



NEWARK DEMENTIA  
CARERS' GROUP

# April 2022 - March 2023 Annual Report

121 Valley Prospect, Newark, NG24

Registered Charity 1171189

Company number CE008841

[www.ndcg.org.uk](http://www.ndcg.org.uk)

01636 702577

Newark Dementia Carers' Group is a Charitable Incorporated Organisation (CIO) with a written constitution. Trustees are elected by the membership at our Annual General Meeting. We have no paid staff.

## **22-23 Trustees**

Ken Daubney - Chair

Christine Davison – Vice Chair

Michael Seymour - Treasurer

Heather Brummitt

Anthony Moon

Edith Pacey

Newark Dementia Carers' Group was formed in June 2014 by three people whose lives were profoundly affected by caring for loved ones with dementia. They recognized that social isolation has a significant impact on the carers of people with this and similar diseases.

In summary, the charitable purposes of the group are to provide recreational activities and to promote good health. We achieve this through hosting a meeting space twice a week where people can make friends, share their experiences, support each other and have fun. Visiting speakers, entertainers and activity leaders add value to our days together. In addition, we organise day trips and holidays, and bi-weekly sports at the local leisure centre. Membership is open to anyone with first hand experience of dementia.

Our members report increased wellbeing from being a part of the group. Many of them were isolated and stressed before joining, struggling with the physical and emotional aspects of caring or having dementia. Many of our members now have such a good circle of friends that they see each other multiple times a week. This support is invaluable, especially for elderly male carers. Most people continue to attend after the person they have cared for has died or moved into a care home. Facilitating this network has benefits to their families and wider society too.

## Financial report

### Income included:

- General donations of £3321, mainly from Masons and funeral collections.
- Ring-fenced donations totalling £6000 from the BNA Charity and the Masons. *This year's large contribution from the Masons was due to the death of a group member who was heavily involved with them.*
- Member contributions of £2440 for regular activities and £4289 for trips and holidays. We offered a 100% holiday discount for people with dementia.

### Outgoings included:

- £3675 room hire at Balderton Village Centre, for at least 4 hours a week of service delivery.
- £1367 for regular activities of craft, sports, and entertainers.
- Day trips and holidays, including river cruises, a Warners resort break, mystery tour and a pantomime cost £5804. We try to provide trips that appeal to a range of members. Being with the group gives people the confidence to go out.
- £1540 on entertainment including a heavily subsidised Christmas meal.
- Administration and compliance costs of £910. With the vast majority of our members being elderly and less technologically aware we incur significant printing costs.

Our financial position at year end is stable but we anticipate our costs will continue to rise. To keep our services affordable for all we will continue to subsidise our activities. Our next financial year will feature more diverse funding streams.

*The trustees have regard for the Charity Commission guidance on public benefit.*

### Reserves

We are holding £40,000 in reserves for the development of a day service. Currently, we are unable to provide supervision for people with moderate to severe dementia who are unaccompanied. There is a need for this service locally and it is something we look to develop in the future. This is a long-term aim of the group and will require substantial planning and resourcing.

## **How you can help**

### **Volunteers**

We are always looking for new volunteers who can help at group events or raise money for us.

### **Trustees**

Our trustee board meets monthly to discuss funding, events, welfare issues and develop policy and procedures.

### **Legacies**

Some people choose to include a gift to us in their will.

### **Funeral collections**

Many families, even some who haven't used our services, donate their funeral collection to us. We are registered for Gift Aid, so can claim a further 25% of UK taxpayer donations.

### **Lottery**

You can join the local community lottery at [www.newarkandsherwoodlottery.co.uk](http://www.newarkandsherwoodlottery.co.uk) and choose to raise money for us.

### **Facebook**

We have a Facebook page and group. We use these to publicise events and other useful information. Liking, commenting on, and sharing our posts increases their visibility.



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Newark Dementia Carers Group

**On accounts for the year  
ended**

31 March 2023

**Charity no  
(if any)**

1171189

**Set out on pages**

3 and 4

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

M. Ellison

**Date:**

20/05/2023

**Name:**

M Ellison

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

Jacob House Accountancy Services

139 Farndon Road

Newark Notts NG24 4SP

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

NONE





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Newark Dementia Carers Group  
Newark Dementia Carers Group

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CC16a

## Receipts and payments accounts

For the period from	Period start date 01-Apr-22	To	Period end date 31-Mar-23
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Subscriptions	3,400		-	3,400	4,568
Donations and Sponsorship	2,973	6,000	-	8,973	3,656
Activities and holidays	2,688	-	-	2,688	2,572
Other income	1,673	-	-	1,673	1,471
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>10,734</b>	<b>6,000</b>	<b>-</b>	<b>16,734</b>	<b>12,267</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>10,734</b>	<b>6,000</b>	<b>-</b>	<b>16,734</b>	<b>12,267</b>
<b>A3 Payments</b>					
Room hire	3,675	-	-	3,675	2,925
Activities and holidays	4,432	2,354	-	6,786	10,300
Entertainments	1,540	-	-	1,540	-
Refreshments	1,563	-	-	1,563	1,015
Equipment	456	-	-	456	-
Insurance	163	-	-	163	-
Accountancy	100	-	-	100	-
Other expenses	1,138	-	-	1,138	1,872
	-	-	-	-	-
<b>Sub total</b>	<b>13,067</b>	<b>2,354</b>	<b>-</b>	<b>15,421</b>	<b>16,112</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>13,067</b>	<b>2,354</b>	<b>-</b>	<b>15,421</b>	<b>16,112</b>
<b>Net of receipts/(payments)</b>	<b>- 2,333</b>	<b>3,646</b>	<b>-</b>	<b>1,313</b>	<b>- 3,845</b>
<b>A5 Transfers between funds</b>	<b>- 94</b>	<b>94</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>17,846</b>	<b>-</b>	<b>40,000</b>	<b>57,846</b>	<b>61,691</b>
<b>Cash funds this year end</b>	<b>15,419</b>	<b>3,740</b>	<b>40,000</b>	<b>59,159</b>	<b>57,846</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Balance TSB Newark	15,328	3,740	40,000
	Cash	91	-	-
		-	-	-
	<b>Total cash funds</b>	<b>15,419</b>	<b>3,740</b>	<b>40,000</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK



	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	E. DAVISON	18/5/23
	M.D. SEYMOUR	18/5/23