

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

**REPORT OF THE TRUSTEES
AND
STATEMENT OF ACCOUNTS**

YEAR ENDED 31ST MARCH 2022

CHARITABLE INCORPORATED ORGANISATION

REGISTERED CHARITY: 1171432

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

The trustees present their annual report and the unaudited accounts for the year ended 31st March 2022.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016).

Reference and administrative information

Charity name: STAMP Revisited (Mental Health Advocacy Service)

Operating name: STAMP Revisited

Charity registration number: 1171432

Registered office and operational address: Roseberry Park, Cleveland Way, Marton Road
Middlesbrough, TS4 3AF

Executive committee: Mary Booth
Russell Pell
Noelle Darwent
Joanne Falloon-Shakespeare

Manager: Andrea Gent

Independent Examiner: Mr J Gresham FCCA,
Azets, New Garth House,
Upper Garth Gardens, Guisborough, TS14 6HA

Bankers: Yorkshire Bank PLC, 7 Linthorpe Road, Middlesbrough, TS1 1RF

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Structure, Governance & Management

Governing Document: The organisation is a Charitable Incorporated Organisation Charity Number 1171432, registered on 2nd February 2017. It is governed by a constitution adopted on 2nd February 2017.

Organisational Structure: The organisation is governed by an effective Board of Trustees, which is collectively responsible for the success of the Charity. The Trustees have overall responsibility for the organisation's governance and strategy, and for making sure that it is accountable and administered effectively.

The Board of Trustees meet bi-monthly (a minimum of six ordinary meetings per year). Meetings are formally minuted with an Agenda distributed at least one week beforehand. All meetings must be quorate (attended by at least two trustees or one-third of trustees, whichever is greater).

The powers of the Board are outlined in STAMP Revisited's Governing Document. Decisions are made by majority vote of the Trustees with Chairperson having a second or casting vote. Policies, employment practices, funding initiatives and strategic development plans are the responsibility of the Board of Trustees as a whole.

Sub-Groups can take forward certain issues relating to personnel, finance, or organisational development, as instructed by the Board, but they may only report back and make recommendations. The Board of Trustees will always retain its role as the final decision maker.

The Project Manager, the equivalent of a Chief Executive Officer, is managed by the Board of Trustees and has the responsibility for ensuring the effective day to day service provision and management of the organisation. They are responsible for ensuring that the charity delivers services and meets funding targets and is also responsible for supervision of the staff team and staff development.

Staff may only operate within the remit of their job descriptions.

Recruitment & Appointment of Trustees: The organisation recognises the importance of having a diverse committee which represents the community it serves and the responsibility for finding potential new trustees lies with the existing Board of Trustees for the time being.

There is a written procedure for recruitment and selection of potential trustees, including the use of a skills audit, a preliminary meeting with the Project Manager followed by an informal interview with the Chair. This interview will include a discussion of any possible reasons for disqualification as well as any possible conflicts of interests.

Potential Trustees are then put forward for election at the AGM or considered for co-option as a Trustee at other times of the year. Co-option may take place to fill any identified skills gaps or weaknesses within the Board's membership. Any potential co-optees will be invited to attend at least one Board Meeting as an observer, and following this, the Board of Trustees will make a decision on whether to invite the candidate to join as a Trustee. A majority of two-thirds of the Trustees will be needed and there will be at least 14 days' notice of the proposed co-option given to all board members.

Trustees of STAMP Revisited are appointed through the procedures set out in the Governing Document and will serve for a period of 3 years and may be re-appointed to serve as a Trustee for a further term of 3 years before standing down (however, where appropriate, the requirement to stand down may be put aside).

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Honorary Officers are voted in either at the AGM or from amongst the Trustees at the first meeting following the AGM.

There will be no less 3 members of the Board of Trustees, at least one of which shall have, or have had, the need for mental health service provision.

Trustee Induction & Training: The current Board are familiar with the ethos and workings of STAMP Revisited, with many of them having been involved with the charity for some time. New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity. They are briefed on their legal obligations under charity law, the contents of the governing document, decision-making processes, the business plan, and the recent financial performance of the charity.

