

STAMP OUT SUICIDE LIMITED

England & Wales - Charity number 1171162

Details

Status Registered

Legal form Charitable company

Company number [09644423](#)

Registered 2017-01-17

Register [View on the Charity Commission register](#)

Contact

Address 35 Yardley Avenue
Warrington
WA5 0BQ

Phone 07468491587

Email Info@stampoutsuicide.co.uk

Website WWW.STAMPOUTSUICIDE.CO.UK

Activities

Objects: A. THE RELIEF OF THE PHYSICAL AND MENTAL SICKNESS OF PERSONS AT RISK OF SUICIDE, IN PARTICULAR BY THE PROVISION OF DIRECT AND INDIRECT COUNSELLING AND SUPPORT FOR SUCH PERSONS. B. THE RELIEF OF PERSONS SUFFERING FROM THE CONCERN OF THE PHYSICAL AND MENTAL SICKNESS OF ANOTHER PERSON AT RISK OF SUICIDE, OR THE BEREAVEMENT OR LOSS RESULTING FROM ANOTHER PERSON AT RISK OF SUICIDE, IN PARTICULAR BY THE PROVISION OF DIRECT AND INDIRECT COUNSELLING AND SUPPORT FOR SUCH PERSONS. C. TO ADVANCE THE EDUCATION OF THE PUBLIC IN ALL AREAS RELATING TO SUICIDE, ITS PREVENTION AND SUICIDE BEREAVEMENT, AND TO ADVANCE THE EDUCATION AND TRAINING OF INDIVIDUALS TO DELIVER COUNSELLING AND SUPPORT.

Activities: Stamp Out Suicide (SOS) exists to provide a free phone line counselling service for anyone in England, Scotland and Wales living with suicidal thoughts. The other objective is to increase awareness with the UK community about SOS.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£29,905	£28,621	-	-
2024-06-30	£29,905	£28,621	-	-
2023-06-30	£23,438	£23,333	-	-
2022-06-30	£31,557	£32,817	-	-
2021-06-30	£27,684	£28,768	-	-
2020-06-30	£24,977	£24,423	-	-

Trustees

Name	Role	Appointed
KEVIN ROUSE	Chair	2015-06-17
ALAN MONAGHAN		2015-06-17
JAMES MCGIBBON		2015-06-17

STAMP OUT SUICIDE LIMITED

England & Wales - Charity number 1171162

Accounts

REGISTERED COMPANY NUMBER: 09644423 (England and Wales)
REGISTERED CHARITY NUMBER: 1171162

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2025
for
Stamp out Suicide Limited**

Bourne & Co.
Chartered Accountants
47a Queen Street
Derby
Derbyshire
DE1 3DE

Stamp out Suicide Limited

**Contents of the Financial Statements
for the Year Ended 30 June 2025**

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Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Mission

Stamp Out Suicide (SOS) provides a free, confidential telephone counselling service to individuals across England, Scotland, Northern Ireland, and Wales who are experiencing suicidal thoughts. Additionally, SOS works to raise awareness of suicide prevention within communities across the UK.

Our Work

We offer suicide prevention training to individuals from diverse backgrounds. Our belief is that by equipping more people with the knowledge and skills to intervene, we can help reduce the suicide rate across the country.

Our Services

SOS provides professional, confidential counselling via phone to those struggling with suicidal thoughts. Individuals can reach out via text, and a fully qualified counsellor will return their call, providing support for as long as necessary. While the charity is based in Warrington, our counsellors operate remotely from various locations across the UK.

Public benefit

In reviewing our goals and planning for the future, we have adhered to the Charity Commission's guidance on public benefit. The trustees carefully assess how each of our activities contributes to our mission and objectives.

ACHIEVEMENTS AND PERFORMANCE

Progress Since 2019

Since 2019, the charity has continued to expand its suicide-prevention work, delivering training to individuals across the UK and Ireland. To date, over 150 people have been trained in suicide awareness and intervention skills. The charity remains committed to increasing access to this training, particularly within communities identified as being at higher risk.

Key Activities in 2024-2025

During the year, the charity delivered suicide-prevention training sessions on the Isle of Man, in Warrington, and via online platforms, allowing participants to access training regardless of location. These sessions focused on recognising warning signs, having safe conversations, and signposting individuals to appropriate sources of support.

In addition to the training activity, the charity staged a touring theatrical production focused on suicide awareness and lived experience. Performances took place in Liverpool, Manchester, Warrington and London. The production aimed to encourage open discussion around suicide, reduce stigma, promote help-seeking behaviour, and raise funds to support the charity's work.

