

Charity Registration Number 1170928

SAMARITANS SOUTHAMPTON & DISTRICT

FINANCIAL STATEMENTS

AND TRUSTEES ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

SAMARITANS SOUTHAMPTON & DISTRICT CIO

FINANCIAL STATEMENTS AND TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

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Reference and Administrative Details

Legal Status

Samaritans Southampton & District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton & District are:

The Samaritans of Southampton

The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

Ann Bradshaw (appointed 24/11/24)
Karen Oborn (resigned 24/11/24)
Nichola Kirby (appointed 19/09/22)
Peter Bunting (appointed 24/11/24)
John McNeil (appointed 24/11/24)
Alistair Stokes (appointed 24/11/24)
Richard Wallace (appointed 17/3/2025)

Registered Office

11 College Place
London Road
Southampton
SO15 2FE

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Independent Examiner

Langdowns DFK
Fleming Court
Leigh Road
Eastleigh
SO50 9PD

Bankers

Barclays Bank Plc
54 Lombard Street
London
EC3P 3AH

TSB
PO Box 373
Leeds
LS14 9GQ

Cambridge & Counties Bank
Charnwood Court,
5B New Walk,
Leicester
LE1 6TE

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Structure, Governance and Management

The Trustees

The Trustees present their report and the financial statements of the Charity for the year ended 31st March 2025. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The Trustees continue to be satisfied that the Charity is delivering an effective and efficient service. It also considers that despite challenges; it is effectively managing its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the Charity

Subject to the provisions of its constitution, the affairs of the Charity are managed by a Board of Trustees, who meet four times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

Trustees are elected at an Annual General Meeting. The Board of Trustees consists of the following members, in total not numbering more than thirteen:

- a) A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members.
- b) A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the Charity.
- c) Co-opted members up to a maximum of one third of the Board of Trustees (excluding co-opted members).

Branch Volunteers are invited by the Trustees to nominate individuals to join the board each year prior to the Annual General Meeting.

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Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to enhanced DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All Trustees are trained in-house and are required to complete online Management Training available on Samaritans intranet. Each Trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, thus ensuring that they are aware of the commitment and duties they are undertaking. Further training of Trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

The organisation structure of the Charity and how decisions are made

The Charity falls under the umbrella organisation of Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adapted to meet the needs of the Charity.

Relationships between the Charity and related parties, including its subsidiaries

Other than the national Samaritans organisation, there are no transactions with any other related parties.

The major risks to which the Charity is exposed and reviews and systems to mitigate risks

The Trustees identify the major risks to which the Charity is exposed each financial year in particular those related to the operations and finances of the Charity. The Trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

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Objectives, Public Benefit and Activities

The objectives of the Charity are set out in its governing document. In summary, the Charity's objectives are:

- a) To enable persons in Southampton and surrounding area who are experiencing feelings of distress and despair, including those who may be at risk of suicide to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- b) To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- c) To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these objectives.

The Charity's aims, including the changes or differences it seeks to make through its activities, are to:

- a) Support Samaritans Central Charity mission that fewer people die by suicide.
- b) Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- c) Give people ways to cope and the skills to be there for others.
- d) Campaign to make suicide prevention a local priority.
- e) Work as part of a national network to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our centre in Southampton, and outside our centre as part of our Outreach programme in schools and workplaces within the Southampton area.

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The Charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a national network achieving these objectives. Achieved predominately via telephone, this objective is also through email and face-to face contact nationally. However, face-to-face contact and email support is no longer provided in Southampton.

The Charity's strategies for achieving its stated objectives are to:

- a) Generate enough funds for the day-to-day operation of the Charity and to maintain its property in the centre of Southampton, providing the base for our administration and fundraising, and generating income from a part of the building that is not used directly for charitable work.
- b) Recruit and train sufficient volunteers to provide the constant support required by the Charity's main objective.
- c) Publicise the Charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton & District's most significant activity was responding to telephone contacts. The email service was withdrawn in December 2022 and centralised into a quality hub under Samaritans Central Charity (219432) but work is now underway to modify the service so that those branches who wish to respond to emails can again do so. The Trustees considered this option during the year but made the decision that we would not rejoin the service at this time.

