

REGISTERED COMPANY NUMBER: CE008993 (England and Wales)
REGISTERED CHARITY NUMBER: 1171436

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
Milaap Multicultural Day Centre

Masood Shahid
Chartered Certified Accountant
Falcon House
257 Burlington Road
New Malden
Surrey
KT3 4NE

Milaap Multicultural Day Centre

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for the Year Ended 31 March 2023

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Milaap Multicultural Day Centre
LEGAL AND ADMINISTRATIVE INFORMATION

Registered Company number
CE008993 (England and Wales)

Registered Charity number
1171436

Registered office
King's Oak Centre
Dickerage Lane
New Malden
Surrey
KT3 3RZ

Trustees
Mrs Prabha Shetty
Mrs Lalita Ahmed
Mr Kishor Kamdar
Mrs Sarvalogeswary Kumararajah
Mrs Pushpa Patel
Mrs Madhuben Desai: **Resigned February 2023**
Mrs Yashodhara Patel
Mrs Chandravali Shah
Mrs Daksha Dodia
Mrs Sita Malhotra
Mrs Shobhna Gandhi
Mrs Manjula Bodalia
Mrs Veena Chapia Co-opted
Mrs Nimisha Patel Co-opted
Mrs Juliet Ariyaratnam: **Resigned May 2022**

Banker
Lloyds Bank plc
1 Claremont Road
Surbiton
Surrey KT6 4QS

Metro Bank
64-66 Clarence Street
Kingston upon Thames
Surrey KT1 1NP

Independent Examiner
Masood Shahid
Chartered Certified Accountant
Falcon House
257 Burlington Road
New Malden
Surrey KT3 4NE

Milaap Multicultural Day Centre

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the Year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

ACHIEVEMENTS AND PERFORMANCE

The Year went so quickly while having fun at the centre. There is no doubt in my and practically every one's opinion that the success is mainly due to the hard and efficient management of our talented team consisting of Sheetal, Leena, Kiran. Milaap is also blessed with two great chefs, Thanga and Abida. Their culinary skills have encouraged many more members to have lunch at the centre.

The personality of the three-management team (Sheetal, Leena, and Kiran) has brought a lovely easy going and friendly atmosphere and their gentle and respectful manners makes both elderly male and female members feel comfortable and welcomed. The members feel no hesitation to ask for their advice and help. Recently few members have been coaching and helping other members with skills such as computer classes, gardening, and meditation. Milaap members are thankful to Veenaji, for teaching basic and advanced skills in computing and Mr. Kamdar for his gentle ways to meditation.

The activities are interesting and attracts members. The mundane lives of elderlies are given a chance to explore, learn and discover their own capabilities. The outings are always interesting and educational. historical places, famous parks, sea sides are all greatly appreciated.

At times the simple "bring your own food picnics "are organised which allows members to mingle and share their cookery abilities and provides a "talent show off time". Then there are always the cultural, national, social, and international occasions to celebrate.

I have noticed that the membership of Milaap is slowly growing bigger and bigger and I have seen members of many other organisations from neighbouring areas coming and joining Milaap. A sign of success and popularity.

During the last yoga classes, the two sections of the hall was bursting at the seams. I hope the council will take action and increase the accommodation. If you miss a day, it feels like you have missed an important day of your life. Milaap centre has become a vital place for us OAPs and few able-bodied multicultural citizens to meet and enjoy few hours each week in each other's company. I see a great opportunity for this centre to grow into a thriving major organisation of Kingston borough.

I hope and pray that Sheetal, Leena, and Kiran will remain with Milaap and help this unique centre to blossom and grow. My report will not be complete without mentioning one very important person of Milaap, the chairperson Mrs. Prabha Shetty. She is not only the founding member but a beating heart of Milaap. She is our Guardian Angel and loved and respected by all. May Milaap continue to be blessed by her guidance. I pray and wish the very best for our dear Milaap

centre and all those who run and manage it.