Following their induction, trustees are encouraged to participate in external training events that will benefit their role and are kept informed of relevant matters by the Project Manager.

Risk Management: Risk assessments are conducted for every activity or project that the organisation undertakes. The organisational Risk Register is reviewed by the trustees on a regular basis, with senior management reviewing current and emerging risks, or those where the rating has changed on an ongoing basis.

Risk is considered by trustees as part of their decision making around policy, strategy, and financial matters. Any risks identified are minimised by the implementation of procedures to regularly assess and monitor and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Related Parties: STAMP Revisited is a small, independent charity and not affiliated to a national body or other organisations.

Achievements & Performance

STAMP Revisited is a user-led organisation which provides a range of advocacy services and emotional support to people experiencing poor mental well-being and live within the boundaries of Middlesbrough, Redcar & East Cleveland & Stockton-On-Tees, particularly those experiencing multiple disadvantage or living in poverty and isolation.

Mental health problems have worsened since the emergence of Coronavirus. It has fuelled feelings of loneliness, anxiety, and fears for the future. The number of people with symptoms of depression has almost doubled since the beginning of the pandemic (ONS, 2022).

In January 2022, we carried out a survey to determine the impact the pandemic has had on our beneficiaries. 73.5% of those surveyed said it had a direct impact on their wellbeing with 64.9% believing their mental health had 'significantly deteriorated' since its start. Only 17.1% of those asked were relieved when restrictions were lifted compared with 80.2% who were anxious or concerned about themselves/others. 67.8% were still experiencing feelings of loneliness with 52.8% describing this as 'often/always' whilst 33.6% fear life will never return to normal.

The pandemic has also impacted the financial security of many individuals, increasing inflation and surging energy bills will only push more people into poverty and mental health crisis. Before the full context of the cost-of-living crisis was known, the impact survey showed 72.2% of our beneficiaries were already worried

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that they would be unable to pay their bills. It will leave thousands of people, who are already in desperate financial hardship, facing impossible choices about how to cope - exacerbating mental health issues even further.

Data provided by NHS Digital shows that the number of people contacting the NHS seeking help for mental health problems is at a record high. These needs arise in the context of an underfunded service facing backlogs, waiting lists and a stretched and understaffed workforce which will likely make services harder to access. In this area, there is currently a (minimum) 12-week wait to undergo assessment. Source: [Mental health services monthly statistics - NHS Digital](#)

The Centre for Mental Health estimates that up to 8.5 million adults in England over the next 3-5 years will need either new or additional mental health support, arising from bereavement and loss related to Covid-19, around two-thirds of whom already have existing mental health needs. Whilst, the NHS is investing in additional mental health services, the predicted levels of demand are 2-3 times that of the current NHS capacity within a 3-5 year window. Source: [Covid-19 and the nation's mental health: May 2021 | Centre for Mental Health](#)

It is for these reasons this service is vital, as it 'fills the gap' left by statutory services, for those that struggle to seek help or those awaiting treatment by allowing people to access help when they need it most.

Advocacy places the beneficiary and their needs at the heart of the conversation. It becomes a platform for vulnerable people which has been shown to increase their ability to obtain the community resources they need, increase their social support, and improve their quality of life. Whilst health professionals look to treat the symptoms of mental illness, advocacy addresses a person's whole life situation and the issues that may have led to a decline in their mental health.

We support those who are aiming to improve their life circumstances and who would otherwise find it difficult to organise the support they need to remain independent and well by ensuring that our beneficiaries:

- Are empowered and supported to express their views and concerns.
- Access information and services critical to their well-being and recovery.
- Defend and promote their rights and responsibilities.
- Explore their choices and options.

Our aim is to empower our clients to make choices that positively impact upon their lives, support them in identifying personal strengths and assist them to challenge social inequalities.

The advocacy service, provided by STAMP Revisited, does not solely focus on issues around health and social care, we support people with a range of issues that negatively impact upon their lives.

For some who experience ill mental health, their condition can affect their ability to understand or find solutions to the situations they find themselves in, access or understand information about their rights or the benefits they are entitled to. A person's self-confidence is often affected, their ability to speak, write, read or concentrate can also be impaired and an inability to deal with their problems or interpreting information is a significant source of stress for individuals. When living with poor mental health, the world can become very chaotic, frightening, confusing and uncertain, all of which can cause disruption to a person's life.

