

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 30 September 2022
for
The Widows Empowerment Trust**

Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

The Widows Empowerment Trust

Contents of the Financial Statements for the Year Ended 30 September 2022

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 16
Detailed Statement of Financial Activities	17

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

The trustees present their report with the financial statements of the charity for the year ended 30 September 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

The Widows Empowerment Trust Vision

The Widows Empowerment Trust was born out of compassion and empathy for widows. It was officially adopted as a Registered Charity on the 25th of October 2017. Trust was founded by Mrs Oyovwe Agatha Kigho and three board members of the trustees and Chief Executive Office.

OUR STRATEGY

We set out below how our strategy will be implemented.

OUR VISION:

Helping widows to restore hope in their lives.

OUR MISSION:

To bringing back smiles, happiness, warmth and intrinsic value in widows.

OUR AIM:

- To support and to provide relief for women and others in need due to bereavement
- To work with other organisations to meet the needs of widows.
- To continue to develop the skills of our volunteers and stronger community.
- To reduce loneliness and isolation facing widows.
- To reduce the level of mental health issues facing widows.
- To improve health and well-being.
- To challenge the 'stigma' facing widows.
- To bring back lost hope.

OUR VALUES:

Empathy, compassion, value, integrity, equality, empowerment:

Empathy: we put ourselves in widows shoes! We support empathy in widows

Compassion: we support our clients to restore hope and we empathise with our clients feeling in their journey of grieving.

Value: We champion the interest of our clients to be able to socialise, we appreciate their participation and value diversity.

Integrity: We provide our clients with high quality practical and emotional support and treat our volunteers, clients with respect

Equality: our clients are treated the same regardless of culture, race, disability, nationality, colour, faith, ethnicity, and belief.

Empowerment: We work tirelessly to empower widows to recover their dreams and we take pride in our professionalism and aim to provide the best support to promote social inclusion in the lives of widows.

OBJECTIVES:

- To offer a supportive environment where widows can talk freely in the company of others in the same position such as Education and Training.
- To provide a social environment which includes wide variety of events/party to suit all taste such as valentine's day, Mothers' Day, and Christmas party.
- We offer befriending/ home visit.
- Meal out/ day out trip
- Pampering session (Spa)
- Delivery practical workshop such as Art and Craft

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

- Sign posting to the relevant Agencies
- Food parcels
- Engaging Volunteers

ONLINE SERVICES:

We have moved many of our services online to continue accommodating our widows and widowers who are not able to attend our face to face sessions. Our online services include:

- Over the phone befriending.
- Online Events around Holidays including Christmas, Easter, Mother's day, and International Women's Day.
- Online Arts and Crafts sessions.
- Virtual Bingo.
- Cooking and Baking.
- Virtual work-based learning.

Announcement

We lost one of our Trustees Marion McBride, she passed away on 24th March 2022. Marion had started her journey with The Widows Empowerment Trust in 2017 when she came on board as one of our beneficiaries. Marion helped our organisation with developing interventions on supporting the widowed community in Manchester. Marion became our spokesperson for our organisation to the media with BBC highlighting her experience of widowhood and how we as an organisation supported her. Her feedback was always so valuable and her input to the organisation helped us to grow and develop strategies that we use to support the widowed community. Marion joined as a Trustee Board member in 2021 and left her legacy within all of us who met her as she was often, the life of a party and very supportive to other beneficiaries that joined. Marion McBride, may you Rest In Peace.

THANK YOU NOTE FROM TRUSTEE BOARD MEMBER STEPHANIE ROBERTS

I would like to say a huge thank you for all the effort and support provided by our volunteers. They have shown true dedication, compassion and have given all that they can in order to fundraise, provide befriending services and help with Admin/Finance duties for The Widows Empowerment Trust. With the help of our volunteers, we have been able to reach 165 service users this year.

Exceptionally proud of the work carried out by The Widows Empowerment Trust.