A summary of the activities undertaken by Milaap centre. Emerging from the aftereffects of Covid, the centre emerged stronger and more vibrant. The board of trustees employed a talented new member who brought new vigour and enthusiasm into the centre.

During the month of April, our centre hosted three main events. Pushpa Ben treated us to a delightful birthday lunch, and the Kingston Council's Vibrant Kingston event took place at the Rose Theatre. Additionally, Visiting Angels organized a talk on Arthritis.

Moving on to May, we enjoyed a shopping trip to Wembley, which was very popular and fully attended. Our members also participated in the Multicultural Festival and received health talks on Better Bones. We celebrated Health and Wellbeing Day at Milaap.

In June, Milaap took part in Global Art projects, and Mr. Kamdar, one of our members, taught Meditation classes that are still ongoing and well-attended. Dementia talk was organised in Gujarati language.

During, the month of July, our members participated in various outdoor activities such as health walks, outdoor games, and a health talk on Diabetes. We also introduced a new activity called walking football, which was well-received by our members. Additionally, we organised a delightful picnic trip to the Brighton beach, which was oversubscribed and enjoyed by all. Lastly, a game of Boccia was organised at the centre which was introduced to the members by Jayson Shetty. A memorial bench was generously donated by the loving family of Mr. Brahm Bhanot, a former member of Milaap centre, in memory of their father who held a special place in his heart for the centre. The bench is located on the path and is used and appreciated by members as a tribute to Mr Brahm.

Annual General Meeting for 2021-2022 was held in August. Later on, a trip to the Lavender farm, henna and nail paintings, picnic, and some Indoor games were organised for members' entertainment and wellbeing.

In September there were Bollywood dance classes, the popular walking football, and a talk on rising cost of living. Mrs. Vanaar celebrated her birthday with Milaap members and a member Mr. Ratilal Dodia donated free lunch for the members.

In October, Milaap welcomed lunch donation by a well-wisher.

In the month of November, we had a Diwali party. The members came out in their traditional costumes. There were sarees representing practically all the different states of India from north to south and east to west. There were shalwar kurtas from Pakistan, lenghas / Chania cholis, to sarongs, to Mekhla, Lama Sariya, of different parts of India, Chinese honfu Cheongsam costumes and Shri Lanka's Osariya. A feast for the eyes. The Centre provided a delicious traditional Diwali lunch which was attended by almost to full capacity and was delicious. Mumtazben Mapara celebrated her birthday at Milaap centre with the Milaap family, this was greatly appreciated and enjoyed by fellow members. The thoughtful staff of Milaap who always care for the welfare of the members arranged a walking football in Fulham. Something new for (not so young members), yet a challenge and so they all went to a lovely football pitch in Motspur Park and kicked around football. An unusual and new experience.

The month of December started with birthday celebration lunch from Amrit Mehta and a traditional Xmas celebration which was well attended by the Mayor of Kingston: Yogan Yoga Nathan, Leader of the council; Andreas Kirsch and a local MP; Mr Ed Davies and an opportunity to celebrate Christmas at the Guildhall with the Mayor of Royal Borough of Kingston. There were talks on healthcare and Milaap had its annual committee meeting, and we all broke for X-mas.

In the month of February there was a beautiful Valentine's day party. Also, there was an inter-generational event with students from Kingston university with a tea party and fun games. The centre had a health and wellbeing check.

In March, we had a very useful talk on "Will writing and Leaving a Legacy. The members found it very useful. Another lecture on hydration and the importance of keeping oneself hydrated and importance of Nutrition, which were appreciated. Three members treated all with lunches on their birthdays. Mr R. Vivek, Ms. Hinaben, Ms. Parames Kathirgamarajah and in memory of Mr. Brahm Bhanot. As before enjoyed by all very much.

