the actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions, involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children.

Sexual Exploitation

The term 'sexual exploitation' means any actual or attempted abuse of a position of vulnerability, differential power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another. This definition includes human trafficking and modern slavery.

Child Sexual Exploitation

A type of sexual abuse. Children in exploitative situations and relationships may receive gifts, money or affection in return for performing sexual activities. Children or young people may be tricked into believing they are in a loving, consensual relationship. They might be invited to parties and given drugs and alcohol. They may also be groomed online.

Neglect

The persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. Once a child is born, neglect may involve a parent or carer failing to: provide adequate food, clothing and shelter (including exclusion from home or abandonment); protect a child from physical and emotional harm or danger; ensure adequate supervision (including the use of inadequate care-givers); or ensure access to appropriate medical care or treatment. It may also include neglect of, or unresponsiveness to, a child's basic emotional needs.

Survivor

The person who has been abused or exploited. The term 'survivor' is often used in preference to 'victim' as it implies strength, resilience and the capacity to survive, however it is the individual's choice how they wish to identify themselves.

Recognising Types of Abuse and Neglect

Abuse can take a number of forms including physical, emotional or sexual abuse, child sexual exploitation and neglect. Examples of such abuse (as noted in the Department of Education publication "Working Together to Safeguard Children 2015") are contained in Appendix 4. All GD staff and volunteers should be aware that abuse, neglect and safeguarding issues are rarely standalone events that can be covered by one definition or label. In most cases multiple issues will overlap with one another.

Protection from Sexual Exploitation and Abuse (PSEA)

The term is used by the humanitarian and development community to refer to the prevention of sexual exploitation and abuse of affected populations by staff or associated personnel. The term derives from the United Nations Secretary General's Bulletin on Special Measures for Protection from Sexual Exploitation and Abuse (ST/SGB/2003/13).

Safeguarding

Safeguarding means taking all reasonable steps to prevent harm, particularly sexual exploitation, abuse and harassment from occurring; to protect people, especially vulnerable adults and children, from that harm; and to respond appropriately when harm does occur. This definition draws from our values and principles and shapes our culture. It pays specific attention to preventing and responding to harm from any potential, actual or attempted abuse of power, trust, or vulnerability, especially for sexual purposes. Safeguarding applies consistently and without exception across our programmes, partners and staff. It requires proactively identifying, preventing and guarding against all risks of harm, exploitation and abuse and having mature, accountable and transparent systems for response, reporting and learning when risks materialise. Those systems must be survivor-centred and also protect those accused until proven guilty. Safeguarding puts beneficiaries and affected persons at the centre of all we do.

At Risk Adult / Vulnerable Adult

Sometimes also referred to as a vulnerable adult, a person who is or may be in need of care by reason of mental or other disability, age or illness; and who is or may be unable to take care of him or herself, or unable to protect him or herself against significant harm or exploitation. The definition of vulnerable adult in "Who Decides?" (Lord Chancellor's Office 1997) and as used in this document is anyone who is over 18 who:

- Is or may be in need of community care services by reason of mental or other disability, age or illness; and
- Is or may be unable to take care of himself or herself; or
- Is unable to protect themselves against significant harm or serious exploitation.

Volunteer

In this document, as in the Disclosure and Barring Service (DBS) Glossary of Terms 2012, a Volunteer is a person who is engaged in any activity which involves spending time, unpaid (except for travelling and other approved out-of-pocket expenses), doing something which aims to benefit some third party other than or in addition to a close relative. For the purposes of this policy this encompasses but is not limited to Company Based Volunteers, Class Based Volunteers, Local Volunteer Board (LVB) Members and GD Trustees.

Staff Member

A Staff Member is anyone employed by GD. For the purposes of this policy this encompasses, but is not limited to, permanent staff, casual staff, Associates and Consultants as well as Secondees/ Interns.

Position of Trust

Any person connected with GD who comes into contact with children or vulnerable adults in the performance of their role is in a position of trust and subject to this policy.

RISK MANAGEMENT

Our approach to risk management is organised around a potential cost-benefit analysis, composed of staff, volunteer, and beneficiary safety. Our central staff judiciously consider the likelihood and gravity of any negative consequences that could take place from any and all of our campaigns and projects, and weigh these against the potential benefits. The team performs this calculation giving greater weight to potential risks, prioritising safety.

To illustrate with an example of this process, for our Kyiv relief efforts, we concluded that we could not send a disaster relief team, nor send any staff from the UK, as even if a team could enter Ukraine the danger the team would be placed in would be too high, as well as disproportionate to the aid that they could provide; instead, we worked out that we could make a more substantial impact and minimise risk by supporting volunteers that were already in Kyiv.



For our distributions, we have a dedicated risk assessment guide and response sheet, divided between 11 Hazard criteria, with categories for:

Type of Risk (Falls, Cuts, Loss of Property, Food Poisoning, Mental Harm, etc.)

To Who (Volunteer, Staff, Beneficiary)

Likelihood (Low-High)

Magnitude of Risk (Low-High)

Mitigation

Review Period

FINANCIALS

Charity Registration No. 1171619

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
GO DHARMIC WELFARE UK

GO DHARMIC WELFARE UK
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FOR THE YEAR ENDED 31 MARCH 2023

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GO DHARMIC WELFARE UK**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees present their report with the financial statements of the charity for the year ended

31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT**Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1171619

Principal address

Suite 119C, Business Design Centre
52 Upper Street
Islington
London
N1 0QH

Trustees

Claire Missingham
Ram Goyal
Dimple Mistry
Joshua Fields
Sejal Patel
Shivani Deepti Patel
Dr. Nicholas Sutton
Swaminathan Vaidyanathan
Sheena Randerwala

Approved by order of the board of trustees on 30/01/2024 and signed on its behalf by:



Sejal Patel
Chair of Go Dharmic

GO DHARMIC WELFARE UK

Accountants' Report

Accountants' report to the directors of GO DHARMIC WELFARE UK

You consider that the charity is exempt from an audit for the year ended 31 March 2023. You have acknowledged, on the balance sheet, your responsibilities for complying in accordance with the requirements of the Charities Act 2011 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its statement of income and expenditure for the financial year.

In accordance with your instructions, we have prepared the charity accounts which comprise the Statement of financial activity, the Balance Sheet and the related notes from the accounting records of the charity and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Rshah Accounting Services

RSHAH ACCOUNTING SERVICES LTD

Accountants & Tax Advisers

33 The Bramblings

Amersham

England

HP6 6FN

Date: 31/01/2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF GO DHARMIC WELFARE UK

Independent examiner's report to the trustees of Go Dharmic Welfare UK I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Charanjiv Dhawan

Charanjiv Dhawan, FCCA

Dawn & Co Ltd

Chartered Certified Accountants

35A High Street

Ruislip, Middlesex

HA4 7AU

Date: 31/01/2024

GO DHARMIC WELFARE UK**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

		Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	394,710	64,278	458,988	590,197
		<u>394,710</u>	<u>64,278</u>	<u>458,988</u>	<u>590,197</u>
EXPENDITURE ON					
Charitable Giving:	4				
UK Food Poverty Alleviation		170,268	14,009	184,277	115,321
International Social Development Programs		39,418	90,371	129,789	152,927
Advocacy Campaign		45,657	22,338	67,995	8,650
Cost of Raising Funds:					
Wages and Salaries		97,021	-	97,021	38,971
Fundraiser Platform Subscription		1,575	-	1,575	4,168
Other Admin Expenses		68,609	-	68,609	108,434
Total resources expended		<u>422,548</u>	<u>126,718</u>	<u>549,266</u>	<u>428,471</u>
Net (expenditure) / Income for the year					
Net movement in funds		(27,838)	(62,440)	(90,278)	161,726
Total funds brought forward		84,669	193,869	278,538	116,812
TOTAL FUNDS CARRIED FORWARD		<u><u>56,831</u></u>	<u><u>131,429</u></u>	<u><u>188,260</u></u>	<u><u>278,538</u></u>

GO DHARMIC WELFARE UK**BALANCE SHEET
AS AT 31 MARCH 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	6	32,189	28,117
Current assets			
Cash at bank		162,554	253,855
Creditors: amounts falling due within one year	7	(6,483)	(3,434)
Net current assets		<u>156,071</u>	<u>250,421</u>
Net assets	8	<u><u>188,260</u></u>	<u><u>278,538</u></u>
Income funds			
Restricted funds		131,429	84,669
Unrestricted funds		56,831	193,869
Total funds		<u><u>188,260</u></u>	<u><u>278,538</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30/01/2024 and were signed on its behalf by:



Sejal Patel
Chair of Go Dharmic

GO DHARMIC WELFARE UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GO DHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

1.2 Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

1.3 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

GO DHARMIC WELFARE UK**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1.4 Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK International plc are included within incoming resources and resources expended at an estimate of their value to the Trust.

1.5 Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK International plc are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

1.7 Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.8 Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

1.9 Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

GO DHARMIC WELFARE UK**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023****1.10 Fund accounting**

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees

Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

1.11 Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

1.12 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2 Incoming resources from charitable activities

	Unrestricted funds £	Restricted funds £	2023 £	2022 £
Income from donations and legacies	<u>394,710</u>	<u>64,278</u>	<u>458,988</u>	<u>590,197</u>
Included within income relating to Income donations and legacies				
Donations	250,174	26,878	277,052	441,856
Gift Aid	5,659	-	5,659	16,104
In-kind Donations	113,927	-	113,927	57,980
Other Grants	-	37,400	37,400	25,700
Good Karma Sales	-	-	-	16,242
Other Donations	24,950	-	24,950	32,315
	<u>394,710</u>	<u>64,278</u>	<u>458,988</u>	<u>590,197</u>

3 RAISING FUNDS

	2023 £	2022 £
Raising donations and legacies		
Support costs	<u>549,266</u>	<u>428,471</u>

GO DHARMIC WELFARE UK**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

4 Activities undertaken directly	2023	2022
	£	£
Advertising & Marketing	-	4,446
Fundraiser Platform Subscription	1,575	4,168
Website & Software expenses	16,371	4,188
Direct Expenses	-	5,790
Rent	30,450	15,050
UK Food Poverty Alleviation	184,277	115,321
International Social Development Programs	129,789	152,927
Environmental Awareness	-	9,120
Digital Social Action Campaigns	-	24,124
Advocacy Campaign	67,995	8,650
Good Karma Project	-	24,333
Travel for Feeding Project	-	6,902
Telephone expenses	481	716
Printing cost	-	302
Accountancy Fees	1,000	1,200
Depreciation	10,459	7,523
General Expenses	946	-
Bank Charges	230	148
Repairs & Maintenance	29	-
Insurance	8,643	3,803
Wages and Salaries	97,021	38,971
Pension Cost	-	789
	<u>549,266</u>	<u>428,471</u>

5 Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the period ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the period ended 31 March 2022.

GO DHARMIC WELFARE UK**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023****6 Tangible fixed assets****Land and
buildings
£****Cost**

At 1 April 2022	37,613
Additions	14,530
At 31 March 2023	<u>52,143</u>

Depreciation

At 1 April 2022	9,496
Charge for the year	10,458
At 31 March 2023	<u>19,954</u>

Net book value

At 31 March 2023	<u>32,189</u>
At 31 March 2022	<u>28,117</u>

7 Creditors: amounts falling due within one year

2023	2022
£	£

Accruals	1,200	1,200
Other creditors	5,283	2,234
	<u>6,483</u>	<u>3,434</u>

8 Analysis of net assets between funds

Unrestricted	Restricted	2023	2022
funds	funds	£	£
£	£		

Fund balances at 31 March 2023 are represented by:

Tangible fixed assets	32,189	32,189	28,117
Current assets	6,981	155,573	253,855
Creditors: amounts falling due within one year	(6,483)	(6,483)	(3,434)
	<u>32,687</u>	<u>155,573</u>	<u>278,538</u>

GO DHARMIC WELFARE UK**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

9 Reserves policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.

10 Related party disclosure

There were no related party transactions for the year ended 31 March 2023.

GO DHARMIC WELFARE UK
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

This schedule does not form part of the statutory accounts

	2023	2022
	£	£
INCOME AND ENDOWMENTS		
Donations	277,052	441,856
Gift Aid	5,659	16,104
In-kind Donations	113,927	57,980
Other Donations	24,950	32,315
Good Karma Sales	-	16,242
Other Grants	37,400	25,700
	<u>458,988</u>	<u>590,197</u>
EXPENDITURE		
Advertising & Marketing	-	4,446
Fundraiser Platform Subscription	1,575	4,168
Website & Software expenses	16,371	4,188
Direct Expenses	-	5,790
Rent	30,450	15,050
UK Food Poverty Alleviation	184,277	115,321
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Environmental Awareness	-	9,120
Digital Social Action Campaigns	-	24,124
Advocacy Campaign	67,995	8,650
Good Karma Project	-	24,333
Travel for Feeding Project	-	6,902
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Printing cost	-	302
Accountancy Fees	1,000	1,200
Depreciation	10,459	7,523
General Expenses	946	-
Bank Charges	230	148
Repairs & Maintenance	29	-
Insurance	8,643	3,803
Wages and Salaries	97,021	38,971
Pension Cost	-	789
	<u>549,266</u>	<u>428,471</u>



Go Dharmic

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 www.godharmic.com

GO DHARMIC WELFARE UK

England & Wales - Charity number 1171619

Accounts



GO DHARMIC WELFARE UK

ANNUAL REPORT

1 April 2021 - 31 March 2022



England Charity Number: 1171619
Scotland Charity Number: SC050775

Reference and Administrative Information

REGISTERED OFFICE

Go Dharmic, Suite 119C, Business Design Centre, 52 Upper Street, London N1 0QH

CHARITY NUMBER (England and Wales)

1171619

INDEPENDENT EXAMINERS:

Dharmendra Jeshani (DJ)

Frasers Young Ltd
Chartered Certified Accountant
Alpha House
296 Kenton Road
Harrow
HA3 8DD

ACCOUNTANT:

Kaushal Patel, FCCA
Rshah Accounting Services Ltd
33 The Bramblings
Amersham
Buckinghamshire
HP6 6FN

BANKERS:

GO DHARMIC WELFARE UK

BARCLAYS BANK
Leicester, LE87 2BB, UK

This document reflects the annual report for Go Dharmic Welfare UK a registered charity in England and Wales. Some of the projects listed may be executed by international partners, associated organisations and communities inspired by Go Dharmic's mission.

The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2022 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year.

The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).



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The World is One Family

Letter from Hanuman Dass

Neem Karoli Baba said, "Why do you want to get to Heaven? Can't you see? This is it. It is our job to make this a Heaven for everyone." Go Dharmic is a mission to realise the ancient Indian idea of Vasudhaiva Kutumbakam, ("We are all one family"). If we truly believe in this idea, we will work tirelessly to relieve the suffering of our fellow family members. The call to Go Dharmic is a call to act for the welfare of all living beings. To act for the welfare of our Earth. It is a call to make this world a better place through every means possible.

During the Covid period, I saw Go Dharmic members fulfilling the purpose of GD at its very finest. I want to thank our volunteers – both young and old – they found a calling to work to simply help others. I consider the expansion of that inner calling profound spiritual growth. Expanding our awareness of the divine existing in other living beings and in nature is the greatest social action. Operating in 50+ regions, the Go Dharmic family comes together with a basic but profound mission, to love all, feed all, serve all.

Many often ask me how and why do you run so many campaigns? Surely it would be better to focus on a few? This may be valid in one sense, but my answer is that dharma must be applied to every aspect of our lives: in what we eat, how we treat one another, how we treat nature, how we live, and even how we think. Wherever and whoever is suffering, it is our duty to try and help. A Dharmic disposition is one which applies the principles of **Love, compassion, friendship, non-harming, service, charity, peace and truth.**

I think that high minded philosophy, like the Upanishads, is useless unless we act upon it. We may read that we are all one sub ek, ("We are all one") but if our actions do not reflect that then we have not absorbed that teaching. In the Bhagavad Gita, Krishna says, *yada, yada hi dharmasya*, which means, "again and again for the sake of dharma". My appeal is that we all embrace that idea. Again and again for Dharma we must act. Making peace with nature, spreading the message of Ahimsa for our Environment, feeding the poor and vulnerable, developing education facilities. Regardless of the cause, if it is for good, again and again we must act.

All Love,
Hanuman Dass
Founder & Chairman




Messages From Trustees



Dr Nicholas Sutton

“Go Dharmic has continued to expand its work by providing assistance to those in need, particularly in the areas of education and food poverty. From small beginnings, we can see Go Dharmic growing year on year and emerging as a significant philanthropic organisation, always willing to help others wherever the need arises.”