FINANCIAL REVIEW

Reserves policy

Our financial strategy ensures that the charity maintains sufficient funds to cover operational expenses at all times, providing financial stability and continuity of service.

FUTURE PLANS

Looking ahead, the charity plans to continue fundraising through a range of community-based events and initiatives. The charity also plans to extend the tour of its suicide-awareness theatrical production during late 2025, reaching additional locations across the UK. This work will further support the charity's objective of improving public understanding of suicide prevention and enabling communities to contribute to reducing suicide risk.

The charity continues to receive growing support from donors and volunteers. The trustees are committed to building on this momentum throughout 2025 and beyond, ensuring the charity remains sustainable while increasing its reach and impact.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Stamp Out Suicide operates as a limited company, governed by a deed of trust, in accordance with the Companies Act 2006.

Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The charity is overseen by a board of trustees. Colm Farrell serves as the Manager, responsible for the organisation's day-to-day operations.

Induction and training of new trustees

New trustees receive a comprehensive briefing on their legal responsibilities under both company and charity law.

Risk management

The trustees regularly review potential risks to the charity and implement appropriate measures to mitigate fraud and errors. We are confident that adequate systems are in place to manage these risks effectively

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Registered Charity number

1171162

Registered office

35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees

J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 17 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 11 February 2026 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Statement of Financial Activities
for the Year Ended 30 June 2025**

		2025 Unrestricted fund £	2024 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>63,013</u>	<u>29,905</u>
EXPENDITURE ON			
Raising funds	2	<u>41,643</u>	<u>28,621</u>
NET INCOME		21,370	1,284
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>3,282</u>	<u>1,998</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>24,652</u></u>	<u><u>3,282</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited

**Balance Sheet
30 June 2025**

	Notes	2025 Unrestricted fund £	2024 Total funds £
FIXED ASSETS			
Tangible assets	7	1,033	681
CURRENT ASSETS			
Cash at bank		24,192	2,601
CREDITORS			
Amounts falling due within one year	8	(573)	-
NET CURRENT ASSETS		23,619	2,601
TOTAL ASSETS LESS CURRENT LIABILITIES		24,652	3,282
NET ASSETS		24,652	3,282
FUNDS	9		
Unrestricted funds		24,652	3,282
TOTAL FUNDS		24,652	3,282

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 February 2026 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Notes to the Financial Statements for the Year Ended 30 June 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Support costs	41,643	28,621

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Depreciation - owned assets	679	531

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2025**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2025 nor for the year ended 30 June 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2025 nor for the year ended 30 June 2024.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
Administration	1	1
	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	29,905
	<u>29,905</u>
EXPENDITURE ON	
Raising funds	28,621
	<u>28,621</u>
NET INCOME	1,284
RECONCILIATION OF FUNDS	
Total funds brought forward	1,998
	<u>1,998</u>
TOTAL FUNDS CARRIED FORWARD	<u>3,282</u>

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2024	5,178
Additions	1,031
	<u>6,209</u>
At 30 June 2025	6,209
DEPRECIATION	
At 1 July 2024	4,497
Charge for year	679
	<u>5,176</u>
At 30 June 2025	5,176
NET BOOK VALUE	
At 30 June 2025	<u>1,033</u>
At 30 June 2024	<u>681</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2025

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Social security and other taxes	573	-

9. MOVEMENT IN FUNDS

	At 1.7.24 £	Net movement in funds £	At 30.6.25 £
Unrestricted funds			
General fund	3,282	21,370	24,652
TOTAL FUNDS	<u>3,282</u>	<u>21,370</u>	<u>24,652</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,013	(41,643)	21,370
TOTAL FUNDS	<u>63,013</u>	<u>(41,643)</u>	<u>21,370</u>

Comparatives for movement in funds

	At 1.7.23 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	1,998	1,284	3,282
TOTAL FUNDS	<u>1,998</u>	<u>1,284</u>	<u>3,282</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,905	(28,621)	1,284
TOTAL FUNDS	<u>29,905</u>	<u>(28,621)</u>	<u>1,284</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2025**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.23 £	Net movement in funds £	At 30.6.25 £
Unrestricted funds			
General fund	1,998	22,654	24,652
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,998</u>	<u>22,654</u>	<u>24,652</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	92,918	(70,264)	22,654
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>92,918</u>	<u>(70,264)</u>	<u>22,654</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2025.

11. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited

Detailed Statement of Financial Activities
for the Year Ended 30 June 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	63,013	29,905
Total incoming resources	63,013	29,905
EXPENDITURE		
Support costs		
Management		
Wages	19,503	14,522
Insurance	75	75
Postage, stationery and telephone	7,640	5,633
Sundries	1,414	2,347
Travelling	10,320	5,514
Repairs	1,911	-
Legal and professional	100	-
Computer equipment	680	530
	<u>41,643</u>	<u>28,621</u>
Total resources expended	41,643	28,621
Net income	<u>21,370</u>	<u>1,284</u>

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<http://www.virtualcabinetportal.com/WhatIsUTC>

Signature 1

Signed by James McGibbon using authentication code SndKa0s2PFNUeXxx at IP address 51.52.247.130, on 2026/02/11 15:21:26 Z.

James McGibbon's e-mail address is: James.McGibbon@krouse.co.uk.

STAMP OUT SUICIDE LIMITED

England & Wales - Charity number 1171162

Accounts

REGISTERED COMPANY NUMBER: 09644423 (England and Wales)
REGISTERED CHARITY NUMBER: 1171162

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2024
for
Stamp out Suicide Limited**

Bourne & Co.
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47a Queen Street
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Stamp out Suicide Limited

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for the Year Ended 30 June 2024**

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Stamp out Suicide Limited
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for the Year Ended 30 June 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Mission

Stamp Out Suicide (SOS) provides a free, confidential telephone counselling service to individuals across England, Scotland, Northern Ireland, and Wales who are experiencing suicidal thoughts. Additionally, SOS works to raise awareness of suicide prevention within communities across the UK.

Our Work

We offer suicide prevention training to individuals from diverse backgrounds. Our belief is that by equipping more people with the knowledge and skills to intervene, we can help reduce the suicide rate across the country.

Our Services

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Public benefit

In reviewing our goals and planning for the future, we have adhered to the Charity Commission's guidance on public benefit. The trustees carefully assess how each of our activities contributes to our mission and objectives.

ACHIEVEMENT AND PERFORMANCE

Progress Since 2019

Since 2019, we have successfully trained over 150 individuals in suicide prevention and remain committed to expanding our training initiatives in the years to come.

Key Activities in 2024-2025

Over the past year, we conducted training courses on the Isle of Man, in Warrington, and online, equipping participants with suicide prevention skills. Additionally, we staged a play about suicide awareness in Liverpool, Manchester, and Warrington and London. This theatrical production aimed to foster open discussions about suicide, encourage individuals to seek help, and raise funds for our charity.

FINANCIAL REVIEW

Reserves policy

Our financial strategy ensures that the charity maintains sufficient funds to cover operational expenses at all times, providing financial stability and continuity of service.

FUTURE PLANS

Looking ahead, we plan to continue fundraising through various events. We also aim to extend the tour of our play in late 2025, further promoting awareness about suicide and how communities can actively contribute to reducing suicide rates in the UK.

The charity has gained significant support from new donors and volunteers, and we are committed to building on this momentum throughout 2024 and beyond.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Stamp Out Suicide operates as a limited company, governed by a deed of trust, in accordance with the Companies Act 2006.

Organisational structure

The charity is overseen by a board of trustees. Colm Farrell serves as the Manager, responsible for the organisation's day-to-day operations.

Induction and training of new trustees

New trustees receive a comprehensive briefing on their legal responsibilities under both company and charity law.

Stamp out Suicide Limited

**Report of the Trustees
for the Year Ended 30 June 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees regularly review potential risks to the charity and implement appropriate measures to mitigate fraud and errors. We are confident that adequate systems are in place to manage these risks effectively

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Registered Charity number

1171162

Registered office

35 Yardley Avenue
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Cheshire
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Trustees

J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 10 March 2025 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Statement of Financial Activities
for the Year Ended 30 June 2024**

		2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>29,905</u>	<u>23,438</u>
EXPENDITURE ON			
Raising funds	2	<u>28,621</u>	<u>23,333</u>
NET INCOME		1,284	105
RECONCILIATION OF FUNDS			
Total funds brought forward		1,998	1,893
TOTAL FUNDS CARRIED FORWARD		<u><u>3,282</u></u>	<u><u>1,998</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited

