STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales · Charity number 1171432

Details

Status	Registered
Legal form	CIO
Registered	2017-02-02
Register	View on the Charity Commission register

Contact

Address	Roseberry Park Hospital Marton Road Middlesbrough Cleveland TS4 3AF
Phone	01642837555
Email	info@stamprevisited.org.uk
Website	www.stamprevisited.org.uk

Activities

Objects: TO PROMOTE THE RELIEF OF PERSONS WITH MENTAL HEALTH PROBLEMS LIVING IN AND AROUND MIDDLESBROUGH, REDCAR & EAST CLEVELAND AND STOCKTON-ON-TEES

Activities: STAMP Revisited is a user-led organisation which provides a range of advocacy services and emotional support to people living within the boundaries of Middlesbrough, Redcar & East Cleveland, and Stockton-On-Tees. We support those who are aiming to improve their life circumstances and who would otherwise find it difficult to organise the support they need to remain independent and well.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability
- **Who:** People With Disabilities

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Geography

- Middlesbrough
- Redcar And Cleveland
- Stockton-on-tees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£151,149	£133,933	-	-
2024-03-31	£128,778	£127,174	-	-
2023-03-31	£133,464	£157,747	-	-
2022-03-31	£130,422	£153,264	-	-
2021-03-31	£172,809	£124,498	-	-

Trustees

Name	Role	Appointed
Lucia Hiden	Chair	2024-11-26
Barbara Adu-Darko		2024-09-24
David Arthur Hicks		2024-09-24
Joanne Mary Falloon-Shakespeare		2018-05-18
Katherine Louise Brioude		2024-11-26
Lisa Campbell		2024-11-26

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STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales - Charity number 1171432

Accounts

REPORT OF THE TRUSTEES & STATEMENT OF ACCOUNTS

YE: 31 MARCH 2025

STAMP Revisited, Roseberry Park Hospital, Marton Road, Middlesbrough, TS4 3AF
Registered Charity Number: 1171432

The trustees present their annual report and the unaudited accounts for the year ended 31 March 2025.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1st January 2019.

REFERENCE AND ADMINISTRATIVE INFORMATION:

Charity Name: STAMP Revisited (Mental Health Advocacy Service)

Operating Name: STAMP Revisited

Charity Registration Number: 1171432

Registered Office and Operational Address:

Roseberry Park Hospital, Cleveland Way, Marton Road, Middlesbrough, TS4 3AF

Trustees:

Mary Booth	Chairperson	
David Hicks	Treasurer	(Appointed 24 September 2024)
Joanne Falloon-Shakespeare	Trustee	
Thomas Dunn	Trustee	(Resigned 29 May 2024)
Noelle Darwent	Trustee	(Appointed 30 May 2024)
Barbara Adu-Darko	Trustee	(Appointed 24 September 2024)
Lucia Hiden	Trustee	(Appointed 26 November 2024)
Alistair Kellet Smith	Trustee	(Appointed 26 November 2024)
Lisa Campbell	Trustee	(Appointed 26 November 2024)
Katherine Brioude	Trustee	(Appointed 26 November 2024)

Project Manager: Andrea Gent

Independent Examiner: Graham Fitzgerald BA FCA DChA
Azets Audit Services, Wynyard House, Wynyard, TS22 6DB

Bankers: Virgin Money UK
7 Linthorpe Road, Middlesbrough, TS1 1RF

CHAIR'S STATEMENT:

It has been another challenging year for charities, their beneficiaries and the wider population as the cost-of-living crisis continues to bite. This crisis has only exacerbated the issues faced by the community we serve, with many already living in areas of high deprivation and extreme poverty.

Our staff have been key to our success, they have continued to rise to these challenges and meet the needs of their clients, despite difficult circumstances. They continue to work tirelessly, adapting our service delivery to meet the needs of our community and provide a lifeline of support to those experiencing the symptoms of poor mental health, who may need support to understand their rights, ensure that their voices are heard, and they are central to any decisions which are made about them.

I would like to take this opportunity to applaud all our staff for the work that they have done in the rapidly changing and uncertain environment that we face and the passion and empathy they have shown throughout. Without their hard work and dedication, we would be unable to continue to provide an efficient, high-quality service to those in the local community who need our support.

I would also like to thank, not just on behalf of everyone at STAMP Revisited, but also the people we serve, the members of the public who have raised funds for us, organisations that have contributed or made donations in kind and the many grant making trusts and foundations who have funded and continue to fund our work. We are extremely grateful for your support and the trust you place in us.

Finally, I would like to welcome the 6 new Trustees who have recently joined the Board, and give my thanks to them, and my fellow trustees, who generously donate their time, skills and wisdom to support the organisation. We are also extremely fortunate to have partner organisations who support us in many ways, and we look forward to continuing those relationships over the coming year.

Over the last 12 months, we've worked hard to continually improve the quality of our services and to increase our positive impact on people's lives. We know so much more is needed before everyone has a voice when it matters most. That's why we're determined not only to enable more people to benefit directly from our work, but also to work with others to address the barriers which block so many of us from the life we want, and from the rights which we are entitled to enjoy.

Mary Booth, Chairperson

PUBLIC BENEFIT:

STAMP Revisited is a user-led organisation, which seek to empower those experiencing poor mental well-being through advocacy, information, advice, and guidance to give people the tools, help, and support they need to allow them to be involved and make their own choices and decisions about their lives.

We provide advocacy services to people in a range of settings, from hospitals, including secure mental health units, residential homes, and in the community. For us advocacy is as simple as helping people have their voice heard, understand their rights, and speak up about what they need and what is important to them.

Our Aims:

- To **support** and empower those experiencing poor mental health to express their views, be heard and have a direct say on issues critical to their wellbeing and recovery.
- To **enable** individuals to explore their options and agree a course of action to actively take part in resolving their issues and develop the skills to overcome the barriers to good mental health.
- To **empower** individuals to make informed choices and support them to identify their personal strengths to gain and remain in control of their lives.
- To **defend** and promote the rights of those experiencing mental health issues and safeguard them by promoting good practice, and preventing discrimination, neglect, and abuse.
- To **promote** social inclusion and raise awareness of the obstacles faced by individuals experiencing poor mental health to prevent exclusion and isolation.
- To **encourage** individuals to broaden their horizons and become active and inclusive members of society.

Our Vision:

Our vision is for an inclusive and safe society where the voices of vulnerable people, particularly those with mental health issues, are listened to, their views are valued, and they are able to live fulfilling lives according to their own choices.

Our Values:

- **Passionate:** We are passionate about leading the way to a better quality of life for everyone affected by mental illness. We are committed to delivering high quality support and strive for excellence in everything we do, however small.
- **Person Led:** We put those we support first, ensuring that we are directed by their wishes and interests. We are non-judgmental and respectful of people's needs, views, culture, and experiences.
- **Independent:** We are independent from statutory organisations and all other service providers so we remain free from influence and conflict of interest so we can fully represent those we support.
- **Empowering:** We treat people as individuals with their own unique strengths. We support people to speak up for themselves and create opportunities for self-advocacy, empowerment, and enablement. We equip people to understand their rights and support people to access information to exercise choice and control in their lives.
- **Understanding:** People who are affected by mental illness are at the heart of everything we do. We involve them in shaping our organisation, when developing and delivering services that meet their needs and make a positive difference to people's lives.
- **Equality:** We are pro-active in tackling all forms of inequality, discrimination, and social exclusion so that everyone is treated fairly. We make reasonable adjustments to ensure people have appropriate opportunities to engage, direct and benefit from our services.
- **Accessible:** Our services are provided free of charge to those who are eligible. We do our best to be accommodating in the way we provide our services and use language that is easy to understand and accessible for all.

Our Services:

Many of us find it difficult, to get our voice heard about decisions or actions that affect our lives. For some people, experiencing poor mental health can affect their ability to understand their situation, access or understand information about their rights or the benefits they are entitled to. Sometimes, everyday tasks can become overwhelming, frightening, and confusing.

Our Advocates adopt the principles of empowerment, positive choices, and user involvement to work alongside our beneficiaries to tackle the issues that matters to them most, including:

Health & Social Care: Where individuals are supported when discussions or decisions are being made in relation to their treatment or care and support planning or to challenge decisions which they do not agree with.

Living Skills: Where Individuals who are struggling to care for themselves, complete everyday tasks or access the community are supported to attend assessments to determine their needs to maintain their independence.

Welfare Reform: Where individuals are assisted to understand, prepare, attend, and take part in meetings, assessments or appeals when making a claim, renewing, or appealing a decision for welfare benefits such as PIP, ESA or UC.

Family: Where individuals are assisted with all family matters, including those whose children are subject to care proceedings and they require support to engage and participate in local authority planning processes.

Debt Management & Financial Hardship: Where those who are struggling with debt are supported to prevent their financial problems from escalating and those in financial crisis are assisted to access local welfare assistance schemes.

Social Networks & Relationships: Where individuals are supported to identify their hobbies and interests to find suitable community groups, leisure and social activities, develop new interests, or rediscover skills, e.g. through volunteering.

Managing Housing & Accommodation: Where individuals are assisted to resolve issues around their current housing, seeking alternative housing and understanding their rights when faced with homelessness.

Workplace Disputes: Where those who are involved in workplace disputes or conflict are supported to understand their rights, speak with their employer, or take part in meetings to try and resolve it.

Addictive Behaviours: Where individuals who are concerned about their drug or alcohol intake, or behavioural addictions, such as gambling, are assisted to access the necessary treatment and support needed to overcome them.

Offending & Victims of Crime: Where individuals have been accused of a crime, or those who are a victim of crime are supported to engage within the Court process, seek legal advice or access additional services to prevent re-offending.

Our Impact:

174 PEOPLE

were supported through our advocacy services.

234 CASES

were dealt with by our Advocates.

87% OF THOSE SUPPORTED

reported improvements in their mental health.

86% FELT THEIR RIGHTS

were respected as a result of our advocacy support.

NIALL'S STORY:

When Niall was told he would need to migrate from legacy benefits to Universal Credit (UC), he felt completely overwhelmed. Struggling with the complexity of the benefits system and unable to process information over the phone, Niall faced a process that felt both unmanageable and impersonal. Without the right support, he was at serious risk of losing essential income and financial stability. He was unsure how much he would receive, how the payments would be structured, or what would be expected of him under UC. An initial call to Help to Claim yielded no clear guidance, as there was not enough information for advisors to assess his situation. After chasing paperwork from the DWP, a second attempt still left Niall without clarity and raised further concerns about the accuracy of his existing ESA payments.

Niall was referred to two local welfare advice agencies for specialist guidance. Both recommended moving forward with the UC claim to avoid gaps in income, with the understanding that any discrepancies in his legacy benefits could be addressed later.

With support, Niall contacted the ESA helpline to clarify his payment history. Armed with accurate information, Help to Claim were finally able to confirm his UC entitlement and explain the steps for completing the online application. For the first time, Niall felt confident enough to manage the process himself.

He was supported to attend his UC commitment appointment, where he managed the interview independently. Niall raised important concerns about rent payments and his preference for fortnightly UC payments. Guided to use his online journal, he was supported in drafting a clear request, which was subsequently approved.

With consistent, tailored advocacy, Niall not only secured his income but also gained the confidence and skills to manage his own claim and advocate for his needs.

100%

FELT MORE LISTENED TO,

and that their voices where heard.

73%

OF THOSE SUPPORTED

noted an increase in their confidence.

75%

FELT LESS ISOLATED

or they had improved their social networks.

80%

OF THOSE SUPPORTED

felt more in control of their lives.

75%

FELT MORE ABLE TO

do things on their own (self-advocate).

93%

LEFT THE SERVICE

feeling more hopeful about their future.

SUZIE'S STORY:

Suzie was referred for support during the most traumatic period of her life: the sudden and tragic death of her son, by suicide, while he was under the care of mental health services.

She was thrown into a complex world of lengthy investigations, legal proceedings, and formal processes, all while experiencing overwhelming grief. Adding to this were distressing issues at the cemetery, including anti-social behaviour, and complicated family dynamics that left her feeling isolated.

Suzie needed someone who could listen, guide, and stand beside her over the long term - someone she could trust to help her navigate this incredibly difficult journey.

Over the past three years, her Advocate has worked consistently alongside her, providing not only practical help but also unwavering emotional support.

Time was taken to listen, understand and respond to Suzie's concerns, helping her move things forward at a pace that felt manageable.

The Advocate supported Suzie through formal meetings with mental health services and legal representatives and liaised with the cemetery manager to address ongoing issues.

Together, they reviewed hundreds of pages of documents and reports relating to her son's death, carefully preparing responses and questions to ensure Suzie's voice was heard during the coroner's inquest and beyond.

The Advocate was by Suzie's side throughout each stage, taking notes, clarifying outcomes, and reminding her of what she had achieved, even when the emotional toll felt overwhelming.

She was supported to engage with her MP, share her story with the press, and prepare powerful personal statements that reflected her experiences and concerns with honesty and strength.

In addition to this, the Advocate helped Suzie undergo a review of her welfare entitlement, to ensure she remained financially stable.

The Advocate supported her to claim Employment & Support Allowance (ESA), which helped protect her financial independence and ensured she maintained her National Insurance contributions. This support was vital not only for her immediate wellbeing but also to safeguard her future entitlement.

Thanks to consistent support, Suzie has felt heard, empowered, and less alone.

In Suzie's words:

"The support I have received has been one in a million. On my darkest days you have supported me through giving unconditional support. We would not have been able to do this without your help and we so appreciate everything you have done and continue to do".

OUR ACHIEVEMENTS:

Over the past 12 months, we have made significant progress in assessing and improving the way we deliver our services. By actively engaging with clients and stakeholders, we've been able to review our current provision, identify areas for development, and introduce more flexible, creative approaches to advocacy that are better aligned with the needs of our communities.

A key part of this progress has been developing stronger ways to measure the effectiveness of our work. We've begun improving how we collect and use data so we can better demonstrate our impact and ensure that the services we provide are shaped by the people who use them.

Supporting and developing our workforce has remained a central priority. Following meaningful staff consultation, we've tailored our health and wellbeing offer to better meet the needs of our team. This includes introducing a new Wellbeing Assistance Programme and becoming an accredited Living Wage Employer through the Living Wage Foundation. This decision reflects our values, ensuring that every team member earns a real Living Wage based on the actual cost of living. It's a practical and symbolic step that shows we're not just advocating for change, we're modelling it ourselves.

We've also taken important steps to strengthen our governance. A successful recruitment campaign brought six new members onto our Board of Trustees, increasing the diversity, skills, and lived experience represented at leadership level. This stronger, more inclusive Board has boosted our ability to navigate change, make informed decisions, and provide the oversight we need to grow with confidence.

Collaboration remains central to our approach. Over the past year, we've continued to build strong partnerships with like-minded organisations to co-design and deliver services in more flexible and effective ways. These partnerships help us reach more people and respond more effectively to a broader range of needs across our community.

Empowering individuals to speak up for themselves is a core value we continue to champion. This year, we began developing a suite of self-advocacy resources designed to equip people with the knowledge and skills they need to advocate for themselves with confidence.

Internally, we've prioritised maintaining a healthy, positive organisational culture. By listening closely to staff, encouraging open communication, and promoting wellbeing at every level, we've taken meaningful steps to ensure people feel supported and valued in their roles. Regular check-ins, flexible working arrangements, and a responsive approach to individual needs have helped us reduce workplace stress and strengthen team morale.

Our investment in training and development continues to show our commitment to professional growth. This includes support for staff completing the Level 4 National Advocacy Qualification and our broader efforts to foster a culture of mutual respect, shared learning, and pride in the work we do and the difference we make.

OUR PLANS FOR THE FUTURE:

Looking ahead, we will be bringing together everyone involved in the organisation to develop a comprehensive five-year strategic plan focused on growth, sustainability, and long-term impact. Our future work will be guided by a number of headline objectives that build on our strengths and respond to the evolving needs of our community.

A key priority will be to strengthen our communications and networks. We want to raise our profile across Teesside and connect more effectively with the people and communities who need our support. By improving our use of social media and other communication tools, we can tailor our messages for different audiences, create accessible and engaging content, and maintain a strong, consistent voice across all platforms. This will help us share important updates, build trust, and foster new relationships with community leaders, grassroots organisations, and partners who share our vision.

Improving the client experience remains at the heart of our work. We're committed to reducing waiting times, streamlining referral processes, and ensuring consistent, person-centred support. Alongside this, we will continue developing accessible self-help and self-advocacy resources that empower people to take control of their own journeys. We also plan to improve our signposting and partnership working — helping people connect with the most appropriate services, especially those that support mental health and wellbeing. By better understanding each person's journey, we can tailor our support more meaningfully and ensure no one falls through the gaps.

To continue providing high-quality, person-centred advocacy, we need sustainable funding that truly reflects the value and impact of what we do. Building stronger relationships with funders goes beyond seeking support, it's about clearly demonstrating the real difference our work makes in people's lives. We are committed to capturing and sharing the voices, experiences, and outcomes of those we support in more meaningful and transparent ways.

Going forward, we will focus on creating a more resilient and diverse approach to income generation to ensure our work can thrive long into the future. This includes investing in smarter systems and technology to better record, track, and communicate the impact of our work. By strengthening how we gather feedback and follow the progress of the people we support, we can powerfully show not just what we do, but how it transforms lives. Through these efforts, we'll build stronger, more transparent partnerships with funders who share our commitment to lasting, person-centred change.

We also recognise that valuing our people is essential to the sustainability of our work. We're committed to creating a motivated, skilled, and supported team, including volunteers, who feel heard, equipped, and empowered. This includes offering ongoing training, developing clearer roles, and expanding volunteer involvement in meaningful ways that contribute to service delivery and personal growth.

Finally, we will take bold steps to ensure our governance remains strong and skilful. With a refreshed Board in place, our focus will be on clarifying roles and responsibilities, making the most of trustee expertise, and embedding a culture of supportive challenge. This will help us stay accountable, forward-looking, and ready to seize new opportunities as they arise. Together, these plans set a clear and ambitious path for the future. They reflect our values, build on what we've achieved, and reaffirm our commitment to ensuring that the voices of those we support continue to shape everything we do.

FINANCIAL REVIEW:

The Board of Trustees review the finances at each of their board meetings. There was regular scrutiny of management accounts and financial information to inform the Board, which allowed good decision making to ensure financial stability. The Treasurer and Project Support Coordinator oversee the book-keeping procedures and financial systems whilst the Chair, Treasurer and Trustees maintain a watching brief on day-to-day costs.

The Charity is primarily funded by grant-making trusts and foundations, including the National Lottery Community Fund, the Lloyds Bank Foundation and the Ballinger Charitable Trust (which represents approximately 91% of our overall income). We also receive support, via statutory funding (as a donation in kind), from Tees, Esk, & Wear Valleys NHS Trust, who kindly provide our office accommodation, utilities, and use of the facilities within Roseberry Park Hospital, free of charge.

During the year, we maintained our fundraising income despite the challenges of a rapidly changing environment. The total income generated this financial year, up to and including 31 March 2025, amounted to £151,149. This along with the £94,312 carried forward from the previous year gave available funds of £245,461.

We spent £133,933 on the delivery of our charitable activities, leaving surplus funds of £111,528, including £67,262 held in restricted funds.

Fundraising: STAMP Revisited, at present, only undertakes some small scale informal fundraising activities. All amounts raised, by fund raising activities, are included in donations. STAMP Revisited does not use professional fundraisers or third parties to fundraise on our behalf.

