

Deal & District Strokes Trustees Report 2022-2023

There was a relatively slow start to member participation and activities in 2022 following the Covid pandemic. Some of our members were very anxious about going out in public and meeting other people, even people they knew. However, with some gentle persuasion members slowly began to rejoin our activities and by the end of this period DDS was functioning to the same level as prior to the pandemic.

Our membership has continued to increase demonstrating the need for support services for people who have been affected by stroke as well as their carers and families. We have expanded our well-being services by paying for a physical trainer twice a week to provide bespoke exercises for our members as well as providing a monthly reflexology session for members who wants it. In addition we have identified an accredited counsellor who members have access to, paid for by DDS for up to six sessions.

Due to the demand for support we have engaged a coordinator with experience of adult social care work. The coordinator has ensured that our members are in receipt of all the benefits they are entitled to as well as generally supporting members. One of the biggest challenges for our members is carer 'fatigue' as there is very little statutory support for carers, and hardly any respite support. Our other main challenge is attracting volunteers on whom we depend to run the activities of DDS. We currently have a group of dedicated volunteers, but the expansion of DDS depends largely on our volunteer capacity which we have been trying to address without much success to date. This appears to be a problem for other charities in the area as well.

We continue to work closely with the Stroke Association and our local NHS services.

We provide a monthly newsletter for our members with information about upcoming events.

In conclusion DDS continues to provide an essential and much valued service for people who have been affected by stroke and their carers in Deal and the surrounding areas.

Deal & District Strokes

Income and Expenditure for the year 2022-23

Income

Donations	£351.50
Interest	£1,988.00
Subscriptions	£140.00
Total	£2,479.50

Expenditure

Administration	£4,657.33
Advertising	£233.00
Meetings	£688.81
Outings	£5,713.48
Well-being and support	£16,910.60
Transport	£2,454.90
Grants to members	£4,000.00
Purchase of equipment to support Stroke survivors in hospital	£3,905.60
Room Hire	£1,460.35
Insurance	£221.76
Bank Charges	£84.85
Total	£40,330.68

Net Surplus/Deficit on the year **-£37,851.18**

Deal and District Strokes is left with assets of £400,560.15

Represented by

NatWest Current Account	£4,494.90
NatWest Business Reserve Account	£88.01
Lloyds Deposit Account	£191,519.46
Cambridge & Counties Bank	£100,000.00
Charity Bank	£104,457.78
Total Assets	£400,560.15

From the books and vouchers which I have inspected and the explanations given me, it is my opinion that the above statement reflects the financial position at the 1st July 2023.

Signed R.S.Moore

V.C Marsh

M.Blee

D.W.Bucknell