

## Dudley Inclusive Activities Annual Report and Statements 1<sup>st</sup> January 2020 to 31<sup>st</sup> December 2020

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### Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

## **Reflection – Chairs Report**

All our projects were suspended mid-March due to Coronavirus pandemic with all participants and some volunteers deemed as vulnerable. All trustee's day job workloads increased exponentially as we work in health and education. Our charitable work had to take a backseat whilst we helped with the response to the pandemic. The change in day job workload has not reduced throughout the year.

We have managed to make time to share appropriate home activities with parents and carers. We have run weekly virtual active get togethers for our Big Chaos group. This went a small way to filling the void left by our face to face club. No activities have resumed this year in person.

For the first two and a half months of the year all our programmes were helping to make all those attending happy and healthier. Every participant attending would be very active, our choice of venues, equipment and delivery knowledge ensured there was something for everyone. Parent and carers continually reported how much their children would look forward to the activity sessions.

One highlight has been the Gym Buddies programme- giving young adults with learning disabilities the chance to become regular gym users. Our participants have become proficient gym users. They have their preferred exercises and routines. Two of the most unlikely gym users have become extremely accomplished, they are showing perfect technique when completing bodyweight exercises and with weights. They even support others to help ensure they maintain the correct form. The young people are becoming confident in community use venues.

One volunteer completed a level 2 sports coaching award. 14 volunteers completed their first aid training at the beginning of March.

## **Our funders**

**Children in Need** have provided a small grant across three years. This covers the delivery and facility costs of three activities. The grant ends in 2020.

**Street Games** provided funding to support our Big Chaos and Gym Buddies Clubs.

**Dudley Short Breaks** grants help to provide extra sessional workers to allow for the increase in participation. We don't have a waiting list.

**Sport England Return to Play Fund** to help maintain the skills to deliver activity, offer digital sessions and return to some level of activity.

**Active Black Country** – volunteer bursary funding to support one volunteer.

Many thanks to all our funders.

## **Finance**

We had an income of £13,520 this was made up of grants, project work and donations. Grants received were £12,006

Our total expenditure was £9,203

The cash at bank was £22,230

All funds are allocated to specific working streams to support each weekly activities outcomes. This means we do not hold unrestricted funds. Donations received by a particular project remain within that income stream. Insurance and other overarching costs are divided across each activities finance stream. As with all years this close budget control allows us to accurately plan and helps us sustain programmes.

## **Future**

Completely unknown. We are maintaining contact with all stakeholders and have adapted risks assessments to allow sessions to restart when legally allowed.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

24/10/2021



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Dudley Inclusive Activities

1171381

## Receipts and payments accounts

CC16a

For the period  
from

01/01/2020


To

31/12/2020

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	-	12,006	-	12,006	14,663
Donations	-	1,514	-	1,514	1,894
Commissioned projects	-	-	-	-	8,425
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	-	13,520	-	13,520	24,982
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	13,520	-	13,520	24,982
<b>A3 Payments</b>					
Delivery of charitable activities	-	7,632	-	7,632	16,361
Facility hire	-	828	-	828	1,867
Insurance	-	335	-	335	335
Volunteer support costs	-	50	-	50	34
Email and web	-	310	-	310	72
Sundries	-	-	-	-	57
Training	-	48	-	48	1,678
Event	-	-	-	-	-
<b>Sub total</b>	-	9,203	-	9,203	20,404
<b>A4 Asset and investment purchases, (see table)</b>					
<b>Equipment</b>	-	-	-	-	35
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	35
<b>Total payments</b>	-	9,203	-	9,203	20,439
<b>Net of receipts/(payments)</b>	-	4,317	-	4,317	4,543
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	17,913	-	17,913	13,370
<b>Cash funds this year end</b>	-	22,230	-	22,230	17,913

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in bank at 31/12/2020	-	22,230	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	22,230	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Greg Southall	24/10/2021