THANK YOU NOTE FROM FOUNDER/CEO OYOVWE KIGHO

We have helped tackle loneliness and become socially inclusive for 165 service users last year. When our service users reach out to The Widows Empowerment Trust, they are looking for support and are in a situation where they need to be around others who have suffered the loss of a partner. Our service users feel alienated from society, and they cannot relate to others who are still carrying on with their lives, they often socially isolate themselves because they feel there is no one out there that can relate to their sadness. The mental health services in the UK are overstretched and there are often long waiting lists. The Widows Empowerment Trust was set-up to bridge that gap, to let the service users know that they are not alone in their grief, and we provided a safe environment for them to relate to others who have suffered the same sense of loss. This has only been possible with the great dedication of our staff and volunteers. Lastly, my gratitude to our funders, donors and supporters, none of this would have been possible without you.

PROVIDING A SUPPORTIVE ENVIRONMENT

The Widows Empowerment Trust understands the deep pain that one suffers as a result of becoming a widow or widower, their sense of loss is so immense that they stop being social and end up isolating themselves for long periods of time, which have long-term negative impact on their mental wellbeing. Our service users are mostly referred to us from external agencies or they reach out to us to find out how we can support them through their grieving journey. Sometimes our service users are not even able to their own basic needs.

The staff and volunteers at The Widows Empowerment Trust are extremely dedicated to providing support for the service users so that our service users do not have to go through the journey of grief alone.

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

The Widows Empowerment Trust has reached out to 165 service users this year, which includes befriending services (Home visit and Digital service) and social meal out . Also, our staff and dedicated volunteers have set-up online weekly workshops which were adapted during the first lockdown. Our service users have been able to come together and meet others online who are all in a similar situation, they socially interact and learn new skills such as sewing, knitting etc. allowing our beneficiaries to be socially inclusive and not have the feeling of being alone that comes as a result of becoming a widow/widower.

PUBLIC BENEFIT

Who has benefitted from our services:

- Our objective and funding address women & men that are bereaved regardless of age, cultures, religion, ethnicity, race, colour sexuality, belief, faith and disability etc.
- Gender access to our service has improved with more widowers now benefitting from one-to-one home visits.

However, the impact of our work goes far beyond those we helped directly and include volunteers both young and elderly in our community, students from the Universities such as Manchester, MMU and Salford University students getting involved.

It is estimated that 29% widows are lonely and isolated which could lead to poor health and mental issue. Widows living in the UK, sometimes struggle to have their voice heard by the mainstream government system. The result is that widows can become some of the most marginalised group in society yet are often those in the greatest need. Whether in terms of financial help, physical or mental health, or emotional or practical adjustments in their lives (Women National Commission).

Assessment of the activities that were carried out was measured by carrying out a baseline assessment before and after each project, using our questionnaire and interview process. Being able to review and evaluate our activities time to time enabled us to track our progress and achievement at the end of each project. Also, we encouraged our service users with their feedback after every activity. Below is a list of the services that we provided last year:

BEFRIENDING SERVICES

- Our volunteers visited 80 service users in their homes to offer a befriending service.
- Our volunteers provided support by listening to our service users with empathy.
- Our volunteers played chess, let the service users play music, go for walks or have a cup of tea.
- By offering our befriending service we give our service users time to engage socially, especially for those who have become socially isolated.
- Our befriending visits are something that they look forward to and very much enjoy as it prevents them from being alone and isolated.
- 42 service users supported with digital befriending on a regularly set-up weekly check-in befriending calls.
- These calls are designed so that our service users can talk about their grief and how they have done that week.
- Sometimes just allowing our service users to talk about their grief helps them to alleviate the burden of sadness and just allows them to then go on and focus with positivity for the rest of the week.
- They need space to be able to speak about their grief and are often let down by the mental health services as they are already quite stretched. Our organisation gives them that chance to talk which promotes their own mental wellbeing.