In addition, the Charity has been involved in various events to promote the work of Samaritans and provide emotional resilience workshops. In the coming year we will resume our Outreach work with schools in the area following the dedicated training some of our Listeners have undertaken this year.

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The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the Charity, and providing caller support which is the main objective of Samaritans. There is one paid member of staff: a cleaner who is employed for three hours a week.

Achievements and Performance

A review of charitable activities undertaken by the Charity

The period under review was another busy one for the Southampton and District branch of Samaritans.

April 2024 - March 2025

No. of active listening volunteers	76 (as at 31 March 2025)
No. of inbound calls	15,659 (5,467 hours on the phone)
No. of outbound calls	778 (57 hours on phone)

During the past period we have continued to communicate the work of Samaritans to our community by distributing information and being involved with other relevant organisations in person and via online platforms.

Fundraising activities

We continued to ensure that funds were sufficient to provide for our needs by aiming to always have at least six months funding available to pay for our day-to-day expenditure. We receive no allotted funding directly; therefore, we raise all our funds through a number of fundraising activities, in addition to renting out the front of our building to a marketing company. We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans.

We wish to record our sincere thanks to the individuals and organisations who have given donations both during the period under review and in the past.

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Recruitment needs update with latest data

We continued to recruit new volunteers during the year and provide in-person training for our new recruits with online modules being completed between classroom sessions. During the year, the January 2025 cohort received their core training via the Central Office Training School. We currently have a number of potential volunteers from the Southampton area who would like to become involved in the Charity. The number of recruiters, trainers and mentors available from our internal listening volunteers determines our capacity, and we aim to recruit between 20 and 30 new volunteers per year.

Training including mandatory

It's vital for all volunteers to continue to develop their skills and keep up to date with any changes to Samaritans policies. This continuous development is achieved via online self-learning together with remote and in branch training sessions.

Promoting our work within the local community

We continue to influence local policy concerning suicide prevention, via the Southampton Suicide Prevention forum, which meets six times per year. We have worked during the year to continue to strengthen our Schools and Outreach team.

Factors relevant to the achievement of the Charity's objectives

The Charity is totally dependent on the services of volunteers. The core aim of all listening volunteers is to support our callers but many other tasks including, but not limited to, recruitment, training, volunteer support, administration, outreach, building management, IT support, health and safety need to be undertaken and this is completed in house by our volunteers. The Director records her sincere appreciation for the extraordinary service and work provided by the volunteers.

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Financial Review

Policy on reserves

The Trustees aim to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £71,837 (2024 £67,376)

Principal funding sources and how expenditure in the period under review has supported the key objectives of the Charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the Charity.

Availability and adequacy of assets of each of the funds

The Trustees are satisfied that the Charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund but are now actively looking at opportunities to strengthen the position going forward.

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the Trustees consider the financial position of the Charity during the period to have been satisfactory.

The receipts and payments analysis shows a surplus for the year of £4,515 (2024 deficit £19,574) with the total bank balances at the end of the year of £72,971 (2024 £68,456). A sum of £30,000 was placed on fixed term deposit with Cambridge & Counties Bank during the year.

Although we continued to see the impact of the high cost of utilities during the year our overall property costs were significantly lower than the previous year as we had no major repairs or equipment replacement costs. There is no charge for insurance premium shown as the cost for the year of £1,971 was paid in the previous financial

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year.

During the course of the year, consultancy fees of £8,100 were incurred to cover the property re-valuation, under the Charities Act 2011, and the architectural fees for the proposed refurbishment of our new office space.

