



2020 - 2021

B:FRIEND

ANNUAL REPORT

Annual Report 2020–2021

ABOUT B:FRIEND

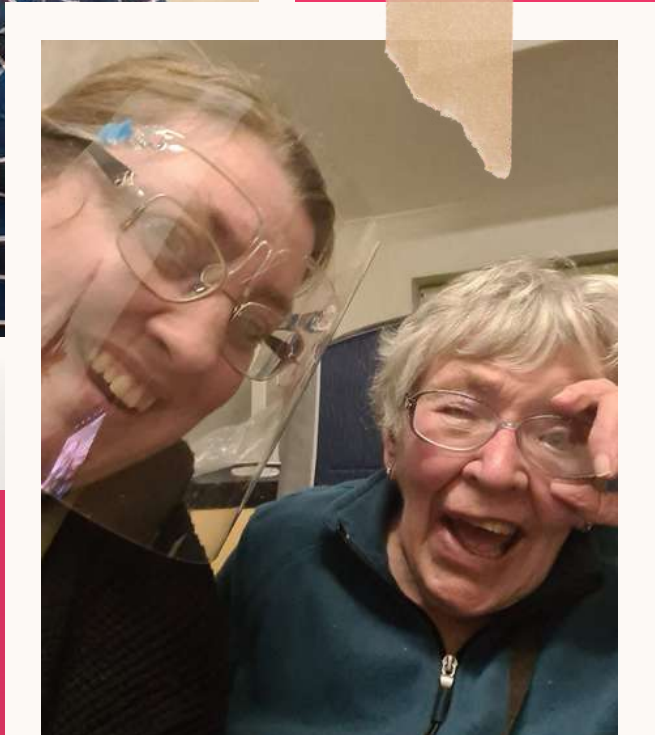
DELIVERY FIGURES

Cover the period of January 1st 2021 –
December 31st 2021

FINANCIAL FIGURES

Cover our accounting year November 1st 2020 –
October 31st 2021





NO ONE
SHOULD HAVE
NO ONE



...tested the Great Basket ... and fell in love with it.
... to rebuild the village as a holiday



“

I've been coming here for over 3 years and I've enjoyed every minute of it. I lost Eric, my husband, and felt that down so I needed to join a club. My friend Jo told me about b:friend and brought me to the club and it's been great. I like coming to be with people so I look forward to Wednesday because I can get out of the house and mix with everybody. Everybody's friendly here

FREDA



QUICK FACT
LAST YEAR WE HOSTED OVER 768-HOURS
OF GROUP SOCIAL CLUB ACTIVITY

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MESSAGE FROM OUR CEO

So much has been happening beyond our control, domestically and internationally, to influence our lives. We've all experienced relative powerlessness over the last year. Something we do control is our time. What we choose to do with it and with whom we choose to spend it.

It continues to inspire knowing so many people choose to spend an hour a week with an older neighbour nearby. They feel the strength gained from connection. That we all derive our happiness from others.

Our awesome staff team continue to support incredible volunteers across our region to create meaningful improvement for isolated people living in our communities. We can only include a few stats and stories in this report but there are hundreds more like them. They demonstrate that we are not powerless and change is just a cuppa away.

This last year has shown that, despite everything we read in the news, there's a lot more good happening just around the corner if we're interested in seeing it.

MIKE NILES
FOUNDER

OUR MISSION & VALUES

I wouldn't be without befriending I really wouldn't. It's changed my life



Reducing social isolation for older people and younger people alike by creating opportunities for community togetherness



Improving well-being through local connections to ensure older people have the confidence, self-worth and agency to reconnect with the people and places around them



Bringing people together to dilute division created by age, heritage, digital skills and attitudinal divides

I don't know where I'd be without this club you know? I really love it

ORGANISATION

b:friend is a Yorkshire charity, founded in January 2017, that pairs volunteer befrienders with socially isolated older neighbours in the community with the aim of reducing social isolation and re-engaging individuals with the people and places around them. At the core of our model people in the community are taking the lead to make real improvements for local people. By popping in once a week for a cuppa and a chat, 1:1 befrienders provide companionship to people that may not speak to another person all week or longer. This low-level preventative measure is vital early action transforming the lives of socially isolated older neighbours. All befrienders received an Enhanced DBS background check, training and two accompanied visits to their assigned older neighbour with a member of the b:friend team.



VALUES

No one should have no one. We believe in facilitating meaningful community connections to transform an individual's value of themselves, reduce their feeling of loneliness and enable them to build resilience in later life.



OUR THOUGHTS

Befriending is not a new concept, and we've never claimed to have cornered the market when it comes to reducing social isolation, but we've been overwhelmed by the uptake of this project in South Yorkshire & Derbyshire. On a daily basis, older neighbours and befrienders alike approach us to explain how this project has completely changed their lives. We were sceptical at first. We know it has impact but 'life changing' is something we weren't initially willing to accept given the once-a-week nature of the volunteering. But it changes a psyche: from monotonous solitude to knowing that someone cares, someone visits and they do it without recompense because they want to.



FAMILY QUOTE...

"MY MUM ATTENDED THE SOCIAL CLUB FOR THE FIRST TIME. SHE COULDN'T STOP TALKING ABOUT HOW MUCH SHE ENJOYED IT. SHE LOVED THE ACTIVITIES WHICH IS GOOD BECAUSE SHE HAD SPENT MONTHS IN FRONT OF THE TV." **STEPH**



QUICK FACT

70% OF OLDER NEIGHBOURS WE SUPPORT ARE OVER THE AGE OF 80





“

These clubs are as good as medication you know. They're just as important. More important!

PAT
NEIGHBOUR, DONCASTER

WHAT WE DO

BEFRIENDING



It's all about spending time together having a cuppa & chat each week. It's face-to-face, local and people become friends rather than volunteers.

Our model:

- A good match isn't just about shared interests
- People feel safe & can 'be themselves'
- No such thing as the 'Perfect Pairing'
- Promote power symmetry
- Opportunities for neighbours to demonstrate their skills & value
- Establish clear boundaries
- Aim for positive endings: onward referral or repair

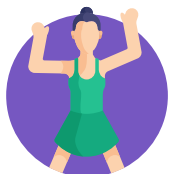
SOCIAL CLUBS



Group connection is a key strand of our intervention. All sessions are unique and each week is different. All activity is rooted in theory but is fun.

Our model:

- Focused on the Five Ways to Wellbeing
- Members feel safe & can 'be themselves'
- Promote shared identity & what people have in common
- Activities are fun & purposeful
- Opportunities for members to demonstrate their skills & value
- Actively encourage co-designed sessions
- Anti-ageism Zone: acceptance of everyone



DID YOU KNOW...

AS A RESULT OF THE PANDEMIC WE'VE INCREASED ACCESSIBILITY TO OUR PROJECT ADDING TELEPHONE BEFRIENDING, BOOK CLUB, WALKING GROUPS



QUICK FACT

WE POURED OVER 3,072 LITRES OF TEA/COFFEE LAST YEAR. THAT'S EQUAL TO THE VOLUME OF WINE PRODUCED BY A MEDIUM SIZED VINEYARD



“

I spent a lot of my time as a kid with older, retired neighbours who became like adopted grandparents, even best friends! I learned a lot from them that made me who I am today. Because of the work that b:friend do, I now get to spend time with my older friend Pamela and even better, so do my kids! Both Pamela and I benefit greatly from our friendship. Life is richer for the diversity of age and life experience. If you have some spare time, I encourage you to consider getting involved

MATTHEW
BEFRIENDER, SHEFFIELD

OUR PARTNERS

We'd like to extend thanks to the awesome organisations that partner with our project. Their commitment to reducing isolation is significant & we're able to achieve huge impact as a result of their belief in a more connected society.