To ensure that The Widows Empowerment Trust is accessible to those who are in need, we have become community partners working in collaboration with other great organisations:

- Cruse Bereavement Manchester,
- NHS Navigator and housing association,
- Age UK Trafford
- Macc
- GMCVO
- NCVO
- Universities such as MMU, Manchester University, Salford University
- Key businesses such as Asda, Tesco, Morrison, Sainsbury
- Manchester Royal Children Hospital
- Manchester BME
- CAHN
- Community explorer
- other professional agencies and other community organisations

We reach out to bereavement support groups on social media and to ensure we are diverse we also send literature to BME community groups throughout the UK.

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

MEALS OUT

When someone loses a life partner, they also lose their social circle, they often withdraw from social activities. We recognise their loss and the fact that they feel alone in what they are going through.

- In the last year we have provided 12 meals out for our 28 service users and 15 others.
- We provide these days out to promote their mental wellbeing and bring about a sense of positivity about their lives.
- In doing so our service users feel uplifted and are given renewed strength in navigating their grieving journey.

DONATIONS TO MANCHESTER ROYAL CHILDREN'S HOSPITAL

It is important for us to remember that we should support a wide array of charitable efforts in our community. Connecting our widows and widowers into other charitable efforts promotes their mental wellbeing and builds a sense of community for them.

- Seven Beneficiaries including three volunteers deliver gifts to sick children at Manchester Royal Children's Hospital.
- This gives our service users the chance to connect with others and gain the sense that they are contributing to the wellbeing of themselves and others.
- This also builds our network and allows us to reach out to more organisations in the future.

CHRISTMAS GIFTS

Gift donations were received from Mission Christmas Hit Radio, Christmas HQ MFR Cash for Kids Cash for Kids Greater Manchester to support our widowed community. Our Widows and Widowers often struggle around Christmas time, being isolated at what would usually be a family time can be very detrimental to the health of our Widows and Widowers.

- We delivered 50 gifts to service users in our community.
- Service users who receive a gift from us feel looked after and less alone throughout the Christmas period and this can support the mental wellbeing of our widows and widowers.

ON-LINE COOKING CLASSES

We introduced on-line cooking workshop once a month to help support nutritional eating. Cooking together helps to support the loneliness that sets in when cooking for 1 person only and it encourages the beneficiaries to eat together on-line and discuss recipes and food ideas to help support healthy eating. This more than just having fun together, it about being in a safe space where our community is free from judgement and get at least once a month feel that they are part of group where they eat together which helps to reduce the negative impact of loneliness and social isolation

- We hosted 12 on-line cooking classes.
- We supported 25 service users in this socially engaging activity.

COMMUNITY SHOPPING

Our volunteers have continued to work tirelessly throughout the year to provide for our widows and widowers. This year we have been trying to help our community by delivering shopping to our widows and widowers which has been an increasingly challenging problem in the face of covid-19.

- We delivered shopping to 21 of our service users throughout the year.
- Many of our widows and widowers are too unwell to collect their own shopping, by offering this service we are filling a necessary role in the community.
- By providing for our widows and widowers we are relieving the need for other organisations and charities to provide this service, many are stretched thin as is, hence why providing this support is crucial.

ARTS & CRAFTS

We have returned to Face-to-Face workshop since June 2022 once a week are held every Tuesday at St John Bosco Church, 19 Charlestown road, M9 7BD. This has allowed our beneficiaries to finally starting to meet and socialise face-to-face. The workshops help with socialising skills and for the beneficiaries to relate to others and have something to look forward to every week. The workshop helps the beneficiaries to come out of their homes and encourages gentle exercise.

- We supported 22 service users in face-to-face workshops
- This promotes mental wellbeing by providing a consistent activity for our community and boosting their interest in new hobbies.

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

- Completing arts and crafts projects also reinforce our widows and widowers with a sense of accomplishment and brings a sense of positivity in their life and bereavement journey

We have been providing weekly arts and craft sessions online for our clients every Wednesday throughout the year. This not only provides a creative opportunity for our widows and widowers to be able to have a manual task to complete which boosts mental wellbeing, but it is yet another chance for them to communicate with each other.