More services and businesses are acknowledging an increase of people who are presenting with poor mental health requiring support. Within the media, the wider focus and more open discussions around mental health has cultivated a wider acceptance of mental health and that anyone can be affected, it does not discriminate by gender, race, age, or social status. Despite this, the social prejudice, stigma,

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stereotyping, and negative attitudes shown towards mental health continue to raise concern and are significant obstacles for people. Many of our beneficiaries' report feeling suppressed and isolated by members of society that hold positions of power or by social systems that lack structure to recognise personal differences.

The Challenges: The Coronavirus Pandemic continues to be the biggest challenge we have faced. It has severely impacted upon those the organisation exists to support. Two years on from the first National Lockdown we have continued to adapt our services to meet the needs of our beneficiaries during this crisis providing a mix of both remote working and face-to-face support to help our beneficiaries navigate their way back to normal in the face of uncertainty.

We have seen a significant change in the complexity and severity of need from our beneficiaries since the start of the pandemic, with most individuals presenting with at least 2 issues that are significantly impacting upon their mental health. The issues faced by those we support now take much longer to resolve than they would have previously, leading to beneficiaries remaining in service for far longer than they would have pre-pandemic.

Our staffing capacity has also been impacted. In November 2021, a full-time Advocate undertook two long-term periods of sickness absence, meaning the organisation operated below capacity for a significant period.

These issues have not only led to increased demands on our service but also increased pressure on our small team. The team has worked incredibly hard to ensure that those in service could continue to receive support whilst the Advocate remained absent, but this did impact upon our ability to accept new referrals within a timely manner, and we continued to have a waiting list in place.

Referral Details: Despite the difficulties mentioned above, our Advocates have successfully supported 169 individuals, who were subsequently taken through an initial assessment to determine their issues and an Advocacy Action Plan was formulated. These Advocacy Action Plans generated 347 separate issues requiring advocacy intervention.

Referrals were received from those living in 3 boroughs, including Middlesbrough (66), Stockton-On-Tees (62) and Redcar and Cleveland (41), particularly from people experiencing multiple disadvantage or living in poverty and isolation. According to the Indices of Deprivation, a staggering 83% of our beneficiaries were living in areas of high deprivation (60% of those we supported lived within the 10% most deprived wards nationally, with a further 23% living within wards described as the 10-20% most deprived). 66% of our referrals were received from mainstream services with the remaining 34% coming from the beneficiary themselves, or a family member. Source: [English indices of deprivation 2019 - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/statistics/english-indices-of-deprivation-2019)

When an individual enters our service, they are taken through a risk assessment. When an individual declares a risk, the risk is fully explored by the Advocate and, where necessary, appropriate referrals are made so that individuals can seek the correct interventions to manage it. These risk assessments identified that 74% of those we supported were not receiving any other form of support for their mental health issue, despite 55% of those we supported declaring they were at risk of deliberate self-harm or severe self-neglect and 45% experiencing suicidal thoughts.

93% of the people we supported report their employment status as unemployed or unable to work because of their health issues, whilst 15% also fell under dual diagnosis, a term used to describe individuals with a mental illness and problematic drug and/or alcohol use.

Whilst every individual we worked with was experiencing mental health issues, 59% of those we supported

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also disclosed that they had a Physical Disability, 19% had a diagnosed Learning Disability and 12% had a long-standing illness or health condition. 54% of those we supported had a common mental health problem, such as depression or anxiety, whilst 46% had a mental health condition categorised as 'serious' meaning that their psychological problems are often so debilitating that their ability to engage in functional and occupational activities is severely affected.

The 5 main areas where support was provided included, Health & Social Care, Welfare Reform, Managing Housing & Accommodation, Debt Management & Financial Hardship and Social Networks & Relationships.