Reserves Policy: The calculation of the required level of reserves is an integral part of the annual planning, budget and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

The Board of Trustees has explored the charity's requirements for reserves considering the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure, to ensure that the organisation's core activities could continue during a period of unforeseen difficulty. At the end of the year unrestricted general funds available for future periods stood at £44,266, whilst restricted reserves were £27,107.

Investment Policy: The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

- providing an income for the Charity to carry out its activities and purpose effectively in the short term, and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission.

In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

The investment of any funds will be considered in the first instance by the Finance & Funding Task & Finish Group and any recommendations will be made for full Board consideration and approval.

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document: STAMP Revisited (Mental Health Advocacy Service) is a Charitable Incorporated Organisation (CIO), which is registered with the Charity Commission (Registered Charity Number: 1171432). The charity was formed and started trading on 2nd February 2017, by inheriting the assets of the previous charity (South Tees Advocacy in Mental Health Project – Registered Charity Number: 1048991). The charities working name is STAMP Revisited and it is governed by a constitution adopted on 2nd February 2017.

Organisational Structure: STAMP Revisited is governed by an effective Board of Trustees, which is collectively responsible for the success of the Charity.

The Trustees have overall responsibility for the organisation's governance and strategy, and for making sure that it is accountable and administered effectively. It is their responsibility to safeguard the assets of the Charity and ensure the financial statements comply with the relevant acts and legislation. Trustees must not approve the financial statements unless they are satisfied that they give a 'true and fair' view of the state of affairs of the Charity.

The powers of the Board are outlined in STAMP Revisited's Governing Document, with all major decisions made by the Trustees (by majority vote). The Board meet regularly (a minimum of six ordinary meetings per year) to consider organisational policies and risk and monitor any significant issues concerning the work of the Charity.

The trustees have delegated the day-to-day responsibility for the provision of services to the Project Manager. The Project Manager is responsible for recommending strategy to the Board, for the management of its external profile, ensuring that the charity delivers the services in line with its mission and requirements and ensuring that key performance indicators are met across the range of social and business objectives.

Recruitment & Appointment of Trustees: The organisation recognises the importance of having a diverse committee which represents the community it serves.

The trustees are the members of the Charity and as such recruit and appoint additional trustees who are considered able to contribute to the proper management and conduct of the business. When considering recruiting trustees, the Board looks at any specialist skills needed and the current make-up of the Board. Trustee opportunities are advertised on the Charity's website and via local networks and applications are submitted to the Board, and, if suitable, applicants are invited to attend in person to expand on their application.

As set out in the governing document, members of the Board of Trustees must be appointed by an ordinary resolution passed at a properly convened meeting of the trustees and must be appointed for a term of three years. On ceasing to be a trustee a person may be reappointed provided that no one may serve as a trustee for more than a maximum of three consecutive terms, after which they must cease to be a trustee (in certain circumstances, and where appropriate, the requirement to stand down may be put aside).

Trustee Induction & Training: The current Board are familiar with the ethos and workings of STAMP Revisited. New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity. They are briefed on their legal obligations under charity law, the contents of the governing document, decision-making processes, the business plan, and the recent financial performance of the charity. Trustees are also offered the opportunity to meet with key personnel in order to develop an understanding of the range of activities undertaken by the organisation.

Following their induction, Trustees are encouraged to participate in internal and external training and development where this will facilitate the undertaking of their role.

Risk Management: The trustees are responsible for setting the tone and influencing the culture of risk management within STAMP Revisited. The trustees have a risk management strategy which comprises of a full annual review, alongside regular updates of the principal risks and uncertainties that the charity faces.

The charity incorporates risk management into its strategic planning and decision-making processes. A comprehensive risk register is maintained, along with the establishment and implementation of policies, procedures, and systems to mitigate those risks or manage any potential impact on the charity should those risks materialise.

The Board of Trustees periodically review the risks and the risk management strategies to ensure they continue to meet the needs of the organisation.

Related Parties: STAMP Revisited is a small, independent charity and not affiliated to a national body or other organisations. It does network with other statutory and voluntary organisations to establish good community links for its service users but as an advocacy provider we must remain independent from other service providers.

STATEMENT OF TRUSTEES RESPONSIBILITIES:

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP,
- Make judgements and estimates that are reasonable and prudent,
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Joanne Falloon-Shakespeare
Vice Chair

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOUTH TEES ADVOCACY IN MENTAL HEALTH PROJECT:

I report on the accounts of the charity for the year ended 31 March 2025 which are set out on pages 16 to 27.

Responsibilities and Basis of Report: As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement: I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

G Fitzgerald BA FCA DChA

Azets Audit Services, Wynyard Park House, Wynyard Avenue, Wynyard, TS22 5TB

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
INCOME:					
Donations & Grants	2	12882	-	12882	12600
Income from Charitable Activities	3	20000	118267	138267	116178
TOTAL INCOMING RESCOURCES:		**32882**	**118267**	**151149**	**128778**
EXPENDITURE:					
Expenditure on Charitable Activities					
On Main Activity		28904	99428	128332	122044
Other Costs		1330	4271	5601	5130
TOTAL EXPENDITURE:	4	**30234**	**103699**	**133933**	**127174**
Net Expenditure/Income	6	2648	14568	17216	1604
Transfers between Funds		-	-	-	-
Net Movement in Funds		2648	14568	17216	1604
Fund Balances Brought Forward		41618	52694	94312	92708
Fund Balances Carried Forward		**44266**	**67262**	**111528**	**94312**

The notes on pages 19 to 27 form part of these accounts.

BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025 £	2025 £	2024 £	2024 £
FIXED ASSETS:					
Tangible Assets	7		-		-
CURRENT ASSETS:					
Cash at Bank		89668		72788	
Cash at Hand		170		170	
Debtors	8	24381		23597	
		114219		**96555**	
CURRENT LIABILITIES: Creditors; amounts falling due within one year	9	(2691)		(2243)	
NET CURRENT ASSETS:			111528		94312
NET ASSETS:			**111528**		**94312**
FUNDS:					
Unrestricted	10		44266		41618
Restricted	10		67262		52694
			111528		**94312**

Approved by the Board of Trustees on 24 October 2025 and signed on its behalf by:

Joanne Falloon-Shakespeare, Vice Chair

The notes on pages 19 to 27 form part of these accounts.

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES:

a. Basis of Preparation: The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high quality advocacy service to those living within Middlesbrough, Redcar & Cleveland, and Stockton-On-Tees.

The Charitable Organisation (CIO) 1171432 was registered on 2 February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28 April 2017. The financial statements for the CIO represent the combined assets, liabilities, and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

b. All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

c. All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.

d. Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

Charitable Expenditure:	90%
Other Costs:	10%

e. Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

Equipment: 25% per annum
Computers: 100% per annum

f. Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

g. Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS & GRANTS:

	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
	£	£	£	£
Tees, Esk & Wear Valleys NHS Trust (Donated Premises & Utilities)	12500	-	12500	12500
Job Retention Scheme Grants	-	-	-	-
Donations	382	-	382	100
	12882	-	**12882**	**12600**

3. INCOME FROM CHARITABLE ACTIVITIES:

	Unrestricted Funds 2025	Restricted Funds 2025	Total Funds 2025	Total Funds 2024
	£	£	£	£
Lloyds Bank Foundation	-	25000	25000	25000
Ballinger Charitable Trust	20000	-	20000	-
National Lottery Community Fund RC North East and Cumbria Region	-	93267	93267	91178
	20000	**118267**	**138267**	**116178**

Of total income of £151,149 in 2025 (2024: £128,778), £118,267 (2024: £116,178) was charged to restricted funds and £32,882 (2024: £12,600) was charged to unrestricted funds.

4. EXPENDITURE:

	Charitable Activities	Other Costs	2025	2024
	£	£	£	£
Staff Costs	77888	-	77888	79000
Accountancy	2166	-	2166	1260
Independent Examiner's Fee	-	1230	1230	1260
Training & Travel	5695	-	5695	1232
Consultancy	1550	-	1550	4899
Sundry	1707	-	1707	816
Support Costs (Allocated to Activities on the Basis of Usage)				
Staff Costs	21091	2344	23435	22432
Premises Costs	11250	1250	12500	12500
Staitonery, Telephones & Computers	2103	234	2337	2542
Insurance	1210	135	1345	1233
Depreciation	3672	408	4080	-
	128332	**5601**	**133933**	**127174**

Of expenditure of £133,933 in 2025 (2024: £127,174), £103,699 was charged to restricted funds (2024: £88,087) and £30,234 was charged to unrestricted funds (2024: £39,087).

5. STAFF COSTS:

	2025	2024
	£	£
Gross Salaries	96232	96787
Employer's National Insurance	3006	2630
Employer's Pension Contributions	2085	2015
	101323	**101432**

There were no employees who earned more than £60,000 per year (2024: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2024: 5, split 4 advocacy, 1 admin).

6. NET INCOMING RESOURCES

(Net Incoming Resources is Stated After Charging):	2025	2024
	£	£
Depreciation of Owned Assets	4080	-
Independent Examiner's Fee	1230	1260
Accountancy & Payroll Services	2166	1260
	7476	**2520**

7. FIXED ASSETS:

	Furniture & Equipment £	Computer £	Total £
COST:			
At 1 April 2024	5006	21457	26463
Additions	-	4080	4080
At 31 March 2025	5006	25537	30543
DEPRECIATION:			
At 1 May 2024	5006	21457	26463
Charge for the Year	-	4080	4080
At 31 March 2025	**5006**	**25537**	**30543**
NET BOOK VALUE:			
At 31 March 2025	**-**	**-**	**-**
At 30 April 2024	**-**	**-**	**-**

8. DEBTORS

	2025 £	2024 £
Accrued Grants	24381	22253
Prepayments	-	1344
	24381	**23597**

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade Creditors	327	-
Social Security & Other Taxes	2364	2460
	2691	**2460**

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS:

	Restricted	Unresticted	Total
	£	£	£
2025:			
Fixed Assets	-	-	-
Net Current Assets	67262	44266	111528
Balance at 31 March 2025	**67262**	**44266**	**111528**

	Restricted	Unresticted	Total
	£	£	£
2024:			
Fixed Assets	-	-	-
Net Current Assets	52694	41618	94312
Balance at 31 March 2024	**52694**	**41618**	**94312**

11. MOVEMENT ON FUNDS:

2025:	At 1 April 2024 £	Incoming Resources £	Outgoing Resources £	Transf. £	At 31 March '25 £
Restricted Funds:					
Lloyds Bank Foundation	24729	25000	(24214)	-	25515
National Lottery Community Fund RC North East and Cumbria Region	27965	93267	(79485)	-	41747
Allen Lane Foundation	-	-	-	-	-
Total Restricted:	**52694**	**118267**	**(103699)**	**-**	**67262**
Unrestricted Funds:					
Ballinger Charitable Trust	24841	20000	(17734)	-	27107
General Fund	16777	12882	(12500)	-	17159
Total Unrestricted:	**41618**	**32882**	**(30234)**	**-**	**44266**
Total Funds:	**94312**	**151149**	**(133933)**	**-**	**111528**

12. MOVEMENT ON FUNDS (CONTINUED):

2024:	At 1 April 2023 £	Incoming Resources £	Outgoing Resources £	Transf. £	At 31 March '24 £
Restricted Funds:					
Lloyds Bank Foundation	13208	25000	(13479)	-	24729
National Lottery Community Fund RC North East and Cumbria Region	11395	91178	(74608)	-	27965
Allen Lane Foundation	408	-	-	(408)	-
Total Restricted:	**25011**	**116178**	**(88087)**	**(408)**	**52694**
Unrestricted Funds:					
Ballinger Charitable Trust	48970	-	(24129)	-	24841
General Fund	18727	12600	(14958)	408	16777
Total Unrestricted:	**67697**	**12600**	**(39087)**	**408**	**41618**
Total Funds:	**92708**	**128778**	**(127174)**	**-**	**94312**

Purposes of Restricted Funds:

The **Lloyds Bank Foundation** have provided a three-year grant, of £75,000, which currently funds the partial salary of our Project Manager and a contribution towards our running costs (approximately 25%). A payment of £25,000 was received during this financial year. This grant is due to end on 28 February 2027.

The **National Lottery Community Fund** have provided a three-year grant, of £279,879, which funds the salaries and associated costs of our Advocates and Project Support Coordinator, with a contribution towards running costs (approximately 75%). Payments of £93,267 were received during this financial year. This grant is due to end on 31 March 2026.

The **Ballinger Charitable Trust** have provided a three-year unrestricted grant, of £60,000, towards the organisation's core costs. No payments were received during this financial year. The grant is to be used as and when required, so has no firm end date.

12. TRUSTEES & RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2024: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2024: NIL).

Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales - Charity number 1171432

Accounts

REPORT OF THE TRUSTEES & STATEMENT OF ACCOUNTS

YE: 31 MARCH 2024

STAMP Revisited, Roseberry Park Hospital, Marton Road, Middlesbrough, TS4 3AF
Registered Charity Number: 1171432

The trustees present their annual report and the unaudited accounts for the year ended 31 March 2024.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1st January 2019.

REFERENCE AND ADMINISTRATIVE INFORMATION:

Charity Name: STAMP Revisited (Mental Health Advocacy Service)

Operating Name: STAMP Revisited

Charity Registration Number: 1171432

Registered Office and Operational Address:

Roseberry Park Hospital, Cleveland Way, Marton Road, Middlesbrough, TS4 3AF

Trustees:

Mary Booth	Chairperson	
Russell Pell	Treasurer	(Resigned 15 January 2024)
Noelle Darwent	Trustee	(Resigned 29 April 2023)
Joanne Falloon-Shakespeare	Trustee	
Thomas Dunn	Trustee	

Project Manager: Andrea Gent

Independent Examiner: Graham Fitzgerald BA FCA DChA
Azets Audit Services, Wynyard House, Wynyard Park Avenue, Wynyard, TS22 6DB

Bankers: Virgin Money UK
7 Linthorpe Road, Middlesbrough, TS1 1RF

CHAIR'S STATEMENT:

It has been another challenging year for charities, their beneficiaries and the wider population as the cost-of-living crisis continues to bite. This crisis has only exacerbated the issues faced by the community we serve, with many already living in areas of high deprivation and extreme poverty.

Our staff have been key to our success, they have continued to rise to these challenges and meet the needs of their clients, despite difficult circumstances. They work tirelessly, adapting our service delivery to meet the needs of our community and provide a lifeline of support to those experiencing the symptoms of poor mental health, who may need support to understand their rights, ensure that their voices are heard, and they are central to any decisions which are made about them.

I would like to take this opportunity to applaud all our staff for the work that they have done in the rapidly changing and uncertain environment that we face and the passion and empathy they have shown throughout. Without their hard work and dedication, we would be unable to continue to provide an efficient, high-quality service to those in the local community who need our support.

I would also like to thank, not just on behalf of everyone at STAMP Revisited, but also the people we serve, the members of the public who have raised funds for us, organisations that have contributed or made donations in kind and the many grant making trusts and foundations who have funded and continue to fund our work. We are extremely grateful for your support and the trust you place in us.

Finally, I would also like to thank my fellow trustees who generously donate their time, skills and wisdom to support the organisation. We are also extremely fortunate to have partner organisations who support us in many ways, and we look forward to continuing those relationships over the coming year.

Over the last 12 months, we've worked hard to continually improve the quality of our services and to increase our positive impact on people's lives. We know so much more is needed before everyone has a voice when it matters most. That's why we're determined not only to enable more people to benefit directly from our work, but also to work with others to address the barriers which block so many of us from the life we want, and from the rights which we are entitled to enjoy.

Mary Booth, Chairperson

PUBLIC BENEFIT:

STAMP Revisited is a user-led organisation, which seek to empower those experiencing poor mental well-being through advocacy, information, advice, and guidance to give people the tools, help, and support they need to allow them to be involved and make their own choices and decisions about their lives.

We provide advocacy services to people in a range of settings, from hospitals, including secure mental health units, residential homes, and in the community. For us advocacy is as simple as helping people have their voice heard, understand their rights, and speak up about what they need and what is important to them.

Our Aims:

- To **support** and empower those experiencing poor mental health to express their views, be heard and have a direct say on issues critical to their wellbeing and recovery.
- To **enable** individuals to explore their options and agree a course of action to actively take part in resolving their issues and develop the skills to overcome the barriers to good mental health.
- To **empower** individuals to make informed choices and support them to identify their personal strengths to gain and remain in control of their lives.
- To **defend** and promote the rights of those experiencing mental health issues and safeguard them by promoting good practice, and preventing discrimination, neglect, and abuse.
- To **promote** social inclusion and raise awareness of the obstacles faced by individuals experiencing poor mental health to prevent exclusion and isolation.
- To **encourage** individuals to broaden their horizons and become active and inclusive members of society.

Our Vision:

Our vision is for an inclusive and safe society where the voices of vulnerable people, particularly those with mental health issues, are listened to, their views are valued, and they are able to live fulfilling lives according to their own choices.

Our Values:

- **Passionate:** We are passionate about leading the way to a better quality of life for everyone affected by mental illness. We are committed to delivering high quality support and strive for excellence in everything we do, however small.
- **Person Led:** We put those we support first, ensuring that we are directed by their wishes and interests. We are non-judgmental and respectful of people's needs, views, culture, and experiences.
- **Independent:** We are independent from statutory organisations and all other service providers so we remain free from influence and conflict of interest so we can fully represent those we support.
- **Empowering:** We treat people as individuals with their own unique strengths. We support people to speak up for themselves and create opportunities for self-advocacy, empowerment, and enablement. We equip people to understand their rights and support people to access information to exercise choice and control in their lives.
- **Understanding:** People who are affected by mental illness are at the heart of everything we do. We involve them in shaping our organisation, when developing and delivering services that meet their needs and make a positive difference to people's lives.
- **Equality:** We are pro-active in tackling all forms of inequality, discrimination, and social exclusion so that everyone is treated fairly. We make reasonable adjustments to ensure people have appropriate opportunities to engage, direct and benefit from our services.
- **Accessible:** Our services are provided free of charge to those who are eligible. We do our best to be accommodating in the way we provide our services and use language that is easy to understand and accessible for all.

Our Services:

Many of us find it difficult, to get our voice heard about decisions or actions that affect our lives. For some people, experiencing poor mental health can affect their ability to understand their situation, access or understand information about their rights or the benefits they are entitled to. Sometimes, everyday tasks can become overwhelming, frightening, and confusing.

Our Advocates adopt the principles of empowerment, positive choices, and user involvement to work alongside our beneficiaries to tackle the issues that matters to them most, including:

Health & Social Care: Where individuals are supported when discussions or decisions are being made in relation to their treatment or care and support planning or to challenge decisions which they do not agree with.

Living Skills: Where Individuals who are struggling to care for themselves, complete everyday tasks or access the community are supported to attend assessments to determine their needs to maintain their independence.

Welfare Reform: Where individuals are assisted to understand, prepare, attend, and take part in meetings, assessments or appeals when making a claim, renewing, or appealing a decision for welfare benefits such as PIP, ESA or UC.

Family: Where individuals are assisted with all family matters, including those whose children are subject to care proceedings and they require support to engage and participate in local authority planning processes.

Debt Management & Financial Hardship: Where those who are struggling with debt are supported to prevent their financial problems from escalating and those in financial crisis are assisted to access local welfare assistance schemes.