This Club gives me something to get out of bed for



It is life changing. I wasn't going out & now if the weather is nice we go for a little walk



THE NATIONAL
LOTTERY
COMMUNITY FUND



DEARNE AREA
COUNCIL
(BMBC)



MASONIC
CHARITABLE
FOUNDATION



ARGENTO



OUR 1:1 BEFRIENDING



In the last 12-months, we've created over 300 new befriending pairings connecting people locally for weekly social interaction. Birthday meals out, day-trips to the seaside or just a quiet cuppa... these meaningful meet-ups have a huge impact.

**305**

Befriending pairings made

873

Total number of older neighbours connected

15,600

Hours of one-to-one connection

182

Social bundles created & delivered

576

New older & younger neighbours joined the project

4

years is our longest pairing

64

Partner organisations worked with

712

Active befriending connections

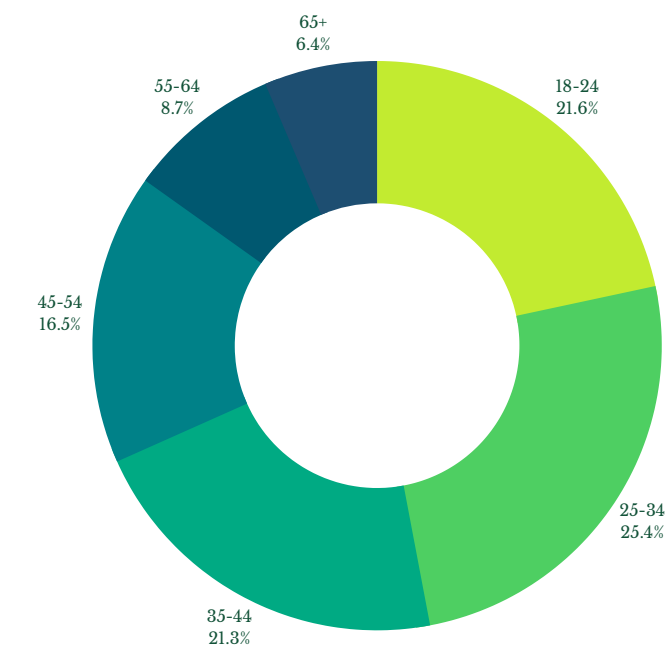


BEFRIENDING IN ACTION



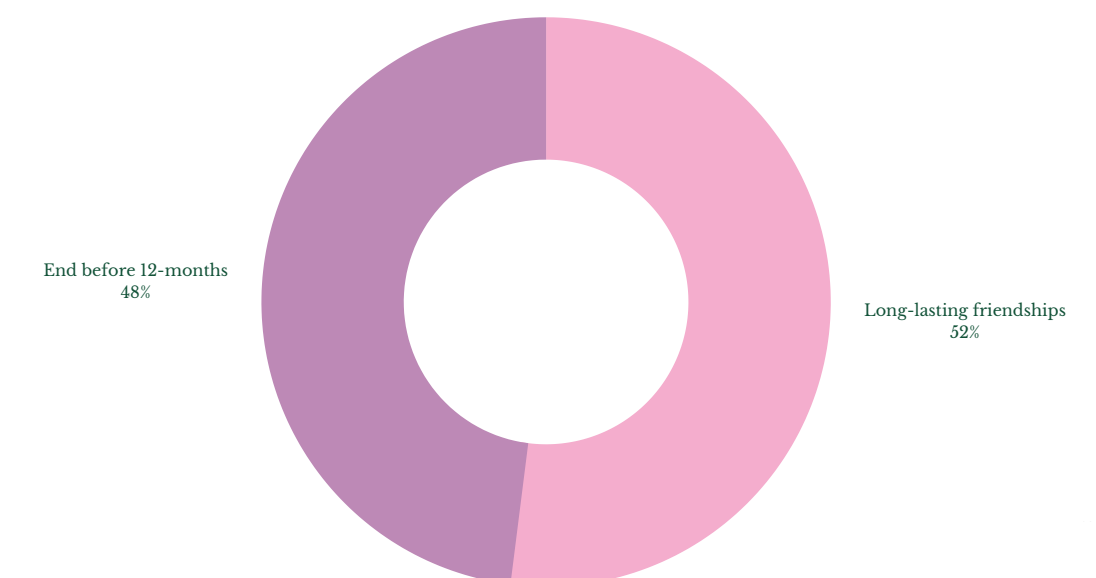
AGE GROUPS OF BEFRIENDERS

Our befrienders give an hour a week to connect with an isolated neighbour nearby. Over 68% of volunteers are under the age of 45 and around 6% of volunteers are themselves aged 65+.



LEGACY PAIRINGS

Over half of all one-to-one community connections made continue beyond 12-months. These become self-sufficient friendships, many of which continue for many years.



LISA & MURIEL



Muriel says befriending has made such a difference to her as it's given her a new friend & something to look forward to each week. Muriel admits that she is quite a shy person & wasn't sure if this would work but she is so glad she gave it a chance.

Muriel: "She's nearly 40 & I'm 86 & it's a lovely relationship we've got. She's so genuine & it really has made a difference to me."

Lisa: "We have a bit of a routine now and we go to the cemetery each week to see her husband & I know this really makes her happy."

HERBERT & MALC



Malc (right) decided he would like to volunteer and support someone in his community as he has found the 1:1 support he received incredibly beneficial. After experiencing bereavement he was paired with befriender Hayley in 2020.

Malc: "b:friend is brilliant! I wouldn't be without Hayley, b:friend has done so much to help me I just wanna give something back."

Malc has stated that he is feeling better about himself now as he is getting out and doing things for both himself and others.



NEIGHBOUR QUOTE...

"THE MOMENT I MET HER IT JUST CLICKED. SHE'S A YOUNG WOMAN BUT I'VE ALWAYS HAD A YOUNG MIND. IT'S NEVER BORING." **BARBARA**



QUICK FACT

92% OF OLDER NEIGHBOURS PAIRED TELL US THEY'RE PLEASED WITH THE PROJECT & RECORDED A 40% RISE IN WELLBEING WHEN SURVEYED



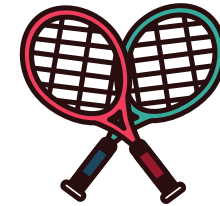


“

It's been a lifeline for me. Every meeting is different & enjoyable. b:friend has made me feel better about myself & given me some confidence back

SANDRA
NEIGHBOUR, DONCASTER

OUR SOCIAL CLUBS



In the last 12-months, we've hosted almost 770-hours of weekly community group sessions welcoming approx. 130 neighbours. No two sessions are ever the same & are all rooted in wellbeing theory. Most importantly, they're great fun!



