

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2022
for
Stamp out Suicide Limited**

Bourne & Co.
Chartered Accountants
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Stamp out Suicide Limited

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for the Year Ended 30 June 2022**

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Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Stamp Out Suicide (SOS) exists to provide a free phone line counselling service for anyone in England, Scotland, Northern Ireland and Wales living with suicidal thoughts. The other objective is to increase awareness within the UK community about SOS.

We also provide suicide prevention training to people from many different walks of life. We believe that the more people trained in suicide prevention the death rate by suicide will be reduced.

Information regarding the organisation

SOS provides free professional confidential over the phone counselling for anyone living with suicidal thoughts. SOS provides a number that one can text and one will receive a call back from a fully qualified counsellor for as long as required.

The charity is based in Warrington and our counsellors are based in different parts of the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Since 2019 we have trained over 150 people in suicide prevention and our aim is to train many more in the future.

What has been done this year

For the year ending 2022 we have completed training courses in Manchester, Liverpool, Warrington and The Isle of Man.

FINANCIAL REVIEW

Reserves policy

The charity's funds are managed to ensure the certainty of running expenses being available at any point in time.

FUTURE PLANS

The charity will continue to raise funds for and increase awareness of the work of SOS.

There is tremendous goodwill and momentum in the charity with new donors and volunteers. We plan to continue building on this in 2022/2023.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The board of trustees administers the charity. Colm Farrell is the Manager and is in charge of overseeing the day to day affairs.

Induction and training of new trustees

New trustees undergo a briefing on their legal obligations under company and charity law.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees are satisfied that systems are in place to manage those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Stamp out Suicide Limited

**Report of the Trustees
for the Year Ended 30 June 2022**

Registered Charity number

1171162

Registered office

35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees

J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 28 February 2023 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Statement of Financial Activities
for the Year Ended 30 June 2022**

		2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>31,557</u>	<u>27,684</u>
EXPENDITURE ON			
Raising funds	2	32,817	28,768
Other		<u>-</u>	<u>424</u>
Total		<u>32,817</u>	<u>29,192</u>
NET INCOME/(EXPENDITURE)		(1,260)	(1,508)
RECONCILIATION OF FUNDS			
Total funds brought forward		3,153	4,661
TOTAL FUNDS CARRIED FORWARD		<u><u>1,893</u></u>	<u><u>3,153</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited

Balance Sheet 30 June 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Tangible assets	7	649	2,032
CURRENT ASSETS			
Debtors	8	1,300	-
Cash at bank		605	482
		<u>1,905</u>	<u>482</u>
CREDITORS			
Amounts falling due within one year	9	(661)	639
NET CURRENT ASSETS		<u>1,244</u>	<u>1,121</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,893</u>	<u>3,153</u>
NET ASSETS		<u>1,893</u>	<u>3,153</u>
FUNDS	10		
Unrestricted funds		<u>1,893</u>	<u>3,153</u>
TOTAL FUNDS		<u>1,893</u>	<u>3,153</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 February 2023 and were signed on its behalf by:

J McGibbon - Trustee

**Notes to the Financial Statements
for the Year Ended 30 June 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Support costs	32,817	28,768

Stamp out Suicide Limited

Notes to the Financial Statements - continued for the Year Ended 30 June 2022

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	1,383	1,386
Deficit on disposal of fixed assets	-	424
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2022 nor for the year ended 30 June 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2022 nor for the year ended 30 June 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administration	1	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	27,684
	<u> </u>
EXPENDITURE ON	
Raising funds	28,768
Other	424
	<u> </u>
Total	29,192
	<u> </u>
NET INCOME/(EXPENDITURE)	(1,508)
RECONCILIATION OF FUNDS	
Total funds brought forward	4,661
	<u> </u>
TOTAL FUNDS CARRIED FORWARD	3,153
	<u> </u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2022

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2021 and 30 June 2022	4,157
DEPRECIATION	
At 1 July 2021	2,125
Charge for year	1,383
At 30 June 2022	3,508
NET BOOK VALUE	
At 30 June 2022	649
At 30 June 2021	2,032

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	1,300	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Social security and other taxes	498	498
Other creditors	163	163
Net wages	-	(1,300)
	661	(639)

10. MOVEMENT IN FUNDS

	At 1.7.21 £	Net movement in funds £	At 30.6.22 £
Unrestricted funds			
General fund	3,153	(1,260)	1,893
TOTAL FUNDS	3,153	(1,260)	1,893

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,557	(32,817)	(1,260)
TOTAL FUNDS	31,557	(32,817)	(1,260)

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2022

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.7.20 £	Net movement in funds £	At 30.6.21 £
Unrestricted funds			
General fund	4,661	(1,508)	3,153
TOTAL FUNDS	<u>4,661</u>	<u>(1,508)</u>	<u>3,153</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	27,684	(29,192)	(1,508)
TOTAL FUNDS	<u>27,684</u>	<u>(29,192)</u>	<u>(1,508)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.20 £	Net movement in funds £	At 30.6.22 £
Unrestricted funds			
General fund	4,661	(2,768)	1,893
TOTAL FUNDS	<u>4,661</u>	<u>(2,768)</u>	<u>1,893</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	59,241	(62,009)	(2,768)
TOTAL FUNDS	<u>59,241</u>	<u>(62,009)</u>	<u>(2,768)</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2022**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2022.

12. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited

**Detailed Statement of Financial Activities
for the Year Ended 30 June 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	30,507	14,195
Other income	1,050	13,489
	<hr/>	<hr/>
	31,557	27,684
	<hr/>	<hr/>
Total incoming resources	31,557	27,684
 EXPENDITURE		
Other		
Loss on sale of tangible fixed assets	-	424
 Support costs		
Management		
Wages	17,072	16,423
Pensions	1,289	986
Insurance	-	74
Postage, stationery and telephone	6,292	5,944
Sundries	1,884	8
Travelling	3,226	130
Supervision	40	-
Repairs	1,171	1,151
Legal and professional	180	936
Training Costs	280	1,730
Computer equipment	1,383	1,386
	<hr/>	<hr/>
	32,817	28,768
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Total resources expended	32,817	29,192
	<hr/>	<hr/>
Net expenditure	(1,260)	(1,508)
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This page does not form part of the statutory financial statements