Social Networks & Relationships: Where individuals are supported to identify their hobbies and interests to find suitable community groups, leisure and social activities, develop new interests, or rediscover skills, e.g. through volunteering.

Managing Housing & Accommodation: Where individuals are assisted to resolve issues around their current housing, seeking alternative housing and understanding their rights when faced with homelessness.

Workplace Disputes: Where those who are involved in workplace disputes or conflict are supported to understand their rights, speak with their employer, or take part in meetings to try and resolve it.

Addictive Behaviours: Where individuals who are concerned about their drug or alcohol intake, or behavioural addictions, such as gambling, are assisted to access the necessary treatment and support needed to overcome them.

Offending & Victims of Crime: Where individuals have been accused of a crime, or those who are a victim of crime are supported to engage within the Court process, seek legal advice or access additional services to prevent re-offending.

Our Impact:

159 PEOPLE

were supported through our advocacy services.

240 CASES

were dealt with by our Advocates.

84% OF THOSE SUPPORTED

reported improvements in their mental health.

85% FELT THEIR RIGHTS

were respected as a result of our advocacy support.

GEOFFREY'S STORY:

Geoffrey heard about STAMP, from a friend, after trying to end his life.

Geoffrey was an active Community Volunteer prior to the Coronavirus Pandemic, but due to his age and vulnerability Geoffrey stopped volunteering to protect his health. He did not return once restrictions were lifted and as a result Geoffrey had become isolated.

After discussions with his Advocate, it became clear that Geoffrey likes to be active, both physically and mentally. He was keen to build up his social interaction again and required advocacy support to look at social activities he could attend.

The Advocate spoke with Geoffrey about the types of activities he would like to do, and his likes and dislikes, so they could get an idea of what services might be suitable for him.

As a result of the interaction with his Advocate, Geoffrey is now attending a men's peer-to-peer support group, a peer support network offering physical activities, walking groups, social interaction sessions and a digital skills course.

Now that Geoffrey is engaging in meaningful activities and interacting with others his mental health has significantly improved, and he only requires intermittent support from his Advocate.

Geoffrey is now enjoying life and feels optimistic about his future, so much so, that he is now considering becoming a Volunteer Befriender so he can help others in similar situations.

100%

FELT MORE LISTENED TO,

and that their voices where heard.

70%

OF THOSE SUPPORTED

noted an increase in their confidence.

71%

FELT LESS ISOLATED

or they had improved their social networks.

79%

OF THOSE SUPPORTED

felt more in control of their lives.

73%

FELT MORE ABLE TO

do things on their own (self-advocate).

90%

LEFT THE SERVICE

feeling more hopeful about their future.

GARY'S STORY:

Gary contacted the organisation as he had recently become homeless after his property was condemned by the Fire Brigade.

Gary was unable to place bids for housing as he was awaiting an Occupational Therapy Assessment so had not received a housing band.

The Advocate called the Local Authority's Homeless Team to ensure that he was receiving their support, and that emergency accommodation was in place so Gary had somewhere to stay.

The Advocate also contacted Adult Social Care to gather an update on his OT Assessment. Gary had been issued with an assessment date, however the appointment letter had been sent to his previous address. The Advocate made sure Gary was aware of the details so there was no further delay to his housing application.

Following the assessment, the Advocate continued to help Gary liaise with the Homeless Team until a permanent home could be found.

Sadly, not long after securing his new home, Gary was diagnosed with terminal cancer and was given a poor prognosis. The Advocate suggested that Gary access a Social Care Assessment to undergo a full assessment of his needs. Gary agreed, so a referral was made.

Under the circumstances, Social Care agreed to fast-track the referral and within weeks they had arranged for District Nurses to assist Gary with his care needs.

The Advocate also informed Gary of his eligibility to make a claim for Personal Independence Payments (PIP) under the 'special rules', which allows claimants with a terminal illness to get faster, easier access to benefits.

He was advised to speak to a health professional involved in his care to access the necessary medical evidence and a claim was made.

Gary successfully secured this benefit, receiving the enhanced rate for both the daily living and the mobility component.

As a result, Gary was able to live out his final months in his new home, with financial security, having secured welfare benefits, and the necessary care in place to support his needs.

PLANS FOR THE FUTURE:

We believe the need for advocacy is important to protect and promote the rights of those least heard in society. It is more vital than ever that we continue to review how we deliver our services to ensure that we can provide value for money and high-quality services to those experiencing poor mental health.

The challenges of recent years have provided the opportunity for us to think differently about what works and to become more creative with our objectives. By embracing new ideas and being bold in our vision we aim to reach more people than we would have previously anticipated.

We will work with clients and stakeholders to evaluate the current provision and explore new ways of working to ensure that we continue to meet the needs of our local community. To understand the impact of our services we will be reviewing how we capture and use data to develop more ways to assess our outcomes and introducing focus groups so that the services we deliver are informed by those that use them and we are better placed to demonstrate the impact of our work.

We also recognise that opportunities are often better sought collaboratively, and we will continue to build on our partnership working and pursue new relationships with like-minded organisations to meet the needs of more people in a variety of different ways.

We are committed to promoting self-advocacy, wherever possible, and to support this aim we will be looking to produce a range of resources such as a self-advocacy toolkit, factsheets and useful links to provide our clients with the knowledge, skills and resources they need to advocate for themselves.

We will continue to develop and embed a healthy organisational culture, by investing in the development, support and training of our staff, ensuring that all our Advocates can obtain the Level 4 National Advocacy Qualification, and we will identify specific development support for our leadership team to ensure that our workforce continues to receive the best possible training.

We will be making a substantial investment in widening the benefits we currently offer to our workforce. We plan to seek feedback and suggestions from the team to further tailor our health and wellbeing initiatives to suit their individual needs and preferences. In addition, we plan to undertake a review of our remuneration policy to ensure that we pay fairly and that our staff receive a wage that meets their everyday needs.

To reduce our administrative processes, we will also be looking to roll out an improved Human Resources (HR) system which will not only allow us to improve our efficiency but it will also allow our staff more time to focus on the most important parts of their job.

We will be conducting a recruitment drive to strengthen and diversify our Board of Trustees. We want to continue developing our Board, to ensure it is as inclusive as possible, and representative of the diverse communities and people we support. Increasing our board number, and the skills and experience it possesses, will enable the organisation to better navigate change, tackle difficult decisions, seize new opportunities and make more informed choices, and strengthen our governance.

We will continue to raise our profile through engagement, consultation, and social media and improve our online experience for those looking to access advocacy support. We have plans to launch a new website, which will see an overhaul of content, improved search engine optimisation and a range of accessibility features to ensure everyone has equitable access to the content available. Once live, this along with our social media channels will be used as a platform to raise awareness, educate and inform people about the services we offer, highlight news and celebrate our successes to increase client engagement and reach a wider audience.

In addition, we will continue to raise awareness of advocacy, not only among the general population, but also the professionals who refer to our services. We will work with various referrers, whilst maintaining our independence, to ensure that all those who are eligible receive the help and support of an Advocate when they need it most.

FINANCIAL REVIEW:

The Board of Trustees review the finances at each of their board meetings. There was continued regular scrutiny of management accounts and financial information to inform the Board enabling good decision making to ensure financial stability. The Treasurer and Project Support Coordinator oversee the book-keeping procedures and financial systems whilst the Chair, Treasurer and Trustees maintain a watching brief on day-to-day costs.

The Charity is primarily funded by grant-making trusts and foundations, including the National Lottery Community Fund, the Lloyds Bank Foundation and the Ballinger Charitable Trust (which represents approximately 90% of our overall income). We also receive support via statutory funding (as a donation in kind) from Tees, Esk & Wear Valleys NHS Trust, who kindly provide our office accommodation, and utilities, free of charge (10% of our overall income).

During the year, we maintained our fundraising income despite the challenges of a rapidly changing environment. The total income generated this financial year, up to

and including 31 March 2024, amounted to £128,778. This along with the £92,708 carried forward from the previous year gave available funds of £221,486.

We spent £127,174 on the delivery of our charitable activities, leaving surplus funds of £94,312, including £52,694 held in restricted funds.

Fundraising: STAMP Revisited, at present, only undertakes some small scale informal fundraising activities. All amounts raised, by fund raising activities, are included in donations. STAMP Revisited does not use professional fundraisers or third parties to fundraise on our behalf.

Reserves Policy: The calculation of the required level of reserves is an integral part of the annual planning, budget and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

The Board of Trustees has explored the charity's requirements for reserves considering the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure, to ensure that the organisation's core activities could continue during a period of unforeseen difficulty. At the end of the year unrestricted general funds available for future periods stood at £41,618, whilst restricted reserves were £24,841.

Investment Policy: The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

- providing an income for the Charity to carry out its activities and purpose effectively in the short term, and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission.

In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

The investment of any funds will be considered in the first instance by the Finance Sub-Committee and any recommendations will be made for full Board consideration and approval.

STRUCTURE, GOVERNANCE & MANAGEMENT

Governing Document: STAMP Revisited (Mental Health Advocacy Service) is a Charitable Incorporated Organisation (CIO), which is registered with the Charity Commission (Registered Charity Number: 1171432). The charity was formed and started trading on 2nd February 2017, by inheriting the assets of the previous charity (South Tees Advocacy in Mental Health Project – Registered Charity Number: 1048991). The charities working name is STAMP Revisited and it is governed by a constitution adopted on 2nd February 2017.

Organisational Structure: STAMP Revisited is governed by an effective Board of Trustees, which is collectively responsible for the success of the Charity.

The Trustees have overall responsibility for the organisation's governance and strategy, and for making sure that it is accountable and administered effectively. It is their responsibility to safeguard the assets of the Charity and ensure the financial statements comply with the relevant acts and legislation. Trustees must not approve the financial statements unless they are satisfied that they give a 'true and fair' view of the state of affairs of the Charity.

The powers of the Board are outlined in STAMP Revisited's Governing Document, with all major decisions made by the Trustees (by majority vote). The Board meet regularly (a minimum of six ordinary meetings per year) to consider organisational policies and risk and monitor any significant issues concerning the work of the Charity.

The trustees have delegated the day-to-day responsibility for the provision of services to the Project Manager. The Project Manager is responsible for recommending strategy to the Board, for the management of its external profile, ensuring that the charity delivers the services in line with its mission and requirements and ensuring that key performance indicators are met across the range of social and business objectives.

Recruitment & Appointment of Trustees: The organisation recognises the importance of having a diverse committee which represents the community it serves.

The trustees are the members of the Charity and as such recruit and appoint additional trustees who are considered able to contribute to the proper management and conduct of the business. When considering recruiting trustees, the Board looks at any specialist skills needed and the current make-up of the Board. Trustee opportunities are advertised on the Charity's website and via local networks and applications are submitted to the Board, and, if suitable, applicants are invited to attend in person to expand on their application.

As set out in the governing document, members of the Board of Trustees must be appointed by an ordinary resolution passed at a properly convened meeting of the trustees and must be appointed for a term of three years. On ceasing to be a trustee a person may be reappointed provided that no one may serve as a trustee for more than a maximum of three consecutive terms, after which they must cease to be a trustee (in certain circumstances, and where appropriate, the requirement to stand down may be put aside).

Trustee Induction & Training: The current Board are familiar with the ethos and workings of STAMP Revisited, with many of them having been involved with the charity for some time. New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity. They are briefed on their legal obligations under charity law, the contents of the governing document, decision-making processes, the business plan, and the recent financial performance of the charity. Trustees are also offered the opportunity to meet with key personnel in order to develop an understanding of the range of activities undertaken by the organisation.

Following their induction, Trustees are encouraged to participate in internal and external training and development where this will facilitate the undertaking of their role.

Risk Management: The trustees are responsible for setting the tone and influencing the culture of risk management within STAMP Revisited. The trustees have a risk management strategy which comprises of a full annual review, alongside regular updates of the principal risks and uncertainties that the charity faces.

The charity incorporates risk management into its strategic planning and decision-making processes. A comprehensive risk register is maintained, along with the establishment and implementation of policies, procedures, and systems to mitigate those risks or manage any potential impact on the charity should those risks materialise.

The Board of Trustees periodically review the risks and the risk management strategies to ensure they continue to meet the needs of the organisation.

Related Parties: STAMP Revisited is a small, independent charity and not affiliated to a national body or other organisations. It does network with other statutory and voluntary organisations to establish good community links for its service users but as an advocacy provider we must remain independent from other service providers.

STATEMENT OF TRUSTEES RESPONSIBILITIES:

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP,
- Make judgements and estimates that are reasonable and prudent,
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Mary Booth

Mary Booth
Chairperson

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOUTH TEES ADVOCACY IN MENTAL HEALTH PROJECT:

I report on the accounts of the charity for the year ended 31 March 2024 which are set out on pages 16 to 27.

Responsibilities and Basis of Report: As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement: I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

G Fitzgerald BA FCA DChA

Azets Audit Services, Wynyard Park House, Wynyard Avenue, Wynyard, TS22 5TB

9/10/2024

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
INCOME:					
Donations & Grants	2	12600	-	12600	33000
Income from Charitable Activities	3	-	116178	116178	99464
Other Trading Activties	4	-	-	-	1000
TOTAL INCOMING RESCOURCES:		**12600**	**116178**	**128778**	**133464**
EXPENDITURE:					
Expenditure on Charitable Activities					
On Main Activity		37797	84247	122044	150578
Other Costs		1290	3840	5130	7169
TOTAL EXPENDITURE:	5	**39087**	**88087**	**127174**	**157747**
Net Expenditure/Income	7	(26487)	28091	1604	(24283)
Transfers between Funds		408	(408)	-	-
Net Movement in Funds		(26079)	27683	1604	(24283)
Fund Balances Brought Forward		67697	25011	92708	116991
Fund Balances Carried Forward		**41618**	**52694**	**94312**	**92708**

The notes on pages 18 to 27 form part of these accounts.

BALANCE SHEET AS AT 31 MARCH 2024

	Note	2024 £	2024 £	2023 £	2023 £
FIXED ASSETS:					
Tangible Assets	8		-		-
CURRENT ASSETS:					
Cash at Bank		72788		82295	
Cash at Hand		170		170	
Debtors	9	23597		24568	
		96555		**107033**	
CURRENT LIABILITIES: Creditors; amounts falling due within one year	10	(2243)		(14325)	
NET CURRENT ASSETS:			94312		92708
NET ASSETS:			**94312**		**92708**
FUNDS:					
Unrestricted	11		41618		67697
Restricted	11		52694		25011
			94312		**92708**

Approved by the Trustees on 24 September 2024 and signed on its behalf by:

Mary Booth

Mary Booth, Chairperson

The notes on pages 18 to 27 form part of these accounts.

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES:

a. Basis of Preparation: The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high quality advocacy service to those living within Middlesbrough, Redcar & Cleveland, and Stockton-On-Tees.

The Charitable Organisation (CIO) 1171432 was registered on 2nd February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28th April 2017. The financial statements for the CIO represent the combined assets, liabilities, and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

b. All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

c. All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.

d. Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

Charitable Expenditure:	90%
Other Costs:	10%

e. Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

Equipment: 25% per annum
Computers: 100% per annum

f. Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

g. Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS & GRANTS:

	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
	£	£	£	£
Tees, Esk & Wear Valleys NHS Trust (Donated Premises & Utilities)	12500	-	12500	33000
Job Retention Scheme Grants	-	-	-	-
Donations	100	-	100	-
	12600	-	**12600**	**33000**

3. INCOME FROM CHARITABLE ACTIVITIES:

	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
	£	£	£	£
Lloyds Bank Foundation	-	25000	25000	32792
Ballinger Charitable Trust	-	-	-	20000
National Lottery Community Fund	-	91178	91178	46672
	-	**116178**	**116178**	**99464**

Of total income of £128,778 in 2024 (2023: £133,464), £116,178 (2023: £79,464) was charged to restricted funds and £12,600 (2023: £54,000) was charged to unrestricted funds.

4. OTHER TRADING ACTIVITIES:

	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
	£	£	£	£
Fundraising	-	-	-	1000
	-	-	**-**	**1000**

5. EXPENDITURE:

	Charitable Activities	Other Costs	2024	2023
	£	£	£	£
Grants Repaid	-	-	-	11865
Staff Costs	79000	-	79000	77907
Accountancy	1260	-	1260	1310
Independent Examiner's Fee	-	1260	1260	1260
Training & Travel	1232	-	1232	880
Consultancy	4899	-	4899	3420
Sundry	816	-	816	576
Support Costs (Allocated to Activities on the Basis of Usage)				
Staff Costs	20189	2243	22432	21729
Premises Costs	11250	1250	12500	33000
Staitonery, Telephones & Computers	2288	254	2542	2950
Insurance	1110	123	1233	1180
Depreciation	-	-	-	1670
	122044	**5130**	**127174**	**157747**

Of expenditure of £127,174 in 2024 (2023: £157,747), £88,087 was charged to restricted funds (2023: £107,110) and £39,087 was charged to unrestricted funds (2023: £38,772).

6. STAFF COSTS:

	2024	2023
	£	£
Gross Salaries	96787	94814
Employer's National Insurance	2630	2896
Employer's Pension Contributions	2015	1926
	101432	**99636**

There were no employees who earned more than £60,000 per year (2023: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2023: 5, split 4 advocacy, 1 admin).

7. NET INCOMING RESOURCES

(Net Incoming Resources is Stated After Charging):	2024	2023
	£	£
Depreciation of Owned Assets	-	1670
Independent Examiner's Fee	1260	1260
Accountancy & Payroll Services	1260	1310
	2520	**4240**

8. FIXED ASSETS:

	Furniture & Equipment £	Computer £	Total £
COST:			
At 1 April 2023	5006	21457	26463
Additions	-	-	-
At 31 March 2024	5006	21457	26463
DEPRECIATION:			
At 31 May 2023	5006	21457	26463
Charge for the Year	-	-	-
At 31 March 2024	**5006**	**21457**	**26463**
NET BOOK VALUE:			
At 31 March 2024	**-**	**-**	**-**
At 30 April 2023	**-**	**-**	**-**

9. DEBTORS

	2024 £	2023 £
Accrued Grants	22253	23336
Prepayments	1344	1232
	23597	**24568**

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Grants Repayable	-	11865
Social Security & Other Taxes	2243	2460
	2243	**14325**

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS:

	Restricted	Unresticted	Total
	£	£	£
2024:			
Fixed Assets	-	-	-
Net Current Assets	52695	41616	94311
Balance at 31 March 2023	**52695**	**41616**	**94311**

	Restricted	Unresticted	Total
	£	£	£
2023:			
Fixed Assets	-	-	-
Net Current Assets	25011	67697	92708
Balance at 31 March 2024	**25011**	**67697**	**92708**

12. MOVEMENT ON FUNDS:

2024:	At 1 April 2023 £	Incoming Resources £	Outgoing Resources £	Transf. £	At 31 March '24 £
Restricted Funds:					
Lloyds Bank Foundation	13208	25000	(13479)	-	24729
National Lottery Community Fund	11395	91178	(74608)	-	27965
Allen Lane Foundation	408	-	-	(408)	-
Total Restricted:	**25011**	**116178**	**(88087)**	**(408)**	**52694**
Unrestricted Funds:					
Ballinger Charitable Trust	48970	-	(24129)	-	24841
General Fund	18727	12600	(14958)	408	16777
Total Unrestricted:	**67697**	**12600**	**(39087)**	**408**	**41618**
Total Funds:	**92708**	**128778**	**(127174)**	**-**	**94312**

12. MOVEMENT ON FUNDS (CONTINUED):

2023:	At 1 April 2022 £	Incoming Resources £	Outgoing Resources £	Transf. £	At 31 March '23 £
Restricted Funds:					
Lloyds Bank Foundation	11935	32792	(31519)	-	13208
National Lottery Community Fund	52179	46672	(87456)	-	11395
Allen Lane Foundation	408	-	-	-	408
Total Restricted:	**64522**	**79464**	**(118975)**	**-**	**25011**
Unrestricted Funds:					
Ballinger Charitable Trust	33782	20000	(4812)	-	48970
General Fund	18687	34000	(33960)	-	18727
Total Unrestricted:	**52469**	**54000**	**(38772)**	**-**	**67697**
Total Funds:	**116991**	**133464**	**(157747)**	**-**	**92708**

Purposes of Restricted Funds:

The **Lloyds Bank Foundation** have provided a three-year grant, of £75,000, which currently funds the partial salary of our Project Manager and a contribution towards our running costs (approximately 25%). A payment of £25,000 was received during this financial year. This grant is due to end on 28 February 2027.

