

The logo for Samaritans, featuring the word "SAMARITANS" in white, uppercase, sans-serif font inside a green rectangular box.

SAMARITANS

Southampton & District

Financial Statements and Trustees Annual Report

Year ended 31 March 2021

A stylized illustration of two hands shaking. The hand on the left is orange, and the hand on the right is a reddish-brown color. The background is a dark teal color with abstract, torn-paper-like shapes in lighter teal and orange. The handshake is positioned in the lower right quadrant of the image.

Charity Registration Number 1170928

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Trustees Annual Report

Reference and administrative details

Legal status

Samaritans Southampton and District is a registered charity with charity registration 1170928. It is a Charitable Incorporated Organisation (CIO) governed by constitution adopted at incorporation on 30th December 2016.

Trustees are responsible for all the affairs of the Charity and may for that purpose exercise all the powers of the Charity.

Associated names to Samaritans Southampton and District are:

- The Samaritans of Southampton
- The Samaritans Southampton and District Branch

Officers and professional advisers

The Trustees

- Ms Wendy Birdsey
- Mr Gerard Donnelly
- Mr Peter Bunting
- Ms Julie Smith (appointed 23/09/2020)
- Mr Robert Douglas (appointed 28/11/2020)
- Ms Liz Stone (appointed 28/11/2020, resigned 19/3/21)
- Mr Gordon Watson (resigned 23/09/2020)
- Ms Gillian Baston (resigned 23/09/2020)

Registered Office

11 College Place
London Road
Southampton SO15 2FE

Independent Examiner

Martin Young Accountants
90 Sherbourne Drive
Salisbury
Wiltshire SP4 6GA

Bankers

Barclays Bank Plc
54 Lombard Street
London EC3P 3AH



Structure, governance and management

The trustees

The trustees (listed on page 3) present their report and the financial statements of the charity for the year ended 31st March 2021. The financial statements have been prepared in accordance with the accounting policies set out within the notes to the accounts.

The board of trustees continue to be satisfied that the charity is continuing to deliver an effective and efficient service. It also considers that despite challenges, it is continuing to effectively manage its finances to enable the branch to continue its activities during the coming year and that the Charity's assets are adequate to fulfil these obligations.

Nature of the governing document and constitution of the charity

Subject to the provisions of its constitution, the affairs of the charity are managed by a Branch Leadership team, which meets eight times every year as a minimum.

The methods adopted for recruitment and appointment of new trustees

The Committee are elected at an Annual General Meeting and consists of the following members:

- a. A maximum of nine elected members, who must be Samaritans, but excluding the ex-officio members
- b. A maximum of five ex-officio members comprising at least the Director, Secretary, and the Treasurer of the charity.

- c. Co-opted members up to a maximum of one third of the Committee (excluding co-opted members)

Induction

The Samaritan volunteers (listening and support) are invited by the committee to become trustees as vacancies occur on completion of the term of office by existing trustees. Selection is on the basis of what the volunteer can contribute based on their own experience both life and professional. All trustees are subject to DBS (Disclosure and Barring Service) checks and cannot be confirmed in office until this check is complete.

Training

All trustees are trained in-house and expected to go on Samaritans intranet and follow the online Management Training available there. Each trustee receives a copy of the Charity Commission booklet on trusteeship and its responsibilities, so that they are aware of the commitment and duties they are undertaking. Further training of trustees is on an informal basis and is on-going throughout the term of their office. No trustee is paid.

Meetings

The trustee committee meets regularly at least four times a year.

The organisation structure of the charity and how decisions are made

The charity falls under the umbrella organisation of the Samaritans nationally. The national organisation provides a model constitution, advice and support, which are adopted to meet the needs of the branch.

Relationships between the charity and related parties, including its subsidiaries

Other than the national Samaritans organisation there are no transactions with any other related parties.