**Balance Sheet
30 June 2024**

	Notes	2024 Unrestricted fund £	2023 Total funds £
FIXED ASSETS			
Tangible assets	7	681	918
CURRENT ASSETS			
Debtors	8	-	700
Cash at bank		2,601	547
		<u>2,601</u>	<u>1,247</u>
CREDITORS			
Amounts falling due within one year	9	-	(167)
		<u>2,601</u>	<u>1,080</u>
NET CURRENT ASSETS			
		<u>2,601</u>	<u>1,080</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		3,282	1,998
		<u>3,282</u>	<u>1,998</u>
NET ASSETS		<u>3,282</u>	<u>1,998</u>
FUNDS			
Unrestricted funds	10	3,282	1,998
		<u>3,282</u>	<u>1,998</u>
TOTAL FUNDS		<u>3,282</u>	<u>1,998</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 10 March 2025 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Notes to the Financial Statements
for the Year Ended 30 June 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Support costs	<u>28,621</u>	<u>23,333</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Depreciation - owned assets	<u>531</u>	<u>458</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2024**

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2024 nor for the year ended 30 June 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2024 nor for the year ended 30 June 2023.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
Administration	1	1
	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	23,438
	<u>23,438</u>
EXPENDITURE ON	
Raising funds	23,333
	<u>23,333</u>
NET INCOME	105
RECONCILIATION OF FUNDS	
Total funds brought forward	1,893
	<u>1,893</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,998</u>

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2023	4,884
Additions	294
	<u>5,178</u>
At 30 June 2024	5,178
DEPRECIATION	
At 1 July 2023	3,966
Charge for year	531
	<u>4,497</u>
At 30 June 2024	4,497
NET BOOK VALUE	
At 30 June 2024	681
	<u>681</u>
At 30 June 2023	918
	<u>918</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2024

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2024	2023
		£	£
Other debtors		-	700
		<u> </u>	<u> </u>
9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2024	2023
		£	£
Social security and other taxes		-	167
		<u> </u>	<u> </u>
10. MOVEMENT IN FUNDS			
	At 1.7.23	Net movement	At
	£	in funds	30.6.24
		£	£
Unrestricted funds			
General fund	1,998	1,284	3,282
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>1,998</u>	<u>1,284</u>	<u>3,282</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	29,905	(28,621)	1,284
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>29,905</u>	<u>(28,621)</u>	<u>1,284</u>

Comparatives for movement in funds

	At 1.7.22	Net movement	At
	£	in funds	30.6.23
		£	£
Unrestricted funds			
General fund	1,893	105	1,998
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>1,893</u>	<u>105</u>	<u>1,998</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	23,438	(23,333)	105
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>23,438</u>	<u>(23,333)</u>	<u>105</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2024**

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.22 £	Net movement in funds £	At 30.6.24 £
Unrestricted funds			
General fund	1,893	1,389	3,282
	<u>1,893</u>	<u>1,389</u>	<u>3,282</u>
TOTAL FUNDS	<u>1,893</u>	<u>1,389</u>	<u>3,282</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,343	(51,954)	1,389
	<u>53,343</u>	<u>(51,954)</u>	<u>1,389</u>
TOTAL FUNDS	<u>53,343</u>	<u>(51,954)</u>	<u>1,389</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2024.

12. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited
Detailed Statement of Financial Activities
for the Year Ended 30 June 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	29,905	23,438
Total incoming resources	<u>29,905</u>	<u>23,438</u>
EXPENDITURE		
Support costs		
Management		
Wages	14,522	12,597
Insurance	75	74
Postage, stationery and telephone	5,633	4,970
Sundries	2,347	1,920
Travelling	5,514	2,503
Repairs	-	660
Legal and professional	-	150
Computer equipment	530	459
	<u>28,621</u>	<u>23,333</u>
Total resources expended	<u>28,621</u>	<u>23,333</u>
Net income	<u><u>1,284</u></u>	<u><u>105</u></u>

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Signature 1

Signed by Colm Farrell using authentication code QjNYcDZVVj9iMlgp at IP address 148.252.133.186, on 2025/03/12 10:23:08 Z.

Colm Farrell's e-mail address is: colmpfarrell@yahoo.com.

STAMP OUT SUICIDE LIMITED

England & Wales - Charity number 1171162

Accounts

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2022
for
Stamp out Suicide Limited**

Bourne & Co.
Chartered Accountants
3 Charnwood Street
Derby
Derbyshire
DE1 2GY

Stamp out Suicide Limited

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for the Year Ended 30 June 2022**

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Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Stamp Out Suicide (SOS) exists to provide a free phone line counselling service for anyone in England, Scotland, Northern Ireland and Wales living with suicidal thoughts. The other objective is to increase awareness within the UK community about SOS.

We also provide suicide prevention training to people from many different walks of life. We believe that the more people trained in suicide prevention the death rate by suicide will be reduced.