Korat Pulkit

“The sheer breadth of Go Dharmic’s campaigns is testament to the boundless Love that serves as its core. From addressing poverty to offering shelter to refugees, from supporting education to protecting the environment, Go Dharmic works to solve all problems.”



Sheena Randerwala

“Go Dharmic is an organisation that prioritises efficient and effective solutions to social and environmental issues. Inspired by the ancient idea of dharma, they serve all persons at all places. I am overwhelmed by Go Dharmic’s energy and passion.”



Swaminathan Vaidyanathan

“Go Dharmic is doing excellent work in reaching out to people in need. It gives me an immense sense of pride to see the pace of growth of this altruistic organisation. I am sure Go Dharmic has exciting times ahead, reaching greater heights in its journey of serving humanity and spreading the message of Love.”



Highlights 21/22

GO DHARMIC AND PARTNERS

DISTRIBUTED LOVE AND SERVICE TO
5 MILLION
PEOPLE VIA 180+ GD GROUPS

SERVED
4.5 MILLION
MEALS GLOBALLY

DIGITAL SOCIAL CAMPAIGNS REACHING
10 MILLION
PEOPLE



**OPERATED MAJOR
DISASTER RELIEF
CAMPAIGNS**



**OVER 10,000
VOLUNTEERS
MOBILISED**



**ENVIRONMENTAL
ACTIVISM REACHED
250,000 PEOPLE**

GO DHARMIC CONTINUES TO BE A LEADING PLATFORM FOR SERVING SOCIETY AND THE EARTH FOR BOTH INNER AND OUTER DEVELOPMENT. WE WORK TO DEVELOP OUR HEARTS AND MINDS AS WELL AS SERVING ACROSS ALL U.N. SUSTAINABLE DEVELOPMENT GOALS.



Developed **20** school
toilets predominantly
for girls



Continuing to service
over **100**
school libraries



Globally benefiting
75,000 children through
education facilities



Alleviating food poverty
and distributing meals in
over **50** global locations



150,000 kilos of food
saved from being wasted
in the UK



45,000 trees planted
in the Dharma Forest



25,000 items of
clothing donated

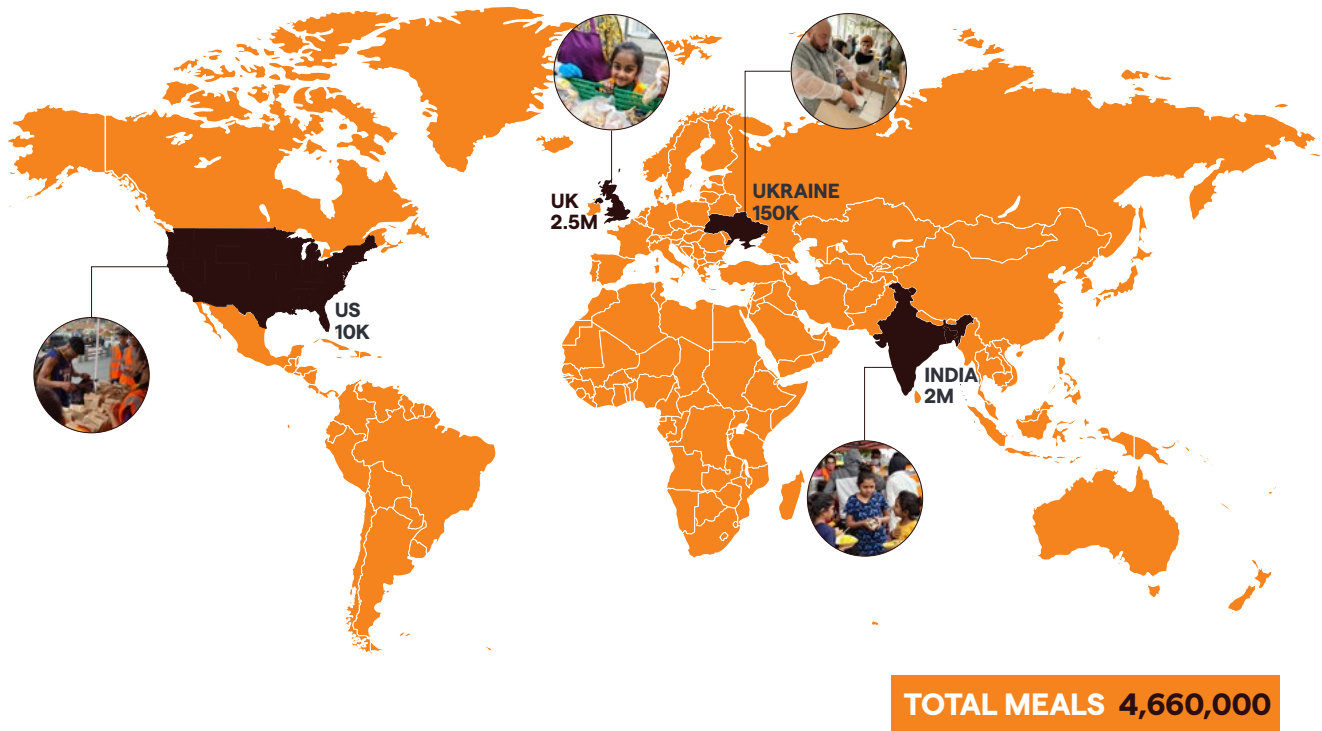


Raised over
£458,000



Carbon emissions curbed
by **220 metric tonnes**

Significant Activities and Impact



UK

2.5 MILLION

Meals distributed

150K

Kg food saved from being wasted

15

Total locations

UKRAINE

150K

Meals distributed

500

Relief kits

INDIA

2 MILLION

Meals distributed

45K

Trees planted

20

Toilets built in sanitation projects

600+

Security personnel health checkups

500K

People served during Covid Relief

US

10K

Meals distributed

Vision and Mission

MISSION

Our mission is love and compassion. The core of Sanatana Dharma is to Love All. Feed All. Serve All. And whether we are in a time of peace or great trauma, Go Dharmic is a call to help relieve suffering wherever it exists and in whatever form it exists.

PRINCIPLES

Go Dharmic and its principles are universally applicable for all of us, regardless of belief or creed. Dharma is that which is best for the welfare of all living beings.

Love (Prema) स्नेहः

Compassion (Karuna) करुणा

Non-violence (Ahimsa) अहिंसा

Friendship (Maitri) मैत्रिणा

Truth (Satyam) सत्यं

Selfless Service (Seva) सेवा

Charity (Danam) दान

Peace (Shanti) शान्तिः

WHAT WE DO

- Go Dharmic is a digital-first charitable organisation that brings people from all walks of life together to Love All. Feed All. Serve All. Through online and offline campaigns, we propagate the ideas of Sanatana Dharma for the welfare of all beings.
- We use the Go Dharmic app, local Whatsapp groups, social media, and other technological tools to connect people who want to make a difference and actively get involved with service-related projects, locally and internationally.
- Local groups are guided by local leads, who report to the trustees of the organisation and the Chair, Hanuman Dass. Local groups have the freedom to express their vision for local needs and, within the framework of the Go Dharmic principles, launch campaigns and initiatives to serve within their local communities.
- We seek to influence and educate wider society about the values of dharma in a progressive manner. Our principles are the cornerstones of our advocacy and we use modern digital tools to increase our reach and expand to new regional areas. We express deep concern for the environment, poverty, and education, and seek to operate social action service across all United Nations Sustainable Development Goals.
- Our local food distributions are the cornerstones of our outreach, where people come together to serve the vulnerable through street food distribution service. These distributions express and develop our principles of love and compassion for others.



OBJECTIVES AND ACTIVITIES

Go Dharmic UK is a registered CIO. Go Dharmic has a strong culture of serving the benefit of all living beings and our planet through honest acts of kindness, compassion, and love. The charity embraces the concept of *vasudhaiva kutumbakam*, meaning “the world is one family”, and dharma, meaning “the cosmic law underlying right behaviour and social order”. Go Dharmic strives to reduce global injustice through social action, establishing a more dharmic world. Go Dharmic does not recognise international borders, operating instead as a universal charity that aims to relieve suffering unconditionally. Through the deployment of volunteers and staff for disaster relief support, educational projects, and other humanitarian action campaigns, the charity covers action across all 17 United Nations global goals. This, alongside the charity’s culture of empathy, brings about compassion, and an indomitable willingness to help others among its volunteers, team, and those surrounding the charity.

The Trustees have given due regard to the Charity Commission’s guidance on public benefits when considering the Trust’s objectives and activities.



CAMPAIGNS



Feed Everyone: End hunger initiatives

Our flagship project, Feed Everyone, aims to tackle food poverty in congruence with the United Nations Sustainable Development Goals: No Poverty, Zero Hunger, Good Health and Wellbeing, Quality Education, Gender Equality, Clean Water and Sanitation, Affordable and Clean Energy, Decent Work and Economic Growth, Industry, Innovation and Infrastructure, Reduced Inequalities, Sustainable Cities and Communities, Responsible Consumption and Production, Climate Action, Life Below Water, Life on Land, Peace, Justice and Strong Institutions and Partnerships for the Goals.

Through Feed Everyone, we have delivered over 4.5 million meals and meal kits at multiple locations across the world, including England, Scotland, India, and the United States.

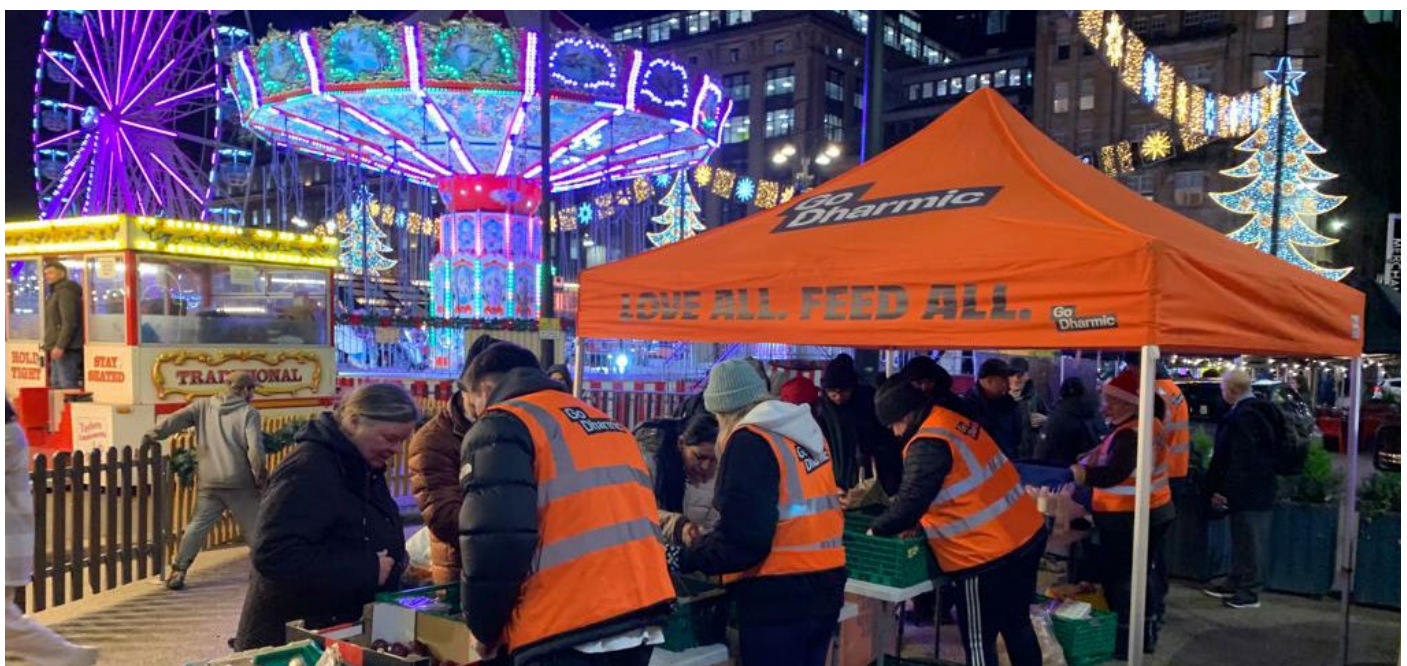
The Covid pandemic generated an economic downturn that led to hunger and an increased risk of food insecurity throughout the world. We have long known that the effects of food poverty are multiple and not always obvious – more than just a physical problem, food poverty leaves many families and individuals socially isolated, suffering from severe anxiety, and puts them at greater risk of domestic abuse, theft, and drug or alcohol dependency.

It is well known that malnourishment has a permanent impact on the growth and development of children, both psychologically and physiologically, and many struggling parents will skip multiple meals themselves in order to feed their children. This is clearly not a tolerable or sustainable solution.

The problem of poverty and food insecurity is further compounded by a perceived social stigma, where many will try to hide their poverty and its effects from friends or relatives – those who could potentially offer support. This results in those who are suffering being further cut off and forced to rely on charity, or food banks.

To meet these multiple threats, we provide regular hot meals, home grocery kits, and food essentials to the homeless and to vulnerable families at our distributions. In some circumstances, we deliver to beneficiaries who are unable to attend our main distribution centres, or during our distribution hours.

Our hot meals and grocery kits are focused around nutritionally dense vegetarian foods and, when possible, vegan and organic foods. Fruit, nuts, seeds, and vegetables have been consistently shown to support mental health and brain function and ease digestive stress. Nuts and seeds are among the most calorie-dense foods available, being composed mostly of healthy fats.



In the UK

Among our food essentials, we provide the means for beneficiaries to home-cook our nutritious ingredients in grocery kits, preserving their confidence, self-worth, and dignity by giving them a measure of independence and self-reliance. While we provide solutions for those who are totally reliant, we also offer the resources and encouragement for beneficiaries to assist themselves.

As our service is easy to access and available at the point of use, our distribution locations serve as hotspots for communities to form and develop. We allow this to occur organically, merely providing a public space and safe atmosphere for people with a shared struggle. Our charity is volunteer-powered, so we encourage local people to participate in our projects; this empowers our service users by blending the roles of giver and beneficiary. Our wonderful volunteer community has welcomed **more than 650 new members** in the past year.

Our work highlights the many advantages communities gain from having net-zero hunger: food security positively impacts economies, reduces the burden on health systems, facilitates education, decreases inequality and increases social development. Ending hunger is a keystone to building a better future for everyone, not just those directly suffering from food insecurity. With the help of Feed Everyone, we at Go Dharmic have been making progress towards eliminating hunger and achieving food security in crucial spots around the UK and beyond.

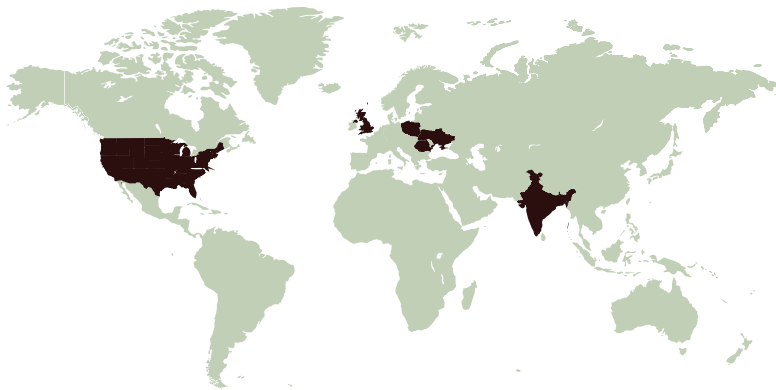
In the UK, food poverty and insecurity increased by 14% in 2021/22 when compared with 2019/20*, increasing demand for Go Dharmic services.

*Food poverty: Households, food banks and free school meals. Research Briefing. House of Commons Library



Expanding into the United States

In our efforts to resolve global hunger, we have actively expanded our reach this year, opening several new distributions, including our first New York distribution in December 2021.



UK

2.5 MILLION

Meals provided

150K

Kg food saved from being wasted

17

Total locations

INDIA

150K

Meals provided

US

10K

Meals provided



17 active locations around the world



Since starting Feed Everyone we have delivered 10 million meals globally

LOCATIONS ACTIVE:

01. Gujarat, **India**
02. Uttarakhand, **India**
03. West Bengal, **India**
04. Assam, **India**
05. Kyiv, **Ukraine**
06. Medyka, **Poland**
07. Krakow, **Poland**
08. Siret, **Romania**
09. Luton, **UK**
10. Central London, **UK**
11. Glasgow, **UK**
12. Watford, **UK**
13. Wembley, **UK**
14. Bexley, **UK**
15. Edinburgh, **UK**
16. Queensbury, **UK**
17. New York, **US**

Impact Stories

Throughout the Covid-19 pandemic, the Feed Everyone campaign provided a vital lifeline to vulnerable people, such as the elderly, low-income families and the homeless. Now, looking ahead as the cost of living increases, Go Dharmic's work will prove more necessary than ever.



