

DUDLEY INCLUSIVE ACTIVITIES

England & Wales · Charity number 1171381

Details

Status Registered

Legal form CIO

Registered 2017-01-31

Register [View on the Charity Commission register](#)

Contact

Address 144 Mill Street
Brierley Hill
DY5 2TL

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Website dudleyinclusiveactivities.org

Activities

Objects: THE OBJECT OF THE CIO ISTO RELIEVE THOSE IN NEED WITHIN THE DUDLEY BOROUGH IN PARTICULAR BY IMPROVING THE QUALITY OF LIFE AND ASSISTING IN THE INTEGRATION INTO SOCIETY OF PEOPLE WITH A DISABILITY THROUGH A RANGE OF SOCIAL AND PHYSICAL ACTIVITIES, RECREATIONAL AND COMPETITIVE SPORTS WHICH ENCOURAGE AND FACILITATE THEIR PARTICIPATION (IN SUCH SPECIALISED ACTIVITIES) AND ASSISTING WITH THE PROVISION OF TRAINING, EQUIPMENT AND FACILITIES FOR THEIR BENEFIT IN FURTHERANCE OF THIS CHARITABLE PURPOSE.

Activities: Delivering innovative non-traditional weekly sport and physical activity sessions to children and young people with disabilities. We have a variety of clubs which support particular needs including clubs for people with physical disabilities and clubs for people with severe learning disabilities. The charity also has a volunteer academy which is helping to widen disability awareness.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** People With Disabilities

Geography

- Dudley

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£0	£1,710	-	-
2024-12-31	£0	£2,658	-	-
2023-12-31	£0	£1,678	-	-
2022-12-31	£2,200	£1,387	-	-
2021-12-31	£0	£1,908	-	-
2020-12-31	£13,520	£9,203	-	-
2019-12-31	£24,982	£20,439	-	-
2018-12-31	£19,482	£22,246	-	-
2017-12-31	£19,061	£10,090	-	-

Trustees

Name	Role	Appointed
GREG SOUTHALL	Chair	2017-01-12
ANDREW MOORBY		2017-01-12
CHRISTOPHER BINNION		2017-01-11
ELIZABETH JONES		2017-01-11

DUDLEY INCLUSIVE ACTIVITIES

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Accounts

Dudley Inclusive Activities Annual Report and Statements 1st January 2025 to 31st December 2025

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Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

Reflection – Chairs Report

Participants chose some new sports equipment for us to purchase. One of the biggest purchases were some very fancy frisbees. These have been used for a variety of games both inside and outside. They have been very versatile allowing for both slow paced target games or faster paced team sports.

The group love familiarity, they again chose to visit the adventure playground on numerous occasions and once more our festive party was a Chinese and Only Fools and Horses.

Our funders

No additional funding was required for this year.

Finance

We had an income of £0.

Our total expenditure was £1,710.

The cash at bank was £15,089.

Future

Some participants have become more independent, some live in supported living. I have concerns some of the products they buy or can buy will have a detrimental effect on their physical health. I have noticed that energy drinks for some are a problem. Some of the shops participants use sell vapes and illegal vapes. I will spend the year educating the participants to avoid such products. Support will be sourced from a local college personal, social, health education expert.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

15/01/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities 1171381

CC16a


Receipts and payments accounts

For the period from	01/01/2025	To	31/12/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	-
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
Delivery of charitable activities	-	-	-	-	938
Facility hire	-	930	-	930	1,050
Insurance	-	294	-	294	293
Volunteer support costs	-	-	-	-	-
Email and web	-	151	-	151	273
Festive event	-	82	-	82	104
DBS check	-	-	-	-	-
Equipment	-	253	-	253	-
Sub total	-	1,710	-	1,710	2,658
A4 Asset and investment purchases. (see table)					
Equipment					
Digital registration tool	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	1,710	-	1,710	2,658
Net of receipts/(payments)	-	- 1,710	-	- 1,710	- 2,658
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		16,799		16,799	19,457
Cash funds this year end	-	15,089	-	15,089	16,799

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2025	-	15,089	-
		-	-	-
		-	-	-
	Total cash funds	-	15,089	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Equipment - digital registration tools	-	135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Greg Southall	15/01/2026	

DUDLEY INCLUSIVE ACTIVITIES

England & Wales - Charity number 1171381

Accounts

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Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

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Reflection – Chairs Report

This year felt a lot more normal for our Big Chaos group.

Participants finally started to show some confidence with their decision making. This resulted in them deciding on where to go for some trips and planning a Christmas party.

