

# OUR MINDS MATTER

England & Wales · Charity number 1170951

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-01-03

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 327 Dunstable Road  
Luton  
LU4 8BU

**Phone** 07922533739

**Email** [info@ourmindsmatter.org.uk](mailto:info@ourmindsmatter.org.uk)

**Website** [www.ourmindsmatter.org.uk](http://www.ourmindsmatter.org.uk)

## Activities

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**Objects:** TO PROMOTE AND PROTECT GOOD HEALTH IN LUTON FOR THE PUBLIC BENEFIT, IN PARTICULAR BUT NOT EXCLUSIVELY THOSE WHO FACE CHALLENGES WHEN SEEKING SUPPORT DUE TO THEIR ETHNICITY, RELIGIOUS BELIEFS OR LANGUAGE SPOKEN BY:-1)PROMOTING MENTAL HEALTH AWARENESS;2)ASSISTING AND SUPPORTING MENTAL HEALTH SUFFERERS THROUGH ADVICE AND REFERRALS;3)FACILITATING ACCESS TO MENTAL HEALTH SERVICES; AND4)EDUCATING AND INCREASING UNDERSTANDING OF MENTAL HEALTH AND RELEVANT LEGISLATION.

**Activities:** We are a registered charity focused on promoting mental health in the diverse communities of Luton and Bedford. Our team consists of individuals who have either professional or personal experience in the field of mental health. We provide mental health education to enhance health seeking behaviours. We deliver mental health first aid, workshops and public engagement events in Luton and Bedford

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

## Geography

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- **Area of benefit:** IN LUTON
- Bedford
- Luton

## Finances

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| Period end | Income | Expenditure | Assets | Employees |
|------------|--------|-------------|--------|-----------|
| 2025-04-01 | £0     | £0          | £0     | -         |
| 2024-04-01 | £0     | £0          | £0     | -         |
| 2023-04-01 | £0     | £0          | £0     | -         |
| 2022-04-01 | £0     | £0          | £0     | -         |
| 2021-04-01 | £0     | £0          | £0     | -         |

## Trustees

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| Name               | Role  | Appointed  |
|--------------------|-------|------------|
| <b>JOLEL MIAH</b>  | Chair | 2016-06-01 |
| Catherine Aganoglu |       | 2016-06-01 |
| Jalal Saad         |       | 2020-04-30 |

**OUR MINDS MATTER**

England & Wales - Charity number 1170951

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# Accounts

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# Annual Report 2024 – 2025

The charity restricted its activities this year (2023-2024) because no monies were exchanged during this final year.

Signed by Trustees: Jolel Miah, Catherine Aganoglu, Jalal Saad

## Our Accounts

### Our Minds Matter (OMM)

#### Profit & Loss Statement

For the Period Ended 31st March 2023

|   | £ | £        |
|---|---|----------|
| <b>Income</b>   |   |          |
| Other   |   |          |
| <b>Total Income</b>   |   |          |
| <b>Expenses</b>   |   |          |
| Marketing   |   |          |
| Website   |   |          |
| ISP Domain  |   |          |
| Website hosting   |   |          |
| Leaflets  |   |          |
| Printer   |   |          |
| Cable kits, Artificial Grass, Vinyl wraps whiteboards, plants |   |          |
| Laptops, Chairs, USBs, cables, Docking station                |   |          |
| Gazebo  |   |          |
| Miscellaneous   |   |          |
| Rent  |   |          |
| Rates   |   |          |
| Marketing Video   |   |          |
| Sundries  |   |          |
| <b>Profit and Loss</b>  |   | <b>0</b> |

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**OUR MINDS MATTER**

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# Accounts

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# Annual Report 2023 – 2024

The charity restricted its activities this year (2023-2024) because no monies were exchanged during this final year.

