

# FRIENDS OF THE BRIAN HORE UNIT

England & Wales · Charity number 1171236

## Details

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**Other names** FBHU

**Status** Registered

**Legal form** CIO

**Registered** 2017-01-23

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 10 Pytha Fold Road  
Manchester  
M20 4UH

**Phone** 07305041920

**Email** [fbhumcr@gmail.com](mailto:fbhumcr@gmail.com)

## Activities

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**Objects:** TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF RECOVERING ALCOHOLICS IN AND AROUND GREATER MANCHESTER FOR THE PUBLIC BENEFIT BY:PROVIDING SUPPORT GROUP MEETINGS, WHICH MAY INCLUDE COUNSELLING AND TREATMENT;WHERE GAPS IN SERVICES ARE IDENTIFIED, CAMPAIGNING FOR SUITABLE PROVISION, PARTICULARLY IN CONNECTION WITH AN NHS DUAL DIAGNOSIS SERVICE FOR TREATING ALCOHOLISM AND MENTAL HEALTH IN GREATER MANCHESTER;PROVIDING SUCH OTHER ACTIVITIES OR SERVICES AS THE TRUSTEES MAY, FROM TIME TO TIME, IDENTIFY.

**Activities:** Providing support group meetings, which may include counselling and treatmentWhere gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

## Geography

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- Manchester City

## Finances

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Period end	Income	Expenditure	Assets	Employees	
2025-01-31		£150	£946	-	-
2024-01-31		£165	£1,202	-	-
2023-01-31		£314	£1,115	-	-
2022-01-31		£0	£760	-	-
2021-01-31		£290	£490	-	-

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## Trustees

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Name	Role	Appointed
Thomas Shelbrooke		2017-07-04

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**FRIENDS OF THE BRIAN HORE UNIT**

England & Wales - Charity number 1171236

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# Accounts

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**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 01 Feb 2023 To 31 Jan 2024**

**Charity name: Friends of the Brian Hore Unit**

**Charity registration number: 1171236**

### **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by: <ul style="list-style-type: none"><li>- Providing support group meetings, which may include counselling and treatment</li><li>- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester</li><li>- Providing such other activities or services as the trustees may, from time to time, identify</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Holding regular face to face support group meetings for people looking to achieve and maintain abstinence from alcohol.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Achievements and Performance**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Over the course of the year, the charity has continued to provide service users with face-to-face meetings for recovering alcoholics and those who are looking to achieve and maintain abstinence from alcohol.

Due to rising costs and falling attendance, and in consultation with service users, the Friday evening meeting has been cancelled. This has strengthened attendance at the Saturday meeting which has gone from strength to strength.

The charity continues to have a core of service users who have achieved and maintained long periods of abstinence from alcohol. These service act as role models, offering advice and support to new service users who are looking to achieve and maintain periods of abstinence from alcohol. Meetings involve check-ins and discussions about alcohol and the challenges faces by those who are addicted to alcohol. Service users with longer periods of abstinence are role models for those looking to achieve sobriety.

The charity has continued to distribute promotional material to to engage with people who realise they have a problem with alcohol and are looking to explore sobriety.

The charity has continued to work with established venues to hold meetings. These venues are chosen to be easily accessible to service users as they are on main bus routes and provide ample parking.

As a result of these activities, new and lapsed service users have engaged and reengaged with the charity's support groups. These members have benefited from the advice and support of long-term members who have long periods of sobriety. Some of these new members have managed to stop drinking for a prolonged period of time, reducing pressure on other services.

## Financial Review

Review of the charity's financial position at the end of the period	<p>At the start of the financial period, the charity had £2628. At the end of the period, the charity had £1957.</p> <p>During the period, the charity spent £771 renting spaces to hold face to face support group meetings, a significant decrease compared to previous years. The charity received £150 this year from donations.</p> <p>This is enough to ensure that face to face support group meetings can continue for the foreseeable future.</p>
Statement explaining the policy for holding reserves stating why they are held	The charity does not have a policy on holding reserves.
Amount of reserves held	£1975.14
Reasons for holding zero reserves	
Details of fund materially in deficit	
Explanation of any uncertainties about the charity continuing as a going concern	There are no uncertainties about the charity.

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Articles of Association
How is the charity constituted?	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	New trustees may be appointed by existing or outgoing trustees. The views and opinions of service users will be taken into account when selecting new trustees to ensure they have the best interests of the charity.

