



Romsey Arthritis Hydrotherapy Group

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Annual General Meeting Minutes

Date:	04/11/24	
Time:	10.00am	
Location:	Potters Heron, Romsey, Hampshire	
Agenda items		Actions
1. Present:	Graham Milner, Katie Thorman, Peggy Gow, Heather Witham, Nicola Ayres, Maureen Osmond, Ruth Hodgeson, Sue Brodrick, Lyn Bonner.	
Apologies:	Nil	
2	Minutes of Previous Meeting The Members accepted the minutes from the previous meeting. There were no actions or matters arising from the previous AGM.	
3	Presentation of Annual Report and Accounts– by Graham Milner (See attached sheets for Accounts and Trustees Annual Report). The annual session fees increased from £19581 to £22786. RAHG made a loss of £2231 reducing the bank balance in reserve to £1986 as at 31/3/24. The loss occurred because of operating below the optimum membership numbers during the year and because Red Lodge increased their pool hire fees in September 2023 and the Trustees decided not to pass on the increase and absorb the increased costs to help members to cope with the cost of living crisis.	



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	The Trustees reviewed the financial position again in January and agreed to reluctantly increase the fees from 1/4/2024. The Trustees increased the fees from £33 a month to £36 a month and changed the trial fees from £10 for 2 sessions at Red Lodge Pool to £20 for 2 trial sessions or £10 for 1 session (the choice of one or 2 sessions is optional for the patient).	
4	Presentation of Annual Report – Katie Thorman Graham asked if all present had received and read the Annual Trustees Report prior to the meeting. All agreed. Graham asked for any comments and there were none. Katie commented that the report is very similar to last year. Katie suggested that going forwards she would like to do a patient satisfaction survey to test the performance of the service. Sue Brodrick suggested that any survey should include questions on mental health as many of the RAHG members feel their mental health has improved as well as their physical health. This was due to socialising with other members during and after the sessions. Nicky said each group has a WhatsApp group, which helps keep the members in contact and support one another. Ruth commented that she recovered very quickly after her knee operation because of her prehabilitation in the hydrotherapy classes.	
5	Election of Trustees – by Graham Milner Graham stated that Sue Brodrick and Ruth Hodgeson were due for re-election onto the Board of Trustees. All voted in favour of them being re-elected. Therefore, Sue Brodrick and Ruth Hodgeson will continue as Trustees. A new Trustee, Lyn Bonner, was co-opted by Katie Thorman. Lyn confirmed that she had read the RAHG Constitution and the Charity Commissions Guide to becoming a Trustee. It was a unanimous vote for Lyn to become a Trustee. Lyn was formally welcomed as a Trustee of RAHG.	Katie to add Lyn onto the Charity Commission website as a Trustee.



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6	Any other competent business There was no response to an email from members inviting them to submit topics/comment to discuss at this AGM.		
Signed:		Date:	