384

Social Club sessions delivered

360

session in a bag clubs at home

27

awesome Social Club volunteers

180

telephone social club sessions

768

hours of community group activity sessions

9

weekly Social Club sessions

55

unique activity sessions throughout the year

11,520

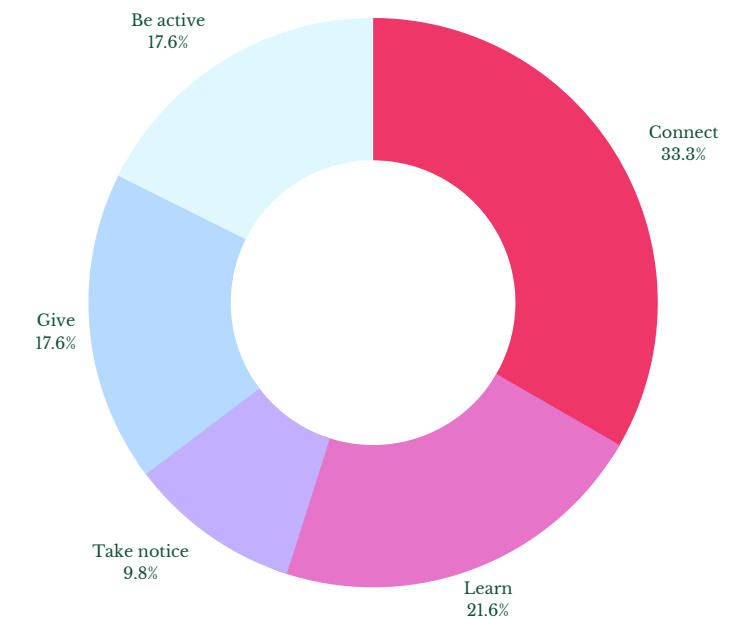
cups of tea/coffee made at club sessions

OUR SOCIAL CLUBS



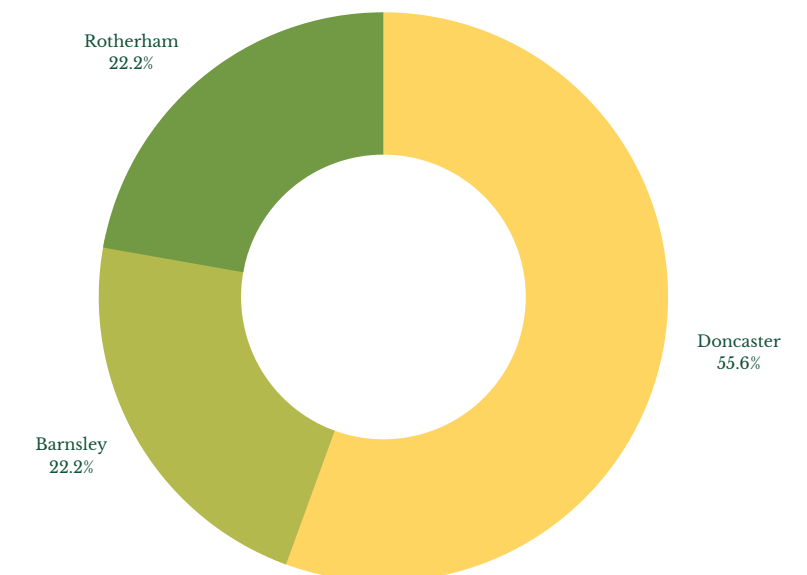
PRIMARY FOCUS OF SESSIONS

Each of our 384 annual Social Club sessions are based on the Five Ways to Wellbeing model. Each has a primary focus but many sessions achieve multiple outcomes. This is the breakdown based on primary objectives.



LOCATIONS

We host 9-weekly Social Clubs in community venues across South Yorkshire. Two clubs in Sheffield closed in 2021 but we have plans to launch two new weekly groups in Sheffield next year.





RITA



After losing her husband, Ted, Rita became very socially isolated. They had always socialised as a couple so she was not used to doing things on her own & found it quite daunting. During the lockdowns Rita joined telephone social calls & sent every single person a birthday card. These were people she didn't know a year ago but now counts as her friends.

Rita: "I was ready for bolting that first time I came but do you know I'm so glad I stayed. I love that club, it's brilliant. I hate to miss it. I didn't have confidence but those girls at the club have made me brave."

GRAHAM



Graham joined the Balby Social Club having recently moved to the area. He came to the club looking lost & was quiet. At the end he would thank staff for making him happy & he always said this with tears in his eyes.

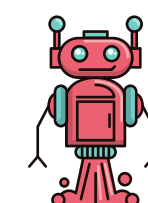
Recently Graham offered to do a spot of gardening for another member of the club & has signed up as a volunteer befriender to support someone else.

He recently told us he can't believe how happy he feels now. He believed he had reached rock bottom but everyone at the Social Club had made him enjoy life again.



FAMILY QUOTE...

"THANKS TO THIS LOVELY GROUP MY MUM HAS STARTED TO LOOK FORWARD TO GOING OUT OF THE HOUSE AGAIN. SHE SAID TODAY WAS GREAT FUN" - RITA'S SON



QUICK FACT

THIS YEAR'S SESSIONS INCLUDED: STREET DANCE, ARMCHAIR TRAVELS, YOGA, BOAT RACING, ROBOT WARS, DESERT ISLAND DISCO & MUCH MORE