- We provided 30 Arts and crafts sessions throughout the year, as well as providing .
- This promotes mental wellbeing by providing a consistent activity for our community and boosting their interest in new hobbies.
- Completing arts and crafts projects also reinforce our widows and widowers with a sense of accomplishment and brings a sense of positivity in their life and bereavement journey.

VIRTUAL BINGO

We have managed to consistently provide virtual entertainment to our community by introducing virtual bingo to our clients.

- We have delivered 48 sessions of bingo online consistently throughout the year and this has given our widows and widowers a chance to socialise digitally and has been a great way to maintain our goal of reducing loneliness and isolation.
- By providing a social opportunity to our widows and widowers we have alleviated pressure on the mental health services that would otherwise be needed for our community.

VIRTUAL WORK BASED LEARNING

We have recognised the need to establish the skills and empathy needed in the caring profession in the students of today, by building a sense of community and care in all people we can create an environment where those that suffer loss can be cared for.

- We worked with Manchester Metropolitan University to provide virtual work-based learning in the psychology department and the health and social care department to 16 students.
- We asked the students to help with research and developing a survey to measure loneliness, we asked the students to develop PR plan and social media campaign to continue to raise awareness for Loneliness and Social Isolation.
- Students have developed researching skills within an organisation, they have learnt presentational skills and PR researching skills. They have developed team working skills as well as working independently
- Students will find this provision invaluable and have learned the skills necessary to develop themselves into wonderful graduates.

WORK EXPERIENCE

As part of our efforts to provide important skills and training to the community we have been working with several organizations to get in contact with those most needing of work experience.

- We are in partnership with the Global Business School to provide 150 hours of work experience to 8 students during the last financial year.
- We provided work experience in digital admin, befriending in the community, attending events on behalf of our organisation
- The skills learned will help them to secure future employment as they will have developed skills that are transferable in any career..

VOLUNTEERS

Our volunteers are the backbone of The Widows Empowerment Trust, without them giving up their own personal free time we will not be able to support our service users as effectively as we do right now.

- We have 22 regular volunteers and 10 ad hoc volunteers. We have reduced our volunteer bank to be more efficient.
- The Widows Empowerment Trust endeavours to reward our volunteers by ensuring that they are learning new working skills that will help them to develop themselves further in future careers.

We provide the option of learning:

- admin
- accounting
- fund writing
- community care skills.
- We have a partnership with University of Manchester for studentplacements.

The Widows Empowerment Trust

Report of the Trustees for the Year Ended 30 September 2022

Impacts

Based on the feedbacks received

- 10 %beneficiaries now volunteers supporting others in similar situation
- 5% beneficiaries now back to work (after out of work due loss)
- 20% now feeling less isolated and lonely based on befriending support. Clients now accessing other services and getting involved in activities.
- 3% volunteers gain employment

CAMPAIGN AND AWARENESS (MEDIA & PR)

- Featured on Local New (Manchester TV NEWS) 2 TIMES
- Featured in Local Newspapers (The Chronicle, Manchester Evening News) various times throughout the year.
- Belvita Biscuit brand spotlighted our work. Featured our CEO, Mrs Oyovwe Kigho to spotlight her good work and dedication piloting the service of the charity.
- Feature on Voice Of Islam Radio Station on International Women's Day 2022
- Featured on Sky News
- Featured in Mirror Magazine
- Featured in HELLO!

OUR FUTURE PLANS

Have a charity shop, for sustainability and impact (Providing opportunity and skills)

- To have a grief dropping centre (to provide resources and counselling)
- Develop a software (App) to help manager volunteers.
- To have our own building to run our activities and well being.
- Expand our volunteers to provide a more of a national befriending service via home visits.
- Expand our offering of providing work experience to volunteers to help further their careers
- We will endeavor to have in place a therapeutic facility centre for the bereaved to be able to access our services as well as wellbeing activities such as Spa.
- To secure fund to raise awareness about Grief Heritage of the Africa and BAME (these includes customs, tradition, rituals, belief etc). Lack of understanding of Customs, tradition, ritual of the Africa and BAME heritage could impact negatively on health and wellbeing.