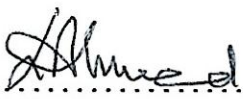
Grants, Donations and Legacies received in 2022-2023

Restricted - Grants, Donations and Legacies	
DLHUC - COVID Vaccination Project	9,300.00
RBK 02 contract Payment Apr 2022 - Sept 2022	19,157.50
KINGSTON CHARITABLE FOUNDATION Grant for Outings Project	500.00
RBK 02 contract Payment Oct 2022 - March 2023	19,157.50
KINGSTON CHARITABLE FOUNDATION Grant for Traditional Christmas Celebration	750.00
BREAVEMENT FOCUS GROUP	500.00
UnRestricted - Grants, Donations and Legacies	
Anonymous Donation by a well wisher	25.00
MACH Engineering	200.00
Kingston Lottery	142.50
Mayor's Charity Donation 2021-2022 - Ex Mayor Sushila Abraham	13,325.50
Member Donation	1,239.63

RESERVES POLICY

It is the Charity's policy to have working capital requirement of approximately 6 months in the reserves. The present level of funding is adequate to support the continuation of the Charity's operations, and the trustees consider the financial position of the Charity to be satisfactory.

Approved by order of the board of trustees on 3/8/2023 and signed on its behalf by:

.....

 Mrs Lalita Ahmed - Trustee

Independent Examiner's Report to the Trustees of
Milaap Multicultural Day Centre

Independent examiner's report to the trustees of Milaap Multicultural Day Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the Year ended 31 March 2023.

Responsibilities and basis of report

As the Charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

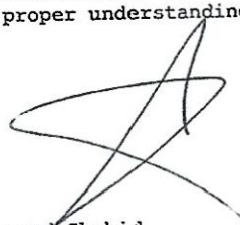
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Masood Shahid
Chartered Certified Accountant
Falcon House
257 Burlington Road
New Malden
Surrey
KT3 4NE

Date: 03/8/2023

Milaap Multicultural Day Centre

Statement of Financial Activities
for the Year Ended 31 March 2023

			31.3.23	31.3.22
	Notes	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		14,933	49,365	64,298
Investment income	2	-	-	-
Other income		19,833	-	19,833
Total		34,766	49,365	84,131
EXPENDITURE ON				
Charitable activities				
Charitable Activity		15,807	54,695	70,502
Governance Costs		-	2,087	2,087
Total		15,807	56,782	72,589
NET INCOME/ (EXPENDITURE)		18,959	(7,417)	11,542
RECONCILIATION OF FUNDS				
Total funds brought forward		160,512	(45,969)	114,543
TOTAL FUNDS CARRIED FORWARD		179,471	(53,386)	126,085

The notes form part of these financial statements

Milaap Multicultural Day Centre

Balance Sheet
31 March 2023

		31.3.23	31.3.22
		Total funds £	Total funds £
FIXED ASSETS	Notes		
Tangible assets	7	875	1,250
CURRENT ASSETS			
Cash at bank and in hand		128,189	116,272
		129,064	116,272
CREDITORS			
Amounts falling due within one Year	8	(2,979)	(2,979)
NET CURRENT ASSETS/(LIABILITIES)		126,085	113,293
TOTAL ASSETS LESS CURRENT LIABILITIES		126,085	114,543
NET ASSETS		126,085	114,543
FUNDS	9		
Unrestricted funds		189,296	160,512
Restricted funds		(55,136)	(45,969)
TOTAL FUNDS		126,085	114,543

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the Year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the Year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial Year and of its surplus or deficit for each financial Year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31/8/23 and were signed on its behalf by:

.....K. Kamdar.....
Mr. Kishor Kamdar - Trustee

Milaap Multicultural Day Centre

Notes to the Financial Statements for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The Charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	<u> </u>	<u>7</u>

Milaap Multicultural Day Centre

Notes to the Financial Statements
for the Year Ended 31 March 2023

3. NET INCOME/ (EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation-owned assets	<u>375</u>	<u>535</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the Year ended 31 March 2023 nor for the Year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the Year ended 31 March 2023 nor for the Year ended 31 March 2022.