SURVEY & EVALUATION



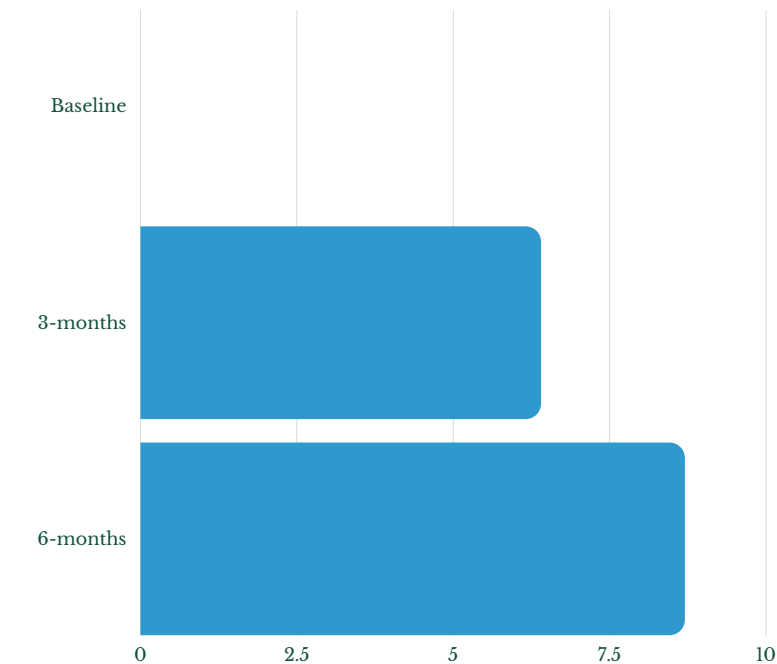
**FOR EVERY £1 INVESTED IN
B:FRIEND THE SOCIAL VALUE
ADDED IS**

£10.12

figure based on 12-month period

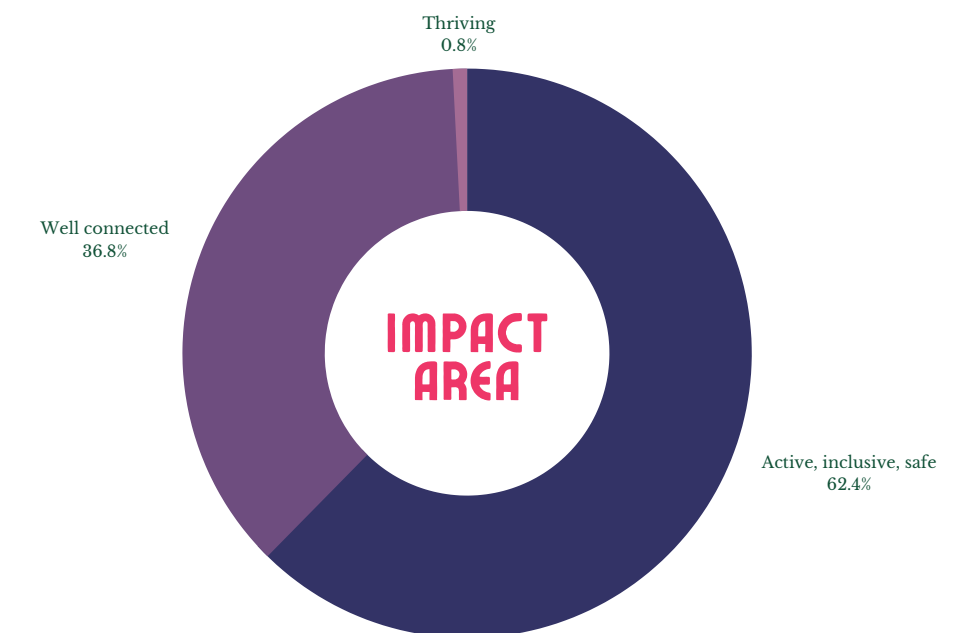
WELLBEING SURVEYS

By conducting the Warwick-Edinburgh Wellbeing scale surveys at clear intervals we can identify an upward trajectory in self-determined wellbeing in the six-months after b:friend intervention. From 0 score at baseline we show improvement over time



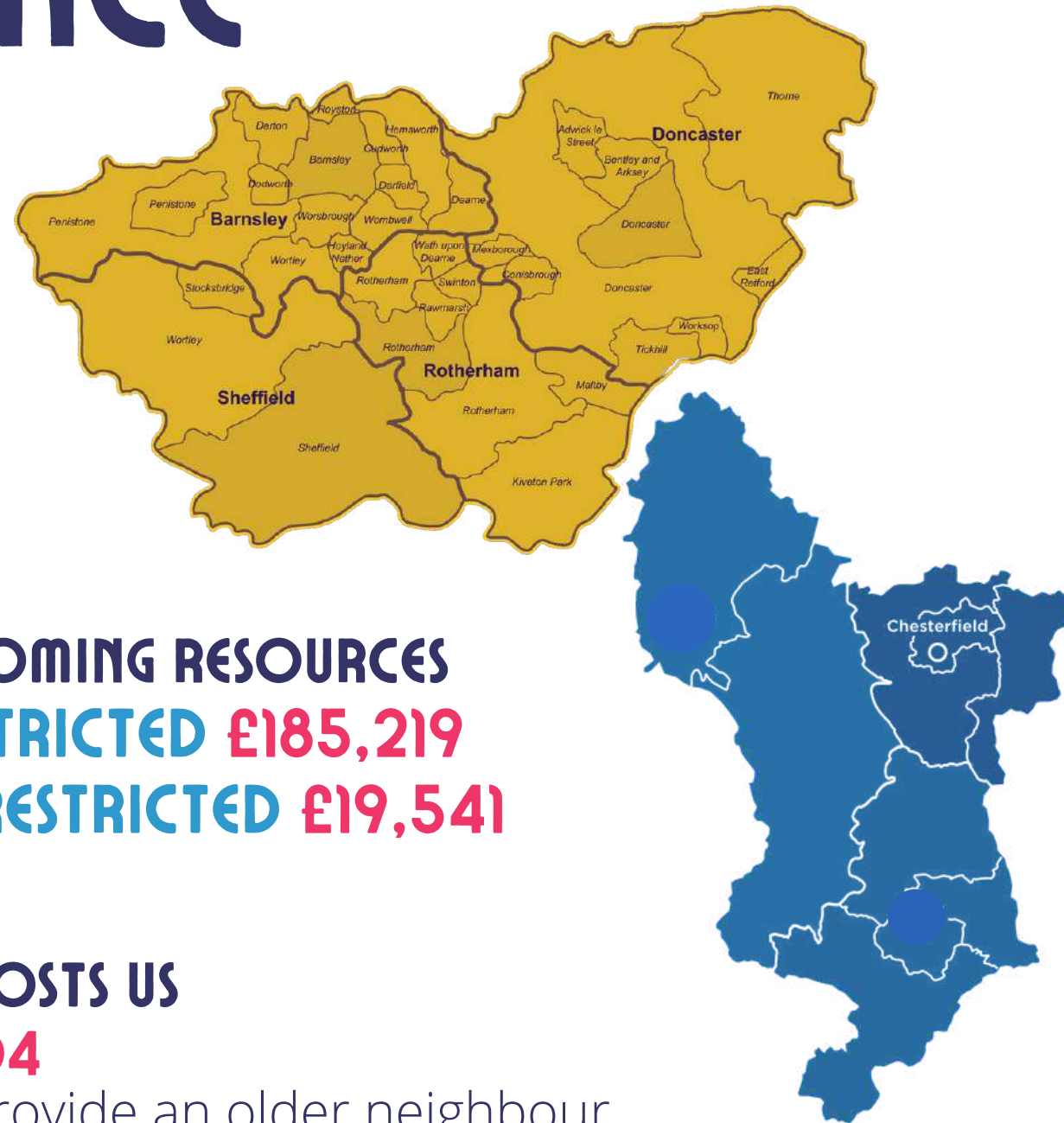
SOCIAL VALUE IMPACT

The Bristol Accord sets out eight characteristics of a sustainable community. Our project focuses on adding social value in a number of impact areas to build stronger communities





FINANCE

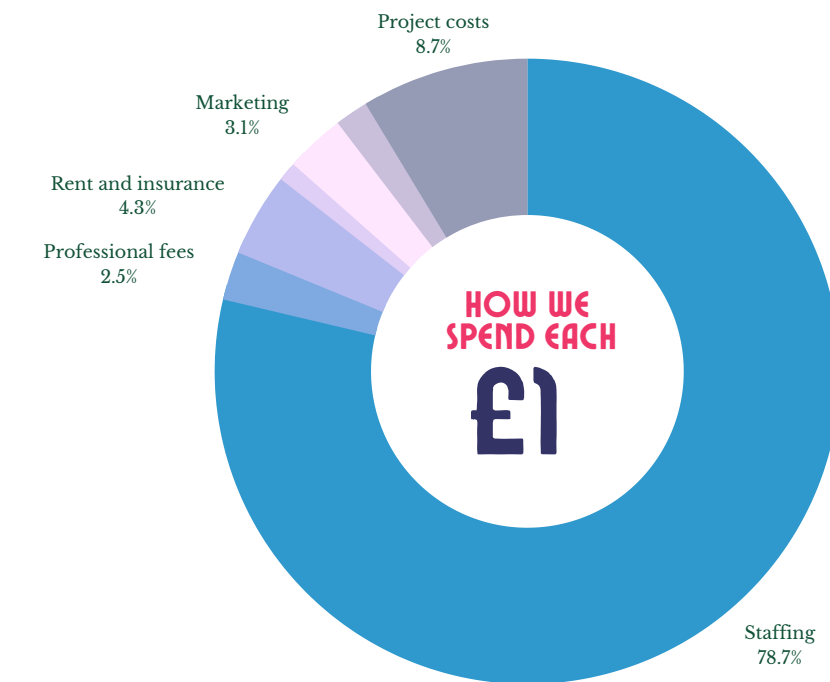


INCOMING RESOURCES
RESTRICTED £185,219
UNRESTRICTED £19,541

IT COSTS US
£204
 to provide an older neighbour
 with weekly social connection
 for a whole year

