



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From 01 Feb 2023 To 31 Jan 2024**

**Charity name: Friends of the Brian Hore Unit**

**Charity registration number: 1171236**

## **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by: <ul style="list-style-type: none"><li>- Providing support group meetings, which may include counselling and treatment</li><li>- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester</li><li>- Providing such other activities or services as the trustees may, from time to time, identify</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Holding regular face to face support group meetings for people looking to achieve and maintain abstinence from alcohol.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

## **Achievements and Performance**

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Over the course of the year, the charity has continued to provide service users with face-to-face meetings for recovering alcoholics and those who are looking to achieve and maintain abstinence from alcohol.</p> <p>Due to rising costs and falling attendance, and in consultation with service users, the Friday evening meeting has been cancelled. This has strengthened attendance at the Saturday meeting which has gone from strength to strength.</p> <p>The charity continues to have a core of service users who have achieved and maintained long periods of abstinence from alcohol. These service act as role models, offering advice and support to new service users who are looking to achieve and maintain periods of abstinence from alcohol. Meetings involve check-ins and discussions about alcohol and the challenges faces by those who are addicted to alcohol. Service users with longer periods of abstinence are role models for those looking to achieve sobriety.</p> <p>The charity has continued to distribute promotional material to to engage with people who realise they have a problem with alcohol and are looking to explore sobriety.</p> <p>The charity has continued to work with established venues to hold meetings. These venues are chosen to be easily accessible to service users as they are on main bus routes and provide ample parking.</p> <p>As a result of these activities, new and lapsed service users have engaged and reengaged with the charity's support groups. These members have benefited from the advice and support of long-term members who have long periods of sobriety. Some of these new members have managed to stop drinking for a prolonged period of time, reducing pressure on other services.</p>
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## Financial Review

Review of the charity's financial position at the end of the period	<p>At the start of the financial period, the charity had £2628. At the end of the period, the charity had £1957.</p> <p>During the period, the charity spent £771 renting spaces to hold face to face support group meetings, a significant decrease compared to previous years. The charity received £150 this year from donations.</p> <p>This is enough to ensure that face to face support group meetings can continue for the foreseeable future.</p>
Statement explaining the policy for holding reserves stating why they are held	The charity does not have a policy on holding reserves.
Amount of reserves held	£1975.14
Reasons for holding zero reserves	
Details of fund materially in deficit	
Explanation of any uncertainties about the charity continuing as a going concern	There are no uncertainties about the charity.

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Articles of Association
How is the charity constituted?	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	New trustees may be appointed by existing or outgoing trustees. The views and opinions of service users will be taken into account when selecting new trustees to ensure they have the best interests of the charity.

## Reference and Administrative details

Charity name	Friends of the Brian Hore Unit
Other name the charity uses	FBHU
Registered charity number	1171236
Charity's principal address	10 Pytha Fold Road Manchester M20 4UH

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Thomas Shelbrooke	Treasurer		
2				
3				
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5				
6				
7				
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11				
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16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Thomas Benjamin Shelbrooke	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	12/7/24	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

## Receipts and payments accounts

CC16a

For the period  
from

01-Feb-22

To

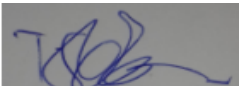
31-Jan-23

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	150	-	-	150	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	150	-	-	150	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	150	-	-	150	-
<b>A3 Payments</b>					
Rent	771	-	-	771	-
Sundry Items	30	-	-	30	-
Insurance	145	-	-	145	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	946	-	-	946	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	946	-	-	946	-
<b>Net of receipts/(payments)</b>	- 796	-	-	- 796	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	2,753	-	-	2,753	-
<b>Cash funds this year end</b>	1,957	-	-	1,957	-



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,907	-	-
	Cash	50	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,957</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Thomas Shelbrooke		