The group democratically chose to visit an adventure playground for a few evening visits. This gave them a chance to be active but in ways that are very different to the regular evening sessions.

Together, the participants planned their Christmas party. They decided we were having Chinese food and would watch an episode of Only Fools and Horses.

I am very proud of them. Together they decided what they would like to do, considered everyone's opinions and then told the group leaders.

Physical fitness of all the participants is gradually improving.

Our funders

No additional funding was required for this year.

Finance

We had an income of £0.

Our total expenditure was £2,658.

The cash at bank was £16,799.

Future

The participants will plan more visits next year. They will also choose new equipment for the us to purchase for the sports sessions.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

12/01/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities 1171381

CC16a


Receipts and payments accounts

For the period from	01/01/2024	To	31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	-
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
Delivery of charitable activities	-	938	-	938	-
Facility hire	-	1,050	-	1,050	1,116
Insurance	-	293	-	293	289
Volunteer support costs	-	-	-	-	-
Email and web	-	273	-	273	273
Festive event	-	104	-	104	-
DBS check	-	-	-	-	-
1st aid equipment	-	-	-	-	-
Sub total	-	2,658	-	2,658	1,678
A4 Asset and investment purchases. (see table)					
Equipment					
Digital registration tool	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	2,658	-	2,658	1,678
Net of receipts/(payments)	-	- 2,658	-	- 2,658	- 1,678
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		19,457		19,457	21,135
Cash funds this year end	-	16,799	-	16,799	19,457

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2024	-	16,799	-
		-	-	-
		-	-	-
	Total cash funds	-	16,799	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Equipment - digital registration tools	-	135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Greg Southall	12/01/2025	

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Reflection – Chairs Report

Finally, our Big Chaos group was able to run throughout the year without Covid interruptions.

Consistency of regular confidence building activities have increased the spontaneous interactions between the participants. The most pleasing aspect is the group members are now chatting amongst themselves before the sessions, during breaks and afterwards.

This is one of our two aims met.

The physical fitness of some of the participants has returned. However, for some, Covid lockdown conditions changed eat and activity habits which resulted in excessive weight gain. For these members, they haven't returned to their original fitness levels, however, there is some improvement.

Our funders

No additional funding was required for this year.

Finance

We had an income of £0.

Our total expenditure was £1,678.

The cash at bank was £19,457.

Future

We will continue to work on the two key themes from last year: physical health and assertiveness.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

10/01/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities 1171381

CC16a


Receipts and payments accounts

For the period from 01/01/2023 To 31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	2,200
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	2,200
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	2,200
A3 Payments					
Delivery of charitable activities	-	-	-	-	-
Facility hire	-	1,116	-	1,116	580
Insurance	-	289	-	289	345
Volunteer support costs	-	-	-	-	-
Email and web	-	273	-	273	274
	-	-	-	-	-
DBS check	-	-	-	-	8
1st aid equipment	-	-	-	-	45
Sub total	-	1,678	-	1,678	1,252
A4 Asset and investment purchases. (see table)					
Equipment		-	-	-	135
Digital registration tool	-	-	-	-	-
Sub total	-	-	-	-	135
Total payments	-	1,678	-	1,678	1,387
Net of receipts/(payments)	-	- 1,678	-	- 1,678	813
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		21,135	-	21,135	20,230
Cash funds this year end	-	19,457	-	19,457	21,135

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2023	-	19,457	-
		-	-	-
		-	-	-
	Total cash funds	-	19,457	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Equipment - digital registration tools	-	135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Greg Southall	10/01/2024	

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Our funders

No additional funding was required for this year.

Finance

We had an income of £0.

Our total expenditure was £1,678.

The cash at bank was £19,457.

Future

We will continue to work on the two key themes from last year: physical health and assertiveness.

The participants no longer suggest ideas for future sessions or express any of their own feelings. This is consistent across the whole of the group. We will work to improve confidence through our sports games. Hopefully, this will give the attendees the self-belief they can share their own opinions and ask for things.