Donations and income from fundraising were higher than in 2024 as we benefitted from generous personal and business donations. The Trustees continue to explore potential sources of grants. Thanks are given to Southampton Elderly Citizens Care Trust for a grant commitment over 3 years, £4,000 being received in this year. We also benefitted from two post-performance collections organised by Sarah Millican where we collected £2,548.

A full breakdown of income and expenditure is reflected within the financial statements which are included separately within this annual report.

Plans for future periods

The aim of the charity is to ensure that Samaritans Southampton & District is able to continue to provide the service to callers in future periods. We are working to be more available at times of greatest need and to be visible and active within the local community, supporting Samaritans strategy. Additionally, we aim to continue to offer all volunteers a supportive and positive experience, to involve as many volunteers as possible in roles throughout the branch and to ensure and embed good governance.

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TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2025

Responsibilities of Trustees

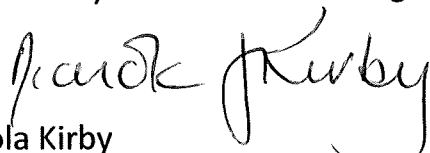
The Trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP (Statement of Recommended Practice)
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees and signed on their behalf by:


Nichola Kirby
Chair of Trustees and Branch Director

Date:  September 2025

SAMARITANS SOUTHAMPTON & DISTRICT CIO

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES YEAR ENDED 31 MARCH 2025

I report to the trustees on my examination of the accounts of the Samaritans Southampton & District CIO (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

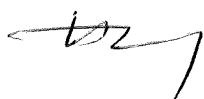
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Mrs Lucy A Parry ACA

Address: Langdowns DFK, Fleming Court, Leigh Road, Eastleigh, Southampton SO50 9PD

Date: 30 September 2025

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FINANCIAL STATEMENTS

Receipts and Payments Account Year Ended 31 March 2025

	<i>Note</i>	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
		£	£	£	£
Receipts					
Donations	2	13,040	-	13,040	5,594
Grants received	3	5,845	-	5,845	2,450
Investment income	4	16,600	-	16,600	15,689
Other trading activities	5	2,907	-	2,907	249
Total		38,392	-	38,392	23,982
Payments					
Premises expenditure	6	14,071	-	14,071	23,904
Operational expenses	7,8,9	16,053	-	16,053	14,070
Staff Costs	10	2,945	-	2,945	3,900
Sundry expenses	11	808	-	808	1,682
Total		33,877	-	33,877	43,556
Net surplus/(deficit)		4,515	-	4,515	(19,574)
Cash funds last year		68,456	-	68,456	88,030
Cash funds this year		72,971	-	72,971	68,456

SAMARITANS SOUTHAMPTON & DISTRICT CIO

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Statement of Assets & Liabilities as at 31 MARCH 2025

	Note		Total Funds Year Ending 31 March 2025 £	Total Funds Year Ending 31 March 2024 £
Cash funds and in hand		Unrestricted funds	72,971	68,456
Prepaid insurance			-	1,971
Asset retained for Charity Use	12	Designated funds	410,000	410,000
Liabilities	13	Unrestricted funds	1,134	1,080

Signed on behalf of the Trustees: 

John McNeil

Treasurer and Trustee

Date: 23rd September 2025

The notes on pages 17 to 22 form part of these financial statements

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NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025

1. Accounting Policies

a) Basis for accounts preparation

The financial statements have been prepared using the receipts and payments basis in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- (i) When donors specify that donations given to the charity must be used in future accounting periods:
- (ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received.

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers.

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NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

c) Expenditure

Expenditure is accounted for on a cost basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered.

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers.

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity.

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2,500.

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over their expected life.

SAMARITANS SOUTHAMPTON & DISTRICT CIO
NOTES FORMING PART OF THE FINANCIAL ACCOUNTS
YEAR ENDED 31 MARCH 2025 Continued

e) Funds

Unrestricted funds

Unrestricted Funds can be used in accordance with the charitable objects at the discretion of the Trustees.