The major risks to which the charity is exposed and reviews and systems to mitigate risks

The trustees identify the major risks to which the charity is exposed each financial year when preparing and updating its strategic plan; in particular, those related to the operations and finances of the charity. The trustees then review any major risks which have been identified and establish systems to mitigate their exposure. A risk register is produced and updated whenever necessary.

Relationships with other groups, charities and individuals

Volunteers are entitled to claim expenses incurred on charity work. Many of the volunteers not only give their time and services free, but also donate their expenses received to which they are entitled, back to the charity.

Objectives, public benefit and activities

A summary of the objectives of the charity as set out in its governing document

To summarise:

The charity's objectives are:

- To enable persons in Southampton and surrounding area as well as elsewhere who are experiencing feelings of distress and despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide.
- To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.
- To collaborate with and support Samaritans Central charity and its affiliated branches in fulfilling these objectives..

The charity's aims, including the changes or differences it seeks to make through its activities, are:

- To support the Samaritans Central Charity mission that fewer people die by suicide.
- Contribute to the national effort by making sure there is someone there for anyone that needs someone.
- Giving people ways to cope and the skills to be there for others.
- Campaign to make suicide prevention a local priority.
- To work as part of a regional team to contribute to confidential emotional support 24 hours each and every day by telephone, face-to-face and email contact, both from our Centre in

Southampton, and outside our Centre as part of our Outreach programme in schools and workplaces within the Southampton area.

The charity's main objectives for the period were:

To provide emotional support to all who contacted us, 24 hours a day, 365 days a year, and to ensure that sufficient trained volunteers are available to be part of a regional rota achieving these objectives. Mostly this is by telephone, but is also through email and face-to-face contact. However, face-to-face contact has been suspended since March 2020.

The charity's strategies for achieving its stated objectives are:

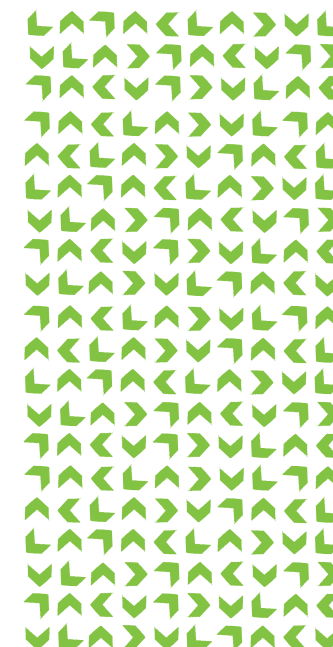
- Generate enough funds for the day-to-day operation of the charity and to maintain its property in the centre of Southampton, which provides a face-to-face contact centre and the base for our administration and fundraising, as well as providing income from a part of the building that is not used directly for charitable work.
- Recruit and train sufficient volunteers to provide the constant support required by the charity's main objective.
- Publicise the charity to raise awareness of the work it does.

Details of significant activities (including its main programmes, projects or services provided) that contribute to the achievement of the stated objectives:

Samaritans Southampton and District's most significant activity was responding to telephone contacts and email contacts. In addition, the Branch has conducted various online events to promote the work of the charity and provide emotional resilience workshops.

The contribution of volunteers

The Charity relies wholly on the services of volunteers in fundraising, administration of the charity, and providing caller support which is the main objective of the Samaritans. There is only one paid member of staff: a cleaner who is employed for six hours a week.



Achievements and performance

A review of charitable activities undertaken by the charity

The period under review was another busy one for the Southampton and District branch of Samaritans. During the past period we have increased our activities to communicate the work of Samaritans to our community by distributing information and giving personal talks to a variety of groups and organisations, including schools, colleges and workplaces, mainly via online platforms.

Fundraising activities

Like all charities, the beginning of April 2020 was a major concern as the pandemic lockdowns brought a halt to traditional fundraising activities. Events were cancelled or postponed. Our annual quiz had to be cancelled and street collections suspended. Thankfully, many supporters

found ways of carrying out fundraising, such as running 10K in their garden or during permitted exercise sessions. We also benefitted from virtual events, which is testament to the creativity that surfaced in those challenging times. This helped prevent a huge drop in our fundraising income. We are so grateful that it was only 27% lower than the previous year.