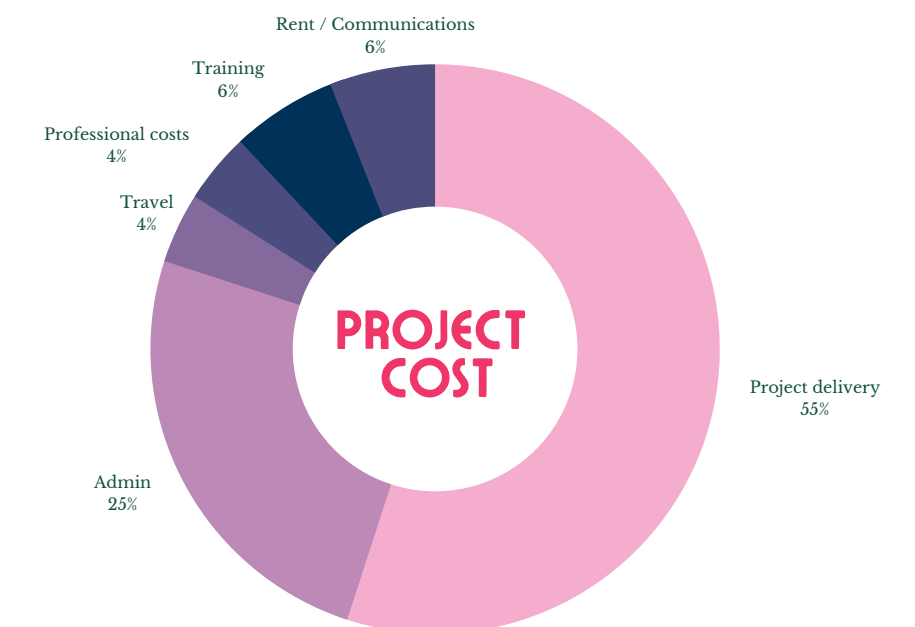
BREAKDOWN OF SPEND

Each of our 384 annual Social Club sessions are based on the Five Ways to Wellbeing model. Each has a primary focus but many sessions achieve multiple outcomes. This is the breakdown based on primary objectives.



BREAKING DOWN OUR COSTS

The majority of our expenditure is on salaries. This enables us to deliver the project across our region along with the dedicated staff resource for documentation, training & travel.



MARYANNE



KAREN



OUR PEOPLE

ZUBAIR

RAYELLA



JENNY



TRACEY

SARA



OUR TRUSTEE & ADVISORY BOARD

Daniel Burton (Chair); Lucy Cole (Vice-chair); Louis Stokes; Tara Walker (Treasurer); Geraint Evans; Kloe Tegg

OUR PLEDGES

To make sure our project is inclusive & representative now & in future, we commit to proactively ensuring:



All social media includes image descriptions for visually impaired



Effective signposting & referral between agencies



Bring people together who do not normally interact, such as intercultural encounters



Proactively tackle discrimination



Increase shared-identity social support groups (SSG)



Buffering any external hostile context & actively myth busting



All online & offline marketing optimised for accessibility



Creating safe, authentic, reciprocal social experiences



Promoting cultural appreciation



1

Strive relentlessly to be an inclusive organisation

We will never discriminate against any persons and pledge to deliver benefit to all people in the communities we support. Our inclusivity pledge:

- Regularly review representation on staff and Board teams
- Ensure all projects are adapted to be accessible to all individuals
- Always review volunteer and beneficiary demographics and pro-actively attempt to reach under-represented communities
- Regularly improve our knowledge of inclusive approaches



3

Pay the UK Living Wage to all staff

Our living wage pledge:

- Always review salaries annually
- Always pay UK Living Wage (outside London)
- Always endeavour to increase salary annually in-line with inflation



2

Champion good mental health by providing access to staff & volunteers

All staff and volunteers can access free CBT counselling. Our mental health pledge:

- Offer no questions access to 24/7 counselling service
- In-person or telephone access 365 days of the year
- Always anonymous, always free
- Additional training opportunities sourced



4

Target net zero annual carbon emissions

Our environmental pledge:

- De-carbonisation strategies including: digitising all activity, no paper documentation
- Paperless office
- Only use contractors with eco-friendly approach (including Amazon following their launch of the Climate Pledge) and those committed to net-zero emissions by 2040
- Credible, quantifiable and local offset



MESSAGE FROM OUR CHAIR

I want to take this opportunity to firstly offer a heartfelt thanks to every member of staff and volunteer that has pulled together once again in uncertain and challenging times to support more older neighbours than ever before.

This year has been an exciting one; a return to face-to-face 1:1 befriending and social clubs, introducing new means of supporting socially-isolated neighbours, and extending our reach in to communities in Derbyshire and further afield. From day one, it's been our mission to go beyond traditional befriending models. We set out to facilitate intergenerational friendships that become part of the fabric of society. We're proud that of the 712 active pairings in 2021, 68% of volunteers are under the age of 45, more than half of community connections become self-sufficient friendships, and that the longest pairing is more than 4 years. This is the b:friend model in action; people in the community taking the lead to make real improvements for local people.

We are committed to making sure b:friend is more inclusive and representative of our communities now and in to the future. It's with great enthusiasm that we enter a new year at b:friend, with the ambition to support even more friends in more communities across the UK. We are all neighbours.

DANIEL BURTON
CHAIR, BOARD OF TRUSTEES

WE'RE ALL
NEIGHBOURS, LET'S

B:FRIEND



/BFRIENDERS



LETS.BFRIEND



@_BFRIEND



07523 698530

B:FRIEND
(A charitable incorporated organisation limited by guarantee)

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2021**

CHARITY NUMBER 1171148

COMPANY NUMBER CE009648

B:FRIEND

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**MANAGEMENT COMMITTEE REPORT FOR THE PERIOD
ENDED 31 OCTOBER 2021**

The Management Committee presents its report and accounts for the year ended 31 October 2021.

Charity information

Management Committee

Daniel Burton	Chairperson
Tara Walker	Treasurer – Appointed August 2021
Louis Stokes	Non-Executive member
Lucy Cole	Non-Executive member
Geraint Evans	Non-Executive member
Melissa Beckett	Non-Executive member – Resigned June 2021
Kloe Tegg	Non-Executive member – Appointed August 2021

Charity Registration number	1171148
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Charity registered office and Operational address	Unit 315 The Workstation 15 Paternoster Row Sheffield S1 2BX
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Secretary	Matthew Cutmore - Resigned August 2021
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Independent examiner	Smith Craven Chartered Accountants Sidings House Sidings Court Doncaster
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Bankers	Santander UK Plc Doncaster
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MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Structure, governance and management

Governing Document

The organisation is a charitable incorporated organisation formed on 17 January 2017 and registered as a charity.

