

The Frank Bruno Foundation – 1171012

ACCOUNTS

FOR THE YEAR ENDED 31ST MARCH 2024

Essendon Accounts and Tax Limited
3 Warren Yard
Warren Park
Stratford Road
Milton Keynes
MK12 5NW

The Frank Bruno Foundation – 1171012

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INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF THE
The Frank Bruno Foundation – 1171012

I report on the accounts of the The Frank Bruno Foundation for the year ended 31st March 2024 which are set out on pages 2 to 3.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

Basis of examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's statement

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Roger Eddowes
For and on behalf of Essendon Accounts and Tax Limited
3 Warren Yard
Warren Park
Stratford Road
Milton Keynes MK12 5NW

Date:

The Frank Bruno Foundation
Statement of financial activities
For The Year Ended 31st March 2024

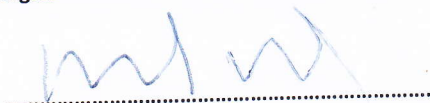
GENERAL FUNDS	2024		2024	2023
	£	£	£	£
<u>Income</u>	Unrestricted fund	Restricted fund	Total	Total
<i>Donations, legacies and other similar receipts</i>				
Donations	120,366	-	120,366	62,299
Grants	24,542	-	24,542	37,832
Gift aid	5,748	-	5,748	4,081
	<u>150,656</u>	<u>-</u>	<u>150,656</u>	<u>104,212</u>
<i>Operating activities to further charity's objects</i>				
Sales of products	-	-	-	2,568
Fitness/wellbeing courses	18,183	-	18,183	21,020
Contracted appearance income	22,400	-	22,400	6,556
Sundry income	65	-	65	90
Venue hire	29,544	-	29,544	10,494
	<u>70,192</u>	<u>-</u>	<u>70,192</u>	<u>40,728</u>
<i>Investment income receipts</i>				
Bank interest	160	-	160	42
	<u>160</u>	<u>-</u>	<u>160</u>	<u>42</u>
Total income	<u>221,008</u>	<u>-</u>	<u>221,008</u>	<u>144,982</u>
<u>Expenditure</u>				
<i>Charitable activities</i>				
Event and course costs	9,682	-	9,682	6,794
Advertising/promotional	1,647	-	1,647	9,697
Fundraising expenses	620	-	620	-
Equipment costs	33	-	33	-
Purchases	-	-	-	134
Centre costs and utilities	8,869	-	8,869	10,721
Facilitator costs	27,128	-	27,128	20,820
	<u>47,979</u>	<u>-</u>	<u>47,979</u>	<u>48,166</u>
<i>Governance costs</i>				
Legal and professional	847	-	847	857
Other professional services	10,421	-	10,421	17,079
Accountancy	2,594	-	2,594	3,110
Bank fund Just Giving fees	2,084	-	2,084	1,415
Telephone	2,072	-	2,072	1,035
IT Software & consumables	288	-	288	423
Computer costs	1,330	-	1,330	1,330
Website	-	-	-	180

Subscriptions	823	-	823	501
Printing, postage & stationary	1,438	-	1,438	2,500
Cleaning and waste collection	4,442	-	4,442	2,885
Insurance	1,898	-	1,898	1,984
Rent	3,149	-	3,149	555
Depreciation	6,756	-	6,756	6,826
	<u>38,142</u>	<u>-</u>	<u>38,142</u>	<u>40,680</u>
Support costs				
Wages	99,020	-	99,020	82,984
Pension costs	665	-	665	521
Staff training	113	-	113	1,423
Mental health nurse / welfare	7,212	-	7,212	5,762
Travel and accommodation	642	-	642	7,303
Office/general admim exp	840	-	840	10,781
General expenses	20	-	20	21
	<u>108,512</u>	<u>-</u>	<u>108,512</u>	<u>108,795</u>
	<u>194,633</u>	<u>-</u>	<u>194,633</u>	<u>197,641</u>
Net Income	26,375	-	26,375	- 52,659
	<u>26,375</u>	<u>-</u>	<u>26,375</u>	<u>- 52,659</u>