We are always heartened by our contacts with the public and appreciate the comments received, especially the many words of encouragement and thanks for the support offered by Samaritans. We wish to record our sincere thanks to numerous local businesses, including some local churches, clubs and organisations, who have given donations both during the period under review and in the past. As restrictions are easing, many of these supporters will hopefully be able to reinstate their fundraising activities.

A significant donation of £25,000 was received from local government to support us through the Covid-19 pandemic. We were also involved in a joint outreach venture with two neighbouring branches to support men aged between 35–55 years old. This work touched around 400 people and we shared a grant donated by Southampton City Council (just over £2,000 for Southampton).

Factors relevant to the achievement of the charity's objectives

The charity is totally dependent on the services of volunteers. The director records his sincere appreciation for the extraordinary service and work provided by the volunteers.



Financial review

Policy on reserves

The trustees try to maintain at least six months of cash funds available at any one time to provide funding for the maintenance of the property. At the balance sheet date, free reserves were £62,072 (2020 £32,276)

Principle funding sources and how expenditure in the period under review has supported the key objectives of the charity

The principal funding sources are donated income and rental income. This funding is applied to support all objects of the charity

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The financial statements are set out on the following pages. As stated in the introduction to this report, the trustees consider the financial position by the charity during the period to have been satisfactory.

The receipts and payments analysis shows an excess of receipts over payments for the period of £29,796 (2020 net income of £1,324) with the total bank balances at the period end of £62,072 (2020 £32,276).

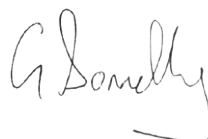
The total expenditure is spent on direct charitable purposes and support and a full breakdown of income and expenditure is reflected within the Statements of Financial Activities (SOFA) which are included separately within this annual report.

Plans for future periods

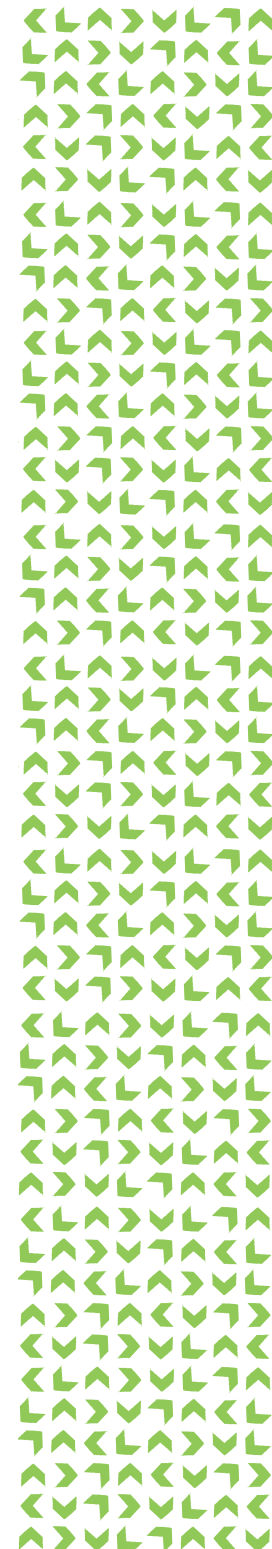
- Be more available at times of greatest need
- Be visible and active within the local community
- Continue to offer all volunteers a supportive and positive experience
- Involve as many volunteers as possible in roles throughout the branch
- Ensure and embed good governance

Approved by the trustees on 23rd November 2021

Signed on their behalf by Gerard Donnelly



Chair of trustees and Branch Director



Responsibilities of trustees

The trustees are responsible for the preparing of the Annual Report and the Financial Statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom generally accepted accounting practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time, the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 along with the applicable regulations and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

By order of the trustees

Julie Smith



Treasurer and trustee
23rd November 2021



Independent Examiner's Report

I report on the unaudited accounts of the charity for the year ended 31st March 2021 set out on pages 9-15.

