

The Frank Bruno Foundation – 1171012

ACCOUNTS

FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2025

Essendon Accounts and Tax Limited  
3 Warren Yard  
Warren Park  
Stratford Road  
Milton Keynes  
MK12 5NW

## **The Frank Bruno Foundation – 1171012**

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INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF THE  
The Frank Bruno Foundation – 1171012

I report on the accounts of the The Frank Bruno Foundation for the year ended 31<sup>st</sup> March 2025 which are set out on pages 2 to 3.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

**Basis of examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent Examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Roger Eddowes  
For and on behalf of Essendon Accounts and Tax Limited  
3 Warren Yard  
Warren Park  
Stratford Road  
Milton Keynes MK12 5NW

Date: 5/11/2025

**The Frank Bruno Foundation**  
**Statement of financial activities**  
**For The Year Ended 31st March 2025**

GENERAL FUNDS	2025		2025	2024
	£	£	£	£
	Unrestricted fund	Restricted fund	Total	Total
<b><u>Income</u></b>				
<b><i>Donations, legacies and other similar receipts</i></b>				
Donations	78,119		78,119	120,366
Grants	42,656		42,656	24,542
Gift aid	1,282	-	1,282	5,748
	<u>122,058</u>	<u>-</u>	<u>122,058</u>	<u>150,656</u>
<b><i>Operating activities to further charity's objects</i></b>				
Sales of products	254	-	254	-
Fitness/wellbeing courses	458	-	458	18,183
Contracted appearance income	17,650	-	17,650	22,400
Sundry income	-	-	-	65
Training	-	-	-	-
Venue hire	13,644	-	13,644	29,544
	<u>32,006</u>	<u>-</u>	<u>32,006</u>	<u>70,192</u>
<b><i>Investment income receipts</i></b>				
Bank interest	685	-	685	160
	<u>685</u>	<u>-</u>	<u>685</u>	<u>160</u>
<b>Total income</b>	<u>154,748</u>	<u>-</u>	<u>154,748</u>	<u>221,008</u>
<b><u>Expenditure</u></b>				
<b><i>Charitable activities</i></b>				
Event and course costs	3,020	-	3,020	9,682
Advertising/promotional	2,401	-	2,401	1,647
Fundraising expenses	1,534	-	1,534	620
Equipment costs	1,870	-	1,870	33
Consumables	98	-	98	-
Centre costs and utilities	7,783	-	7,783	8,869
Facilitator costs	5,982	-	5,982	27,128
	<u>22,687</u>	<u>-</u>	<u>22,687</u>	<u>47,979</u>
<b><i>Governance costs</i></b>				
Legal and professional	1,478	-	1,478	847
Other professional services	300	-	300	10,421
Accountancy	1,920	-	1,920	2,594
Bank charges	1,215	-	1,215	2,084
Telephone	92	-	92	2,072
IT Software & consumables	1,207	-	1,207	288
Computer costs	1,330	-	1,330	1,330

Website	-	-	-	-
Subscriptions	1,254	-	1,254	823
Printing, postage & stationary	1,441	-	1,441	1,438
Cleaning and waste collection	2,047	-	2,047	4,442
Insurance	3,347	-	3,347	1,898
Rent	3,357	-	3,357	3,149
Depreciation	6,886	-	6,886	6,756
	<u>25,874</u>	<u>-</u>	<u>25,874</u>	<u>38,142</u>
<b>Support costs</b>				
Wages	110,041	-	110,041	99,020
Social security costs	262	-	262	
Pension costs	1,555	-	1,555	665
Staff training	1,447	-	1,447	113
Staff welfare expenses	176	-	176	
Mental health nurse / welfare	9,385	-	9,385	7,212
Travel and accommodation	1,005	-	1,005	642
Intercompany loans written off	16,202	-	16,202	
Office/general admim exp	-	-	-	840
General expenses	-	-	-	20
	<u>140,073</u>	<u>-</u>	<u>140,073</u>	<u>108,512</u>
	<u>188,633</u>	<u>-</u>	<u>188,633</u>	<u>194,633</u>
<b>Net Income</b>	- 33,885	-	- 33,885	26,375
	<u>- 33,885</u>	<u>-</u>	<u>- 33,885</u>	<u>26,375</u>

