

Dudley Inclusive Activities Annual Report and Statements 1st January 2023 to 31st December 2023

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Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

Reflection – Chairs Report

Finally, our Big Chaos group was able to run throughout the year without Covid interruptions.

Consistency of regular confidence building activities have increased the spontaneous interactions between the participants. The most pleasing aspect is the group members are now chatting amongst themselves before the sessions, during breaks and afterwards.

This is one of our two aims met.

The physical fitness of some of the participants has returned. However, for some, Covid lockdown conditions changed eat and activity habits which resulted in excessive weight gain. For these members, they haven't returned to their original fitness levels, however, there is some improvement.

Our funders

No additional funding was required for this year.

Finance

We had an income of £0.

Our total expenditure was £1,678.

The cash at bank was £19,457.

Future

We will continue to work on the two key themes from last year: physical health and assertiveness.

The participants no longer suggest ideas for future sessions or express any of their own feelings. This is consistent across the whole of the group. We will work to improve confidence through our sports games. Hopefully, this will give the attendees the self-belief they can share their own opinions and ask for things.

The participants will move more at the sessions and will be encouraged to move more at home. This will improve their physical health.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

29/03/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities

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Receipts and payments accounts

For the period from	01/01/2023	To	31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-		-		2,200
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	2,200
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	2,200
A3 Payments					
Delivery of charitable activities	-		-	-	-
Facility hire	-	1,116	-	1,116	580
Insurance	-	289	-	289	345
Volunteer support costs	-	-	-	-	-
Email and web	-	273	-	273	274
	-	-	-	-	-
DBS check	-	-	-	-	8
1st aid equipment	-	-	-	-	45
Sub total	-	1,678	-	1,678	1,252
A4 Asset and investment purchases. (see table)					
Equipment		-	-	-	135
Digital registration tool	-	-	-	-	-
Sub total	-	-	-	-	135
Total payments	-	1,678	-	1,678	1,387
Net of receipts/(payments)	-	- 1,678	-	- 1,678	813
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		21,135	-	21,135	20,230
Cash funds this year end	-	19,457	-	19,457	21,135

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2023	-	19,457	-
		-	-	-
		-	-	-
	Total cash funds	-	19,457	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Equipment - digital registration tools		135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Greg Southall	10/01/2024	