RISK REVIEW

The Trustees have the responsibility to monitor and control the risk of the charity. With every activity we do, we consider the risks involved.

Identifying existing controls and any mitigating actions such as the liability insurance and procedures which help to reduce the risk whilst managing how to monitor and maintain an efficient use of resources. The fundamental risk factor is the imbalance between the resources available to The Widows Empowerment and the unmet need of the widows. The most difficult part is the pressure on key personnel who have limited support and scope to delegate with Succession risk. Our resources are therefore planned effectively to mitigate any risk.

FINANCIAL REVIEW

The Trustees have examined the requirements for free reserves and they consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 4 months routine expenditure at £5,000. The Trustees are of the opinion that this provides sufficient flexibility to cover temporary shortfalls in incoming resources. The expenditure mainly consists of restricted costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1171317

Principal address

Wilsons House
Biz Space Business Park
Monsall Road
Manchester

The Widows Empowerment Trust

**Report of the Trustees
for the Year Ended 30 September 2022**

Trustees

V Keke

S Roberts

J E Mooney (appointed 11.11.21)

Eddy UDI

Independent Examiner

Raise

Chartered Accountants

10th Floor

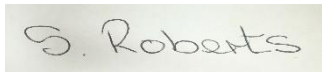
3 Hardman Street

Spinningfields

Manchester

M3 3HF

Approved by order of the board of trustees on 03/03/2023 and signed on its behalf by:

A rectangular box containing a handwritten signature in dark ink that reads "S. Roberts".

S Roberts - Trustee

**Independent Examiner's Report to the Trustees of
The Widows Empowerment Trust**

Independent examiner's report to the trustees of The Widows Empowerment Trust

I report to the charity trustees on my examination of the accounts of The Widows Empowerment Trust (the Trust) for the year ended 30 September 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Su Rai
BA Hons, FCA, DChA
Raise
Chartered Accountants
10th Floor
3 Hardman Street
Spinningfields
Manchester
M3 3HF

Date: 10 March 2023

The Widows Empowerment Trust

Statement of Financial Activities for the Year Ended 30 September 2022

	Notes	Unrestricted fund £	Restricted fund £	30.9.22 Total funds £	30.9.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		16,097	82,359	98,456	63,160
Other trading activities	2	-	-	-	1,154
Investment income	3	2	-	2	84
Total		16,099	82,359	98,458	64,398
EXPENDITURE ON					
Charitable activities					
Awareness		-	-	-	278
Fundraising and events		1,624	2,809	4,433	17,061
Befriending		4,398	8,088	12,486	8,845
Africa Building Projects		-	-	-	2,500
Africa Initiative Programs		2,415	-	2,415	800
Anniversary event		765	-	765	-
Art & Craft/Bingo nights		523	4,135	4,658	8,719
Community work		682	8,563	9,245	990
Cook & Taste event		-	427	427	-
Project costs		5,075	30,899	35,974	37,726
Kickstart programme		291	193	484	4,577
Total		15,773	55,114	70,887	81,496
NET INCOME/(EXPENDITURE)		326	27,245	27,571	(17,098)
RECONCILIATION OF FUNDS					
Total funds brought forward		4,824	2,870	7,694	24,792
TOTAL FUNDS CARRIED FORWARD		<u>5,150</u>	<u>30,115</u>	<u>35,265</u>	<u>7,694</u>

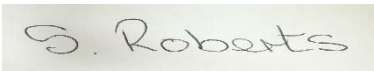
The notes form part of these financial statements