The **National Lottery Community Fund** have provided a three-year grant, of £279,879, which funds the salaries and associated costs of our Advocates and Project Support Coordinator, with a contribution towards running costs (approximately 75%). Payments of £91,178 were received during this financial year. This grant is due to end on 31 December 2025.

The **Ballinger Charitable Trust** have provided a three-year unrestricted grant, of £60,000, towards the organisation's core costs. No payments were received during this financial year. The grant is to be used as and when required, so has no firm end date.

The funds held in the **Allen Lane Foundation** have been retained from a previous grant and have now been transferred to unrestricted funds.

13. TRUSTEES & RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2023: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2023: NIL).

Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales - Charity number 1171432

Accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES
AND
STATEMENT OF ACCOUNTS

YEAR ENDED 31ST MARCH 2023

CHARITABLE INCORPORATED ORGANISATION

REGISTERED CHARITY: 1171432

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

The trustees present their annual report and the unaudited accounts for the year ended 31st March 2023.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1st January 2019.

Reference and Administrative Information:

Charity Name:	STAMP Revisited (Mental Health Advocacy Service)
Operating Name:	STAMP Revisited
Charity Registration Number:	1171432
Registered Office and Operational Address:	Roseberry Park Hospital, Cleveland Way, Marton Road, Middlesbrough, TS4 3AF

Executive Committee:	Mary Booth	Chairperson
	Russell Pell	Treasurer
	Noelle Darwent	Trustee
	Joanne Falloon-Shakespeare	Trustee
	Thomas Dunn	Trustee (Co-opted on 25th January 2023).

Project Manager:	Andrea Gent
Independent Examiner:	Graham Fitzgerald BA FCA DChA Azets Audit Services, Wynyard House, Wynyard Park Avenue, Wynyard, TS22 5TB
Bankers:	Virgin Money UK, 7 Linthorpe Road, Middlesbrough, TS1 1RF

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Structure, Governance & Management

Governing Document:

The organisation is a Charitable Incorporated Organisation Charity Number 1171432, registered on 2nd February 2017. It is governed by a constitution adopted on 2nd February 2017.

Organisational Structure:

The organisation is governed by an effective Board of Trustees, which is collectively responsible for the success of the Charity. The Trustees have overall responsibility for the organisation's governance and strategy, and for making sure that it is accountable and administered effectively.

The Board of Trustees meet bi-monthly (a minimum of six ordinary meetings per year). Meetings are formally minuted with an Agenda distributed at least one week beforehand. All meetings must be quorate (attended by at least two trustees or one-third of trustees, whichever is greater).

The powers of the Board are outlined in STAMP Revisited's Governing Document. Decisions are made by majority vote of the Trustees with Chairperson having a second or casting vote. Policies, employment practices, funding initiatives and strategic development plans are the responsibility of the Board of Trustees as a whole.

Sub-Groups can take forward certain issues relating to personnel, finance, or organisational development, as instructed by the Board, but they may only report back and make recommendations. The Board of Trustees will always retain its role as the final decision maker.

The Project Manager, the equivalent of a Chief Executive Officer, is managed by the Board of Trustees and has the responsibility for ensuring the effective day to day service provision and management of the organisation. They are responsible for ensuring that the charity delivers services and meets funding targets and is also responsible for supervision of the staff team and staff development.

Staff may only operate within the remit of their job descriptions.

Recruitment & Appointment of Trustees:

The organisation recognises the importance of having a diverse committee which represents the community it serves and the responsibility for finding potential new trustees lies with the existing Board of Trustees for the time being.

There is a written procedure for recruitment and selection of potential trustees, including the use of a skills audit, a preliminary meeting with the Project Manager followed by an informal interview with the Chair. This interview will include a discussion of any possible reasons for disqualification as well as any possible conflicts of interests.

Potential Trustees are then put forward for election at the AGM or considered for co-option as a Trustee at other times of the year. Co-option may take place to fill any identified skills gaps or weaknesses within the Board's membership. Any potential co-optees will be invited to attend at least one Board Meeting as an observer, and following this, the Board of Trustees will make a decision on whether to invite the candidate to join as a Trustee.

A majority of two-thirds of the Trustees will be needed and there will be at least 14 days' notice of the proposed co-option given to all board members.

Trustees of STAMP Revisited are appointed through the procedures set out in the Governing Document and will

serve for a period of 3 years and may be re-appointed to serve as a Trustee for a further term of 3 years before standing down (however, where appropriate, the requirement to stand down may be put aside).

Honorary Officers are voted in either at the AGM or from amongst the Trustees at the first meeting following the AGM.

There will be no less 3 members of the Board of Trustees, at least one of which shall have, or have had, the need for mental health service provision.

Trustee Induction & Training:

The current Board are familiar with the ethos and workings of STAMP Revisited, with many of them having been involved with the charity for some time. New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity. They are briefed on their legal obligations under charity law, the contents of the governing document, decision-making processes, the business plan, and the recent financial performance of the charity.

Following their induction, trustees are encouraged to participate in external training events that will benefit their role and are kept informed of relevant matters by the Project Manager.

Risk Management:

Risk assessments are conducted for every activity or project that the organisation undertakes. The organisational Risk Register is reviewed by the trustees on a regular basis, with senior management reviewing current and emerging risks, or those where the rating has changed on an ongoing basis.

Risk is considered by trustees as part of their decision making around policy, strategy, and financial matters. Any risks identified are minimised by the implementation of procedures to regularly assess and monitor and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Related Parties:

STAMP Revisited is a small, independent charity and not affiliated to a national body or other organisations.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

A message from our Chair of Trustees:

This has been another challenging year, it has been one of change, learning and adaption. As we emerged from the pandemic, against a backdrop of rising costs, high inflation and social care still facing many challenges, the past 12 months has brought unprecedented difficulties for individuals, families, and organisations across the UK. It has severely impacted the community we serve, with many of our beneficiaries already living in areas of high depravation and poverty.

As the pandemic brought about more open conversations about mental health, wellbeing, and health inequalities, it placed the need for mental health and wellbeing services high on the agenda. NHS Digital and the Centre for Mental Health illustrate, the demand for services has significantly increased with specific needs relating to the pandemic, such as loss and bereavement, social anxiety and loneliness leading more people to seek support, highlighting that the need for services such as STAMP Revisited is now greater than ever.

Our staff have been key to our success, they have continued to rise to the challenges and meet the needs of their clients, despite difficult circumstances. They work tirelessly, adapting our service delivery to meet the needs of our community to ensure that people who have requested our support receive it and their views are heard. As a way of managing demand and using our resources more effectively, the team introduced a Triage system in June 2022. The Triage system allows us to deal with incoming enquires, process referrals, provide signposting information, and deliver immediate one-off and short term support to our beneficiaries. This has allowed us to focus on preventative interventions at the time of contact, provide responsive independent advocacy support to people when they need it and reduce waiting times.

I would like to take this opportunity to applaud all our staff for the work that they have done in the rapidly changing and uncertain environment that we face and the passion and empathy they have shown throughout. Without their hard work and dedication, we would be unable to continue to provide an efficient, high quality service to those in the local community who need our support.

I would also like to thank, not just on behalf of everyone at STAMP Revisited, but also the people we serve, the members of the public who have raised funds for us, organisations that have contributed or made donations in kind and the many grant making trusts and foundations who have funded and continue to fund our work. We are extremely grateful for your support and the trust you place in us.

Finally, I would also like to thank my fellow trustees for all their help and support over the last twelve months. I would particularly like to welcome Thomas Dunn to the Board of Trustees. Thomas has lived experience of mental illness and fully understands the frustrations experienced by those experiencing poor mental health. He believes strongly in challenging the stigma attached to mental health and actively shares his experiences in the hope of helping others. Thomas is already making an impact and brings a wealth of knowledge, skills, and important insight into the needs of young people who use our services.

Moving forward, the board has laid out a clear direction for the organisation over the next year and will be creating a new business plan for the next three years, which will reflect excellence for everyone that uses our service and create a culture where staff know they are appreciated and supported by the board.

Over the last 12 months, we've worked hard to continually improve the quality of our services and to increase our positive impact on people's lives. We know so much more is needed before everyone has a voice when it matters most. That's why we're determined not only to enable more people to benefit directly from our work, but also to work with others to address the barriers which block so many of us from the life we want, and from the rights which we are entitled to enjoy.

Mary Booth, Chair of Trustees

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

What we do?

STAMP Revisited is a user-led organisation, which seeks to empower those experiencing poor mental well-being through advocacy, information, advice, and guidance to give people the tools, help and support they need to allow them to be involved and make their own choices and decisions about their lives.

Our Aim's:

- To **support** and empower those experiencing poor mental health to express their views, be heard and have a direct say on issues critical to their wellbeing and recovery.
- To **enable** individuals to explore their options and agree a course of action to actively take part in resolving their issues and develop the skills to overcome the barriers to good mental health.
- To **empower** individuals to make informed choices and support them to identify their personal strengths to gain and remain in control of their lives.
- To **defend** and promote the rights of those experiencing mental health issues and safeguard them by promoting good practice, and preventing discrimination, neglect, and abuse.
- To **promote** social inclusion and raise awareness of the obstacles faced by individuals experiencing poor mental health to prevent exclusion and isolation.
- To **encourage** individuals to broaden their horizons and become active and inclusive members of society.

Our Vision:

Our vision is for an inclusive and safe society where the voices of vulnerable people, particularly those with mental health issues, are listened to, their views are valued, and they are able to live fulfilling lives according to their own choices.

Our Values:

Our values underpin everything we do, the way the organisation is run, how we engage with each other, and the services we deliver. We have adopted the following values to inform our work:

- **Passionate** - We are passionate about leading the way to a better quality of life for everyone affected by mental illness. We are committed to delivering high quality support and strive for excellence in everything we do, however small.
- **Person Led:** We put those we support first, ensuring that we are directed by their wishes and interests. We are non-judgemental and respectful of people's needs, views culture and experiences.
- **Independent:** We are independent from statutory organisations and all other service providers so we remain free from influence and conflict of interest so we can fully represent those we support.
- **Empowering:** We treat people as individuals with their own unique strengths. We support people to speak up for themselves and create opportunities for self-advocacy, empowerment, and enablement. We equip people to understand their rights and support people to access information to exercise choice and control in their lives.
- **Understanding:** People who are affected by mental illness are at the heart of everything we do. We involve them in shaping our organisation, when developing and delivering services that meet their needs and make a positive difference to people's lives.

- **Equality:** We are pro-active in tackling all forms of inequality, discrimination, and social exclusion so that everyone is treated fairly. We make reasonable adjustments to ensure people have appropriate opportunities to engage, direct and benefit from our services.
- **Accessible**: Our services are provided free of charge to those who are eligible. We are adaptable and open to change. We do our best to be accommodating in the way we provide our services and use language that is easy to understand and accessible for all our clients.

Our Services:

Many of us find it difficult, to get our voice heard about decisions or actions that affect our lives.

For some people, experiencing poor mental health can affect their ability to understand their situation, access or understand information about their rights or the benefits they are entitled to. Sometimes, everyday tasks can become overwhelming, frightening, and confusing. An inability to deal with their problems or interpreting information is a significant source of stress for individuals.

We provide advocacy services to people in a range of settings, from hospitals, including secure mental health units, residential homes and in the community. For us, advocacy is as simple as helping people have their voice heard, understand their rights, and speak up about what they need and what is important to them.

Our Advocates adopt the principles of empowerment, positive choices, and user involvement to work alongside our beneficiaries to tackle the issues that matters to them most. Advocacy intervention is offered across a wide range of day-to-day matters, including:

Types of Advocacy:

Health & Social Care: Individuals are supported to secure their rights, ensure that their views, wishes, and feelings are considered when discussions or decisions are being made in relation to their treatment or care and support planning or challenge decision which they do not agree with.

Living Skills: Individuals who are struggling to care for themselves or complete everyday tasks such as bathing, cooking, cleaning, managing their bills or accessing the community are supported to access a Care Needs Assessment or Occupational Therapy Assessment to assess their current care needs and determine if they need special equipment, adaptions to their home or practical help from a paid carer so that they can maintain their independence.

Welfare Advocacy: Individuals are assisted to understand, prepare, attend, and take part in meetings, assessments or appeals when making a claim, renewing, or appealing a decision for welfare benefits such as PIP (Personal Independence Payments), ESA (Employment & Support Allowance) or UC (Universal Credit).

Advocacy During Care Proceedings: Parents or those with parental responsibility whose children are subject to care proceedings are supported to engage and participate in local authority planning processes and understand their rights when plans about how the children will be cared for are being made.

Debt Management & Financial Hardship: Those who are struggling with debt are provided with the necessary support to prevent their financial problems from escalating, such as creating budgets or contacting their creditors to negotiate payment plans and obtaining specialist advice when considering Debt Management Plan's (DMP), Debt Relief Orders (DRO), Individual Voluntary Arrangement (IVA) or bankruptcy advice if this has become the only option to manage their debts. Individuals who are currently in financial crisis or experiencing

financial hardship are also supported to access food banks, local welfare assistance schemes or gather information relating to grants that provide financial support to those who need it.

Social Networks & Relationships: Individuals who have a mental health condition are more vulnerable to social isolation and loneliness. Under this category, individuals are supported to improve their social networks, identify their hobbies and interests to find suitable community groups, or leisure and social activities they can take part in to make new relationships, develop new interests or rediscover skills, for example, through volunteering.

Managing Housing & Accommodation: Individuals are supported to resolve issues around their current housing and understand then rights when faced with homelessness, this can include speaking with the relevant authorities to resolve issues around rent or council tax arrears, outstanding repairs, disputes with their neighbours, or raising complaints with their landlord or housing association. Where people are facing homelessness, no longer feel safe in their home, it is no longer deemed suitable for their needs or those just looking to move are supported to apply for housing, understand the bidding process or challenge their assigned banding (the priority in which they should be rehoused).

Workplace Disputes: Those who are involved in a workplace dispute or experiencing workplace conflict are supported to understand their rights, speak with their employer, or take part in meetings to try and resolve it. If an individual is currently absent from work, as a result of their mental health problem we support them to attend sickness review meetings and explore the support options available to enable them to return to work or discuss what measures or adjustments that can be put in place to support their health, safety, and wellbeing.

Addictive Behaviours: Alcohol and drugs are powerful substances that can have a negative impact on mental health, where an individual is concerned about their drug or alcohol intake, we can support them to access the necessary treatment and support needed to overcome it. This could involve speaking with their GP or accessing and supporting them to engage with specialist services or a dedicated recovery worker.

Offending & Victims of Crime: Where individuals have been accused of a crime, or they are a victim of crime we can support them to attend interviews with the police and act as an Appropriate Adult, as part of our wider role to ensure they can participate effectively. Support can also be provided at any subsequent court appearances, when seeking advice from a Solicitor, engaging with a Probation Officer, or accessing additional support to address any issues that may have led to the criminal behaviour to prevent re-offending.

Our Impact:

In this section, we shine a spotlight on examples of the work our staff have been doing this year and how this has supported our clients to be heard and lead more fulfilling lives.

In 2022/23...

86% of people reported **improvements in their mental wellbeing** following their interaction with an Advocate.

We supported **190** people through our advocacy services.

330 issues required advocacy intervention.

100% felt listened to.

77% of people noted an increase in their confidence.

97% felt their rights were respected as a result of our advocacy support.

79% felt more in control of their life.

85% left the service feeling more optimistic about their future.

Samantha's Story:

Samantha was referred to our service by her Work Coach at the Department for Works and Pensions (DWP). At the time, Samantha was seeking support in contacting her GP as she was struggling to do this, due to suffering with intense anxiety. Her condition had almost completely stopped her from leaving her home and it was impossible for her to initiate communication with services.

When we first contacted Samantha, she seemed very anxious and apprehensive, although she did her best to share everything she could. At this point, Samantha had been prescribed medication by eventually speaking to her GP to help stabilize her anxiety. Although the medication helped balance her mental health, Samantha still could not rely on herself to make phone calls or to leave the house.

Samantha was not able to engage with services that could offer her therapy and it was agreed that she would go ahead with her medication and receive regular calls, on a fortnightly basis with her advocate. These calls were successful however, on one occasion Samantha became very emotional and described how she tried to undertake a journey on her own, for a very important appointment however, the aftermath of that journey was extremely difficult, overwhelming, and exhausting for her.

At this point, Samantha herself acknowledged that whilst the medication stabilized her, it could not resolve the two main issues in her life - the inability to go out and communicate independently. Samantha identified that to get to this point, she needed to seek other means of help other medication. Samantha agreed for me to contact her GP and organise an appointment. Unfortunately, due to a misunderstanding with the GP, I was not included in the appointment and during the discussion, Samantha struggled to assert her position and she was given a contact number to call reception and ask for the number for therapy services herself. The point of the appointment and the strength Samantha had used to do this were totally disregarded.

After this unsuccessful appointment, Samantha discussed the issue and although she had valid concerns for raising a complaint, she decided against it. However, wanting to keep the momentum going, Samantha wanted to push ahead with accessing a therapy service and agreed for her Advocate to submit a referral directly. Samantha took some time to think and a few days later, she had changed her mind regarding raising her concerns to her GP surgery and asked her Advocate to do this on her behalf. Her Advocate provided feedback to the surgery, who acknowledged her criticism and therefore, became more aware of Samantha's challenges.

After the referral was made, we continued to remain in touch with Samantha however, the need for a fortnightly call faded away and gradually, Samantha began to build her independence and eventually she revealed that she had managed to empower herself enough to be able to go out to a shop on her own to purchase something she needed.

We celebrated this with her, and we were able to witness how this significant milestone had provided some optimism and a positive outlook for the future. During her engagement with STAMP Revisited, Samantha has become less and less reliant on our service, more open about her strengths and challenges as well as more independent within herself.

Eve's Story:

Eve contacted us after her claims for Universal Credit (UC), with Limited Capability for Work Related Activity, and Personal Independence Payments (PIP) were turned down and she was in the process of challenging these decisions. Eve had already contacted a local welfare agency, who agreed to help but later withdrew this support as the believed her case had no merit and there was insufficient medical evidence to support her claim. The advisor believed that Eve should withdraw her application and make a new claim, but Eve did not agree with this. This left Eve feeling confused and overwhelmed at the thought of having to challenge the refusal of these welfare benefits alone.

The decision had already had a detrimental impact upon her health and financial situation. Eve feared that her lack of understanding around the appeals and tribunal process would lead her to miss out on the opportunity to secure these much needed benefits to which she was rightly entitled. It was at this point she reached out to STAMP Revisited.