The most prominent issue faced by those we supported related to Health & Social Care, 124 cases were listed under this category where individuals are supported to ensure that their views, wishes, and feelings are considered when discussions or decisions were being made in relation to their treatment or care planning. Under this category individuals were also provided with emotional support, involving regular telephone calls to support their mental wellbeing, referred for assessments or to other services to support their recovery, raise complaints regarding the conduct of health service or health care professional and engage in adult safeguarding procedures to ensure they could remain safe and able to protect themselves from abuse and neglect.

78 Cases were listed under Welfare Reform, where individuals required support to undertake the claims or renewal process for benefits such as PIP (Personal Independence Payments), ESA (Employment and Support Allowance) or UC (Universal Credit). The application and assessment process for welfare benefits can be distressing and confusing for those with poor mental health and because of the difficulty that many people with mental health conditions have in explaining how their condition affects them, there is a risk that they will be wrongly assessed. 90% of those who had an Advocate support them during a medical assessment, were awarded their benefits, whilst the outcome of the remaining 10% remain outstanding. 94% of those undergoing an appeal had the decision to withdraw their benefits overturned. Individuals were also assisted to obtain emergency assistance in the form of vouchers for food, gas and electricity or apply for an Advance Payment of their Universal Credit.

45 people required support with aspects of their current housing situation. 26 individuals were supported to register for housing and seek alternative accommodation, including 8 individuals who were categorised as homeless and 6 individuals where experiencing harassment and anti-social behaviour which meant they no longer felt safe in their own homes. All those who were homeless were successfully rehoused following advocacy intervention. 10 people were also supported to appeal against their current banding with a housing association, this not only involved those who required a move because of their health needs but also those experiencing ongoing harassment or fleeing domestic violence. All appeals submitted were successful. 15 people required help to liaise with their housing association or private landlord in relation to neighbour disputes or outstanding repairs and uninhabitable living conditions. Formal complaints were necessary in some of these, all of which were upheld and resulted in the individual receiving financial compensation.

45 individuals were also supported to address their debts or current financial situation. This involved supporting individuals to engage with specialist debt advisors, negotiate repayment plans with their creditors, trigger 'breathing space' to allow people time to find a solution to their debts or pursue a Debt Relief Order where individuals are unable to repay them. Several individuals were also supported to access crisis assistance schemes for food and/or fuel vouchers, white goods, and essential furniture.

The most time-consuming cases were those that fell under the Social Networks & Relationships Category, 32 cases were placed under this category. 26 families were supported to navigate Local Authority Planning Processes where their children are subject to child protection or child in need proceedings. Parents were supported to understand their rights and options and how Child Protection Planning and decision-making

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works so that they had the opportunity to fully participate in the process. As a result of the Advocacy Service, parents were able to access the necessary support to prepare for meetings, relay their views and reach agreements or negotiate with the Local Authority when making safe plans or arranging access to their Children. In addition, 3 individuals were supported to initiate court proceedings to regain contact arrangements and 1 individual was supported to undergo the legal process to defend a request to remove their parental responsibility (parental responsibility was maintained). 10 individuals were also assisted to lodge formal complaints to register their dissatisfaction with the way proceedings had been conducted or against the allocated Social Worker involved within them.

Other cases required support around Offending & Rehabilitation (10), Living Skills (6), Drug/Alcohol Use (4) and Work & Volunteering Opportunities (3).

Impact: On leaving the advocacy service, our beneficiaries are asked to take part in an Exit Interview. During the Exit Interview participants are asked to take part in a discussion and short survey which determines the benefits they have received as a result of accessing the service.

Data obtained during the reporting period (1st April 2021 - 31st March 2022) showed that those in service have reported significant improvements, particularly in relation to their mental health, with 90.4% reporting improvements in their mental wellbeing following their interaction with an Advocate.

Outside of this, the biggest increase was around the financial impact, particularly Welfare Reform with 83.3% of those accessing the service, in this area, reporting a positive change, having successfully obtained welfare benefits or challenging a welfare decision. 73.6% of our beneficiaries also felt they were in a better financial position when leaving the service.

82.6% of those we worked were able to identify an improvement in their ability to manage their mental health problem in the future, with a further 63.6% reporting reduced levels of stress/anxiety whilst 84.2% felt more in control of their life as a result of the advocacy intervention.

