

# Dudley Inclusive Activities Annual Report and Statements 1<sup>st</sup> January 2024 to 31<sup>st</sup> December 2024

## Contents

Chapter	Page
Charitable Objectives	1
Reflection – Chair’s Report	2
Our funders	2
Finance	3
Future	3

## Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

## **Reflection – Chairs Report**

Finally, our Big Chaos group was able to run throughout the year without Covid interruptions.

Consistency of regular confidence building activities have increased the spontaneous interactions between the participants. The most pleasing aspect is the group members are now chatting amongst themselves before the sessions, during breaks and afterwards.

This is one of our two aims met.

The physical fitness of some of the participants has returned. However, for some, Covid lockdown conditions changed eat and activity habits which resulted in excessive weight gain. For these members, they haven't returned to their original fitness levels, however, there is some improvement.

## **Our funders**

No additional funding was required for this year.

## **Finance**

We had an income of £0.

Our total expenditure was £1,678.

The cash at bank was £19,457.

## **Future**

We will continue to work on the two key themes from last year: physical health and assertiveness.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

10/01/2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Dudley Inclusive Activities

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## Receipts and payments accounts

For the period from	01/01/2023	To	31/12/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	-		-		2,200
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	2,200
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	2,200
<b>A3 Payments</b>					
Delivery of charitable activities	-		-	-	-
Facility hire	-	1,116	-	1,116	580
Insurance	-	289	-	289	345
Volunteer support costs	-	-	-	-	-
Email and web	-	273	-	273	274
	-	-	-	-	-
DBS check	-	-	-	-	8
1st aid equipment	-	-	-	-	45
<b>Sub total</b>	-	1,678	-	1,678	1,252
<b>A4 Asset and investment purchases. (see table)</b>					
<b>Equipment</b>		-	-	-	135
Digital registration tool	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	135
<b>Total payments</b>	-	1,678	-	1,678	1,387
<b>Net of receipts/(payments)</b>	-	- 1,678	-	- 1,678	813
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>		21,135	-	21,135	20,230
<b>Cash funds this year end</b>	-	19,457	-	19,457	21,135

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank at 31/12/2023	-	19,457	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	19,457	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
	Equipment - digital registration tools		135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	<b>Signature</b>	<b>Print Name</b>	<b>Date of approval</b>	
		Greg Southall	10/01/2024	