Respective responsibilities of the trustees and the examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity under section 145(5b) of the 2011 Act: and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An independent examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit

and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention, which gives me reasonable cause to believe that in any material respect, the requirements:

- a. to keep accounting records in accordance with section 130 of the 2011 Act; and
- b. to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Martin Young

Martin Young & Co Accountants
90 Sherbourne Drive
Salisbury
SP4 6GA

Dated 30/09/2021

Financial Statements

Statement of financial activities for year ended 31st March 2021

	Note	Unrestricted funds £	Restricted funds £	Year ended 31/03/21 £	Year ended 31/03/20 £
1 INCOME					
INCOME FROM:					
Donations	2	8689	-	8689	9454
Grants received	3	28609	-	28609	1000
		37298	-	37298	10454
Investment income	4	12003	-	12003	13305
Other trading activities (net)	5	5468	-	5468	8676
Total Income		54769	-	54769	32435
EXPENDITURE ON:					
Premises expenditure	6	22050	-	22050	26290
Operational expenses	7,8,9	2602	-	2602	4576
Sundry expenses	10	321	-	321	245
Total Expenditure		24973	-	24973	31111
Other recognised gains/ (losses)		-	-	-	-
Net Income/expenditure		29796	-	29796	1324
Net movement in funds		29796	-	29796	1324
RECONCILIATION OF FUNDS					
Total Funds Brought Forward		571649	-	571649	570325
Total Funds Carried Forward		601445	-	601445	571649

Notes to the financial statements for year ended 31st March 2021

	Unrestricted funds £	Restricted funds £	Year ended 31/03/21 £	Year ended 31/03/20 £
2 DONATIONS - GENERAL				
Bequests and Legacies	1029	-	1029	359
Donations from individuals	1946	-	1946	1968
Donations from business	5714	-	5714	7127
	8689	-	8689	9454
3 GRANTS				
Grants received	28609	-	28609	1000
4 INCOME FROM INVESTMENTS				
Rent received	12000	-	12000	13300
Bank interest received	3	-	3	5
	12003	-	12003	13305
5 INCOME FROM OTHER TRADING ACTIVITIES				
Miscellaneous fundraising activities	5556	-	5556	9458
Less: fundraising expenses	(88)	-	(88)	(782)
	5468	-	5468	8676
TOTAL INCOME	54769	-	54769	32435

Notes to the financial statements for year ended 31st March 2021 continued

	Unrestricted funds £	Restricted funds £	Year ended 31/03/21 £	Year ended 31/03/20 £
6 PREMISES EXPENDITURE				
Rates and water	2248	-	2248	3975
Heating and lighting	3769	-	3769	4252
Insurances	1496	-	1496	1427
Caretaking and cleaning	3397	-	3397	2983
Repairs and maintenance - Equipment	965	-	965	738
Repairs and maintenance - Property	9718	-	9718	11708
Equipment purchases	457	-	457	1207
	22050	-	22050	26290
7 OPERATIONAL EXPENSES				
Volunteers expenses	-	-		199
Travel expenses	9	-	9	228
Stationery and postages	125	-	125	157
Printing and photocopying	228	-	228	537
Computer and technology expenses	229	-	229	189
Telephone and communications	1979	-	1979	1423

	Unrestricted funds £	Restricted funds £	Year ended 31/03/21 £	Year ended 31/03/20 £
	2570	-	2570	2733
8 PUBLICITY EXPENSES				
Publicity and outreach	-	-	-	229
9 GOVERNANCE COSTS				
trustees meeting expenses	-	-	-	-
Bank charges	-	-	-	-
Fees paid	32	-	32	1614
	32	-	32	1614
10 SUNDRY EXPENSES				
Staff training	7	-	7	-
Subsistence	314	-	314	245
	321	-	321	245
Expenditure on charitable activities	24973	-	24973	31111

