



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	February	2020		31	January	2021

Section A Reference and administration details

Charity name

Friends of the Brian Hore Unit

Other names charity is known by

FBHU

Registered charity number (if any)

1171236

Charity's principal address

10 Pytha Fold Road

Manchester

Postcode

M204UH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Tom Shelbrooke	Treasurer		
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by:

- Providing support group meetings, which may include counselling and treatment
- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester
- Providing such other activities or services as the trustees may, from time to time, identify.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>The Charity has had a challenging year due to the COVID 19 pandemic.</p> <p>The year started in the same vein as previous years, hosting regular support groups for recovering alcoholics, on Wednesdays, Fridays and Saturdays. These meetings were timed to ensure that they could be attended by people both in and out of work.</p> <p>When the COVID 19 pandemic hit, face to face groups were stopped. The charity relied on phone calls and emails between members to help members stay sober and stay connected. Online meetings were trialled but uptake was very low due to technological constraints faced by group members.</p> <p>Face to face meetings resumed as soon as possible with appropriate risk assessments and precautions, but this was limited to once per week as one of our venues was closed and the other had severely limited opening times.</p> <p>The charity tried to find alternative venues for meetings but this proved challenging as venues were closed or had no availability.</p> <p>When Manchester was placed into tier 3 restrictions, meetings continued as support groups for people with addictions were permitted. This was mainly because of the generosity of volunteers at the venue we use opening especially for us.</p> <p>Group numbers have been limited by the size of the room available to us and as such recruitment of new members has suffered.</p> <p>Unfortunately, due to COVID restrictions, the charity has not provided any social activities this year. These will resume as and when the situation permits.</p> <p>The trustees believe that the decisions made during this challenging year have been made in regard to the guidance issued by the charity commission.</p>	
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Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The charity has provided as many face to face support groups for recovering alcoholics as possible during this challenging year.

The charity has retained with a number of current service users. Some members have suffered relapses during the pandemic and appropriate support has been provided. These people have accessed our support groups and have been signposted to other relevant services in the city that have been able to operate during the pandemic.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity does not have a policy on reserves.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities main source of income is from donations.

The main expense of the charity is rent for rooms to provide our support groups.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Thomas Shelbrooke

Position (eg Secretary, Chair, etc)

Treasurer

Date

6/11/2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

Receipts and payments accounts

CC16a

For the period
from

01/02/2020


To

31/01/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Rates Refund	290	-	-	290	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	290	-	-	290	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	290	-	-	290	-
A3 Payments					
Rent	490	-	-	490	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	490	-	-	490	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	490	-	-	490	-
Net of receipts/(payments)	- 200	-	-	- 200	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,552	-	-	5,552	-
Cash funds this year end	5,351	-	-	5,351	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	5,351	-	-
		-	-	-
		-	-	-
	Total cash funds	5,351	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			T Shelbrooke	06/11/2021