Mukish Dhanbir,
Go Dharmic Luton Volunteer
and Former Beneficiary

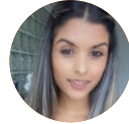
Having been a beneficiary of Go Dharmic's food distributions during the Covid pandemic, Mukish Dhanbir became a permanent volunteer for the Luton distribution as part of the Shared Learning Trust.

Mukish's son went to school at Stockwood Park Academy in Luton. Mukish found it hard as a single parent. His finances were stretched and he felt a great pressure to hide and protect his son from these financial difficulties.

In early March 2020, Mukish received a text message from Stockwood Park Academy to go and collect a food parcel, which had been donated by Go Dharmic for families struggling in the lockdown. Mukish and his son would rely on these food parcels throughout Covid, until over a year later, when they would both join Go Dharmic as volunteers, spreading the same love and care that they had received.

"They assisted me immensely, as things were tough – barely manageable," Mukish recalls. "It was some time in mid-2021 that Go Dharmic asked for volunteers, and I thought that since GD helped me so much in my time of need, I could give back by serving those in need now."

"I have been volunteering ever since with my son, who takes great pleasure in helping. I have to say that Go Dharmic has been an inspiration to all. They make volunteers and beneficiaries feel great pride, that we're all respected individuals in society. Meeting different people every time I volunteer, and seeing how happy the meals and parcels make them, gives me a sense of greatness and belonging. For both my son and I, I feel very privileged to have found a sense of happiness and fulfilment in being part of the Go Dharmic family and I will continue to volunteer for as long as I can."



Shivani Patel,
Volunteer,
Queensbury Go Dharmic

Having seen Go Dharmic's work on social media, Shivani Patel volunteered during the pandemic and now heads the Queensbury food distribution in London.

"A group of us from the youth at our local temple (SKSS Temple, Kenton) wanted to start up a food distribution to serve those in our local area who may need some assistance with food," Shivani explains. "To this end, we approached and collaborated with Go Dharmic. We have been running our distribution every Sunday in Queensbury for the past year and have had the same beneficiaries returning every week to collect food items to help ease any economic pressure they may be under, especially given today's changing prices."

"Our beneficiaries range from young families, to individuals who have come to work in the UK from abroad, to elders in the community living on their own. Our Sunday food distribution often involves volunteers bringing their young children along to teach them the life lesson of serving others. These young children come back regularly with their parents to help us serve our local community."

"Through our distributions, we have met people from all walks of life. It has been humbling to know that we have made a difference in people's lives as they come out week-on-week to collect some food items, which are assisting them with their household finances. The food we provide helps them to avoid the harsh dilemma so many people are facing: whether to sacrifice a few meals to pay for their heating bills."

"We are also working to break the widely-held misconception that people who have a roof over their head do not need any assistance with food, or that they are all being served by food banks – this is not the case at all."

Give it a Grow: Environmental initiatives

The Dharma Forest – Mangrove Plantation

The Sundarbans region is renowned as a refuge for a variety of animal, bird, and plant species, many of which are believed to be on the verge of extinction. Human activities and natural calamities, such as deforestation, cyclones, high winds, rain storms, and tidal waves, have profoundly altered the landscape – most notably through forest destruction. Reports have shown that the loss of mangrove forests will weaken the protective biological shield that reduces the impact of weather disasters; this will put surrounding coastal communities at high risk and endanger hundreds of species of plant and animal life, further weakening the environment.

Climate change is worsening the impact of these environmental disasters. To protect fragile habitats from destruction, we must employ natural defences, such as the mangrove forest. Mangroves not only protect coastlines and local wildlife, but also filter water and act as carbon sinks: a single square mile of mangrove forest holds as much climate-warming carbon as the annual emissions of **90,000 cars – 1,000 metric tonnes**.

We are on a mission to plant and manage two million mangroves across the Sundarbans by 2026. This will reduce soil erosion, shield millions of people from flooding disasters, provide safer water, remove carbon from the atmosphere, protect species at risk, and promote biodiversity, strengthening our planet's ecosystems.

We have established a mangrove nursery at Matla in West Bengal, where we raise 1000 saplings at a time and then replant them across the Gosaba, Canning, and Basunti regions of the Sundarbans. We produce 4000 new mangrove plants every year, which are then replanted at strategic locations to replace destroyed natural mangroves, or at flood-prone areas as a preventive measure. So far, **we have planted 120,000 mangroves** around Nikarighata, Pakhiralay, Gosaba, and Canning coastal villages, **which will remove approximately 40 tonnes of carbon from the atmosphere** in their lifetime.



What mangroves do:

Act as natural flood barriers for the coastline and river banks

Act as a natural filter, protecting water safety and mineral quality

Encourage and protect habitat and ecological systems

Contribute an estimated \$8 billion annually to the global economy



Our mangrove forest will protect villages in the region from flooding and other adverse weather events. In addition, it will re-establish much of the biodiversity lost in the area due to harmful greenhouse gases. I'm particularly proud of this ongoing project because its effects should only compound over time, and it will make a profound positive climate difference. These beautiful forests are one of the finest investments we can make for the future of our planet.

– Hanuman Dass,
Go Dharmic's Founder and Chairman

Shape a Future: Education initiatives

Go Dharmic's Shape a Future campaign was launched in 2017 to help the younger generation flourish by supporting children's health, education, and growth globally. Our work has extended from the UK and India to Africa and Central Europe.

Winter Feeding Barnet

In December 2021, we partnered for the fourth consecutive year with the London Borough of Barnet's 0-19 Early Help Service to provide meals for disadvantaged children in London over the school holidays. We had a team of four drivers deliver regularly to schools and community centres over the winter period, providing more than 10,000 meals across the project. The meals were given at sport and play activity days for children from low-income families, and socially underprivileged backgrounds, who were eligible for free school meals during term time. In school vacations, these children struggle to develop mentally and physically at home, so providing resources for their growth and development is a profoundly worthwhile action that we are very proud of at Go Dharmic. We believe feeding Barnet's underprivileged children is imperative, and we will continue to do so in the future.

>10,000
Meals to children in Barnet



Libraries

India's growing economy and status as an emerging world power has led to a new consciousness in the country about investment in public services. With India's push to create a 'knowledge society', which will benefit the world as a social model for development in the 21st century, the topic of libraries has been gaining momentum in the country. India's vast civil society sector, represented by an array of NGOs, and social advocacy movements, has been trying to meet this momentum.

Our Shape a Future campaign is contributing to these efforts by setting up libraries, as well as sanitation facilities in schools that lack such necessities. We have also been providing underprivileged children with books and sports equipment to improve their literacy levels, physical health, mental wellbeing, and social skills.

Our libraries enable students to develop their reading and writing ability, as well as gaining the wisdom, knowledge, and creativity to make positive life decisions. By enabling and encouraging widespread reading, we can create better opportunities for these children in the future.

Between April 2021 and March 2022, we achieved our target of establishing 100 libraries in one year across India and Nepal. This would not have been possible without the determination and dedication of the Go Dharmic Operations team.

Each library has over 1,500 books that include fiction, non-fiction, encyclopaedias, graphic novels, and many other genres. We intend these learning spaces to equip less privileged children with the same tools for personal development as students of private institutions.

Rural India is still struggling with learning outcomes among school children, who typically lack even elementary reading ability compared to their urban counterparts. We have had a huge opportunity to shape the future of these children by providing them with library facilities. Go Dharmic will remain committed to eradicating illiteracy, building diverse frameworks of knowledge for children, and ensuring that future generations flourish.

On average, we develop two libraries a month. To date, we have helped over 75,000 children through our various education and sanitation projects and are on target to help 100,000 children before 2023



Digitising Education

The Covid pandemic exacerbated the divide in education for learners across the globe, but in rural India this education disparity ballooned through declining attendance in schools, lack of teaching staff, a breakdown in infrastructure, and pupils abandoning the school progression system altogether. Through the use of computers and mobiles, students are more likely to enjoy studying. This results in better academic performance, while also developing their familiarity with technology. Introducing computers and mobile devices in schools has been shown to aid children's holistic development and harness their attention through audio and visuals, creating an immersive, interactive learning environment. Since Covid, digital learning has become a necessity for both teachers and students.

Klik2Learn

By partnering with Klik2Learn, we provided school teachers and the children of Ratanpur primary school in Gandhinagar, India, with licences for Klik2Learn's Digital Learning Hub. The Hub provides education collaboration tools, and resources, as well as a full English language course. It also includes Journey 2 Basic Skills, under which students can learn basic literacy and numeracy skills using smartphones and other digital devices. Journey 2 Basic Skills was launched specifically to meet the needs of education beginners. The Digital English Language Programme provides proof of concept in its potential to unlock learning for millions in impoverished communities.

Our goal has been to ensure these children have a solid foundation for their future education, and to improve their chances of continuing in the school system. In Klik2Learn, we found a digital education partner that shares our compassionate vision to change children's lives, with high quality English language courses that put teachers at the heart of the learning process.



BYJU'S Think and Learn

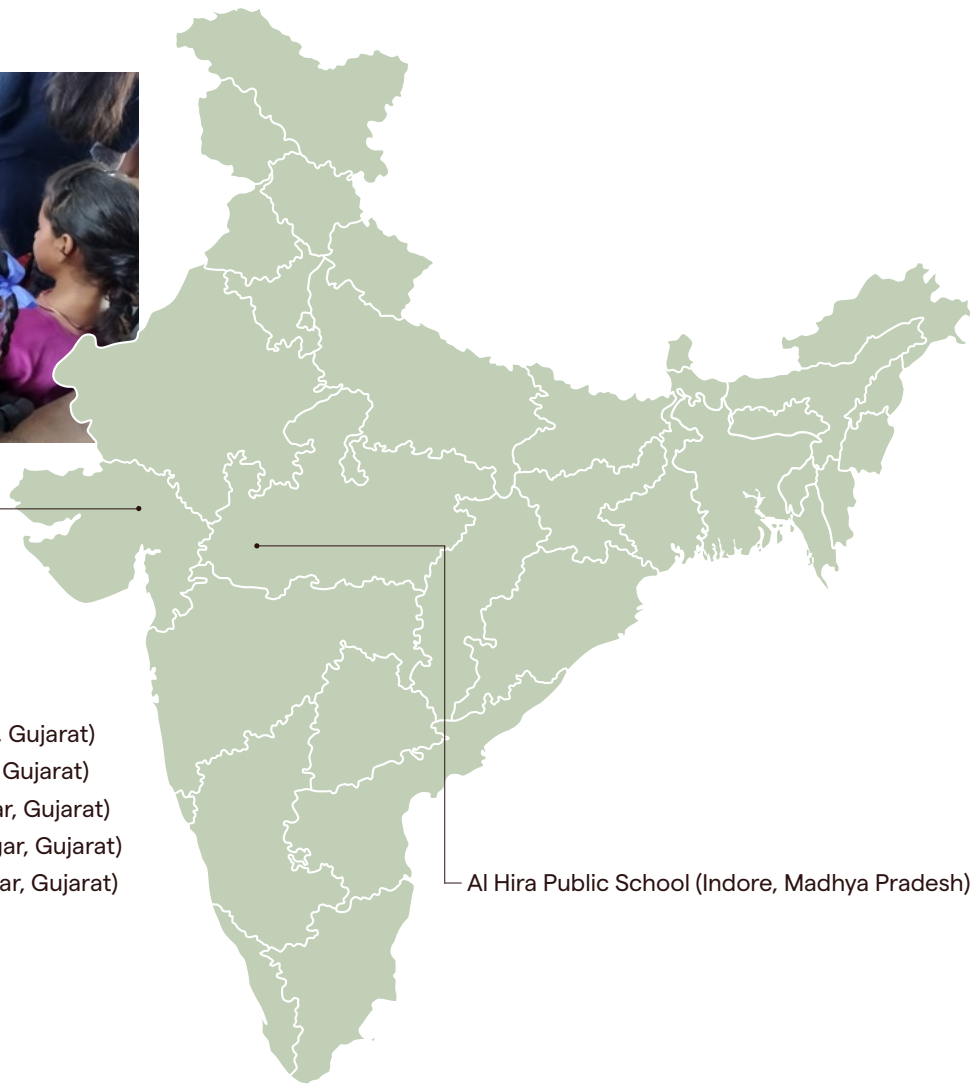
In early 2022, we partnered with Byju's 'Education for All', India's largest EdTech company, which gave us free access to its education software licences for three years. It has proved to be an excellent partner, sharing our passion for the growth of the next generation and being dedicated to empowering 10 million underprivileged children with a firm all-round education by 2025.

The fruits of our partnership began in Gujarat, where more than 100 licences were distributed to pupils at Shahpur Primary School in Gandhinagar. This move proved to be hugely successful within the first few weeks, with attendance rising and increased pupil interaction – so much so that Byju's provided us with a further 200 licences.

The licences grant the users free access to the Byju's Think and Learn Premium education app for students. The app hosts comprehensive mathematics and science study programmes for students between grades 4 and 12, with material available in regional languages and dialects (including English, Gujarati, and Hindi), making comprehension and retention easier. The app also includes test preparation content for competitive exams, such as JEE, NEET and IAS. Additionally, it grants access to lessons from India's top teachers, providing a focused platform for high-quality education.

The expanded distribution of these licences went to Sughad Primary School, Nabhoi Primary School, Amiyapur Primary School, Ratanpur School, and Al Hira Public School. We have seen similar great success with the app at these schools, where it has been integrated into the existing teaching framework, mixing traditional forms of learning with digital and online pedagogical methods. This has had the additional benefit of increasing the children's experience with tech and digital devices.





- Sughad Primary School (Ahmedabad, Gujarat)
- Nabhoi Primary School (Ahmedabad, Gujarat)
- Shahpur Primary School (Gandhinagar, Gujarat)
- Amiyapur Primary School (Gandhinagar, Gujarat)
- Ratanpur Primary School (Gandhinagar, Gujarat)

— Al Hira Public School (Indore, Madhya Pradesh)

*Locations of schools where Go Dharmic has established digital education services

Sakhi

A crucial component of young people’s education is digital fluency. Research indicates that mobile devices are a key gateway to this tech sphere. For pupils to engage in the workforce and the wider world more effectively, it is crucial that they learn to use contemporary technologies. In February 2022, we collaborated with The Unconnected, Klik2Learn, the Sakhi Foundation, and 48 Percent Mumbai to carry out a project in the Mulund West area of Mumbai, India. We distributed 94 Redmi mobile phones to the young girls of the region. Our volunteers conducted a workshop for these young learners on cybersecurity, social media training, and digital education apps and resources to help them navigate the technology.



Impact Stories

Maitri, parent of library beneficiary student

"My children are in class 6 and 7 respectively. I am sure the facility you have provided will make a huge difference in their lives. I am very happy today that my children will get an opportunity to study extra books and learn how to use computers."

Aarti, Sakhi Foundation

"This is an excellent beginning of the new year for girls' education in my slum areas. All credit goes to you and the collective leadership of everyone who worked hard to make this happen. This is a great educational resource to create safe, high-quality learning resources for girls in slum areas, especially during the Covid-19 crisis."



Acts of Kindness

The need to give back to society is a fundamental predisposition of human beings. Concepts such as seva, karuna, prema, and danam underlie this powerful categorical imperative. One of our core principles, "compassion in action", inspired our Acts of Kindness campaign. It encourages us to perform unique considerate actions and to advocate others do so as well. These acts can be as simple as helping an elderly person to cross the road, or as complex as donating thousands of books to support a school. Whether it's making someone smile, helping a stranger out, campaigning for an issue that moves you, or giving some of what you have to those in need, every act of generosity counts and everyone has something to give.

We are reminded of the story of Sudama, who gave the little he had (a few grains of rice) to Krishna as an offering. Though it was a small donation, Krishna accepted it with tears of joy. We at Go Dharmic hold that we are each lamps of love and even the smallest gifts performed out of kindness can change the world.

Recently, one of our team members, Sahil Jackson, donated his laptop, desktop computer, and printer to one of our libraries in Rajasthan, in an endeavour to connect more people to the internet, and support education and job aspirations. With an uncertain 2021-2022 school year and mass job insecurity, these laptops and other devices were needed more than ever. The donated technology has become an important lifeline to local students and potential workers. It is through acts of kindness like Sahil's that we serve the global community on a professional and personal level, and help bridge the digital divide to improve lives.

Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects.

