



# Trustees' Annual Report for the period

	Period start date				Period end date		
<b>From</b>	1st	Month June	Year 2023	<b>To</b>	Day 31st	Month May	Year 2024

## Section A Reference and administration details

Charity name

Bereaved Children Support York

Other names charity is known by

BCSY

Registered charity number (if any)

1171422

Charity's principal address

1 Dealtry Avenue

Wigginton

York

Postcode

YO32 2FJ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Joanne Cole	Chair		Board of Trustees
2	Lisa Curtis	Treasurer		Board of Trustees
3	Yvonne Methley			Board of Trustees
4	Angela White			Board of Trustees
5				
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11				
12				
13				
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15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (31/01/2017)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To preserve and protect the physical and mental health of children, young people and their families living in the York area, who have experienced bereavement or loss by the provision of counselling and support and recreation and leisure time activities provided in the interest of social welfare designed to improve their conditions of life

To advance the education of the public in the subject of the affects of bereavement and loss on children and young people.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

### **Run a monthly peer support drop-in group**

This enables bereaved children, young people and families living in the York area to come together and explore their feelings through play, creativity and peer support by meeting others who have had a similar experience, with the aim of improving their emotional well-being.

### **Individual therapeutic support**

One-to-one therapeutic support is provided by bereavement practitioners to those children and young people who need additional specialised and individual help to better cope with the impact of grief on their lives.

### **Recreational activities**

The organisation of recreational activities offers the opportunity for bereaved children, young people and families to meet in an even more relaxed and informal way than the drop-in sessions. This is often a good introduction to the charity and the services we provide.

These have previously included activities such as trampolining, theatre trips, music concerts, football sessions and circus skills workshops. This year we went alpaca walking.

### **Parents fortnightly coffee**

This provides an opportunity for the parents and carers of bereaved children and young people to meet each other without their children being present to seek, offer and gain mutual support about the issues faced by their children and them as parents.

The trustees have had regard to the guidance issued by the charity commission to ensure that all activities are provided for the public benefit.

**Additional details of objectives and activities (Optional information)**

We are delighted to continue to receive the design expertise of local businessman Richard Playford on a voluntary basis in relation to the creation and maintenance of the charity's website and publicity material.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

**Monthly peer support drop-in sessions**

These sessions continued to be in-person with crafts and activities for the children to do individually and in groups. We continue to run these sessions in the newly refurbished Oaken Grove Community Centre.

**Individual therapeutic support**

The one-to-one therapeutic support is for those children and young people who need more specialist support to help them be better able to cope with the impact of grief on their lives. The sessions continued to be face-to face, with children and young people mostly being seen at school.

We appointed 2 further part-time sessional bereavement practitioners following the retirement of one of our longest serving practitioners and one having to take a break due to other work commitments. We now have 5 part-time, sessional bereavement practitioners.

**58 children have been referred in the past 12 months**

**Parents/carers fortnightly coffee**

This group continues to be well attended and very much valued by participants. It enables good conversations to be had and relationships built allowing for emotional support to be shared. There is no cost to the charity for these sessions.

**Website and publicity**

The website continues to be maintained and publicity materials produced on a voluntary basis by supporter Richard Playford, although printed resources, books and leaflets are purchased.

**Other collaborations and donations**

We were fortunate enough to be chosen again to be one of the charities to benefit from the local music concert, A Night to Remember. Some of our families, volunteers and supporters attended the evening and had a great time. We received an amazing £5306 from this event.

We had a stall at the local community event, WiggyFest in June 2023, by holding a tombola and other fundraising games. Whilst it generated a modest amount it did raise our profile and publicise our services in the local area.

We continue to benefit from the fundraising of others. We have had supporters raising money for us holding raffles, selling treats and cakes.

We received support from local businesses including a Festive Walk organised by Bromwich Family Butchers in Haxby that raised a fantastic £1670 and in October 2023 the local branch of the Co-op chose us to benefit from the Community Fund for 12 months and we received an interim payment of £1111.

We also benefited again this year from one of our supporter's creative talents selling their Halloween and Easter baked goods raising a wonderful, combined total of £980.

**Future plans for the year ahead**

We are hoping to recruit an additional part-time bereavement practitioner due to the increased waiting times for our 1:1 service.

## Section E Financial review

### Brief statement of the charity's policy on reserves

The trustees have set a level equivalent to approximately 6 months of operating costs (£12,000) for the organisation as a desired level of reserves.

This fund is a contingency in the event of a sudden reduction in income, in order to protect the future operation of the organisation from the effects of any unforeseen variations in its income and expenditure.

This will be reviewed by trustees in light of increased costs, especially the therapeutic support.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

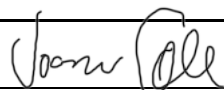
## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Joanne Cole

Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	23/3/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Bereaved Children Support York  
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## Receipts and payments accounts

For the period from	Period start date 01/06/2023	To	Period end date 31/05/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Fundraising by individuals	2,444	-	-	2,444	7,357
Fundraising by groups/organisations	3,835	-	-	3,835	1,139
Night to Remember	5,306	-	-	5,306	4,832
Donations from businesses	3,600	-	-	3,600	23,283
Donations from individuals	520	-	-	520	535
Tickets paid and refund	556	-	-	556	922
Misc refund	81	-	-	81	
		-	-		
<b>Sub total (Gross income for AR)</b>	<b>16,342</b>	<b>-</b>	<b>-</b>	<b>16,342</b>	<b>38,098</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,342</b>	<b>-</b>	<b>-</b>	<b>16,342</b>	<b>38,098</b>

### A3 Payments

Therapeutic support sessions	40,780	-	-	40,780	33,445
Creative supplies	571	-	-	571	566
Recreational activities/entertainment	609	-	-	609	285
Venue/room hire	686	-	-	686	606
Insurance	83	-	-	83	63
Books and resources	16	1	-	16	165

DBS check	52	-	-	52	112
Refreshments	153	-	-	153	
Misc	81	-	-	81	
<b>Sub total</b>	<b>43,031</b>	<b>-</b>	<b>-</b>	<b>43,031</b>	<b>35,242</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>43,031</b>	<b>-</b>	<b>-</b>	<b>43,031</b>	<b>35,242</b>
<b>Net of receipts/(payments)</b>	<b>- 26,689</b>	<b>-</b>	<b>-</b>	<b>- 26,689</b>	<b>2,856</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>65,942</b>	<b>-</b>	<b>-</b>	<b>65,942</b>	<b>10,813</b>
<b>Cash funds this year end</b>	<b>39,253</b>	<b>-</b>	<b>-</b>	<b>39,253</b>	<b>13,669</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in current account	39,253	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>39,253</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the</b>			-	-


charity's own use

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Joanne Cole	23/03/2025