**The Frank Bruno Foundation**  
**Statement of Assets and Liabilities**  
**For The Year Ended 31st March 2025**

	2025		2025	2024
	£	£	£	£
	Unrestricted fund	Restricted fund	Total	Total
<b><u>Fixed assets</u></b>				
Property improvement costs	5,110	-	5,110	7,664
Gym equipment	4,219	-	4,219	5,276
Fixtures and fittings	2,604	-	2,604	3,186
Office equipment	2,854	-	2,854	3,354
Website	480	-	480	720
	<u>15,267</u>	<u>-</u>	<u>15,267</u>	<u>20,200</u>
<b><u>Current assets</u></b>				
<b><u>Cash at bank</u></b>				
Metro current account	16,579	-	16,579	29,885
Business premium account	-	-	-	-
Current account	10	-	10	570
Current account 2	44,422	-	44,422	45,113
Petty cash	112	-	112	-
Paypal - GBP	-	-	-	935
	<u>61,123</u>	<u>-</u>	<u>61,123</u>	<u>76,503</u>
<b><u>Debtors</u></b>				
Accounts receivable	4,246	-	4,246	2,876
FBF shop loan Account	-	-	-	10,316
FBA CIC loan account	-	-	-	4,477
	<u>4,246</u>	<u>-</u>	<u>4,246</u>	<u>17,669</u>
<b><u>Creditors due under 1 year</u></b>				
Tax and social security	-	-	-	-
Other creditors	-	-	-	92
Accounts payable	11,801	-	11,801	11,560
	<u>11,801</u>	<u>-</u>	<u>11,801</u>	<u>11,652</u>
<b><u>Net current assets</u></b>	<u>53,568</u>	<u>-</u>	<u>53,568</u>	<u>82,520</u>
<b><u>Total assets less current liabilities</u></b>	<u>68,835</u>	<u>-</u>	<u>68,835</u>	<u>102,720</u>
<b><u>Funds</u></b>				
Restricted				
Unrestricted	68,835	-	68,835	102,720
	<u>68,835</u>	<u>-</u>	<u>68,835</u>	<u>102,720</u>

Signed on behalf of the trustees

Date

03/11/2025

## **1. ACCOUNTING POLICIES**

### **a. Accounting convention**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### **b. Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

### **c. Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **d. Taxation**

The charity is exempt from corporation tax on its charitable activities.

### **e. Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

## **2. Trustees' and key management personnel remuneration and expenses**

The trustees neither received nor waived any remuneration during the year to 31 March 2025 (2023-24 £nil).

### 3. Tangible fixed assets

	Property improvement costs	Gym equipment	Fixtures and fittings	Office equipment
Costs b/fwd 1 April 2024	12,772	8,910	5,310	5,590
Additions	-	774	550	629
Disposals	-	-	-	-
Costs c/fwd 31 March 2025	<u>12,772</u>	<u>9,684</u>	<u>5,860</u>	<u>6,219</u>
Depreciation b/fwd 1 April 2024	5,108	3,634	2,124	2,236
Depreciation charge for year	2,554	1,831	1,132	1,129
Depreciation c/fwd 31 March 2025	<u>7,662</u>	<u>5,465</u>	<u>3,256</u>	<u>3,365</u>
Net book value 31 March 2025	<u>5,110</u>	<u>4,219</u>	<u>2,604</u>	<u>2,854</u>
Net book value 31 March 2024	<u>12,772</u>	<u>8,910</u>	<u>5,310</u>	<u>5,590</u>
			<b>Website</b>	<b>Total</b>
Costs b/fwd 1 April 2024			1,200	33,782
Additions			-	1,953
Disposals			-	-
Costs c/fwd 31 March 2025			<u>1,200</u>	<u>35,735</u>
Depreciation b/fwd 1 April 2024			480	13,582
Depreciation charge for year			240	6,886
Depreciation c/fwd 31 March 2025			<u>720</u>	<u>20,468</u>
Net book value 31 March 2025			<u>480</u>	<u>15,267</u>
Net book value 31 March 2024			<u>720</u>	<u>20,200</u>