The Frank Bruno Foundation
Statement of Assets and Liabilities
For The Year Ended 31st March 2024

	2024		2024	2023
	£	£	£	£
	Unrestricted fund	Restricted fund	Total	Total
<u>Fixed assets</u>				
Property improvement costs	7,664	-	7,664	10,218
Gym equipment	5,276	-	5,276	7,408
Fixtures and fittings	3,186	-	3,186	4,248
Office equipment	3,354	-	3,354	4,472
Website	720	-	720	960
	<u>20,200</u>	<u>-</u>	<u>20,200</u>	<u>27,306</u>
<u>Current assets</u>				
<u>Cash at bank</u>				
Metro current account	29,885	-	29,885	
Business premium account	-	-	-	14,000
Current account	570	-	570	10,319
Current account 2	45,113	-	45,113	-
Petty cash	-	-	-	105
Paypal - GBP	935	-	935	892
	<u>76,503</u>	<u>-</u>	<u>76,503</u>	<u>25,316</u>
<u>Debtors</u>				
Accounts receivable	2,876	-	2,876	24,967
FBF shop loan Account	10,316	-	10,316	15,828
FBA CIC loan account	4,477	-	4,477	-
	<u>17,669</u>	<u>-</u>	<u>17,669</u>	<u>40,795</u>
<u>Creditors due under 1 year</u>				
Tax and social security	-	-	-	608
Other creditors	92	-	92	480
Accounts payable	11,560	-	11,560	15,984
	<u>11,652</u>	<u>-</u>	<u>11,652</u>	<u>17,072</u>
	82,520	-	82,520	49,039
<u>Net current assets</u>				
	102,720	-	102,720	76,345
<u>Total assets less current liabilities</u>				
	102,720	-	102,720	76,345
<u>Funds</u>				
Restricted	-	-	-	-
Unrestricted	102,720	-	102,720	76,345
	<u>102,720</u>	<u>-</u>	<u>102,720</u>	<u>76,345</u>

Signed on behalf of the trustees



Date.....

23/12/24

1. ACCOUNTING POLICIES

a. Accounting convention

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

b. Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

c. Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

d. Taxation

The charity is exempt from corporation tax on its charitable activities.

e. Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Trustees' and key management personnel remuneration and expenses

The trustees neither received nor waived any remuneration during the year to 31 March 2024.

3. Tangible fixed assets

	Property improvement costs	Gym equipment	Fixtures and fittings	Office equipment
Costs b/fwd 1 April 2023	12,772	9,260	5,310	5,590
Additions	-	-	-	-
Disposals	-	350	-	-
Costs c/fwd 31 March 2024	<u>12,772</u>	<u>8,910</u>	<u>5,310</u>	<u>5,590</u>
Depreciation b/fwd 1 April 2023	2,554	1,852	1,062	1,118
Depreciation charge for year	2,554	- 1,782	1,062	1,118
Depreciation c/fwd 31 March 2024	<u>5,108</u>	<u>- 3,634</u>	<u>2,124</u>	<u>2,236</u>
Net book value 31 March 2024	<u><u>7,664</u></u>	<u><u>- 5,276</u></u>	<u><u>3,186</u></u>	<u><u>3,354</u></u>
Net book value 31 March 2023	<u><u>12,772</u></u>	<u><u>- 9,260</u></u>	<u><u>5,310</u></u>	<u><u>5,590</u></u>

	Website	Total
Costs b/fwd 1 April 2023	1,200	34,132
Additions	-	-
Disposals	-	350
Costs c/fwd 31 March 2024	<u>1,200</u>	<u>33,782</u>
Depreciation b/fwd 1 April 2023	240	6,826
Depreciation charge for year	240	6,756
Depreciation c/fwd 31 March 2024	<u>480</u>	<u>13,582</u>
Net book value 31 March 2024	<u><u>720</u></u>	<u><u>20,200</u></u>
Net book value 31 March 2023	<u><u>960</u></u>	<u><u>27,306</u></u>

Assets are depreciated on a straight line basis over 5 years.