Designated funds

Designated Funds are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund.

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NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
	£	£	£	£
2 Donations - General				
Bequests & Legacies	1,000	-	1,000	-
Donations from individuals	8,891	-	8,891	3,240
Donations from business	2,400	-	2,400	2,354
Gift Aid	749	-	749	-
	13,040		13,040	5,594
3 Grants				
Grants received	5,845	-	5,845	2,450
4 Income from investments				
Rent received	16,500	-	16,500	15,625
Bank interest received	100	-	100	64
	16,600	-	16,600	15,689
5 Income from other trading activities				
Miscellaneous fundraising activities	2,907	-	2,907	428
Less fundraising expenses	-	-	-	(179)
	2,907	-	2,907	249
TOTAL RECEIPTS	38,392	-	38,392	23,982

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NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025	Total Funds Year Ending 31 March 2024
	£	£	£	£
6 Premises expenditure				
Rates & water	3,018	-	3,018	2,662
Heating & lighting	7,231	-	7,231	8,786
Insurances	-	-	-	3,793
Caretaking and cleaning	1,205	-	1,205	912
Repairs & maintenance - equipment	633	-	633	225
Repairs & maintenance – property	1,984	-	1,984	7,220
Equipment purchases	-	-	-	306
	14,071	-	14,071	23,904
7 Operational expenses				
Volunteers' expenses	212	-	212	108
Travel expenses	2,286	-	2,286	1,688
Stationery & postages	641	-	641	297
Printing & photocopying	313	-	313	245
Computer & technology expenses	131	-	131	997
Telephone & communications	910	-	910	2,906
NBC – central Samaritans	1,565	-	1,565	5,127
Branch Meetings	316	-	316	1,371
Accountancy	1,298	-	1,298	1,258
Consultancy & Professional Fees	8,100	-	8,100	-
	15,772	-	15,772	13,997
8 Publicity expenses				
Publicity and outreach	241	-	241	2
9 Governance costs				
Trustees meeting expenses	-	-	-	36
Fees paid	40	-	40	35
	40	-	40	71
10 Staff Costs				
Salaries	2,945	-	2,945	3,900
11 Sundry expenses				
Staff training	135	-	135	33
Subsistence	529	-	529	728
Health & Safety	144	-	144	921
	808	-	808	1,682
TOTAL PAYMENTS	33,877	-	33,877	43,556

SAMARITANS SOUTHAMPTON & DISTRICT CIO

NOTES FORMING PART OF THE FINANCIAL ACCOUNTS YEAR ENDED 31 MARCH 2025 Continued

12. Assets retained for Charity use

The fixed asset retained for Charity use is the freehold house at 11 College Place, purchased on 16th May 2003. The premises are held primarily for charitable purposes, although these premises are part let to raise additional funds.

The property was valued on 18 July 2024 with a Market Value as it currently stands with the current tenant in situ at £410,000. The valuation was prepared by Savills (UK) Limited of Mountbatten House, 1 Grosvenor Square Southampton, SO15 2BZ as an “external valuer” in accordance with the RICS Valuation – Global Standards (incorporating the IVSC International Valuation Standards) effective from 31 January 2022 together, where applicable, with the UK National Supplement effective 14 January 2019, together the “Red Book”. As per UK VPGA 8, the Valuation is also pursuant to Sections 117 - 121 of the Charities Act 2011 and the Charities (Qualified Surveyors Report) Regulations (S1 1992/2980).

At the date of revaluation, the freehold property investment carried a historical cost of £539,373. The Trustees continue to pursue available options to ensure the property is used in the most effective way to achieve our charitable objectives.

13. Liabilities

	Unrestricted Funds	Restricted Funds	Total Funds Year Ending 31 March 2025 £	Total Funds Year Ending 31 March 2024 £
Other creditors	-	-	-	-
Accountancy fees	1,134	-	1,134	1,080