The charity was established under a Constitution which establishes the objects and powers of the charitable company and is governed under its Constitution.

In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The Trustees of the charity for the purposes of charity law and under the charity's Constitution are known as members of the Management Committee. Under the requirements of the Constitution the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

Objectives and Activities

The objectives of the charity are to promote social inclusion amongst elderly persons, in particular, but not exclusive to over 65's, resident in England and Wales and the surrounding areas who are excluded by society, by provision of:

- Befriending services through weekly outreach to individuals.

Such other ways from time to time as the trustees see fit in furtherance with said objects. B:Friend is a not-for-profit organisation.

B:Friend pairs volunteer befrienders with socially isolated older neighbours in the community with the aim of reducing loneliness by reengaging with people and places around them. Our key activities are 1:1 befriending pairings, visiting once a week for a "cuppa" and a chat. B:Friend also provides two hour social clubs, held in various locations that offer peer support through a range of physically and mentally stimulating sessions.

All activities undertaken by the charity are to benefit people in the community, be they volunteers or older neighbours, and all remain equitable with services free at the point of delivery.

Trustees ensure all activities are in accordance with the charity objects outlined in the constitution and are for the public benefit.

MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Achievements and performance

- In the reporting period, the charity has created over 305 x 1:1 befriending pairings across Doncaster, Barnsley, Sheffield and Rotherham. In addition to this our team has supported and managed an additional 650 x 1:1 befriending pairings already in existence.
- Facilitated approximately 768 hours of Social Club activity across the region with weekly activity, peer support and entertainment.
- Collaborated with 64 other charity and community groups, along with statutory health and social care colleagues, on wider social challenges faced across towns and cities we work in.
- Delivered over 9,900 hours of community connection to isolated neighbours

Financial Review

Principal Funding Sources

B:Friend was grateful to receive funding from: The National Lottery Community Fund, Barnsley Metropolitan Borough Council, Sheffield University Union, South Yorkshire Community Fund, Yorkshire Building Society, Virgin Money Giving, Doncaster Metropolitan Borough Council, Coalfields Regeneration Trust, Masonic Charitable Trust, Voluntary Action Doncaster, Voluntary Action Rotherham, Charles Hayward Foundation, Cleaves & Whitehead Foundation, LNER and Public Health Doncaster.

Reserve Policy

As a policy, it has always been felt prudent to maintain reserves at a level whereby at least three months expenditure could be met in the event of a significant loss of funding.

MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Statement of Management Committee's Responsibilities

Charity law requires the Management Committee to prepare financial statements for each financial period which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the Management Committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities SORP (FRS102). The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 2.

In accordance with charities law, as the CIO's trustees, we certify that:

- so far as we are aware, there is no relevant accounting information of which the charity's independent examiners are unaware; and
- as the trustees of the CIO, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounting information and to establish that the charity's independent examiners are aware of that information.

Approval

This report was approved by the Management Committee on

and signed on its behalf by:

Tara Walker

Treasurer

B:FRIEND

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of B:Friend on the accounts for the period ended 31 October 2021 set out on pages 7 to 15

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ('the Act').

The trustees consider that an audit is not required for this period under section 144(2) of the Act, and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking of explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; and;
- or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kelvin Fitton BA FCA
For and on behalf of Smith Craven
Chartered Accountants
Sidings Court
Doncaster DN4 5NU

Dated:

B:FRIEND

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)

YEAR ENDED 31ST OCTOBER 2021

	Note	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
INCOMING RESOURCES					
Income and endowments from:					
Donations and gifts		11,041	199,948	210,989	251,166
Charitable activities		-	-	-	3,319
Total		<u>11,041</u>	<u>199,948</u>	<u>210,989</u>	<u>254,485</u>
RESOURCES EXPENDED					
	3				
Expenditure on:					
Raising funds		-	5,147	5,147	2,224
Charitable activities		22,247	143,708	165,955	178,160
Total		<u>22,247</u>	<u>148,855</u>	<u>171,101</u>	<u>180,384</u>
Transfer between funds		45,615	(45,615)	-	-
Net movement in funds		34,409	5,478	39,887	74,101
Reconciliation of funds:					
Total funds brought forward		38,175	109,386	147,561	73,460
Total funds carried forward		<u>72,584</u>	<u>114,862</u>	<u>187,446</u>	<u>147,561</u>

The statement of financial activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

B:FRIEND

BALANCE SHEET

AT 31ST OCTOBER 2021

Company No: CE009648

	Note	Unrestricted funds £	Restricted funds £	Total funds £	Prior year funds £
FIXED ASSETS					
Tangible assets	6	-	2,802	2,802	4,683
Total fixed assets		-	2,802	2,802	4,683
CURRENT ASSETS					
Debtors	7	-	7,813	7,813	1,077
Cash at bank and in hand		72,584	157,658	230,242	209,120
Total current assets		72,584	165,471	238,055	210,197
CREDITORS: amounts falling due within one year					
	8	-	53,411	53,411	67,319
Net current assets		72,584	112,060	184,644	142,878
Total assets less current liabilities		72,584	114,862	187,446	147,561
FUNDS OF THE CHARITY					
Restricted income funds	9	-	114,862	114,862	109,386
Unrestricted funds		72,584	-	72,584	38,175
Total funds		72,584	114,862	187,446	147,561

Approved by the trustees on

Signed:

On behalf of the trustees

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

1 BASIS OF PREPARATION

Basis of Accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these accounts. The accounts have been prepared in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The financial statements are prepared in sterling, which is the functional currency of the charity.

2 ACCOUNTING POLICIES

INCOMING RESOURCES

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

2 ACCOUNTING POLICIES (continued)

EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

ASSETS

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £250.

They are valued at cost

The depreciation rates and methods used are disclosed in the notes to the accounts.

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

3 ANALYSIS OF RESOURCES EXPENDED

	Unrestricted funds £	Restricted funds £	This year £	Last year £
Raising funds				
Advertising	-	5,147	5,147	2,224
Total expenditure on raising funds	-	5,147	5,147	2,224
Charitable activities				
Other expenditure	22,247	143,708	165,955	178,160
Total expenditure on charitable activities	22,247	143,708	165,955	178,160
Total expenditure	22,247	148,855	171,102	180,384

4 PAID EMPLOYEES

4.1 Staff costs	This year £	Last year £
Salaries and wages	122,441	121,670
Social security costs	6,131	6,163
Pension costs (defined contribution scheme)	2,485	2,422
Total staff costs	131,057	130,255

No employees received employee benefits for the reporting period of more than £60,000.

	This year £	Last year £
Total amount paid to key personnel	£32,278	£29,728

4.2 Average head count in the year	This year	Last year
Officers and administration	4	4
Support workers	2	2
	6	6

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

5 DETAILS OF CERTAIN ITEMS OF EXPENDITURE

5.1 Trustee remuneration and expenses

No members of the management committee received any remuneration during the year.

£32.10 expenses were reimbursed to the management committee during the year.

