

REGISTERED COMPANY NUMBER: 09644423 (England and Wales)
REGISTERED CHARITY NUMBER: 1171162

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2024
for
Stamp out Suicide Limited**

Bourne & Co.
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Stamp out Suicide Limited

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for the Year Ended 30 June 2024**

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Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Mission

Stamp Out Suicide (SOS) provides a free, confidential telephone counselling service to individuals across England, Scotland, Northern Ireland, and Wales who are experiencing suicidal thoughts. Additionally, SOS works to raise awareness of suicide prevention within communities across the UK.

Our Work

We offer suicide prevention training to individuals from diverse backgrounds. Our belief is that by equipping more people with the knowledge and skills to intervene, we can help reduce the suicide rate across the country.

Our Services

SOS provides professional, confidential counselling via phone to those struggling with suicidal thoughts. Individuals can reach out via text, and a fully qualified counsellor will return their call, providing support for as long as necessary. While the charity is based in Warrington, our counsellors operate remotely from various locations across the UK.

Public benefit

In reviewing our goals and planning for the future, we have adhered to the Charity Commission's guidance on public benefit. The trustees carefully assess how each of our activities contributes to our mission and objectives.

ACHIEVEMENT AND PERFORMANCE

Progress Since 2019

Since 2019, we have successfully trained over 150 individuals in suicide prevention and remain committed to expanding our training initiatives in the years to come.

Key Activities in 2024-2025

Over the past year, we conducted training courses on the Isle of Man, in Warrington, and online, equipping participants with suicide prevention skills. Additionally, we staged a play about suicide awareness in Liverpool, Manchester, and Warrington and London. This theatrical production aimed to foster open discussions about suicide, encourage individuals to seek help, and raise funds for our charity.

FINANCIAL REVIEW

Reserves policy

Our financial strategy ensures that the charity maintains sufficient funds to cover operational expenses at all times, providing financial stability and continuity of service.

FUTURE PLANS

Looking ahead, we plan to continue fundraising through various events. We also aim to extend the tour of our play in late 2025, further promoting awareness about suicide and how communities can actively contribute to reducing suicide rates in the UK.

The charity has gained significant support from new donors and volunteers, and we are committed to building on this momentum throughout 2024 and beyond.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Stamp Out Suicide operates as a limited company, governed by a deed of trust, in accordance with the Companies Act 2006.

Organisational structure

The charity is overseen by a board of trustees. Colm Farrell serves as the Manager, responsible for the organisation's day-to-day operations.

Induction and training of new trustees

New trustees receive a comprehensive briefing on their legal responsibilities under both company and charity law.

Stamp out Suicide Limited

**Report of the Trustees
for the Year Ended 30 June 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees regularly review potential risks to the charity and implement appropriate measures to mitigate fraud and errors. We are confident that adequate systems are in place to manage these risks effectively

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Registered Charity number

1171162

Registered office

35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees

J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 10 March 2025 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Statement of Financial Activities
for the Year Ended 30 June 2024**

		2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>29,905</u>	<u>23,438</u>
EXPENDITURE ON			
Raising funds	2	<u>28,621</u>	<u>23,333</u>
NET INCOME		1,284	105
RECONCILIATION OF FUNDS			
Total funds brought forward		1,998	1,893
TOTAL FUNDS CARRIED FORWARD		<u><u>3,282</u></u>	<u><u>1,998</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited

**Balance Sheet
30 June 2024**

	Notes	2024 Unrestricted fund £	2023 Total funds £
FIXED ASSETS			
Tangible assets	7	681	918
CURRENT ASSETS			
Debtors	8	-	700
Cash at bank		2,601	547
		<u>2,601</u>	<u>1,247</u>
CREDITORS			
Amounts falling due within one year	9	-	(167)
		<u>2,601</u>	<u>1,080</u>
NET CURRENT ASSETS			
		<u>2,601</u>	<u>1,080</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>3,282</u>	<u>1,998</u>
NET ASSETS		<u>3,282</u>	<u>1,998</u>
FUNDS	10		
Unrestricted funds		3,282	1,998
TOTAL FUNDS		<u>3,282</u>	<u>1,998</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 March 2025 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Notes to the Financial Statements for the Year Ended 30 June 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Support costs	<u>28,621</u>	<u>23,333</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>531</u>	<u>458</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued for the Year Ended 30 June 2024

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2024 nor for the year ended 30 June 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2024 nor for the year ended 30 June 2023.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Administration	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>23,438</u>
EXPENDITURE ON	
Raising funds	<u>23,333</u>
NET INCOME	105
RECONCILIATION OF FUNDS	
Total funds brought forward	<u>1,893</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,998</u>

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2023	4,884
Additions	<u>294</u>
At 30 June 2024	<u>5,178</u>
DEPRECIATION	
At 1 July 2023	3,966
Charge for year	<u>531</u>
At 30 June 2024	<u>4,497</u>
NET BOOK VALUE	
At 30 June 2024	<u>681</u>
At 30 June 2023	<u>918</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2024

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	-	700
	<u> </u>	<u> </u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	-	167
	<u> </u>	<u> </u>

10. MOVEMENT IN FUNDS

	At 1.7.23 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	1,998	1,284	3,282
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>1,998</u>	<u>1,284</u>	<u>3,282</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,905	(28,621)	1,284
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>29,905</u>	<u>(28,621)</u>	<u>1,284</u>

Comparatives for movement in funds

	At 1.7.22 £	Net movement in funds £	At 30.6.23 £
Unrestricted funds			
General fund	1,893	105	1,998
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>1,893</u>	<u>105</u>	<u>1,998</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,438	(23,333)	105
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>23,438</u>	<u>(23,333)</u>	<u>105</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2024**

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.22 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	1,893	1,389	3,282
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,893</u>	<u>1,389</u>	<u>3,282</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,343	(51,954)	1,389
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>53,343</u>	<u>(51,954)</u>	<u>1,389</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2024.

12. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited

**Detailed Statement of Financial Activities
for the Year Ended 30 June 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	29,905	23,438
Total incoming resources	29,905	23,438
EXPENDITURE		
Support costs		
Management		
Wages	14,522	12,597
Insurance	75	74
Postage, stationery and telephone	5,633	4,970
Sundries	2,347	1,920
Travelling	5,514	2,503
Repairs	-	660
Legal and professional	-	150
Computer equipment	530	459
	28,621	23,333
Total resources expended	28,621	23,333
Net income	1,284	105

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Signature 1

Signed by Colm Farrell using authentication code QjNYcDZVVj9iMlgp at IP address 148.252.133.186, on 2025/03/12 10:23:08 Z.

Colm Farrell's e-mail address is: colmpfarrell@yahoo.com.