Eve was assigned an Advocate, who contacted the Tribunal's Service to request an adjournment, to give the Advocate more time to source representation and assist Eve to gather vital medical evidence to support her claim.

The Advocate was successful in securing representation for both Appeals and supported Eve to both prepare for and attend each hearing. With the support of her Advocate, the representative and the additional medical evidence, Eve successfully overturned the decision to refuse her benefits.

Subsequently, Eve was awarded Universal Credit with Limited Capability for Work Related Activity, securing over £8,000 in back dated payments, and Personal Independence Payments, at the enhanced rate, securing a further £17,000 in back dated payments. Had Eve followed the suggestion made by the Welfare Advisor, she would have lost her entitlement to over £25,000 in addition to the regular monthly benefit payments she is now receiving.

Following the success of her appeal's, Eve asked her Advocate to help her raise a formal complaint with the welfare agency, so she could make them aware of how their interactions had impacted upon her. The Advocate supported Eve to write a letter of complaint, and raise her concerns with her local MP, which resulted in Eve receiving an apology and the welfare agency making changes to their internal processes to prevent a similar situation in the future.

Martin's Story:

Martin contacted us as he did not know where to turn. He had suffered a Stroke, at home, some months prior and had lost the sight in his right eye and his mental health had severely declined. Martin's stroke happened at home, and as a result he developed a post traumatic response, he feared going upstairs as he experienced dizziness and was worried about falling down the stairs. He had been sleeping on the sofa for months.

Martin's home was already in a state of disrepair before this, it was damp, and he was struggling financially so he could not afford to adequately heat it which also exacerbated his physical health conditions. He had approached his landlord, but they refused to rectify it and so Martin was desperate to find somewhere else to live and address his financial situation.

The Advocate's first port of call was to contact a local assistance scheme to secure fuel vouchers on Martin's behalf, so he could get some relief from the cold and arrange a benefit check to see if Martin was eligible for any further financial assistance. He was then supported to complete his housing registration with the local council and gather medical evidence to support a claim for priority housing. The Advocate supported Martin to attend an Occupational Therapy Assessment who supported his need for more suitable housing on an urgent basis, and he was given priority banding.

The Advocate continued to liaise with the local housing association, and push for a direct let on Martin's behalf, and within 3 month's Martin had secured another property in his desired area. Unfortunately, Martin would be moving from a furnished property to an unfurnished property, and as he had no access to, or funds to purchase any white goods or furniture, the Advocate helped Martin to make an application to the council's community support scheme and he successfully secured a grant which allowed him to purchase several vital items including a cooker, fridge and washing machine with further vouchers available to use at a local furniture store.

As a result of the benefit check, Martin was also assisted to complete the claims process for Personal Independence Payments (PIP). The Advocate supported Marting to prepare and attend a medical assessment to determine his eligibility for the benefit, which Martin successfully secured.

In order to address the long-term effects, the above events had on Martin's mental health, the Advocate also referred Martin to secondary mental health services to undergo a mental health assessment, a local counselling service, and a men's suicide prevention peer-to-peer support group to access additional support to maintain his mental wellbeing.

Financial Review:

The Board of Trustees review the finances at each of their board meetings. The Treasurer and Project Support Coordinator oversee the book-keeping procedures and financial systems whilst the Chair, Treasurer and Trustees maintain a watching brief on day-to-day costs.

During the year, we maintained our fundraising income despite the challenges of a rapidly changing environment. The total income generated this financial year, up to and including 31st March 2023, amounted to £133,464. This along with the £116,991 carried forward from the previous year gave available funds of £250,455.

We spent £157,747 on the delivery of our charitable activities, leaving surplus funds of £92,708, including £25,011 held in restricted funds.

Reserves Policy:

The calculation of the required level of reserves is an integral part of the annual planning, budget and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

The Board of Trustees has explored the charity's requirements for reserves considering the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure, to ensure that the organisation's core activities could continue during a period of unforeseen difficulty. At the end of the year unrestricted general funds available for future periods stood at £67,697, whilst restricted reserves were £25,011.

Investment Policy:

The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

- providing an income for the Charity to carry out its activities and purpose effectively in the short term, and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission.

In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

The investment of any funds will be considered in the first instance by the Finance Sub-Committee and any recommendations will be made for full Board consideration and approval.

REPORT OF THE TRUSTEES

Statement of Trustees Responsibilities:

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charities SORP,
- Make judgements and estimates that are reasonable and prudent,
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Mary Booth

Mary Booth
Chairperson

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

Independent Examiner's Report to the Trustees of South Tees Advocacy in Mental Health Project

I report on the accounts of the charity for the year ended 31st March 2023 which are set out on pages 15 to 23.

Responsibilities and Basis of Report:

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement:

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Azets Audit Services
Wynyard Park House
Wynyard Avenue
Wynyard
TS22 5TB

G Fitzgerald BA FCA DChA
9th January 2024

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31st MARCH 2023

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
		£	£	£	£
INCOME					
Donations and Grants	2	33000	-	33000	36844
Income from charitable activities	3	20000	79464	99464	93578
Other trading activities	4	1000	-	1000	-
TOTAL INCOMING RESOURCES		54000	79464	133464	130422
EXPENDITURE					
Expenditure on charitable activities					
On main activity		35472	115106	150578	146348
Other costs		3300	3869	7169	6916
TOTAL EXPENDITURE	5	38772	118975	157747	153264
Net expenditure/income	7	15228	(39511)	(24283)	(22842)
Transfers between funds		-	-	-	-
Net movement in funds		15228	(39511)	(24283)	(22842)
Fund balances brought forward		52469	64522	116991	139833
Fund balances carried forward		67697	25011	92708	116991

The notes on pages 17 to 23 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

BALANCE SHEET AS AT 31st MARCH 2023

	Note	2023 £	£	2022 £	£
FIXED ASSETS					
Tangible Assets	8		-		-
CURRENT ASSETS					
Cash at Bank		82295		119221	
Cash in Hand		170		170	
Debtors	9	24568		-	
		107033		119391	
CURRENT LIABILITIES					
Creditors; amounts falling due within one year	10	(14325)		(2400)	
NET CURRENT ASSETS			92708		116991
NET ASSETS			92708		116991
FUNDS					
Unrestricted	11		67697		52469
Restricted	11		25011		64522
			92708		116991

Approved by the Trustees on 2nd January 2024 and signed on its behalf by:

Mary Booth

Mary Booth
Chairperson

The notes on pages 17 to 23 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(a) Basis of Preparation

The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high quality advocacy service to those living within Middlesbrough, Redcar & Cleveland, and Stockton-On-Tees.

The Charitable Organisation (CIO) 1171432 was registered on 2nd February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28th April 2017. The financial statements for the CIO represent the combined assets, liabilities, and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

(b) All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

(c) All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.

(d) Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

Charitable Expenditure	90%
Other Costs	10%

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(e) Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

Equipment:	25% per annum
Computers:	100% per annum

(f) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

(g) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS AND GRANTS

	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Tees, Esk & Wear Valleys NHS Trust - Donated Premises & Utilities	33000	-	33000	33000
Job Retention Scheme Grants	-	-	-	344
Donations	-	-	-	3500
	33000	-	33000	36844

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Lloyds Bank Foundation	-	32792	32792	31294
Ballinger Charitable Trust	20000	-	20000	20000
National Lottery Community Fund	-	46672	46672	42284
	20000	79464	99464	93578

Of total income of £133464 in 2023 (2022: £130422), £79464 (2022: £73922) was credited to restricted funds and £54000 (2022: £56500) was credited to unrestricted funds.

4. OTHER TRADING ACTIVITIES

	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
	£	£	£	£
Fundraising	1000	-	1000	-

5. EXPENDITURE

	Charitable Activities £	Other Costs £	2023 £	2022 £
Grants Repaid	11865	-	11865	-
Staff Costs	77907	-	77907	92401
Accountancy	1310	-	1310	1200
Independent Examiner's Fee	-	1260	1260	1200
Training & Travel	880	-	880	1176
Consultancy	3420	-	3420	-
Sundry	576		576	130
Support Costs Allocated to Activities on the Basis of Usage				
Staff Costs	19700	2029	21729	20287
Premises Costs	29700	3300	33000	33000
Stationery, Telephone & Computer	2655	295	2950	2666
Insurance	1062	118	1180	1204
Depreciation	1503	167	1670	-
	150578	7169	157747	153264

Of expenditure of £157747 in 2023 (2022: £153264), £107110 was charged to restricted funds (2022: £119815) and £38772 was charged to unrestricted funds (2022: £33449).

6. STAFF COSTS

	2023 £	2022 £
Gross Salaries	94814	106326
Employer's NI	2896	4197
Employer's Pension	1926	2165
	99636	112688

There were no employees who earned more than £60,000 per year (2022: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2022: 5 Split 4 advocacy and 1 admin).

7. NET INCOMING RESOURCES

Net Incoming Resources is Stated After Charing:	2023 £	2022 £
Depreciation of Owned Assets	1670	-
Independent Examiner's Fee	1260	1200
Accountancy & Payroll Services	1310	1200

8. FIXED ASSETS

	Furniture & Equipment £	Computer £	Total £
COST			
At 1st April 2022	5006	19787	24793
Additions	-	1670	1670
At 31st March 2023	5006	21457	26463
DEPRECIATION			
At 1st May 2022	5006	19787	24793
Charge for the Year	-	1670	1670
At 31st March 2023	5006	21457	26463
NET BOOK VALUE			
At 31st March 2023	-	-	-
At 30th April 2022	-	-	-

9. DEBTORS

	2023 £	2022 £
Accrued Grants	23336	-
Prepayments	1232	-
	24568	-

10. CREDITORS: Amounts falling due within one year

	2023 £	2022 £
Grants Repayable	11865	-
Social Security and other taxes	2460	2400
	14325	2400

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

2023	Restricted £	Unrestricted £	Total £
Fixed Assets	-	-	-
Net Current Assets	25011	67697	92708
Balance at 31st March 2023	25011	67697	92708

2022	Restricted £	Unrestricted £	Total £
Fixed Assets	-	-	-
Net Current Assets	64522	52469	116991
Balance at 31st March 2023	64522	52469	116991

NOTES TO THE ACCOUNTS

12. MOVEMENT ON FUNDS

2023

	At 1st April 2022 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2023 £
Restricted Funds					
Lloyds Bank Foundation	11935	32792	(31519)	-	13208
National Lottery Community Fund	52179	46672	(87456)	-	11395
Allen Lane Foundation	408	-	-	-	408
Total Restricted	64522	79464	(118975)	-	25011
Unrestricted Funds					
Ballinger Trust	33782	20000	(4812)	-	48970
General Fund	18687	34000	(33960)	-	18727
Total Unrestricted	52469	54000	(38772)	-	67697
Total Funds	116991	133464	(157747)	-	92708

2022

	At 1st April 2021 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2022 £
Restricted Funds					
Lloyds Bank Foundation	5588	31294	(24947)	-	11935
National Lottery Community Fund	93067	42628	(83516)	-	52179
Ballinger Trust	1852	-	-	(1852)	-
Allen Lane Foundation	408	-	-	-	408
Garfield Weston	11352	-	(11352)	-	-
Total Restricted	112267	73922	(119815)	(1852)	64522
Unrestricted Funds					
Ballinger Trust	12379	20000	(449)	1852	33782
General Fund	15187	36500	(33000)	-	18687
Total Unrestricted	27566	56500	(33449)	1852	52469
Total Funds	139833	130422	(153264)	-	116991

12. FUNDS (CONTINUED)

Purposes of Restricted Funds:

The **Lloyds Bank Foundation** provided a one year grant (continuation funding) of £30,542 which funded the partial salary of our Project Manager, with a contribution towards running costs. A further payment of £2,250 was also received, to support the charity with the effects brought about by the cost-of-living crisis. This grant is due to expire on 31st August 2023.

The **National Lottery Community Fund** provided a three-year grant (continuation funding), totalling £279,879, which funds the salaries and associated costs of our Advocates and Project Support Coordinator, with a contribution towards running costs, from 1st November 2022. Payments of £46,672 were received during this financial year. A similar grant was also provided by the National Lottery Community Fund, prior to this. This grant expired on 31st October 2022, with an underspend of £11,865 (which has since been returned).

The **Ballinger Charitable Trust** provided an unrestricted grant (totalling £60,000), towards the organisation's core costs. We received the third and final instalment of £20,000 during this year.

The funds held in the **Allen Lane Foundation** have been retained from a previous grant and will be used to renew promotional materials for our volunteering programme.

13. TRUSTEES AND RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2022: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2022: NIL).

Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales - Charity number 1171432

Accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES
AND
STATEMENT OF ACCOUNTS

YEAR ENDED 31ST MARCH 2022

CHARITABLE INCORPORATED ORGANISATION

REGISTERED CHARITY: 1171432

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

The trustees present their annual report and the unaudited accounts for the year ended 31st March 2022.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016**.**

Reference and administrative information

Charity name:	STAMP Revisited (Mental Health Advocacy Service)
Operating name:	STAMP Revisited
Charity registration number:	1171432
Registered office and operational address:	Roseberry Park, Cleveland Way, Marton Road Middlesbrough, TS4 3AF
Executive committee:	Mary Booth Russell Pell Noelle Darwent Joanne Falloon-Shakespeare
Manager:	Andrea Gent
Independent Examiner:	Mr J Gresham FCCA, Azets, New Garth House, Upper Garth Gardens, Guisborough, TS14 6HA
Bankers:	Yorkshire Bank PLC, 7 Linthorpe Road, Middlesbrough, TS1 1RF

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Structure, Governance & Management

Governing Document: The organisation is a Charitable Incorporated Organisation Charity Number 1171432, registered on 2nd February 2017. It is governed by a constitution adopted on 2nd February 2017.

Organisational Structure: The organisation is governed by an effective Board of Trustees, which is collectively responsible for the success of the Charity. The Trustees have overall responsibility for the organisation's governance and strategy, and for making sure that it is accountable and administered effectively.

The Board of Trustees meet bi-monthly (a minimum of six ordinary meetings per year). Meetings are formally minuted with an Agenda distributed at least one week beforehand. All meetings must be quorate (attended by at least two trustees or one-third of trustees, whichever is greater).

The powers of the Board are outlined in STAMP Revisited's Governing Document. Decisions are made by majority vote of the Trustees with Chairperson having a second or casting vote. Policies, employment practices, funding initiatives and strategic development plans are the responsibility of the Board of Trustees as a whole.

Sub-Groups can take forward certain issues relating to personnel, finance, or organisational development, as instructed by the Board, but they may only report back and make recommendations. The Board of Trustees will always retain its role as the final decision maker.

The Project Manager, the equivalent of a Chief Executive Officer, is managed by the Board of Trustees and has the responsibility for ensuring the effective day to day service provision and management of the organisation. They are responsible for ensuring that the charity delivers services and meets funding targets and is also responsible for supervision of the staff team and staff development.

Staff may only operate within the remit of their job descriptions.

Recruitment & Appointment of Trustees: The organisation recognises the importance of having a diverse committee which represents the community it serves and the responsibility for finding potential new trustees lies with the existing Board of Trustees for the time being.

There is a written procedure for recruitment and selection of potential trustees, including the use of a skills audit, a preliminary meeting with the Project Manager followed by an informal interview with the Chair. This interview will include a discussion of any possible reasons for disqualification as well as any possible conflicts of interests.

Potential Trustees are then put forward for election at the AGM or considered for co-option as a Trustee at other times of the year. Co-option may take place to fill any identified skills gaps or weaknesses within the Board's membership. Any potential co-optees will be invited to attend at least one Board Meeting as an observer, and following this, the Board of Trustees will make a decision on whether to invite the candidate to join as a Trustee. A majority of two-thirds of the Trustees will be needed and there will be at least 14 days' notice of the proposed co-option given to all board members.

Trustees of STAMP Revisited are appointed through the procedures set out in the Governing Document and will serve for a period of 3 years and may be re-appointed to serve as a Trustee for a further term of 3 years before standing down (however, where appropriate, the requirement to stand down may be put aside).

Honorary Officers are voted in either at the AGM or from amongst the Trustees at the first meeting following the AGM.

There will be no less 3 members of the Board of Trustees, at least one of which shall have, or have had, the need for mental health service provision.

Trustee Induction & Training: The current Board are familiar with the ethos and workings of STAMP Revisited, with many of them having been involved with the charity for some time. New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity. They are briefed on their legal obligations under charity law, the contents of the governing document, decision-making processes, the business plan, and the recent financial performance of the charity.

Following their induction, trustees are encouraged to participate in external training events that will benefit their role and are kept informed of relevant matters by the Project Manager.

Risk Management: Risk assessments are conducted for every activity or project that the organisation undertakes. The organisational Risk Register is reviewed by the trustees on a regular basis, with senior management reviewing current and emerging risks, or those where the rating has changed on an ongoing basis.

Risk is considered by trustees as part of their decision making around policy, strategy, and financial matters. Any risks identified are minimised by the implementation of procedures to regularly assess and monitor and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Related Parties: STAMP Revisited is a small, independent charity and not affiliated to a national body or other organisations.

Achievements & Performance

STAMP Revisited is a user-led organisation which provides a range of advocacy services and emotional support to people experiencing poor mental well-being and live within the boundaries of Middlesbrough, Redcar & East Cleveland & Stockton-On-Tees, particularly those experiencing multiple disadvantage or living in poverty and isolation.

Mental health problems have worsened since the emergence of Coronavirus. It has fuelled feelings of loneliness, anxiety, and fears for the future. The number of people with symptoms of depression has almost doubled since the beginning of the pandemic (ONS, 2022).

In January 2022, we carried out a survey to determine the impact the pandemic has had on our beneficiaries. 73.5% of those surveyed said it had a direct impact on their wellbeing with 64.9% believing their mental health had ‘significantly deteriorated’ since its start. Only 17.1% of those asked were relieved when restrictions were lifted compared with 80.2% who were anxious or concerned about themselves/others. 67.8% were still experiencing feelings of loneliness with 52.8% describing this as ‘often/always’ whilst 33.6% fear life will never return to normal.

The pandemic has also impacted the financial security of many individuals, increasing inflation and surging energy bills will only push more people into poverty and mental health crisis. Before the full context of the cost-of-living crisis was known, the impact survey showed 72.2% of our beneficiaries were already worried

that they would be unable to pay their bills. It will leave thousands of people, who are already in desperate financial hardship, facing impossible choices about how to cope - exacerbating mental health issues even further.

Data provided by NHS Digital shows that the number of people contacting the NHS seeking help for mental health problems is at a record high. These needs arise in the context of an underfunded service facing back-logs, waiting lists and a stretched and understaffed workforce which will likely make services harder to access. In this area, there is currently a (minimum) 12-week wait to undergo assessment. *Source: Mental health services monthly statistics - NHS Digital*

The Centre for Mental Health estimates that up to 8.5 million adults in England over the next 3-5 years will need either new or additional mental health support, arising from bereavement and loss related to Covid-19, around two-thirds of whom already have existing mental health needs. Whilst, the NHS is investing in additional mental health services, the predicted levels of demand are 2-3 times that of the current NHS capacity within a 3-5 year window. *Source: Covid-19 and the nation's mental health: May 2021 | Centre for Mental Health*

It is for these reasons this service is vital, as it 'fills the gap' left by statutory services, for those that struggle to seek help or those awaiting treatment by allowing people to access help when they need it most.

