



# Trustees' Annual Report for the period

Period start date

01 April 2021

Period end date

31 March 2022

To

## Section A

## Reference and administration details

Charity name

The Frank Bruno Foundation

Other names charity is known by

Registered charity number (if any)

1171012

Charity's principal address

Standens Barn Community Centre

Walledwell Court

Northampton

Postcode

NN3 9TW

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Franklin Roy Bruno	Trustee		
2	Sarah Helliwell	Trustee		
3	David Davies	Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Elected and appointed by board

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The Charity Trustees make available to each new Charity Trustee on or before his/her appointment a copy of the current version of the constitution and a copy of the latest Trustees' Annual Report and Statement of Accounts.

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To relieve the needs of anyone over the age of ten years experiencing mental ill health, promoting social inclusion and support needs  
To further these objectives, providing a structured 12-week non-contact boxing and wellbeing programme.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1: TO RELIEVE THE NEEDS OF ANYONE OVER THE AGE OF TEN YEARS OLD WHICH INCLUDES YOUNG PEOPLE AND ADULTS EXPERIENCING MENTAL ILL HEALTH 2: TO PROMOTE SOCIAL INCLUSION AND SUPPORT THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSIST THEM TO INTEGRATE INTO SOCIETY AND BY CAMPAIGNING TO RAISE AWARENESS OF THE STIGMA ASSOCIATED WITH MENTAL ILL HEALTH AND TO FURTHER THESE PURPOSES THROUGH;

A) THE PROVISION OF A STRUCTURED 12-WEEK NON-CONTACT BOXING AND WELLBEING PROGRAMME. THE NON-CONTACT BOXING IS DESIGNED TO ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND DISCIPLINE. THE WELLBEING PROGRAMME WILL ASSIST WITH THE DEVELOPMENT OF SELF-CONFIDENCE, FEELINGS OF SELF-WORTH, SELF-RESPECT AND MENTAL ILL HEALTH. THE TWO WILL BE DELIVERED IN A 3-HOUR SESSION TO COMPLEMENT EACH OTHER ON A WEEKLY BASIS OVER 12 WEEKS.

B) THE PROVISION OF ACCESS TO A DESIGNATED MENTOR FOR 12 - 18 WEEKS (4 WEEKS POST) WHO WILL LIAISE AND COORDINATE WITH ANY OTHER AGENCIES TO ENSURE THAT THE CLIENT'S NEEDS ARE BEING MET DURING AND POST PROGRAMME.

C) THE PROVISION OF ACCESS TO BOTH SPECIALIST AND NON-SPECIALIST FACILITIES, VIA A WRAPAROUND SERVICE WHICH WILL INCLUDE BUT WILL NOT BE RESTRICTED TO BENEFIT AND HOUSING ADVICE, CV WRITING, COUNSELLING AND CHARITIES ALL OF WHICH WILL BE NEEDS LED AND SIGN POSTED WHERE APPROPRIATE.

D) THE PROVISION OF GRANTS AND /OR FACILITIES SUCH AS THE SUPPLY OF EQUIPMENT, PAYMENTS OF FEES FOR INSTRUCTION, EXAMINATION OR OTHER EXPENSES CONNECTED WITH VOCATIONAL TRAINING, TECHNICAL SKILLS AND FUNDS FOR RECREATIONAL PURSUITS OR TRAINING INTENDED TO IMPROVE THE QUALITY OF LIFE OF THE BENEFICIARIES.

FOR THE PURPOSE OF THIS CLAUSE (SOCIALLY EXCLUDED) CAN MEAN BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY FOR EXAMPLE THROUGH BUT NOT RESTRICTED TO; INDIVIDUALS EXPOSED OR AT RISK OF DRUGS AND ALCOHOL MISUSE, CSE/GANG RELATED, CRIMINAL INVOLVEMENT, CARE LEAVERS, CHILDREN IN CARE, SPECIAL EDUCATIONAL NEEDS, EX-SERVICE MEN AND WOMEN, HOMELESSNESS, AGE, DISABILITY, GENDER REASSIGNMENT, RACE, RELIGION OR BELIEF.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Trustee's policy on reserves is to maintain cash at the bank equivalent to at least 6 months of running expenses.

