

Dudley Inclusive Activities Annual Report and Statements 1st January 2021 to 31st December 2021

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Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

Reflection – Chairs Report

Beginning the year our activity sessions took place on zoom, this was a mixture of activity and social. It was very difficult to try and engage all our participants, we managed to have almost all attend our initial zoom sessions, however, some didn't enjoy being on camera or talking to a computer choosing not to stay, instead waiting till we returned face to face. Participants who attended had a mixture of quizzes and fitness sessions. They were able to interact by having chats and maintain bonds that formed over the years in group activity. Participants regularly spoke about how they missed their friends, missed being part of a group. They weren't as active and felt their fitness was reduced compared to before the covid pandemic.

Fortunately, as the weather began to improve some COVID restrictions were reduced. We able to amend risk assessments allowing us to stage regular outdoor activity sessions. To enable this participants and families were involved in the planning of the sessions. 1. to ensure felt safe taking part. 2. so everybody understood the safety requirements. 3. To meet everyone's enjoyment needs.

We purchased some new equipment for outdoor activity. This was all chosen by the participants. We mostly playing kicking and running style games to reduce the risk of contact.

Participants were so happy to return to activity. They were elated when they saw each other for the first time. In a short space of time, we managed to make some gains. One participant who really didn't like football was gradually encouraged. By developing basic skills and then playing little games he finally

enjoyed football. Now the football phobia has gone and everyone in the group can just have a kick around.

As autumn approached COVID restrictions increased and sessions were removed again. This was the case up until the end of the year. We continued with zoom activity sessions, however they were so challenging to engage the young people as they had the experience of meeting their friends again in person and wanted that to continue. Hopefully 2022 will give us the opportunity to meet again at our activity bases where we can utilise all our skills all our equipment. Gradually we will return participants health and fitness to the levels they were before COVID and rebuild lost confidence and social skills.

Between lockdown restrictions some after school wheelchair sports sessions were able to take place.

Our funders

No requirement for funding this year. Due to covid restrictions, only online and outdoor activity sessions were delivered. These were of limited cost and funded through reserves.

Because overheads were low no donations were accepted from families attending the sessions.

Finance

We had an income of £0. We were offered donations from families and invited to apply for grants. Our overheads were so low we felt it wasn't appropriate to accept donations or apply for additional funds.

Our total expenditure was £1,908.

The cash at bank was £20,322.

Future

2022 will focus on reversing the damage done to participants and families through increased isolation. We will work to rebuild participants friendship groups, slowly restore confidence, and gradually repair lost fitness.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

29/03/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities

1171381

Receipts and payments accounts

CC16a

For the period
from

01/01/2021

To

31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	12,006
Donations	-	-	-	-	1,514
Commissioned projects	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	13,520
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	13,520
A3 Payments					
Delivery of charitable activities	-	1,050	-	1,050	7,632
Facility hire	-	-	-	-	828
Insurance	-	345	-	345	335
Volunteer support costs	-	-	-	-	50
Email and web	-	154	-	154	310
Zoom	-	173	-	173	-
Training	-	45	-	45	48
Event	-	-	-	-	-
Sub total	-	1,767	-	1,767	9,203
A4 Asset and investment purchases, (see table)					
Equipment		141	-	141	-
	-	-	-	-	-
Sub total	-	141	-	141	-
Total payments	-	1,908	-	1,908	9,203
Net of receipts/(payments)	-	1,908	-	1,908	4,317
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		22,230	-	22,230	17,913
Cash funds this year end	-	20,322	-	20,322	22,230

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2021	-	20,322	-
		-	-	-
		-	-	-
	Total cash funds	-	20,322	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
	Equipment - footballs		141	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
				-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Greg Southall

Date of approval

29/03/2022