The participants will move more at the sessions and will be encouraged to move more at home. This will improve their physical health.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

29/03/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities

1171381

Receipts and payments accounts

CC16a

For the period
from

01/01/2023


To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	2,200
Donations	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	2,200
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	2,200
A3 Payments					
Delivery of charitable activities	-	-	-	-	-
Facility hire	-	1,116	-	1,116	580
Insurance	-	289	-	289	345
Volunteer support costs	-	-	-	-	-
Email and web	-	273	-	273	274
	-	-	-	-	-
DBS check	-	-	-	-	8
1st aid equipment	-	-	-	-	45
Sub total	-	1,678	-	1,678	1,252
A4 Asset and investment purchases. (see table)					
Equipment		-	-	-	135
Digital registration tool	-	-	-	-	-
Sub total	-	-	-	-	135
Total payments	-	1,678	-	1,678	1,387
Net of receipts/(payments)	-	- 1,678	-	- 1,678	813
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end		21,135	-	21,135	20,230
Cash funds this year end	-	19,457	-	19,457	21,135

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2023	-	19,457	-
		-	-	-
		-	-	-
	Total cash funds	-	19,457	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Equipment - digital registration tools	-	135	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Greg Southall	10/01/2024	

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England & Wales - Charity number 1171381

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Reflection – Chairs Report

Beginning the year our activity sessions took place on zoom, this was a mixture of activity and social. It was very difficult to try and engage all our participants, we managed to have almost all attend our initial zoom sessions, however, some didn't enjoy being on camera or talking to a computer choosing not to stay, instead waiting till we returned face to face. Participants who attended had a mixture of quizzes and fitness sessions. They were able to interact by having chats and maintain bonds that formed over the years in group activity. Participants regularly spoke about how they missed their friends, missed being part of a group. They weren't as active and felt their fitness was reduced compared to before the covid pandemic.

Fortunately, as the weather began to improve some COVID restrictions were reduced. We able to amend risk assessments allowing us to stage regular outdoor activity sessions. To enable this participants and families were involved in the planning of the sessions. 1. to ensure felt safe taking part. 2. so everybody understood the safety requirements. 3. To meet everyone's enjoyment needs.

We purchased some new equipment for outdoor activity. This was all chosen by the participants. We mostly playing kicking and running style games to reduce the risk of contact.

Participants were so happy to return to activity. They were elated when they saw each other for the first time. In a short space of time, we managed to make some gains. One participant who really didn't like football was gradually encouraged. By developing basic skills and then playing little games he finally

enjoyed football. Now the football phobia has gone and everyone in the group can just have a kick around.

As autumn approached COVID restrictions increased and sessions were removed again. This was the case up until the end of the year. We continued with zoom activity sessions, however they were so challenging to engage the young people as they had the experience of meeting their friends again in person and wanted that to continue. Hopefully 2022 will give us the opportunity to meet again at our activity bases where we can utilise all our skills all our equipment. Gradually we will return participants health and fitness to the levels they were before COVID and rebuild lost confidence and social skills.

Between lockdown restrictions some after school wheelchair sports sessions were able to take place.

Our funders

No requirement for funding this year. Due to covid restrictions, only online and outdoor activity sessions were delivered. These were of limited cost and funded through reserves.

Because overheads were low no donations were accepted from families attending the sessions.

Finance

We had an income of £0. We were offered donations from families and invited to apply for grants. Our overheads were so low we felt it wasn't appropriate to accept donations or apply for additional funds.

Our total expenditure was £1,908.

The cash at bank was £20,322.

Future

2022 will focus on reversing the damage done to participants and families through increased isolation. We will work to rebuild participants friendship groups, slowly restore confidence, and gradually repair lost fitness.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

29/03/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities 1171381

Receipts and payments accounts

CC16a

For the period from 01/01/2021 To 31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	-	-	-	12,006
Donations	-	-	-	-	1,514
Commissioned projects	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	13,520
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	13,520
A3 Payments					
Delivery of charitable activities	-	1,050	-	1,050	7,632
Facility hire	-	-	-	-	828
Insurance	-	345	-	345	335
Volunteer support costs	-	-	-	-	50
Email and web	-	154	-	154	310
Zoom	-	173	-	173	-
Training	-	45	-	45	48
Event	-	-	-	-	-
Sub total	-	1,767	-	1,767	9,203
A4 Asset and investment purchases, (see table)					
Equipment	-	141	-	141	-
	-	-	-	-	-
Sub total	-	141	-	141	-
Total payments	-	1,908	-	1,908	9,203
Net of receipts/(payments)	-	1,908	-	1,908	4,317
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	22,230	-	22,230	17,913
Cash funds this year end	-	20,322	-	20,322	22,230

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2021	-	20,322	-
		-	-	-
		-	-	-
	Total cash funds	-	20,322	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Equipment - footballs		141	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Greg Southall	29/03/2022

DUDLEY INCLUSIVE ACTIVITIES

England & Wales - Charity number 1171381

Accounts

Dudley Inclusive Activities Annual Report and Statements 1st January 2020 to 31st December 2020

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Dudley Inclusive Activities Charitable Objectives

“To relieve those in need within the Dudley Borough in particular by improving the quality of life and assisting in the integration into society of people with a disability through a range of social and physical activities, recreational and competitive sports which encourage and facilitate their participation (in such specialised activities) and assisting with the provision of training, equipment and facilities for their benefit in furtherance of this charitable purpose.”