Advocacy places the beneficiary and their needs at the heart of the conversation. It becomes a platform for vulnerable people which has been shown to increase their ability to obtain the community resources they need, increase their social support, and improve their quality of life. Whilst health professionals look to treat the symptoms of mental illness, advocacy addresses a person's whole life situation and the issues that may have led to a decline in their mental health.

We support those who are aiming to improve their life circumstances and who would otherwise find it difficult to organise the support they need to remain independent and well by ensuring that our beneficiaries:

- Are empowered and supported to express their views and concerns.
- Access information and services critical to their well-being and recovery.
- Defend and promote their rights and responsibilities.
- Explore their choices and options.

Our aim is to empower our clients to make choices that positively impact upon their lives, support them in identifying personal strengths and assist them to challenge social inequalities.

The advocacy service, provided by STAMP Revisited, does not solely focus on issues around health and social care, we support people with a range of issues that negatively impact upon their lives.

For some who experience ill mental health, their condition can affect their ability to understand or find solutions to the situations they find themselves in, access or understand information about their rights or the benefits they are entitled to. A person's self-confidence is often affected, their ability to speak, write, read or concentrate can also be impaired and an inability to deal with their problems or interpreting information is a significant source of stress for individuals. When living with poor mental health, the world can become very chaotic, frightening, confusing and uncertain, all of which can cause disruption to a person's life.

More services and businesses are acknowledging an increase of people who are presenting with poor mental health requiring support. Within the media, the wider focus and more open discussions around mental health has cultivated a wider acceptance of mental health and that anyone can be affected, it does not discriminate by gender, race, age, or social status. Despite this, the social prejudice, stigma,

stereotyping, and negative attitudes shown towards mental health continue to raise concern and are significant obstacles for people. Many of our beneficiaries' report feeling suppressed and isolated by members of society that hold positions of power or by social systems that lack structure to recognise personal differences.

The Challenges: The Coronavirus Pandemic continues to be the biggest challenge we have faced. It has severely impacted upon those the organisation exists to support. Two years on from the first National Lockdown we have continued to adapt our services to meet the needs of our beneficiaries during this crisis providing a mix of both remote working and face-to-face support to help our beneficiaries navigate their way back to normal in the face of uncertainty.

We have seen a significant change in the complexity and severity of need from our beneficiaries since the start of the pandemic, with most individuals presenting with at least 2 issues that are significantly impacting upon their mental health. The issues faced by those we support now take much longer to resolve than they would have previously, leading to beneficiaries remaining in service for far longer than they would have pre-pandemic.

Our staffing capacity has also been impacted. In November 2021, a full-time Advocate undertook two long-term periods of sickness absence, meaning the organisation operated below capacity for a significant period.

These issues have not only led to increased demands on our service but also increased pressure on our small team. The team has worked incredibly hard to ensure that those in service could continue to receive support whilst the Advocate remained absent, but this did impact upon our ability to accept new referrals within a timely manner, and we continued to have a waiting list in place.

Referral Details: Despite the difficulties mentioned above, our Advocates have successfully supported 169 individuals, who were subsequently taken through an initial assessment to determine their issues and an Advocacy Action Plan was formulated. These Advocacy Action Plans generated 347 separate issues requiring advocacy intervention.

Referrals were received from those living in 3 boroughs, including Middlesbrough (66), Stockton-On-Tees (62) and Redcar and Cleveland (41), particularly from people experiencing multiple disadvantage or living in poverty and isolation. According to the Indices of Deprivation, a staggering 83% of our beneficiaries were living in areas of high deprivation (60% of those we supported lived within the 10% most deprived wards nationally, with a further 23% living within wards described as the 10-20% most deprived). 66% of our referrals were received from mainstream services with the remaining 34% coming from the beneficiary themselves, or a family member. *Source: English indices of deprivation 2019 - GOV.UK (www.gov.uk)*

When an individual enters our service, they are taken through a risk assessment. When an individual declares a risk, the risk is fully explored by the Advocate and, where necessary, appropriate referrals are made so that individuals can seek the correct interventions to manage it. These risk assessments identified that 74% of those we supported were not receiving any other form of support for their mental health issue, despite 55% of those we supported declaring they were at risk of deliberate self-harm or severe self-neglect and 45% experiencing suicidal thoughts.

93% of the people we supported report their employment status as unemployed or unable to work because of their health issues, whilst 15% also fell under dual diagnosis, a term used to describe individuals with a mental illness and problematic drug and/or alcohol use.

Whilst every individual we worked with was experiencing mental health issues, 59% of those we supported

also disclosed that they had a Physical Disability, 19% had a diagnosed Learning Disability and 12% had a long-standing illness or health condition. 54% of those we supported had a common mental health problem, such as depression or anxiety, whilst 46% had a mental health condition categorised as 'serious' meaning that their psychological problems are often so debilitating that their ability to engage in functional and occupational activities is severely affected.

The 5 main areas where support was provided included, Health & Social Care, Welfare Reform, Managing Housing & Accommodation, Debt Management & Financial Hardship and Social Networks & Relationships.

The most prominent issue faced by those we supported related to Health & Social Care, 124 cases were listed under this category where individuals are supported to ensure that their views, wishes, and feelings are considered when discussions or decisions were being made in relation to their treatment or care planning. Under this category individuals were also provided with emotional support, involving regular telephone calls to support their mental wellbeing, referred for assessments or to other services to support their recovery, raise complaints regarding the conduct of health service or health care professional and engage in adult safeguarding procedures to ensure they could remain safe and able to protect themselves from abuse and neglect.

78 Cases were listed under Welfare Reform, where individuals required support to undertake the claims or renewal process for benefits such as PIP (Personal Independence Payments), ESA (Employment and Support Allowance) or UC (Universal Credit). The application and assessment process for welfare benefits can be distressing and confusing for those with poor mental health and because of the difficulty that many people with mental health conditions have in explaining how their condition affects them, there is a risk that they will be wrongly assessed. 90% of those who had an Advocate support them during a medical assessment, were awarded their benefits, whilst the outcome of the remaining 10% remain outstanding. 94% of those undergoing an appeal had the decision to withdraw their benefits overturned. Individuals were also assisted to obtain emergency assistance in the form of vouchers for food, gas and electricity or apply for an Advance Payment of their Universal Credit.

45 people required support with aspects of their current housing situation. 26 individuals were supported to register for housing and seek alternative accommodation, including 8 individuals who were categorised as homeless and 6 individuals where experiencing harassment and anti-social behaviour which meant they no longer felt safe in their own homes. All those who were homeless were successfully rehoused following advocacy intervention. 10 people were also supported to appeal against their current banding with a housing association, this not only involved those who required a move because of their health needs but also those experiencing ongoing harassment or fleeing domestic violence. All appeals submitted were successful. 15 people required help to liaise with their housing association or private landlord in relation to neighbour disputes or outstanding repairs and unhabitable living conditions. Formal complaints where necessary in some of these, all of which were upheld and resulted in the individual receiving financial compensation.

45 individuals were also supported to address their debts or current financial situation. This involved supporting individuals to engage with specialist debt advisors, negotiate repayment plans with their creditors, trigger 'breathing space' to allow people time to find a solution to their debts or pursue a Debt Relief Order where individuals are unable to repay them. Several individuals were also supported to access crisis assistance schemes for food and/or fuel vouchers, white goods, and essential furniture.

The most time-consuming cases were those that fell under the Social Networks & Relationships Category, 32 cases were placed under this category. 26 families were supported to navigate Local Authority Planning Processes where their children are subject to child protection or child in need proceedings. Parents were supported to understand their rights and options and how Child Protection Planning and decision-making

works so that they had the opportunity to fully participate in the process. As a result of the Advocacy Service, parents were able to access the necessary support to prepare for meetings, relay their views and reach agreements or negotiate with the Local Authority when making safe plans or arranging access to their Children. In addition, 3 individuals were supported to initiate court proceedings to regain contact arrangements and 1 individual was supported to undergo the legal process to defend a request to remove their parental responsibility (parental responsibility was maintained). 10 individuals were also assisted to lodge formal complaints to register their dissatisfaction with the way proceedings had been conducted or against the allocated Social Worker involved within them.

Other cases required support around Offending & Rehabilitation (10), Living Skills (6), Drug/Alcohol Use (4) and Work & Volunteering Opportunities (3).

Impact: On leaving the advocacy service, our beneficiaries are asked to take part in an Exit Interview. During the Exit Interview participants are asked to take part in a discussion and short survey which determines the benefits they have received as a result of accessing the service.

Data obtained during the reporting period (1st April 2021 - 31st March 2022) showed that those in service have reported significant improvements, particularly in relation to their mental health, with 90.4% reporting improvements in their mental wellbeing following their interaction with an Advocate.

Outside of this, the biggest increase was around the financial impact, particularly Welfare Reform with 83.3% of those accessing the service, in this area, reporting a positive change, having successfully obtained welfare benefits or challenging a welfare decision. 73.6% of our beneficiaries also felt they were in a better financial position when leaving the service.

82.6% of those we worked were able to identify an improvement in their ability to manage their mental health problem in the future, with a further 63.6% reporting reduced levels of stress/anxiety whilst 84.2% felt more in control of their life as a result of the advocacy intervention.

64.2% also reported an increased ability to manage their housing and accommodation, despite only 13.5% of our overall caseload accessing the service for housing related support. 70.5% of our beneficiaries also reported positive changes to their social networks and relationships with others whilst 61.5% had also developed their living skills and 14.9% felt more able to look for work or volunteering opportunities when exiting the service.

When asked about their overall experience of the Advocacy Service, 98.5% felt more listened to, 75.1% noted an increase in their confidence with 85.1% feeling more optimistic about the future.

Other Activities: We are currently working alongside a Charity Consultant, Angela Dinsdale, to determine how the Coronavirus Pandemic has impacted upon the Board and the organisation itself. Throughout the pandemic, the Board of Trustees continued to meet regularly using digital technology. Whilst this preserved the safety of our Board Members, meetings began to feel fragmented, and individuals became disconnected and isolated. As a result, we have engaged with a consultant to evaluate the impact of the pandemic on Board Member's current position, their roles and any life changing directions that may render an impact on the organisation, after coming through a challenging time and this work remains ongoing.

Financial Review

The Board of Trustees review the finances at each of their board meetings. The Treasurer and Project Support Coordinator oversee the book-keeping procedures and financial systems whilst the Chair, Treasurer and Trustees maintain a watching brief on day-to-day costs.

Principal Funding Sources: Our principal funders are Tees, Esk & Wear Valleys NHS Foundation Trust, the National Lottery Community Fund, the Lloyds Bank Foundation, the Ballinger Charitable Trust, and the Garfield Weston Foundation.

Plans for the Future: The organisation was fortunate to have secured long-term funding not long before the pandemic first hit, whilst the decision to temporarily pause services and make use of the Coronavirus Job Retention Scheme allowed us to extend our current grants meaning the organisation has not had to utilise any of its reserves. However, with some form of restrictions remaining in place, the organisation has chosen not to hold any fundraising events in the interests of public safety. As a result, the organisation has been unable to build on its reserves for a 2-year period.

As always, the sustainability of the organisation remains a growing concern for our Board of Trustees. There is a threat to our financial viability in the second half of 2022 as most of our current funding is due to come to an end. Competition for funding is much greater now, than before the pandemic, and this will only increase further as the economic outlook worsens and the pots of money available become smaller.
Many charities who have been able to access funding through statutory agencies may no longer have this opportunity as they look to claw back some of the funds put forward to address the crisis response and further cuts are made.

The management and Board of Trustees are working hard to secure the organisation's long term future and find ways to adapt and expand our services to meet the rising demand. We are already making steps to find new ways of generating income, introducing new methods of giving and online fundraising to diversify our income streams to aid our financial sustainability.

We are aware that collaborative approaches to funding and service delivery could play an important role in the future and we recognise the importance of building strong relationships with other agencies. We are continuously looking to build and connect our existing networks and have plans to reach out to other organisations to explore future partnerships so that we can provide the best possible support to our beneficiaries.

Over the coming months, we will also be holding a recruitment drive to hopefully attract a greater diversity to the Board of Trustees to encourage new ideas, enhance their skills and provide additional support to our frontline team.

Reserves Policy: The calculation of the required level of reserves is an integral part of the annual planning, budget and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

The Board of Trustees has explored the charity's requirements for reserves considering the main risks to the organisation. The aim is to build up unrestricted funds representing at least three months of the charity's normal expenditure, to ensure that the organisation's core activities could continue during a period of unforeseen difficulty. At the end of the year unrestricted general funds available for future periods stood at £18,687, whilst restricted reserves were £33,782.

Investment Policy: The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

- providing an income for the Charity to carry out its activities and purpose effectively in the short term; and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission.

In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

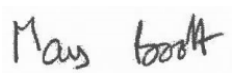
The investment of any funds will be considered in the first instance by the Finance Sub-Committee and any recommendations will be made for full Board consideration and approval.

Statement of Trustees Responsibilities:
The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Mary Booth
Chairperson

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

Independent Examiner's Report to the Trustees of South Tees Advocacy in Mental Health Project

I report on the accounts of the charity for the year ended 31st March 2022 which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

New Garth House
Upper Garth Gardens
Guisborough
TS14 6HA

Mr J Gresham FCCA
Azets

30th January 2023

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31st MARCH 2022

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
INCOME					
Donations and Grants	2	36500	344	36844	48704
Income from charitable activities	3	20000	73578	93578	124105
TOTAL INCOMING RESOURCES		56500	73922	130422	172809
EXPENDITURE					
Expenditure on charitable activities					
On main activity		30104	116244	146348	117847
Other costs		3345	3571	6916	6651
TOTAL EXPENDITURE	4	33449	119815	153264	124498
Net expenditure/income	6	23051	(45893)	(22842)	48311
Transfers between funds		1852	(1852)	-	-
Net movement in funds		24903	(47745)	(22842)	48311
Fund balances brought forward		27566	112267	139833	91522
Fund balances carried forward		52469	64522	116991	139833

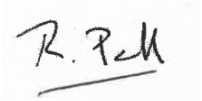
The notes on pages 15 to 21 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

BALANCE SHEET AS AT 31st MARCH 2022

	Note	2022		2021	
		£	£	£	£
FIXED ASSETS					
Tangible Assets	7		-		-
CURRENT ASSETS					
Cash at Bank		119221		141824	
Cash in Hand		170		170	
		119391		141994	
CURRENT LIABILITIES					
Creditors; amounts falling due within one year	8	(2400)		(2161)	
NET CURRENT ASSETS			116991		139833
NET ASSETS			116991		139833
FUNDS					
Unrestricted	10		52469		27566
Restricted	10		64522		112267
			116991		139833

Approved by the Trustees on 25th January 2023 and signed on its behalf by:



Russell Pell
Trustee (Treasurer)

The notes on pages 15 to 21 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(a) Basis of Preparation

The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high quality advocacy service to those living within Middlesbrough, Redcar & Cleveland and Stockton-On-Tees

The Charitable Organisation (CIO) 1171432 was registered on 2nd February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28th April 2017. The financial statements for the CIO represent the combined assets, liabilities and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

(b) All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

(c) All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.

(d) Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

Charitable Expenditure	90%
Other Costs	10%

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(e) Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

Equipment	25% per annum
Computers	100% per annum

(f) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

(g) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS AND GRANTS

	Unrestricted Funds 2021	Restricted Funds 2021	Total Funds 2022	Total Funds 2021
	£	£	£	£
Tees, Esk & Wear Valleys NHS Trust - Donated Premises & Utilities	33000	-	33000	33000
Job Retention Scheme Grants	-	344	344	15402
Donations	3500	-	3500	302
	36500	344	36844	48704

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
	£	£	£	£
Henry Smith Charity	-	-	-	-
Lloyds Bank Foundation	-	31294	31294	30414
1989 Willan Charitable Trust	-	-	-	-
Ballinger Charitable Trust	20000	-	20000	-
National Lottery Community Fund	-	42284	42284	83691
Garfield Weston Foundation	-	-	-	10000
	20000	73578	93578	124105

Of total income of £130422 in 2022 (2021: £172809), £73922 (2021: £139507) was credited to restricted funds and £56500 (2021: £33302) was credited to unrestricted funds.

4. EXPENDITURE

	Charitable Activities £	Other Costs £	2022 £	2021 £
Costs Directly Allocated to Activities				
Staff Costs	92401	-	92401	67329
Accountancy	1200	-	1200	1200
Independent Examiner's Fee	-	1200	1200	1200
Training & Travel	1176	-	1176	22
Sundry	130		130	244
Support Costs Allocated to Activities on the Basis of Usage				
Staff Costs	18258	2029	20287	17975
Premises Costs	29700	3300	33000	33000
Stationery, Telephone & Computer	2399	267	2666	2376
Insurance	1084	120	1204	1152
	146348	6916	153264	124498

Of expenditure of £153264 in 2022 (2021: £124498), £119815 was charged to restricted funds (2021: £90936) and £33449 was charged to unrestricted funds (2021: £33562).

5. STAFF COSTS

	2022 £	2021 £
Gross Salaries	106326	81912
Employer's NI	4197	1849
Employer's Pension	2165	1543
	112688	85304

There were no employees who earned more than £60,000 per year (2021: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2021: 5 Split 4 advocacy and 1 admin).

6. NET INCOMING RESOURCES

Net Incoming Resources is Stated After Charing:	2022 £	2021 £
Depreciation of Owned Assets	-	-
Independent Examiner's Fee	1200	1200
Accountancy & Payroll Services	1200	1200

7. FIXED ASSETS

	Furniture & Equipment £	Computer £	Total £
COST			
At 1st April 2021	5006	19787	24793
Additions	-	-	-
At 31st March 2022	5006	19787	24793
DEPRECIATION			
At 1st May 2021	5006	19787	24793
Charge for the Year	-	-	-
At 31st March 2022	5006	19787	24793
NET BOOK VALUE			
At 31st March 2022	-	-	-
At 30th April 2021	-	-	-

8. CREDITORS: Amounts falling due within one year

	2022 £	2021 £
Social Security and other taxes	2400	2161
	2400	2161

9. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted £	Unrestricted £	Total £
Fixed Assets	-	-	-
Net Current Assets	64522	52469	116991
Balance at 31st March 2022	64522	52469	116991

10. FUNDS

Movements

	At 1st April 2021 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2022 £
Restricted Funds					
Lloyds Bank Foundation	5588	31294	(24947)	-	11935
National Lottery Community Fund	93067	42628	(83516)	-	52179
Ballinger Trust	1852	-	-	(1852)	-
Allen Lane Foundation	408	-	-	-	408
Garfield Weston	11352	-	(11352)	-	-
Total Restricted	112267	73922	(119815)	(1852)	64522
Unrestricted Funds					
Ballinger Trust	12379	20000	(449)	1852	33782
General Fund	15187	36500	(33000)	-	18687
Total Unrestricted	27566	56500	(33449)	1852	52469
Total Funds	139833	130422	(153264)	-	116991

10. FUNDS

Movements

	At 1st April 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2021 £
Restricted Funds					
Lloyds Bank Foundation	1284	30414	(26110)	-	5588
National Lottery Community Fund	50152	99093	(56178)	-	93067
Ballinger Trust	1852	-	-	-	1852
Allen Lane Foundation	408	-	-	-	408
Garfield Weston	10000	10000	(8648)	-	11352
Total Restricted	63696	139507	(90936)	-	112267
Unrestricted Funds					
Ballinger Trust	12941	-	(562)	-	12379
General Fund	14885	33302	(33000)	-	15187
Total Unrestricted	27826	33302	(33562)	-	27566
Total Funds	91522	172809	(124498)	-	139833

10. FUNDS (CONTINUED)

Purposes of Restricted Funds:

Lloyds Bank Foundation have provided a three-year grant, of £91,822, which will fund the partial salary of our Project Manager, with a contribution towards running costs. A payment of £31,294 was received during this financial year. This grant was due to expire on 30th April 2022, however the organisation has recently secured continuation funding for a further year.