4. MOVEMENT IN FUNDS

	At 1/4/23	Income	Expenditure	Transfers between funds	At 31/3/24
	£	£	£	£	£
Unrestricted funds	76,345	221,008	(194,633)	-	102,720
Restricted funds	-	-	-	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<hr/> 76,345 <hr/>	<hr/> 221,008 <hr/>	<hr/> (194,633) <hr/>	<hr/> - <hr/>	<hr/> 102,720 <hr/>



Trustees' Annual Report for the period

Period start date

01

April

2023

To

Period end date

31

March

2024

Section A

Reference and administration details

Charity name

The Frank Bruno Foundation

Other names charity is known by

Registered charity number (if any)

1171012

Charity's principal address

Standens Barn Community Centre

Walledwell Court

Northampton

Postcode

NN3 9TW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Franklin Roy Bruno	Trustee		
2	Sarah Helliwell	Trustee		
3	David Davies	Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected and appointed by board

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity Trustees make available to each new Charity Trustee on or before his/her appointment a copy of the current version of the constitution and a copy of the latest Trustees' Annual Report and Statement of Accounts.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the needs of anyone over the age of ten years experiencing mental ill health, promoting social inclusion and support needs
To further these objectives, providing a structured 12-week non-contact boxing and wellbeing programme.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

1: TO RELIEVE THE NEEDS OF ANYONE OVER THE AGE OF TEN YEARS OLD WHICH INCLUDES YOUNG PEOPLE AND ADULTS EXPERIENCING MENTAL ILL HEALTH 2: TO PROMOTE SOCIAL INCLUSION AND SUPPORT THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSIST THEM TO INTEGRATE INTO SOCIETY AND BY CAMPAIGNING TO RAISE AWARENESS OF THE STIGMA ASSOCIATED WITH MENTAL ILL HEALTH AND TO FURTHER THESE PURPOSES THROUGH;

A) THE PROVISION OF A STRUCTURED 12-WEEK NON-CONTACT BOXING AND WELLBEING PROGRAMME. THE NON-CONTACT BOXING IS DESIGNED TO ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND DISCIPLINE. THE WELLBEING PROGRAMME WILL ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND MENTAL ILL HEALTH. THE TWO WILL BE DELIVERED IN A 3-HOUR SESSION TO COMPLEMENT EACH OTHER ON A WEEKLY BASIS OVER 12 WEEKS.

B) THE PROVISION OF ACCESS TO A DESIGNATED MENTOR FOR 12 - 18 WEEKS (4 WEEKS POST) WHO WILL LIAISE AND COORDINATE WITH ANY OTHER AGENCIES TO ENSURE THAT THE CLIENT'S NEEDS ARE BEING MET DURING AND POST PROGRAMME.

C) THE PROVISION OF ACCESS TO BOTH SPECIALIST AND NON-SPECIALIST FACILITIES, VIA A WRAPAROUND SERVICE WHICH WILL INCLUDE BUT WILL NOT BE RESTRICTED TO BENEFIT AND HOUSING ADVICE, CV WRITING, COUNSELLING AND CHARITIES ALL OF WHICH WILL BE NEEDS LED AND SIGN POSTED WHERE APPROPRIATE.