## Reference and Administrative details

Charity name	Friends of the Brian Hore Unit
Other name the charity uses	FBHU
Registered charity number	1171236
Charity's principal address	10 Pytha Fold Road Manchester M20 4UH

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Thomas Shelbrooke	Treasurer		
2				
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4				
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure


Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Thomas Benjamin Shelbrooke	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	12/7/24	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

## Receipts and payments accounts


CC16a

For the period from	01-Feb-22	To	31-Jan-23
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	150	-	-	150	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>150</b>	<b>-</b>	<b>-</b>	<b>150</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>150</b>	<b>-</b>	<b>-</b>	<b>150</b>	<b>-</b>
<b>A3 Payments</b>					
Rent	771	-	-	771	-
Sundry Items	30	-	-	30	-
Insurance	145	-	-	145	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>946</b>	<b>-</b>	<b>-</b>	<b>946</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>946</b>	<b>-</b>	<b>-</b>	<b>946</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 796</b>	<b>-</b>	<b>-</b>	<b>- 796</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,753	-	-	2,753	-
<b>Cash funds this year end</b>	<b>1,957</b>	<b>-</b>	<b>-</b>	<b>1,957</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	1,907	-	-
	Cash	50	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,957</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Thomas Shelbrooke		

**FRIENDS OF THE BRIAN HORE UNIT**

England & Wales - Charity number 1171236

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# Accounts

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## **Trustees' Annual Report for the period**

**From 01 Feb 2023 To 31 Jan 2024**

**Charity name: Friends of the Brian Hore Unit**

**Charity registration number: 1171236**

### **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by: <ul style="list-style-type: none"><li>- Providing support group meetings, which may include counselling and treatment</li><li>- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester</li><li>- Providing such other activities or services as the trustees may, from time to time, identify</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Holding regular face to face support group meetings for people looking to achieve and maintain abstinence from alcohol.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Achievements and Performance**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Over the course of the year, the charity has provided service users with twice weekly face-to-face meetings for recovering alcoholics and those who are looking to achieve and maintain abstinence from alcohol.

The charity has a strong core of service users who have long periods of abstinence from alcohol. These service users offer advice and support to new service users who are looking to achieve and maintain periods of abstinence from alcohol. The regularly meetings involve check-ins and discussions about alcohol and the challenges faces by those who are addicted to alcohol. Service users with longer periods of abstinence are role models for those looking to achieve sobriety.

The charity has continued to distribute promotional material to to engage with people who realise they have a problem with alcohol and are looking to explore sobriety.

The charity has continued to work with established venues to hold meetings. These venues are chosen to be easily accessible to service users as they are on main bus routes and provide ample parking.

As a result of these activities, new service users have engaged with the charity's support groups. These new members have benefited from the advice and support of long-term members who have been sober for a number of years. Some of these new members have managed to stop drinking for a prolonged period of time, reducing pressure on other services.

## Financial Review

Review of the charity's financial position at the end of the period	<p>At the start of the financial period, the charity had £3790.34. At the end of the period, the charity had £2753.34.</p> <p>During the period, the charity spent £1032 renting spaces to hold face to face support group meetings, a slight decrease when compared to the previous year. The charity received £165 this year from donations.</p> <p>This is enough to ensure that face to face support group meetings can continue for the foreseeable future.</p>
Statement explaining the policy for holding reserves stating why they are held	The charity does not have a policy on holding reserves.
Amount of reserves held	£2753.34
Reasons for holding zero reserves	
Details of fund materially in deficit	
Explanation of any uncertainties about the charity continuing as a going concern	There are no uncertainties about the charity.

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Articles of Association
How is the charity constituted?	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	New trustees may be appointed by existing or outgoing trustees. The views and opinions of service users will be taken into account when selecting new trustees to ensure they have the best interests of the charity.

## Reference and Administrative details

Charity name	Friends of the Brian Hore Unit
Other name the charity uses	FBHU
Registered charity number	1171236
Charity's principal address	10 Pytha Fold Road Manchester M20 4UH



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure


Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Thomas Benjamin Shelbrooke	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	21/7/24	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

## Receipts and payments accounts


CC16a

For the period from	01-Feb-23	To	31-Jan-24
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	165	-	-	165	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>165</b>	<b>-</b>	<b>-</b>	<b>165</b>	<b>-</b>
<b>A3 Payments</b>					
Rent	1,032	-	-	1,032	-
Sundry Items	30	-	-	30	-
Insurance	140	-	-	140	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,202</b>	<b>-</b>	<b>-</b>	<b>1,202</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,202</b>	<b>-</b>	<b>-</b>	<b>1,202</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 1,037</b>	<b>-</b>	<b>-</b>	<b>- 1,037</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,790	-	-	3,790	-
<b>Cash funds this year end</b>	<b>2,753</b>	<b>-</b>	<b>-</b>	<b>2,753</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	2,628	-	-
	Cash	125	-	-
			-	-
	<b>Total cash funds</b>	<b>2,753</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Thomas Shelbrooke	21/07/2024	