– Dalai Lama



Mobile Connectivity

In early 2022, we partnered with the voluntary body The Unconnected (unconnected.org.uk), which provided us with over 1,000 SIM cards from Vodafone, containing six months' worth of data and several emergency contacts. The SIM cards were primarily distributed to individuals and families in London at our food distributions.

Beneficiaries told us that having a functioning mobile phone is taken for granted in the UK today. Parents without mobiles were criticised by schools, which insisted they should have a phone so that they could be contacted in case of an emergency concerning their children. The parents who spoke to us agreed this was necessary but pointed out that running a mobile was a considerable financial burden for those who were already struggling.

Beneficiaries who were looking for employment told us that entry-level jobs, internships, and even voluntary work required them to have a mobile phone. Without access to one, they would be rejected for jobs and essential work experience.

This act of kindness in partnership with The Unconnected gave beneficiaries six months' worth of support, aiding job security, community expectations, relations with schools and child safety. Having mobile access supported the recipients' mental and social wellbeing, enabling them to take part in our tech-driven age.

A second distribution of SIM cards was carried out at the Polish and Romanian borders to Ukraine. This was intended to help establish channels of communication between Ukrainian refugees who had become separated, or who had insecure contact in the chaos of the war and evacuation effort. We saw that the SIM cards helped to prevent families from breaking apart over the course of further travel towards central and western Europe – if they fell out of contact, they would have the means to re-establish communication.

The SIM cards each contained six months' worth of data. This was one of the more straightforward partnerships to establish and manage, and one of the most rewarding in a time of crisis.



Global Disaster Relief

Ukraine

The Ukraine crisis has called us to express our humanity and show solidarity for peace and the wellbeing of those who have been caught up in the conflict. To that end, Go Dharmic quickly implemented operations in Ukraine and neighbouring countries, using contacts and resources in the region to mobilise essential supplies and safeguard their delivery. The three-pronged response focuses on Kyiv, Ukraine, and neighbouring Poland and Romania.

Kyiv

We are based at Kyiv in the heart of Ukraine, funding the efforts of local volunteers, who are providing food on a regular basis to those unable to evacuate. At the beginning of the war, we served 500-600 hot meals a day with the help of eight volunteers. In under two weeks, this increased to 900-1,000 meals a day delivered by 17 volunteers. The Kyiv team distributes these meals to shelters, the elderly, hospitals, the police and the army. We were unable to send foreign volunteers into Ukraine for safety reasons, but local residents who wanted to support their community came forward to volunteer. Through the chaos and uncertainty, being able to ensure daily meals is one of the most valuable services Go Dharmic could have provided.

Go Dharmic funds also enabled the Kyiv team to buy and distribute 30 bulletproof vests, 50 first aid kits, thermo-vision cameras and nutrition packs for babies. These were sent to shelters, hospitals, and the local armed resistance, assisting young and old, and saving lives.

- Total raised for Ukraine appeal: **£57,840**
- Hot meals distributed: **25,000**
- Fruits distributed: **12,000 kg**
- Nuts distributed: **455 kg**
- Accommodation: **25 people for two months**
- Power generator provided
- First aid kits and protective equipment provided: **80**
- Lives impacted: **Over 47,000**
- Volunteers: **52 from seven countries**

Polish and Romanian Borders

We held multiple daily food and toiletry distributions at key locations in Poland and Romania, as well as helping with communication, accommodation and travel options. At border locations, our volunteers served refugees directly upon crossing. We also performed a one-off distribution at Krakow railway station, where five volunteers distributed food to more than 1,000 displaced Ukrainians.

Along the Siret border in Romania, we set up dedicated communication and tech posts, where we distributed SIM cards from our partner, The Unconnected, as well as chargers, adapters and battery packs. Our volunteers reported a marked improvement in the confidence and mental wellbeing of those who had been able to hear a relative's voice and establish that they were safe. We also distributed emergency packages containing blankets, clothing, food, PPE, sanitary products and medical aid to groups along the border.



Jelenia Góra Accommodation

In March 2022, by partnering with The CONVIVO Foundation, we arranged accommodation for 25 Ukrainian refugees in Jelenia Góra, Poland, in a hotel near the border with the Czech Republic. This group of refugees consists mostly of young families. The CONVIVO Foundation is a local Polish organisation with a mission to support young people working in various fields of art and science. As Ukrainian refugees began to enter Poland, the organisation shifted focus to supporting refugee families. Through this partnership, we have been able to accommodate families in safe, warm and well-furnished housing, guarantee three meals a day, schooling and activities for the children, and arrange jobs and social roles for the Ukrainian adults in the local community. This provides purpose, education and social connection, and a semblance of normal life in these devastating times.



By providing a SIM card, charger, cable, adapter, power bank to charge their phones, and access to the internet as the refugees enter a new country, we give these families a better chance to stay together. Connectivity also means they can stay in touch with the ones left behind; they can process visas, follow the news and get to their next destination.

– Emily Malkin,
Go Dharmic Operations Executive



Impact Stories

Tyler Roy-Hampton

Tyler Roy-Hampton is a volunteer from Canada, who served with Go Dharmic for 11 days at the Medyka border of Poland with Ukraine.

“Everyone is raving about Go Dharmic and we have by far the most appreciated tent. We provide a healthy addition to all the other amazing supplies offered by the other organisations and greet everyone warmly. It is so lovely to see the faces of the people when they see the fruit. It’s as if they haven’t seen fruit in months. Some ladies began crying when they saw the bananas.”

Denis Yurych

Go Dharmic volunteer Denis Yurych is leading a team of volunteers in Kyiv, who are providing essential humanitarian relief for Ukrainian residents. The team are working tirelessly to serve elderly civilians who have been camped in bomb shelters, unable to escape to safer regions. His team have been trying to re-establish electricity supplies through the purchase of a generator, as well as obtaining bullet-proof vests and medical kits. The volunteers are ensuring hot food, hygiene facilities and medical supplies are being distributed to those trapped in the siege. As the conflict leaves the Ukrainian city of Chernihiv devastated by bombings, the trapped civilians are also suffering from the lack of gas, electricity and water supplies.

Denis explains:

“Alleviating the suffering in the disputed areas is our highest priority at this moment. Becoming a frontline volunteer wasn’t something that I was expecting... It is something that has been forced upon me by the situation. I have to do it. My family is safe now as they are in the southern part of the country. They asked me to join them, but I decided to stay back, as Kyiv is my city – if we all protect it then we can win!”



Covid-19

Oxygen Relief

When the second wave of the Covid pandemic hit, we partnered with Uber to transport our volunteers and oxygen cylinders, PPE, and other medical essentials to hospitals and medical centres in 9 cities across India. Since May 2021, we have provided 1,400+ free rides to individuals and families in need through Uber.

We also collaborated with Safe Express & Transport Company of India (TCI) who helped us build an all-India connection that can swiftly deliver and receive aid for communities. This network has been leveraged for the benefit of our beneficiaries to provide oxygen support, medical supplies, and other critical needs requirements.

Go Dharmic established various care centres across West Bengal in order to provide proper facilities to battle Covid.

1. Canning Go Dharmic Covid Care Centre, Asha Complex
2. East Midnapore Go Dharmic Covid Care Centre, Paushi
3. Sundarban Go Dharmic Covid Care Centre, Chota Mollah Khali, South 24 Parganas.
4. Murshidabad, Dhuliyon, Go Dharmic Covid Care Centre, At JDJ Institute, Kanchantala

Oxygen relief in 9 cities:

- Delhi NCR
- Mumbai
- Ahmedabad
- Vadodara
- Lucknow
- Jaipur
- Kolkata
- South 24 Parganas
- Indore



Amid challenging times, the commendable services rendered by Go Dharmic, dropping and picking up O2 cylinders, enabled the WWF to reduce the critical response time and helped save many lives. Keep going Go Dharmic.

– Prashob Saini,
Founder of WWF Frontline workers

Uber is delighted to partner with Go Dharmic to support emergency relief efforts and overcome the deadly second wave of Covid. We remain committed to supporting our communities by offering free rides to #MoveWhatMatters, including life-saving oxygen cylinders, oxygen concentrators, and medical supplies to strengthen our healthcare system and build hope in India's hour of need.

– Prabhjeet Singh,
President, Uber India and South Asia

Cyclone Yaas

On 25 May 2021, the severe cyclonic storm Yaas hit the west-central bay of Bengal and then moved north-westward and intensified. The storm continued to move and crossed the north Odisha coast, about 20km south of Balasore. The storm generated heavy rainfall in Balasore, Bhadrak, Jagatsinghpur, and Kendrapara districts in Odisha and Medinipur of South 24 Parganas in West Bengal, resulting in village-devastating floods.

Our Go Dharmic disaster response team promptly launched into action, providing disaster relief kits, including food, waterproof clothing, and clean water to 1,000 families across the Pakhirwala, Gosaba, Rajat Jubilee, and Doyapur regions of the South 24 Parganas of West Bengal. The flash campaign lasted two weeks, with Go Dharmic volunteers offering reassurance and mental support throughout.

Cyclone Yaas relief:

- **West Bengal medical and ration kits: 550**
- **Clean drinking water: 3,000 litres**
- **Beneficiaries: 4,500+**



Afghanistan

In April 2021, the US military was announced to be leaving Afghanistan following prolonged fighting with the Taliban. In response to this, the Taliban increased the rate and size of its attacks on territories in Afghanistan. By the summer of 2021, the Taliban had seized several border crossings and threatened central government positions. By 15 August they had entered the capital city. The aftermath of this fighting and chaos saw thousands of Afghan refugees fleeing – seeking asylum around the world.

While the UK government would only formally begin an Afghan resettlement scheme in January 2021, we at Go Dharmic had extended our food distributions for refugees to become hubs for basic essentials, clothes, and hot meals. Scared and traumatised, most of these refugees arrived in the UK with only the shirt on their back. We partnered with Bushey's Jewish community to provide all we could to assist the newly arrived Afghan refugees in the UK.

We set up clothing collections and distributions in parallel with our food distributions.

We had whole families come to our distribution to donate items of clothing so that these could be redistributed. We collected and distributed over 25,000 items of clothing, and gave out more than 10,000 meals over the course of our efforts. We also ensured that the new refugees had access to basic hygiene and sanitation products. It was clear that being clean and fresh was a small but powerful way of maintaining their wellbeing. Many were already struggling psychologically after months of strain, having had to abandon their homes. Some had lost contact with friends and family, and most had to come to terms with having to rebuild their lives from scratch. Being able to wash properly and perform basic ablutions helped the refugees retain a sense of dignity and self-worth.



Give Vision

Around the world, individuals are living with impaired vision simply because they cannot afford the medical bills for corrective treatments. Their disability often means they cannot work, which has a financial impact on their family.

In India, cataracts are reported to be responsible for 50-80% of bilateral blindness. Out of India's population of 13 billion, an estimated 5 million people are blind.

A report published by the All India Institute of Medical Sciences and the Ministry of Health and Family Welfare* revealed that after examining 85,135 people aged over 50 between 2015 and 2019, 1.99% were found to be medically blind, 12.92% had a severe visual impairment and 9.81% had a moderate visual impairment. Untreated cataracts were the leading cause of blindness in 66.2% of cases.

The operation to remove cataracts is relatively simple and has a very high success rate – around 95% of operations are successful, making it one of the safest and most effective operations performed. Yet the average cost per eye, in the UK, is typically £3,000-£4,000, and in India the fees of respected doctors are about the same.

Give Vision (cataract operations) is one of our more intimately-scaled but most enduring campaigns, running for over five years so far. This year, we funded and organised two cataract operations, taking the total number since launching Give Vision to 16. While this is one of our smaller campaigns, it is a life-changing event for those undergoing the operation. To be able to restore someone's sight is a unique and special opportunity, and one of our proudest efforts.

*Blindness and visual impairment and their causes in India: Results of a nationally representative survey



Impact Stories

Ushaben

Ushaben is 43 years old and lives in Baroda, Ahmedabad. She works as a housemaid and earns up to Rs 4,000 a month. She is married and has a 17-year-old son studying commerce. Her husband works as a security guard and earns up to Rs 9,000 a month. Ushaben was having gradually worsening problems with her eyesight until one day she found herself functionally blind. Everything seemed to be blurred and she was unable to distinguish objects. We stepped in and were able to help organise a cataract operation so that Ushaben could resume her job and support her family.

Govind Parthe

Govind, aged 60, became the sole breadwinner for his family after his son was killed in a road accident. Govind started to develop a partial cataract in his left eye and was having difficulty performing his work, threatening his family's financial security. It was difficult for him to undergo cataract surgery owing to his work commitments and financial pressures. Go Dharmic arranged for an excellent local doctor, Dr Prachi Patil, to perform intracapsular surgery on Govind outside his working hours to restore his sight, protecting his family's financial security.



Global projects

Mission Health

Go Dharmic UK joined with Go Dharmic India and Marico Ltd to launch the Mission Health initiative, to perform medical checks and offer prescriptions for frontline police officers and their families. The project was carried out in five locations across India: Guwahati, Pondicherry, Perundurai, Jalgaon, and Sanand. Its aim was to ensure the wellbeing of these essential workers and their families as a way to show our respect for their efforts in a time of multinational crisis. A total of 606 tests were performed, and the success of this initiative means we are in talks to perform it again in 2023.

The medical included tests for thyroid function, vitamin B12 and D levels, liver, kidney and heart function, diabetes, iron deficiency and CBC (complete blood count), as well as lipid and testosterone levels. In addition to this, an ENT specialist conducted tests to diagnose hearing problems.



Sanitation

Lack of access to clean toilets and sanitary products poses a barrier to education. It is a significant impediment to social equality and the safety of adolescent girls in India. We hold that hygiene is a basic human need – as basic as eating or breathing – and must be secured for the sake of human dignity.

To reduce the number of girls dropping out of schools due to fears around embarrassment and cleanliness, Go Dharmic UK and India partnered with the Oil and Natural Gas Corporation to establish 20 Tata Steel Nest-In Ezynest Modular toilets in government schools across the Nazira and Jorhat regions of Assam. We specifically targeted all-girls' schools to prevent students from needing to go out into fields, railways, garbage dumps, parks and roadside ditches. This puts the girls at risk from strangers, certainly fails to provide adequate sanitary equipment, and can be humiliating and degrading to the girls. In providing these new facilities, we have provided for the long term safety and dignity of these girls, and have removed a significant reason they would have to drop out of education.



EVENT HIGHLIGHTS



108 Chalisas With Krishna Das for Covid Relief

On 27 April 2021, we invited over 30 singers and chanters to perform 108 Hanuman Chalisas to raise funds for our India Covid Relief initiative. The virtual event was live streamed on Facebook, with thousands watching during the nine-hour performance and many more seeing the recording, reaching a total of 200,000 people.

We were delighted to partner with Jalaram TV, Jalaram Mandir Greenford and Shree Sanatan Mandir Luton, who helped to spread dharmic action and the significance of Hanuman Jayanti to a wider audience.

We were fortunate to have Krishna Das, who has been named yoga's "rock star", sing with us for the event. He has moved chanting out of yoga centres and into concert halls, becoming a worldwide icon and the best-selling western chant artist of all time. Krishna Das is a great supporter of our work and has opened up his network to Go Dharmic.

We also had Nina Rao, who was taught traditional chants (bhajans) by her grandfather in a village in south India when she was just nine years old. These chants "marinated" in her, Nina recalls, until she heard the chanting of Krishna Das in New York in 1996 and embraced a dharmic-centred way of life. She is a powerful example of how ideas such as ahimsa and seva can change how someone lives their life.

The event radiated joy and energy and raised vital funds for those suffering during the pandemic. The Hanuman Chalisa is a prayer that provides strength and love. To have so many phenomenal people singing and chanting was a spiritual and communal earthquake. As well as raising £2,064, the event helped to centre and comfort people in a time of worldwide crisis.

Featuring:



Krishna Das



Nina Rao



Tim Chalice



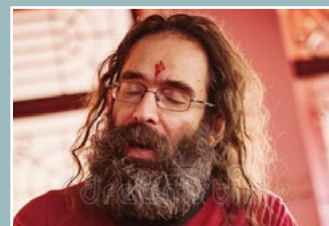
Sivani Mata



Shyama Chapin



Sai Priya



Jaya Deva

Mount Snowdon

The Go Dharmic 2021 Challenge was to climb Mount Snowdon (Yr Wyddfa in Welsh), the highest peak in Wales. At an elevation of 1,085 metres above sea level, Snowdon is one of the highest points in the British Isles. An estimated 600,000 people attempt to scale it every year.

We had 33 adventurers sign up for the challenge. Between 3 and 5 September, the group braved difficult conditions to scale Mount Snowdon. Everyone completed the climb safely and spoke warmly of the sense of camaraderie and family they had built up on the journey.