64.2% also reported an increased ability to manage their housing and accommodation, despite only 13.5% of our overall caseload accessing the service for housing related support. 70.5% of our beneficiaries also reported positive changes to their social networks and relationships with others whilst 61.5% had also developed their living skills and 14.9% felt more able to look for work or volunteering opportunities when exiting the service.

When asked about their overall experience of the Advocacy Service, 98.5% felt more listened to, 75.1% noted an increase in their confidence with 85.1% feeling more optimistic about the future.

Other Activities: We are currently working alongside a Charity Consultant, Angela Dinsdale, to determine how the Coronavirus Pandemic has impacted upon the Board and the organisation itself. Throughout the pandemic, the Board of Trustees continued to meet regularly using digital technology. Whilst this preserved the safety of our Board Members, meetings began to feel fragmented, and individuals became disconnected and isolated. As a result, we have engaged with a consultant to evaluate the impact of the pandemic on Board Member's current position, their roles and any life changing directions that may render an impact on the organisation, after coming through a challenging time and this work remains ongoing.

Financial Review

The Board of Trustees review the finances at each of their board meetings. The Treasurer and Project Support Coordinator oversee the book-keeping procedures and financial systems whilst the Chair, Treasurer and Trustees maintain a watching brief on day-to-day costs.

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Principal Funding Sources: Our principal funders are Tees, Esk & Wear Valleys NHS Foundation Trust, the National Lottery Community Fund, the Lloyds Bank Foundation, the Ballinger Charitable Trust, and the Garfield Weston Foundation.

Plans for the Future: The organisation was fortunate to have secured long-term funding not long before the pandemic first hit, whilst the decision to temporarily pause services and make use of the Coronavirus Job Retention Scheme allowed us to extend our current grants meaning the organisation has not had to utilise any of its reserves. However, with some form of restrictions remaining in place, the organisation has chosen not to hold any fundraising events in the interests of public safety. As a result, the organisation has been unable to build on its reserves for a 2-year period.

As always, the sustainability of the organisation remains a growing concern for our Board of Trustees. There is a threat to our financial viability in the second half of 2022 as most of our current funding is due to come to an end. Competition for funding is much greater now, than before the pandemic, and this will only increase further as the economic outlook worsens and the pots of money available become smaller.

Many charities who have been able to access funding through statutory agencies may no longer have this opportunity as they look to claw back some of the funds put forward to address the crisis response and further cuts are made.

The management and Board of Trustees are working hard to secure the organisation's long term future and find ways to adapt and expand our services to meet the rising demand. We are already making steps to find new ways of generating income, introducing new methods of giving and online fundraising to diversify our income streams to aid our financial sustainability.

We are aware that collaborative approaches to funding and service delivery could play an important role in the future and we recognise the importance of building strong relationships with other agencies. We are continuously looking to build and connect our existing networks and have plans to reach out to other organisations to explore future partnerships so that we can provide the best possible support to our beneficiaries.

Over the coming months, we will also be holding a recruitment drive to hopefully attract a greater diversity to the Board of Trustees to encourage new ideas, enhance their skills and provide additional support to our frontline team.

Reserves Policy: The calculation of the required level of reserves is an integral part of the annual planning, budget and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

The Board of Trustees has explored the charity's requirements for reserves considering the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure, to ensure that the organisation's core activities could continue during a period of unforeseen difficulty. At the end of the year unrestricted general funds available for future periods stood at £18,687, whilst restricted reserves were £33,782.

Investment Policy: The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

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- providing an income for the Charity to carry out its activities and purpose effectively in the short term; and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission.

In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

The investment of any funds will be considered in the first instance by the Finance Sub-Committee and any recommendations will be made for full Board consideration and approval.