Information regarding the organisation

SOS provides free professional confidential over the phone counselling for anyone living with suicidal thoughts. SOS provides a number that one can text and one will receive a call back from a fully qualified counsellor for as long as required.

The charity is based in Warrington and our counsellors are based in different parts of the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Since 2019 we have trained over 150 people in suicide prevention and our aim is to train many more in the future.

What has been done this year

For the year ending 2022 we have completed training courses in Manchester, Liverpool, Warrington and The Isle of Man.

FINANCIAL REVIEW

Reserves policy

The charity's funds are managed to ensure the certainty of running expenses being available at any point in time.

FUTURE PLANS

The charity will continue to raise funds for and increase awareness of the work of SOS.

There is tremendous goodwill and momentum in the charity with new donors and volunteers. We plan to continue building on this in 2022/2023.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The board of trustees administers the charity. Colm Farrell is the Manager and is in charge of overseeing the day to day affairs.

Induction and training of new trustees

New trustees undergo a briefing on their legal obligations under company and charity law.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees are satisfied that systems are in place to manage those risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09644423 (England and Wales)

Stamp out Suicide Limited
Report of the Trustees
for the Year Ended 30 June 2022

Registered Charity number
1171162

Registered office
35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees
J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 28 February 2023 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Statement of Financial Activities
for the Year Ended 30 June 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>31,557</u>	<u>27,684</u>
EXPENDITURE ON			
Raising funds	2	32,817	28,768
Other		<u>-</u>	<u>424</u>
Total		<u>32,817</u>	<u>29,192</u>
NET INCOME/(EXPENDITURE)		(1,260)	(1,508)
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>3,153</u>	<u>4,661</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>1,893</u></u>	<u><u>3,153</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited

Balance Sheet
30 June 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Tangible assets	7	649	2,032
CURRENT ASSETS			
Debtors	8	1,300	-
Cash at bank		605	482
		<u>1,905</u>	<u>482</u>
CREDITORS			
Amounts falling due within one year	9	(661)	639
		<u>1,244</u>	<u>1,121</u>
NET CURRENT ASSETS			
		<u>1,893</u>	<u>3,153</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>1,893</u>	<u>3,153</u>
NET ASSETS			
		<u>1,893</u>	<u>3,153</u>
FUNDS			
Unrestricted funds	10	1,893	3,153
TOTAL FUNDS		<u>1,893</u>	<u>3,153</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 February 2023 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

**Notes to the Financial Statements
for the Year Ended 30 June 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Support costs	32,817	28,768

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2022**

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	1,383	1,386
Deficit on disposal of fixed assets	-	424
	<u> </u>	<u> </u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2022 nor for the year ended 30 June 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2022 nor for the year ended 30 June 2021.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administration	1	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>27,684</u>
EXPENDITURE ON	
Raising funds	28,768
Other	<u>424</u>
Total	<u>29,192</u>
NET INCOME/(EXPENDITURE)	(1,508)
RECONCILIATION OF FUNDS	
Total funds brought forward	4,661
TOTAL FUNDS CARRIED FORWARD	<u><u>3,153</u></u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2022

7. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 July 2021 and 30 June 2022	4,157
DEPRECIATION	
At 1 July 2021	2,125
Charge for year	1,383
At 30 June 2022	3,508
NET BOOK VALUE	
At 30 June 2022	649
At 30 June 2021	2,032

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	1,300	-

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Social security and other taxes	498	498
Other creditors	163	163
Net wages	-	(1,300)
	661	(639)

10. MOVEMENT IN FUNDS

	At 1.7.21 £	Net movement in funds £	At 30.6.22 £
Unrestricted funds			
General fund	3,153	(1,260)	1,893
TOTAL FUNDS	3,153	(1,260)	1,893

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	31,557	(32,817)	(1,260)
TOTAL FUNDS	31,557	(32,817)	(1,260)

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2022

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.7.20 £	Net movement in funds £	At 30.6.21 £
Unrestricted funds			
General fund	4,661	(1,508)	3,153
TOTAL FUNDS	<u>4,661</u>	<u>(1,508)</u>	<u>3,153</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	27,684	(29,192)	(1,508)
TOTAL FUNDS	<u>27,684</u>	<u>(29,192)</u>	<u>(1,508)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.20 £	Net movement in funds £	At 30.6.22 £
Unrestricted funds			
General fund	4,661	(2,768)	1,893
TOTAL FUNDS	<u>4,661</u>	<u>(2,768)</u>	<u>1,893</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	59,241	(62,009)	(2,768)
TOTAL FUNDS	<u>59,241</u>	<u>(62,009)</u>	<u>(2,768)</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2022**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2022.

12. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

Stamp out Suicide Limited

**Detailed Statement of Financial Activities
for the Year Ended 30 June 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	30,507	14,195
Other income	1,050	13,489
	<hr/>	<hr/>
	31,557	27,684
	<hr/>	<hr/>
Total incoming resources	31,557	27,684
 EXPENDITURE		
Other		
Loss on sale of tangible fixed assets	-	424
 Support costs		
Management		
Wages	17,072	16,423
Pensions	1,289	986
Insurance	-	74
Postage, stationery and telephone	6,292	5,944
Sundries	1,884	8
Travelling	3,226	130
Supervision	40	-
Repairs	1,171	1,151
Legal and professional	180	936
Training Costs	280	1,730
Computer equipment	1,383	1,386
	<hr/>	<hr/>
	32,817	28,768
	<hr/>	<hr/>
Total resources expended	32,817	29,192
	<hr/>	<hr/>
Net expenditure	<u>(1,260)</u>	<u>(1,508)</u>

This page does not form part of the statutory financial statements

STAMP OUT SUICIDE LIMITED

England & Wales - Charity number 1171162

Accounts

REGISTERED COMPANY NUMBER: 09644423 (England and Wales)
REGISTERED CHARITY NUMBER: 1171162

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2021
for
Stamp out Suicide Limited**

Bourne & Co.
Chartered Accountants
3 Charnwood Street
Derby
Derbyshire
DE1 2GY

Stamp out Suicide Limited

**Contents of the Financial Statements
for the Year Ended 30 June 2021**

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**Report of the Trustees
for the Year Ended 30 June 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Stamp Out Suicide (SOS) exists to provide free phone line counselling service for anyone in England, Scotland and Wales living with suicidal thoughts. The other objective is to increase awareness within the UK community about SOS.

We also provide suicide prevention training to people from many different walks of life. We believe that the more people trained in suicide prevention the death rate by suicide will be reduced.

Information regarding the organisation

SOS provides free professional confidential over the phone counselling for anyone living with suicidal thoughts. SOS provides a number that one can text and one will receive a call back from a fully qualified counsellor for as long as required.

The charity is based in Warrington and our counsellors are based in different parts of the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Since setting up Stamp Out Suicide we have provided free counselling to an increasing number of people living with suicidal thoughts. We have increased the number of fully qualified counsellors volunteering some time to our charity. Since 2019 we have trained over sixty people in suicide prevention and our aim is to train many more in the future.

What has been done this year

For the year ending 2021 we have completed training courses in Manchester and Warrington, we also ran fundraising events in Liverpool, Manchester and Warrington. We had to cancel a couple of fundraisers as a result of the Covid 19 pandemic.

We intend to continue to grow our organisation through social media as well as main stream media in the future.

FINANCIAL REVIEW

Reserves policy

The charity's funds are managed to ensure the certainty of running expenses being available at any point in time.

FUTURE PLANS

The charity will continue to raise funds for and increase awareness of the work of SOS.

There is tremendous goodwill and momentum in the charity with new donors and volunteers. We plan to continue building on this in 2021/2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The board of trustees administers the charity. Colm Farrell is the Manager and is in charge of overseeing the day to day affairs.

Induction and training of new trustees

New trustees undergo a briefing on their legal obligations under company and charity law.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees are satisfied that systems are in place to manage those risks.

**Report of the Trustees
for the Year Ended 30 June 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
09644423 (England and Wales)

Registered Charity number
1171162

Registered office
35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees
J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 25 February 2022 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Statement of Financial Activities
for the Year Ended 30 June 2021

		2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		27,684	24,352
Investment income	2	-	625
Total		<u>27,684</u>	<u>24,977</u>
EXPENDITURE ON			
Raising funds	3	28,768	24,423
Other		424	-
Total		<u>29,192</u>	<u>24,423</u>
NET INCOME/(EXPENDITURE)		<u>(1,508)</u>	<u>554</u>
RECONCILIATION OF FUNDS			
Total funds brought forward		4,661	4,107
TOTAL FUNDS CARRIED FORWARD		<u><u>3,153</u></u>	<u><u>4,661</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited (Registered number: 09644423)