**FRIENDS OF THE BRIAN HORE UNIT**

England & Wales - Charity number 1171236

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# Accounts

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**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 01 Feb 2022 To 31 Jan 2023**

**Charity name: Friends of the Brian Hore Unit**

**Charity registration number: 1171236**

### **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by: <ul style="list-style-type: none"><li>- Providing support group meetings, which may include counselling and treatment</li><li>- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester</li><li>- Providing such other activities or services as the trustees may, from time to time, identify</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Holding regular face to face support group meetings for people looking to achieve and maintain abstinence from alcohol.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Achievements and Performance**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Over the course of the year, the charity has continued to provide face-to-face meetings for recovering alcoholics and those who are looking to achieve and maintain abstinence from alcohol.

The charity has continued to engage with service users who have maintained long periods of abstinence from alcohol, providing them with an opportunity to regularly meet and discuss the challenges of maintaining their sobriety. The charity has also continued to distribute promotional material to engage with people who realise they have a problem with alcohol and are looking to explore sobriety. Members who have had a longer period of abstinence offer advice and support and act as role models for newer service users.

The charity has continued to work with established venues to hold meetings. These venues are chosen to be easily accessible to service users as they are on main bus routes and provide ample parking.

The charity has also continued to distribute promotional material to other alcohol services in the city and inform newer service users of these services.

As a result of these activities, new service users have engaged with the charity's support groups. These new members have benefited from the advice and support of long term members who have been sober for a number of years. Some of these new members have managed to stop drinking for a prolonged period of time, reducing pressure on other services.

## Financial Review

Review of the charity's financial position at the end of the period	<p>At the start of the financial period, the charity had £4591.34. At the end of the period, the charity has £3790.34.</p> <p>During the period, the charity spent £1090 renting spaces to hold face to face support group meetings. The charity received £314 this year, mostly from donations.</p> <p>This is enough to ensure that face to face support group meetings can continue for the foreseeable future.</p>
Statement explaining the policy for holding reserves stating why they are held	The charity does not have a policy on holding reserves.
Amount of reserves held	£3790.34
Reasons for holding zero reserves	
Details of fund materially in deficit	
Explanation of any uncertainties about the charity continuing as a going concern	There are no uncertainties about the charity.

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Articles of Association
How is the charity constituted?	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	New trustees may be appointed by existing or outgoing trustees. The views and opinions of service users will be taken into account when selecting new trustees to ensure they have the best interests of the charity.

## Reference and Administrative details

Charity name	Friends of the Brian Hore Unit
Other name the charity uses	FBHU
Registered charity number	1171236
Charity's principal address	10 Pytha Fold Road Manchester M20 4UH

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Thomas Shelbrooke	Treasurer		
2				
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Thomas Benjamin Shelbrooke

Position (eg Secretary,  
Chair, etc)

Treasurer

Date

4/11/23



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

CC16a

## Receipts and payments accounts

For the period from	1-Feb-22	To	31-Jan-23
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Credit	35	-	-	35	-
Donations	279	-	-	279	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	<b>314</b>	<b>-</b>	<b>-</b>	<b>314</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>314</b>	<b>-</b>	<b>-</b>	<b>314</b>	<b>-</b>
<b>A3 Payments</b>					
Rent	1,090	-	-	1,090	-
Sundry items	25	-	-	25	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,115</b>	<b>-</b>	<b>-</b>	<b>1,115</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,115</b>	<b>-</b>	<b>-</b>	<b>1,115</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 801</b>	<b>-</b>	<b>-</b>	<b>- 801</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>4,591</b>	<b>-</b>	<b>-</b>	<b>4,591</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>3,790</b>	<b>-</b>	<b>-</b>	<b>3,790</b>	<b>-</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	3,695	-	-
	Cash	95	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3,790</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

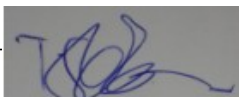
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Thomas Shelbrooke	11/4/2023

**FRIENDS OF THE BRIAN HORE UNIT**

England & Wales - Charity number 1171236

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# Accounts

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**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' Annual Report for the period**

**From 01 Feb 2021 To 31 Jan 2022**

**Charity name: Friends of the Brian Hore Unit**

**Charity registration number: 1171236**

### **Objectives and Activities**

Summary of the purposes of the charity as set out in its governing document	To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by: <ul style="list-style-type: none"><li>- Providing support group meetings, which may include counselling and treatment</li><li>- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester</li><li>- Providing such other activities or services as the trustees may, from time to time, identify</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Holding regular face to face support group meetings for people looking to achieve and maintain abstinence from alcohol.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Achievements and Performance**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Over the course of the year, the charity resumed face to face support group meetings for service users as and when venues have reopened after the COVID 19 pandemic restrictions have eased.