Go Dharmic's central team carefully arranged travel plans and essentials for each mountaineer, providing meals, accommodation at YHA Idwal Cottage and spare emergency apparel.

We raised over £10,000. The funds went to Feed Everyone and Shape a Future. The challenge also extended Go Dharmic's profile, reaching an estimated 1,000 people.

A physical and mental challenge such as scaling a mountain provides fertile ground for personal growth. Our fundraisers aim to give participants a sense of accomplishment as well as raising funds for our causes.

Dharma concerns everyone, so we encourage all our volunteers and beneficiaries to flourish, just as they help Go Dharmic to grow. In a deep sense, the roles of giver and beneficiary are blurred – we all give and we all receive – so we work hard to raise the wellbeing of our team and volunteers through our campaigns and events.



The challenge raised over £10,000
#CharityChallenge2021



Ahimsa and the Environment

Ahimsa and the Environment was a global awareness event hosted by Go Dharmic on 31 October 2021, ahead of COP26. Its purpose was to champion the ancient Vedic concept of Ahimsa (non-harming) as an effective strategy to - counteract climate change and environmental disasters. Go Dharmic provided a platform for the voices of eminent environmental supporters to be heard by people around the globe.

Hanuman Dass wrote an open letter to the heads of state attending COP26, calling for them to make personal changes, such as going vegan, to lead by example and inspire others to take up the principles of Ahimsa. He made an impassioned plea to governments worldwide to recognise the critical need to restore and protect our planet and respect all living beings.

Ahimsa and the Environment took place online over seven hours in the lead-up to COP26. A host of eminent speakers considered the many ethical problems we face, such as humanitarian crises caused by rising global temperatures, animal welfare, freedom of choice and world hunger. They explained how Ahimsa can be applied to these issues as a simple and effective multi-purpose solution.

For example, widespread adoption of a plant-based diet would drastically reduce the amount of water needed for food production, enable more efficient land use to grow nutritionally high-quality foods, reduce the suffering of animals through mass farming and slaughter, and reduce atmospheric carbon because plants absorb and store huge quantities of CO₂. It would also reduce food insecurity, malnourishment and health problems, reverse gas-based climate change, promote animal welfare and support biodiversity. Ahimsa shows us how minimal changes can have maximal effects.

The Ahimsa and the Environment event reached more than 2 million people online, with many organisations watching and partnering for Climate Action in a united effort to reduce and reverse the damage done to our planet.



I strongly believe that if Ahimsa is applied to all aspects of global society, we can reduce the harm we cause to our planet and its inhabitants.

**– Hanuman Dass,
Founder and Chairman, Go Dharmic**

Non-violence (Ahimsa) is an active force of the highest order. It is soul force or the power of Godhead within us... even an infinitesimal fraction of it, when it becomes active within us, can work wonders.

– Mahatma Gandhi

Voices for Ahimsa Invitees and speakers included:

1. **Alok Sharma MP**, COP26 President
2. **Satish Kumar**, Ecologist, founder of Schumacher College and The Small School, Editor Emeritus of Resurgence
3. **Dr Nicholas Sutton**, Director of Continuing Education, Oxford Centre for Hindu Studies
4. **Supreme Master Ching Hai**, World-renowned spiritual leader, philanthropist, humanitarian, artist and bestselling author
5. **Krishna Das**, Sacred chant musician
6. **Sadhvi Bhagwati Saraswati**, President and spiritual leader of the Divine Shakti Foundation
7. **Maneka Gandhi**, Environmentalist and member of Lok Sabha India
8. **Swami Chidanand Saraswati**, President and spiritual head of Parmarth Niketan Ashram
9. **Sailesh Krishna Rao**, Founder and Executive Director of Climate Healers
10. **Ela Gandhi**, South African peace activist
11. **Iyad Abumoghli**, Founder and Director of UNEP's Faith for Earth Initiative
12. **Hanuman Dass**, Founder and Chairman, Go Dharmic
13. **Sister Jayanti**, European Director, Brahma Kumaris and Regional NGO Representative to the United Nations, Geneva



Alok Sharma



Ela Gandhi



Maneka Gandhi

COP26

The Conference of Parties 26th global environment meeting (COP26) took place in Glasgow from 31 October to 12 November 2021. Representatives from countries that are part of the agreement assembled to discuss worldwide climate danger and United Nations Framework Convention on Climate Change (UNFCCC) related policies. Four overarching goals had been set for COP26, which guided the course of negotiations and drove the key outcomes:

- **Secure global net zero by mid-century and keep warming of no more than 1.5°C within reach**
- **Adapt to protect communities and natural habitats**
- **Mobilise finance**
- **Work together to deliver the goals**

These goals would have hard implications for industry and business. A focused Go Dharmic team was present throughout COP26. We worked closely with Alok Sharma MP and the leading COP team, participating in a variety of discussions and providing the leading voice of Ahimsa as an actionable climate principle.

We have already seen the power of a concept like ahimsa, avoiding the harm of any living thing, which has inspired profound political change. And, today, such faith could guide us to live in peace with our planet. Faith communities can and have enabled change, because when you speak, you influence, and when you act, you inspire.

– Alok Sharma MP,
President of COP26



Go Dharmic's aim for COP26

While COP26 promised to create pivotal momentum towards the success of climate objectives, we aimed to be part of this message by promoting peace, compassion and non-violence through serving the poorest members of society and the environment.

To us, the principle of Ahimsa (non-violence) is key to the restoration of planet Earth and to encourage respect for all living beings. We seek to educate society to embrace a conscious effort, a positive action, of non-violence – not a lack or absence of action – as a practical means of achieving climate change objectives and directing people towards a kinder and more symbiotic relationship with nature.

Our principal goal was to ensure the participants of COP26 were aware that Ahimsa is an actionable and effective guiding light to support and fulfil the COP26 objectives.

The way we're currently living doesn't work. This model of living, where we just keep producing more and more, is a model for an infinite world... We need to find a new and sustainable way of living, and I believe that way is by incorporating the idea of Ahimsa into our lives. I wanted to bring together voices who are keen to promote love for our planet.

– Hanuman Dass,
Founder and Chairman, Go Dharmic



Go Dharmic's impact

We made the case that there can be no peace, no environmental justice, no true sustainability without Ahimsa. We educated and inspired individuals and groups to seriously consider the merits of this most important of social principles.

In under 48 hours, we spoke to over 1,000 people about Ahimsa, and interacted with groups and corporations including Esso and BP. Few of them had prior acquaintance with the concept of Ahimsa or how it could be applied to the climate crisis. Some were guarded against the idea because it was unfamiliar and from a cultural tradition they knew little about, but many found it a unique and stimulating approach to addressing climate change.

The power of Ahimsa is that it can be applied on both the micro and macro level. It maximises results. It allows everyone to take part in resolving the greatest crisis of our century. Our efforts helped to progress the climate discussion at COP26 and deepened the way in which many attendees conceptually framed the issues and policy options.

WHY GO PLANT-BASED?

Applying Ahimsa would help to implement the stated goals of COP26:

- Drastic reduction in water use
- More efficient use of farmland, producing more nutritious food
- Less suffering to animals through mass farming and slaughter
- Plants absorb huge volumes of atmospheric carbon, counteracting CO2-driven climate change
- Protects biodiversity and fragile habitats

Over 1,000 people were introduced to Ahimsa as a climate solution in under 48 hours.

At COP26, I was dismayed by the lack of awareness of Ahimsa. It was disappointing to see the lack of representation of ancient Indian ideas such as dharma, which are crucial to our survival and have so much to add to the discussion. COP and the climate discussion are suffering from a huge intellectual void by overlooking these powerful ideas.

– Hanuman Dass,
Founder and Chairman, Go Dharmic



MOVING FORWARD 2022-2023

Looking to the year ahead, Go Dharmic will continue to build the beloved community. It will cross into new locations to raise wellbeing and fulfil the promise for a better future. The Go Dharmic of the future will be a platform that exalts and supports people from all walks of life: all creeds, all nationalities, all ethnicities, all people will be welcomed with open arms and hearts. Through the non-harming principle, Ahimsa, Go Dharmic will go on working to bring about peace between people and peace with the environment.

In 2022-23, Go Dharmic aims to:

- Set up five new food distributions globally
- Expand 10 existing food distributions
- Deliver 5 million meals globally
- Plant over 75,000 mangroves for the Dharma Forest
- Develop two new Good Karma charity stores
- Create a documentary demonstrating how ahimsa can reverse environmental damage
- Reinstigate the annual "Salt Ride" event that will retrace Gandhi's historical Salt March route: where he walked for social justice, we shall cycle for the environment
- Provide over 1,000 online education licences for children
- Perform 1,000 medical checks for essential workers
- Service and develop over 100 libraries
- Service and develop 50 sanitation facilities ensuring appropriate hygiene for school attendees
- Reach new audiences for climate security and climate justice
- Globally benefit over 500,000 children through feeding and education initiatives



Staffing, volunteers and organisation

Go Dharmic is a volunteer-based organisation, with over 10,000 volunteers globally. We operate through a small team, which allows us to deploy the vast majority of the donations we receive in our numerous campaigns. The majority of our distributions are set up, led, and coordinated entirely by volunteers, including: food collection, meal preparation, marquee and table setup, communication, and distribution. We make every effort to train each new volunteer with our Safeguarding Policy and perform a DBS check for those operating within the UK.

For the campaigns and projects that operate outside the UK – such as Global Disaster Relief – we principally utilise volunteer teams that are composed of locals, or staff from our various partners. In certain instances we will send a member of our UK staff to coordinate a project, as we have done in our relief efforts on the Romanian and Polish borders with Ukraine.

We believe that this strategy maximises our flexibility, permitting us to act and mobilise quickly and perform campaigns in locations where it may be impractical or costly to send UK staff. As our volunteers are typically composed of locals, this also ensures that the communities where the charitable impact is taking place are consulted and closely involved. We do not believe in simply imposing what we may believe to be a benefit, when the local beneficiaries do not. This is avoided by involving locals in the planning, organisation, and execution of projects. It is, however, a structure that we carefully monitor and review annually with the Board of Trustees.

Chair:

Hemal Randerwala (Hanuman Dass)

Board of Trustees:

Swaminathan Vaidyanathan

Dr Nicholas Sutton

Korat Pulkit

Sheena Randerwala



Youth empowerment

Go Dharmic has run a dedicated mentorship and youth empowerment programme, taking on many dedicated young adults as core staff and lead volunteers. Go Dharmic's Founder and Chairman has offered guidance and inspiration to the younger generation, instilling a healthy work ethos, as well as a positive mental attitude, demonstrating that individuals can achieve far more than they may believe if they apply themselves and are self-aware.

Taking inspirational young people such as Vanessa Nakate, Malala Yousafzai, and Greta Thunberg as role models, Go Dharmic exalts the power and influence of the younger generation and believes that they can offer a unique insight, energy, and compassion in the execution of campaigns.



Thomas Greengrass,
Go Dharmic's Head Copywriter, Editor,
Press and Communications Executive

"I work closely with GD's chairman, whose indomitable drive to spread compassion across the world has been an inspiration. I have gained incredible experience in writing, editing, press, communications, social media and logistics, as well as local and international operations. Beyond forging and honing new skill sets, being part of GD has raised my consciousness, making me more aware of my actions and the consequences they have on others and on the planet. It has given me insight into the charity sector and has been a profoundly moving experience. GD shows that kindness and compassion really are insuppressible forces and through them everyone is better off."

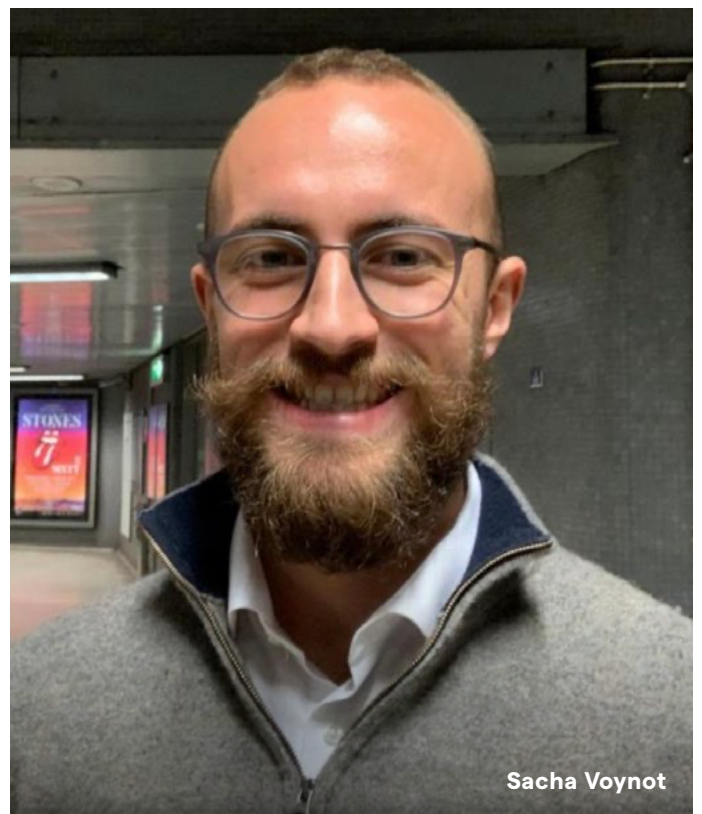


Kashmea Wah,
Head of Go Dharmic's
Harrow distribution

"I joined GD in 2018 because I wanted to help a charity which served everyone, regardless of who they are. Since then, I've volunteered at the Wembley and Charing Cross distributions and helped Go Dharmic set up the Harrow food distribution. I've gained a lot of experience in social outreach and the recruitment process, especially in how to build and maintain connections with students. Being part of GD has helped me gain a new perspective on the modern world and showed me how every person can make society better. They have given me the faith and confidence to stand up and take action. I know that when you have a passion, a vision, and a desire to help, you can change lives. This lesson is something I hope to carry with me into the future."



Martin Dover



Sacha Voynot

Good Karma stores

Unlike other charity shops, which tend to be eclectic stores of goods that rarely reflect the campaigns of the core charity, the Good Karma stores are designed to be outlets that adhere to and express Go Dharmic's campaigns. The stores prioritise and promote animal-free products that are sustainable and affordable. The products sold must be affordable for buyers, in line with our poverty alleviation initiatives, while also being environmentally friendly. The stores must also be staffed by those familiar with Go Dharmic's wider work and campaigns.

We see these stores as fertile ground for the setting up and expansion of food distributions, partnerships, and campaigns. There were two stores open during this report period. The first was in Slough, in the Queensmere Observatory shopping centre, which stocked traditional Indian clothing and accessories. The second was on Hampstead High Street, which stocked a variety of clothes, furniture, and books. This proved to be especially popular because of its prime location and diversity of affordable furniture, including tables, chairs, and wardrobes.

We intend to grow the Good Karma stores, with plans to revitalise and expand the initiative in the first quarter of 2023.



Reserves policy

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the situation, and any other internal or external risk factors that might impact on the level of reserves required.

The reserves policy is based on the level of free reserves.



Safeguarding

Policy statement

Go Dharmic recognises that the welfare of children, young people and vulnerable adults is paramount and that they all, regardless of ability or culture, have equal rights of protection. GD has a duty of care and will do everything it can to provide a safe, caring and secure environment for them while they are engaged in GD activities.

Go Dharmic ensures that its safeguarding policy and any associated procedures and training comply with the Charity Commission's guidance on good practice in safeguarding children, young people and vulnerable adults, and that safeguarding arrangements are proportionate to the risks involved.

Go Dharmic will:

- **Ensure all staff have access to, are familiar with, and know their responsibilities within this policy**
- **Design and undertake all its programmes and activities in a way that protects people from any risk of harm that may arise from their coming into contact with Go Dharmic Welfare. This includes the way in which information about individuals in our programmes is gathered and communicated**
- **Implement stringent safeguarding reporting procedures when recruiting, managing and deploying staff and associated personnel**
- **Ensure staff receive training on safeguarding at a level commensurate with their role in the organisation**
- **Follow up on reports of safeguarding concerns promptly and according to due process**

Staff members who have a complaint or concern relating to safeguarding should report it immediately to their Designated Safeguarding Lead (DSL) or immediate manager. If the staff member does not feel comfortable reporting to their Designated Safeguarding Lead or immediate manager (for example if they feel that the report will not be taken seriously, or if that person is implicated in the concern) they may report to any other appropriate staff member.

Go Dharmic will accept complaints from external sources such as members of the public, partners and official bodies. The DSL will receive and deal with any complaints made against GD staff and volunteers in terms of safeguarding.



