

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2025
for
Stamp out Suicide Limited**

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Stamp out Suicide Limited

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for the Year Ended 30 June 2025**

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Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Mission

Stamp Out Suicide (SOS) provides a free, confidential telephone counselling service to individuals across England, Scotland, Northern Ireland, and Wales who are experiencing suicidal thoughts. Additionally, SOS works to raise awareness of suicide prevention within communities across the UK.

Our Work

We offer suicide prevention training to individuals from diverse backgrounds. Our belief is that by equipping more people with the knowledge and skills to intervene, we can help reduce the suicide rate across the country.

Our Services

SOS provides professional, confidential counselling via phone to those struggling with suicidal thoughts. Individuals can reach out via text, and a fully qualified counsellor will return their call, providing support for as long as necessary. While the charity is based in Warrington, our counsellors operate remotely from various locations across the UK.

Public benefit

In reviewing our goals and planning for the future, we have adhered to the Charity Commission's guidance on public benefit. The trustees carefully assess how each of our activities contributes to our mission and objectives.

ACHIEVEMENTS AND PERFORMANCE

Progress Since 2019

Since 2019, the charity has continued to expand its suicide-prevention work, delivering training to individuals across the UK and Ireland. To date, over 150 people have been trained in suicide awareness and intervention skills. The charity remains committed to increasing access to this training, particularly within communities identified as being at higher risk.

Key Activities in 2024-2025

During the year, the charity delivered suicide-prevention training sessions on the Isle of Man, in Warrington, and via online platforms, allowing participants to access training regardless of location. These sessions focused on recognising warning signs, having safe conversations, and signposting individuals to appropriate sources of support.

In addition to the training activity, the charity staged a touring theatrical production focused on suicide awareness and lived experience. Performances took place in Liverpool, Manchester, Warrington and London. The production aimed to encourage open discussion around suicide, reduce stigma, promote help-seeking behaviour, and raise funds to support the charity's work.

FINANCIAL REVIEW

Reserves policy

Our financial strategy ensures that the charity maintains sufficient funds to cover operational expenses at all times, providing financial stability and continuity of service.

FUTURE PLANS

Looking ahead, the charity plans to continue fundraising through a range of community-based events and initiatives. The charity also plans to extend the tour of its suicide-awareness theatrical production during late 2025, reaching additional locations across the UK. This work will further support the charity's objective of improving public understanding of suicide prevention and enabling communities to contribute to reducing suicide risk.

The charity continues to receive growing support from donors and volunteers. The trustees are committed to building on this momentum throughout 2025 and beyond, ensuring the charity remains sustainable while increasing its reach and impact.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Stamp Out Suicide operates as a limited company, governed by a deed of trust, in accordance with the Companies Act 2006.

Stamp out Suicide Limited

Report of the Trustees for the Year Ended 30 June 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The charity is overseen by a board of trustees. Colm Farrell serves as the Manager, responsible for the organisation's day-to-day operations.

Induction and training of new trustees

New trustees receive a comprehensive briefing on their legal responsibilities under both company and charity law.

Risk management

The trustees regularly review potential risks to the charity and implement appropriate measures to mitigate fraud and errors. We are confident that adequate systems are in place to manage these risks effectively

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Registered Charity number

1171162

Registered office

35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees

J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 17 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 11 February 2026 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Statement of Financial Activities
for the Year Ended 30 June 2025**

	Notes	2025 Unrestricted fund £	2024 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		63,013	29,905
		<hr/>	<hr/>
EXPENDITURE ON			
Raising funds	2	41,643	28,621
		<hr/>	<hr/>
NET INCOME		21,370	1,284
RECONCILIATION OF FUNDS			
Total funds brought forward		3,282	1,998
		<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		24,652	3,282
		<hr/> <hr/>	<hr/> <hr/>

The notes form part of these financial statements

Stamp out Suicide Limited

Balance Sheet 30 June 2025

	Notes	2025 Unrestricted fund £	2024 Total funds £
FIXED ASSETS			
Tangible assets	7	1,033	681
CURRENT ASSETS			
Cash at bank		24,192	2,601
CREDITORS			
Amounts falling due within one year	8	(573)	-
NET CURRENT ASSETS		<u>23,619</u>	<u>2,601</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		24,652	3,282
NET ASSETS		<u>24,652</u>	<u>3,282</u>
FUNDS	9		
Unrestricted funds		24,652	3,282
TOTAL FUNDS		<u>24,652</u>	<u>3,282</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 February 2026 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Notes to the Financial Statements for the Year Ended 30 June 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Support costs	41,643	28,621

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	679	531

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2025**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2025 nor for the year ended 30 June 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2025 nor for the year ended 30 June 2024.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Administration	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>29,905</u>
EXPENDITURE ON	
Raising funds	<u>28,621</u>
NET INCOME	1,284
RECONCILIATION OF FUNDS	
Total funds brought forward	<u>1,998</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>3,282</u></u>

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2024	5,178
Additions	<u>1,031</u>
At 30 June 2025	<u>6,209</u>
DEPRECIATION	
At 1 July 2024	4,497
Charge for year	<u>679</u>
At 30 June 2025	<u>5,176</u>
NET BOOK VALUE	
At 30 June 2025	<u><u>1,033</u></u>
At 30 June 2024	<u><u>681</u></u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2025**

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Social security and other taxes	573	-
	<u>573</u>	<u>-</u>

9. MOVEMENT IN FUNDS

	At 1.7.24 £	Net movement in funds £	At 30.6.25 £
Unrestricted funds			
General fund	3,282	21,370	24,652
	<u>3,282</u>	<u>21,370</u>	<u>24,652</u>
TOTAL FUNDS	<u>3,282</u>	<u>21,370</u>	<u>24,652</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,013	(41,643)	21,370
	<u>63,013</u>	<u>(41,643)</u>	<u>21,370</u>
TOTAL FUNDS	<u>63,013</u>	<u>(41,643)</u>	<u>21,370</u>

Comparatives for movement in funds

	At 1.7.23 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	1,998	1,284	3,282
	<u>1,998</u>	<u>1,284</u>	<u>3,282</u>
TOTAL FUNDS	<u>1,998</u>	<u>1,284</u>	<u>3,282</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,905	(28,621)	1,284
	<u>29,905</u>	<u>(28,621)</u>	<u>1,284</u>
TOTAL FUNDS	<u>29,905</u>	<u>(28,621)</u>	<u>1,284</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2025**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.23 £	Net movement in funds £	At 30.6.25 £
Unrestricted funds			
General fund	1,998	22,654	24,652
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,998</u>	<u>22,654</u>	<u>24,652</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	92,918	(70,264)	22,654
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>92,918</u>	<u>(70,264)</u>	<u>22,654</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2025.

11. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited

**Detailed Statement of Financial Activities
for the Year Ended 30 June 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	63,013	29,905
Total incoming resources	63,013	29,905
EXPENDITURE		
Support costs		
Management		
Wages	19,503	14,522
Insurance	75	75
Postage, stationery and telephone	7,640	5,633
Sundries	1,414	2,347
Travelling	10,320	5,514
Repairs	1,911	-
Legal and professional	100	-
Computer equipment	680	530
	41,643	28,621
Total resources expended	41,643	28,621
Net income	21,370	1,284

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Signature 1

Signed by James McGibbon using authentication code SndKa0s2PFNUeXxx at IP address 51.52.247.130, on 2026/02/11 15:21:26 Z.

James McGibbon's e-mail address is: James.McGibbon@krouse.co.uk.