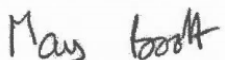
Statement of Trustees Responsibilities:

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Mary Booth
Chairperson

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

Independent Examiner's Report to the Trustees of South Tees Advocacy in Mental Health Project

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

New Garth House
Upper Garth Gardens
Guisborough
TS14 6HA

Mr J Gresham FCCA
Azets



30th January 2023

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STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31st MARCH 2022

| | Note | Unrestricted Funds | Restricted Funds | Total Funds 2022 | Total Funds 2021 |
|---|------|--------------------|------------------|------------------|------------------|
| | | £ | £ | £ | £ |
| INCOME | | | | | |
| Donations and Grants | 2 | 36500 | 344 | 36844 | 48704 |
| Income from charitable activities | 3 | 20000 | 73578 | 93578 | 124105 |
| TOTAL INCOMING RESOURCES | | <u>56500</u> | <u>73922</u> | <u>130422</u> | <u>172809</u> |
| EXPENDITURE | | | | | |
| <i>Expenditure on charitable activities</i> | | | | | |
| On main activity | | 30104 | 116244 | 146348 | 117847 |
| Other costs | | 3345 | 3571 | 6916 | 6651 |
| TOTAL EXPENDITURE | 4 | <u>33449</u> | <u>119815</u> | <u>153264</u> | <u>124498</u> |
| Net expenditure/income | 6 | 23051 | (45893) | (22842) | 48311 |
| Transfers between funds | | 1852 | (1852) | - | - |
| Net movement in funds | | 24903 | (47745) | (22842) | 48311 |
| Fund balances brought forward | | 27566 | 112267 | 139833 | 91522 |
| Fund balances carried forward | | <u>52469</u> | <u>64522</u> | <u>116991</u> | <u>139833</u> |

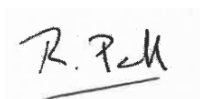
The notes on pages 15 to 21 form part of these accounts

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BALANCE SHEET AS AT 31st MARCH 2022

| | Note | £ | 2022 | £ | 2021 | £ |
|--|------|---|---------------|---------------|---------------|---------------|
| FIXED ASSETS | | | | | | |
| Tangible Assets | 7 | | | - | | - |
| CURRENT ASSETS | | | | | | |
| Cash at Bank | | | 119221 | | 141824 | |
| Cash in Hand | | | 170 | | 170 | |
| | | | <u>119391</u> | | <u>141994</u> | |
| CURRENT LIABILITIES | | | | | | |
| Creditors; amounts falling due within one year | 8 | | <u>(2400)</u> | | <u>(2161)</u> | |
| NET CURRENT ASSETS | | | | <u>116991</u> | | <u>139833</u> |
| NET ASSETS | | | | <u>116991</u> | | <u>139833</u> |
| FUNDS | | | | | | |
| Unrestricted | 10 | | | 52469 | | 27566 |
| Restricted | 10 | | | 64522 | | 112267 |
| | | | | <u>116991</u> | | <u>139833</u> |

Approved by the Trustees on 25th January 2023 and signed on its behalf by:



Russell Pell
Trustee (Treasurer)

The notes on pages 15 to 21 form part of these accounts

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NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(a) Basis of Preparation

The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high quality advocacy service to those living within Middlesbrough, Redcar & Cleveland and Stockton-On-Tees

The Charitable Organisation (CIO) 1171432 was registered on 2nd February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28th April 2017. The financial statements for the CIO represent the combined assets, liabilities and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

- (b) All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.
- (c) All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.
- (d) Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

| | |
|------------------------|-----|
| Charitable Expenditure | 90% |
| Other Costs | 10% |

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

- (e) Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

| | |
|-----------|----------------|
| Equipment | 25% per annum |
| Computers | 100% per annum |

- (f) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.
- (g) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS AND GRANTS

| | Unrestricted Funds 2021 | Restricted Funds 2021 | Total Funds 2022 | Total Funds 2021 |
|------------------------------------|-------------------------------|-----------------------------|------------------------|------------------------|
| | £ | £ | £ | £ |
| Tees, Esk & Wear Valleys NHS Trust | | | | |
| - Donated Premises & Utilities | 33000 | - | 33000 | 33000 |
| Job Retention Scheme Grants | - | 344 | 344 | 15402 |
| Donations | 3500 | - | 3500 | 302 |
| | <u>36500</u> | <u>344</u> | <u>36844</u> | <u>48704</u> |