Risk management

Our approach to risk management is organised around a potential cost-benefit analysis, composed of staff, volunteer, and beneficiary safety. Our central staff judiciously consider the likelihood and gravity of any negative consequences that could take place from any and all of our campaigns and projects, and weigh these against the potential benefits. The team performs this calculation, giving greater weight to potential risks, prioritising safety.

To illustrate with an example of this process, for our Kyiv relief efforts, we concluded that we could not send a disaster relief team, nor send any staff from the UK, as even if a team could enter Ukraine the danger the team would be placed in would be too high, as well as disproportionate to the aid that they could provide; instead, we worked out that we could make a more substantial impact and minimise risk by supporting volunteers that were already in Kyiv.

For our distributions, we have a dedicated risk assessment guide and response sheet, divided between 11 Hazard criteria, with categories for:

- **Type of risk (falls, cuts, loss of property, food poisoning, mental harm, etc.)**
- **To who (volunteer, staff, beneficiary)**
- **Likelihood (low-high)**
- **Magnitude of risk (low-high)**
- **Mitigation**
- **Review period**

Covid-19 pandemic

In the UK, we adhered to Government guidelines, with the staff observing the Lockdowns, and working remotely when possible. Across the globe, we worked to ensure all of our volunteers and staff had PPE, observed 2 metre distancing and regularly washed or sanitised their hands to minimise the risk of infection or of spreading Covid-19. These measures were taken to protect our staff, volunteers, and beneficiaries alike.

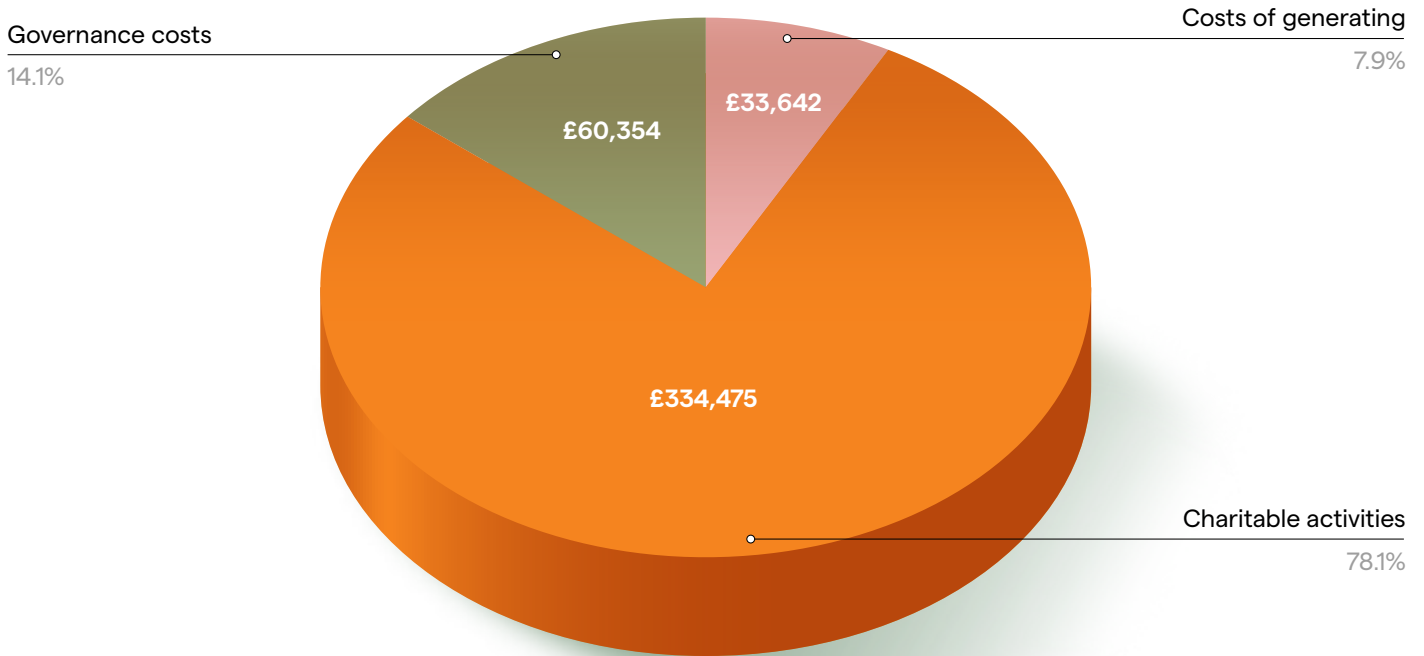


Statement of financial activities

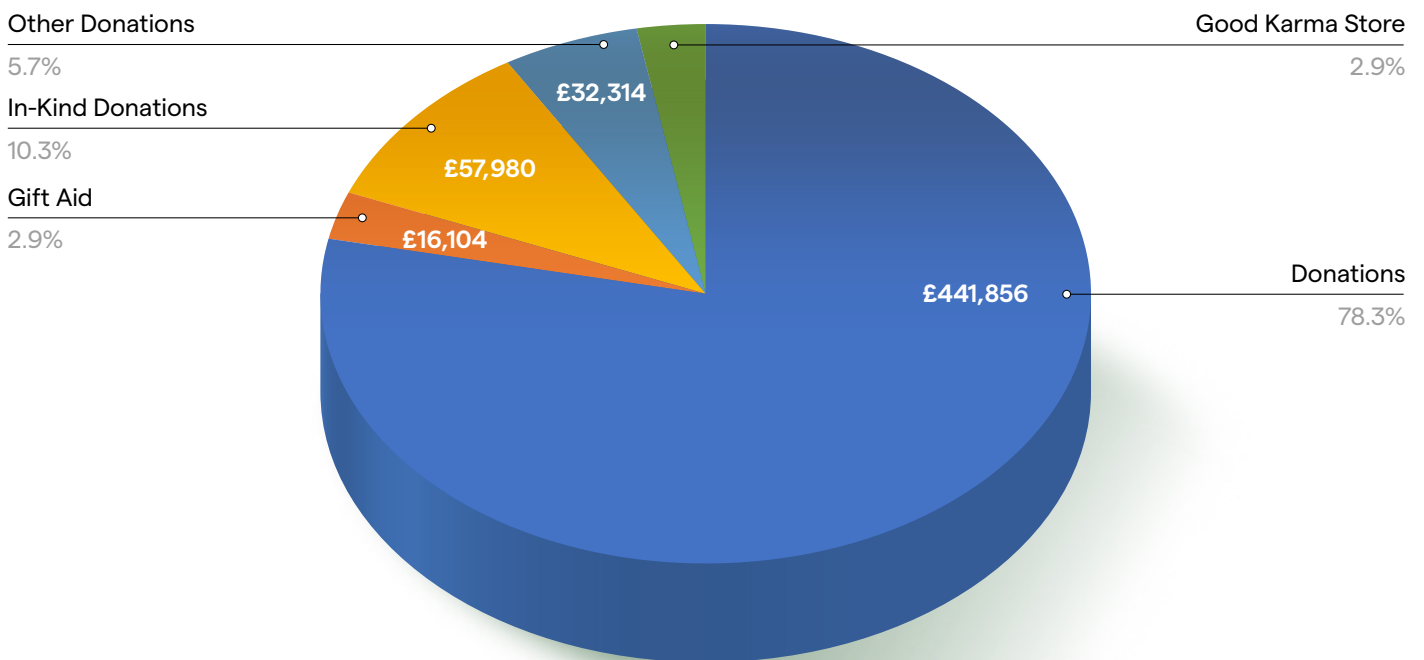
For the Year Ended 31 March 2022

Analysis of incoming resources	2022	2021
Voluntary income	£	£
Donations	441,856	77,847
Gift Aid	16,104	2,654
Covid-19 Food Support	-	16,990
In-kind Donations	57,980	63,441
Other Donations	32,314	107,798
Good Karma Sales	16,242	-
Sub-total	564,496	268,730
Activities for generating funds		
DEFRA Grant - Food Distribution	-	99,999
Other Grants	25,700	29,700
Sub-total	25,700	129,699
Total incoming resources	590,196	398,430
Analysis of resources expended	2022	2021
Costs of generating voluntary income	£	£
Subcontractor costs	4,446	19,923
Subscription (Advert)	4,168	2,393
Website & Software expenses	4,188	17,045
Direct Expenses	5,790	2,572
Rent	15,050	5,190
Sub-total	33,642	47,123
Charitable activities		
UK Feeding Projects	115,321	85,798
International Welfare Activities	152,927	18,635
DEFRA Food Distribution	-	99,999
The Waste and Reso Wrap	-	16,030
Environmental Awareness	9,120	2,969
Digital Social Action Campaigns	24,124	-
Go Dharmic Events	8,650	-
Good Karma Project	24,333	-
Sub-total	334,475	223,431
Governance costs		
Travel for Feeding Project	6,902	1,881
Telephone expenses	716	352
Printing cost	302	1,947
Accountancy Fees	1,200	1,200
Depreciation	7,523	1,973
General Expenses	-	2,598
Bank Charges	148	-
Repairs & Maintenance	-	488
Insurance	3,803	-
Wages and Salaries	38,971	11,330
Pension Cost	789	-
Sub-total	60,354	21,769
Total resources expended	428,471	292,323
Net incoming/(outgoing) resources	161,725	106,107

Total Payments (£428,471)



Total Receipts (£590,196)



Report of the Trustees and Unaudited Financial Statements for the Year Ended 31 March 2022 for Go Dharmic Welfare UK

- Report of the Trustees
- Independent Examiner's Report
- Statement of Financial Activities
- Balance Sheet
- Notes to the Financial Statements
- Detailed Statement of Financial Activities

Report of the Trustees

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

1171619


Principal address

Suite 119C, Business Design Centre 52 Upper Street
Islington
London
N1 0QH

Trustees

H Randerwala
Ms S Randerwala
K Pulkit
Dr N Sutton
S Vaudyanathan

Approved by order of the board of trustees on 31st January 2023 and signed on its behalf by:



Hanuman Dass

(Hemal Randerwala - Chairman of Go Dharmic)

Independent Examiner's Report

Independent examiner's report to the trustees of Go Dharmic Welfare UK I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145©(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Dharmendra Jeshani, FCCA
Association of Chartered Certified Accountants
Alpha House
296 Kenton Road
Harrow
HA3 8DD
Date: 31/01/2023

Statement of Financial Activities

As at 31st March 22

		Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	425,850	164,348	590,197	398,429
		425,850	164,348	590,197	398,429
EXPENDITURE ON					
Raising funds	3	419,351	9,120	428,471	292,323
Total resources expended		419,351	9,120	428,471	292,323
Net (expenditure) / Income for the year					
Net movement in funds		6,499	155,227	161,726	106,106
Total funds brought forward		78,170	38,642	116,812	10,706
TOTAL FUNDS CARRIED FORWARD		84,669	193,869	278,538	116,812

Balance Sheet

As at 31st March 2022

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	6	28,117	7,892
CURRENT ASSETS			
Cash at bank		253,855	111,419
		253,855	111,419
Creditors: amounts falling due within one year	7	(3,434)	(2,499)
Net current assets		250,421	108,920
Net assets	8	278,538	116,812
Income funds			
Restricted funds		193,869	78,170
Unrestricted funds		84,669	38,642
SHAREHOLDERS' FUNDS		278,538	116,812

Notes to the Financial Statements

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GO DHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

1.2 Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

1.3 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1.4 Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK International plc are included within incoming resources and resources expended at an estimate of their value to the Trust.

1.5 Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK International plc are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

1.6 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

1.7 Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.8 Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

1.9 Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

1.10 Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

1.11 Fund accounting

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees

Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

1.12 Investments

Investment funds are held at Barclays Bank in an interest-bearing bank account.

1.13 Foreign currency

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1.14 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

1.15 Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

1.16 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

2 Incoming resources from charitable activities

	Unrestricted funds £	Restricted funds £	2022 £	2021 £
INCOME FROM DONATIONS AND LEGACIES	425,850	164,348	590,197	398,429

Included within income relating to Income donations and legacies

Donations	321,478	120,378	441,856	77,847
Gift Aid	16,104	–	16,104	2,654
In-kind Donations	57,980	–	57,980	63,441
DEFRA Grant Food Distribution	–	–	–	99,999
Other Grants	–	25,700	25,700	29,700
Good Karma sales	16,242	–	16,242	–
Covid-19 Food Support	–	–	–	16,990
Other Donations	14,045	18,270	32,315	107,798
TOTAL	425,850	164,348	590,197	398,429

3 Raising Funds

	2022 £	2021 £
Raising donations and legacies		
Support costs	418,562	292,323

4 Activities undertaken directly

	2022	2021
	£	£
Other costs relating to comprise:		
Subcontractor costs	4,446	19,923
Subscription (Advert)	4,168	2,393
Website & Software expenses	4,188	17,045
Direct Expenses	5,790	2,572
Rent	15,050	5,190
UK Feeding Projects	115,321	85,798
International Welfare Activities	152,927	18,635
DEFRA Food Distribution	–	99,999
The Waste and Reso Wrap	–	16,030
Environmental Awareness	9,120	2,969
Digital Social Action Campaigns	24,124	–
Go Dharmic Events	8,650	–
Good Karma Project	24,333	–
Travel for Feeding Project	6,902	1,881
Telephone expenses	716	352
Printing cost	302	1,947
Accountancy Fees Depreciation	1,200	1,200
General Expenses	7,523	1,973
Bank Charges	–	2,598
Repairs & Maintenance	148	–
Insurance	–	488
Wages and Salaries	3,803	–
Pension Cost	38,971	11,330
	789	–
TOTAL	428,471	292,323

5 Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the period ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the period ended 31 March 2021

6 Tangible fixed assets

	Plant, machinery and motor vehicles £
Cost	
At 1 April 2021	9,865
Additions	27,748
At 31 March 2022	37,613
Depreciation	
At 1 April 2021	1,973
Charge for the year	7,523
At 31 March 2022	9,496
Net book value	
At 31 March 2022	28,117
At 31 March 2021	7,892

7 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	1,200	-
Other creditors	2,234	2,499
TOTAL	3,434	2,499

8 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	2022 £	2021 £
Fund balances at 31 March 2022 are represented by:				
Tangible fixed assets	28,117		28,117	7,892
Current assets	59,986	193,869	253,855	111,419
Creditors: amounts falling due within one year	(3,434)		(3,434)	(2,499)
TOTAL	84,669	193,869	278,538	116,812

9 Related party disclosure

There were no related party transactions for the year ended 31 March 2022.

Detailed Statement of Financial Activities

For the year ended 31st March 2022

	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations	441,856	77,847
Gift Aid	16,104	2,654
Covid-19 Food Support	–	16,990
In-kind Donations	57,980	63,441
Other Donations	32,314	107,798
Good Karma Sales	16,242	–
DEFRA Grant - Food Distribution	–	99,999
Other Grants	25,700	29,700
TOTAL	590,196	398,429
EXPENDITURE		
Subcontractor costs	4,446	19,923
Subscription (Advert)	4,168	2,393
Website & Software expenses	4,188	17,045
Direct Expenses	5,790	2,572
Rent	15,050	5,190
UK Feeding Projects	115,321	85,798
International Welfare Activities	152,927	18,635
DEFRA Food Distribution	–	99,999
The Waste and Reso Wrap	–	16,030
Environmental Awareness	9,120	2,969
Digital Social Action Campaigns	24,124	–
Go Dharmic Events	8,650	–
Good Karma Project	24,333	–
Travel for Feeding Project	6,902	1,881
Telephone expenses	716	352
Printing cost	302	1,947
Accountancy Fees	1,200	1,200
Depreciation	7,523	1,973
General Expenses	–	2,598
Bank Charges	148	–
Repairs & Maintenance	–	488
Insurance	3,803	–
Wages and Salaries	38,971	11,330
Pension Cost	789	–
TOTAL	428,471	292,323



ENGLAND AND WALES GO DHARMIC

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[godharmic](https://www.facebook.com/godharmic)



[godharmicnow](https://twitter.com/godharmicnow)



[godharmic108](https://www.instagram.com/godharmic108)



[GoDharmic](https://www.youtube.com/GoDharmic)



[GoDharmic](https://www.linkedin.com/company/GoDharmic)

GO DHARMIC WELFARE UK

England & Wales - Charity number 1171619

Accounts



GO DHARMIC WELFARE UK

TRUSTEES' REPORT AND FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2021



England Charity Number: 1171619
Scotland Charity Number: SC050775

REFERENCE AND ADMINISTRATIVE INFORMATION

REGISTERED OFFICE

Go Dharmic Welfare Uk
Suite 119C
Business Design Centre
52 Upper Street
London N1 0QH

CHARITY NUMBER (England)

1171619

INDEPENDENT EXAMINERS

Dharmendra Jeshani, FCCA
Fraser Young Ltd
Association of Chartered Certified Accountants
Alpha House
296 Kenton Road
Harrow
HA3 8DD

ACCOUNTANTS

Kaushal Patel, FCCA
Rshah Accounting Services Ltd
33 The Bramblings
Amersham
Buckinghamshire
HP6 6FN

BANKERS

BARCLAYS BANK
Leicester, LE87 2BB, United Kingdom

The Charity Trustees for the purposes of the Charities Act 2011, present their Annual Report for the year ended 31 March 2021 under the Companies Act 2006 and the Charities Act 2011, together with their financial statements for the year.