Signed by Trustees: Jolel Miah, Catherine Aganoglu, Jalal Saad

## Our Accounts

### Our Minds Matter (OMM)

#### Profit & Loss Statement

For the Period Ended 31st March 2023

|   | £ | £        |
|---|---|----------|
| <b>Income</b>   |   |          |
| Other   |   |          |
| <b>Total Income</b>   |   |          |
| <b>Expenses</b>   |   |          |
| Marketing   |   |          |
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| ISP Domain  |   |          |
| Website hosting   |   |          |
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| Gazebo  |   |          |
| Miscellaneous   |   |          |
| Rent  |   |          |
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| Sundries  |   |          |
| <b>Profit and Loss</b>  |   | <b>0</b> |

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**OUR MINDS MATTER**

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# Accounts

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# Annual report 2022 – 2023

This year (2022-2023) the charity restricted its activities due to no monies were exchanged during this final year.

Signed by Trustees: Jolel Miah, Catherine Aganoglu, Jalal Saad

## Our Accounts

### Our Minds Matter (OMM)

#### Profit & Loss Statement

For the Period Ended 31st March 2023

|  | £ | £        |
|--|---|----------|
| <b>Income</b>  |   |          |
| Other  |   |          |
| <b>Total Income</b>  |   |          |
| <b>Expenses</b>  |   |          |
| Marketing  |   |          |
| Website  |   |          |
| ISP Domain   |   |          |
| Website hosting  |   |          |
| Leaflets   |   |          |
| Printer  |   |          |
| Cable kits, Artificial Grass, Vinyl wraps white boards, plants |   |          |
| Laptops, Chairs, USBs, cables, Docking station                 |   |          |
| Gazebo   |   |          |
| Miscellaneous  |   |          |
| Rent   |   |          |
| Rates  |   |          |
| Marketing Video  |   |          |
| Sundries   |   |          |
| <b>Profit and Loss</b>   |   | <b>0</b> |

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**OUR MINDS MATTER**

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# Accounts

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# Annual report 2021 – 2022

This year (2021-2022) the charity restricted its activities due to no monies were exchanged during this final year.

Signed by Trustees: Jolel Miah, Catherine Aganoglu, Jalal Saad

## Our Accounts

### Our Minds Matter (OMM)

#### Profit & Loss Statement

For the Period Ended 31st March 2022

|  | £ | £        |
|--|---|----------|
| <b>Income</b>  |   |          |
| Other  |   |          |
| <b>Total Income</b>  |   |          |
| <b>Expenses</b>  |   |          |
| Marketing  |   |          |
| Website  |   |          |
| ISP Domain   |   |          |
| Website hosting  |   |          |
| Leaflets   |   |          |
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| Rent   |   |          |
| Rates  |   |          |
| Marketing Video  |   |          |
| Sundries   |   |          |
| <b>Profit and Loss</b>   |   | <b>0</b> |

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**OUR MINDS MATTER**

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# Accounts


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**Annual report 2020 - 2021**

This year (2020-2021) the charity restricted its activities due to COVID 19 and no monies were exchanged during this final year.

**Signed by Trustees: Jolel Miah, Catherine Aganoglu, Jalal Saad**

**Our Accounts**

| <b>Our Minds Matter (OMM)</b>  |   |  |  |
|--|---|---|--|
| <b>Accounts</b>  |   |   |  |
| For the Period Ended 31st March 2021                                       |   |   |  |
|  | £ | £   |  |
| <b>Income</b>  |   |   |  |
| Your Say Your Way (YSYW)   | - |   |  |
| London Luton Airport Grant   | - |   |  |
| Other  | - |   |  |
| <b>Total Income</b>  |   | <u>-</u>  |  |
| <b>Expenses</b>  |   |   |  |
| Marketing  | - |   |  |
| Website  | - |   |  |
| ISP Domain   | - |   |  |
| Website hosting  | - |   |  |
| Leaflets   | - |   |  |
| Miscellaneous  | - |   |  |
| Rent   | - |   |  |
| Rates  | - |   |  |
| Marketing Videos   | - |   |  |
| Sundries   | - |   |  |
|  |   | <u>-</u>  |  |
|  |   | <u>-</u>  |  |
| <b>Profit and Loss</b>   |   | <u><u>-</u></u>   |  |
| UK Reg Charity No : 1170951  |   |   |  |
| <a href="mailto:info@ourmindsmatter.org.uk">info@ourmindsmatter.org.uk</a> |   |   |  |