

REGISTERED COMPANY NUMBER: CE008993 (England and Wales)
REGISTERED CHARITY NUMBER: 1171436

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
Milaap Multicultural Day Centre

Masood Shahid
Chartered Accountants
Falcon House
257 Burlington Road
New Malden
Surrey
KT3 4NE

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for the Year Ended 31 March 2024

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Milaap Multicultural Day Centre
LEGAL AND ADMINISTRATIVE INFORMATION

Registered Company number
CE008993 (England and Wales)

Registered Charity number
1171436

Registered office
King's Oak Centre
Dickerage Lane
New Malden
Surrey
KT3 3RZ

Trustees
Mrs Prabha Shetty
Mrs Veena Chhapia
Mrs Daksha Dodhia
Mrs Pushpa Patel
Mrs Lalita Ahmed
Mr Kishor Kamdar-**Resigned in Jan 24**
Mrs Yashodhara Patel
Mrs Chandravali Shah
Mrs Sita Malhotra
Mrs Shobhna Gandhi
Mrs Manjula Bodalia
Mrs Nimisha Patel
Mrs Sarvalogeswary Kumararajah
Miss Neena Chokshi Co-opted

Banker

Metro Bank
64-66 Clarence Street
Kingston upon Thames
Surrey KT1 1NP

Independent Examiner
Masood Shahid
Chartered Accountants
Falcon House
257 Burlington Road
New Malden
Surrey KT3 4NE

Milaap Multicultural Day Centre

Report of the Trustees for the Year Ended 31 March 2024

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the Year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT **Governing document**

The Charity is controlled by its governing document, a deed of trust, and constitutes as Charitable incorporated organisation.

ACHIEVEMENTS AND PERFORMANCE

Overview

Throughout the past year, the Milaap Centre has showcased its full potential with the guidance and support of Mrs. Prabha Shetty (Chair), a dedicated team, supportive volunteers, and enthusiastic members. The proficient management team includes Sheetal Shettigar (Manager), Leena Sankhe (Daycare Assistant and Admin Assistant), and Kiran Lanjewar (Activity Coordinator and Admin Assistant) providing service to elderly and vulnerable individuals from diverse cultures promoting understanding and respect for each other's cultures. Furthermore, our skilled and organised chefs, Abida Rafiq and Thanga Gowritharan, regularly prepare nutritious and culturally sensitive lunches and Selladurai Devadas provides the much-needed transportation.

The team's excellent communication skills and empathetic approach actively engage elderly members, encouraging regular attendance. Members feel empowered to openly voice their challenges and concerns and are grateful for receiving assistance when needed. The carefully planned activities are tailored to our members' age, capabilities, and social well-being, resulting in tangible benefits for all participants. Our activities are thoughtfully designed to enrich the lives of our members, with careful consideration given to their overall well-being

A quick recap of the activities that our members have experienced:

Exercise and Emotional Well-being

Exercise Classes - our Zumba class, Ki Gong Class, and Power Yoga Class are so well-attended that we are now running short of space and finding it hard to accommodate all the enthusiastic members. These classes keep our members physically active and help with their overall mental wellbeing.

Digital Skills

We have created digital champions, like Veena Chhapia and Leena Sankhe, to impart their knowledge to members so they feel confident using digital devices. Members have welcomed, thrived, and found the classes on basic computer skills, emails, and mobile phone skills very useful in their everyday lives. These courses are now overbooked, and we are looking to do extra classes to accommodate the demand.

Health Education

The Milaap Centre has welcomed guest speakers from the NHS who share valuable insights on a range of medical topics. The topics include:

Mobility Management and Fall Prevention: This session delves into effective strategies for fall prevention and mobility management.

Cancer Talk: Attendees will gain a comprehensive understanding of various types of cancers and receive guidance on where to access support.

Domestic Violence: This segment provides a detailed overview of different forms of domestic violence and educates individuals on how to utilize social services offered by the borough.

Brain Stimulation and Games

In the morning, the centre sends out brain-stimulating activities on WhatsApp, and a significant number of members actively participate.

Bingo - We play Bingo every Thursday, a favourite game eagerly anticipated by all members.

Social and Cultural events

Several events took place in 2023/24, and we are incredibly grateful to everyone for their heart-warming contributions that made these events successful.