The Widows Empowerment Trust

Balance Sheet
30 September 2022

	Notes	Unrestricted fund £	Restricted fund £	30.9.22 Total funds £	30.9.21 Total funds £
FIXED ASSETS					
Tangible assets	6	414	2,190	2,604	1,019
CURRENT ASSETS					
Debtors	7	800	-	800	-
Cash in hand		4,750	27,927	32,677	7,539
		<u>5,550</u>	<u>27,927</u>	<u>33,477</u>	<u>7,539</u>
CREDITORS					
Amounts falling due within one year	8	(816)	-	(816)	(864)
NET CURRENT ASSETS		<u>4,734</u>	<u>27,927</u>	<u>32,661</u>	<u>6,675</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>5,148</u>	<u>30,117</u>	<u>35,265</u>	<u>7,694</u>
NET ASSETS		<u><u>5,148</u></u>	<u><u>30,117</u></u>	<u><u>35,265</u></u>	<u><u>7,694</u></u>
FUNDS	9				
Unrestricted funds				5,148	4,824
Restricted funds				<u>30,117</u>	<u>2,870</u>
TOTAL FUNDS				<u><u>35,265</u></u>	<u><u>7,694</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 03/03/2023 and were signed on its behalf by:

... 

S Roberts - Trustee

The Widows Empowerment Trust

Notes to the Financial Statements for the Year Ended 30 September 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors which have been received by the charity for specific purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	30.9.22	30.9.21
	£	£
Fundraising events	-	1,154
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	30.9.22	30.9.21
	£	£
Deposit account interest	2	84
	<u> </u>	<u> </u>

The Widows Empowerment Trust

Notes to the Financial Statements - continued for the Year Ended 30 September 2022

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration payments or other benefits for the year ended 30 September 2021 nor for the year ended 30 September 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 September 2022 nor for the year ended 30 September 2021.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	18,889	44,271	63,160
Other trading activities	1,154	-	1,154
Investment income	84	-	84
Total	20,127	44,271	64,398
EXPENDITURE ON			
Charitable activities			
Awareness	278	-	278
Fundraising and events	3,533	13,528	17,061
Befriending	2,440	6,405	8,845
Africa Building Projects	-	2,500	2,500
Africa Initiative Programs	-	800	800
Art & Craft/Bingo nights	558	8,161	8,719
Community work	108	882	990
Project costs	5,971	31,755	37,726
Kickstart programme	55	4,522	4,577
Total	12,943	68,553	81,496
NET INCOME/(EXPENDITURE)	7,184	(24,282)	(17,098)
RECONCILIATION OF FUNDS			
Total funds brought forward	(2,360)	27,152	24,792
TOTAL FUNDS CARRIED FORWARD	4,824	2,870	7,694

The Widows Empowerment Trust

**Notes to the Financial Statements - continued
for the Year Ended 30 September 2022**

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 October 2021	374	5,899	6,273
Additions	-	3,609	3,609
At 30 September 2022	374	9,508	9,882
DEPRECIATION			
At 1 October 2021	374	4,880	5,254
Charge for year	-	2,024	2,024
At 30 September 2022	374	6,904	7,278
NET BOOK VALUE			
At 30 September 2022	-	2,604	2,604
At 30 September 2021	-	1,019	1,019

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.22 £	30.9.21 £
Other debtors	800	-

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.22 £	30.9.21 £
Other creditors	816	864

9. MOVEMENT IN FUNDS

	At 1.10.21 £	Net movement in funds £	At 30.9.22 £
Unrestricted funds			
General fund	4,824	324	5,148
Restricted funds			
Restricted funds	2,870	27,247	30,117
TOTAL FUNDS	7,694	27,571	35,265

The Widows Empowerment Trust

**Notes to the Financial Statements - continued
for the Year Ended 30 September 2022**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	16,099	(15,775)	324
Restricted funds			
Restricted funds	82,359	(55,112)	27,247
TOTAL FUNDS	<u>98,458</u>	<u>(70,887)</u>	<u>27,571</u>