The charity has reengaged with many past members who were unable to attend any face to face meetings due to the restrictions imposed by the pandemic or by venues being closed during this time. These members have welcomed the chance to attend meetings and discuss the continuing challenges of abstinence as well as the challenges faced during the pandemic.

The charity has redesigned its promotional material in order to reach out to, and engage, new members who may be struggling to achieve or maintain abstinence from alcohol. These materials are displayed prominently in the venues that we use and have been distributed to other alcohol services in the city to be distributed to anyone who is serious about stopping drinking.

On the advice of service users, the charity has produced discreet, pocket sized business cards with the details of meetings so they can be kept in purses and wallets.

As a result of these promotional materials, new service users have engaged with the charity's support groups. These new members have benefited from the advice and support of long term members who have been sober for a number of years. Some of these new members have managed to stop drinking for a prolonged period of time, reducing pressure on other services.

## Financial Review

Review of the charity's financial position at the end of the period	At the start of the financial period, the charity had £5351.34. At the end of the period, the charity has £4591.34. During the period, the charity spent £760 renting spaces to hold face to face support group meetings. This is enough to ensure that face to face support group meetings can continue for the foreseeable future.
Statement explaining the policy for holding reserves stating why they are held	The charity does not have a policy on holding reserves.
Amount of reserves held	£4591.34
Reasons for holding zero reserves	
Details of fund materially in deficit	
Explanation of any uncertainties about the charity continuing as a going concern	There are no uncertainties about the charity.

## Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Articles of Association
How is the charity constituted?	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	New trustees may be appointed by existing or outgoing trustees. The views and opinions of service users will be taken into account when selecting new trustees to ensure they have the best interests of the charity.

## Reference and Administrative details

Charity name	Friends of the Brian Hore Unit
Other name the charity uses	FBHU
Registered charity number	1171236
Charity's principal address	10 Pytha Fold Road Manchester M20 4UH

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Thomas Shelbrooke	Treasurer		
2				
3				
4				
5				
6				
7				
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17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Thomas Benjamin Shelbrooke	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	04/09/22	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit 1171236

## Receipts and payments accounts

CC16a

For the period from 01-Feb-21 To 31-Jan-22

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-
<b>A3 Payments</b>					
Rent	760	-	-	760	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	760	-	-	760	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	760	-	-	760	-
<b>Net of receipts/(payments)</b>	- 760	-	-	- 760	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,351	-	-	5,351	-
<b>Cash funds this year end</b>	4,591	-	-	4,591	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	4,591	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>4,591</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Thomas Shelbrooke	04/09/2022

**FRIENDS OF THE BRIAN HORE UNIT**

England & Wales - Charity number 1171236

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	01	February	2020		31	January	2021

## Section A Reference and administration details

**Charity name** Friends of the Brian Hore Unit

**Other names charity is known by** FBHU

**Registered charity number (if any)** 1171236

**Charity's principal address**

10 Pytha Fold Road	
Manchester	
<b>Postcode</b>	<b>M204UH</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Tom Shelbrooke	Treasurer		
2				
3				
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5				
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19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Association
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To promote and protect the physical and mental health of recovering alcoholics in and around Greater Manchester for the public benefit by:

- Providing support group meetings, which may include counselling and treatment
- Where gaps in services are identified, campaigning for suitable provision, particularly in connection with an NHS dual diagnosis service for treating alcoholism and mental health in Greater Manchester
- Providing such other activities or services as the trustees may, from time to time, identify.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Charity has had a challenging year due to the COVID 19 pandemic.

The year started in the same vein as previous years, hosting regular support groups for recovering alcoholics, on Wednesdays, Fridays and Saturdays. These meetings were timed to ensure that they could be attended by people both in and out of work.

When the COVID 19 pandemic hit, face to face groups were stopped. The charity relied on phone calls and emails between members to help members stay sober and stay connected. Online meetings were trialled but uptake was very low due to technological constraints faced by group members.

Face to face meetings resumed as soon as possible with appropriate risk assessments and precautions, but this was limited to once per week as one of our venues was closed and the other had severely limited opening times.

The charity tried to find alternative venues for meetings but this proved challenging as venues were closed or had no availability.

When Manchester was placed into tier 3 restrictions, meetings continued as support groups for people with addictions were permitted. This was mainly because of the generosity of volunteers at the venue we use opening especially for us.