The charity family develop and deliver innovative weekly physical activity opportunities for people with disabilities. These activities take place within the Dudley Borough, however people from outside of the borough are welcomed.

The programmes give participants a way into an active lifestyle. The charity aims to work with people who have struggled, or cannot access any community provision. A highly trained and experienced team plan and deliver bespoke activities to meet the needs of the participants.

Reflection – Chairs Report

All our projects were suspended mid-March due to Coronavirus pandemic with all participants and some volunteers deemed as vulnerable. All trustee's day job workloads increased exponentially as we work in health and education. Our charitable work had to take a backseat whilst we helped with the response to the pandemic. The change in day job workload has not reduced throughout the year.

We have managed to make time to share appropriate home activities with parents and carers. We have run weekly virtual active get togethers for our Big Chaos group. This went a small way to filling the void left by our face to face club. No activities have resumed this year in person.

For the first two and a half months of the year all our programmes were helping to make all those attending happy and healthier. Every participant attending would be very active, our choice of venues, equipment and delivery knowledge ensured there was something for everyone. Parent and carers continually reported how much their children would look forward to the activity sessions.

One highlight has been the Gym Buddies programme- giving young adults with learning disabilities the chance to become regular gym users. Our participants have become proficient gym users. They have their preferred exercises and routines. Two of the most unlikely gym users have become extremely accomplished, they are showing perfect technique when completing bodyweight exercises and with weights. They even support others to help ensure they maintain the correct form. The young people are becoming confident in community use venues.

One volunteer completed a level 2 sports coaching award. 14 volunteers completed their first aid training at the beginning of March.

Our funders

Children in Need have provided a small grant across three years. This covers the delivery and facility costs of three activities. The grant ends in 2020.

Street Games provided funding to support our Big Chaos and Gym Buddies Clubs.

Dudley Short Breaks grants help to provide extra sessional workers to allow for the increase in participation. We don't have a waiting list.

Sport England Return to Play Fund to help maintain the skills to deliver activity, offer digital sessions and return to some level of activity.

Active Black Country – volunteer bursary funding to support one volunteer.

Many thanks to all our funders.

Finance

We had an income of £13,520 this was made up of grants, project work and donations. Grants received were £12,006

Our total expenditure was £9,203

The cash at bank was £22,230

All funds are allocated to specific working streams to support each weekly activities outcomes. This means we do not hold unrestricted funds. Donations received by a particular project remain within that income stream. Insurance and other overarching costs are divided across each activities finance stream. As with all years this close budget control allows us to accurately plan and helps us sustain programmes.

Future

Completely unknown. We are maintaining contact with all stakeholders and have adapted risks assessments to allow sessions to restart when legally allowed.

Prepared on behalf of the trustees by



Greg Southall

Chair of Trustees

24/10/2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Dudley Inclusive Activities	1171381
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CC16a

Receipts and payments accounts

For the period from	01/01/2020	To	31/12/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	12,006	-	12,006	14,663
Donations	-	1,514	-	1,514	1,894
Commissioned projects	-	-	-	-	8,425
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	13,520	-	13,520	24,982
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	13,520	-	13,520	24,982
A3 Payments					
Delivery of charitable activities	-	7,632	-	7,632	16,361
Facility hire	-	828	-	828	1,867
Insurance	-	335	-	335	335
Volunteer support costs	-	50	-	50	34
Email and web	-	310	-	310	72
Sundries	-	-	-	-	57
Training	-	48	-	48	1,678
Event	-	-	-	-	-
Sub total	-	9,203	-	9,203	20,404
A4 Asset and investment purchases, (see table)					
Equipment	-	-	-	-	35
	-	-	-	-	-
Sub total	-	-	-	-	35
Total payments	-	9,203	-	9,203	20,439
Net of receipts/(payments)	-	4,317	-	4,317	4,543
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	17,913	-	17,913	13,370
Cash funds this year end	-	22,230	-	22,230	17,913

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in bank at 31/12/2020	-	22,230	-
		-	-	-
		-	-	-
	Total cash funds	-	22,230	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Greg Southall	24/10/2021