Trips and visits to interesting places to expand knowledge. Places visited include:

- o Lavender Farm
- o Seaside - To Littlehampton
- o British museum
- o Hampton Court Palace - To see the tulip festival
- o Isabella Plantation in Richmond Park - to view the beautiful Spring blossom.
- Celebrations, festivals and special events:
 - o **May**, we joyously celebrated the Coronation of King Charles with lively dance performances, fun games, and a delightful feast. **Former Mayor Sushila Abraham** and **Mr. Mathew Abraham** gracefully accepted our invitation to be the chief guests.
 - o **June** brought our highly successful multicultural festival, where we had the honour of hosting the **Mayor of RBK, Mrs. Diane White and Consort, Mr Jonathan White, CEO of RBK, Sarah Ireland** and **Met Police Superintendent Josh Laughton** as our chief guests. With active participation from the guests and various communities, the festival showcased a diverse array of talents.
 - o The sunny days of **August** saw our sports day and picnic, filled with thrilling games and a delicious spread of food brought by our amiable members.
 - o As **October** arrived, we came together to celebrate Navratri, where we had the honour of hosting the **Leader of the council Cllr Andreas Kirsch** and **Former Cllr Shiraz Mirza**. The celebration showcased how the festival is celebrated across different parts of India sharing their unique cultural traditions and knowledge.
 - o In **November**, the festival of lights, Diwali, was celebrated at **Shiraz Mirza Hall** with great fervour. **CEO of RBK, Sarah Ireland, Former Mayor Mr. Yogan Yoganathan** and **Mrs Yoganathan** and representatives from various communities joined in the lively festivities, featuring dance performances, raffles, musical performances, and an array of delectable dishes.

- o **December** was bustling with activities, including a successful bric-a-brac sale to raise funds for Milaap, and a heart-warming Christmas celebration, where we once again had the honour of hosting the **Mayor, Councillor Diane White, and Deputy Mayor, Councillor Richard Thorpe**. Our members delighted everyone with a charming Christmas pantomime, enchanting carol singing, and the cheerful visit of Santa.
- o In **February**, we celebrated Valentine's Day with laughter and a medley of entertaining games.
- o Finally, in **March**, the vibrancy of our Holi celebration embraced the arrival of spring, bidding a fond farewell to winter across diverse cultures.
- Milaap Centre is dedicated to creating a warm and inclusive environment for its members to commemorate special occasions. This year, Chandra Shah, Dolly Mauji, Kamuben Mistry, Mumtaz Mapara, Ushaben Patel, and Alakananda Ray have extended a heartfelt invitation to all members to join them in celebrating their birthdays, anniversaries, and other joyous moments at a delightful lunch party

Art and Cultural Events

- Once a week, we are fortunate to have an engaging arts and crafts class led by the talented Kiran. The beautiful artwork created during these sessions is proudly displayed in all the rooms, serving as a wonderful reflection of the dedication and creativity of our artists.
- Kim Porelli, a skilled mosaic artist from Save the World, collaborated with our members to meticulously restore the mosaic to its former glory. This stunning piece is showcased on a prominent wall at the centre for all to admire.
- Community Art event where the artists were commissioned to work with various voluntary organisations in Kingston to capture the diverse culture via art. Members made key chains which were then created into art.
- In June, KREC commissioned an Umbrella Event for the carnival where members created beautiful pieces of art showcased at the Kingston Carnival Parade.
- Local community members came together to create a one-of-a-kind picnic blanket, adorned with beautiful hand-embroidered food-related designs. This special blanket was created for a community event and is now available for other communities to borrow for their own memorable picnics.

Green Projects

- The collaboration between Aulaw Farm, Milaap Centre, and the RBK Public Health Team resulted in the creation of Milaap's Garden, a vibrant and teeming Food Super Zone. This innovative space is dedicated to cultivating a diverse selection of vibrant vegetables, fragrant herbs, and exotic spices. What makes this initiative truly special is the intergenerational involvement, as children from a neighbouring school enthusiastically participated in the process of nurturing and growing wholesome organic produce.
- The Good Food Group and Food Bank collaborated to deliver a session on food wastage prevention. The session also explained the importance of food banks and discussed how the community can contribute to their further development

Food, Food and More Delicious Food!