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

3. INCOME FROM CHARITABLE ACTIVITIES

| | Unrestricted Funds 2022 | Restricted Funds 2022 | Total Funds 2022 | Total Funds 2021 |
|---------------------------------|-------------------------------|-----------------------------|------------------------|------------------------|
| | £ | £ | £ | £ |
| Henry Smith Charity | - | - | - | - |
| Lloyds Bank Foundation | - | 31294 | 31294 | 30414 |
| 1989 Willan Charitable Trust | - | - | - | - |
| Ballinger Charitable Trust | 20000 | - | 20000 | - |
| National Lottery Community Fund | - | 42284 | 42284 | 83691 |
| Garfield Weston Foundation | - | - | - | 10000 |
| | <u>20000</u> | <u>73578</u> | <u>93578</u> | <u>124105</u> |

Of total income of £130422 in 2022 (2021: £172809), £73922 (2021: £139507) was credited to restricted funds and £56500 (2021: £33302) was credited to unrestricted funds.

4. EXPENDITURE

| | Charitable Activities £ | Other Costs £ | 2022 £ | 2021 £ |
|--|-------------------------------|---------------------|---------------|---------------|
| Costs Directly Allocated to Activities | | | | |
| Staff Costs | 92401 | - | 92401 | 67329 |
| Accountancy | 1200 | - | 1200 | 1200 |
| Independent Examiner's Fee | - | 1200 | 1200 | 1200 |
| Training & Travel | 1176 | - | 1176 | 22 |
| Sundry | 130 | - | 130 | 244 |
| Support Costs Allocated to Activities on the Basis of Usage | | | | |
| Staff Costs | 18258 | 2029 | 20287 | 17975 |
| Premises Costs | 29700 | 3300 | 33000 | 33000 |
| Stationery, Telephone & Computer | 2399 | 267 | 2666 | 2376 |
| Insurance | 1084 | 120 | 1204 | 1152 |
| | <u>146348</u> | <u>6916</u> | <u>153264</u> | <u>124498</u> |

Of expenditure of £153264 in 2022 (2021: £124498), £119815 was charged to restricted funds (2021: £90936) and £33449 was charged to unrestricted funds (2021: £33562).

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

5. STAFF COSTS

| | 2022 £ | 2021 £ |
|--------------------|---------------|--------------|
| Gross Salaries | 106326 | 81912 |
| Employer's NI | 4197 | 1849 |
| Employer's Pension | 2165 | 1543 |
| | <u>112688</u> | <u>85304</u> |

There were no employees who earned more than £60,000 per year (2021: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2021: 5 Split 4 advocacy and 1 admin).

6. NET INCOMING RESOURCES

| | 2022 £ | 2021 £ |
|---|-------------|-------------|
| Net Incoming Resources is Stated After Charing: | | |
| Depreciation of Owned Assets | - | - |
| Independent Examiner's Fee | 1200 | 1200 |
| Accountancy & Payroll Services | <u>1200</u> | <u>1200</u> |

7. FIXED ASSETS

| | Furniture & Equipment £ | Computer £ | Total £ |
|--------------------------------|-------------------------------|---------------|--------------|
| COST | | | |
| At 1 st April 2021 | 5006 | 19787 | 24793 |
| Additions | - | - | - |
| | <u>5006</u> | <u>19787</u> | <u>24793</u> |
| At 31 st March 2022 | <u>5006</u> | <u>19787</u> | <u>24793</u> |
| DEPRECIATION | | | |
| At 1 st May 2021 | 5006 | 19787 | 24793 |
| Charge for the Year | - | - | - |
| | <u>5006</u> | <u>19787</u> | <u>24793</u> |
| At 31 st March 2022 | <u>5006</u> | <u>19787</u> | <u>24793</u> |
| NET BOOK VALUE | | | |
| At 31 st March 2022 | <u>-</u> | <u>-</u> | <u>-</u> |
| At 30 th April 2021 | <u>-</u> | <u>-</u> | <u>-</u> |

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

8. CREDITORS: Amounts falling due within one year

| | 2022 £ | 2021 £ |
|---------------------------------|-------------|-------------|
| Social Security and other taxes | 2400 | 2161 |
| | <u>2400</u> | <u>2161</u> |