Group numbers have been limited by the size of the room available to us and as such recruitment of new members has suffered.

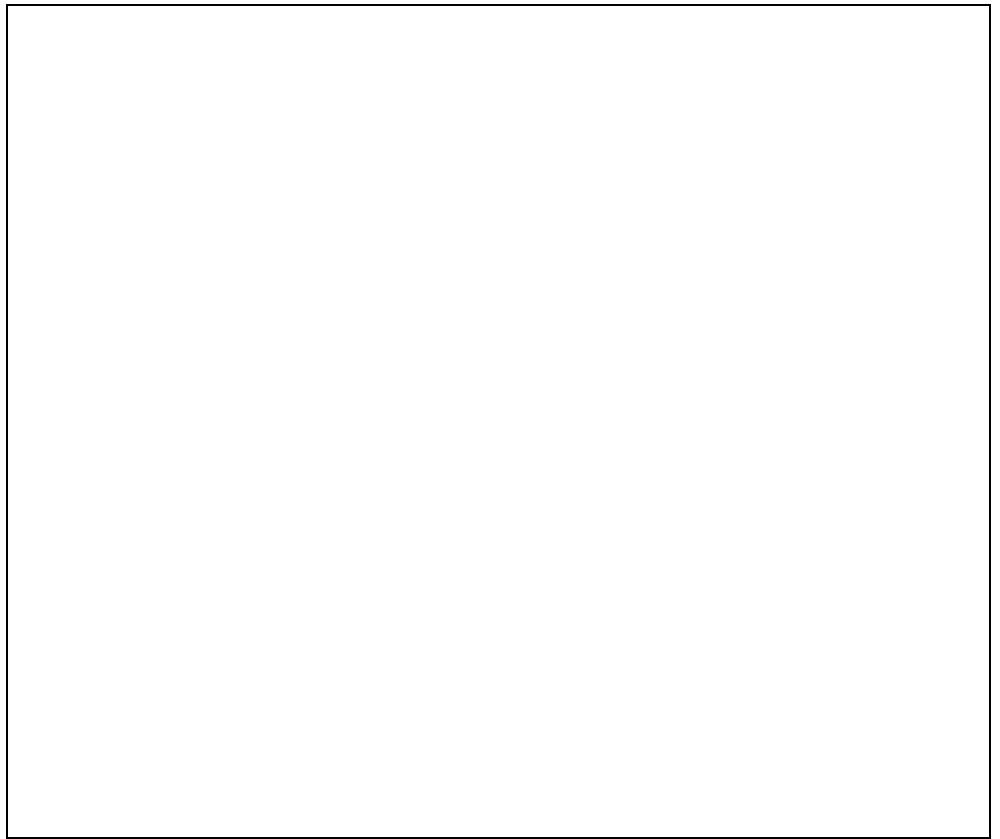
Unfortunately, due to COVID restrictions, the charity has not provided any social activities this year. These will resume as and when the situation permits.

The trustees believe that the decisions made during this challenging year have been made in regard to the guidance issued by the charity commission.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

The charity has provided as many face to face support groups for recovering alcoholics as possible during this challenging year.

The charity has retained with a number of current service users. Some members have suffered relapses during the pandemic and appropriate support has been provided. These people have accessed our support groups and have been signposted to other relevant services in the city that have been able to operate during the pandemic.

## Section E Financial review

**Brief statement of the charity's policy on reserves**

The charity does not have a policy on reserves.

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities main source of income is from donations.

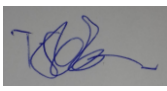
The main expense of the charity is rent for rooms to provide our support groups.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>		
<b>Full name(s)</b>	Thomas Shelbrooke	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	6/11/2021	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Friends of the Brian Hore Unit

1171236

## Receipts and payments accounts

CC16a

For the period  
from

01/02/2020


To

31/01/2021

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Rates Refund	290	-	-	290	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>290</b>	<b>-</b>	<b>-</b>	<b>290</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>290</b>	<b>-</b>	<b>-</b>	<b>290</b>	<b>-</b>
<b>A3 Payments</b>					
Rent	490	-	-	490	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>490</b>	<b>-</b>	<b>-</b>	<b>490</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>490</b>	<b>-</b>	<b>-</b>	<b>490</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>- 200</b>	<b>-</b>	<b>-</b>	<b>- 200</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,552	-	-	5,552	-
<b>Cash funds this year end</b>	<b>5,351</b>	<b>-</b>	<b>-</b>	<b>5,351</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance	5,351	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	5,351	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		T Shelbrooke	06/11/2021	