Last but certainly not least, our talented and dedicated chefs, Abida Rafiq and Thanga Gowritharan have been instrumental in the catering department. They have prepared delicious food on several occasions and have kept our taste buds dancing and wanting more. It is not just a job for them but a pleasure and this is truly apparent when you see them work tirelessly at the Milaap Centre. We thank you both very much.

Final Note

The Milaap Centre has become a regular part of our members' lives. It offers a healthy environment for the elderly to keep growing, developing, and making connections. Nobody is excluded, and the team works wholeheartedly to ensure that loneliness is just a word, not a reality.

Through generous fundraising, Milaap nurtures the holistic development of individuals, fostering physical, spiritual, and mental well-being. This in turn alleviates the burden on the National Health Service. Milaap is dedicated to creating an inclusive environment, and empowering individuals from diverse backgrounds and abilities. Our mission is to equip people with new skills, helping them thrive in our ever-changing world. We are committed to cultivating their talents and knowledge in various areas, ensuring that no one is left behind.

Grants, Legacies and Donations Received 2023-2024:

RESTRICTED - GRANTS, DONATIONS AND LEGACIES	
RBK GRANTS - SERVICE CORE COSTS	38,400.00
RBK BOROUGH WIDE FUNDING	1,230.00
RBK RESILLIANCE FUNDING	5,000.00
CROYDON HEALTH SERVICE	500.00

UNRESTRICTED - GRANTS, DONATIONS AND LEGACIES	
MADHUBEN DESAI'S TRIBUTE DONATION	1,886.53
MILAAP CENTRE MEMBER DONATION	1,380.04
KINGSTON LOTTERY	182.50
NAMASTE KINGSTON	200.00
MAYOR'S CHARITY DONATION: MAYOR SUSHILA ABRAHAM	375.00
PATIDAR SAMAJ SOUTHWEST LONDON	2,000.00
JOHN LEWIS PLC	500.00
KINGSTON RACE AND EQUALITIES COUNCIL	300.00
KINGSTON CHARITABLE FOUNDATION	750.00

RESERVES POLICY

It is the Charity's policy to have working capital requirement of approximately 6 months in the reserves. The present level of funding is adequate to support the continuation of the Charity's operations, and the trustees consider the financial position of the Charity to be satisfactory.

Approved by order of the board of trustees on 12/9/24 and signed on its behalf by:

.....V.P. Chhapia.....
Mrs Veena Chhapia - Trustee

Independent Examiner's Report to the Trustees of
Milaap Multicultural Day Centre

**Independent examiner's report to the trustees of Milaap Multicultural Day Centre
('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the Year ended 31 March 2024.

Responsibilities and basis of report

As the Charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Masood Shahid
KAMP Accountants
Chartered Accountant
Falcon House
257 Burlington Road
New Malden
Surrey
KT3 4NE

Date: 12-09-2024

Milaap Multicultural Day Centre

Statement of Financial Activities
for the Year Ended 31 March 2024

			31.3.24	31.3.23
	Notes	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		7,574	66,430	74,004
Investment income	2	856	-	856
Other income		<u>23,642</u>	<u>-</u>	<u>23,642</u>
Total		32,072	66,430	98,502
EXPENDITURE ON				
Charitable activities				
Charitable Activity		14,802	62,766	77,568
Governance Costs		-	2,364	2,364
Total		14,802	65,130	79,932
NET INCOME/ (EXPENDITURE)		17,270	1,300	18,570
RECONCILIATION OF FUNDS				
Total funds brought forward		179,471	(53,386)	126,085
TOTAL FUNDS CARRIED FORWARD		<u>196,741</u>	<u>(52,086)</u>	<u>144,655</u>
				<u>126,085</u>

Milaap Multicultural Day Centre

Balance Sheet
31 March 2024

		31.3.24	31.3.23
		Total funds £	Total funds £
FIXED ASSETS	Notes		
Tangible assets	7	612	875
CURRENT ASSETS			
Cash at bank and in hand		147,022	128,189
		147,634	129,064
CREDITORS			
Amounts falling due within one Year	8	(2,979)	(2,979)
NET CURRENT ASSETS/ (LIABILITIES)		144,655	126,085
NET ASSETS		144,655	126,085
FUNDS	9		
Unrestricted funds		196,741	189,296
Restricted funds		(52,086)	(55,136)
TOTAL FUNDS		144,655	126,085

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the Year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the Year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial Year and of its surplus or deficit for each financial Year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/01/24 and were signed on its behalf by:

..... V.P. Chhapia
Mrs Veena Chhapia - Trustee

Milaap Multicultural Day Centre

Notes to the Financial Statements
for the Year Ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The Charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	856	7

Notes to the Financial Statements
for the Year Ended 31 March 2024

3. NET INCOME/ (EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Depreciation-owned assets	<u>263</u>	<u>375</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the Year ended 31 March 2024 nor for the Year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the Year ended 31 March 2024 nor for the Year ended 31 March 2023.