Comparative SOFA for year ended 31st March 2021

	Unrestricted funds	Restricted funds	Year ending 31/03/20
	£	£	£
INCOME			
INCOME FROM:			
Donations	9454	-	9454
Grants received	1000	-	1000
	10454	-	10454
Investment income	13305	-	13305
Other trading activities (net)	8676	-	8676
Total Income	32435	-	32435
EXPENDITURE ON:			
Premises expenditure	26290	-	26290
Operational expenses	4576	-	4576
Sundry expenses	245	-	245
Total Expenditure	31111	-	31111
Other recognised gains/(losses)	-	-	-
Net Income	1324	-	1324
Net movement in funds	1324	-	1324
RECONCILIATION OF FUNDS			
Total Funds Brought Forward	570325	-	570325
Total Funds Carried Forward	571649	-	571649

Details of items in statement of financial activities and balance sheet

	Note	Year ended 31/03/21		Year ended 31/03/20	
		£	£	£	£
FIXED ASSETS					
TANGIBLE FIXED ASSETS					
Freehold Property	2		539373		539373
			539373		539373
CURRENT ASSETS					
Cash at bank - current accounts		57364		28792	
Cash at bank - deposit account		4708		3484	
		-	62072	-	32276
Total Net Assets			601445		571649
FUNDS					
UNRESTRICTED FUNDS					
Designated Funds			539373		539373
Free Reserves			62072		32276
RESTRICTED FUNDS			-		-
Total Funds			601445		571649

Notes to the financial statements year ended 31 March 2021

Accounting policies

a) Basis for accounts preparation

The financial statements have been prepared under the historical cost convention in accordance with applicable United Kingdom Accounting Standards, the Charities Act 2011 and the Charities Statement of Recommended Practice (FRS 102 2015) based thereon.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity is a Public Benefit entity.

b) Income from donations

Income from donations is included in income when it is receivable except as follows:

- i. When donors specify that donations given to the charity must be used in future accounting periods:
- ii. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the preconditions have been met.

Legacies

Income from legacies is recognised when the charity is legally entitled to the legacy and the amount can be quantified with reasonable accuracy. Entitlement is regarded as the earlier of the charity being notified of an impending distribution or the legacy being received

Intangible Income

There was no intangible income during the year other than the goodwill and services of volunteers

c) Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure includes attributable VAT which cannot be recovered

Charitable Activities

Expenditure consists of those costs incurred by the charity in the delivery of its activities and service for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Publicity

Publicity costs itemised within the accounts are not for raising funds, but to raise awareness of our availability to those in distress and for recruiting potential volunteers

Governance Costs

Expenditure includes those costs associated with meeting the constitutional and statutory requirements of the charity

d) Assets

Tangible Fixed Assets

Expenditure on tangible assets will be capitalised should the cost of any item exceed £2500

Depreciation Policy

Fixed assets held for use by the charity will be depreciated at annual rates calculated to spread the cost (less anticipated residual value) over its expected life

e) Freehold property

No depreciation has been charged on freehold property as the trustee board considered that the property is maintained to a sufficiently high standard that no diminution in the value has taken place. The trustees consider that the residual value of the freehold property materially exceeds the book value and an independent valuation will take place to determine its current market value

f) Funds

Unrestricted funds

Can be used in accordance with the charitable objects at the discretion of the trustees

Designated funds

Are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects

Restricted funds

Can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund



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116123



Email

jo@samaritans.org

Web

[samaritans.org](https://www.samaritans.org)

11 College Place, London Road, Southampton SO15 2FE

SAMARITANS

trustees: Ged Donnelly, Ann Bradshaw, Wendy Birdsey, Julie Smith, Robert Douglas

Samaritans Southampton & District is a charitable incorporated organisation registered in England and Wales (1170928).

Our registered office is located at 11 College Place, London Road, Southampton, Hampshire SO15 2FE.