### Details of any funds materially in deficit

none

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

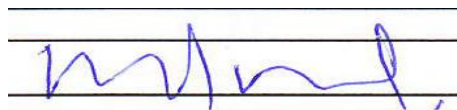
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Mr D R Davies

Position (eg Secretary, Chair, etc)

Trustee

Date

14/12/2022



The Frank Bruno Foundation – 1171012

ACCOUNTS

FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022

Essendon Accounts and Tax Limited  
3 Warren Yard  
Warren Park  
Stratford Road  
Milton Keynes  
MK12 5NW



# **The Frank Bruno Foundation – 1171012**

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**INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF THE  
The Frank Bruno Foundation – 1171012**

I report on the accounts of the The Frank Bruno Foundation for the year ended 31<sup>st</sup> March 2022 which are set out on pages 2 to 3.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the 2011 Act);
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

**Basis of examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

**Independent Examiner's statement**

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Matthew Brown FCCA  
For and on behalf of Essendon Accounts and Tax Limited  
3 Warren Yard  
Warren Park  
Stratford Road  
Milton Keynes MK12 5NW

Date: 14/12/22

The Frank Bruno Foundation  
Income and expenditure account  
For The Year Ended 31st March 2022

GENERAL FUNDS	2022		2021	
	£	£	£	£
<b>Income</b>				
<i>Donations, legacies and other similar receipts</i>				
Donations	56,965		23,175	
Grants	59,115		29,587	
Gift aid	3,583		1,763	
		119,664		54,526
<i>Operating activities to further charity's objects</i>				
Sales of products	-		100	
Fitness/wellbeing courses	9,240		-	
Training	1,500		-	
Venue hire	12,280		-	
		23,020		100
<i>Operating activities to generate funds</i>				
Diamond Charity Ball	36,075		-	
		36,075		
<i>Investment income receipts</i>				
Bank interest		2		10
<b>Total income</b>		<b>178,761</b>		<b>54,635</b>
<b>Expenditure</b>				
<i>Charitable activities</i>				
Event costs	20,424		-	
Advertising/promotional	7,086		367	
Fundraising expenses	3,000		9,251	
Equipment costs	11,266		8,421	
Purchases	594		499	
Consumables	2,982		2,586	
Stock shrinkage	-		25	
Facilitator costs	20,193		1,593	
		65,544		22,741
<i>Governance costs</i>				
Legal and professional	4,419		152	
Other professional services	23,000		-	
Accountancy	2,300		240	
Bank Fees	1,059		697	
Telephone	1,567		1,741	
IT Software & Consumables	296		288	
Computer costs	1,251		1,390	
Website	325		518	
Subscriptions	16		38	
Printing, postage & stationery	3,107		715	
Cleaning and waste collection	1,154		1,182	
Insurance	699		1,320	
Rent	240		240	
Storage	326		-	
Towcester centre	51		-	
		39,810		8,520
<i>Support costs</i>				
Wages	35,587		-	
Pension costs	193		-	
Staff training	1,780		29	
Mental health nurse / welfare	4,440		-	
Travel	1,428		-	
Office/general admin exp	8,572		15,268	
General expenses	-		38	
		52,000		15,334
		<b>157,354</b>		<b>46,596</b>
<b>Net Income</b>		<b>21,407</b>		<b>8,040</b>
		<b>21,407</b>		<b>8,040</b>

The Frank Bruno Foundation  
Statement of Assets and Liabilities  
For The Year Ended 31st March 2022

	2022		2021	
	£	£	£	£
<b>Fixed assets</b>				
Property improvement costs	11,768		11,768	
Gym equipment	9,158		-	
Fixtures and fittings	5,310		5,310	
Office equipment	4,249		1,653	
Website	1,200		1,200	
		31,685		19,931
<b>Current assets</b>				
<b>Cash at bank</b>				
CAF charity bank	401		447	
Business premium account	19,165		19,144	
Current account	72,729		83,156	
Paypal - GBP	75		-	
		92,371		102,747
<b>Debtors</b>				
Accounts receivable	1,829		-	
FBF shop loan Account	15,828		-	
FBA CIC loan account	85		72	
Stock	-		474	
Prepayments	1,599		1,381	
		19,342		1,927
<b>Creditors due under 1 year</b>				
FBF Shop IC Loan	-		4,272	
Accounts payable	14,394		12,736	
		14,394		17,008
<b>Net current assets</b>		97,319		87,666
<b>Total assets less current liabilities</b>		129,004		107,597
<b>Funds</b>				
Restricted				
Unrestricted		129,004		107,597
		129,004		107,597

Signed on behalf of the trustees

Date: 14/12/22

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