5. STAFF COSTS

	31.3.24	31.3.23
	£	£
Wages and salaries	58,928	55,905
Other pension costs	642	794

Included above are the wages of two cooks, £14,802 (2023:£15,194), which are included in the total catering costs, allocated to unrestricted funds.

The average monthly number of employees during the Year was as follows:

6	6
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No employees received emoluments in excess of £60,000.

Milaap Multicultural Day Centre

Notes to the Financial Statements
for the Year Ended 31 March 2024

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,933	49,365	64,298
Investment income	-	-	-
Other income	19,833	-	23,642
Total	34,766	49,365	84,131
EXPENDITURE ON			
Charitable activities			
Charitable Activity	15,807	54,695	70,502
Governance Costs	-	2,087	2,087
Total	15,807	56,782	72,589
NET INCOME/ (EXPENDITURE)	18,959	(7,417)	11,542
RECONCILIATION OF FUNDS			
Total funds brought forward	160,512	(45,969)	114,543
TOTAL FUNDS CARRIED FORWARD	179,471	(53,386)	126,085

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2022	6,408
Additions	-
At 31 March 2023	6,408
DEPRECIATION	
At 1 April 2022	5,533
Charge for Year	263
At 31 March 2023	5,796
NET BOOK VALUE	
At 31 March 2023	612
At 31 March 2022	875

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Social Security and other taxes	-	-
Other creditors	-	-
Accrued expenses	2,979	2,979
	<u>2,979</u>	<u>2,979</u>

9. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds - See Note 9 below	179,471	17,270	196,741
Restricted funds	(53,386)	1,300	(52,086)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	126,085	18,570	144,655

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	32,072	(14,802)	17,270
Restricted funds			
Restricted fund	66,430	(65,130)	1,300
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	98,502	(79,932)	18,570

Milaap Multicultural Day Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds	160,512	18,959	179,471
Restricted funds	(45,969)	(7,417)	(53,386)
	—	—	—
TOTAL FUNDS	114,543	11,542	126,085

Comparative net movement in funds, included in the above, are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	34,766	(15,807)	18,959
Restricted funds	49,365	(56,782)	(7,417)
	—	—	—
TOTAL FUNDS	84,131	(72,589)	11,542

* 10. RESERVE'S BREAKDOWN

	31.3.24 £	31.3.23 £
Unrestricted Funds:		
General	74,004	74,974
Purchase and maintenance of a minibus For Milaap's Transport service	55,000	55,000
Contingency and Redundancy	33,000	33,000
RBK rent (£18,000), Wastage (£3,300), Development and maintenance of the center	34,737	16,500
	196,741	179,471
Unrestricted Funds:	(52,086)	(53,386)
	144,655	126,085

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the Year ended 31 March 2024.

Milaap Multicultural Day Centre

Detailed Statement of Financial Activities
for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	66,430	49,365
General Donations	<u>7,574</u>	<u>14,933</u>
	74,004	64,298
Investment Income		
Deposit account interest	856	
Other income		
Other income	23,642	19,833
Job Retention Scheme receipts		
	<u>24,498</u>	<u>19,833</u>
Total incoming resources	98,502	84,131
EXPENDITURE		
Charitable activities		
Wages	44,126	40,098
Pensions	642	794
Insurance	1,395	1,317
Telephone	850	857
Postage and stationery	290	751
Sundries	303	2,357
Motor and travelling expenses	3,638	3,234
Accountancy	2,364	1,874
Cleaning	368	368
Catering costs	14,802	15,807
Members' activities	3,735	4,544
Admin fee	75	213
Depreciation	263	375
Bank charges and interest		
Grocery and other kitchen	5,081	
Restoration of Mosaic	<u>2,000</u>	
	79,932	72,589
Total resources expended	79,932	72,589
Net income/(expenditure)	<u>18,570</u>	<u>11,542</u>