9. ANALYSIS OF NET ASSETS BETWEEN FUNDS

| | Restricted £ | Unrestricted £ | Total £ |
|--|-----------------|-------------------|---------------|
| Fixed Assets | - | - | - |
| Net Current Assets | 64522 | 52469 | 116991 |
| Balance at 31 st March 2022 | <u>64522</u> | <u>52469</u> | <u>116991</u> |

10. FUNDS

Movements

| | At 1 st April 2021 £ | Incoming Resources £ | Outgoing Resources £ | Transfers £ | At 31 st March 2022 £ |
|---------------------------------|---------------------------------------|----------------------------|----------------------------|----------------|--|
| Restricted Funds | | | | | |
| Lloyds Bank Foundation | 5588 | 31294 | (24947) | - | 11935 |
| National Lottery Community Fund | 93067 | 42628 | (83516) | - | 52179 |
| Ballinger Trust | 1852 | - | - | (1852) | - |
| Allen Lane Foundation | 408 | - | - | - | 408 |
| Garfield Weston | 11352 | - | (11352) | - | - |
| Total Restricted | <u>112267</u> | <u>73922</u> | <u>(119815)</u> | <u>(1852)</u> | <u>64522</u> |
| Unrestricted Funds | | | | | |
| Ballinger Trust | 12379 | 20000 | (449) | 1852 | 33782 |
| General Fund | 15187 | 36500 | (33000) | - | 18687 |
| Total Unrestricted | <u>27566</u> | <u>56500</u> | <u>(33449)</u> | <u>1852</u> | <u>52469</u> |
| Total Funds | <u>139833</u> | <u>130422</u> | <u>(153264)</u> | <u>-</u> | <u>116991</u> |

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

10. FUNDS

Movements

| | At 1 st April 2020 £ | Incoming Resources £ | Outgoing Resources £ | Transfers £ | At 31 st March 2021 £ |
|---------------------------------|---------------------------------------|----------------------------|----------------------------|----------------|--|
| Restricted Funds | | | | | |
| Lloyds Bank Foundation | 1284 | 30414 | (26110) | - | 5588 |
| National Lottery Community Fund | 50152 | 99093 | (56178) | - | 93067 |
| Ballinger Trust | 1852 | - | - | - | 1852 |
| Allen Lane Foundation | 408 | - | - | - | 408 |
| Garfield Weston | 10000 | 10000 | (8648) | - | 11352 |
| Total Restricted | 63696 | 139507 | (90936) | - | 112267 |
| Unrestricted Funds | | | | | |
| Ballinger Trust | 12941 | - | (562) | - | 12379 |
| General Fund | 14885 | 33302 | (33000) | - | 15187 |
| Total Unrestricted | 27826 | 33302 | (33562) | - | 27566 |
| Total Funds | 91522 | 172809 | (124498) | - | 139833 |

10. FUNDS (CONTINUED)

Purposes of Restricted Funds:

Lloyds Bank Foundation have provided a three-year grant, of £91,822, which will fund the partial salary of our Project Manager, with a contribution towards running costs. A payment of £31,294 was received during this financial year. This grant was due to expire on 30th April 2022, however the organisation has recently secured continuation funding for a further year.

The **National Lottery Community Fund** (formally the Big Lottery Fund) have provided a three-year grant, totalling £250,002, which will fund the salaries and associated costs of our Advocates and Project Support Coordinator. It also includes a £10,000 grant towards business development costs. A payment of £42,284 was received during this financial year, whilst a further £344 was also recovered through the Coronavirus Job Retention Scheme.

The **Ballinger Charitable Trust** provided an unrestricted grant, towards the organisation's core costs. We received the second grant payment of £20,000 during this year, with a further payment of £20,000 expected in 2023. A further £1,852 was also retained from a previous grant, and transferred to the current grant, which will allow the organisation to pursue accreditation.

The **Garfield Weston Foundation** provided a three-year grant, of £30,000, towards the organisations core costs. This grant was fully utilised in December 2021.

The funds held in the **Allen Lane Foundation** have been retained from a previous grant and will be used to renew promotional materials for our volunteering programme.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

11. TRUSTEES AND RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2021: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2021: NIL).

Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.