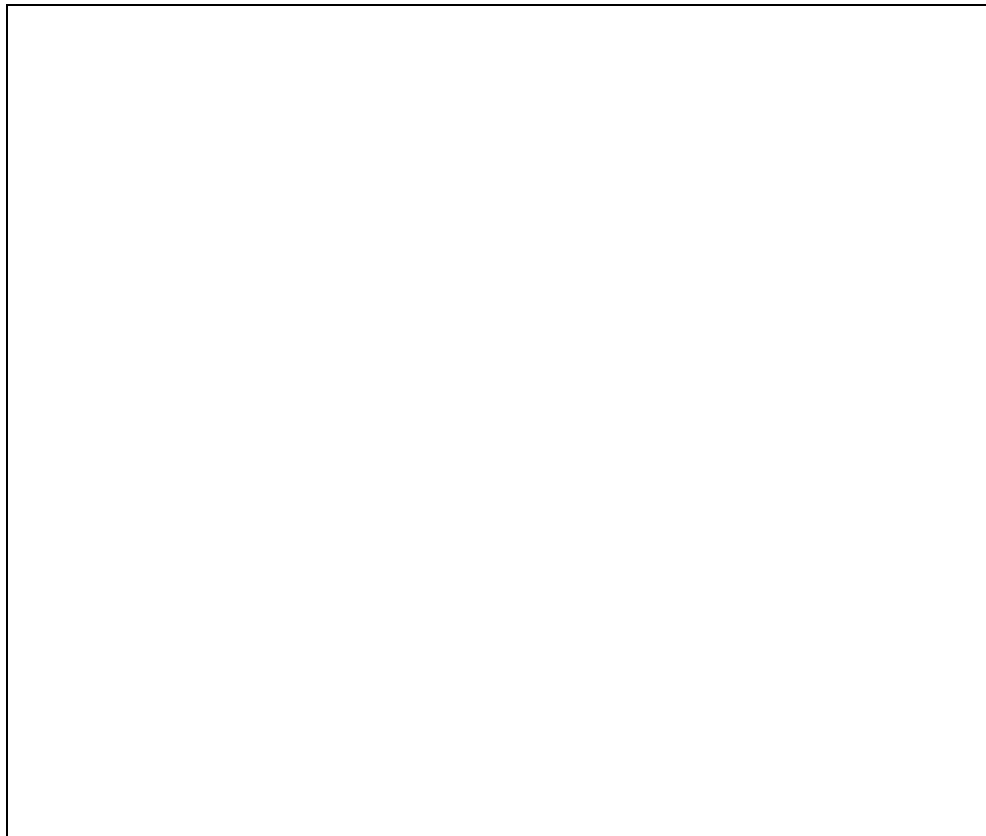
D) THE PROVISION OF GRANTS AND /OR FACILITIES SUCH AS THE SUPPLY OF EQUIPMENT, PAYMENTS OF FEES FOR INSTRUCTION, EXAMINATION OR OTHER EXPENSES CONNECTED WITH VOCATIONAL TRAINING, TECHNICAL SKILLS AND FUNDS FOR RECREATIONAL PURSUITS OR TRAINING INTENDED TO IMPROVE THE QUALITY OF LIFE OF THE BENEFICIARIES.

FOR THE PURPOSE OF THIS CLAUSE (SOCIALLY EXCLUDED) CAN MEAN BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY FOR EXAMPLE THROUGH BUT NOT RESTRICTED TO; INDIVIDUALS EXPOSED OR AT RISK OF DRUGS AND ALCOHOL MISUSE, CSE/GANG RELATED, CRIMINAL INVOLVEMENT, CARE LEAVERS, CHILDREN IN CARE, SPECIAL EDUCATIONAL NEEDS, EX-SERVICE MEN AND WOMEN, HOMELESSNESS, AGE, DISABILITY, GENDER REASSIGNMENT, RACE, RELIGION OR BELIEF.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Section E Financial review

Brief statement of the charity's policy on reserves

The Trustee's policy on reserves is to maintain cash at the bank equivalent to at least 6 months of running expenses.

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

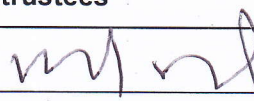
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Mr D R Davies

Position (eg Secretary, Chair, etc)

Trustee

Date

23/12/24