5. STAFF COSTS

	31.3.23	31.3.22
	£	£
Wages and salaries	55,905	50,879
Other pension costs	794	374

Included above are the wages of two cooks, £15,194 (2022:£12,842), which are included in the total catering costs, allocated to unrestricted funds.

The average monthly number of employees during the Year was as follows:

6	7
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No employees received emoluments in excess of £60,000.

Milaap Multicultural Day Centre

Notes to the Financial Statements
for the Year Ended 31 March 2023

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	16,110	38,313	54,423
Investment income	7	-	7
Other income	<u>20,629</u>	<u>-</u>	<u>20,629</u>
Total	36,746	38,313	75,059
EXPENDITURE ON			
Charitable activities			
Charitable Activity	15,194	51,788	66,982
Governance Costs	-	3,919	3,919
	<u>-</u>	<u>-</u>	<u>-</u>
Total	15,194	55,707	70,901
	<u>-</u>	<u>-</u>	<u>-</u>
NET INCOME/ (EXPENDITURE)	21,553	(17,395)	4,158
RECONCILIATION OF FUNDS			
Total funds brought forward	138,959	(28,574)	110,385
	<u>-</u>	<u>-</u>	<u>-</u>
TOTAL FUNDS CARRIED FORWARD	<u>160,512</u>	<u>(45,969)</u>	<u>114,543</u>

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2022	6,408
Additions	<u>-</u>
At 31 March 2023	<u>6,408</u>
DEPRECIATION	
At 1 April 2022	5,158
Charge for Year	<u>375</u>
At 31 March 2023	<u>5,533</u>
NET BOOK VALUE	
At 31 March 2023	<u>875</u>
At 31 March 2022	<u>1,250</u>

Milaap Multicultural Day Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Social Security and other taxes	-	73
Other creditors	-	-
Accrued expenses	2,979	1,485
	<u>2,979</u>	<u>1,558</u>

9. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds - See Note 9 below	160,512	18,959	179,471
Restricted funds	(45,969)	(7,417)	(53,386)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	114,543	11,542	126,085

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	34,766	(15,807)	18,959
Restricted funds			
Restricted fund	49,365	(56,782)	(7,417)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	84,131	(72,589)	11,542

Milaap Multicultural Day Centre

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds	138,959	21,553	160,512
Restricted funds	(28,574)	(17,395)	(45,969)
	—	—	—
TOTAL FUNDS	110,385	4,158	114,543

Comparative net movement in funds, included in the above, are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	36,747	(15,194)	21,553
Restricted funds	38,312	(55,707)	(17,395)
	—	—	—
TOTAL FUNDS	75,059	(70,901)	4,158

10. RESERVE'S BREAKDOWN

	31.3.23 £	31.3.22 £
Unrestricted Funds:		
General	74,971	65,512
Purchase and maintenance of a minibus for Milaap's Transport Service	55,000	50,000
Contingency and Redundancy	33,000	30,000
Development and maintenance of the centre	16,500	15,000
	-----	-----
	179,471	160,512
Unrestricted Funds:	(53,386)	(45,969)
	-----	-----
	126,085	114,543
	=====	=====

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the Year ended 31 March 2023.

Milaap Multicultural Day Centre

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Grants	49,365	38,311
General Donations	14,933	16,112
	64,298	54,423
Investment Income		
Deposit account interest		7
Other income		
Other income	19,833	17,769
Job Retention Scheme receipts		2,860
	19,833	21,290
Total incoming resources	84,131	75,059
EXPENDITURE		
Charitable activities		
Wages	40,098	38,037
Pensions	794	375
Insurance	1,317	1,020
Telephone	857	1,415
Postage and stationery	751	398
Equipment and training	2,357	1,234
Motor cost	3,234	800
Accountancy fee	1,874	1,485
Office supplies	368	1,327
Catering costs	15,807	15,194
Members' activities	4,544	5,916
Admin fee	213	2,972
Depreciation	375	535
Bank charges and interest		193
	72,589	70,901
Total resources expended	72,589	70,901
Net income/(expenditure)	11,542	4,158