The Trustees confirm that the latter comply with the requirements of the Charities Act 2011, the Companies Act 2006, the Company's Memorandum and Articles of Association and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

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INTRODUCTION



The first year of the COVID pandemic brought significant challenges to people across the world. Neither the poor or rich escaped isolation, loneliness, loss of loved ones or health concerns. During the worst pandemic in living history, the Go Dharmic community played a significant role in serving those in need. Go Dharmic members, new and old, were called into action around the world delivering food, medical aid, support, clothing and most importantly love. Over 3000 individuals have served tirelessly with Go Dharmic over the past year and it is our mission to continue to build what Vinoba Bhave called the 'Shanti Sena' Peace Army and what Dr Martin Luther King described as the 'Beloved Community'.

The request to join Go Dharmic is a request to understand the highest purpose of our lives, which is to share love and compassion. As we build a community of peace - ready to serve in any given situation, we do so with the principles of Sanatana Dharma at our core. The Dharma of humanity is to love everyone and act for the benefit of all living beings. Ten active local chapters across the UK, from London to Glasgow expanded their services to help anyone in need in their local areas. We have received significant support from Hindu temples and communities across the UK who continue to utilise Go Dharmic as a medium for the expression of Sanatana Dharma based social services. Luton Sanatana Seva Samaj and the Shree Kutch Satsang Swaminarayan temple have played incredible roles of support. The core of our services have been the provision of food support and supporting global efforts to help people suffering from the pandemic.

It is the greatest honour of my life to serve alongside such kind-hearted people who give their talents and time towards helping the less fortunate. In Glasgow, we have seen incredible voluntary service helping underprivileged school children and the homeless, in Luton, our community continues to lead the path to a hunger-free town. All of these groups are pillars of local society and able to help those in need.

I also cannot appreciate all of the generous donors who trust and put faith in Go Dharmic to execute their social welfare commitments both here in the UK and abroad. This report summarises our work in the spirit of Sanatana Dharma to Love all, Feed all and Serve all, but more than this, it lays the foundation for the future of Go Dharmic as a community based on the idea that the greatest thing we can do in our lives is to help others. Neem Karoli Baba taught us that love is the strongest medicine, it is more powerful than electricity, and we aim to be spooned to help simply serve that medicine.

All love,

Hanuman Dass
(Hemal Randerwala - Chairman of Go Dharmic)

WHAT WE DO - OVERVIEW

Go Dharmic is a digital-first charitable organisation that brings people from all walks of life together to Love all, Feed all, Serve all. We through online and offline campaigns propagate the ideas of Sanatana Dharma for the welfare of all beings.

We use the Go Dharmic app, local Whatsapp Groups, Social media and other technology tools to connect people who want to make a difference and actively get involved with service-related activities locally and internationally.

Local groups are guided by local leads who report to the trustees of the Organisation and the Chair Hanuman Dass. Local groups will have the freedom to express their vision for local needs and within the framework of the Go Dharmic principles, launch campaigns and initiatives to serve within their local communities.

We seek to influence society towards the values of Dharma in a progressive manner, our principles are the cornerstones of our advocacy and we use modern digital tools to increase our reach and expand to new regional areas. We express deep concern for the Environment, poverty and seek to operate social action service across all United Nations development goals.

Our Local food distributions are the cornerstones of our groups where people come together to serve the vulnerable through street food service. These distributions expand our feelings of love and compassion for others and put us in good stead when the greater need arises.

MISSION

Our mission is love and compassion. The core of Sanatana Dharma is to love all, serve all and feed all and whether in times of peace or great trauma Go Dharmic is a call to help relieve suffering wherever it exists, in whatever form it exists.

PRINCIPLES

Go Dharmic and it's principles are universally applicable for all of us, regardless of belief or creed. Dharma is that which is best for the welfare of all living beings.

Love - Prema

Compassion - Karuna

Non-harming - Ahimsa

Friendship - Maitri

Truth - Satyam

Selfless Service - Seva

Charity - Danam

Peace - Shanti

OBJECTIVES AND ACTIVITIES

Go Dharmic Welfare UK is a registered CIO. Go Dharmic has a strong culture aiming for the benefit of all living beings and our planet through honest acts of kindness, compassion and love. This stems from the charity's outlook "vasudhaiva kutumbhakam", "the world is one family" and "Dharma", a cosmic law underlying right behaviour and social order. Go Dharmic looks to reduce the likelihood of injustice through social action plans and marketing thereof, establishing a more Dharmic world. Go Dharmic does not recognise international borders and, instead, operates as a universal charity aiming to relieve suffering unconditionally. Through the deployment of unpaid volunteers and staff for disaster relief support, educational projects and other humanitarian action campaigns, the charity covers action across all 17 United Nations Global Goals. This, alongside the charity's culture of empathy, brings about compassion and willingness amongst its volunteers and those they help.

The Trustees have had due regard to the Charity Commission's guidance on public benefit when considering the Trust's objectives and activities.

RESERVES POLICY

Go Dharmic's free reserves are held in order to manage the risks to which the charity is exposed in the course of its activities. The Trustees ensure that the Charity is in a responsible and secure financial position to provide services, to absorb unforeseen setbacks and to take advantage of opportunities that are in line with our charitable mission.

The reserves policy is reviewed annually by the Trustees, to take account of changes to the environment, and any other internal or external risk factors that might impact the level of reserves required.

The reserves policy is based on the level of free reserves.

As of 31st March 2021, Go Dharmic had free reserves of £50K.

FINANCIAL REVIEW

The Charity's total fundraising income in the year was **£398,430** (2019: £56,261). Donations totalling **£268,730** (2019: £56,261) and total grants were **£129,700** were recognised in the year. The Charity's net expenditure for the year was **£292,322** (2019: £60,152). Reserves carried forward are **£116,812**.

GRANTS & EXECUTION:

Go Dharmic is committed to supporting third sector organisations to help them deliver projects and activities that have a positive and beneficial impact on communities. Funding is provided where it is demonstrated that positive impact will be made, aligned to Go Dharmic's mission.

In this period, Go Dharmic provided financial aid and successfully executed the projects in India, Uganda, Nigeria, Morocco, Cuba, Nepal and Lebanon.

INVESTMENT POLICY AND PERFORMANCE

As at 31 March 2021, the Go Dharmic assets were held with Barclays Bank. There is an active search for Go Dharmic to acquire a physical centre in London but no plans have been made as yet. All, GO DHARMIC WELFARE UK employees, volunteers and trustees have been encouraged to continue to fundraise for Go Dharmic.

SIGNIFICANT ACTIVITIES AND IMPACT

GLOBAL FOOD DISTRIBUTION

Food distribution is at the centre of our organisation. Go Dharmic communities distribute food to people in need as a way of sharing love and compassion.



TOTAL MEALS 3,079,315

Over the COVID impacted period of this report. Go Dharmic has been able to mobilise, promote and execute food distributions totalling over 3 million meals.

HUNGER FREE LUTON

Go Dharmic started in Luton nine years ago with an idea of 'Love all, Feed all'. We aim to make the town hunger-free by distributing free meals to the homeless and poor families. Our 'Feed Everyone' campaign has been running for many years now with volunteers distributing hundreds of free meals to anyone in need every week. Over the years we have also established a dedicated community of volunteers in Luton who carry out the feeding campaigns independently. Then came the Coronavirus pandemic which caused a setback to our regular activities for the locals. But as they say, every calamity comes with an opportunity. We decided to help anyone and everyone in Luton who was affected by the Coronavirus lockdown as the need for our services significantly increased.

Go Dharmic Luton led by Arti Patel and Priti Tailor established free school meal packs with schools across Luton and street food distributions which have helped thousands of meals to vulnerable school children across Luton.

We have also delivered 10,000+ free meals for elderly and isolated citizens, and every week distribute free meals in the town centre to homeless and vulnerable members of the community.



EXPANDING INTO SCOTLAND



We started Go Dharmic Glasgow in May 2020 with the help of the organisation Caring for Carers. It did not take long for this to become a major base for us in the UK, we have a large office and a team of over 30 dedicated volunteers working round the clock to Love All, Feed All, Serve All. It started with distributing meals to the homeless from 1 small table, distributing around 40 meals each week. This has evolved into a much bigger distribution helping more people with upwards of 600 meals given out alongside warm clothes, toiletries and a signposting service to help people out of homelessness and get the right help for those recently housed.

At the start of the school year in August 2020 we launched our distributions to families of 2 primary schools and a nursery in Govan; Riverside & St Saviour's Primaries and Broomloan Nursery. We work closely with the school to distribute around 100 food parcels to the families, fresh fruit and vegetables every week as well as other staples such as eggs, bread and chilled items.

SHAPE A FUTURE



The Shape a Future Campaign to help develop libraries for vulnerable children has been particularly successful in gaining fundraising support from across the UK. At the end of this period, we have now completed the redevelopment of 74 School Libraries providing 25,000 books, 7,000 Sports kits, board games, digital tools and furniture.

For us to establish a fairer society more in line with the values of Dharma, we must establish better education facilities for girls especially and ensure we do everything we can to help improve conditions in their schools.

GIVE IT A GROW

We strongly believe that many of our environmental problems would be resolved if there were more trees around us. They act as a catalyst for positive change. Under our Give it a Grow campaign, we aim to plant 1 million trees by the end of 2026! During this year contributions from Go Dharmic UK have enabled more than 10,000 trees to be planted.



GLOBAL DISASTER RELIEF



Go Dharmic aims to develop Disaster relief teams that can be constantly available to serve in any major disaster. With climate change causing significant global problems we predict that there will be a great need for humanitarian relief over the next decade and are building preparedness and readiness for relief teams in India to be able to serve during times of disaster. Like the major COVID response, Go Dharmic will be on hand to serve during major humanitarian disasters.

GD in Lebanon



Decades of corruption and mismanagement had left Lebanon in an economic crisis forcing many families to shift below the poverty line. Then came the Coronavirus pandemic which shook the country's poor healthcare system. To make situations worse, on 4th August, two massive explosions hit Beirut, claiming hundreds of lives and leaving thousands of them injured and homeless. The chaos caused by the blasts has accelerated the spread of Covid-19 to a record high causing the hospitals to be overwhelmed with Coronavirus and the blast patients. Just a couple of days after the blasts, the entire government of Lebanon resigned, adding up to the already existing severe political unrest in the country.

More than 250 relief kits including medical kits & ration supply, which equates to over 33,600 meals, were distributed to the families in the worst affected areas of the city by Go Dharmic volunteers.

GD in India



India witnessed multiple natural calamities in the last one year - from Cyclones to Floods to a Glacier Burst. Our volunteers reached the affected areas and helped families with ration kits and medical aid. Cyclone Amphan in West Bengal, 2020 Assam Floods, Uttarakhand Glacier Burst, 2020 Mumbai Floods, Cyclone Yaas to name a few where we mobilised relief teams for support and aid for the local communities.

CYCLONE AMPHAN, WEST BENGAL

550

Medical and
ration kits

100

Mosquito nets

3000+

Beneficiaries

2020 MUMBAI FLOODS, MAHARASHTRA

200

Medical and
ration kits

1000+

Beneficiaries

2020 ASSAM FLOODS

150

Ration kits

750+

Beneficiaries

UTTARAKHAND GLACIER BURST

200

Ration kits

1000+

Beneficiaries

CYCLONE TAUKTAE, GUJARAT

50

Ration kits

200

Cooked meals

450+

Beneficiaries

CYCLONE YAAS, WEST BENGAL

650

Medical and
Ration kits

3000
litres

Clean drinking water

4500+

GD in Nigeria

Go Dharmic and Sparkle Foundation distributed food kits to families from the Odo Ayandelu community in Lagos and Abatiwa community in Ogun State, Nigeria. We distributed ration kits equivalent to 48,000 meals.



GD in Uganda



Go Dharmic, along with the Jinja Educational Trust distributed food kits equivalent to 24,800 meals to teachers who were unable to feed their families due to the lockdown in Jinja, Uganda

SALT RIDE 2020 - RIDE FOR THE ENVIRONMENT



90 years ago, Mohandas Karamchand Gandhi led dozens of his followers on a 384km journey from Sabarmati Ashram to Dandi, a small village on the Arabian sea, to protest the British law on tax. Leaning on a walking stick and dressed, as always, in modest homespun clothes, Gandhi hoped to bring the world's attention to the growing Indian independence movement by highlighting the injustice by Britain's colonial salt laws, which forbid Indians from producing or selling their own homegrown salt and taxed them 4000%.

The Go Dharmic Salt Ride promotes Environmental Welfare and provides a platform for people to plant thousands of trees whilst riding for our planet. Due to COVID, the event ran virtually in 2020 and 90 Riders participated with over 17,000km being cycled. Over 10,000 trees were planted in the Dharma forest of the Sundarbans, West Bengal.

GO DHARMIC APP

2020 was a year of digital connections and having to adapt. We all had to find new ways to communicate, raise money, and build our community. Hanuman Dass always had a goal of launching an app for Go Dharmic members to communicate on and strengthen the values and work we are all doing. This June, the Go Dharmic app was born as a means to connect to more people and form our community where we all talk and take actions towards the causes that we work for. We are happy to say that in the span of this financial year, we have over 800 users on our app and growing quickly. We utilise the app to promote social campaigns, provide critical updates, inspirations, distribution locations, volunteer stories and Go Dharmic's work on our App. Our App is available on Android Play Store and Apple App Store.

GOOD KARMA STORES

The "Good Karma Store" concept is a simple and useful initiative that appears to have gone viral around the world for all the best reasons! We launched our first Good Karma store in Slough in October 2020. The amount of love and support we received for our first launch of the store is incredible. We are highly grateful to everyone who helped us put that up. The concept of Good Karma Store is based on this realisation that if people learn to reuse and upscale fashion, it can be more sustainable and help many underprivileged.



FUTURE PLANS

In 2020-21, Go Dharmic performed major relief efforts across the World and established a digital-first policy to build our community. We utilise the Go Dharmic app, Facebook groups, Whatsapp and Slack to create the network that can create the change necessary for growth.

Go Dharmic has long term plans to be active in 100 cities across the world, creating groups of people who come together to Love all, serve all, feed all and work in the spirit of human kindness to serve the less fortunate. Go Dharmic continues to lean on volunteers across the UK to keep administrative costs to a minimum and ensure the maximum amount of fundraising goes towards serving those in need. We utilise support staff in India to ensure our volunteers are assisted across the globe for all our social campaigns.

COVID RELIEF

Covid has had a significant impact on health, economy and society worldwide.

Go Dharmic worked extensively to provide aid support in the UK and abroad. Some of the highlights were distributing more than one million meals across the UK to people facing poverty, assisting NHS workers who were struggling to cope with the pandemic with meals and essential support and helping the elderly with free meals. Such was the scale of the Go Dharmic community intervention, DEFRA (Department for Environment, Food and Rural Affairs) entrusted Go Dharmic with a grant of £100,000 to deliver food aid across the UK.

Thousands of individual volunteers across the UK assisted the Go Dharmic COVID Response effort and helped support many vulnerable people from all communities and walks of life. Abroad, the COVID relief efforts were equally effective with aid efforts in Morocco, Lebanon, Nepal, Uganda, Nigeria, Cuba and a huge response across India.

In India, volunteers and staff worked tirelessly to serve people affected by an acute lack of Oxygen supplies in the country together with a lethal Delta virus pandemic. Go Dharmic raised funds and delivered medical, food, and moral support to beneficiaries across the Country.

Despite challenging circumstances and social distancing, Go Dharmic continues to provide aid and support across the globe.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Go Dharmic Welfare UK is legally constituted under its Charity Constitution dated 10/02/17 and amendments thereto.

The Trustees in office during the year, and at the date of signing these financial statements, are set out below. The Trustee Board has overall responsibility for the governance of the Charity.

The Trustee Board meets three times a year to discuss various matters including strategy, performance and progress against priorities and plans.