Assets are depreciated on a straight line basis over 5 years.



#### 4. MOVEMENT IN FUNDS

	At 1/4/24	Income	Expenditure	Transfers between funds	At 31/3/25
	£	£	£	£	£
Unrestricted funds	102,720	154,748	(188,633)	-	68,835
Restricted funds	-	-	-	-	-
<b>TOTAL FUNDS</b>	<u>102,720</u>	<u>154,748</u>	<u>(188,633)</u>	<u>-</u>	<u>68,835</u>



## Trustees' Annual Report for the period

Period start date

01 April 2024

Period end date

31 March 2025

To

### Section A

### Reference and administration details

Charity name

The Frank Bruno Foundation

Other names charity is known by

Registered charity number (if any)

1171012

Charity's principal address

Standens Barn Community Centre

Walledwell Court

Northampton

Postcode

NN3 9TW

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Franklin Roy Bruno	Trustee		
2	Sarah Helliwell	Trustee		
3	Paul Hunter	Trustee		
4	Ian Davis	Trustee		
5	Dave Davies	Trustee	Resigned 03-05-2025	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected and appointed by board

**Additional governance issues (Optional information)**

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity Trustees make available to each new Charity Trustee on or before his/her appointment a copy of the current version of the constitution and a copy of the latest Trustees' Annual Report and Statement of Accounts.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To relieve the needs of anyone over the age of ten years experiencing mental ill health, promoting social inclusion and support needs  
To further these objectives, providing a structured 12-week non-contact boxing and wellbeing programme.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1: TO RELIEVE THE NEEDS OF ANYONE OVER THE AGE OF TEN YEARS OLD WHICH INCLUDES YOUNG PEOPLE AND ADULTS EXPERIENCING MENTAL ILL HEALTH 2: TO PROMOTE SOCIAL INCLUSION AND SUPPORT THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSIST THEM TO INTEGRATE INTO SOCIETY AND BY CAMPAIGNING TO RAISE AWARENESS OF THE STIGMA ASSOCIATED WITH MENTAL ILL HEALTH AND TO FURTHER THESE PURPOSES THROUGH;

A) THE PROVISION OF A STRUCTURED 12-WEEK NON-CONTACT BOXING AND WELLBEING PROGRAMME. THE NON-CONTACT BOXING IS DESIGNED TO ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND DISCIPLINE. THE WELLBEING PROGRAMME WILL ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND MENTAL ILL HEALTH. THE TWO WILL BE DELIVERED IN A 3-HOUR SESSION TO COMPLEMENT EACH OTHER ON A WEEKLY BASIS OVER 12 WEEKS.

B) THE PROVISION OF ACCESS TO A DESIGNATED MENTOR FOR 12 - 18 WEEKS (4 WEEKS POST) WHO WILL LIAISE AND COORDINATE WITH ANY OTHER AGENCIES TO ENSURE THAT THE CLIENT'S NEEDS ARE BEING MET DURING AND POST PROGRAMME.

C) THE PROVISION OF ACCESS TO BOTH SPECIALIST AND NON-SPECIALIST FACILITIES, VIA A WRAPAROUND SERVICE WHICH WILL INCLUDE BUT WILL NOT BE RESTRICTED TO BENEFIT AND HOUSING ADVICE, CV WRITING, COUNSELLING AND CHARITIES ALL OF WHICH WILL BE NEEDS LED AND SIGN POSTED WHERE APPROPRIATE.