Balance Sheet
30 June 2021

		2021 Unrestricted fund £	2020 Total funds £
FIXED ASSETS	Notes		
Tangible assets	8	2,032	2,403
CURRENT ASSETS			
Cash at bank		482	2,514
CREDITORS			
Amounts falling due within one year	9	639	(256)
NET CURRENT ASSETS		<u>1,121</u>	<u>2,258</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		3,153	4,661
NET ASSETS		<u>3,153</u>	<u>4,661</u>
FUNDS	10		
Unrestricted funds		<u>3,153</u>	<u>4,661</u>
TOTAL FUNDS		<u>3,153</u>	<u>4,661</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 February 2022 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Notes to the Financial Statements for the Year Ended 30 June 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles	- 33% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. INVESTMENT INCOME

	2021	2020
	£	£
Rents received	-	625
	<u> </u>	<u> </u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2021**

3. RAISING FUNDS

Raising donations and legacies

	2021	2020
	£	£
Support costs	28,768	24,423
	<u> </u>	<u> </u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	1,386	1,047
Deficit on disposal of fixed assets	424	-
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2021 nor for the year ended 30 June 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2021 nor for the year ended 30 June 2020.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Administration	1	1
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	24,352
Investment income	625
Total	<u>24,977</u>
EXPENDITURE ON	
Raising funds	24,423
NET INCOME	<u>554</u>
RECONCILIATION OF FUNDS	
Total funds brought forward	4,107
TOTAL FUNDS CARRIED FORWARD	<u>4,661</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2021

8. TANGIBLE FIXED ASSETS

	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 July 2020	2,190	2,218	4,408
Additions	-	1,939	1,939
Disposals	(2,190)	-	(2,190)
	<u> </u>	<u> </u>	<u> </u>
At 30 June 2021	-	4,157	4,157
	<u> </u>	<u> </u>	<u> </u>
DEPRECIATION			
At 1 July 2020	1,266	739	2,005
Charge for year	-	1,386	1,386
Eliminated on disposal	(1,266)	-	(1,266)
	<u> </u>	<u> </u>	<u> </u>
At 30 June 2021	-	2,125	2,125
	<u> </u>	<u> </u>	<u> </u>
NET BOOK VALUE			
At 30 June 2021	-	2,032	2,032
	<u> </u>	<u> </u>	<u> </u>
At 30 June 2020	924	1,479	2,403
	<u> </u>	<u> </u>	<u> </u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	498	112
Other creditors	163	144
Net wages	(1,300)	-
	<u> </u>	<u> </u>
	(639)	256
	<u> </u>	<u> </u>

10. MOVEMENT IN FUNDS

	At 1.7.20 £	Net movement in funds £	At 30.6.21 £
Unrestricted funds			
General fund	4,661	(1,508)	3,153
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>4,661</u>	<u>(1,508)</u>	<u>3,153</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	27,684	(29,192)	(1,508)
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>27,684</u>	<u>(29,192)</u>	<u>(1,508)</u>

Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.7.19 £	Net movement in funds £	At 30.6.20 £
Unrestricted funds			
General fund	4,107	554	4,661
TOTAL FUNDS	<u>4,107</u>	<u>554</u>	<u>4,661</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	24,977	(24,423)	554
TOTAL FUNDS	<u>24,977</u>	<u>(24,423)</u>	<u>554</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.7.19 £	Net movement in funds £	At 30.6.21 £
Unrestricted funds			
General fund	4,107	(954)	3,153
TOTAL FUNDS	<u>4,107</u>	<u>(954)</u>	<u>3,153</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	52,661	(53,615)	(954)
TOTAL FUNDS	<u>52,661</u>	<u>(53,615)</u>	<u>(954)</u>

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2021**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2021.

12. ULTIMATE CONTROLLING PARTY

As a company limited by guarantee, the company is not under the control of any one individual. All decisions are taken by the Board of Directors who are the trustees of the company.

REGISTERED COMPANY NUMBER: 09644423 (England and Wales)
REGISTERED CHARITY NUMBER: 1171162

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2021
for
Stamp out Suicide Limited**

Bourne & Co.
Chartered Accountants
3 Charnwood Street
Derby
Derbyshire
DE1 2GY

Stamp out Suicide Limited

**Contents of the Financial Statements
for the Year Ended 30 June 2021**

	Page
Report of the Trustees	1 to 2
Statement of Financial Activities	3
Balance Sheet	4
Notes to the Financial Statements	5 to 9

**Report of the Trustees
for the Year Ended 30 June 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Stamp Out Suicide (SOS) exists to provide free phone line counselling service for anyone in England, Scotland and Wales living with suicidal thoughts. The other objective is to increase awareness within the UK community about SOS.