The **National Lottery Community Fund** (formally the Big Lottery Fund) have provided a three-year grant, totalling £250,002, which will fund the salaries and associated costs of our Advocates and Project Support Coordinator. It also includes a £10,000 grant towards business development costs. A payment of £42,284 was received during this financial year, whilst a further £344 was also recovered through the Coronavirus Job Retention Scheme.

The **Ballinger Charitable Trust** provided an unrestricted grant, towards the organisation's core costs. We received the second grant payment of £20,000 during this year, with a further payment of £20,000 expected in 2023. A further £1,852 was also retained from a previous grant, and transferred to the current grant, which will allow the organisation to pursue accreditation.

The **Garfield Weston Foundation** provided a three-year grant, of £30,000, towards the organisations core costs. This grant was fully utilised in December 2021.

The funds held in the **Allen Lane Foundation** have been retained from a previous grant and will be used to renew promotional materials for our volunteering programme.

11. TRUSTEES AND RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2021: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2021: NIL).

Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

England & Wales - Charity number 1171432

Accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES
AND
STATEMENT OF ACCOUNTS

YEAR ENDED 31ST MARCH 2021

CHARITABLE INCORPORATED ORGANISATION

REGISTERED CHARITY: 1171432

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

The trustees present their annual report and the unaudited accounts for the year ended 31st March 2021.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014 (as amended by Update Bulletin 1 published on 2 February 2016.

Reference and administrative information

Charity name:	STAMP Revisited (Mental Health Advocacy Service)
Operating name:	STAMP Revisited
Charity registration number:	1171432
Registered office and operational address:	Roseberry Park, Cleveland Way, Marton Road Middlesbrough, TS4 3AF
Executive committee:	Mary Booth Russell Pell Noelle Darwent Joanne Falloon-Shakespeare
Manager:	Andrea Gent
Independent Examiner:	Mr J Gresham FCCA, Azets, New Garth House, Upper Garth Gardens, Guisborough, TS14 6HA
Bankers:	Yorkshire Bank PLC, 7 Linthorpe Road, Middlesbrough, TS1 1RF

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Structure, Governance & Management

Governing Document

The organisation is a Charitable Incorporated Organisation Charity Number 1171432, registered on 2nd February 2017. It is governed by a constitution adopted on 2nd February 2017.

Recruitment & Appointment of Trustees

Under the constitution, the minimum number of Trustees is 3 and there is currently no maximum. At least one Trustee shall have, or have had, the need for Mental Health Service Provision.

Trustees of STAMP Revisited will be appointed through the procedures set out in the Governing Document and will serve for a period of 3 years and may be re-appointed to serve as a Trustee for a further term of 3 years before standing down (however where appropriate the requirement to stand down may be put aside).

All Trustees must be appointed by a resolution passed at a properly convened meeting of the Trustees.

The Trustees are collectively responsible for the effective governance of the charity and to:

- fulfil responsibilities as required by the current Charities Act and all other legislation,
- set and ensure maintenance of a framework of delegation and internal controls,
- agree Operational and Governance Policy and Procedures for the organisation and monitor the implementation of these,
- develop, agree, and monitor the delivery of a Strategic Plan to achieve the overall charitable objectives,
- receive, scrutinise, and analyse regular financial reports and progress information provided by the Project Manager, Accountant, Auditor or Sub-Committees of the Board,
- promote the interests of STAMP Revisited within its wider network.

When appointing new Trustees, serious consideration will be given to the skills, knowledge and experience that will be brought to the Board and appointments will be made against any gaps identified.

It is essential that Trustees understand the governance and management processes and can carry out their role both diligently and efficiently. When considering an appointment, individuals will be asked to detail their skills and experience of the following areas:

- working with or within the voluntary, charity or social enterprise sector,
- working within mental health at a senior management or clinical lead level,
- finance and accounting,
- business management and development,
- personnel and HR,
- planning and strategic management,
- social policy and commissioning,
- legal and governance.

It is this information that will guide the appointment process when selecting appropriate candidates.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Trustee Induction & Training

The Board of Trustees recognises the good practice of ensuring induction for new Trustees in order that they can become as effective as soon as possible after taking up their role. Each new Trustee will receive copies of key documents and information that will provide details on the roles, responsibilities, and practices of the Board before commencing their role.

They will also meet with the Chairperson and Project Manager to have a briefing on the organisation and the work of the Board, and the Chairperson will refer to the Governance Manual ensuring that the new Trustee understands the contents and any questions are addressed.

Each Trustee will also be provided with information regarding the operational aspects of the organisation and the work of the staff team, which will include:

- a tour of the premises operated by the organisation,
- introduction to the staff team, and
- Introduction to the health and safety procedures for the buildings.

STAMP Revisited is a relatively small organisation and has a limited Trustee training budget. In order to assess training needs of the Trustee Board, a bi-annual Skills Audit will be undertaken. Where a collective development need is identified, tailored training for the Board will be provided.

Where individual Trustees identify a development need, they should discuss this with Chair of Trustees who will work with the Project Manager to identify how this need can be met within existing budgets.

Risk Management

We recognise that risk management is essential to our governance and the sustainable operation of our services.

During the year, the Trustees have undertaken a formal risk assessment process which has enabled them to identify the risks to which the Charity is exposed and put in place measures to mitigate those risks.

Organisational Structure

The Board of Trustees meet bi-monthly to consider governance and strategic issues. The Project Manager has the responsibility for the operations of the organisation including staff management, delegation and fundraising. The Project Manager reports on progress to the Board of Trustees at their bi-monthly meetings.

Related Parties

As defined related parties are:

- A person or close member of that person's family is related to a reporting entity if that person has control, joint control or significant influence over the entity or member of its key management personnel.
- An entity is related to a reporting entity if, among other circumstances, it is a parent, subsidiary, fellow subsidiary, associate, or joint venture of the reporting entity, or it is controlled, jointly controlled or significantly influenced or managed by a person who is a related party (www.ifrs.org accessed on 14/10/21)

There are no related parties other than the Trustees and their immediate families or any related entity.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Aims & Objectives and Delivery of Public Benefit

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how the planned activities will contribute to the aims and objectives they have set.

The objects of STAMP Revisited under its constitution are:

To promote the relief of persons with mental health problems living in and around Middlesbrough, Redcar & East Cleveland, and Stockton-On-Tees.

STAMP Revisited is a user-led organisation which was formed in 1995 by a group of service users who were in-patients at St Luke's Psychiatric Hospital in Middlesbrough. In May 2017, the charity updated its legal structure becoming a Charitable Incorporated Organisation and is now known as STAMP Revisited (Mental Health Advocacy Service).

Poor mental health is the largest cause of disability in the UK. 1 in 4 people are affected by mental illness each year whislt 1 in 6 will have experienced a common mental health problem in the last week (Mental Health Foundation, 2021). On average, 16 people will take their own life today (Office for National Statisics, 2020).

Many of us find it difficult, at times, to get our voice heard about decisions or actions that affect our lives. A person is often unprepared and uninformed about their rights when they become ill. For some people, mental illness can affect their ability to understand their situation, access or understand information about their rights and benefits they are entitled to. A person's self-confidence is often affected, their ability to speak, write, read or concentrate can also be impaired because of their mental health problem, or the medication used to treat it. An inability to deal with their problems or interpreting information is a significant source of stress for individuals.

We provide a generic advocacy service and emotional support to people suffering from mental health issues, particularly those experiencing multiple disadvantage or living in poverty and isolation. Our services are available to those aged 18 and over and living within the boroughs of Middlesbrough, Redcar & Cleveland and Stockton-On-Tees. We offer early help and preventative support to individuals who are aiming to improve their life circumstances and who would otherwise find it difficult to organise the support they need to remain independent and well.

We provide a person-centred approach which supports and empowers our beneficiaries to put forward their views on issues critical to their wellbeing and recovery. We assist them to gain and access information and services, defend and promote their rights and responsibilities and explore their choices and options. Our aim is to empower our beneficiaries to make choices that positively impact upon their lives, to support them in identifying personal strengths and to assist and support them to challenge social inequalities. Our advocates encompass the principles of empowerment, positive choices and user involvement to work alongside an individual to develop the skills, confidence and ability to find their voice, access mainstream services or specialist advice to enable them to get back on track and regain control of their lives.

Review of the Year: Like many other Charities, across the World, the biggest challenge to hit the organisation this year has been the emergence of Coronavirus in the UK. This has led to both funding and operational challenges which has forced the organisation to alter its usual ways of working in order to survive the current crisis and continue to provide a valuable service.

With the restriction on face-to-face contact, introduced prior to the first National Lockdown, the organisation moved quickly to introduce and make use of the available technology to meet the challenge of physical distancing and comply with social distancing regulations. Utilising funding from the Ballinger Charitable

Trust, the organisation purchased several mobile phones and tablet computers to support remote working and introduced the option of video calling through programmes such as Microsoft Teams, Zoom and Skype to ensure that we could still meet face-to-face with our beneficiaries who are able to do so. For those who are digitally excluded, we have ensured that they can continue to have regular contact with their Advocate through telephone, email, and text messages. This shift in working approaches has been a successful one and enable beneficiaries to remain connected to community services and supported their advocacy need to have an advocate directly involved within their issue, whilst working remotely. This approach has also been adopted when engaging with our Trustees. Remote working has enabled the governance process to continue to flow and oversee the organisations performance and challenges throughout the Pandemic.

We have also put additional measures in place to support our staff throughout this crisis: we understand the emotional impact that this pandemic has had on our employees, particularly those who are trying to balance a range of personal and professional pressures and dealing with the changes and adaptions to our working practices. This has enabled us to meet their needs and acknowledge the benefits of flexible working to help reassure staff, relieve staff pressure, and promote staff productivity.

As advocacy relies on our ability to support individuals to meet with other institutions which were closed or had severe restrictions imposed, such as GP surgeries, and all routine Hospital Appointments cancelled, health assessments for welfare benefits or attendance at local Jobcentre's suspended the number of people seeking help through the Advocacy Service was significantly reduced, albeit temporarily.

In the months immediately before Coronavirus hit, we were receiving an average of 30 referrals per month, this fell to 22 in March 2020 (a reduction of over 26%) with significant drops in the months after, receiving only 16 referrals throughout the main lockdown period (1st April – 31st July 2020), a reduction of over 86%.

In order to ensure that the organisation remained financially and operationally fit for purpose, the decision was taken to make use of the Coronavirus Job Retention Scheme, with most staff, particularly those funded by the National Lottery grant, placed on furlough with affect from 20th April 2020, leaving the Project Manager in place to keep the organisation active and respond to any advocacy need throughout lockdown.

The team were tasked with contacting those on our current caseload, to inform them of this decision and their ability to still contact the service should the need arise. This also enabled us to ensure that those we were working with had the necessary support in place throughout lockdown, referring those who identified additional support needs to local assistance schemes.

With many restrictions beginning to lift in July 2020, the organisation began to bring its employees back to the workplace on a gradual basis, with all employees returning by 8th September 2020. The assistance received through the Coronavirus Job Retention Scheme has allowed the organisation to recover £15,402.45 of its employment costs throughout the first National Lockdown.

Since this, we have focused on delivering our usual services as far as we can in line with the implementation of both local and national lockdowns, and whilst the number of referrals we receive have not yet recovered to pre-pandemic levels they are continuing to rise month-by-month.

We do expect demand for our services to increase over the coming months, as further restrictions are lifted and the impact of these lockdowns and the subsequent potential rise in unemployment begin to hit our communities. The loss of jobs, income and enforced isolation has been widely documented as a significant source of stress and anxiety which has exacerbated mental health issues.

The local Mental Health NHS Trust is already experiencing a significant rise in the number of people accessing mental health services, many of whom were not known to services before the pandemic. A recent

article within local media, Teesside Live, quotes the Director of Operations for Tees, Esk & Wear Valley NHS Trust warning demand has soared on Teesside. The Trust are experiencing a 20% rise in the number of urgent care referrals and currently forecast a further rise in additional demand over the next five years as the effects of the pandemic bites. Consequently, we expect a knock-on effect to our services, where we may see rises within our referrals or beneficiaries with more numerous issues impacting them.

Referral Details: Despite the challenges mentioned above, our Advocates have successfully supported 145 beneficiaries within the 12-month period, who were subsequently taken through an initial assessment to determine their issues and an Advocacy Action Plan was formulated. These Advocacy Action Plans generated 214 cases which required advocacy intervention.

Referrals were received from 3 boroughs, including Middlesbrough (67), Stockton-On-Tees (51) and Redcar and Cleveland (27), particularly from people experiencing multiple disadvantage or living in poverty and isolation. According to the Indices of Deprivation, a staggering 79% of our beneficiaries were living in areas of high deprivation (59% of those we supported lived within the 10% most deprived wards nationally, with a further 20% living within wards described as the 10-20% most deprived).

74% of those we provided advocacy, STAMP Revisited was their only contact with a service to help them with their mental health issue, despite 34% of those beneficiaries declaring they were at risk of deliberate self-harm and 58% experiencing suicidal thoughts. 96% of the 145 beneficiaries supported report their employment status as unemployed or unable to work as a result of their health issues.

58% of the 145 beneficiaries we supported had a common mental health problem, such as depression or anxiety, whilst 42% had a mental health condition categorised as 'serious' meaning that their psychological problems are often so debilitating that their ability to engage in functional and occupational activities is severely impaired.

The 4 main areas where support was provided included Managing Mental Health, Welfare Reform, Managing Housing & Accommodation and Social Networks & Relationships.

For the first time, since the introduction of the Welfare Reform Act in 2012, and compounded by the emergence of the Coronavirus Pandemic, the most prominent issue faced by those we supported centred around their health and social care needs. 80 individuals were supported to ensure that their views, wishes, and feelings were considered when discussion or decisions were being made in relation to their treatment or care planning. Under this category, our Advocates supported individuals to access vital services to support their recovery, attend medical appointments (in relation to both physical and mental health issues), discuss ongoing treatment plans (and in some cases discharge plans), liaise with Community Mental Health Teams, undertake Social Care Assessments, and register formal complaints regarding the conduct of health or social care professionals.

56 individuals also required support to undertake the claims or renewal process for benefits such as PIP (Personal Independence Payments), ESA (Employment and Support Allowance) or UC (Universal Credit). The application and assessment process for welfare benefits can be distressing and confusing for those with poor mental health and because of the difficulty that many people with mental health conditions have in explaining how their condition affects them, there is a risk that they will be wrongly assessed. Under this category, claimants were assisted to understand, prepare, attend, and take part in meetings, assessments or appeals and engage with specialist welfare agencies for appropriate advice to enable them to seek the necessary benefits to which they are entitled.

As briefly mentioned above, this area of work significantly reduced as a direct result of the Coronavirus Pandemic. In March 2020, the Department of Work & Pensions suspended face-to face assessments, to reduce the risk of exposure and safeguard individuals claiming health and disability-related benefits.

Routine re-assessments and reviews were also suspended, with claimants given an extension until reviews could take place safely. This work resumed towards the end of July 2020, although face-to-face assessments and appeals have not yet been reintroduced, with paper-based decisions or telephone appointments taking priority. Overall, our work in this area has reduced by approximately 68% when compared to previous years.

26 people required support with aspects of their current housing situation. Support varied, including:

- Supporting 17 beneficiaries to register for housing and seek alternative accommodation, this included 4 individuals who were categorised as homeless when accessing support, 3 individuals who were experiencing harassment and anti-social behaviour which meant they no longer felt safe in their own homes, 3 individuals whose homes were in a state of disrepair that they no longer felt their homes where habitable, 2 individuals who were looking to downsize due to their health issues which made their current homes unmanageable, one individual who was living in supported accommodation who felt ready to move on but this was disputed by their care team and one individual who felt socially isolated due to the location of their current property.
- Three individuals were supported to address their rent arrears, two of which were subject to active possession orders for failing to interact or address their arrears with their respective housing associations.
- Two individuals were supported to appeal against their current banding with the local authority housing association and access the necessary medical evidence to support their claim.
- Five individuals were supported to seek legal advice or liaise with their housing association in relation to neighbour disputes, four of which were subjected to targeted abuse and anti-social behaviour, including one who's property is regularly damaged, and one related to excessive noise, all of which were greatly affecting the individual's mental health.
- In addition, two individuals were supported to address a claim of discrimination as they are currently prevented from bidding on properties until the housing association has had sight of their criminal record.
- Complaints were raised on behalf of 5 individuals, 3 complaints related to outstanding repairs or unhabitable living conditions, and two complaints related to their dissatisfaction with their housing association or dedicated housing officer. Two complaints resulted in the individual receiving compensation as a result of the distressed caused.
- Two individuals received support to claim a Discretionary Housing Payment (DHP), one individual was supported to access local welfare assistance schemes to access white goods and furniture and one individual was supported to access a specialist service to address their hoarding behaviour.

The most time-consuming cases were those that fell under the Social Networks & Relationships Category, 22 cases were placed under this category:

- 19 families were supported to navigate Local Authority Planning Processes where their children were subject to care proceedings. Parents were supported to understand their rights and options and how Child Protection Planning and decision-making works so that they had the opportunity to fully participate in the process. As a result of the Advocacy Service, parents were able to access the necessary support to prepare for meetings, relay their views and reach agreements or negotiate with the Local Authority when making safe plans for their Children. 3 of these families were also supported to submit complaints in respect of the treatment they had received whist undergoing these processes.
- 2 individuals were also supported to access, attend, and continue participation in a new Social Activity. Again, these opportunities were significantly limited due to the ongoing pandemic.

Other cases required support around Debt Management & Financial Hardship (18), Offending & Rehabilitation (4), Drug/Alcohol Use (4), Work & Volunteering Opportunities (2) and Living Skills (2).

Impact: Despite the challenges the Pandemic presented for us we have been able to achieve continued success in delivering upon our objectives against the difficult landscape Covid-19 throw at us. On leaving the advocacy service, our beneficiaries are asked to take part in an Exit Interview. During the Exit Interview participants are asked to take part in a discussion and short survey which determines the benefits they have received as a result of accessing the service.

Data obtained during the reporting period showed that those in service have reported significant improvements, particularly in relation to their mental health, with 87.1% reporting improvements in their mental wellbeing following their interaction with an Advocate.

Outside of this, the biggest increase was around the financial impact, particularly Welfare Reform with 70.9% of those accessing the service reporting a positive change in this area, having successfully obtained welfare benefits or challenging a welfare decision. 67.7% of our beneficiaries also felt they were in a better financial position when leaving the service.

80.1% of those we worked were able to identify an improvement in their ability to manage their mental health problem in the future, with a further 71.8% reporting reduced levels of stress/anxiety whilst 82.7% felt more in control of their life as a result of the advocacy intervention.

53.3% also reported an increased ability to manage their housing and accommodation, despite only 17.9% of our overall caseload accessing the service for housing related support. 50.1% of our beneficiaries also reported positive changes to their social networks and relationships with others whilst 35.7% had also developed their living skills and 10.7% felt more able to look for work or volunteering opportunities when exiting the service.