5.2 Fees for examination of the accounts

	This year £	Last year £
Independent examiner's fees for reporting on the accounts	1,800	1,800
	<hr/> 1,800	<hr/> 1,800

6 TANGIBLE FIXED ASSETS

Cost

	Computer equipment	Total
At the beginning of the year	14,439	14,439
Additions	2,680	2,680
Disposals	-	-
At end of year	<hr/> 17,119	<hr/> 17,119

Depreciation

	Basis Rate	Straight.Line 3 years	
At the beginning of the year		9,755	9,755
Depreciation		4,562	4,562
Disposals		-	-
At end of year		<hr/> 14,317	<hr/> 14,317

Net book value

At the beginning of the year	4,684	4,684
At end of year	2,802	2,802

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

7 DEBTORS AND PREPAYMENTS

Analysis of debtors	This year £	Last year £
Funding debtors	6,229	-
Prepayments and accrued income	1,584	1,077
Total	<hr/> 7,813	<hr/> 1,077

8 CREDITORS AND ACCRUALS

Analysis of creditors	This year £	Last year £
Trade Creditors	982	-
Accruals and deferred income	52,429	65,100
Taxation and social security	-	2,219
Total	<hr/> 53,411	<hr/> 67,319

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST OCTOBER 2021

9 MOVEMENT IN FUNDS

9.1 Restricted funds held

Fund name	Purpose and restrictions
Barnsley MBC	to provide core service provisions in the Dearne area
South Yorkshire Community Fund	to provide core service provisions in the Mexborough area
South Yorkshire Community Fund	to provide core service provisions in the Doncaster Central area
Doncaster MBC	to provide a weekly social club in the Dearne area
Awards For All	to fund photographic and video material to promote the charities aims
Keepmoat	to provide a weekly social club in the Denaby Main area
Big Lottery Building Connections	to provide core service provisions in the South Yorkshire area
Big Lottery Reaching Communities	to provide core service provisions in Doncaster for 3 years and fund staff salaries
South Yorkshire Fire & Rescue	To provide funds for a new website and part fund staff salaries

9.2 Restricted funds summary

	Balance b/f £	Incoming £	Outgoing £	Transfer to Unrestricted £	Balance c/f £
Doncaster MBC	6,105	5,000	1,626	-	9,479
Voluntary Action Rotherham	3,024	11,250	7,606	-	6,668
South Yorkshire Community Fund	4,236	-	-	4,236	-
South Yorkshire Community Fund	2,845	-	-	2,845	-
South Yorkshire Community Fund	3,711	-	-	3,711	-
SYCF: Community Resilience A585035	-	14,767	7,381	-	7,386
Barnsley MBC	17,877	63,166	30,768	-	50,275
Big Lottery Reaching Communities	34,740	57,036	70,986	-	20,790
Big Lottery Building Connections	-	10,875	10,875	-	-
Big Lottery Awards for All	127	-	-	127	-
Sheffield University Union (placement)	-	1,000	942	58	-
South Yorkshire Fire & Rescue	18,914	-	-	18,914	-
Tesco Bags for Help	500	-	-	500	-
Keepmoat	2,230	-	-	2,230	-
DMBC - Covid-19 Response	2,918	-	-	2,918	-
CAF - Charities Aid Foundation	4,589	-	-	4,589	-
Nesta - Covid-19 Response	722	-	-	722	-
Masonic Charitable Trust	2,083	5,000	164	-	6,919
Greggs Foundation - Rotherham	1,000	-	-	1,000	-
Scurrah Wainwright Charity	1,006	-	-	1,006	-
SOAR - Sheffield	1,000	-	-	1,000	-
Voluntary Action Doncaster (VAD) micro - Book Club	-	750	347	-	403
Charles Hayward Foundation	-	3,000	-	-	3,000
Cleaves & Whitehead Foundation	-	2,000	-	-	2,000
WG Edwards Trust	-	1,500	-	-	1,500
Yorkshire Building Society	-	2,000	-	-	2,000
LNER	-	13,556	13,556	-	-
Virgin Money Giving - Together project	-	1,000	386	-	614
Coalfields Regeneration Trust - Barnsley South	-	8,048	4,218	-	3,830
Aviva Crowdfunder	1,759	-	-	1,759	-
Total	109,386	199,948	148,855	45,615	114,864

9.3 Analysis of net assets between funds

	General Funds £	Restricted Funds £	Total Funds £
Tangible fixed assets	-	2,802	2,802
Current assets	72,584	165,471	238,055
Current liabilities	-	53,411	53,411
Net assets at 31 October 2021	72,584	114,862	187,446

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST OCTOBER 2021

10 **RELATED PARTY TRANSACTIONS**

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the period.

B:FRIEND
(A charitable incorporated organisation limited by guarantee)

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2021**

CHARITY NUMBER 1171148

COMPANY NUMBER CE009648

B:FRIEND

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**MANAGEMENT COMMITTEE REPORT FOR THE PERIOD
ENDED 31 OCTOBER 2021**

The Management Committee presents its report and accounts for the year ended 31 October 2021.

Charity information

Management Committee

Daniel Burton	Chairperson
Tara Walker	Treasurer – Appointed August 2021
Louis Stokes	Non-Executive member
Lucy Cole	Non-Executive member
Geraint Evans	Non-Executive member
Melissa Beckett	Non-Executive member – Resigned June 2021
Kloe Tegg	Non-Executive member – Appointed August 2021

Charity Registration number 1171148

Charity registered office
and Operational address

Unit 315
The Workstation
15 Paternoster Row
Sheffield
S1 2BX

Secretary Matthew Cutmore - Resigned August 2021

Independent examiner

Smith Craven
Chartered Accountants
Sidings House
Sidings Court
Doncaster

Bankers

Santander UK Plc
Doncaster

MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Structure, governance and management

Governing Document

The organisation is a charitable incorporated organisation formed on 17 January 2017 and registered as a charity.

The charity was established under a Constitution which establishes the objects and powers of the charitable company and is governed under its Constitution.

In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The Trustees of the charity for the purposes of charity law and under the charity's Constitution are known as members of the Management Committee. Under the requirements of the Constitution the members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

Objectives and Activities

The objectives of the charity are to promote social inclusion amongst elderly persons, in particular, but not exclusive to over 65's, resident in England and Wales and the surrounding areas who are excluded by society, by provision of:

- Befriending services through weekly outreach to individuals.

Such other ways from time to time as the trustees see fit in furtherance with said objects. B:Friend is a not-for-profit organisation.

B:Friend pairs volunteer befrienders with socially isolated older neighbours in the community with the aim of reducing loneliness by reengaging with people and places around them. Our key activities are 1:1 befriending pairings, visiting once a week for a "cuppa" and a chat. B:Friend also provides two hour social clubs, held in various locations that offer peer support through a range of physically and mentally stimulating sessions.

All activities undertaken by the charity are to benefit people in the community, be they volunteers or older neighbours, and all remain equitable with services free at the point of delivery.

Trustees ensure all activities are in accordance with the charity objects outlined in the constitution and are for the public benefit.

MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Achievements and performance

- In the reporting period, the charity has created over 305 x 1:1 befriending pairings across Doncaster, Barnsley, Sheffield and Rotherham. In addition to this our team has supported and managed an additional 650 x 1:1 befriending pairings already in existence.
- Facilitated approximately 768 hours of Social Club activity across the region with weekly activity, peer support and entertainment.
- Collaborated with 64 other charity and community groups, along with statutory health and social care colleagues, on wider social challenges faced across towns and cities we work in.
- Delivered over 9,900 hours of community connection to isolated neighbours

Financial Review

Principal Funding Sources

B:Friend was grateful to receive funding from: The National Lottery Community Fund, Barnsley Metropolitan Borough Council, Sheffield University Union, South Yorkshire Community Fund, Yorkshire Building Society, Virgin Money Giving, Doncaster Metropolitan Borough Council, Coalfields Regeneration Trust, Masonic Charitable Trust, Voluntary Action Doncaster, Voluntary Action Rotherham, Charles Hayward Foundation, Cleaves & Whitehead Foundation, LNER and Public Health Doncaster.