We also provide suicide prevention training to people from many different walks of life. We believe that the more people trained in suicide prevention the death rate by suicide will be reduced.

Information regarding the organisation

SOS provides free professional confidential over the phone counselling for anyone living with suicidal thoughts. SOS provides a number that one can text and one will receive a call back from a fully qualified counsellor for as long as required.

The charity is based in Warrington and our counsellors are based in different parts of the UK.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Since setting up Stamp Out Suicide we have provided free counselling to an increasing number of people living with suicidal thoughts. We have increased the number of fully qualified counsellors volunteering some time to our charity. Since 2019 we have trained over sixty people in suicide prevention and our aim is to train many more in the future.

What has been done this year

For the year ending 2021 we have completed training courses in Manchester and Warrington, we also ran fundraising events in Liverpool, Manchester and Warrington. We had to cancel a couple of fundraisers as a result of the Covid 19 pandemic.

We intend to continue to grow our organisation through social media as well as main stream media in the future.

FINANCIAL REVIEW

Reserves policy

The charity's funds are managed to ensure the certainty of running expenses being available at any point in time.

FUTURE PLANS

The charity will continue to raise funds for and increase awareness of the work of SOS.

There is tremendous goodwill and momentum in the charity with new donors and volunteers. We plan to continue building on this in 2021/2022.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

The board of trustees administers the charity. Colm Farrell is the Manager and is in charge of overseeing the day to day affairs.

Induction and training of new trustees

New trustees undergo a briefing on their legal obligations under company and charity law.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees are satisfied that systems are in place to manage those risks.

**Report of the Trustees
for the Year Ended 30 June 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
09644423 (England and Wales)

Registered Charity number
1171162

Registered office
35 Yardley Avenue
Warrington
Cheshire
WA5 0BQ

Trustees
J McGibbon
A M Monaghan
K P Rouse

COMMENCEMENT OF ACTIVITIES

The charity was incorporated on 15 June 2015 and it was granted charitable status on 17 January 2017 under registration number 1171162. The charity is governed by its Memorandum and Articles of Association and is a Private Company Limited by Guarantee.

Approved by order of the board of trustees on 25 February 2022 and signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Statement of Financial Activities
for the Year Ended 30 June 2021

		2021 Unrestricted fund £	2020 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		27,684	24,352
Investment income	2	-	625
Total		<u>27,684</u>	<u>24,977</u>
EXPENDITURE ON			
Raising funds	3	28,768	24,423
Other		424	-
Total		<u>29,192</u>	<u>24,423</u>
NET INCOME/(EXPENDITURE)		<u>(1,508)</u>	<u>554</u>
RECONCILIATION OF FUNDS			
Total funds brought forward		4,661	4,107
TOTAL FUNDS CARRIED FORWARD		<u><u>3,153</u></u>	<u><u>4,661</u></u>

The notes form part of these financial statements

Stamp out Suicide Limited (Registered number: 09644423)

Balance Sheet
30 June 2021

		2021 Unrestricted fund £	2020 Total funds £
FIXED ASSETS	Notes		
Tangible assets	8	2,032	2,403
CURRENT ASSETS			
Cash at bank		482	2,514
CREDITORS			
Amounts falling due within one year	9	639	(256)
NET CURRENT ASSETS		<u>1,121</u>	<u>2,258</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		3,153	4,661
NET ASSETS		<u>3,153</u>	<u>4,661</u>
FUNDS	10		
Unrestricted funds		<u>3,153</u>	<u>4,661</u>
TOTAL FUNDS		<u>3,153</u>	<u>4,661</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 February 2022 and were signed on its behalf by:

J McGibbon - Trustee

Stamp out Suicide Limited

Notes to the Financial Statements for the Year Ended 30 June 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles	- 33% on cost
Computer equipment	- 33% on cost

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Support costs

Administration and head office costs not directly attributable to particular activities are apportioned over the relevant activities pro rata to the value of the income derived from each charitable activity.

2. INVESTMENT INCOME

	2021	2020
	£	£
Rents received	-	625
	=====	=====

Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2021**

3. RAISING FUNDS

Raising donations and legacies

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Total	<u>24,977</u>
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Total funds brought forward	 <u>4,107</u>
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Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2021

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NET BOOK VALUE			
At 30 June 2021	-	2,032	2,032
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Stamp out Suicide Limited

Notes to the Financial Statements - continued
for the Year Ended 30 June 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

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Stamp out Suicide Limited

**Notes to the Financial Statements - continued
for the Year Ended 30 June 2021**

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2021.

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