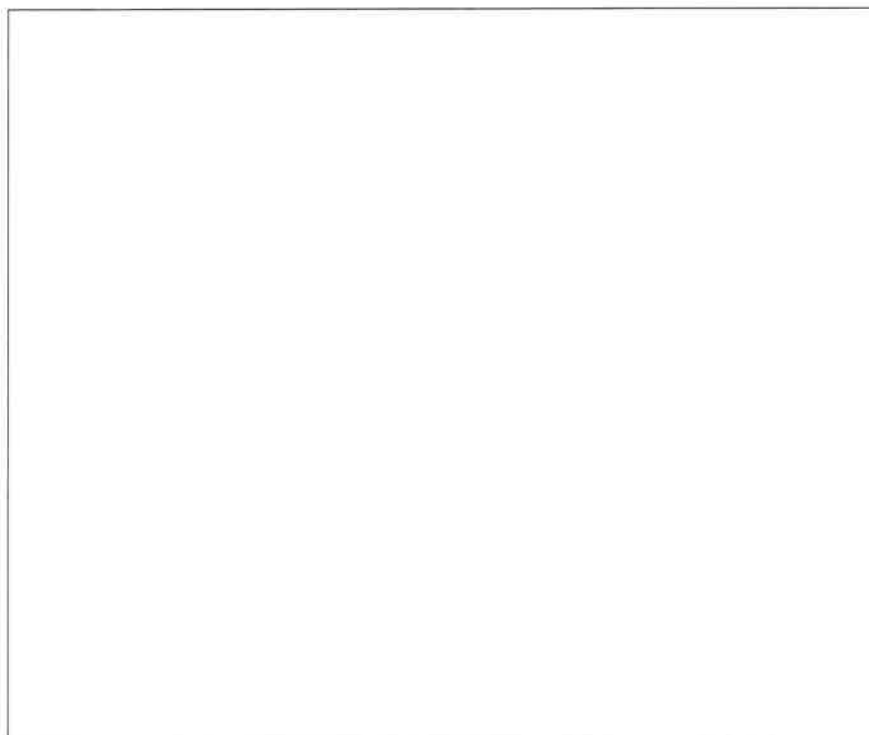
D) THE PROVISION OF GRANTS AND /OR FACILITIES SUCH AS THE SUPPLY OF EQUIPMENT, PAYMENTS OF FEES FOR INSTRUCTION, EXAMINATION OR OTHER EXPENSES CONNECTED WITH VOCATIONAL TRAINING, TECHNICAL SKILLS AND FUNDS FOR RECREATIONAL PURSUITS OR TRAINING INTENDED TO IMPROVE THE QUALITY OF LIFE OF THE BENEFICIARIES.

FOR THE PURPOSE OF THIS CLAUSE (SOCIALLY EXCLUDED) CAN MEAN BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY FOR EXAMPLE THROUGH BUT NOT RESTRICTED TO; INDIVIDUALS EXPOSED OR AT RISK OF DRUGS AND ALCOHOL MISUSE, CSE/GANG RELATED, CRIMINAL INVOLVEMENT, CARE LEAVERS, CHILDREN IN CARE, SPECIAL EDUCATIONAL NEEDS, EX-SERVICE MEN AND WOMEN, HOMELESSNESS, AGE, DISABILITY, GENDER REASSIGNMENT, RACE, RELIGION OR BELIEF.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

## Section E Financial review

**Brief statement of the charity's policy on reserves**

The Trustee's policy on reserves is to maintain cash at the bank equivalent to at least 6 months of running expenses.

**Details of any funds materially in deficit**

none

### Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

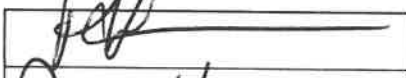
Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

	
PAUL HUNTER	
Trustee	
21-10-2025	