Reserve Policy

As a policy, it has always been felt prudent to maintain reserves at a level whereby at least three months expenditure could be met in the event of a significant loss of funding.

MANAGEMENT COMMITTEE REPORT FOR THE YEAR ENDED 31 OCTOBER 2021

Statement of Management Committee's Responsibilities

Charity law requires the Management Committee to prepare financial statements for each financial period which give a true and fair view of the state of the affairs of the CIO as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial period. In preparing those financial statements, the Management Committee should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities SORP (FRS102). The Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 2.

In accordance with charities law, as the CIO's trustees, we certify that:

- so far as we are aware, there is no relevant accounting information of which the charity's independent examiners are unaware; and
- as the trustees of the CIO, we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant accounting information and to establish that the charity's independent examiners are aware of that information.

Approval

This report was approved by the Management Committee on

and signed on its behalf by:

Tara Walker

Treasurer

B:FRIEND

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of B:Friend on the accounts for the period ended 31 October 2021 set out on pages 7 to 15

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ('the Act').

The trustees consider that an audit is not required for this period under section 144(2) of the Act, and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking of explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; and;
- or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kelvin Fitton BA FCA
For and on behalf of Smith Craven
Chartered Accountants
Sidings Court
Doncaster DN4 5NU

Dated:

B:FRIEND

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)

YEAR ENDED 31ST OCTOBER 2021

	Note	Unrestricted funds £	Restricted income funds £	Total funds £	Prior year funds £
INCOMING RESOURCES					
Income and endowments from:					
Donations and gifts		11,041	199,948	210,989	251,166
Charitable activities		-	-	-	3,319
Total		<u>11,041</u>	<u>199,948</u>	<u>210,989</u>	<u>254,485</u>
RESOURCES EXPENDED					
	3				
Expenditure on:					
Raising funds		-	5,147	5,147	2,224
Charitable activities		22,247	143,708	165,955	178,160
Total		<u>22,247</u>	<u>148,855</u>	<u>171,101</u>	<u>180,384</u>
Transfer between funds		45,615	(45,615)	-	-
Net movement in funds		34,409	5,478	39,887	74,101
Reconciliation of funds:					
Total funds brought forward		38,175	109,386	147,561	73,460
Total funds carried forward		<u>72,584</u>	<u>114,862</u>	<u>187,446</u>	<u>147,561</u>

The statement of financial activities includes all gains and losses in the period. All incoming resources and resources expended derive from continuing activities.

B:FRIEND

BALANCE SHEET

AT 31ST OCTOBER 2021

Company No: CE009648

	Note	Unrestricted funds £	Restricted funds £	Total funds £	Prior year funds £
FIXED ASSETS					
Tangible assets	6	-	2,802	2,802	4,683
Total fixed assets		-	2,802	2,802	4,683
CURRENT ASSETS					
Debtors	7	-	7,813	7,813	1,077
Cash at bank and in hand		72,584	157,658	230,242	209,120
Total current assets		72,584	165,471	238,055	210,197
CREDITORS: amounts falling due within one year					
	8	-	53,411	53,411	67,319
Net current assets		72,584	112,060	184,644	142,878
Total assets less current liabilities		72,584	114,862	187,446	147,561
FUNDS OF THE CHARITY					
Restricted income funds	9	-	114,862	114,862	109,386
Unrestricted funds		72,584	-	72,584	38,175
Total funds		72,584	114,862	187,446	147,561

Approved by the trustees on

Signed:

On behalf of the trustees

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

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Basis of Accounting

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these accounts. The accounts have been prepared in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

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INCOMING RESOURCES

Recognition of incoming resources

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NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

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EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

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Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year, and cost at least £250.

They are valued at cost

The depreciation rates and methods used are disclosed in the notes to the accounts.

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

3 ANALYSIS OF RESOURCES EXPENDED

	Unrestricted funds £	Restricted funds £	This year £	Last year £
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Advertising	-	5,147	5,147	2,224
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	This year £	Last year £
Total amount paid to key personnel	£32,278	£29,728

4.2 Average head count in the year

	This year	Last year
Officers and administration	4	4
Support workers	2	2
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NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

5 DETAILS OF CERTAIN ITEMS OF EXPENDITURE

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	Computer equipment	Total
At the beginning of the year	14,439	14,439
Additions	2,680	2,680
Disposals	-	-
At end of year	<hr/> 17,119	<hr/> 17,119

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	Basis Rate	Straight.Line 3 years	
At the beginning of the year		9,755	9,755
Depreciation		4,562	4,562
Disposals		-	-
At end of year		<hr/> 14,317	<hr/> 14,317

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At the beginning of the year	4,684	4,684
At end of year	2,802	2,802

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST OCTOBER 2021

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Total	<hr/> 7,813	<hr/> 1,077

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Trade Creditors	982	-
Accruals and deferred income	52,429	65,100
Taxation and social security	-	2,219
Total	<hr/> 53,411	<hr/> 67,319

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST OCTOBER 2021

9 MOVEMENT IN FUNDS

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South Yorkshire Community Fund	2,845	-	-	2,845	-
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Big Lottery Awards for All	127	-	-	127	-
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South Yorkshire Fire & Rescue	18,914	-	-	18,914	-
Tesco Bags for Help	500	-	-	500	-
Keepmoat	2,230	-	-	2,230	-
DMBC - Covid-19 Response	2,918	-	-	2,918	-
CAF - Charities Aid Foundation	4,589	-	-	4,589	-
Nesta - Covid-19 Response	722	-	-	722	-
Masonic Charitable Trust	2,083	5,000	164	-	6,919
Greggs Foundation - Rotherham	1,000	-	-	1,000	-
Scurrah Wainwright Charity	1,006	-	-	1,006	-
SOAR - Sheffield	1,000	-	-	1,000	-
Voluntary Action Doncaster (VAD) micro - Book Club	-	750	347	-	403
Charles Hayward Foundation	-	3,000	-	-	3,000
Cleaves & Whitehead Foundation	-	2,000	-	-	2,000
WG Edwards Trust	-	1,500	-	-	1,500
Yorkshire Building Society	-	2,000	-	-	2,000
LNER	-	13,556	13,556	-	-
Virgin Money Giving - Together project	-	1,000	386	-	614
Coalfields Regeneration Trust - Barnsley South	-	8,048	4,218	-	3,830
Aviva Crowdfunder	1,759	-	-	1,759	-
Total	109,386	199,948	148,855	45,615	114,864

9.3 Analysis of net assets between funds

	General Funds £	Restricted Funds £	Total Funds £
Tangible fixed assets	-	2,802	2,802
Current assets	72,584	165,471	238,055
Current liabilities	-	53,411	53,411
Net assets at 31 October 2021	72,584	114,862	187,446

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST OCTOBER 2021

10 **RELATED PARTY TRANSACTIONS**

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the period.