When asked about their overall experience of the Advocacy Service, everyone who accessed the service said they felt more listened to, 75% noted an increase in their confidence with 73.3% feeling more optimistic about the future.

Staffing Changes: During this year, the organisation has welcomed 3 new employees to its workforce. These new recruits not only replace staff departures, both through and immediately before the Coronavirus Pandemic, but also increases the number of paid Advocates working on the Project.

A recruitment drive, which commenced at the beginning of August 2020, identified two candidates, Rebecca Hope and Jill Forrester, who commenced their employment with the organisation on 1st November 2020, on a part-time basis (of 16 hours per week).

Rebecca Hope has joined the organisation, whilst continuing her role with Stockton & District Advice & Information Service. Rebecca has over 10 years' experience of delivering Advocacy to a wide variety of client groups and holds a Bachelor of Laws Degree. Rebecca had already undertaken a nationally recognised Qualification in Advocacy, specialising in Independent Mental Health Advocacy, prior to joining the organisation and has held roles as an NHS Complaints Advocate, Representational Advocate, Paid Relevant Persons Representative and Care Act Advocate.

Jill Forrester joined the organisation following a well-established career in Student Support at Teesside University. Jill held the position of Disability Services Manager where she was responsible for managing Support Services for Disabled Students, including those with complex mental health conditions or experiencing a mental health crisis. Her roles have included counselling, advice work and working

with individuals to identify specific needs arising from the impact of their mental health difficulties and producing a support plan to help them move forward.

A third Candidate, Thomas Dunn, was also selected but placed on hold so the organisation could assess if the organisations workload would sufficiently increase, following lockdown, to justify a further recruitment before confirming his employment.

It has now become clear to the organisation that there has been a significant change in the complexity and severity of need by those who are experiencing mental health issues. Whilst most of our services continue to be delivered remotely the issues faced by our beneficiaries are also taking much longer to resolve than they would when services are able to be delivered in person. This means that our beneficiaries tend to remain on the caseload for far longer than they would have pre-pandemic. It is for this reason that the Board of Trustees chose to trigger Thomas Dunn's employment. Thomas commenced his employment with the organisation on 4th January 2021, on a full-time basis (of 35 hours per week).

Thomas Dunn has an extensive knowledge and experience of the welfare system having previously held employment within, a contractor for the Department for Work and Pensions (DWP) which carry out medical assessments for those looking to claim benefits. As a Client Relations Case Officer, Thomas has supported vulnerable service users looking to submit complaints in relation to the negative practices they have experienced whilst undergoing assessments, many of which involved medical malpractice and administrative errors which prevented individuals from obtaining their benefits to which they are rightly entitled. Thomas also has direct experience of mental illness and fully understands the frustrations experienced by those experiencing poor mental health. Thomas believes strongly in challenging the stigma attached to mental health and actively shares his experiences in the hope of helping others. He has written several blogs and articles which have been published in the local media and has participated in a number of mental health projects, including the Boro Man Can Initiative which looks to inspire hope and action for other Men, in Middlesbrough, to live longer and feel better.

Other Activities: At the start of this financial year our Project Manager was in contact with MVDA (Middlesbrough Voluntary Development Agency) with the intention of engaging with the service to enhance the organisation's Volunteer Programme and build its overall capacity. Several meetings have taken place with Tracey Britton, the Senior Strategic Development Officer, and Suganya Subramaniaraja, the Volunteer Centre Co-ordinator, where we discussed how we would like our Volunteer Programme to look like moving forward and what help they could provide in developing this and promoting our volunteer vacancies. As part of this engagement, we were in the process of reviewing our role descriptions, volunteer-related policies and updating our Volunteer Handbook, but unfortunately this work was halted following the suspension of the programme during the Coronavirus Pandemic. This work will restart against the backdrop of Covid and in line with the needs of volunteers, the organisation and our beneficiaries.

In addition, we had also agreed to take part in MVDA's Celebrations of Volunteers Week and planned to promote the organisation and its volunteering vacancies at this event, scheduled for early June, but again this was cancelled due to Covid-19.

Through funding obtained via the Lloyds Bank Foundation's Enhance Programme, the organisation also engaged with a Charity Consultant, Angela Dinsdale, who supported the Board of Trustees to undertake an evaluation of the Board's effectiveness, using the Charity Governance Code. Overall, the Board were given a Score of 6, which determined that the Board were 'Putting Plans into Action', improving the way both the organisation and the Board works.

The Board have made several steps to improve their governance, since this work, reviewing the organisation's Key Performance Indicator's, updating our current Business Plan (2019-2022), and

implementing a Board Meeting Dashboard to provide clear information on the organisation's performance to allow the Board to review our goals and the actions that need to be undertaken in order to meet our KPI's.

During this work, the Board also successfully implemented a Board Calendar to set out important deadlines and activities that the Board should be aware of to ensure that these tasks are dealt with in a timely manner and incorporated a Policy Index whilst reviewing the organisations core policies and procedures (including governance procedures), financial processes and risk management strategies. To continually improve the organisation's governance, the Board have agreed to undertake further reviews using the Charity Governance Code, on an Annual Basis.

At the turn of 2021, the organisation applied and were successful in participating the new Community Connections Programme offered by the Lloyds Bank Foundation. Lloyds Banking Group has engaged 22 branches in four regions across England, with each Branch committed to developing a relationship with a local Charity. As a result, we have been matched with the Middlesbrough branch of Lloyds Bank and will be undertaking several sessions to discuss how we, as a Charity, our beneficiaries and the Branch can benefit from mutual support by tapping into the skills and resources of all parties.
Involvement in this Programme will allow the organisation to pursue a number of opportunities, from the Branch, including support to raise the charity's profile, practical help with fundraising activities, mentoring for both staff and beneficiaries, enhancing our digital skills and accessing hands-on volunteering support.

In return, we will be looking to provide training opportunities for branch staff around mental health and well-being whilst providing them with the opportunity for them to learn about our work, the issues we look to address and the needs of the people we work with. By sharing our knowledge, we hope that we will enable branch staff to gain a better understanding of the community they serve leading to improvements in their practice with vulnerable customers.

The Future Progress Plan: We remain fully committed to helping and supporting the people of Teesside and developing our service to be responsive to the needs of our communities.

We will continue to further develop the organisation and build on our progress so far. For all charitable organisation's the future beyond Covid -19 is uncertain, none of us have experienced this in our lifetime. Therefore, we will progress with caution and trepidation, evaluating and responding to every step required to travel forward and confidently continue to deliver our service to those in need of advocacy support.

In respect of the financial implications, our current income streams have now become limited, as a result of the restrictions imposed, especially those funds we tend to raise ourselves. Fundraising events not only provide us with an opportunity to raise vital funds, which allow the organisation to operate effectively, they also allow us to raise public awareness of our work, both of which have suffered following the cancellation and suspension of all fundraising events.

The organisation does have concerns how the emergency spending, put forward by grant making trusts, in response to the pandemic will impact future funding prospects. In addition, previous economic and financial downturns have typically impacted on the level of grants available from charitable trusts. Emerging from the pandemic, we do envisage a similar response over the coming months and potentially, years. The financial impact of the pandemic is expected to tighten grant maker purse strings and reduce the broad financial scope grant makers were able to offer.

We are mindful that our current work may not necessarily be seen as 'coronavirus-relevant' when looking to secure future funding, and we may, therefore, struggle to access new or continuous pots of funding to support our work as we come out of this crisis. The financial viability and sustainability of the organisation, therefore, remains a growing concern for our Trustees.

Moving forward our focus in this area will centre on sourcing and securing a diverse stream of income to continue the organisation and push through the other side of Covid-19. The Board of Trustees are currently in the process of reviewing its fundraising strategy to identify potential avenues to source further income from April 2022 onwards.

STAMP Revisited's Trustees, Management and Staff would like to take this opportunity to thank the following agencies for their support and funding of the organisation:

Tees, Esk & Wear Valley NHS Foundation Trust
The National Lottery Community Fund
The Lloyds Bank Foundation
The Ballinger Charitable Trust
The Garfield Weston Foundation

The Trustees would also like to pass on their thanks to the organisation's dedicated staff members for their continued support, commitment, and hard work through what has been a tremendously difficult year.

Reserves Policy

The calculation of the required level of reserves is an integral part of the annual planning, budget, and forecast cycle. In line with Charity Commission requirements, the Charity has a Reserves Policy based on a realistic assessment of its needs. It is the policy of the organisation to use reserves to further its charitable aims and objectives and to provide for any contingencies which may arise.

After considering the various needs, the Trustees have agreed that STAMP Revisited should aim to maintain reserves of at least three months projected running costs, to ensure that STAMP Revisited's core activities could continue during a period of unforeseen difficulty. For 2020/21 this would equate to a minimum of £36,513. To date, we have been unable to do this with free reserves of £27,556 available at the end of the 2020/21 financial year. Trustees will be discussing a fund-raising plan to explore a growth increase to the reserves in balance to delivering on our objectives and identify a financial projection for the next reporting period.

Investment Policy

The Board of STAMP Revisited recognises that there may be occasions where the Charity has surplus funds not needed for immediate charitable activities. When investing charitable funds, the Board of Trustees will ensure a balance between the two objectives of:

- providing an income for the Charity to carry out its activities and purpose effectively in the short term; and
- maintaining and if possible, enhancing the value of the invested funds, to enable the Charity to carry out its purpose in the longer term.

All investments will be consistent with the aims of STAMP Revisited and within the guidelines provided by the Charity Commission. In agreeing where any funds are invested, the Board will take account of:

- the suitability of the investment in relation to the Charity's needs,
- the levels of risk and security related to the investment,
- access to the invested funds,
- return on the investment.

The investment of any funds will be considered in the first instance by the Finance Sub-Committee and any recommendations will be made for full Board consideration and approval.

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

REPORT OF THE TRUSTEES

Statement of Trustees Responsibilities
The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

M. Booth.

Mary Booth
Chairperson

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

Independent Examiner's Report to the Trustees of South Tees Advocacy in Mental Health Project

I report on the accounts of the charity for the year ended 31st March 2021 which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the Act ; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of the accounts set out in the charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts "give a true and fair view" which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

New Garth House
Upper Garth Gardens
Guisborough
TS14 6HA

Mr J Gresham FCCA
Azets
12th November 2021

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31st MARCH 2021

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
		£	£	£	£
INCOME					
Donations and Grants	2	33302	15402	48704	33106
Income from charitable activities	3	-	124105	124105	122832
Other Income		-	-	-	-
TOTAL INCOMING RESOURCES		33302	139507	172809	155938
EXPENDITURE					
Expenditure on charitable activities					
On main activity		30206	87641	117847	121049
Other costs		3356	3295	6651	6008
TOTAL EXPENDITURE	4	33562	90936	124498	127057
Net expenditure/income	6	(260)	48571	48311	28881
Transfers between funds		-	-	-	-
Net movement in funds		(260)	48571	48311	28881
Fund balances brought forward		27826	63696	91522	62641
Fund balances carried forward		27566	112267	139833	91522

The notes on pages 15 to 20 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

BALANCE SHEET AS AT 31st MARCH 2021

	Note	2021 £	£	2020 £	£
FIXED ASSETS					
Tangible Assets	7		-		-
CURRENT ASSETS					
Debtors & Prepayments	8	-		1152	
Cash at Bank		141824		102179	
Cash in Hand		170		170	
		141994		103501	
CURRENT LIABILITIES					
Creditors; amounts falling due within one year	9	(2161)		(11979)	
NET CURRENT ASSETS			139833		91522
NET ASSETS			139833		91522
FUNDS					
Unrestricted	11		27566		27826
Restricted	11		112267		63696
			139833		91522

Approved by the Trustees on 29 September 2021 and signed on its behalf by:

Russell Pell
Trustee (Treasurer)

R Pell . 5th Nov 2021.

The notes on pages 15 to 20 form part of these accounts

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(a) Basis of Preparation

The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are providing a high-quality advocacy service to those living within Middlesbrough, Redcar & Cleveland, and Stockton-On-Tees

The Charitable Organisation (CIO) 1171432 was registered on 2nd February 2017 to take forward the work of the Unincorporated Charity 1048991 South Tees Advocacy in Mental Health Project. Assets, Liabilities and Funds were transferred on 28th April 2017. The financial statements for the CIO represents the combined assets, liabilities, and funds of the two legal entities as though they have always been part of the same organisation.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic and Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic and Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

(b) All grants, including grants for the purchase of fixed assets, and other income are accounted for gross in the Statement of Financial Activities when receivable, as long as they are capable of financial measurement. Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

(c) All resources expended are accounted for gross when incurred and include attributable VAT, which cannot be recovered.

(d) Direct charitable expenditure includes the direct costs of the activities and depreciation on related assets. Where costs relate to more than one functional cost category, they have been split on an appropriate basis as follows:

Charitable Expenditure	90%
Other Costs	10%

STAMP REVISITED (MENTAL HEALTH ADVOCACY SERVICE)

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

(e) Depreciation is provided to write off the cost, less estimated residual values, of all fixed assets, over their expected useful lives. It is calculated at the following rates:

Equipment	25% per annum
Computers	100% per annum

(f) Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

(g) Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

2. DONATIONS AND GRANTS

	Unrestricted Funds 2021	Restricted Funds 2021	Total Funds 2021	Total Funds 2020
	£	£	£	£
Tees, Esk & Wear Valleys NHS Trust - Donated Premises & Utilities	33000	-	33000	33000
Job Retention Scheme Grants	-	15402	15402	33000
Donations	302	-	302	106
	33302	15402	48704	33106

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds 2021	Restricted Funds 2021	Total Funds 2021	Total Funds 2020
	£	£	£	£
Henry Smith Charity	-	-	-	-
Lloyds Bank Foundation	-	30414	30414	30114
1989 Willan Charitable Trust	-	-	-	-
Ballinger Charitable Trust	-	-	-	-
National Lottery Community Fund	-	83691	83691	82718
Garfield Weston Foundation	-	10000	10000	10000
	-	124105	124105	122832

Of total income of £172809 in 2021 (2020: £159938), £139507 (2020: £122832) was credited to restricted funds and £33302 (2020: £33106) was credited to unrestricted funds.

4. EXPENDITURE

	Charitable Activities £	Other Costs £	2021 £	2020 £
Costs Directly Allocated to Activities				
Staff Costs	67329	-	67329	72969
Accountancy	1200	-	1200	1200
Independent Examiner's Fee	-	1200	1200	1200
Training & Travel	22	-	22	1764
Legal	-	-	-	-
Affiliations & Donations	-	-	-	-
Consultancy	-	-	-	1740
Sundry	244		244	104
Support Costs Allocated to Activities on the Basis of Usage				
Staff Costs	16177	1798	17975	6151
Premises Costs	29700	3300	33000	33000
Stationery, Telephone & Computer	2138	238	2376	7857
Insurance	1037	115	1152	1072
	117847	6651	124498	127057

Of expenditure of £124498 in 2021 (2020: £127057), £90936 was charged to restricted funds (2020: £90759) and £33562 was charged to unrestricted funds (2020: £36298).

5. STAFF COSTS

	2021 £	2020 £
Gross Salaries	81912	74621
Employer's NI	1849	3049
Employer's Pension	1543	1450
	85304	79120

There were no employees who earned more than £60,000 per year (2020: NIL). The average number of employees was 5, split 4 advocacy and 1 admin. (2020: 4 Split 3 advocacy and 1 admin).

6. NET INCOMING RESOURCES

Net Incoming Resources is Stated After Charing:	2021 £	2020 £
Depreciation of Owned Assets	-	-
Independent Examiner's Fee	1200	1200
Accountancy & Payroll Services	1200	1200

7. FIXED ASSETS

	Furniture & Equipment £	Computer £	Total £
COST			
At 1st April 2020	5006	19787	24793
Additions	-	-	-
At 31st March 2021	5006	19787	24793
DEPRECIATION			
At 1st May 2020	5006	19787	24793
Charge for the Year	-	-	-
At 31st March 2021	5006	19787	24793
NET BOOK VALUE			
At 31st March 2021	-	-	-
At 30th April 2020	-	-	-

8. DEBTORS

	2021 £	2020 £
Prepayments and other debtors	-	1152

9. CREDITORS: Amounts falling due within one year

	2021 £	2020 £
Deferred Income	-	10000
Social Security and other taxes	2161	1979
	2161	11979

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted £	Unrestricted £	Total £
Fixed Assets	-	-	-
Net Current Assets	112267	27566	139833
Balance at 31st March 2021	112267	27566	139833

11. FUNDS

Movements

	At 1st April 2019 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2020 £
Restricted Funds					
Henry Smith Charity	21	-	-	(21)	-
Lloyds Bank Foundation	1728	30114	(30558)	-	1284
National Lottery Community Fund	20505	82718	(53071)	-	50152
Ballinger Trust	1852	-	-	-	1852
Allen Lane Foundation	440	-	(32)	-	408
1989 Willan Charitable Trust	16	-	(16)	-	-
Garfield Weston	7082	10000	(7082)	-	10000
Total Restricted	31644	122832	(90759)	(21)	63696
Unrestricted Funds					
Ballinger Trust	14594	-	(1653)	-	12941
General Fund	16403	33106	(34645)	21	14885
Total Unrestricted	30997	33106	(36298)	21	27826
Total Funds	62641	155938	(127057)	-	91522

NOTES TO THE ACCOUNTS

11. FUNDS

Movements

	At 1st April 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31st March 2021 £
Restricted Funds					
Lloyds Bank Foundation	1284	30414	(26110)	-	5588
National Lottery Community Fund	50152	99093	(56178)	-	93067
Ballinger Trust	1852	-	-	-	1852
Allen Lane Foundation	408	-	-	-	408
Garfield Weston	10000	10000	(8648)	-	11352
Total Restricted	63696	139507	(90936)	-	112267
Unrestricted Funds					
Ballinger Trust	12941	-	(562)	-	12379
General Fund	14885	33302	(33000)	-	15187
Total Unrestricted	27826	33302	(33562)	-	27566
Total Funds	91522	172809	(124498)	-	139833

11. FUNDS (CONTINUED)

Purposes of Restricted Funds:

Lloyds Bank Foundation have provided a three-year grant, of £91,822, which will fund the partial salary of our Project Manager, with a contribution towards running costs. A payment of £30,414 was received during this financial year, with 1 further payment expected.

The **National Lottery Community Fund** (formally the Big Lottery Fund) have provided a three-year grant, totalling £250,002, which will fund the salaries and associated costs of our Advocates and Project Support Coordinator. It also includes a £10,000 grant towards business development costs. Two payments, amounting to £83690 were received during this financial year, with a further 1 payment expected.

The **Ballinger Charitable Trust** (restricted funds) allowed us to retain an under-spend of £1,852 from a previous grant, which will provide the organisation with the necessary funds to achieve a quality mark.

The **Garfield Weston Foundation** have provided a 3-Year grant of £30,000, towards the organisations core costs. £10,000 has been allocated to this financial year.

The funds held in the **Allen Lane Foundation** have been retained from a previous grant and will be used to renew promotional materials for our volunteering programme.

12. TRUSTEES AND RELATED PARTY TRANSACTIONS

None of the Trustees received any remuneration relating to their role as trustees from the charity during the year (2020: NIL).

None of the trustees were reimbursed expenses in relation to their role as a trustee (2020: £4). Trustees Indemnity Insurance cover is included in the cost of Combined Insurance. It is not possible to quantify the amount involved.