Every new Trustee is provided with a summary of Go Dharmic's operations to achieve its charitable objectives, with particular attention to its core areas of operations. Trustees are able to undertake training in specific areas of Go Dharmic's operations through visits and presentations.

New Trustees can be co-opted by the members to fill a vacancy at any time during the period. Coopted Trustees, if they wish to continue, seek re-election at the first Annual General Meeting after their appointment.

YEAR ENDED 31 MARCH 2021

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards).


Company law requires the Trustees, as company Directors, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping sufficient accounting records to illustrate the charitable company's transactions and financial position at any given time, and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for compliance with legal requirements, safeguarding the assets of the charity for the prevention and detection of fraud and other irregularities.

This report had been prepared in accordance with the provisions of the Companies Act 2006 applicable to small companies.

By order of the Board



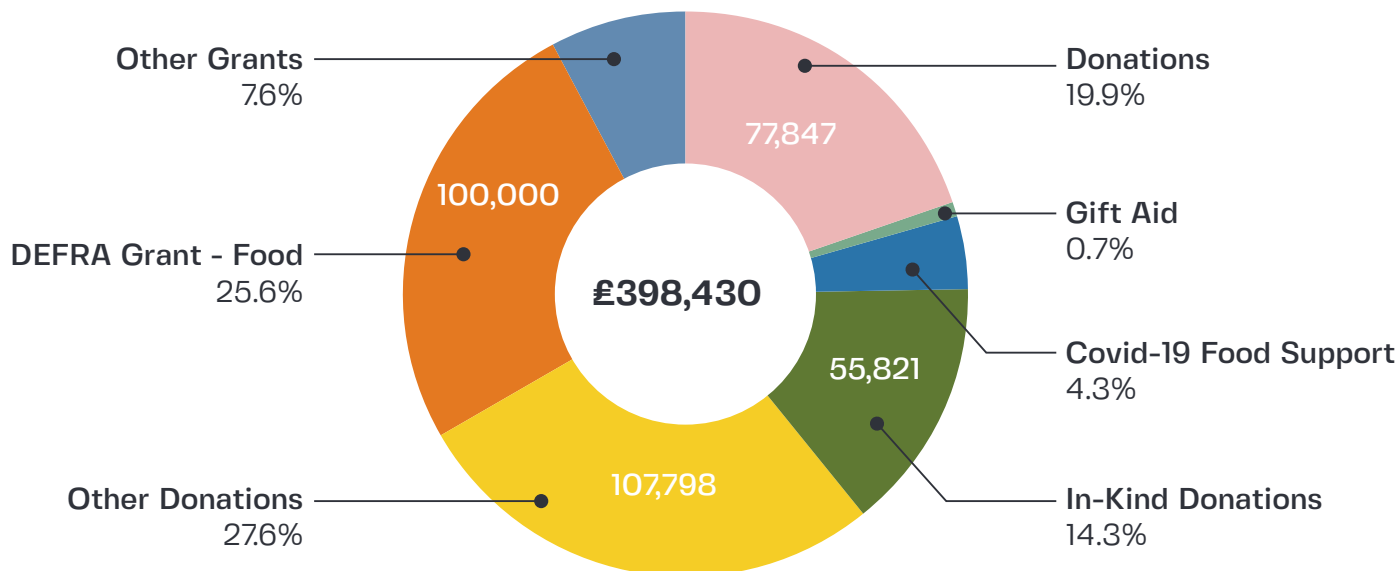
Hanuman Dass
(Hemal Randerwala - Chairman of Go Dharmic)
Date: 31/01/2022

Statement of Financial Activities

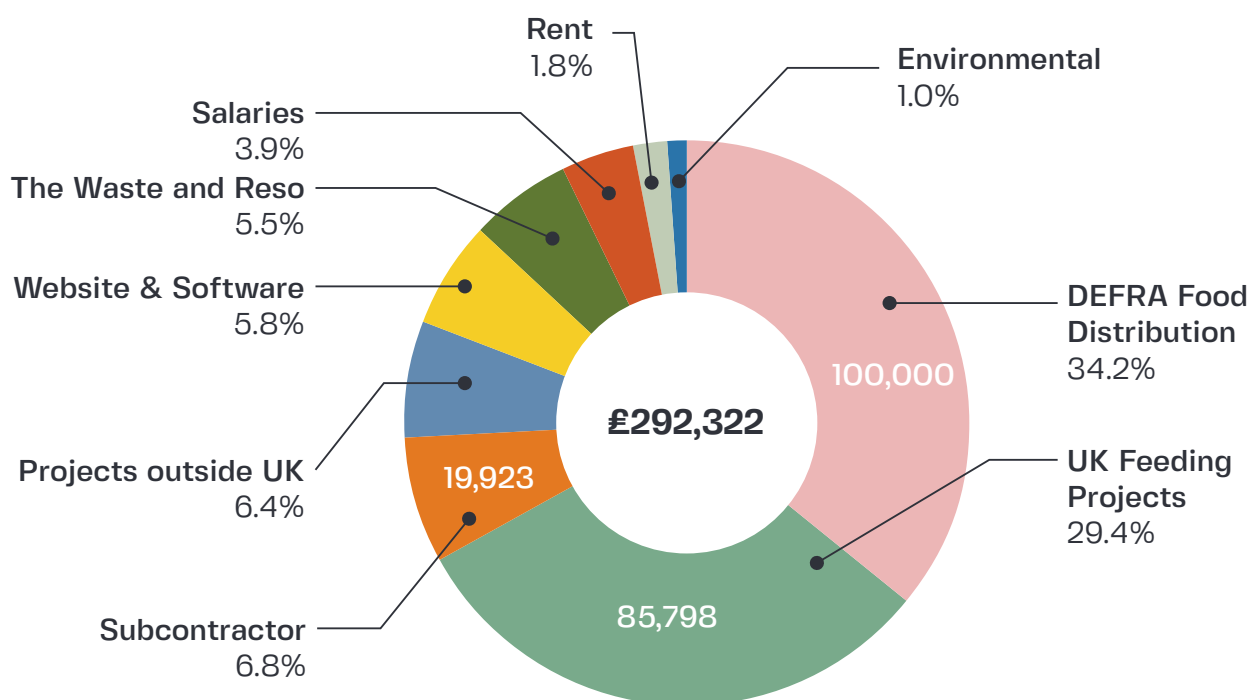
For the year ended 31 March 2021

	2021	2020
	£	£
Analysis of incoming resources		
Voluntary income		
Donations	77,847	52,513
Gift Aid	2,654	3,748
Covid-19 Food Support	16,990	-
In-kind Donations	63,441	-
Other Donations	107,798	-
Sub-total	268,730	56,261
Activities for generating funds		
DEFRA Grant - Food Distribution	100,000	-
Other Grants	29,700	-
Sub-total	129,700	-
Total incoming resources	398,430	56,261
Analysis of resources expended		
	2021	2020
	£	£
Costs of generating voluntary income		
Subcontractor costs	19,923	19,825
Subscription (Advert)	2,393	942
Website & Software expenses	17,045	13,215
Direct Expenses	2,572	-
Rent	5,190	-
Sub-total	47,123	33,982
Charitable activities		
UK Feeding Projects	85,798	-
Projects outside UK	18,635	15,474
DEFRA Food Distribution	99,999	6,101
The Waste and Reso Wrap	16,030	-
Environmental Awareness	2,969	-
Donation	-	1,500
Sub-total	223,431	23,075
Governance costs		
Travel for Feeding Project	1,881	875
Telephone expenses	352	198
Printing cost	1,947	1,531
Accountancy Fees	1,200	500
Depreciation - Motor Vehicles	1,973	-
General Expenses	2,598	-
Repairs & Maintenance	488	-
Wages and Salaries	11,330	-
Sub-total	21,769	3,104
Total resources expended	292,323	60,161
Net incoming/(outgoing) resources	106,107	(3,900)

Total Receipts for 2020-21



Total Payments for 2020-21



**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
GO DHARMIC WELFARE UK**

GO DHARMIC WELFARE UK

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

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Statement of Financial Activities	3
Balance Sheet	4
Notes to the Financial Statements	5 to 11
Detailed Statement of Financial Activities	12

GO DHARMIC WELFARE UK

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1171619

Principal address

Suite 119C, Business Design Centre
52 Upper Street
Islington
London
N1 0QH

Trustees

H Randerwala
Ms S Randerwala
K Pulkit
Dr N Sutton
S Vaudyanathan
S Patel (appointed 28/10/2021)
S D Patel (appointed 17/9/2021)

Approved by order of the board of trustees on 31st January 2022 and signed on its behalf by:



Hanuman Dass
(Hemal Randerwala - Chairman of Go Dharmic)

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
GO DHARMIC WELFARE UK**

Independent examiner's report to the trustees of Go Dharmic Welfare UK

I report to the charity trustees on my examination of the accounts of Go Dharmic Welfare UK (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Dharmendra Jeshani

**Dharmendra Jeshani, FCCA
Association of Chartered Certified Accountants
Alpha House
296 Kenton Road
Harrow
HA3 8DD**

Date: 31/01/2022

GO DHARMIC WELFARE UK

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted	Restricted	Year Ended 31/3/21 Total	Year Ended 31/3/20 Total
	Notes	fund £	fund £	funds £	funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		194,192	204,238	398,430	56,261
EXPENDITURE ON					
Raising funds	2	126,727	165,597	292,324	60,162
NET INCOME/(EXPENDITURE)		<u>67,465</u>	<u>38,641</u>	<u>106,106</u>	<u>(3,901)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		10,706	-	10,706	14,607
TOTAL FUNDS CARRIED FORWARD		<u><u>78,171</u></u>	<u><u>38,641</u></u>	<u><u>116,812</u></u>	<u><u>10,706</u></u>

The notes form part of these financial statements

GO DHARMIC WELFARE UK

**BALANCE SHEET
31 MARCH 2021**

		Unrestricted	Restricted	2021	2020
	Notes	fund	fund	Total	Total
		£	£	funds	funds
				£	£
FIXED ASSETS					
Tangible assets	5	7,892	-	7,892	-
CURRENT ASSETS					
Cash at bank		72,778	38,641	111,419	10,706
CREDITORS					
Amounts falling due within one year	6	(2,499)	-	(2,499)	-
NET CURRENT ASSETS		<u>70,279</u>	<u>38,641</u>	<u>108,920</u>	<u>10,706</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>78,171</u>	<u>38,641</u>	<u>116,812</u>	<u>10,706</u>
NET ASSETS		<u>78,171</u>	<u>38,641</u>	<u>116,812</u>	<u>10,706</u>
FUNDS					
	7				
Unrestricted funds				78,171	10,706
Restricted funds				38,641	-
TOTAL FUNDS				<u>116,812</u>	<u>10,706</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31st January 2022 and were signed on its behalf by:



Hanuman Dass
(Hemal Randerwala - Chairman of Go Dharmic)

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared in accordance with the Charities SORP (FRS102) applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

The GO DHARMIC WELFARE UK Charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies the Trustees are required to make judgements, estimates and assumptions about the carrying value of assets and liabilities that are not readily apparent from other sources. The estimation and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an on-going basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of revision and future periods if the revision affects the current and future periods.

In the view of the Trustees, no assumptions concerning the future or estimation uncertainty affecting the assets and liabilities at the balance sheet date are likely to result in a material adjustment to their carrying amounts in the next financial year.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

1. ACCOUNTING POLICIES - continued

Income

Voluntary income is included in the Statement of Financial Activities (SoFA) when Go Dharmic is legally entitled to the income, receipt is probable and the amount can be quantified with reasonable certainty.

Services donated by GO DHARMIC WELFARE UK International plc are included within incoming resources and resources expended at an estimate of their value to the Trust.

Expenditure

Expenditure is recognised on an accrual basis as each liability is incurred. Charitable activities include grants awarded and associated support costs.

Services donated by GO DHARMIC WELFARE UK International plc are included as above and relate to the provision of staff time absorbed by the charity. The Trustees received no remuneration or expenses during the current or preceding period. Currently no Trustees are employees of GO DHARMIC WELFARE UK.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Foreign currencies

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Liabilities

Liabilities are recognised when Go Dharmic has a constructive or legal obligation to make a payment to a third party.

Taxation

No provision is made for corporation tax, as Go Dharmic is able to claim full statutory exemption subject to the proper application of all its charitable resources.

Fund accounting

Unrestricted funds held by the charity are those which can be used in accordance with the charitable objectives at the discretion of the Trustees

Restricted funds are where specific conditions are imposed by the donor which restricts the use of unspent funds. The income is taken directly to the relevant restricted funds.

Investments

Investment funds are held at Barclays Bank in an interest-bearing bank account.

Foreign currency

Transactions in foreign currencies are translated into sterling at the prevailing rate of exchange on the date of the transaction.

1. ACCOUNTING POLICIES - continued

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

Creditors and provisions

Creditors and provisions are recognised when the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third-party and the amount due to settle the obligation can be measured or estimated reliably.

Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

2. RAISING FUNDS

Raising donations and legacies

	Year Ended 31/3/21 £	Year Ended 31/3/20 £
Support costs	292,324	60,162

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the period ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the period ended 31 March 2020.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	56,261	-	56,261
EXPENDITURE ON			
Raising funds	60,162	-	60,162
NET INCOME/(EXPENDITURE)	(3,901)	-	(3,901)
RECONCILIATION OF FUNDS			
Total funds brought forward	14,607	-	14,607
TOTAL FUNDS CARRIED FORWARD	<u>10,706</u>	<u>-</u>	<u>10,706</u>

5. TANGIBLE FIXED ASSETS

	Motor vehicles
	£
COST	
Additions	<u>9,865</u>
DEPRECIATION	
Charge for year	<u>1,973</u>
NET BOOK VALUE	
At 31 March 2021	<u><u>7,892</u></u>
At 31 March 2020	<u><u>-</u></u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Other creditors	<u>2,499</u>	<u>-</u>
	<u><u>2,499</u></u>	<u><u>-</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	10,706	67,465	78,171
Restricted funds			
Donations	-	38,641	38,641
	<u>10,706</u>	<u>106,106</u>	<u>116,812</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	194,192	(126,727)	67,465
Restricted funds			
Donations	204,238	(165,597)	38,641
	<u>398,430</u>	<u>(292,324)</u>	<u>106,106</u>

Comparatives for movement in funds

	At 01/04/19 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	14,607	(3,901)	10,706
	<u>14,607</u>	<u>(3,901)</u>	<u>10,706</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	56,261	(60,162)	(3,901)
	_____	_____	_____
TOTAL FUNDS	56,261	(60,162)	(3,901)
	<u> </u>	<u> </u>	<u> </u>

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

GO DHARMIC WELFARE UK

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021**

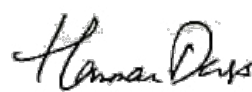
	Year Ended 31/3/21 £	Year Ended 31/3/20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	395,776	52,513
Gift aid	2,654	3,748
	<u>398,430</u>	<u>56,261</u>
Total incoming resources	398,430	56,261
EXPENDITURE		
Support costs		
Management		
Wages	11,330	-
Other operating leases	5,190	-
Telephone	352	198
Advertising	1,308	-
Sundries	2,598	-
Motor costs	1,845	-
Accountancy costs	1,200	500
IT Software and Consumables	17,045	13,215
	<u>40,868</u>	<u>13,913</u>
Other		
Postage and stationery	1,947	1,531
Charitable activities	223,431	23,075
Subscriptions	1,086	943
Consultancy fees	19,923	19,825
Travel costs	36	875
Direct expenses	2,572	-
Repairs & Maintenance	488	-
Motor vehicles	1,973	-
	<u>251,456</u>	<u>46,249</u>
Total resources expended	292,324	60,162
Net income/(expenditure)	106,106	(3,901)

This page does not form part of the statutory financial statements

The Trustees consider that the company is entitled to exemption from the requirement to have an audit under the provisions of Section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit of its accounts for the period in question in accordance with Section 476 of the Act. The Trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 March 2021 and of its deficit for the period then ended in accordance with the requirements of Sections 394 and 395 of the Act, and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These accounts were approved by the Trustees on 20th January 2022 and were signed on their behalf by:-



Hanuman Dass
(Hemal Randerwala - Chairman of Go Dharmic)



ENGLAND GO DHARMIC

Go Dharmic, Suite 119C, Business Design Centre,
52 Upper Street, London N1 0QH

Phone: +44 20 711 28853

Email: info@godharmic.com

SCOTLAND GO DHARMIC

Burnfield House,
4A Burnfield Avenue, G46 7TL
Glasgow, Scotland

Phone: +44 20 711 28853

Email: glasgow@godharmic.com



GoDharmic



GoDharmic



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