Comparatives for movement in funds

	At 1.10.20 £	Net movement in funds £	At 30.9.21 £
Unrestricted funds			
General fund	(2,360)	7,184	4,824
Restricted funds			
Restricted funds	27,152	(24,282)	2,870
TOTAL FUNDS	<u>24,792</u>	<u>(17,098)</u>	<u>7,694</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	20,127	(12,943)	7,184
Restricted funds			
Restricted funds	44,271	(68,553)	(24,282)
TOTAL FUNDS	<u>64,398</u>	<u>(81,496)</u>	<u>(17,098)</u>

The Widows Empowerment Trust

**Notes to the Financial Statements - continued
for the Year Ended 30 September 2022**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.10.20 £	Net movement in funds £	At 30.9.22 £
Unrestricted funds			
General fund	(2,360)	7,508	5,148
Restricted funds			
Restricted funds	27,152	2,965	30,117
TOTAL FUNDS	<u>24,792</u>	<u>10,473</u>	<u>35,265</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	36,226	(28,718)	7,508
Restricted funds			
Restricted funds	126,630	(123,665)	2,965
TOTAL FUNDS	<u>162,856</u>	<u>(152,383)</u>	<u>10,473</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2022 (YE 30 September 2021: nil)

11. RESTRICTED FUNDS

The total restricted funds as at 30 September 2022 was £30,117 (YE 30 September 2021: £2,870)

The Widows Empowerment Trust

Notes to the Financial Statements - continued for the Year Ended 30 September 2022

12. MOVEMENT IN RESTRICTED FUNDS

	Brought Forward	Incoming resources	Resources expended	Carried forward
Restricted funds				
Kickstart programmes	464	3,000	3,464	0
Clockwork Foundations	1,892	2,112	1,892	2,112
We Love MCR	0	3,655	0	3,655
Big Lottery Special		19,485	0	19,485
Edward Gosling		5,000	3,295	1,705
Charity services	514	3,000	1,152	2,362
Albert Hunt		1,000	659	341
N.I.F		1,099	642	457
Allen Foundation		5,000	5,000	0
MCR District Nurse		1,152	1,152	0
Foyle Foundation		4,000	4,000	0
DWF Foundation		2,500	2,500	0
Emergency Care Winter		1,000	1,000	0
Trusthouse Foundation		7,664	7,664	0
Ambition Ageing		4,448	4,448	0
Total Restricted Funds	2,870	64,115	36,868	30,117

13. UNRESTRICTED FUNDS

The total unrestricted funds as at 30 September 2022 was £5,148 (YE 30 September 2021: £4,824)

The unrestricted funds received were as follows:

Peter Kershaw - £2,000
 Arnold Clarke - £1,000
 Asda Foundation- £500
 MCR Alliance - £920
 Asda 1 - £875
 GSK Growing Fund – The Kings fund - £10,000

The Widows Empowerment Trust

**Detailed Statement of Financial Activities
for the Year Ended 30 September 2022**

	30.9.22 £	30.9.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	11,900	20,827
Grants	85,755	40,835
Other income	801	1,498
	98,456	63,160
Other trading activities		
Fundraising events	-	1,154
Investment income		
Deposit account interest	2	84
Total incoming resources	98,458	64,398
EXPENDITURE		
Charitable activities		
Wages	25,903	32,865
Insurance	206	174
Telephone	935	779
Travel and subsistence	7,196	1,812
Gifts to Widows	249	591
Purchases	1,950	1,392
Advertising	-	278
Office expenses	1,608	1,575
Facilitators	14,629	13,528
Fundraising and events costs	5,623	13,903
Rent	3,595	3,399
Memberships	75	-
Training	60	4,577
IT costs	1,499	669
Project costs	4,415	3,300
Computer equipment	2,024	1,231
	69,967	80,073
Support costs		
Finance		
Bank charges	14	-
Governance costs		
Accountancy and legal fees	906	1,423
Total resources expended	70,887	81,496
Net income/(expenditure)	27,571	(17,098)

This page does not form part of the statutory financial statements